

**Watertown Run for Recovery 5K**  
**Saturday, May 2nd, 2009**  
**Timed by YellowJacket Racing**  
**Total Finishers - 74 (Male - 40, Female - 34)**

Pos	Bib	Fullname	Gender	Class	Age	City	TotalTm	Pace
<b>Overall Male</b>								
1	262	Steve Doe	M	Overall Male	43	Adams	0:17:05	05:31
<b>Overall Female</b>								
1	261	Deborah Doe	F	Overall Female	39	Adams	0:19:53	06:25
<b>F19UNDER</b>								
1	277	Kristin Kinzel	F	F19UNDER	16	Theresa	0:28:46	09:17
2	323	Madeline Recore	F	F19UNDER	12	Watertown	0:33:48	10:54
3	256	Johanna Capone	F	F19UNDER	13	Watertown	0:34:45	11:12
<b>F20-29</b>								
1	339	Heather Zellers	F	F20-29	27	Watertown	0:25:12	08:08
2	275	Melissa Keefe	F	F20-29	29	Watertown	0:28:24	09:10
3	313	Monique Smith	F	F20-29	29	Chateaugay	0:29:19	09:27
4	310	Amanda Derouchie	F	F20-29	29	Dexter	0:29:51	09:38
5	287	Roxanne Phillips	F	F20-29	29	Watertown	0:30:03	09:41
6	332	Beth Bumpus	F	F20-29	24	Watertown	0:30:33	09:51
7	273	Jessi Hentz	F	F20-29	21	Gouverneur	0:31:37	10:12
8	304	Carrie Guga	F	F20-29	29	Chaumont	0:31:49	10:16
9	264	Rebecca Elliott	F	F20-29	28	Adams Center	0:32:41	10:33
10	324	Sarah Smith	F	F20-29	28	Watertown	0:35:01	11:18
11	271	Susan Hammond	F	F20-29	24	Watertown	0:39:10	12:38
12	258	Melissa Combs	F	F20-29	22	Watertown	0:52:31	16:56
<b>F30-39</b>								
1	306	Jennifer Rutledge	F	F30-39	30	Watertown	0:26:48	08:39
2	296	Nicky Sech	F	F30-39	33	Calcium	0:28:30	09:12
3	322	Rachel Recore	F	F30-39	31	Watertown	0:29:07	09:23
4	255	Courtney Brunet	F	F30-39	33	Sackets Harbor	0:34:11	11:02
5	282	Kendra Moshier	F	F30-39	30	Brownville	0:34:12	11:02
<b>F40-49</b>								
1	259	Gwen Decker	F	F40-49	49	Rodman	0:25:38	08:16
2	321	Paula Hurlburt	F	F40-49	48	Watertown	0:28:31	09:12
3	276	Beate Kinzel	F	F40-49	41	Theresa	0:28:54	09:19
4	252	Karen Babel	F	F40-49	47	Adams Center	0:30:05	09:42
5	289	Tracie Prashaw	F	F40-49	43	Gouverneur	0:31:48	10:16
6	335	Sherri Stiles	F	F40-49	43	Carthage	0:31:50	10:16
7	253	Bonnie Beehm	F	F40-49	40	Watertown	0:34:11	11:02
8	334	Dee Caldwell	F	F40-49	47	Watertown	0:37:31	12:06
9	318	Chantelle Moow	F	F40-49	40	Watertown	0:39:05	12:37
<b>F50-59</b>								
1	254	Barbara Betrus	F	F50-59	58	Harrisville	0:31:26	10:08
2	328	Linda McFaddin-Tidd	F	F50-59	53	Alex Bay	0:31:44	10:14
3	297	Susan Shene	F	F50-59	52	Fine	0:32:24	10:27
<b>M19UNDER</b>								
1	305	George Devita	M	M19UNDER	18	Watertown	0:19:09	06:11
2	290	Cristian Ramos	M	M19UNDER	18	Evans Mills	0:19:20	06:14
3	279	Chris McKinney	M	M19UNDER	18	Dexter	0:20:07	06:29
4	274	Jeremiah Hinds	M	M19UNDER	19	Watertown	0:21:52	07:03

5	320	Mark Maxon	M	M19UNDER	19	Watertown	0:22:02	07:06
6	266	Joseph Fuller	M	M19UNDER	16	Evans Mills	0:22:32	07:16
7	251	Brian Babel	M	M19UNDER	13	Adams Center	0:23:23	07:33
8	338	Jacob Rial	M	M19UNDER	18	Watertown	0:23:25	07:33
9	337	Paul Barton	M	M19UNDER	18	Clayton	0:23:39	07:38
10	291	Ronald Ranalli	M	M19UNDER	19	Lowville	0:24:11	07:48
11	336	Devin Stiles	M	M19UNDER	12	Carthage	0:26:54	08:41
12	267	Logan Fuller	M	M19UNDER	15	Gouverneur	0:28:05	09:04
13	340	Terrell Richardson	M	M19UNDER	11	Buffalo	0:34:30	11:08

M20-29

1	300	Brian Sweet	M	M20-29	21	Evans Mills	0:20:33	06:38
2	298	John Stepien	M	M20-29	20	Evans Mills	0:21:00	06:47
3	260	Mike Desormeau	M	M20-29	20	Evans Mills	0:22:06	07:08
4	325	Tyler Maxon	M	M20-29	26	Sackets Harbor	0:22:10	07:09
5	316	Michael Roberts	M	M20-29	24	Adams	0:23:32	07:35
6	312	Ryan Bladdek	M	M20-29	29	Watertown	0:24:03	07:45
7	308	Jose Mora	M	M20-29	24	Watertown	0:25:18	08:10
8	333	Garett Hayes	M	M20-29	25	Watertown	0:27:22	08:50
9	270	Justin Hammond	M	M20-29	23	Watertown	0:39:10	12:38
10	257	Lee Combs	M	M20-29	27	Watertown	0:52:29	16:56

M30-39

1	286	David Paquette	M	M30-39	37	Carthage	0:23:37	07:37
2	311	Peter Derouchie	M	M30-39	32	Dexter	0:27:53	09:00
3	265	John Fuller	M	M30-39	38	Gouverneur	0:28:09	09:05
4	309	David Socha	M	M30-39	30	Watertown	0:29:51	09:38
5	301	Christian Taylor	M	M30-39	33	Watertown	0:31:28	10:09
6	303	Michael Guga	M	M30-39	31	Chaumont	0:31:48	10:15
7	293	Mark Richardson	M	M30-39	35	Lowville	0:53:33	17:17

M40-49

1	327	Brian Murray	M	M40-49	40	Sackets Harbor	0:19:59	06:27
2	278	Christopher LaLone	M	M40-49	43	Mannsville	0:23:58	07:44

M50-59

1	317	Jim Earle	M	M50-59	57	Brockville	0:20:50	06:43
2	331	Matt Lambert	M	M50-59	52	Watertown	0:25:06	08:06
3	269	John Hamm	M	M50-59	57	Star Lake	0:28:02	09:03
4	302	Gregg Tuttle	M	M50-59	53	Watertown	0:31:47	10:15
5	292	Tom Randall	M	M50-59	58	Watertown	0:36:09	11:40

M60-69

1	315	Bill Chapin	M	M60-69	66	Watertown	0:22:55	07:24
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M70UP

1	272	Robert Hasseler	M	M70UP	73	Watertown	0:22:59	07:25
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