

Watertown Run for Recovery 10K
Saturday, May 2nd, 2009
Timed by YellowJacket Racing
Total Finishers - 40 (Male - 23, Female - 17)

Pos	Bib	Fullname	Gender	Class	Age	City	TotalTm	Pace
Overall Male	1	4 James Brady	M	Overall Male	42	Carthage	0:35:35	05:44
Overall Female	1	34 Betsy Nicol	F	Overall Female	50	Copenhagen	0:45:48	07:23
F20-29	1	9 Alyssa Davis	F	F20-29	24	Watertown	0:49:27	07:59
	2	20 Jennifer Thom	F	F20-29	29	Carthage	0:56:33	09:07
	3	6 Dianna Cameron	F	F20-29	26	Watertown	1:06:07	10:40
F30-39	1	42 Stephanie Eldridge	F	F30-39	30	Carthage	0:47:45	07:42
	2	37 Jamie Charlebois	F	F30-39	35	Watertown	0:51:16	08:16
	3	16 Shannon ODell	F	F30-39	33	Black River	0:52:25	08:27
	4	24 Katie Rowell	F	F30-39	35		0:54:20	08:46
	5	7 Michele Capone	F	F30-39	36	Watertown	0:56:46	09:09
	6	2 Rebecca Bates	F	F30-39	35	Watertown	1:00:36	09:46
	7	30 Kelly Cantwell	F	F30-39	36	Clayton	1:02:19	10:03
	8	22 Lani Yearicks	F	F30-39	33	Carthage	1:03:27	10:14
F40-49	1	11 Patti Denesha	F	F40-49	44	Gouverneur	0:46:36	07:31
	2	26 Mary Foster	F	F40-49	43		0:55:06	08:53
	3	33 Julie Houghmaster	F	F40-49	40	Sackets Harbor	0:58:15	09:24
F50-59	1	14 Sherry Gilbert	F	F50-59	52	Dexter	0:52:45	08:30
	2	17 Maureen Rumble	F	F50-59	55	Carthage	1:05:48	10:37
M19UNDER	1	1 Michael Ascough	M	M19UNDER	18	Cape Vincent	0:45:56	07:25
	2	29 Eric Pond	M	M19UNDER	18	Watertown	0:49:55	08:03
	3	12 Patrick Estep	M	M19UNDER	17	Great Bend	0:55:30	08:57
	4	23 Joshua Evans	M	M19UNDER	17		0:57:37	09:18
	5	43 Deion Richardson	M	M19UNDER	15	Buffalo	1:06:10	10:40
M20-29	1	27 Miguel Contreras	M	M20-29	24		0:38:39	06:14
	2	28 Alston Brandon	M	M20-29	29		0:45:08	07:17
	3	36 Ricky Gates	M	M20-29	28	Watertown	0:46:05	07:26
M30-39	1	21 Joe Wietecha	M	M30-39	39	Rochester Hills	0:44:37	07:12
M40-49	1	44 Peter Hardwick	M	M40-49	44	Watertown	0:40:31	06:32
	2	41 Gregg Tefft	M	M40-49	47	Watertown	0:43:30	07:01
	3	3 Patrick W. Best	M	M40-49	48	Chaumont	0:44:38	07:12
	4	38 Chris Putcher	M	M40-49	45	Watertown	0:50:34	08:09
	5	8 Irv Cross	M	M40-49	41	Black River	0:52:25	08:27
M50-59	1	40 Jim Scando	M	M50-59	51	Watertown	0:47:37	07:41
	2	39 Dennis Pawlicki	M	M50-59	56	Adams Center	0:49:50	08:02
	3	25 Rick Morris	M	M50-59	52		0:53:38	08:39
	4	18 Charles Smith	M	M50-59	59	Clayton	0:54:24	08:46
	5	31 Kenyon Wells	M	M50-59	59	Sackets Harbor	0:58:00	09:21
M60-69	1	35 Joseph Tidd	M	M60-69	61	Alex. Bay	0:48:09	07:46

2	19 John Stirling	M	M60-69	67	Watertown	0:49:58	08:03
3	32 Wayne Cook	M	M60-69	62	Sackets Harbor	0:55:43	08:59