

Rochester Spring Classic Duathlon - SuperSprint
Saturday, May 16th, 2009 Mendon Ponds Park
Produced & Timed by YellowJacket Racing
Total Finishers 122 (Male - 68, Female - 55)

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	Event	Run1Tm	T1Tm	BikeTm	T2Tm	Run2Tm	TotalTm
1	200	Todd Haskins	M		1	Overall Male	31	Bloomfield	SS	13:54	01:00	0:29:58	00:53	07:34	0:53:19
2	216	John Galbraith	M		2	M40-44	43	Pittsford	SS	15:20	00:41	0:28:53	00:29	08:08	0:53:31
3	11	Burns Blaxall	M		3	M40-44	40	Pittsford	SS	14:11	00:58	0:30:14	00:39	07:35	0:53:37
4	235	Tristan Burton	M		4	M30-34	33	Rochester	SS	14:42	00:33	0:30:51	00:34	07:41	0:54:21
5	247	Andres Rodriguez	M		5	M25-29	29	Albany	SS	14:22	01:17	0:30:15	00:43	07:45	0:54:23
6	220	James Gardner	M		6	M35-39	36	Pittsford	SS	14:49	00:43	0:30:34	00:36	07:47	0:54:29
7	191	Joe Williams	M		7	M35-39	36	Penn Yan	SS	13:52	00:22	0:32:27	00:28	07:24	0:54:32
8	250	Bob Hamilton	M		8	M50-54	54	Lyons	SS	13:53	00:27	0:32:28	00:21	07:43	0:54:52
9	196	Jim Yeager	M		9	M40-44	42	Rochester	SS	14:28	01:01	0:30:48	00:48	07:54	0:54:59
10	166	Edward W. Saxby	M		10	M40-44	44	Bloomfield	SS	14:33	00:31	0:31:36	00:29	07:57	0:55:05
11	68	Stephanie Gardner	F		1	Overall Female	37	Dryden	SS	14:24	00:29	0:31:57	00:27	08:02	0:55:18
12	211	Steven Wagner	M		11	M40-44	41	Munnsville	SS	14:52	01:05	0:31:11	00:53	07:58	0:55:59
13	239	Dan Deckman	M		12	M30-34	32	Rochester	SS	14:15	00:57	0:32:30	01:14	07:05	0:56:01
14	142	Jonathan Owen	M		13	M25-29	26	Rochester	SS	14:20	00:43	0:32:15	00:48	08:02	0:56:09
15	59	Gary FitzSimons	M		14	M50-54	53	Lima	SS	15:29	00:45	0:31:00	00:45	08:29	0:56:29
16	51	Matthew Dunn	M		15	M25-29	27	Binghamton	SS	13:55	00:45	0:34:05	00:31	07:20	0:56:37
17	118	Ed Martin	M		16	M45-49	46	Victor	SS	15:39	00:54	0:31:20	00:40	08:21	0:56:55
18	230	Daniel Tucker	M		17	M19UNDER	16	Pittsford	SS	14:11	00:34	0:35:02	00:25	07:38	0:57:50
19	71	Tommy Givens	M		18	M45-49	45	Rochester	SS	14:49	01:07	0:33:42	00:46	07:59	0:58:24
20	90	Aaron Hunt	M		19	M35-39	35	Rochester	SS	15:47	00:59	0:32:12	01:18	08:19	0:58:34
21	76	Keith Hadley	M		20	M45-49	49	Rochester	SS	14:57	01:07	0:34:22	00:30	07:46	0:58:43
22	130	Wayne Mulhair	M		21	M40-44	40	Rochester	SS	16:02	00:54	0:31:49	00:52	09:16	0:58:52
23	145	David Parnell	M		22	M25-29	28	Webster	SS	15:48	00:43	0:32:51	00:37	09:09	0:59:07
24	121	Mark McArdle	M		23	M55-59	55	Rochester	SS	16:10	00:21	0:33:45	00:22	09:01	0:59:38
25	189	Ken White	M		24	M40-44	42	Victor	SS	16:22	00:38	0:34:29	00:23	08:25	1:00:18
26	17	JoAnne Bradt	F		2	F45-49	45	Scottsville	SS	15:06	00:56	0:35:39	00:39	07:59	1:00:19
27	221	Keith Moss	M		25	M50-54	50	Rochester	SS	14:48	00:51	0:36:46	00:36	08:06	1:01:07
28	167	Jeff Schumacher	M		26	M45-49	49	Rochester	SS	17:10	00:29	0:34:21	00:27	08:52	1:01:20
29	252	John Bonn	M		27	M40-44	41	Rochester	SS	17:25	00:50	0:33:03	00:50	09:24	1:01:32
30	44	Dale D. Dimick	M		28	M40-44	42	Webster	SS	16:31	01:19	0:34:35	00:57	08:09	1:01:33
31	168	Rob Scoresby	M		29	M25-29	28	Rochester	SS	15:46	01:08	0:35:14	00:48	08:44	1:01:40
32	185	Andrew Wegner	M		30	M19UNDER	16	Rochester	SS	15:21	00:36	0:36:45	00:35	08:59	1:02:16
33	63	Cody Foster	M		31	M19UNDER	16	Fulton	SS	16:34	02:08	0:34:11	00:56	08:29	1:02:18
34	46	Julie Donlon	F		3	F30-34	30	Farmington	SS	15:37	00:45	0:37:47	00:34	07:39	1:02:23
35	120	Christian Mayoros	M		32	M40-44	41	Rush	SS	16:42	00:39	0:35:21	00:34	09:23	1:02:39
36	30	Tricia Cicero	F		4	F35-39	38	Fairport	SS	17:29	00:29	0:35:38	00:24	08:39	1:02:39
37	199	Brian Zimmerman	M		33	M30-34	34	Rochester	SS	16:25	00:45	0:36:02	00:35	09:08	1:02:55
38	107	Amy Lembo	F		5	F45-49	45	Webster	SS	15:19	00:58	0:38:20	00:55	07:38	1:03:10
39	127	Peter Morgan	M		34	M25-29	29	Baldwinsville	SS	16:21	00:43	0:35:48	00:44	09:34	1:03:10
40	92	Shawn Jackett	M		35	M25-29	28	Fairport	SS	18:23	01:04	0:33:49	01:11	08:50	1:03:17
41	170	Dana Skinner	M		36	M55-59	58	Perry	SS	18:38	00:45	0:33:48	00:43	09:30	1:03:24
42	128	Pete Morris	M		37	M55-59	58	Canandaigua	SS	16:43	00:52	0:35:10	01:03	09:48	1:03:36
43	93	Kerry James	M		38	M50-54	51	Bloomfield	SS	19:09	01:35	0:33:25	01:01	08:47	1:03:56
44	162	Frances Salgado-Givens	F		6	F40-44	43	Rochester	SS	16:28	00:51	0:37:55	00:35	08:56	1:04:46

45	231 Linda Zinsmeyer	F	7	F30-34	31 Pennellville	SS	17:42	00:50	0:35:10	00:47	10:39	1:05:08
46	125 Kym Meyer	F	8	F35-39	37 Pittsford	SS	18:36	00:50	0:35:15	00:39	10:13	1:05:34
47	137 Brett Oakes	M	39	M35-39	39 Ithaca	SS	18:48	00:58	0:35:06	00:59	10:04	1:05:55
48	188 Dan Whitcomb	M	40	M35-39	39 Walworth	SS	18:36	01:21	0:34:18	00:47	11:10	1:06:12
49	126 Kim Morgan	F	9	F25-29	29 Baldwinsville	SS	18:12	00:56	0:37:00	00:38	09:42	1:06:28
50	119 Dan Matthews	M	41	M45-49	45 Naples	SS	18:21	00:42	0:36:44	00:35	10:09	1:06:32
51	4 Julie Barnes	F	10	F45-49	46 Honeoye Falls	SS	18:29	01:23	0:35:21	01:25	10:02	1:06:39
52	41 Virginia Desens	F	11	F35-39	35 Williamson	SS	17:00	01:13	0:38:00	00:59	09:32	1:06:44
53	64 Paul Foster, III	M	42	M45-49	45 Fulton	SS	17:20	01:47	0:35:11	01:27	11:10	1:06:55
54	33 Mike Colletta	M	43	M45-49	46 Spencerport	SS	19:54	00:37	0:35:03	00:28	11:03	1:07:05
55	72 Greg Glasser	M	44	M30-34	31 Fairport	SS	18:39	00:48	0:36:06	00:46	10:53	1:07:11
56	141 Sean O'Neill	M	45	M35-39	35 Rochester	SS	17:03	01:32	0:37:39	01:07	09:57	1:07:18
57	21 Anthony Brooks	M	46	M25-29	29 Ithaca	SS	17:24	01:34	0:38:07	00:42	09:43	1:07:30
58	102 Renee Kirk	F	12	F35-39	38 Bloomfield	SS	17:42	01:10	0:38:39	00:40	09:28	1:07:41
59	55 Kelly Emborsky	F	13	F30-34	33 Avon	SS	18:43	03:40	0:35:10	01:38	08:35	1:07:45
60	23 Amelia Burbano	F	14	F35-39	36 Brockport	SS	17:43	01:36	0:37:29	01:09	09:51	1:07:48
61	213 David Loucks	M	47	M40-44	44 Henrietta	SS	19:45	00:36	0:36:08	00:29	10:51	1:07:49
62	154 Stephen Ricketts	M	48	M30-34	35 Pittsford	SS	18:53	01:26	0:35:55	01:11	10:36	1:08:02
63	181 Carey Vick	F	15	F55-59	55 Webster	SS	17:31	01:10	0:38:01	00:46	10:38	1:08:05
64	147 Jeremiah Piersante	M	49	M19UNDER	13 Rochester	SS	16:15	00:57	0:41:50	00:43	08:24	1:08:10
65	47 Liz Dormer	F	16	F40-44	42 Naples	SS	18:20	01:19	0:38:02	01:14	09:20	1:08:15
66	156 Anthony Rizzi	M	50	M30-34	32 Rochester	SS	19:42	01:09	0:36:34	00:44	10:15	1:08:25
67	150 Jennifer Postler	F	17	F35-39	37 Fairport	SS	17:28	00:56	0:39:27	01:13	09:29	1:08:33
68	223 Jay Kunzler	M	51	M55-59	56 Canandaigua	SS	17:09	01:22	0:39:36	01:01	09:45	1:08:51
69	138 Michelle O'Connor	F	18	F40-44	40 Rochester	SS	19:10	01:13	0:38:35	00:58	09:54	1:09:49
70	210 Whitney Wheat Wagner	F	19	F30-34	30 Munnsville	SS	17:51	00:38	0:41:21	00:25	09:49	1:10:03
71	99 Robert Kane	M	52	M40-44	44 Rochester	SS	18:02	00:32	0:40:31	00:37	10:25	1:10:07
72	54 Andrew Emborsky	M	53	M30-34	30 Avon	SS	20:17	02:07	0:35:05	01:40	11:00	1:10:10
73	194 Deb Wordingham	F	20	F50-54	54 Prattsburgh	SS	18:15	02:03	0:39:01	01:17	09:44	1:10:20
74	86 Larry Hossenlopp	M	54	M45-49	48 Rochester	SS	20:36	00:49	0:38:34	00:48	10:34	1:11:21
75	49 Marty Douglas	M	55	M55-59	55 Lima	SS	17:32	01:32	0:39:36	01:28	11:15	1:11:23
76	43 Eric DiLella	M	56	M45-49	49 Holley	SS	18:38	01:37	0:40:07	01:28	09:45	1:11:35
77	45 Ellen Dockum	F	21	F40-44	44 Fairport	SS	18:47	00:46	0:41:23	00:39	10:06	1:11:41
78	42 Amanda DiLella	F	22	F35-39	38 Holley	SS	18:38	01:36	0:40:09	01:27	10:10	1:11:59
79	234 Tanya Folwell	F	23	F25-29	29 Rochester	SS	19:02	01:58	0:39:21	01:50	09:51	1:12:01
80	233 Chris Folwell	M	57	M30-34	30 Rochester	SS	19:02	02:02	0:39:14	01:53	09:51	1:12:02
81	251 Judy Kerpelman	F	24	F45-49	48 Rochester	SS	19:50	01:03	0:39:53	00:59	10:19	1:12:03
82	3 Erika Asquino	F	25	F30-34	31 Honeoye	SS	20:50	00:49	0:39:17	00:45	11:08	1:12:48
83	143 Scott Paeth	M	58	M20-24	20 Kendall	SS	19:39	02:09	0:38:17	01:49	11:12	1:13:07
84	195 Leah Yates	F	26	F25-29	29 Farmington	SS	17:26	00:49	0:45:30	00:41	09:27	1:13:52
85	198 David Zimmer	M	59	M55-59	57 Fairport	SS	20:21	01:02	0:41:06	01:11	10:48	1:14:28
86	193 Al Wordingham	M	60	M55-59	56 Prattsburgh	SS	19:10	01:47	0:42:46	01:05	09:49	1:14:36
87	227 Timothy Williams	M	61	M50-54	51 Rochester	SS	18:59	00:33	0:44:45	00:35	09:56	1:14:48
88	183 Karen Walrath	F	27	F45-49	46 Farmington	SS	21:00	01:20	0:40:16	01:01	11:13	1:14:51
89	186 Johni Wegner	F	28	F45-49	48 Rochester	SS	20:40	01:05	0:41:18	01:07	11:05	1:15:14
90	28 Shannon Case	M	62	M40-44	40 Penfield	SS	21:59	01:41	0:37:55	01:38	12:45	1:15:59
91	40 Ariel DeNoto	F	29	F19UNDER	15 Livonia	SS	17:04	01:15	0:48:41	00:53	08:13	1:16:07
92	16 Melanie Bradley	F	30	F30-34	31 Rochester	SS	20:55	00:56	0:42:20	00:31	11:38	1:16:19
93	96 Laney Johnson	F	31	F45-49	49 Fairport	SS	22:47	01:10	0:38:32	01:18	12:35	1:16:21

94	110	Cindy Logan	F	32	F40-44	42	Farmington	SS	20:45	01:43	0:41:42	01:15	11:01	1:16:25
95	157	Shawna Rizzi	F	33	F30-34	32	Rochester	SS	19:50	01:32	0:43:21	01:00	10:46	1:16:29
96	2	Patricia Aloï	F	34	F45-49	45	Rochester	SS	18:55	01:04	0:45:37	00:43	10:37	1:16:56
97	190	Lennet Whitmore	F	35	F40-44	44	Fulton	SS	20:44	01:35	0:42:42	00:59	11:17	1:17:17
98	158	Kathleen Roberts	F	36	F50-54	54	Springwater	SS	20:58	00:57	0:43:16	00:50	11:26	1:17:28
99	104	Carolyn Kriesen	F	37	F65-69	65	Webster	SS	20:44	00:45	0:43:43	00:40	12:32	1:18:25
100	116	Nancy Maloy	F	38	F55-59	56	East Rochester	SS	20:59	00:59	0:44:18	01:07	11:22	1:18:44
101	179	Michelle VandenBout	F	39	F25-29	26	Phelps	SS	22:22	01:21	0:42:39	01:22	11:12	1:18:56
102	161	Karen Ryan	F	40	F35-39	38	Rochester	SS	25:16	01:21	0:38:50	01:13	12:15	1:18:56
103	131	Casey Murphy	M	63	M40-44	42	East Rochester	SS	21:56	00:48	0:41:00	00:52	14:49	1:19:25
104	87	Jamie Howard	M	64	M40-44	43	Albany	SS	20:48	00:59	0:46:26	01:07	11:10	1:20:30
105	8	Paul Benson	M	65	M35-39	39	Penfield	SS	20:25	02:35	0:42:09	02:21	13:10	1:20:40
106	7	Debra Benson	F	41	F30-34	34	Penfield	SS	21:12	02:06	0:41:57	02:14	13:13	1:20:41
107	31	Kimberly Cleere	F	42	F45-49	46	Hamlin	SS	20:57	01:08	0:46:34	00:45	11:24	1:20:48
108	91	Jennie Indivero	F	43	F25-29	25	Rochester	SS	19:58	01:28	0:46:49	01:33	11:24	1:21:11
109	81	Kathryn Harrison	F	44	F40-44	43	Pittsford	SS	22:30	01:39	0:43:51	01:13	12:20	1:21:33
110	100	Kathryn Kaplan	F	45	F25-29	28	Geneva	SS	20:05	01:22	0:49:25	00:32	10:35	1:21:58
111	175	Lynn Sullivan	F	46	F45-49	47	E. Rochester	SS	23:07	01:10	0:44:58	00:44	12:35	1:22:35
112	25	Tracy Burkovich	F	47	F40-44	42	Rochester	SS	23:01	01:36	0:45:23	00:47	12:53	1:23:41
113	57	Cheryl Faber	F	48	F40-44	43	Naples	SS	23:26	02:25	0:44:22	01:18	12:18	1:23:49
114	58	Pamela Faber	F	49	F45-49	45	Honeoye	SS	23:26	02:31	0:42:28	03:07	12:18	1:23:50
115	48	Shannon Dotts	F	50	F35-39	36	Rochester	SS	20:24	01:13	0:50:38	00:57	10:48	1:23:59
116	178	Barbara Tomasso	F	51	F55-59	55	Spencerport	SS	23:30	01:18	0:44:27	01:07	13:39	1:24:01
117	148	Kathleen Pleninger	F	52	F45-49	47	Palmyra	SS	22:53	01:54	0:44:52	01:38	13:10	1:24:27
118	15	Karen Bowlby	F	53	F45-49	45	Henrietta	SS	23:37	00:57	0:47:40	01:35	17:09	1:30:57
119	24	Donna Burke	F	54	F40-44	41	Henrietta	SS	22:56	01:19	0:47:36	01:58	17:09	1:30:58
120	26	John Canham	M	66	M50-54	53	Pittsford	SS	27:28	01:52	0:46:08	01:37	16:10	1:33:16
121	74	Mike Guenther	M	67	M55-59	56	Honeoye Falls	SS	23:34	01:16	0:53:46	00:40	14:19	1:33:35
122	222	Scott Baxter	M	68	M25-29	27	Rochester	SS	19:14	01:29	1:03:20	01:42	09:52	1:35:37
DNF	114	Kevin Maier	M		M55-59	55	Webster	F1	16:18	01:32	0:33:44	01:37	11:46	1:04:57
DNF	56	Staci Everetts	F		F30-34	34	Rochester	F1	15:36	00:49	0:42:12	02:37	17:21	1:18:34