

PowerBar Trail Race - 9 Mile
Saturday, June 6, 2009 Mendon Ponds Park
Produced/Timed by YellowJacket Racing
Total Finishers - 92 (Male - 65, Female - 27)

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	TotalTm
1	119	Eric Sambolec	M		1	Overall Male	31	Ithaca	0:56:21
2	136	Jason Hettenbaugh	M		2	M25-29	28	Lima	0:57:35
3	138	Chad Day	M		3	M25-29	25	Rochester	0:59:11
4	137	Phillip Goodwin	M		4	M25-29	27	Minetto	0:59:41
5	83	James Roche	M		5	M45-49	48	Fairport	1:03:20
6	33	Alan Hatch	M		6	M30-34	33	Pittsford	1:03:35
7	16	Jeff Cogan	M		7	M20-24	23	Rochester	1:03:37
8	110	Christopher Sponn	M		8	M19UNDER	19	Rochester	1:04:12
9	37	Edward Housel	M		9	M50-54	50	Rochester	1:04:33
10	66	Zachary Nelson	M		10	M19UNDER	18	Victor	1:04:57
11	114	Taylor Smith	M		11	M20-24	23	Rochester	1:06:04
12	144	Charles Richter	M		12	M50-54	50	Honeoye Falls	1:06:14
13	124	John Hair	M		13	M40-44	40	W. Henrietta	1:06:27
14	97	Ted Thull	M		14	M45-49	48	Macedon	1:06:33
15	159	Michelle Weiler	F		1	Overall Female	41	Pittsford	1:07:27
16	5	Andrew Baxter	M		15	M20-24	23	Webster	1:08:02
17	59	Jim McLaughlin	M		16	M40-44	40	Fairport	1:08:53
18	112	Ben Young	M		17	M19UNDER	19	Rochester	1:09:53
19	125	Mark Barry	M		18	M55-59	56	Rochester	1:10:33
20	164	George Smith	M		19	M45-49	47	Rochester	1:10:53
21	76	Frank Quattrone	M		20	M50-54	53	Webster	1:11:53
22	161	Jorge Rodriquez	M		21	M20-24	24	Webster	1:12:38
23	22	Gary Dill	M		22	M40-44	44	Rochester	1:12:45
24	107	Sarah Wilcox	F		2	F20-24	20	W. Henrietta	1:12:50
25	29	Matt Gillette	M		23	M40-44	40	Hemlock	1:13:45
26	52	Chris Levey	M		24	M40-44	44	Penfield	1:13:45
27	82	Steven Rivers	M		25	M45-49	48	Victor	1:14:04
28	106	John Wilcox	M		26	M45-49	49	W. Henrietta	1:14:20
29	10	John Bugajski	M		27	M25-29	28	Rochester	1:14:27
30	133	Keith VanNostrand	M		28	M25-29	29	Scottsville	1:15:33
31	48	Holly Kuzmiak	F		3	F25-29	27	Rochester	1:17:26
32	134	Cody Newton	M		29	M25-29	27	Rochester	1:17:27
33	39	David Johnson	M		30	M50-54	51	Bloomfield	1:17:45
34	74	Doug Prindle	M		31	M45-49	48	Victor	1:17:47
35	55	Matthew Mack	M		32	M25-29	29	Rochester	1:17:49
36	126	Dave Cohen	M		33	M35-39	37	Rochester	1:18:02
37	72	Kara Pettie	F		4	F25-29	27	Huntersville	1:18:06
38	105	Kenneth White	M		34	M40-44	42	Victor	1:18:08
39	99	Douglas Tuck	M		35	M35-39	38	Victor	1:18:19
40	6	Lawrence Bernstein	M		36	M45-49	49	Honeoye Falls	1:18:29
41	36	Larry Hoffman	M		37	M40-44	41	Ontario	1:19:39
42	28	Robert Ganey	M		38	M35-39	38	Rochester	1:19:40
43	102	Christopher Washburn	M		39	M45-49	47	Newark	1:20:20
44	103	Andrew Whitaker	M		40	M25-29	28	Rochester	1:20:55
45	170	Cardine Kenyan	F		5	F30-34	34	Rochester	1:20:57
46	13	Christina Chavez	F		6	F35-39	37	Canandaigua	1:20:59

47	40 Lesley Johnson	F	7	F45-49	49	Bloomfield	1:21:00
48	108 Ethan Willistein	M	41	M25-29	26	Scottsville	1:21:02
49	53 Steven Levitsky	M	42	M40-44	42	Rochester	1:21:03
50	123 Todd Kolodzioski	M	43	M35-39	39	Livonia	1:21:17
51	44 Kevin Kehoe	M	44	M30-34	34	Rochester	1:21:36
52	115 Liz Pflughardt	F	8	F20-24	23	Rochester	1:22:30
53	109 Jonathan Willistein	M	45	M20-24	23	Scottsville	1:22:35
54	129 Dale Dimick	M	46	M40-44	41	Webster	1:23:12
55	70 Theresa Palmieri	F	9	F45-49	46	Buffalo	1:23:14
56	4 Jim Baehr	M	47	M35-39	37	Victor	1:23:27
57	73 Melissa Polakos	F	10	F20-24	24	Rochester	1:23:28
58	46 Jim Kerr	M	48	M50-54	54	Canandaigua	1:23:28
59	34 Sean Hendrick	M	49	M45-49	46	Rochester	1:24:34
60	100 Gary Updyke	M	50	M60-64	60	Pittsford	1:24:51
61	20 Douglas Deweaver	M	51	M50-54	51	Rochester	1:25:08
62	140 Bruce Corsette	M	52	M55-59	56	Rochester	1:25:29
63	27 Anne Esposito	F	11	F40-44	42	Rochester	1:25:42
64	62 Melissa Monahan	F	12	F25-29	26	Rochester	1:25:44
65	79 Kathy Reardon	F	13	F45-49	47	Honeoye Falls	1:26:46
66	15 Andrew Ciaio	M	53	M40-44	43	Victor	1:27:11
67	32 Mike Hall	M	54	M35-39	38	Rochester	1:27:12
68	75 Nicole Pulcino	F	14	F25-29	28	Rochester	1:27:51
69	50 Amy Lembo	F	15	F40-44	44	Webster	1:28:58
70	78 Kimberly Rapp	F	16	F40-44	44	Macedon	1:30:26
71	130 Eric Malone	M	55	M35-39	38	Penfield	1:30:48
72	127 Lisa Bozek	F	17	F25-29	27	Rochester	1:32:03
73	8 Doug Bloom	M	56	M55-59	56	Albion	1:33:45
74	122 Bradley Heumaker	M	57	M35-39	37	Rochester	1:36:03
75	35 Jeanne Herrick	F	18	F55-59	58	Rochester	1:37:03
76	87 Dave Sek	M	58	M65-69	66	Spencerport	1:37:20
77	165 Sharon Outler	F	19	F45-49	45	Rochester	1:38:02
78	85 Anne Schwartz	F	20	F50-54	52	Webster	1:38:36
79	67 Jeff Northrup	M	59	M55-59	56	Canandaigua	1:40:09
80	45 Jennifer Kerr	F	21	F30-34	30	Rochester	1:43:40
81	51 Andrea Leri	F	22	F25-29	29	Rochester	1:43:40
82	11 Thomas Butler	M	60	M40-44	44	Rochester	1:45:24
83	71 Patricia Palmieri-Phelan	F	23	F40-44	41	N. Chili	1:46:17
84	88 Laurie Snyder	F	24	F45-49	46	Rochester	1:47:15
85	84 Charles Sabatine	M	61	M70UP	76	Victor	1:48:32
86	49 Bruce Lavner	M	62	M55-59	55	Rochester	1:48:37
87	60 Carleen Meers	F	25	F40-44	44	Rochester	1:48:41
88	113 Mark Fitzgerald	M	63	M50-54	50	Rochester	1:49:21
89	141 Teresa Sukienikki	F	26	F40-44	43	Rochester	1:54:13
90	158 Patti Hahn	F	27	F50-54	52	Rochester	2:03:18
91	98 Sandy Toole	M	64	M70UP	71	Rochester	2:05:29
92	63 William Murphy	M	65	M60-64	60	Rochester	2:51:13
DQ	155 Christine McTigue	F		F30-34	33	Ontario	1:26:02
DQ	156 Philip McTigue	M		M35-39	39	Ontario	1:26:28