

Pittsford Triathlon 2009

Sunday, June 7, 2009

Timed by YellowJacketRacing

Total Individuals - 313 (Men - 182, Women - 131) Total Teams - 22

Pos	Bib	Fullname	Gender	Class	Age	City	SwimTm	T1Tm	BikeTm	T2Tm	RunTm	TotalTm
Overall Male												
	1	17 Erik Grimm	M	Overall Male	43	Pittsford	04:20	00:48	0:36:32	00:38	20:06	1:02:25
	2	5 Michael Hoffman	M	Overall Male	22	Rochester	03:57	01:05	0:40:17	01:08	22:02	1:08:28
	3	48 Marcus Gage	M	Overall Male	37	West Henrietta	06:15	00:47	0:41:50	00:56	18:59	1:08:46
Overall Female												
	1	37 Jackie Dowdeswell	F	Overall Female	42	Pittsford	05:09	01:11	0:44:30	00:52	26:39	1:18:20
	2	314 Alexis Vogt	F	Overall Female	31	Rochester	06:52	01:32	0:48:04	01:07	25:29	1:23:05
	3	315 May Ragsdale	F	Overall Female	35	Greece	07:24	01:20	0:50:24	01:06	23:07	1:23:20
F19UNDER												
	1	2 Alexandra Trobe	F	F19UNDER	18	Pittsford	04:09	01:11	0:50:04	00:19	29:39	1:25:23
	2	316 Alyssa Likly	F	F19UNDER	14	Pittsford	05:42	01:09	0:48:58	00:54	31:06	1:27:49
	3	9 Danielle Phillips	F	F19UNDER	16	Rochester	04:27	01:46	0:58:58	00:43	29:38	1:35:31
	4	61 Alexandra Cunningham	F	F19UNDER	14	Rochester	05:51	02:12	1:00:11	01:09	28:58	1:38:21
	5	3 Meghan Green	F	F19UNDER	18	Pittsford	03:55	01:21	1:08:52	00:27	27:35	1:42:10
	6	330 Marie Cupo	F	F19UNDER	16	Pittsford	06:27	02:18	1:04:40	00:37	30:34	1:44:34
	7	349 Marie Ravekant	F	F19UNDER	19	Pittsford	06:45	02:48	1:06:01	00:40	28:37	1:44:51
	8	294 Rachel Kurchin	F	F19UNDER	17	Rochester	07:06	03:58	0:58:28	02:24	35:44	1:47:41
	9	266 Annelise Rigsbee	F	F19UNDER	18	Rochester	11:40	02:00	1:12:36	01:49	44:54	2:12:59
F20-29												
	1	94 Kristin Wayman	F	F20-29	22	Rochester	06:42	02:12	0:50:49	01:25	24:20	1:25:27
	2	333 Tristan Nicholson	F	F20-29	28	Rochester	07:01	01:16	0:50:45	00:51	28:32	1:28:25
	3	29 Lauren Thomas	F	F20-29	23	Wellsville	05:16	01:43	0:51:53	01:01	28:45	1:28:38
	4	196 Erin Hammond	F	F20-29	22	Macedon	07:23	02:15	0:54:24	00:50	24:59	1:29:51
	5	134 Martha Katz	F	F20-29	23	Washington	08:03	02:07	0:53:20	01:43	27:34	1:32:46
	6	39 Erin Hawkins	F	F20-29	26	Fairport	06:07	02:10	0:59:54	00:42	25:44	1:34:37
	7	15 Katie Fallon	F	F20-29	27	Rochester	05:12	02:08	1:05:06	00:50	29:37	1:42:53
	8	27 Katie Covert	F	F20-29	28	Rochester	05:38	03:07	1:01:59	01:13	32:59	1:44:56
	9	6 Erin Rappold	F	F20-29	20	Niskayuna	04:39	02:10	1:12:56	00:47	31:30	1:52:01
	10	118 Carly LeBlanc	F	F20-29	25	Rochester	14:37	03:49	1:03:27	02:10	34:43	1:58:45
	11	282 Jessica Wigg	F	F20-29	26	Bloomingtondale	10:18	02:57	1:09:52	03:05	40:32	2:06:44
F30-39												
	1	113 Elizabeth Barrese	F	F30-39	34	Penfield	06:22	02:24	0:49:02	01:20	27:52	1:27:01
	2	97 Kameron Holmes	F	F30-39	34	Fairport	05:53	01:13	0:51:48	01:22	27:37	1:27:53
	3	62 Laura Braun	F	F30-39	39	Pittsford	05:14	02:03	0:55:23	00:41	25:08	1:28:28
	4	190 Jennifer Fosegan	F	F30-39	36	Fairport	08:28	02:29	0:51:26	00:32	26:41	1:29:38
	5	59 Tricia Cicero	F	F30-39	39	Fairport	06:03	01:12	0:52:44	00:29	29:27	1:29:54
	6	176 Tracy Hardes	F	F30-39	34	Rochester	07:22	01:35	0:54:28	01:00	28:50	1:33:15
	7	115 Joy Dreibelbis	F	F30-39	31	Pittsford	06:36	01:48	0:56:45	00:39	27:28	1:33:15
	8	161 Barbara Hoorn	F	F30-39	39	Pittsford	06:54	02:18	0:54:40	01:47	27:48	1:33:26
	9	253 Anna Schreyer	F	F30-39	35	Fairport	09:09	02:26	0:51:12	01:37	29:47	1:34:11
	10	187 Julie Natale	F	F30-39	37	Mendon	06:42	01:48	0:57:14	01:46	26:43	1:34:13
	11	96 Wendy Devine	F	F30-39	36	Pittsford	06:10	02:15	0:55:12	01:07	30:03	1:34:47
	12	179 Jennifer Sweet	F	F30-39	34	Rochester	08:58	02:10	0:53:58	01:16	29:31	1:35:53

13	53	Tara Freeman	F	F30-39	33	Colton	05:34	02:24	0:52:05	01:07	35:05	1:36:14
14	229	Jayme Breschard	F	F30-39	31	Fairport	07:30	02:51	0:55:23	02:17	28:26	1:36:26
15	56	Colleen Bedford	F	F30-39	32	Ionia	07:09	02:01	0:56:55	01:42	29:09	1:36:57
16	23	Roxanne McElroy	F	F30-39	32	Fairport	05:26	04:17	0:56:02	02:49	29:08	1:37:43
17	22	Paige Savage	F	F30-39	32	Pittsford	05:48	04:12	0:56:02	02:48	29:00	1:37:49
18	249	Kym Meyer	F	F30-39	37	Pittsford	08:39	01:27	0:53:05	01:34	33:18	1:38:03
19	170	Stephanie Kuhn	F	F30-39	39	Geneseo	06:30	01:21	0:59:39	01:11	29:53	1:38:33
20	174	Julie Jerome	F	F30-39	30	Rochester	06:56	01:48	0:58:20	01:01	30:47	1:38:53
21	133	Dorene Strommer	F	F30-39	35	Williamson	07:02	02:02	0:56:27	00:54	32:45	1:39:11
22	116	Carrie Cain	F	F30-39	33	Fairport	07:00	03:40	0:54:14	02:41	32:07	1:39:42
23	182	Katy Eichinger	F	F30-39	35	Pittsford	06:58	02:14	0:56:53	00:42	33:55	1:40:42
24	54	Dana Bolton	F	F30-39	32	Albion	06:14	01:57	0:58:54	01:05	32:56	1:41:06
25	347	Amanda DiLella	F	F30-39	38	Holley	10:28	02:11	0:56:04	02:27	30:47	1:41:57
26	177	Staci Everetts	F	F30-39	34	Rochester	07:13	02:27	0:59:04	00:58	32:17	1:42:00
27	102	Monika Robertson	F	F30-39	37	Webster	06:53	01:35	0:58:24	00:47	34:37	1:42:16
28	248	Courtney Dennee	F	F30-39	30	Webster	09:01	02:33	1:01:22	01:39	28:16	1:42:52
29	101	Katrina Lublin	F	F30-39	37	Penfield	06:44	02:31	0:56:51	01:15	35:39	1:42:59
30	268	Michelle Chiantera	F	F30-39	37	Pittsford	08:08	02:35	1:01:23	01:01	29:55	1:43:01
31	353	Traci Brown	F	F30-39	35	Lancaster	05:50	02:21	1:01:02	01:05	32:45	1:43:02
32	245	Donna Trost	F	F30-39	37	Rochester	11:13	03:14	0:56:41	01:47	30:18	1:43:14
33	292	Allison Steinberger	F	F30-39	37	Pittsford	08:21	02:56	1:01:46	01:16	29:17	1:43:37
34	135	Debbie Edwards	F	F30-39	39	North Chili	06:47	02:34	0:58:34	02:21	33:33	1:43:48
35	85	Raina Rupprecht	F	F30-39	37	Rochester	06:52	01:44	1:03:35	01:03	30:39	1:43:53
36	224	Michelle Borrelli	F	F30-39	38	Hilton	07:49	03:03	1:02:26	01:04	30:55	1:45:16
37	269	Jill Nobles	F	F30-39	37	Pittsford	10:05	02:10	0:59:37	01:11	32:40	1:45:44
38	278	Stacey Vaccaro	F	F30-39	39	Churchville	07:44	02:54	1:01:10	01:08	33:20	1:46:15
39	244	Joanne Laudisi	F	F30-39	33	Rochester	08:59	03:00	1:03:24	01:28	29:26	1:46:17
40	78	Jacki Sobieraski	F	F30-39	39	Kent	06:54	02:52	1:01:34	00:35	35:08	1:47:04
41	277	Christine Sibilio	F	F30-39	35	Rochester	12:35	02:42	1:02:14	00:53	29:56	1:48:20
42	289	Leslie Kotalik	F	F30-39	34	Pittsford	05:53	02:51	0:55:08	02:01	43:17	1:49:10
43	107	Christine Boev	F	F30-39	34	Fairport	06:20	02:28	1:03:37	01:43	35:29	1:49:38
44	312	Quentin Ball	F	F30-39	33	NYC	07:42	02:33	1:10:12	00:42	29:27	1:50:35
45	131	Laurie Giordano	F	F30-39	38	Webster	07:13	02:28	1:01:57	02:01	37:07	1:50:46
46	275	Skye Bird	F	F30-39	38	Pittsford	15:23	01:58	0:56:15	03:54	35:09	1:52:40
47	188	Emily Henry	F	F30-39	34	Pittsford	07:21	02:46	1:08:29	01:24	32:52	1:52:52
48	155	Jennifer Wright	F	F30-39	38	Webster	08:57	01:48	1:06:44	00:33	34:59	1:53:00
49	247	Debra Benson	F	F30-39	35	Penfield	09:43	03:54	0:57:01	03:30	40:03	1:54:13
50	265	Tecla Nassar	F	F30-39	38	Fairport	14:25	01:38	1:04:09	01:10	33:00	1:54:21
51	283	Amy Handelman	F	F30-39	35	Pittsford	13:22	01:57	1:04:24	02:49	32:56	1:55:28
52	369	Sasha Dass	F	F30-39	38	Cambridge	09:23	02:56	1:06:56	01:58	37:03	1:58:17
53	213	Marie Knappenberger	F	F30-39	35	Webster	06:38	03:31	1:10:32	01:14	36:52	1:58:46
54	232	Shannon OGrady	F	F30-39	38	Pittsford	08:35	02:48	1:10:56	01:28	37:51	2:01:37
55	343	Tara Mussari	F	F30-39	33	Lockport	07:04	05:24	1:07:39	05:19	37:36	2:03:02
56	279	Holli Marie Hollandsworth Schmackpfeffer	F	F30-39	36	Webster	09:16	04:22	1:19:50	01:05	40:48	2:15:21

F40-49

1	46	Amy Miller	F	F40-49	41	Pittsford	05:37	01:55	0:50:03	00:44	25:27	1:23:46
2	128	Carolyn Privitera	F	F40-49	48	West henrietta	07:07	00:47	0:49:02	01:09	29:34	1:27:38
3	60	Maura Baron	F	F40-49	40	Rochester	05:52	01:50	0:54:13	01:32	29:21	1:32:49
4	104	Laurie Hardy	F	F40-49	45	Fairport	06:24	01:37	0:53:17	01:31	31:28	1:34:17
5	82	Karol Hitchcock	F	F40-49	42	Fairport	05:44	02:02	0:56:05	00:53	29:34	1:34:18
6	198	Patti Mahar	F	F40-49	46	Rochester	07:29	02:24	0:55:29	01:28	28:31	1:35:22
7	42	Mona DiMartino	F	F40-49	47	Webster	06:12	01:58	0:58:43	01:02	28:00	1:35:55

8	79	Liz Dormer	F	F40-49	42	Naples	06:35	01:54	0:56:06	01:19	31:27	1:37:20
9	254	Stacy Roher	F	F40-49	42	Pittsford	08:46	02:11	0:55:18	00:43	30:50	1:37:48
10	192	Germaine Reinhardt	F	F40-49	44	Webster	08:04	02:00	0:57:35	01:07	29:57	1:38:44
11	288	Amy Ferreri-Chesire	F	F40-49	44	Fairport	06:39	01:33	0:56:42	01:37	32:25	1:38:56
12	318	Rebecca Gilbert	F	F40-49	42	Rochester	06:58	01:38	0:54:03	01:17	35:22	1:39:18
13	141	Ann McAllister	F	F40-49	45	Rochester	07:54	02:56	0:55:17	02:24	31:23	1:39:53
14	199	Eugenia Messner	F	F40-49	44	Rochester	06:39	02:57	0:59:40	00:36	30:57	1:40:50
15	145	Ellen Dockum	F	F40-49	44	Fairport	07:50	01:28	1:00:39	01:07	30:05	1:41:09
16	200	Nancy Neamtu	F	F40-49	44	Webster	08:05	02:25	0:57:43	01:30	31:28	1:41:12
17	184	Mary-jo Farrell	F	F40-49	49	Pittsford	07:29	02:07	0:57:37	00:57	33:24	1:41:34
18	227	Amy Mauro	F	F40-49	40	Pittsford	08:26	01:28	0:56:35	01:04	34:52	1:42:24
19	223	Deborah Uman	F	F40-49	46	Pittsford	07:33	02:44	0:56:02	01:40	35:15	1:43:14
20	219	Gretchen Bartosch	F	F40-49	45	Pittsford	08:19	03:00	1:00:39	01:28	31:55	1:45:21
21	242	Maureen Unterborn	F	F40-49	47	Pittsford	09:28	04:00	0:58:04	02:03	32:39	1:46:14
22	76	Laura Leistra	F	F40-49	47	Penfield	06:47	02:32	1:04:01	01:23	31:39	1:46:22
23	241	Lisa Brouchard	F	F40-49	48	Pittsford	09:42	04:06	0:57:59	02:03	32:39	1:46:29
24	119	Patricia Steeley	F	F40-49	40	Pittsford	07:18	02:28	1:01:59	01:38	34:02	1:47:24
25	139	Melanie Zandvoort	F	F40-49	49	Pittsford	07:05	02:41	1:01:49	01:09	35:23	1:48:08
26	280	Tracey Britton	F	F40-49	41	Rochester	08:49	03:14	0:59:09	01:12	35:55	1:48:19
27	217	Kate Sonnick	F	F40-49	48	Rochester	11:01	02:44	0:53:33	02:26	38:51	1:48:35
28	218	Anne Esse	F	F40-49	41	Rochester	10:47	02:46	0:53:36	02:24	39:15	1:48:47
29	276	Donna Burke	F	F40-49	41	Henrietta	07:55	02:57	1:04:14	01:03	36:18	1:52:25
30	221	JoAnn Campbell	F	F40-49	46	Pittsford	08:47	01:57	1:01:55	02:03	38:46	1:53:28
31	264	Diane Markham	F	F40-49	42	Rochester	14:41	01:36	1:04:11	01:10	32:59	1:54:37
32	298	Marcela DeRisio	F	F40-49	47	Penfield	09:23	02:18	1:05:40	01:01	37:37	1:56:00
33	321	Trudy DeWitte	F	F40-49	49	Ontario	09:59	01:24	1:08:52	01:01	35:11	1:56:27
34	216	Christina McLyman	F	F40-49	41	Rochester	08:05	03:44	1:07:13	01:52	36:05	1:56:59
35	285	Amy Gines	F	F40-49	43	Pittsford	09:16	02:22	1:05:55	01:26	38:14	1:57:13
36	225	Kathryn Harrison	F	F40-49	42	Pittsford	08:14	03:09	1:06:14	01:37	38:12	1:57:26
37	208	Marcia Fabinski	F	F40-49	42	Rochester	07:03	02:37	1:04:05	01:31	42:29	1:57:45
38	271	Joan Nichols	F	F40-49	43	Rochester	09:34	04:49	1:06:18	03:03	38:51	2:02:34
39	215	Cindy Berry	F	F40-49	42	Wayland	09:12	02:51	1:06:58	02:07	42:03	2:03:11
40	255	Elizabeth Clottin	F	F40-49	45	Fairport	11:21	02:35	1:08:51	02:16	42:18	2:07:21
41	201	Cindi Rittenhouse	F	F40-49	47	Rochester	08:14	03:22	1:15:15	01:30	39:14	2:07:35
42	238	Cheryl Schlegel	F	F40-49	49	Lancaster	09:46	04:19	1:08:29	02:00	43:58	2:08:33
43	272	Diane Butler	F	F40-49	48	Bloomfield	11:58	01:20	1:15:12	01:37	45:06	2:15:13

F50-59

1	163	Tiina Kriisa-Leo	F	F50-59	51	Rochester	06:50	01:35	0:53:07	00:35	32:41	1:34:48
2	267	Deb Wordingham	F	F50-59	55	Prattsburgh	09:04	02:48	0:55:08	01:27	29:18	1:37:44
3	243	Gretchen Stahlman	F	F50-59	50	Fairport	09:02	01:53	0:53:53	01:18	34:05	1:40:11
4	108	Pam Cooper-Vince	F	F50-59	57	Rochester	06:28	03:04	0:56:43	01:05	33:27	1:40:48
5	274	Lynn Maxim	F	F50-59	55	Pittsford	08:32	02:13	0:56:21	01:40	32:41	1:41:28
6	270	Carla Froehler	F	F50-59	54	Pittsford	09:33	03:08	0:57:19	02:40	29:08	1:41:49
7	52	Barbara Parmeter	F	F50-59	52	Macedon	07:26	03:08	1:07:49	02:07	41:33	2:02:03
8	178	Bev Zwick	F	F50-59	55	Honeoye	09:02	04:26	1:15:56	02:47	44:20	2:16:32

F60UP

1	327	Pat Edwards	F	F60-69	67	Bliss	14:56	05:06	1:12:43	01:31	41:26	2:15:42
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M19UNDER

1	308	Bryan Dooley	M	M19UNDER	19	Pittsford	05:46	02:13	0:45:56	00:58	20:36	1:15:30
2	257	Brian Brodine	M	M19UNDER	19	Rochester	06:26	00:38	0:45:39	01:07	23:45	1:17:35

3	317	Reed Likly	M	M19UNDER	13	Pittsford	06:45	02:02	0:46:01	00:44	23:05	1:18:38
4	203	Adam Swayze	M	M19UNDER	16	Pittsford	06:35	01:46	0:49:45	00:38	23:32	1:22:17
5	226	Matt Van Vleck	M	M19UNDER	13	Pittsford	06:59	01:38	0:51:07	00:45	21:57	1:22:25
6	160	Ethan Kirk	M	M19UNDER	19	Boonville	08:16	01:08	0:47:41	00:52	25:37	1:23:35
7	112	Greg Casto	M	M19UNDER	15	Pittsford	06:35	01:57	0:50:46	01:16	26:56	1:27:29
8	222	Gavin Hess	M	M19UNDER	14	Pittsford	06:40	01:07	0:47:21	00:39	32:11	1:27:58
9	87	Richard Marron	M	M19UNDER	19	Pittsford	06:01	01:38	0:53:16	00:43	27:58	1:29:35
10	341	Andy Zaso	M	M19UNDER	17	Mt Morris	07:23	02:35	1:06:52	00:43	24:57	1:42:31
11	159	Dylan Hitchcock	M	M19UNDER	14	Fairport	06:44	02:52	1:01:27	00:35	36:29	1:48:07
12	263	Marcus Catlin	M	M19UNDER	19	Brockport	07:04	02:21	1:05:39	00:54	32:34	1:48:32
13	175	Taylor Parmeter	M	M19UNDER	17	Fabius	09:57	04:02	1:07:27	01:05	29:38	1:52:09
14	300	John Tolley	M	M19UNDER	14	Pittsford	11:09	00:32	0:58:32	00:54	42:16	1:53:23
15	100	Luke Polito	M	M19UNDER	15	Mt. Morris	05:05	02:01	1:19:23	00:43	28:14	1:55:27
16	306	Ben Metzger	M	M19UNDER	13	Webster	05:58	04:15	1:13:22	01:27	36:00	2:01:03
17	334	Matt Tanchick	M	M19UNDER	14	Pittsford	04:13	01:21	1:29:10	00:45	26:03	2:01:31
18	326	Alexander Maxon	M	M19UNDER	19	Brockport	06:49	02:56	1:19:16	00:35	38:42	2:08:18

M20-29

1	337	Andrew Baxter	M	M20-29	23	Webster	04:45	00:48	0:44:15	00:55	23:13	1:13:56
2	83	Nicholas Kirk	M	M20-29	24	Boonville	05:55	00:56	0:45:24	00:37	23:44	1:16:37
3	206	Seth Torrice	M	M20-29	21	Oswego	07:43	01:49	0:42:10	01:26	24:08	1:17:16
4	43	Kevin Lutz	M	M20-29	25	East Rochester	05:36	02:05	0:45:39	01:19	23:48	1:18:28
5	310	Mike Anthony	M	M20-29	24	Rochester	06:52	01:41	0:42:45	01:13	26:23	1:18:54
6	88	Marc Deeley	M	M20-29	20	Pittsford	07:06	02:13	0:46:24	01:19	24:38	1:21:40
7	197	William Hammond	M	M20-29	28	Macedon	06:55	02:13	0:48:53	00:42	23:35	1:22:19
8	69	Michael Strommer	M	M20-29	29	Williamson	05:42	01:45	0:47:41	01:04	27:06	1:23:19
9	89	Justin Stevens	M	M20-29	21	East Rochester	05:35	01:25	0:50:15	01:33	24:56	1:23:43
10	152	Allen Paynter	M	M20-29	21	Pittsford	09:00	00:47	0:48:24	00:32	25:09	1:23:53
11	252	Joshua Baker	M	M20-29	24	Henrietta	07:21	01:58	0:51:39	00:39	23:36	1:25:13
12	117	Adam Wietzel	M	M20-29	21	Pittsford	06:18	02:23	0:53:11	00:44	23:40	1:26:16
13	350	Andrew Simpson	M	M20-29	20	N. Tonawanda	07:26	01:27	0:50:46	00:35	28:05	1:28:18
14	8	John Liobe	M	M20-29	28	Pittsford	04:55	02:20	0:55:24	01:06	26:22	1:30:07
15	63	Matthew Stone	M	M20-29	20	Pittsford	06:38	03:33	0:53:02	01:33	26:29	1:31:15
16	290	Richard Ashford	M	M20-29	23	Rochester	09:55	02:37	0:44:51	02:02	32:21	1:31:46
17	93	Brent Gotie	M	M20-29	26	Pittsford	08:09	02:47	0:55:18	01:12	28:12	1:35:38
18	251	Donald Bajohr	M	M20-29	25	Henrietta	07:39	01:50	0:57:04	01:00	28:57	1:36:31
19	367	Preston Teague	M	M20-29	28	Buffalo	07:44	03:14	0:57:13	00:49	29:18	1:38:18
20	124	Sean Fallon	M	M20-29	27	Rochester	07:39	01:43	0:56:57	01:22	31:05	1:38:45
21	169	Charles Paynter	M	M20-29	23	Pittsford	10:31	00:37	1:02:07	00:42	29:35	1:43:31
22	154	Jason Kane	M	M20-29	26	Pittsford	06:57	01:44	1:09:19	00:47	30:37	1:49:23
23	342	Geoffrey Wilkinson	M	M20-29	27	Tonawanda	05:57	06:38	1:07:38	05:29	37:35	2:03:18

M30-39

1	19	Andrew Kaltenbach	M	M30-39	38	Pittsford	04:44	01:10	0:39:11	00:42	23:31	1:09:19
2	329	Paul Cupo	M	M30-39	39	Pittsford	05:54	00:50	0:40:54	00:46	22:19	1:10:43
3	30	Douglas Mauro	M	M30-39	36	Pittsford	04:47	00:35	0:41:35	00:32	23:31	1:10:59
4	74	Ricardo Figueroa	M	M30-39	35	Macedon	05:32	00:46	0:43:58	00:50	24:15	1:15:21
5	158	Andrew Caffrey	M	M30-39	31	Rochester	07:04	02:09	0:44:20	01:31	22:13	1:17:16
6	11	Chris Burke	M	M30-39	39	Pittsford	05:02	01:41	0:44:06	01:33	25:06	1:17:28
7	35	Dan Aken	M	M30-39	33	Penfield	05:53	00:39	0:46:21	00:39	23:57	1:17:30
8	126	Craig Fitzgerald	M	M30-39	39	Pittsford	06:57	01:51	0:42:48	01:53	24:05	1:17:34
9	106	Roger Bolton	M	M30-39	39	Albion	06:33	01:17	0:44:41	01:43	23:47	1:18:02
10	75	Mike Norton	M	M30-39	37	Pittsford	06:17	00:57	0:43:11	00:43	27:29	1:18:37

11	51	James Gardner	M	M30-39	36	Pittsford	06:11	01:10	0:46:14	00:41	25:27	1:19:43
12	130	Andrew Corey	M	M30-39	32	Honeoye Falls	05:46	01:18	0:47:10	02:12	23:24	1:19:50
13	13	Joel McFarland	M	M30-39	33	Fairport	04:34	01:37	0:45:48	01:30	26:42	1:20:11
14	33	Mark Shaw	M	M30-39	37	Victor	05:26	01:25	0:45:24	01:15	26:47	1:20:17
15	138	Christopher Lopez	M	M30-39	39	Rochester	06:25	02:05	0:48:24	01:07	23:09	1:21:10
16	291	Alan Embrey	M	M30-39	37	Webster	07:22	01:20	0:48:54	00:44	24:07	1:22:27
17	125	Daniel Yawman	M	M30-39	37	Rochester	06:02	01:53	0:47:22	01:11	26:46	1:23:14
18	362	Brian Moorman	M	M30-39	33	Buffalo	07:15	02:03	0:47:57	01:29	26:34	1:25:18
19	92	James Treuthart	M	M30-39	38	Rochester	06:07	02:00	0:48:03	00:59	29:07	1:26:17
20	259	James Strauch	M	M30-39	38	Pittsford	08:06	02:01	0:50:15	00:52	25:46	1:27:00
21	55	Dustin Riccio	M	M30-39	32	Pittsford	06:43	03:55	0:51:34	01:08	24:36	1:27:57
22	322	Ravi Agarwala	M	M30-39	39	Pittsford	07:38	01:49	0:49:05	01:36	27:51	1:27:59
23	214	John MacArthur	M	M30-39	34	Fairport	08:15	03:16	0:48:41	01:52	26:37	1:28:41
24	73	Benjamin Vetter	M	M30-39	31	Walworth	05:35	01:12	0:52:28	00:46	29:40	1:29:40
25	121	Brian Kress	M	M30-39	36	Rochester	06:45	01:51	0:49:55	00:52	30:33	1:29:57
26	127	Jon Rodibaugh	M	M30-39	32	Rochester	06:45	02:43	0:51:58	01:30	28:16	1:31:12
27	136	Joshua Pulver	M	M30-39	33	Red Creek	06:43	02:57	0:53:21	01:15	27:22	1:31:38
28	262	Timothy Karch	M	M30-39	32	Penfield	07:24	01:41	0:54:32	00:53	28:22	1:32:52
29	363	Rian Lindell	M	M30-39	32	Buffalo	07:12	01:41	0:54:54	00:51	28:17	1:32:55
30	16	Todd Palmer	M	M30-39	36	Rochester	04:48	02:24	0:54:18	01:30	29:56	1:32:56
31	304	Andy Nudd	M	M30-39	33	Walworth	06:04	01:25	0:48:03	01:02	37:09	1:33:43
32	149	Robert Weiner	M	M30-39	39	Pittsford	07:04	03:41	0:57:30	01:21	25:23	1:35:00
33	331	Matt Asquino	M	M30-39	32	Honeoye	07:40	03:24	0:52:51	01:50	30:17	1:36:02
34	114	Christopher Davis	M	M30-39	37	Pittsford	07:47	03:48	0:53:04	02:45	29:06	1:36:30
35	352	Chris Brown	M	M30-39	37	Lancaster	06:52	01:42	1:00:32	00:34	28:14	1:37:55
36	180	Paul Kessler	M	M30-39	38	Pittsford	08:03	02:03	0:56:46	02:37	28:31	1:38:01
37	168	Jeffrey Schwartzman	M	M30-39	36	Pittsford	07:01	03:24	0:52:53	02:58	32:57	1:39:13
38	348	Timothy Rich	M	M30-39	39	Fairport	11:16	01:41	0:56:40	06:09	29:14	1:45:00
39	234	Eric Perlman	M	M30-39	38	Pittsford	07:54	02:21	1:01:46	00:42	35:28	1:48:10
40	205	Daniel Schermerhorn	M	M30-39	34	Hilton	08:05	02:11	1:07:00	00:51	33:54	1:52:01
41	246	Paul Benson	M	M30-39	39	Penfield	09:56	03:57	0:57:02	03:39	39:25	1:54:00
42	189	Nicholas Henry	M	M30-39	34	Pittsford	08:20	04:12	1:10:36	01:27	34:17	1:58:52
43	345	Todd Markevicz	M	M30-39	33	Pittsford	10:17	03:47	1:15:32	01:01	28:28	1:59:04

M40-49

1	31	Horia Neamtu	M	M40-49	45	Webster	04:58	01:05	0:41:08	00:49	21:29	1:09:29
2	72	James Roche	M	M40-49	48	Fairport	05:45	00:33	0:42:52	00:27	22:04	1:11:41
3	98	Peter Woodams	M	M40-49	47	Pittsford	06:01	01:12	0:42:43	00:47	24:34	1:15:18
4	295	Tim Dwyer	M	M40-49	49	Rochester	07:13	02:30	0:44:47	00:25	20:29	1:15:22
5	146	John Galbraith	M	M40-49	43	Pittsford	06:30	00:48	0:41:35	00:37	26:13	1:15:44
6	313	Mike Moreland	M	M40-49	46	Bloomfield	05:20	00:53	0:44:43	00:56	24:41	1:16:31
7	336	Steve Vankerkhove	M	M40-49	46	Webster	06:15	01:49	0:42:50	01:02	24:51	1:16:46
8	41	Michael Valleriano	M	M50-59	50	Webster	07:01	00:32	0:43:45	00:38	25:50	1:17:45
9	105	Bill Hardy	M	M40-49	46	Fairport	04:58	01:36	0:43:56	00:42	27:24	1:18:36
10	7	John Allen	M	M40-49	42	Pittsford	04:31	01:58	0:47:42	00:32	23:53	1:18:37
11	64	Carl Hopfinger	M	M40-49	41	Pittsford	05:47	01:23	0:44:56	00:53	26:27	1:19:26
12	302	Rob Hilton	M	M40-49	40	Fairport	05:30	01:07	0:45:03	00:36	27:41	1:19:57
13	80	Peter Hallagan	M	M40-49	45	Pittsford	06:28	02:00	0:43:15	01:18	27:33	1:20:34
14	335	Jeff Hefner	M	M40-49	44	Pittsford	06:41	02:37	0:47:12	01:33	25:19	1:23:22
15	132	Daniel Keefe	M	M40-49	47	Cincinnati	06:37	01:39	0:49:44	00:27	25:04	1:23:31
16	320	Michael Suchan	M	M40-49	43	Macedon	06:40	00:58	0:48:21	00:48	26:55	1:23:42
17	324	Joaquim Flores	M	M40-49	43	Rochester	05:53	02:09	0:48:13	00:50	28:24	1:25:29
18	77	Jon Barleben	M	M40-49	40	Albion	06:06	01:08	0:48:19	00:46	29:11	1:25:30

19	110	Dirk Bohmann	M	M40-49	48	Pittsford	06:54	02:20	0:44:58	01:15	30:43	1:26:09
20	162	John Roberts	M	M40-49	45	Pittsford	07:45	02:15	0:49:41	00:36	25:54	1:26:10
21	58	Brett Sobieraski	M	M40-49	42	Kent	05:31	02:16	0:51:34	00:50	26:10	1:26:19
22	323	Joao Flores	M	M40-49	43	Greece	06:27	02:27	0:46:32	01:20	29:36	1:26:23
23	140	Richard Schenkel	M	M40-49	43	Pittsford	07:34	01:31	0:47:21	00:58	29:17	1:26:40
24	344	Joseph Dooley	M	M40-49	48	Pittsford	06:09	03:03	0:49:05	01:50	27:17	1:27:23
25	228	Joe Modrak	M	M40-49	47	Pittsford	07:47	03:03	0:49:13	01:26	26:08	1:27:37
26	164	Timothy OConnor	M	M40-49	44	Rochester	07:42	02:27	0:52:23	00:40	25:57	1:29:09
27	204	Marc Fiore	M	M40-49	41	Webster	06:15	01:42	0:54:22	01:24	26:23	1:30:06
28	137	Geoff Reed	M	M40-49	46	Pittsford	06:31	02:25	0:52:54	01:46	27:40	1:31:17
29	150	Jerry Connolly	M	M40-49	40	Pittsford	06:54	02:49	0:53:06	01:39	26:54	1:31:23
30	148	Craig Miller	M	M40-49	42	Pittsford	06:29	02:02	0:56:20	00:49	26:33	1:32:13
31	230	David Simpson	M	M40-49	46	Livonia	08:08	02:29	0:53:31	01:07	27:04	1:32:18
32	81	David Harvey	M	M40-49	49	Albion	07:14	00:57	0:57:04	00:31	26:42	1:32:28
33	212	Tom Shone	M	M40-49	46	Honeoye Falls	08:16	02:49	0:50:37	02:11	29:09	1:33:02
34	153	Adam Henby	M	M40-49	42	Pittsford	07:46	02:26	0:53:19	01:46	28:01	1:33:18
35	50	Kenneth Johnson	M	M40-49	44	Canandaigua	07:05	01:37	0:53:32	02:17	29:07	1:33:39
36	250	David Thomann	M	M40-49	41	Webster	09:56	02:48	0:51:24	00:58	28:41	1:33:47
37	120	Richard Voci	M	M40-49	40	Webster	06:49	01:33	0:53:10	01:22	31:41	1:34:35
38	34	Will Tap	M	M40-49	41	Pittsford	05:21	01:34	0:58:00	01:48	28:11	1:34:54
39	103	Jeffrey Rice	M	M40-49	47	Fairport	06:16	01:53	0:54:52	01:19	31:36	1:35:57
40	172	Michael Colletta	M	M40-49	46	Spencerport	07:53	02:23	0:50:25	01:09	34:16	1:36:06
41	40	Todd Rath	M	M40-49	46	Penfield	05:15	01:14	0:56:10	00:53	33:13	1:36:44
42	319	Gavin Rigg	M	M40-49	48	Rochester	09:08	02:39	0:50:55	02:10	32:50	1:37:40
43	233	Peter Gines	M	M40-49	40	Pittsford	08:14	02:42	0:56:20	00:40	29:46	1:37:42
44	351	Marty Battaglia	M	M40-49	41	E. Amherst	07:55	01:47	0:54:38	01:37	32:17	1:38:15
45	237	John Zaepfel	M	M40-49	47	Pittsford	08:21	02:44	0:55:27	01:02	31:48	1:39:24
46	166	Andrew Rudmann	M	M40-49	43	Pittsford	07:21	02:59	0:57:02	02:25	29:59	1:39:46
47	207	Jeff Czajka	M	M40-49	42	Rochester	07:09	02:51	0:58:19	00:56	31:13	1:40:28
48	147	John Natale	M	M40-49	41	Fairport	07:00	02:21	1:01:38	00:41	29:17	1:40:56
49	361	Greg Morog	M	M40-49	43	Williamsville	07:09	02:11	0:56:56	00:43	34:44	1:41:42
50	193	Marc Garcia	M	M40-49	40	Fairport	08:02	01:47	0:56:25	01:50	34:17	1:42:21
51	281	Barry Cherney	M	M40-49	42	Rochester	09:51	03:09	0:52:58	02:59	35:06	1:44:03
52	144	Gerald Murphy	M	M40-49	45	Rochester	06:27	04:26	0:56:31	01:42	36:28	1:45:34
53	143	Sean Murphy	M	M40-49	41	Pittsford	08:19	02:58	0:56:34	01:19	36:40	1:45:50
54	186	Kevin Wynn	M	M40-49	43	Webster	07:19	06:29	0:56:09	03:49	32:16	1:46:02
55	236	Ed Marsh	M	M40-49	43	Webster	08:23	04:54	1:00:09	03:17	32:28	1:49:11
56	301	Paul Tolley	M	M40-49	43	Pittsford	09:01	02:24	0:58:11	01:21	42:13	1:53:09
57	28	Kevin Curran	M	M40-49	44	Rochester	06:46	03:16	1:03:41	02:35	38:02	1:54:21
58	185	Dan Cardwell	M	M40-49	45	Webster	09:59	03:13	1:04:13	02:04	36:59	1:56:28
59	240	Richard Laudisi	M	M40-49	49	Rochester	14:03	03:19	1:08:49	01:12	29:36	1:57:00
60	220	Raymond Rossiter	M	M40-49	46	Rochester	10:37	03:36	1:04:17	01:54	36:54	1:57:17
61	261	Eric Knappenberger	M	M40-49	40	Webster	07:59	03:22	1:09:42	02:08	40:16	2:03:27
62	307	David Metzger	M	M40-49	48	Webster	10:10	03:31	1:09:43	01:24	43:21	2:08:09

M50-59

1	21	Dennis Moriarty	M	M50-59	52	Webster	05:10	00:41	0:41:32	00:44	22:07	1:10:14
2	338	Michael Baxter	M	M50-59	53	Webster	05:13	01:00	0:44:11	00:54	24:41	1:15:59
3	45	Dan English	M	M50-59	51	Pittsford	05:38	01:52	0:45:37	01:04	25:06	1:19:17
4	38	Ted Karnath	M	M50-59	51	Elmira	05:00	01:10	0:44:55	01:06	28:25	1:20:38
5	303	Jeremy Haefner	M	M50-59	51	Rochester	05:45	00:58	0:48:38	01:00	24:18	1:20:40
6	49	Paul Von Ebers	M	M50-59	56	Pittsford	06:47	02:00	0:47:12	01:34	27:45	1:25:18
7	340	Bob Hamilton	M	M50-59	52	Lyons	07:44	02:14	0:50:43	00:27	24:19	1:25:27

8	95	Ralph Manchester	M	M50-59	55	Rochester	06:45	02:15	0:46:20	02:05	29:42	1:27:07
9	339	Marty MacDonald	M	M50-59	50	Pittsford	05:33	02:55	0:47:58	01:55	29:07	1:27:28
10	86	Bill Wiley	M	M50-59	53	Sherrill	06:36	01:51	0:50:05	02:03	28:19	1:28:54
11	171	Mike Goldman	M	M50-59	54	Pittsford	07:13	03:14	0:50:22	01:49	26:23	1:29:00
12	151	Glenn Paynter	M	M50-59	50	Pittsford	09:02	01:00	0:49:32	00:48	29:02	1:29:24
13	111	James Tortorici	M	M50-59	58	Pittsford	07:20	01:47	0:52:01	00:50	27:38	1:29:36
14	47	Tom Merkel	M	M50-59	57	Rochester	06:10	02:32	0:48:22	01:58	31:29	1:30:31
15	70	Thomas Pavone	M	M50-59	53	Rochester	06:00	02:47	0:48:54	02:20	32:36	1:32:36
16	194	Al Bradley	M	M50-59	51	Rochester	08:26	02:40	0:53:47	01:25	27:32	1:33:50
17	20	Dean Stevens	M	M50-59	57	Derby	05:28	02:17	0:50:44	02:34	35:01	1:36:04
18	332	Roger Brandt	M	M50-59	50	Pittsford	07:33	02:19	0:53:57	01:18	31:22	1:36:29
19	157	Roger Vince	M	M50-59	57	Rochester	07:44	01:47	0:55:06	00:59	32:38	1:38:14
20	235	Glenn Prince	M	M50-59	51	Palmyra	11:33	03:19	0:51:29	03:10	30:54	1:40:26
21	91	Brian Ferries	M	M50-59	50	Brockport	05:56	02:49	0:57:01	02:05	32:41	1:40:32
22	71	Steve Maddox	M	M50-59	51	Pittsford	06:31	02:48	0:56:57	01:20	33:33	1:41:09
23	260	James Allchin	M	M50-59	54	Penfield	12:15	02:05	0:56:20	00:57	30:55	1:42:32
24	239	Joel Montione	M	M50-59	54	Pittsford	20:53	02:27	0:48:30	02:03	28:39	1:42:32
25	123	Jeffrey Tyler	M	M50-59	55	Pittsford	07:18	05:53	0:58:59	05:50	27:26	1:45:26
26	122	Jeffrey Weber	M	M50-59	54	Rochester	07:15	03:00	1:05:50	01:05	37:17	1:54:27
27	68	Ronald Witkop	M	M50-59	53	Albion	06:41	03:42	1:05:09	01:50	39:03	1:56:26
28	364	Bobby April	M	M50-59	56	Buffalo	11:33	01:16	1:08:55	01:04	37:04	1:59:52
29	284	Dan Wigg	M	M50-59	56	Bloomingtondale	09:47	03:01	1:09:50	03:04	40:32	2:06:14

M60UP

1	109	Peter Shea	M	M60UP	63	Ionia	08:58	01:19	0:48:28	01:24	30:19	1:30:29
2	183	John Leshner	M	M60UP	64	Sherrill	07:45	02:21	0:51:28	01:54	30:03	1:33:32
3	202	Jim Bennett	M	M60UP	60	Rochester	07:15	02:51	0:56:11	01:19	32:13	1:39:50
4	173	Harvey Stoler	M	M60UP	62	Penfield	08:55	05:51	1:16:08	02:38	44:19	2:17:50

Team

1	325	Team Weiler	T	Team	T	Pittsford	06:51	00:33	0:40:52	00:27	23:25	1:12:08
2	18	Team Baker	T	Team	T	Fairport	04:49	00:39	0:50:05	00:29	26:40	1:22:42
3	10	Team Wilkins	T	Team	T	Pittsford	04:15	00:35	0:54:26	00:50	30:21	1:30:28
4	65	Team Maloy	T	Team	T	East Rochester	07:13	00:44	0:49:43	00:34	32:14	1:30:28
5	67	Team Ovitt	T	Team	T	Pittsford	05:35	00:51	0:53:46	00:58	30:51	1:32:01
6	296	Team Aberi	T	Team	T	Rochester	08:09	01:33	0:53:01	00:36	29:21	1:32:39
7	365	Team Wending	T	Team	T	Buffalo	07:43	00:45	0:53:45	00:42	29:58	1:32:53
8	25	Team TEV	T	Team	T	Pittsford	04:31	00:36	1:06:44	00:23	21:52	1:34:06
9	57	Team Surdy Morgan Lasky	T	Team	T	Binghamton	08:06	00:46	0:55:04	00:30	29:51	1:34:17
10	32	Team Rose	T	Team	T	Pittsford	05:01	00:39	1:00:46	00:29	28:25	1:35:21
11	90	Team Shea	T	Team	T	Rochester	06:06	00:40	0:53:04	02:15	33:46	1:35:51
12	328	Team Thremel	T	Team	T	Pittsford	05:20	02:08	1:04:46	00:30	27:12	1:39:56
13	368	Team Williams	T	Team	T	Buffalo	05:47	00:58	0:56:44	01:02	35:27	1:39:58
14	12	Team Grinnell	T	Team	T	Pittsford	04:53	00:46	0:58:58	01:58	37:33	1:44:09
15	297	Team Leckenby	T	Team	T	Rochester	07:18	01:00	1:04:55	00:41	31:26	1:45:20
16	66	Team Vallilee	T	Team	T	Pittsford	06:30	00:36	0:53:45	00:54	43:50	1:45:35
17	209	Senior Plus One	T	Team	T	Albany	07:53	02:53	1:01:11	00:50	33:09	1:45:55
18	191	Die Trying	T	Team	T	Fairport	07:57	00:46	1:04:48	00:52	33:43	1:48:06
19	366	Team Moorman	T	Team	T	Buffalo	07:35	00:45	1:11:03	00:49	39:28	1:59:40
20	36	Team JAT	T	Team	T	Rochester	07:20	00:53	1:29:35	00:44	28:58	2:07:29
21	181	Team What Was I Thinking	T	Team	T	Rochester	07:02	01:02	1:16:28	00:48	47:42	2:13:01
22	299	Team Dearcop	T	Team	T	Pittsford	01:33	10:28	1:28:53		40:36	2:21:30