

YMCA Harborfest 10K
Saturday July 25, 2009 **Oswego, NY**
91 Finishers(39 Female, 52 Male)
Timed by YellowJacket Racing

Pos	Bib	Name	Gender	Class	Age	City	Race	Time	Pace
Overall Female									
1	249	Gretchen Oliver	F	Overall Female	35	Guilderland	10K	0:42:55	06:55
2	292	Carissa Stepien	F	Overall Female	28	Odenton	10K	0:44:24	07:09
3	247	Christine Wimmer	F	Overall Female	31	Manlius	10K	0:45:11	07:17
Overall Male									
1	244	Gregory Stowell	M	Overall Male	32	Auburn	10K	0:33:58	05:28
2	281	Ryan Gilmore	M	Overall Male	20	Oswego	10K	0:35:49	05:46
3	266	Mark Rybinski	M	Overall Male	54	Manlius	10K	0:37:33	06:03
F13-18									
1	261	Tessa Opet	F	F13-18	17	Oswego	10K	1:12:17	11:38
F19-24									
1	230	Kristen Roosa	F	F19-24	22	Syracuse	10K	0:46:05	07:25
2	240	Angela Affronti	F	F19-24	24	Ithaca	10K	0:46:14	07:27
3	257	Ashlie Wilson	F	F19-24	19	Fulton	10K	0:50:10	08:05
4	214	Morgan Goodwin	F	F19-24	20	Oswego	10K	0:58:49	09:28
5	232	Heidi Brown	F	F19-24	21	Sodus	10K	1:07:49	10:55
F25-29									
1	297	Jill Byington	F	F25-29	28	Clayton	10K	0:51:57	08:22
2	213	Erin Robbins	F	F25-29	28	Black River	10K	0:52:53	08:31
3	251	Jennifer May	F	F25-29	27	Cicero	10K	0:54:24	08:46
4	206	Mria Fatiga	F	F25-29	26	Fairport	10K	0:55:13	08:54
5	250	Bridget Kerling	F	F25-29	26	East Syracuse	10K	0:58:08	09:22
6	218	Beth Squire	F	F25-29	28	Syracuse	10K	0:58:29	09:25
7	259	Shawna Opet	F	F25-29	25	Syracuse	10K	1:02:16	10:02
8	290	Monica Lemoine	F	F25-29	26	Watertown	10K	1:04:19	10:21
F30-34									
1	219	Shannon Brandes	F	F30-34	34	Scottsville	10K	0:52:41	08:29
2	242	Melissa Vassenelli	F	F30-34	33	Cicero	10K	0:54:10	08:43
3	265	Kerry OShea	F	F30-34	30	Skaneateles	10K	0:57:12	09:13
4	271	Bridgette Gates	F	F30-34	34	Watertown	10K	0:59:16	09:33
5	234	Christy Falso	F	F30-34	31	Cazenovia	10K	0:59:46	09:38
6	226	Stephanie Finch	F	F30-34	34	Oswego	10K	1:01:25	09:53
7	241	Kathryn Barresse	F	F30-34	31	Syracuse	10K	1:06:07	10:39
8	222	Carol Phillips	F	F30-34	32	Schenectady	10K	1:08:44	11:04
F35-39									
1	264	Meghan Leonardis	F	F35-39	35	Skaneateles	10K	0:57:12	09:13
2	285	Sue Dunn	F	F35-39	39	Mexico	10K	1:02:08	10:00
F40-44									
1	236	Karen Allen-Turner	F	F40-44	41	Oswego	10K	0:45:42	07:22
2	231	Mary Jo Maranghi	F	F40-44	43	Grants Pass	10K	0:53:16	08:35

F45-49									
1	293	Carrie Piasce	F	F45-49	47	Osney	10K	0:58:49	09:28
2	229	Jackie Koster	F	F45-49	45	Oswego	10K	1:00:33	09:45
3	246	Kimberly Hartnett	F	F45-49	49	Cazenovia	10K	1:02:17	10:02
4	248	Tami Kinney	F	F45-49	46	Oswego	10K	1:04:21	10:22
5	215	Florence Lederle	F	F45-49	47	Central Square	10K	1:05:44	10:35
6	262	Denise Opet	F	F45-49	49	Oswego	10K	1:12:18	11:38
F50-54									
1	204	Linda Owens	F	F50-54	51	Liverpool	10K	0:52:30	08:27
2	243	Mary Baker	F	F50-54	52	Columbia	10K	0:53:39	08:38
F60-64									
1	205	Ruth Ripley	F	F60-64	62	Pennellville	10K	0:58:58	09:30
M13-18									
1	268	Patrick Shafer	M	M13-18	18	Oswego	10K	0:46:46	07:32
2	255	Graham Rogers	M	M13-18	18	Little Falls	10K	0:47:02	07:34
M19-24									
1	275	Jesse Weiner	M	M19-24	24	Slatington	10K	0:45:31	07:20
M25-29									
1	282	Josh Molinari	M	M25-29	28	Oswego	10K	0:38:25	06:11
2	272	Ricky Gates	M	M25-29	29	Watertown	10K	0:44:56	07:14
3	220	Nate Sweet	M	M25-29	29	Oswego	10K	0:45:05	07:16
4	224	Brian Gallagher	M	M25-29	28	Middletown	10K	0:47:06	07:35
5	233	Daniel Accumanno	M	M25-29	28	Parish	10K	0:48:00	07:44
6	216	Ronald Phillips	M	M25-29	28	Oswego	10K	0:52:52	08:31
7	221	Micah Ilowit	M	M25-29	28	Oneonta	10K	0:56:42	09:08
8	291	Matt Cooley	M	M25-29	26	Watertown	10K	1:07:54	10:56
M30-34									
1	289	Kevin Brutsch	M	M30-34	33	Lafayette	10K	0:45:47	07:22
2	253	Ben Gardner	M	M30-34	31	Syracuse	10K	0:50:41	08:10
3	288	Nathan Morey	M	M30-34	33	Massapequa	10K	0:52:17	08:25
4	267	Brian Clifford	M	M30-34	30	Oswego	10K	0:55:41	08:58
M35-39									
1	254	Scott Johnson	M	M35-39	35	Syracuse	10K	0:42:21	06:49
2	269	Robert Worrall	M	M35-39	37	Syracuse	10K	1:00:16	09:42
3	225	Brian Finch	M	M35-39	39	Oswego	10K	1:01:25	09:53
M40-44									
1	298	David Farrell	M	M40-44	42	Brewerton	10K	0:42:32	06:51
2	279	Mark Jauquet	M	M40-44	42	Ovid	10K	0:47:07	07:35
3	258	Gary Wilson	M	M40-44	41	Fulton	10K	0:48:54	07:53
4	299	J. Stephen Mustico	M	M40-44	41	Sterling	10K	0:50:25	08:07
5	287	Pete Cullinan	M	M40-44	42	Oswego	10K	0:55:59	09:01
M45-49									
1	284	Ed Lindo	M	M45-49	48	Fulton	10K	0:39:50	06:25
2	278	Gary Daniels	M	M45-49	46	Pennellville	10K	0:45:23	07:18
3	237	Russell Turner	M	M45-49	47	Oswego	10K	0:45:42	07:22

4	208 Tom Kearns	M	M45-49	49	Fort Worth	10K	0:46:11	07:26
5	286 Chuck Kessler	M	M45-49	46	Oswego	10K	0:50:12	08:05
6	296 Mark Humphrey	M	M45-49	45	Oswego	10K	0:51:29	08:17
7	294 Rick Plasse	M	M45-49	49	Oswego	10K	0:52:25	08:26
8	209 Michael Kearns	M	M45-49	48	Oswego	10K	0:55:27	08:56
9	252 Conrad Law	M	M45-49	49	Whitesboro	10K	0:57:03	09:11
10	260 Thomas Opet	M	M45-49	49	Oswego	10K	1:00:40	09:46

M50-54

1	277 Terrence Doyle	M	M50-54	50	Syracuse	10K	0:40:18	06:29
2	276 Rick Moore	M	M50-54	53		10K	0:46:56	07:33
3	270 Ron Nelson	M	M50-54	53	Oswego	10K	0:47:27	07:38
4	238 Mark Peters	M	M50-54	52	Manlius	10K	0:50:54	08:12
5	227 Ronald Spencer	M	M50-54	50	Central Square	10K	0:52:14	08:25
6	274 Tom Hetzer	M	M50-54	51	Sandy Creek	10K	0:52:52	08:31
7	228 James Maniccia	M	M50-54	50	Oswego	10K	0:52:57	08:32
8	245 Peter Hartnett	M	M50-54	53	Cazenovia	10K	1:19:16	12:46

M55-59

1	211 Keith Ridgeway	M	M55-59	58	Mannsville	10K	0:51:21	08:16
2	223 Paul Chwalek	M	M55-59	55	Oswego	10K	0:52:43	08:29
3	273 Christopher Barry	M	M55-59	57	Newark	10K	0:52:51	08:31
4	210 David Mirabito	M	M55-59	59	Fulton	10K	0:58:42	09:27
5	235 Charles Smith	M	M55-59	59	Clayton	10K	1:00:57	09:49

M60-64

1	280 Henry Mihalek	M	M60-64	60	Fulton	10K	0:52:48	08:30
2	256 Thomas Tracy	M	M60-64	60	Cicero	10K	0:55:00	08:51

M70UP

1	207 Bob Connelly	M	M70UP	70	Oswego	10K	1:07:49	10:55
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