

**Henderson Harbor Triathlon**  
**Saturday, July 11th Henderson Harbor, NY**  
**Timed by YellowJacket Racing**

**Total Finishers - 99 (Male - 59, Female - 29, Team - 11)**

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	SwimTm	T1Tm	BikeTm	T2Tm	RunTm	TotalTm
1	207	Travis Kuhl	M		1	Overall Male	34	Lowville	09:44	0:38:32	00:35	23:10	1:12:01	
2	209	Andy Powell	M		2	M35-39	36	Marcellus	10:12	0:38:44	00:33	25:03	1:14:31	
3	237	John Roadarmel	M		3	M40-44	41	Jamesville	09:09	0:40:29	00:42	25:47	1:16:07	
4	222	Robert Kenney	M		4	M35-39	35	LaFayette	09:46	0:40:56	00:34	25:21	1:16:37	
5	164	Dennis Moriarty	M		5	M50-54	52	Webster	10:13	0:41:57	00:35	25:14	1:17:59	
6	224	Eric Virkler	M		6	M40-44	44		09:04	0:42:49	00:38	26:26	1:18:57	
7	167	Dave Burger	M		7	M40-44	41	Pennellville	12:03	01:11	0:39:34	00:41	25:46	1:19:15
8	370	Lauren/Steven/Nathan Jamieson/Fritton/Traynor	Team		1	T0-29			12:25	00:29	0:44:17	00:23	22:32	1:20:07
9	196	Scott Sears	M		8	M40-44	42	Clay	10:15	01:05	0:40:55	00:50	27:15	1:20:19
10	190	Kelsey Brady	M		9	M0-19	15	Carthage	09:32	0:43:57	00:39	26:44	1:20:53	
11	191	James Brady	M		10	M40-44	42	Carthage	12:18	00:59	0:43:12	00:34	24:24	1:21:27
12	168	Sean Severance	M		11	M40-44	42	Central Square	12:37	01:02	0:41:08	00:51	26:26	1:22:04
13	184	Steve Winslow	M		12	M45-49	48	Manlius	11:04	01:53	0:41:04	00:59	27:22	1:22:21
14	221	Julie Rosa	F		1	Overall Female	34	LaFayette	10:30	0:43:40	00:35	28:42	1:23:26	
15	162	Robert Chimento	M		13	M30-34	31	Baldwinsville	10:01	0:43:21	00:48	29:20	1:23:30	
16	231	Tim Reardon	M		14	M55+	60	Watertown	10:28	0:45:18	00:57	28:05	1:24:47	
17	236	Jeff Kellogg	M		15	M45-49	46	Adams Center	11:57	01:19	0:41:26	00:58	30:26	1:26:06
18	249	Jamie Campbell	M		16	M30-34	34	Syracuse	14:07	01:42	0:42:17	01:21	27:01	1:26:28
19	483	Mark/Danielle Gebo/George Emrich Rutledge	Team		2	T30-49	34	Watertown	11:34	00:28	0:45:55	00:25	28:13	1:26:35
20	244	Jeff DuBois	M		17	M25-29	29	Ithaca	12:32	01:10	0:46:59	00:47	26:18	1:27:46
21	217	Paul Ashbarry	M		18	M45-49	48	Baldwinsville	13:54	01:27	0:43:18	00:38	28:34	1:27:52
22	177	Michael Baxter	M		19	M50-54	54	Webster	10:59	0:46:13	01:06	30:27	1:28:45	
23	232	John Logan	M		20	M40-44	40	Skaeneateles	12:08	01:05	0:42:25	00:48	33:11	1:29:37
24	216	Court Wilson	M		21	M30-34	34	Manlius	11:08	01:35	0:47:08	00:53	29:44	1:30:27
25	193	Patrick Turley	M		22	M45-49	46	Syracuse	11:47	01:19	0:45:28	01:36	30:39	1:30:49
26	203	Aaron Arntson	M		23	M25-29	25	Fort Drum	11:10	01:25	0:47:48	00:48	29:53	1:31:04
27	246	Jeffrey Hanna	M		24	M25-29	27	Manlius	13:24	01:24	0:47:26	00:56	28:42	1:31:52
28	247	Jordan Hoffman	M		25	M0-19	15	Watertown	14:09	01:42	0:45:38	01:30	29:03	1:32:02
29	169	Kevin Neville	M		26	M40-44	44	Syracuse	11:24	01:24	0:49:34	01:03	29:08	1:32:34
30	219	Paul Smarsh	M		27	M50-54	50	North Chili	12:46	02:28	0:47:06	01:21	29:40	1:33:20
31	187	Maryjo Swizdor	F		2	F40-44	44	Jamesville	13:59	01:50	0:46:35	01:08	29:59	1:33:31
32	175	Steven Plante	M		28	M50-54	53	Fayetteville	12:14	02:09	0:45:43	01:03	32:41	1:33:50
33	245	Scott Randall	M		29	M20-24	24	Henderson	15:18	03:12	0:48:16	00:27	27:02	1:34:15
34	223	Doug Luke	M		30	M50-54	54	Cicero	12:21	02:08	0:44:08	01:38	34:11	1:34:25
35	243	Kevin Hayes	M		31	M35-39	39	Fulton	15:10	02:45	0:45:01	01:31	30:02	1:34:29
36	200	Kurt Allen	M		32	M40-44	43	Blossvale	13:13	01:25	0:44:48	01:15	33:48	1:34:30
37	157	Ann Marie Lozito	F		3	F40-44	42	Syracuse	09:16	0:50:10	00:55	34:11	1:34:30	
38	183	Barry Mattoon	M		33	M45-49	48	Tupper Lake	17:03	02:31	0:51:50	01:33	21:48	1:34:46
39	181	Jimmy Burns	M		34	M40-44	41	Syracuse	13:36	01:39	0:47:59	01:08	30:27	1:34:50
40	197	Kevin Bower	M		35	M30-34	30	Syracuse	13:20	02:14	0:47:24	01:35	30:49	1:35:21
41	199	Kyle Saissein	M		36	M25-29	29	Snyder	13:44	03:09	0:50:12	01:50	27:06	1:36:02
42	172	Tom Chappell	M		37	M45-49	45	Cortland	15:16	01:49	0:48:39	01:29	28:50	1:36:04
43	165	George Stanley, Jr	M		38	M40-44	42	Syracuse	12:49	00:46	0:50:25	00:44	31:26	1:36:11
44	239	David Kalt	M		39	M50-54	52	Freeville	13:15	01:49	0:49:10	00:58	31:10	1:36:21
45	160	Betsy Nicol	F		4	F50-54	50	Copenhagen	12:25	01:24	0:51:07	00:31	30:59	1:36:25
46	363	Ray/Lori Peters/Peter Hardwick Kimball	Team		3	T50+	58	Chaumont	11:23	00:35	0:58:34	00:28	26:38	1:37:38
47	229	Ed McDonald	M		40	M50-54	52	Chittenango	14:22	02:35	0:49:49	01:37	29:16	1:37:39

48	242	Jim Finnerty	M	41	M50-54	51	Watertown	12:54	02:18	0:47:06	01:21	34:34	1:38:13
49	208	Jon Rodibaugh	M	42	M30-34	32	Rochester	12:51	02:24	0:48:56	01:03	33:19	1:38:31
50	163	Kevin Morgan	M	43	M20-24	23	Oswego	12:53	01:41	0:52:29	00:28	31:51	1:39:22
51	155	Emily Maor	F	5	F30-34	34	Baldwinsville	14:18	01:25	0:49:58	00:47	33:08	1:39:36
52	362	Marcia/Tim/Mike Stolicker Baldwin	Team	4	T30-49	44	Liverpool	14:00	00:41	0:52:31	00:31	32:16	1:39:59
53	206	Rick Konvicka	M	44	M55+	57	Fayetteville	14:42	02:14	0:48:30	01:26	33:45	1:40:36
54	156	Carla York-Zimmerman	F	6	F30-34	34	Fort Drum	14:50	01:32	0:50:54	00:53	35:00	1:43:08
55	176	James Scordo	M	45	M50-54	51	Watertown	15:33	02:25	0:51:53	00:34	33:06	1:43:31
56	213	Jennifer Sweet	F	7	F30-34	34	Rochester	16:38	02:23	0:51:17	00:56	32:24	1:43:39
57	366	Mike/Dan Kent/Justin Dalaba Keating	Team	5	T30-49	33	Henderson Harbor	12:17	00:37	0:59:47	00:22	31:19	1:44:22
58	186	Martha Burla	F	8	F35-39	36	Hilton	12:41	02:43	0:55:35	00:44	32:50	1:44:33
59	238	Amanda Coblentz	F	9	F25-29	26	Sackets Harbor	13:25	02:20	0:51:26	01:26	36:15	1:44:52
60	450	Kim Kelley	F	10	F35-39	37	Katorah	16:16	03:27	0:52:37	01:30	31:31	1:45:21
61	468	Mike Kelley	M	46	M35-39	39	Katorah	13:09	03:22	0:51:09	02:33	35:09	1:45:21
62	166	John Moore	M	47	M40-44	44	Oswego	11:35	02:06	0:56:37	00:49	35:04	1:46:10
63	364	Michael, Rachel Warriner Palmiter	Team	6	T30-49	39	Laconia	14:08	00:39	0:54:59	01:01	35:36	1:46:22
64	205	John Kent	M	48	M45-49	47	Henderson Harbor	15:35	01:46	0:51:46	00:33	36:44	1:46:24
65	367	Rickhi/Gabrielle Santangelo/Jesse Roshia Seemungal	Team	7	T30-49	34	Black River	13:51	00:44	0:55:11	00:29	38:05	1:48:21
66	233	Anne Marie Logan	F	11	F35-39	39	Skaneateles	16:26	02:01	0:51:39	01:34	37:42	1:49:22
67	158	Mary Jo Kiggins	F	12	F45-49	45	Syracuse	14:02	02:44	0:54:15	02:03	36:58	1:50:02
68	230	George DeViter	M	49	M0-19	18	Evans Mills	19:40	03:01	0:59:04	00:57	27:56	1:50:38
69	248	Virginia Desens	F	13	F35-39	35	Williamson	17:13	01:46	0:54:27	01:20	35:57	1:50:42
70	159	Kristin Zado	F	14	F45-49	47	Homer	14:58	03:20	0:56:20	01:49	34:35	1:51:02
71	225	Debbie Vanderpool	F	15	F45-49	49		13:23	01:54	0:51:01	01:13	44:10	1:51:41
72	194	John Peterson	M	50	M45-49	46	Webster	20:10	02:38	0:54:01	00:59	33:58	1:51:46
73	174	David Simpson	M	51	M45-49	46	Livonia	20:10	02:38	0:54:01	00:59	33:58	1:51:46
74	195	John Turner	M	52	M55+	59	Baldwinsville	19:50	03:15	0:53:04	01:23	34:30	1:52:01
75	240	Lara Chase	F	16	F25-29	28	Watertown	13:36	02:34	0:57:59	01:23	37:22	1:52:54
76	188	Joy Covey	F	17	F45-49	46	Mannsville	18:21	02:18	0:55:55	01:39	35:26	1:53:39
77	180	Mary/Margaret Burns	F	18	F35-39	39	Syracuse	18:39	02:32	0:57:27	01:03	34:17	1:53:59
78	211	Michael Griggs	M	53	M30-34	33	Rochester	14:43	02:37	0:57:02	01:03	38:56	1:54:20
79	215	Cody Casaletta	M	54	M0-19	17	Oswego	13:19	02:38	1:03:28	00:47	34:17	1:54:28
80	369	Ronald/Timothy/Mike Ranalli/Youngs/Desormeau	Team	8	T0-29			16:59	00:42	1:06:27	00:34	30:05	1:54:47
81	361	Pam/Dan/Chris Read Bailey	Team	9	T30-49	44	Olean	18:00	00:39	1:01:49	00:28	34:15	1:55:10
82	185	Courtney Brunet	F	19	F30-34	34	Sackets Harbor	17:23	01:49	0:57:45	00:44	37:29	1:55:10
83	182	Pawlicki Dennis	M	55	M55+	56	Adams Center	15:19	04:27	1:00:27	00:51	34:10	1:55:14
84	228	Danielle Lundy	F	20	F35-39	35	Carthage	13:38	03:53	0:57:10	01:19	39:40	1:55:39
85	382	Matt McKenna	M	56	M40-44	42	Cornelius	15:38	03:37	1:00:35	01:48	36:11	1:57:49
86	214	Leah Palmiter	F	21	F40-44	40	Laconia	16:49	02:56	0:57:39	02:09	38:49	1:58:22
87	368	Cory/Nick/Ryan Cooley/Perry/Loy	Team	10	T0-29		Evans Mills	19:19	00:34	1:03:30	00:22	34:43	1:58:27
88	365	Emily/Luke Bush/Baily Ditch Morehouse	Team	11	T0-29	16	Henderson Harbor	14:36	00:26	1:01:53	00:30	41:32	1:58:58
89	381	Julie McKenna	F	22	F45-49	45	Evergreen	14:09	02:45	1:04:24	01:10	39:26	2:01:54
90	210	Felipe Moon	M	57	M40-44	40	Watertown	16:53	03:30	0:56:27	03:06	43:08	2:03:05
91	235	Monica Smith	F	23	F25-29	29	La Fargeville	20:26	03:12	0:54:55	01:16	44:48	2:04:37
92	234	Denise Moore	F	24	F45-49	49	Watertown	20:04	03:47	0:52:50	01:23	46:54	2:04:58
93	212	Kathy McKinney	F	25	F40-44	43	Westernville	12:50	03:08	1:06:21	01:03	42:18	2:05:40
94	241	Jon Flood	M	58	M45-49	48	Latham	17:40	04:24	1:02:58	00:59	42:17	2:08:18
95	250	Sheryl Foan	F	26	F35-39	39	Copenhagen	29:11	03:28	1:04:10	01:22	40:45	2:18:56
96	154	Rachel McKinney	F	27	F20-24	20	Westernville	11:54	03:22	1:16:17	00:41	46:47	2:19:01
97	201	Debbie Muller	F	28	F30-34	30	Baldwinsville	19:47	03:59	1:00:57	00:34	56:16	2:21:34
98	170	Jason Jansen	M	59	M40-44	40	Broadalbin	16:16	04:10	1:01:28	02:53	57:45	2:22:31
99	198	Christine Andrews	F	29	F40-44	40	Spencerport	14:52	02:23	1:08:29	00:52	57:14	2:23:50
DNF	204	Theodore Kiteveles	M		M40-44	42	Warners	14:27	01:12	0:45:37	01:00		

DNF 179 Billy Muiridge	M	M55+	55	Liverpool	16:10	02:26	0:55:56	03:03		
DNF 178 Mike Wall	M	M55+	61	Whitehall	12:05	02:10	0:40:23			
DNF 192 Michael Burla	M	M40-44	40	Hilton	14:40	02:38	0:57:09			
DNF 220 Brent Lynch	M	M30-34	32	Adams	27:22	03:12	1:04:04			
DNF 359 Kaleigh/Barry/Brett McKinney	Team	T0-29	26	Westernville	15:32	00:31				
DQ 189 Kathleen Doran	F	F40-44	41	Hilton	14:47	02:57	0:36:40	00:52	43:55	1:39:11