

Freezeroo #4 - Hearnish 10K
Saturday January 31, 2009 **Rand Lodge, Powder Mill Park, Pittsford, NY**
227 Finishers(159 Male, 68 Female)
Timed by YellowJacket Racing

| Pos | Bib | Name | Gender | Class | Age | City | Series | Time |
|----------------|-----|------------------------|--------|----------------|-----|---------------|--------|---------|
| Overall Female | | | | | | | | |
| | 1 | 163 Jennifer Malik | F | Overall Female | 29 | Rochester | S | 0:43:58 |
| Overall Male | | | | | | | | |
| | 1 | 20 Dave Bradshaw | M | Overall Male | 30 | Macedon | S | 0:36:51 |
| F19UNDER | | | | | | | | |
| | 1 | 142 Lexie Klimasewski | F | F19UNDER | 13 | Fairport | S | 0:59:39 |
| | 2 | 308 Hailey Clark | F | F19UNDER | 15 | Rochester | | 1:07:19 |
| F20-24 | | | | | | | | |
| | 1 | 17 Ashlie Bonadonna | F | F20-24 | 23 | Henrietta | S | 0:54:21 |
| | 2 | 43 Elizabeth Clark | F | F20-24 | 24 | Victor | S | 1:00:45 |
| F25-29 | | | | | | | | |
| | 1 | 161 Elizabeth Madore | F | F25-29 | 28 | Rochester | S | 0:46:42 |
| | 2 | 83 Laura Feller | F | F25-29 | 29 | Rochester | S | 0:47:03 |
| | 3 | 186 Muldair Moore | F | F25-29 | 26 | W Henrietta | S | 0:50:07 |
| | 4 | 301 Melissa Monahan | F | F25-29 | 26 | Rochester | | 0:55:42 |
| | 5 | 65 Rachael DellaPietra | F | F25-29 | 29 | Webster | S | 0:56:55 |
| | 6 | 98 Maria Cordoba Gomez | F | F25-29 | 25 | Rochester | | 0:57:56 |
| | 7 | 256 Kathleen Vento | F | F25-29 | 28 | Rochester | S | 0:57:58 |
| | 8 | 218 Mary Rowe | F | F25-29 | 29 | Rochester | S | 1:06:52 |
| | 9 | 57 Jen Cummings | F | F25-29 | 26 | Warsaw | | 1:18:09 |
| F30-34 | | | | | | | | |
| | 1 | 67 Christine Deutsch | F | F30-34 | 34 | Rochester | S | 0:51:07 |
| | 2 | 61 Heather Danielson | F | F30-34 | 33 | Rochester | S | 0:53:27 |
| | 3 | 281 Julie Tobolski | F | F30-34 | 31 | Oakfield | | 0:58:15 |
| | 4 | 229 Kathleen Shea | F | F30-34 | 31 | Rochester | | 1:04:43 |
| | 5 | 197 Emily OShea | F | F30-34 | 30 | Hilton | S | 1:08:24 |
| F35-39 | | | | | | | | |
| | 1 | 76 Rebecca A Duberry | F | F35-39 | 38 | Rochester | S | 0:44:41 |
| | 2 | 88 Jennifer Fosegan | F | F35-39 | 36 | Fairport | S | 0:49:39 |
| | 3 | 167 Carolyn Mathis | F | F35-39 | 39 | Penifeld | S | 0:50:08 |
| | 4 | 102 Marissa Gordon | F | F35-39 | 39 | Fairport | S | 0:54:04 |
| | 5 | 1 Wendy Abbot | F | F35-39 | 35 | Rochester | S | 0:56:24 |
| | 6 | 270 Ellen Brenner | F | F35-39 | 38 | Rochester | | 1:08:15 |
| | 7 | 175 Tami McGraw | F | F35-39 | 35 | Brockport | S | 1:08:24 |
| | 8 | 155 Leslie Lusk | F | F35-39 | 39 | Rochester | S | 1:10:46 |
| | 9 | 314 Ann Lynn | F | F35-39 | 35 | Victor | | 1:10:48 |
| | 10 | 201 Nichole Pealo | F | F35-39 | 39 | Rochester | S | 1:18:49 |
| F40-44 | | | | | | | | |
| | 1 | 82 Amy Fakterowitz | F | F40-44 | 40 | Williamsville | S | 0:45:23 |
| | 2 | 21 Joanne Brandt | F | F40-44 | 44 | Scottsville | S | 0:48:45 |

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|----|-----|----------------------------|---|--------|----|-------------|---|---------|
| 3 | 264 | Mary Wojnowski | F | F40-44 | 41 | Rochester | S | 0:50:47 |
| 4 | 299 | Sharon Radak | F | F40-44 | 42 | Canandaigua | | 0:51:58 |
| 5 | 282 | Dianne Gwynn | F | F40-44 | 42 | Canandaigua | | 0:52:12 |
| 6 | 96 | Karen Godshall | F | F40-44 | 44 | Spencerport | S | 0:56:59 |
| 7 | 292 | Christine Giess | F | F40-44 | 40 | Victor | | 0:57:17 |
| 8 | 26 | Kerri Brown | F | F40-44 | 40 | Pittsford | S | 0:58:11 |
| 9 | 143 | Sarah Klimasewski | F | F40-44 | 40 | Fairport | S | 0:59:42 |
| 10 | 310 | Rochelle Ruffer | F | F40-44 | 43 | Pittsford | | 1:01:49 |
| 11 | 212 | Diane Prystajko | F | F40-44 | 44 | Spencerport | S | 1:03:00 |
| 12 | 200 | Patricia M Palmieri-phelan | F | F40-44 | 40 | N. Chili | S | 1:03:15 |
| 13 | 219 | Christina Ruhland | F | F40-44 | 40 | North Chili | S | 1:07:15 |
| 14 | 7 | Maura C Arendt | F | F40-44 | 40 | Rochester | S | 1:11:55 |
| 15 | 247 | Brenda Bolton- Tremblay | F | F40-44 | 40 | Brockport | S | 1:12:56 |
| 16 | 204 | Lisa Perticone | F | F40-44 | 41 | Rochester | S | 1:13:20 |

F45-49

| | | | | | | | | |
|---|-----|---------------------|---|--------|----|--------------|---|---------|
| 1 | 263 | Marie White | F | F45-49 | 48 | Henrietta | S | 0:49:20 |
| 2 | 199 | Theresa M. Palmieri | F | F45-49 | 45 | Buffalo | S | 0:50:00 |
| 3 | 128 | Pamela Johnson | F | F45-49 | 46 | Canandaigua | S | 0:54:10 |
| 4 | 295 | Mary Ciolkowski | F | F45-49 | 45 | Fairport | | 0:54:34 |
| 5 | 302 | Terri VanBrooker | F | F45-49 | 46 | Canandaigua | | 1:04:37 |
| 6 | 185 | Renee Monson | F | F45-49 | 46 | Geneva | S | 1:11:39 |
| 7 | 132 | Donna Kaplan | F | F45-49 | 46 | Rochester | S | 1:18:50 |
| 8 | 242 | Lynn Sullivan | F | F45-49 | 46 | E. Rochester | S | 1:25:22 |

F50-54

| | | | | | | | | |
|---|-----|------------------------|---|--------|----|-------------|---|---------|
| 1 | 106 | Cheryl Guth | F | F50-54 | 54 | Rochester | S | 0:50:36 |
| 2 | 166 | Ann Martin | F | F50-54 | 50 | Victor | S | 0:52:05 |
| 3 | 215 | Marty (Martha) Roberts | F | F50-54 | 51 | PennYan | S | 0:55:39 |
| 4 | 222 | Karen Sable | F | F50-54 | 51 | Keuka Park | S | 0:57:23 |
| 5 | 211 | Marilee Pryor | F | F50-54 | 53 | Scottsville | S | 1:06:53 |
| 6 | 192 | Juliann Nelson | F | F50-54 | 50 | Victor | S | 1:12:11 |

F55-59

| | | | | | | | | |
|---|-----|--------------|---|--------|----|---------------|---|---------|
| 1 | 306 | Judy Beers | F | F55-59 | 55 | Honeoye Falls | | 0:55:54 |
| 2 | 119 | Kathy Henrie | F | F55-59 | 55 | Rochester | S | 1:01:21 |
| 3 | 170 | Lynn Maxim | F | F55-59 | 55 | Pittsford | S | 1:05:16 |

F60-64

| | | | | | | | | |
|---|-----|--------------------|---|--------|----|-------------|---|---------|
| 1 | 176 | Lynda McGuire | F | F60-64 | 60 | Scottsville | S | 0:56:03 |
| 2 | 152 | Mitzie Lewandowski | F | F60-64 | 61 | Rochester | S | 1:05:44 |

F65-69

| | | | | | | | | |
|---|-----|-----------------|---|--------|----|-------------|---|---------|
| 1 | 146 | Carolyn Kriesen | F | F65-69 | 65 | Webster | S | 1:04:49 |
| 2 | 217 | Joan Rosati | F | F65-69 | 69 | North Chili | S | 1:15:03 |

F70-74

| | | | | | | | | |
|---|----|-------------|---|--------|----|-------------|---|---------|
| 1 | 34 | Joanne Carr | F | F70-74 | 70 | Churchville | S | 1:19:59 |
|---|----|-------------|---|--------|----|-------------|---|---------|

M19UNDER

| | | | | | | | | |
|---|-----|------------------|---|----------|----|--------------|---|---------|
| 1 | 240 | Steven Smith | M | M19UNDER | 18 | Hilton | S | 0:43:55 |
| 2 | 288 | Yanko Panipinto | M | M19UNDER | 15 | Ontario | | 0:44:03 |
| 3 | 271 | Robert Watson Jr | M | M19UNDER | 19 | Jersey Shore | | 0:46:27 |
| 4 | 272 | Brandon Niesler | M | M19UNDER | 18 | Lancaster | | 0:49:11 |
| 5 | 125 | Ben Ivie | M | M19UNDER | 14 | Scottsville | S | 0:49:31 |

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|--|----|-----|------------------|---|----------|----|-------------|---|---------|
| | 6 | 273 | Thomas Derkowski | M | M19UNDER | 18 | Rochester | | 0:49:33 |
| | 7 | 58 | Lukas Curley | M | M19UNDER | 18 | Churchville | S | 0:52:07 |
| | 8 | 297 | Matthew Hurley | M | M19UNDER | 19 | Fairport | | 0:52:35 |
| | 9 | 35 | Joey Carr | M | M19UNDER | 13 | Churchville | S | 0:55:28 |
| | 10 | 275 | Brendan Wolfert | M | M19UNDER | 19 | Hartsdale | | 0:56:48 |

M20-24

| | | | | | | | | | |
|--|---|-----|-----------------|---|--------|----|-----------|---|---------|
| | 1 | 193 | Philip Nesbitt | M | M20-24 | 22 | Rochester | S | 0:40:55 |
| | 2 | 277 | Adam Cornwell | M | M20-24 | 23 | Rochester | | 0:49:20 |
| | 3 | 283 | Jorge Rodriguez | M | M20-24 | 23 | Webster | | 0:53:28 |
| | 4 | 274 | Matthew KVC | M | M20-24 | 21 | Rochester | | 1:03:58 |

M25-29

| | | | | | | | | | |
|--|---|-----|-----------------|---|--------|----|-------------|---|---------|
| | 1 | 304 | Matthew Keefe | M | M25-29 | 25 | Rochester | | 0:43:42 |
| | 2 | 2 | Seth Adanit | M | M25-29 | 29 | Rochester | S | 0:44:24 |
| | 3 | 32 | Steve Cahoon | M | M25-29 | 26 | Cheektowaga | S | 0:45:08 |
| | 4 | 187 | Michael Moore | M | M25-29 | 28 | Lackawanna | | 0:46:56 |
| | 5 | 93 | Brian Glass | M | M25-29 | 29 | Rochester | S | 0:56:13 |
| | 6 | 237 | Chad Skoszynski | M | M25-29 | 28 | Rochester | S | 0:56:35 |
| | 7 | 300 | Derek Schmitt | M | M25-29 | 29 | Rochester | | 0:56:56 |
| | 8 | 214 | James Rajotte | M | M25-29 | 28 | Rochester | | 0:57:57 |
| | 9 | 5 | Corey Andalora | M | M25-29 | 28 | W Henrietta | S | 0:58:47 |

M30-34

| | | | | | | | | | |
|--|----|-----|--------------------|---|--------|----|--------------|---|---------|
| | 1 | 14 | Matt Blodgett | M | M30-34 | 31 | Fairport | S | 0:39:20 |
| | 2 | 144 | Kevin Korzeniewski | M | M30-34 | 34 | Seneca Falls | | 0:44:14 |
| | 3 | 84 | Joe Flanagan | M | M30-34 | 30 | Claredon | S | 0:45:00 |
| | 4 | 258 | Dan Ward | M | M30-34 | 31 | Rochester | S | 0:50:56 |
| | 5 | 52 | Jason Conklin | M | M30-34 | 31 | Henrietta | S | 0:53:26 |
| | 6 | 48 | James Collins | M | M30-34 | 33 | Penfield | S | 0:54:01 |
| | 7 | 135 | Kevin Kehoe | M | M30-34 | 33 | Rochester | S | 0:54:02 |
| | 8 | 37 | Michael Cefalo | M | M30-34 | 32 | Rochester | S | 0:55:15 |
| | 9 | 286 | John Ghidiu | M | M30-34 | 30 | Rochester | | 0:55:37 |
| | 10 | 70 | Daniel Diefendorf | M | M30-34 | 33 | Victor | S | 0:57:52 |
| | 11 | 307 | Pat Prayne | M | M30-34 | 34 | Seneca Falls | | 1:01:02 |
| | 12 | 191 | Kevin Nasman | M | M30-34 | 34 | Churchville | S | 1:07:19 |

M35-39

| | | | | | | | | | |
|--|----|-----|-------------------|---|--------|----|----------------|---|---------|
| | 1 | 252 | Matt Tytler | M | M35-39 | 36 | Irondequoit | S | 0:38:44 |
| | 2 | 46 | Martin Coffey | M | M35-39 | 39 | Pittsford | S | 0:45:11 |
| | 3 | 18 | Boots | M | M35-39 | 39 | Rochester | S | 0:45:28 |
| | 4 | 303 | Steve Tomek | M | M35-39 | 36 | East Rochester | | 0:47:36 |
| | 5 | 178 | Kevin McLaughlin | M | M35-39 | 37 | Webster | S | 0:49:44 |
| | 6 | 63 | Matthew Davis | M | M35-39 | 36 | Rochester | S | 0:51:23 |
| | 7 | 179 | Joseph McMahon | M | M35-39 | 39 | Rochester | S | 0:54:40 |
| | 8 | 206 | Steven Phillips | M | M35-39 | 39 | Avon | S | 0:55:27 |
| | 9 | 312 | Jeff Rook | M | M35-39 | 39 | Seneca Falls | | 0:56:57 |
| | 10 | 298 | Ryan Fosegan | M | M35-39 | 35 | Fairport | | 0:57:10 |
| | 11 | 255 | David Vandvoorde | M | M35-39 | 36 | Fairport | S | 0:57:16 |
| | 12 | 136 | Christopher Kehoe | M | M35-39 | 38 | Churchville | | 0:57:27 |
| | 13 | 36 | Doug Caswell | M | M35-39 | 39 | Penfield | S | 1:01:30 |
| | 14 | 296 | John Brady | M | M35-39 | 37 | Fairport | | 1:08:03 |

M35-59

| | | | | | | | | | |
|--|---|----|------------|---|--------|----|-------------|---|---------|
| | 1 | 45 | Chris Cody | M | M35-59 | 35 | Churchville | S | 0:49:10 |
|--|---|----|------------|---|--------|----|-------------|---|---------|

M40-44

| | | | | | | | | |
|----|-----|-------------------|---|--------|----|-------------|---|---------|
| 1 | 137 | Matt Kellman | M | M40-44 | 44 | Penfield | S | 0:41:02 |
| 2 | 41 | Tim Ciancione | M | M40-44 | 43 | Rochester | S | 0:43:51 |
| 3 | 183 | Patrick Milligan | M | M40-44 | 44 | Rochester | S | 0:45:13 |
| 4 | 24 | John Brindamour | M | M40-44 | 42 | Rochester | S | 0:45:30 |
| 5 | 127 | Alex Johnson | M | M40-44 | 42 | Liverpool | S | 0:45:49 |
| 6 | 224 | David Sauter | M | M40-44 | 41 | Penfield | S | 0:45:52 |
| 7 | 309 | John Teuschler | M | M40-44 | 41 | Buffalo | | 0:48:40 |
| 8 | 12 | Marc Bigsby | M | M40-44 | 40 | Rochester | S | 0:49:13 |
| 9 | 289 | James Beaujon | M | M40-44 | 44 | Canandaigua | | 0:49:46 |
| 10 | 39 | Jeff Chester | M | M40-44 | 43 | Rochester | S | 0:50:31 |
| 11 | 120 | Larry Hoffman | M | M40-44 | 40 | Ontario | S | 0:50:45 |
| 12 | 174 | Peter McCandlish | M | M40-44 | 44 | Rochester | S | 0:50:49 |
| 13 | 73 | Gary Dill | M | M40-44 | 43 | Rochester | S | 0:51:26 |
| 14 | 279 | Bernie Valento | M | M40-44 | 43 | Pavilion | | 0:51:50 |
| 15 | 103 | Brian Grant | M | M40-44 | 41 | Rochester | S | 0:52:58 |
| 16 | 150 | Steven Levitski | M | M40-44 | 41 | Rochester | S | 0:52:59 |
| 17 | 47 | Thomas Collins | M | M40-44 | 43 | Pittsford | S | 0:54:03 |
| 18 | 74 | Dale Dimick | M | M40-44 | 41 | Webster | S | 0:54:40 |
| 19 | 293 | Mike Giess | M | M40-44 | 42 | Victor | | 0:55:01 |
| 20 | 172 | Scott McAllister | M | M40-44 | 41 | Webster | S | 0:55:23 |
| 21 | 285 | Anthony Leonardis | M | M40-44 | 43 | Rochester | | 0:55:57 |
| 22 | 129 | Kenneth Johnson | M | M40-44 | 44 | Canadaigua | S | 0:57:05 |
| 23 | 25 | Michael Brown | M | M40-44 | 44 | Pittsford | S | 0:58:12 |
| 24 | 87 | Joao Flores | M | M40-44 | 41 | Rochester | S | 0:59:15 |
| 25 | 86 | Joaquim Flores | M | M40-44 | 42 | Rochester | S | 0:59:21 |
| 26 | 268 | Andrew Ciaio | M | M40-44 | 43 | Victor | | 0:59:38 |
| 27 | 85 | Matthew Fleig | M | M40-44 | 42 | Rochester | S | 0:59:51 |
| 28 | 50 | Rob Commisso | M | M40-44 | 43 | Pittsford | S | 1:00:20 |
| 29 | 29 | Thomas Butler | M | M40-44 | 44 | Rochester | S | 1:05:49 |
| 30 | 145 | Fred Krampe | M | M40-44 | 44 | Greece | S | 1:13:21 |

M45-49

| | | | | | | | | |
|----|-----|--------------------|---|--------|----|-----------|---|---------|
| 1 | 79 | Tim Dwyer | M | M45-49 | 49 | Rochester | S | 0:40:29 |
| 2 | 160 | Mark Madigan | M | M45-49 | 47 | Rochester | S | 0:41:19 |
| 3 | 269 | Edward Juiani | M | M45-49 | 45 | Henrietta | | 0:42:08 |
| 4 | 158 | Tony Machulskis | M | M45-49 | 49 | Rochester | S | 0:42:24 |
| 5 | 284 | George Fawcett | M | M45-49 | 48 | Rochester | | 0:45:36 |
| 6 | 91 | Daniel Giblin | M | M45-49 | 47 | Rochester | S | 0:46:45 |
| 7 | 147 | Peter Lautenslager | M | M45-49 | 47 | Victor | S | 0:47:10 |
| 8 | 294 | Roy Corcoran | M | M45-49 | 45 | Brockport | | 0:47:22 |
| 9 | 210 | Douglas Prindle | M | M45-49 | 48 | Fairport | S | 0:48:04 |
| 10 | 259 | Chris Washburn | M | M45-49 | 47 | Newark | S | 0:48:36 |
| 11 | 290 | Rob Chamberlin | M | M45-49 | 46 | Webster | | 0:49:27 |
| 12 | 31 | Steve Cackett | M | M45-49 | 45 | Pittsford | S | 0:50:17 |
| 13 | 94 | Phil Gleason | M | M45-49 | 45 | Geneva | S | 0:51:25 |
| 14 | 244 | Dainel Taggerty | M | M45-49 | 45 | Rochester | S | 0:52:07 |
| 15 | 89 | Bob Gates | M | M45-49 | 47 | Hamlin | S | 0:52:52 |
| 16 | 291 | Ed Martin | M | M45-49 | 45 | Victor | | 0:52:59 |
| 17 | 278 | Chuck Giordano | M | M45-49 | 49 | Hilton | | 0:53:04 |
| 18 | 189 | Michael Mullane | M | M45-49 | 45 | Fairport | S | 0:53:43 |
| 19 | 182 | Bob Merberg | M | M45-49 | 48 | Fairport | S | 0:55:49 |
| 20 | 118 | Sean Hendrick | M | M45-49 | 46 | Rochester | S | 0:56:02 |
| 21 | 54 | Robert Cope | M | M45-49 | 48 | Livonia | S | 0:56:11 |

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|----|-----|------------------|---|--------|----|-------------|---|---------|
| 22 | 110 | Dudley Hallstead | M | M45-49 | 49 | Canandaigua | S | 0:56:45 |
| 23 | 287 | James Norris | M | M45-49 | 49 | Fairport | | 1:00:29 |
| 24 | 305 | Tom Crilly | M | M45-49 | 46 | Rochester | | 1:01:04 |
| 25 | 198 | Ronald R Paeth | M | M45-49 | 45 | Kendall | S | 1:01:30 |
| 26 | 15 | John Boersma | M | M45-49 | 48 | Pittsford | | 1:04:54 |
| 27 | 149 | William Lerkins | M | M45-49 | 48 | Rochester | S | 1:12:18 |

M50-54

| | | | | | | | | |
|----|-----|-----------------|---|--------|----|----------------|---|---------|
| 1 | 181 | Leslie Mentle | M | M50-54 | 50 | Rochester | S | 0:44:51 |
| 2 | 78 | Michael Dunn | M | M50-54 | 52 | Rochester | S | 0:47:08 |
| 3 | 213 | Frank Quattrone | M | M50-54 | 53 | Webster | S | 0:47:24 |
| 4 | 64 | Matt Degma | M | M50-54 | 54 | Rochester | S | 0:47:56 |
| 5 | 112 | Mark Harrison | M | M50-54 | 54 | West Henrietta | S | 0:48:36 |
| 6 | 80 | Dan English | M | M50-54 | 51 | Pittsford | S | 0:48:56 |
| 7 | 3 | Wilt Alston | M | M50-54 | 50 | Rochester | S | 0:49:45 |
| 8 | 117 | David Henderson | M | M50-54 | 50 | Honeoye Falls | S | 0:50:29 |
| 9 | 251 | Robert Tyler | M | M50-54 | 52 | Pittsford | S | 0:50:39 |
| 10 | 140 | Jim Kerr | M | M50-54 | 54 | Canandaigua | S | 0:51:59 |
| 11 | 11 | Bill Beyerbach | M | M50-54 | 53 | Rochester | S | 0:52:39 |
| 12 | 124 | Rich Ivie | M | M50-54 | 54 | Scottsville | S | 0:52:51 |
| 13 | 173 | Mark McArdle | M | M50-54 | 54 | Rochester | S | 0:53:46 |
| 14 | 19 | Bill Boyle | M | M50-54 | 52 | Canandaigua | | 0:56:52 |
| 15 | 234 | Daniel Sillick | M | M50-54 | 52 | Hilton | S | 0:58:34 |
| 16 | 225 | John Schaefer | M | M50-54 | 54 | Henrietta | S | 0:59:24 |
| 17 | 280 | Kevin Clary | M | M50-54 | 51 | Pavilion | | 0:59:37 |
| 18 | 42 | Eddy Clark | M | M50-54 | 50 | Victor | S | 1:04:35 |
| 19 | 220 | Geoffrey Rummel | M | M50-54 | 50 | Pittsford | | 1:04:52 |
| 20 | 134 | Dan Katz | M | M50-54 | 54 | Pittsford | S | 1:06:01 |
| 21 | 56 | Dennis Culhane | M | M50-54 | 54 | Rochester | S | 1:06:59 |
| 22 | 131 | Jim Kaiser | M | M50-54 | 50 | Webster | S | 1:07:32 |
| 23 | 72 | David Dilgard | M | M50-54 | 54 | Penfield | S | 1:15:01 |

M55-59

| | | | | | | | | |
|----|-----|-----------------|---|--------|----|------------|---|---------|
| 1 | 10 | Mark Barry | M | M55-59 | 56 | Rochester | S | 0:45:40 |
| 2 | 13 | David Blake | M | M55-59 | 59 | Stafford | S | 0:49:37 |
| 3 | 9 | Chris Barry | M | M55-59 | 56 | Newark | S | 0:51:53 |
| 4 | 27 | Glen Burkhart | M | M55-59 | 58 | Fairport | S | 0:52:04 |
| 5 | 62 | David Davenport | M | M55-59 | 57 | Rochester | S | 0:52:48 |
| 6 | 133 | Jack Kasperski | M | M55-59 | 57 | Fairport | S | 0:53:47 |
| 7 | 115 | Stephen Hedges | M | M55-59 | 59 | Rochester | S | 0:55:16 |
| 8 | 267 | John Zontich | M | M55-59 | 55 | Albion | S | 0:57:02 |
| 9 | 164 | Philip Mann | M | M55-59 | 57 | Keuka Park | S | 1:01:43 |
| 10 | 169 | Mark Maxim | M | M55-59 | 59 | Pittsford | S | 1:06:34 |
| 11 | 276 | Eduardo Arreaza | M | M55-59 | 55 | Pittsford | | 1:08:57 |

M60-64

| | | | | | | | | |
|---|-----|------------------|---|--------|----|-----------|---|---------|
| 1 | 92 | Tony Gingello | M | M60-64 | 61 | Rochester | S | 0:45:15 |
| 2 | 122 | Roger Howe | M | M60-64 | 61 | Rochester | S | 0:49:12 |
| 3 | 253 | Gary Updyke | M | M60-64 | 60 | Pittsford | S | 0:53:26 |
| 4 | 260 | Barry Watkins | M | M60-64 | 63 | Rochester | S | 0:54:07 |
| 5 | 81 | Rick Erb | M | M60-64 | 60 | Rushville | S | 0:54:12 |
| 6 | 311 | Roger Salmons | M | M60-64 | 60 | | | 0:54:17 |
| 7 | 51 | James Conklin | M | M60-64 | 60 | Walworth | S | 0:57:21 |
| 8 | 261 | David S Weiss | M | M60-64 | 64 | Rochester | S | 1:12:08 |
| 9 | 151 | Dick Lewandowski | M | M60-64 | 64 | Rochester | S | 1:19:39 |

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|--------|----|-----|------------------|---|--------|----|-----------|---|---------|
| | 10 | 190 | William Murphy | M | M60-64 | 60 | Rochester | S | 1:33:23 |
| M65-69 | | | | | | | | | |
| | 1 | 16 | Sid Bolton | M | M65-69 | 66 | Albion | S | 0:56:39 |
| | 2 | 44 | Earl M Cliffel | M | M65-69 | 69 | Livonia | S | 1:05:27 |
| | 3 | 33 | Robert Carafice | M | M65-69 | 65 | Rochester | S | 1:15:21 |
| M70-74 | | | | | | | | | |
| | 1 | 116 | Dave Heeks | M | M70-74 | 71 | Rochester | S | 1:07:35 |
| | 2 | 246 | Sanford Toole | M | M70-74 | 70 | Rochester | S | 1:25:16 |
| M75-79 | | | | | | | | | |
| | 1 | 221 | Charlie Sabatine | M | M75-79 | 75 | Victor | S | 1:00:36 |
| No Age | | | | | | | | | |
| | 1 | 313 | Deborah Slezak | F | No Age | ? | Victor | | 1:14:21 |