



1	20	Christine Capalbo	F	F35-39	37		0:46:33	0:07:30
2	119	Sandy Mustico	F	F35-39	35		0:47:47	0:07:42
3	18	Kristin Byron	F	F35-39	37		0:50:02	0:08:04
4	16	Amy Burns	F	F35-39	38		0:51:15	0:08:16
5	144	Melissa Romano	F	F35-39	38		0:51:46	0:08:21
6	3	Christine Andrews	F	F35-39	38		0:52:48	0:08:31
7	55	Colleen Farrell	F	F35-39	38		0:53:05	0:08:34
8	132	Lori ??	F	F35-39	37		0:54:32	0:08:48
9	8	Julie Biondolillo	F	F35-39	35		0:55:44	0:08:59
10	146	Courtney Romeiser	F	F35-39	37		0:56:15	0:09:04
11	21	Kristina Carusone	F	F35-39	37	Fulton Companies	0:57:07	0:09:13
12	185	Stefanie Woods	F	F35-39	35		0:57:52	0:09:20
13	69	Tamera Halsey	F	F35-39	37		0:58:47	0:09:29
14	128	Kelly OConnor	F	F35-39	37		0:58:56	0:09:30
15	237	Katharine Teece	F	F35-39	39		0:59:24	0:09:35
16	98	Susan LaQue	F	F35-39	35		0:59:29	0:09:36
17	206	Tara Retz	F	F35-39	38		0:59:36	0:09:37
18	182	Andrea Wilson	F	F35-39	39		1:00:59	0:09:50
19	150	Catherine Salvagni	F	F35-39	35		1:01:43	0:09:57
20	56	Sandra Fisher	F	F35-39	39		1:01:54	0:09:59
21	33	Laurie Couse	F	F35-39	36		1:06:08	0:10:40
22	231	Lauren Knight	F	F35-39	38		1:06:34	0:10:44
23	152	Tracy Schroeder	F	F35-39	39		1:09:27	0:11:12
24	258	Karen Foos	F	F35-39	37		1:10:10	0:11:19
25	126	Sharron Oakes	F	F35-39	37	Fulton Companies	1:10:24	0:11:21
26	12	Kimberly Buck	F	F35-39	39	TNT	1:19:59	0:12:54
27	158	Lisa Sparks	F	F35-39	35	TNT	1:21:37	0:13:10
F40-44								
1	62	Tamara Glavin	F	F40-44	44	Team Van Patten	0:50:45	0:08:11
2	84	Holly Johnson	F	F40-44	40		0:51:13	0:08:16
3	177	Lisa Wendler	F	F40-44	40		0:51:49	0:08:21
4	205	Mary Klee	F	F40-44	40		0:52:53	0:08:32
5	22	Anne Cavallaro	F	F40-44	40	Team Van Patten	0:52:59	0:08:33
6	19	Michelle Callahan	F	F40-44	40	Lockheed Martin	0:54:09	0:08:44
7	239	Dorothy Lous	F	F40-44	44		0:58:12	0:09:23
8	61	Nancy Giardina	F	F40-44	43		0:59:52	0:09:39
9	94	Jackie Koster	F	F40-44	44		1:00:13	0:09:43
10	52	Ellen Eisenhut	F	F40-44	41		1:01:39	0:09:57
11	130	Denise ONeil	F	F40-44	40		1:01:40	0:09:57
12	63	Julie Gossin	F	F40-44	40		1:05:28	0:10:34
13	7	Elizabeth Bielass	F	F40-44	41		1:08:08	0:10:59
14	148	Barbara Rosenfeld	F	F40-44	41		1:08:09	0:10:59
15	93	Angela Kleist	F	F40-44	42	TNT	1:36:13	0:15:31
F45-49								
1	195	Margie Moon	F	F45-49	46		0:52:28	0:08:28
2	46	Michele Dobson	F	F45-49	48		0:53:27	0:08:37
3	131	Donna Oppedisano	F	F45-49	48	The Rowdy Runners	0:54:37	0:08:49
4	71	Ellen Hanifan	F	F45-49	49		0:58:31	0:09:26
5	113	Debra Mimaroglu	F	F45-49	45		0:59:03	0:09:31
6	138	Mary Ann Pierce	F	F45-49	45		0:59:12	0:09:33
7	259	Tamara LaVellee	F	F45-49	46	Sgroi	1:00:23	0:09:44
8	151	Karen Scanlon	F	F45-49	46		1:08:08	0:10:59
9	27	Mary Clements	F	F45-49	49		1:08:18	0:11:01
10	112	Derry Micale	F	F45-49	48		1:09:28	0:11:12
11	133	Tammy Paquin	F	F45-49	45		1:11:52	0:11:35
12	198	Margo Scofield	F	F45-49	45		1:19:55	0:12:53
F50-54								
1	196	Pamela Wilson	F	F50-54	50		0:52:03	0:08:24
2	28	Eileen Clinton	F	F50-54	50		0:54:04	0:08:43
3	135	Peg Perkins	F	F50-54	53		0:54:09	0:08:44
4	76	Patricia Hendry	F	F50-54	52		0:54:11	0:08:44
5	96	nancy krupka	F	F50-54	53		0:56:48	0:09:10
6	252	Elaine Henning	F	F50-54	52		0:58:01	0:09:21
7	169	Audrey Turner	F	F50-54	51		1:01:15	0:09:53
8	256	Deborah McGowan	F	F50-54	51		1:01:39	0:09:57
9	111	Robin Meyers	F	F50-54	50		1:04:46	0:10:27
10	247	Mary Conroy	F	F50-54	54		1:05:28	0:10:34

11	105 Mary MacBlane	F	F50-54	51		1:08:18	0:11:01
12	109 Beth Massiano	F	F50-54	50		1:08:18	0:11:01
13	47 Gale Dolan	F	F50-54	53		1:15:42	0:12:13
F55-59							
1	240 Kathy Frawley	F	F55-59	56		0:51:04	0:08:14
2	6 Judy Beers	F	F55-59	55		0:53:14	0:08:35
3	250 Carolyn Sterritt	F	F55-59	59		1:01:44	0:09:57
4	121 Myra Nazzaro	F	F55-59	57		1:14:02	0:11:56
5	248 Cynthia Lamkey	F	F55-59	58	Team Van Patten	1:17:24	0:12:29
F65-69							
1	142 Carol Rider	F	F65-69	66		1:01:51	0:09:59
2	226 Kathleen Kotwas	F	F65-69	65		1:59:46	0:19:19
M9-14							
1	79 William Hohreiter	M	M9-14	13		0:57:41	0:09:18
2	220 Edward Bandel	M	M9-14	13		1:03:21	0:10:13
M15-19							
1	164 Carl Tausend	M	M15-19	18		0:43:14	0:06:58
2	190 Joseph Savastano	M	M15-19	16		0:43:17	0:06:59
3	265 Ryan VanPatten	M	M15-19	15		1:01:34	0:09:56
M20-24							
1	204 Ryan Darling	M	M20-24	20		0:37:56	0:06:07
2	143 Dan Robinson	M	M20-24	24	Lockheed Martin	0:46:16	0:07:28
3	217 Edward Tello	M	M20-24	22		0:50:50	0:08:12
4	141 Sean Reilley	M	M20-24	24	Welch Allyn	0:52:29	0:08:28
5	233 Richard Aizoga	M	M20-24	24		1:04:23	0:10:23
M25-29							
1	115 Jason Mintz	M	M25-29	29		0:37:25	0:06:02
2	257 Benjamin Kendrick	M	M25-29	28	Rowdy Runners	0:38:51	0:06:16
3	238 John Szydluk	M	M25-29	27		0:45:15	0:07:18
4	58 Mark Fitzpatrick	M	M25-29	27	Lockheed Martin	0:46:56	0:07:34
5	50 John Dwyer	M	M25-29	27	Dashing Through the Park	0:50:20	0:08:07
6	165 Chris Thornton	M	M25-29	27	Dashing Through the Park	0:54:22	0:08:46
7	254 Joe Gianfagne	M	M25-29	25	Syracuse	0:57:36	0:09:17
8	95 Tony Kozdemba	M	M25-29	27		0:59:31	0:09:36
9	211 Derric Slocum	M	M25-29	28	Dashing Through the Park	1:04:45	0:10:27
10	32 Patrick Costello	M	M25-29	26		1:14:14	0:11:58
M30-34							
1	67 Chris Hahn	M	M30-34	30		0:43:49	0:07:04
2	253 Chris Loughlin	M	M30-34	30		0:44:02	0:07:06
3	244 Nick Ciotti	M	M30-34	31		0:50:05	0:08:05
4	261 Jermaine Kemp	M	M30-34	32		0:50:37	0:08:10
5	175 Dan Waterman	M	M30-34	34		0:57:13	0:09:14
M35-29							
1	223 Mark Piraino	M	M35-29	39		0:45:22	0:07:19
2	224 Scott Laffer	M	M35-29	27		0:46:10	0:07:27
M35-39							
1	10 Randal Boivin	M	M35-39	35		0:39:53	0:06:26
2	44 Joel DeLaney	M	M35-39	38		0:42:33	0:06:52
3	840 Edward Fowler	M	M35-39	37		0:45:20	0:07:19
4	88 Steven Kieb	M	M35-39	38		0:46:06	0:07:26
5	219 Neil Bandel	M	M35-39	37		0:49:31	0:07:59
6	145 Adam Rombel	M	M35-39	38		0:51:02	0:08:14
7	245 Jon Ratliff	M	M35-39	36		0:51:44	0:08:21
8	181 Dennis Wilson	M	M35-39	39		0:53:12	0:08:35
9	108 Timothy Martin	M	M35-39	35		0:55:04	0:08:53
10	49 Michael Dunham	M	M35-39	37		0:55:06	0:08:53
11	26 Percy Clarke	M	M35-39	37		0:58:03	0:09:22
12	70 K Hamberger	M	M35-39	38		0:58:44	0:09:28
13	127 Michael OConnor	M	M35-39	37		0:58:56	0:09:30
M40-44							

1	14 Dave Burger	M	M40-44	40	Team Van Patten	0:38:43	0:06:15
2	193 Eric Traynor	M	M40-44	41		0:39:24	0:06:21
3	251 Paul Cianfrocca	M	M40-44	44		0:41:59	0:06:46
4	218 George Lonergan	M	M40-44	41		0:44:22	0:07:09
5	228 Mark Reese	M	M40-44	44		0:45:37	0:07:21
6	230 Fred Kowanes	M	M40-44	40		0:47:54	0:07:43
7	149 Ross Rubenstein	M	M40-44	42		0:50:03	0:08:04
8	160 Ted Stoddard	M	M40-44	42		0:50:37	0:08:10
9	183 Mark Wilton	M	M40-44	43		0:51:11	0:08:15
10	40 Dan Cushing	M	M40-44	41	Sysco Syracuse	0:53:11	0:08:35
11	80 Raymond Holt	M	M40-44	40		0:53:15	0:08:35
12	156 James Slate	M	M40-44	44	The Post-Standard	0:55:09	0:08:54
M45-49							
1	225 Scott Porter	M	M45-49	49		0:43:25	0:07:00
2	90 Tom King	M	M45-49	47		0:44:58	0:07:15
3	188 Joseph Zirkman	M	M45-49	48	Nottingham Runners	0:46:02	0:07:26
4	82 kevin hulslander	M	M45-49	48	Nottingham Runners	0:46:50	0:07:33
5	262 Rich Field	M	M45-49	45		0:46:53	0:07:34
6	85 Eric Johnson	M	M45-49	47	Nottingham Runners	0:47:49	0:07:43
7	78 Kevin Hines	M	M45-49	45	Welch Allyn	0:48:46	0:07:52
8	210 Mike Pilsbury	M	M45-49	46		0:49:53	0:08:03
9	25 Dave Ciccone	M	M45-49	46		0:50:18	0:08:07
10	176 Michael Wendler	M	M45-49	48		0:50:50	0:08:12
11	841 Mark Ward	M	M45-49	48		0:52:14	0:08:25
12	101 Robert Lipp	M	M45-49	47	Welch Allyn	0:55:53	0:09:01
13	179 Chuck Westfall	M	M45-49	48		0:59:02	0:09:31
14	75 Robert Helfrich	M	M45-49	45	Welch Allyn	1:01:25	0:09:54
15	834 Dennis Stadelman	M	M45-49	47	Dashing Through the Park	1:06:34	0:10:44
M50-54							
1	30 John Condon	M	M50-54	53		0:43:37	0:07:02
2	242 Richard Petrie	M	M50-54	52		0:45:07	0:07:17
3	236 Dan Maccraciu	M	M50-54	51		0:45:42	0:07:22
4	229 Patrick Holl	M	M50-54	53		0:46:31	0:07:30
5	260 Scott Preston	M	M50-54	50		0:47:15	0:07:37
6	243 Anthony Vincent	M	M50-54	53		0:47:18	0:07:38
7	263 Jim Bright	M	M50-54	50		0:48:44	0:07:52
8	174 Jeff Washburn	M	M50-54	51		0:49:05	0:07:55
9	136 Jeff Perkins	M	M50-54	52	Welch Allyn	0:49:08	0:07:56
10	154 Mark Sheremeta	M	M50-54	53	docs and jocks	0:50:45	0:08:11
11	199 David Clement	M	M50-54	52		0:51:22	0:08:17
12	180 Robert Wilson	M	M50-54	50	Nottingham Runners	0:51:38	0:08:20
13	221 Dennis Day	M	M50-54	51		0:53:25	0:08:37
14	5 Michael Beacham	M	M50-54	51		0:54:09	0:08:44
15	129 Ron Olney	M	M50-54	50	The Post-Standard	0:58:39	0:09:28
16	170 Greg Tuttle	M	M50-54	52	docs and jocks	0:59:05	0:09:32
17	24 Paul Chwalek	M	M50-54	54		1:00:13	0:09:43
18	266 Pete VanPatten	M	M50-54	50		1:01:34	0:09:56
M55-59							
1	168 Ted Truet	M	M55-59	56		0:44:10	0:07:07
2	194 Patrick Wrobel	M	M55-59	56		0:46:54	0:07:34
3	86 Bob Jokl	M	M55-59	56	Nottingham Runners	0:50:38	0:08:10
4	166 Gary Tretter	M	M55-59	57		0:51:07	0:08:15
5	200 Davis Yohe	M	M55-59	57		0:52:31	0:08:28
6	91 David Kirby	M	M55-59	58	Nottingham Runners	0:53:02	0:08:33
7	124 Curt Norpell	M	M55-59	57	Must Be Present To Win	0:53:56	0:08:42
8	264 Dave Mirabato	M	M55-59	50		0:55:01	0:08:52
9	153 Mike Shafer	M	M55-59	55		0:58:01	0:09:22
10	246 John Conroy	M	M55-59	56		1:02:08	0:10:01
11	107 Daniel Malay	M	M55-59	56		1:03:29	0:10:14
12	39 John Crowley	M	M55-59	57		1:08:14	0:11:00
M60-64							
1	11 Gary Brown	M	M60-64	61	Lockheed Martin	0:56:24	0:09:06
2	192 Richard Kordas	M	M60-64	62		0:56:42	0:09:09
3	35 Charlie Crary	M	M60-64	60	The Post-Standard	0:57:11	0:09:13
M65-69							

1	227 Kenneth Kotwas	M	M65-69	67	1:59:46	0:19:19
M70UP 1	87 Sheldon Kall	M	M70UP	77	1:23:49	0:13:31