

**Sara's Race 5K**  
**Sunday October 5, 2008**      **Genessee Valley Park, Rochester, NY**  
**154 Finishers (79 Male, 75 Female)**  
**Timed by YellowJacket Racing**

Pos	Bib	Name	Gender	M/F	Place	Class	Age	City	Time	Pace
1	116	Mike Nier	M		1	Overall Male	43	Rochester	18:01	05:49
2	127	Josh Harter	M		2	M30-34	33	Avon	18:31	05:58
3	92	Nicholas Watson	M		3	M14-17	15	Rochester	18:51	06:05
4	108	Jay Laitenberger	M		4	M35-39	35	Rochester	19:01	06:08
5	148	Christopher Sponn	M		5	M18-23	18	Rochester	19:44	06:22
6	85	Mark Barry	M		6	M55-59	56	Rochester	19:51	06:24
7	119	Michael Mertens	M		7	M40-44	44	Farmington	20:09	06:30
8	146	Paul Persia	M		8	M55-59	57	Batavia	20:34	06:38
9	30	John Holt	M		9	M24-29	26	Rochester	20:38	06:40
10	98	Tom Dutton	M		10	M60-69	63	Livonia	20:41	06:40
11	134	Seth Malcolm	M		11	M30-34	31	Rochester	20:42	06:41
12	59	Zack Sobiewski	M		12	M14-17	17	Kent	20:49	06:43
13	154	Michael Knapp	M		13	M40-44	42	Henrietta	20:58	06:46
14	159	Chun Lo	M		14	M30-34	30	Fairport	21:03	06:47
15	158	Andy Frank	M		15	M24-29	24	Hilton	21:21	06:53
16	129	Lyndsie Harper	F		1	Overall Female	17	Savannah	21:49	07:02
17	113	Matt Carrera	M		16	M18-23	22	Scottsville	22:05	07:07
18	61	Brett Sobiewski	M		17	M40-44	42	Kent	22:05	07:08
19	149	Joe Lamanna	M		18	M45-49	47	Rochester	22:06	07:08
20	63	David Statt	M		19	M40-44	41	Rochester	22:14	07:10
21	123	Mark McArdle	M		20	M50-54	54	Rochester	22:30	07:16
22	95	Jeff Palmeri	M		21	M14-17	15	Rochester	22:38	07:18
23	124	Karen Guevard	F		2	F30-34	30	Rochester	22:40	07:19
24	125	Richard Metzger	M		22	M50-54	50	Webster	22:43	07:20
25	82	Andrea Zaffino	F		3	F24-29	29	Rochester	22:48	07:21
26	36	Joby Knapp	M		23	M35-39	37	Rochester	23:00	07:25
27	96	Jim Palmeri	M		24	M60-69	66	Rochester	23:26	07:34
28	112	Tom Gibson	M		25	M45-49	46	Canandaigua	23:29	07:34
29	54	Jen Rybak	F		4	F35-39	38	Rochester	23:36	07:37
30	2	Alex Baldwin	M		26	M14-17	14	Rochester	23:49	07:41
31	71	Kelly Urckfitz	F		5	F40-44	42	Mendon	24:00	07:45
32	7	Jo Bussler	F		6	F45-49	46	Rochester	24:01	07:45
33	138	Erik Mort	M		27	M30-34	32	Rush	24:06	07:47
34	128	Kate RicePorter	F		7	F30-34	30	Savannah	24:07	07:47
35	74	Tim Wadsworth	M		28	M45-49	45	Walworth	24:19	07:50
36	132	Mike Barber	M		29	M60-69	60	Holley	24:27	07:53
37	35	Heidi Kestenblatt	F		8	F35-39	37	Pittsford	24:28	07:54
38	99	Sean Hendrick	M		30	M45-49	46	Rochester	24:36	07:56
39	80	Mark Donovan	M		31	M45-49	48	Rochester	24:36	07:56
40	3	Keith Becker	M		32	M35-39	39	Mendon	24:56	08:03
41	97	April Miller	F		9	F24-29	29	Penfield	24:56	08:03
42	8	Sarah Butler	F		10	F13UNDER	12	Rochester	25:02	08:04
43	141	Kelly Zito	F		11	F30-34	30	Pittsford	25:08	08:06
44	139	Donald Scheg	M		33	M55-59	56	Rush	25:17	08:09
45	47	Anne McAdam	F		12	F45-49	46	Rochester	25:20	08:10
46	83	Tom Hawkins	M		34	M50-54	50	Williamson	25:32	08:14

47	33	Lawrence Jones	M	35	M40-44	43	Rochester	25:48	08:19
48	151	Kaela Pitts	F	13	F24-29	28	Rochester	25:51	08:20
49	147	Mark Snyder	M	36	M45-49	49	Rochester	25:52	08:21
50	70	Lisa Tschiderer	F	14	F40-44	43	Pittsford	26:16	08:28
51	28	Mike Gurski	M	37	M40-44	41	Hilton	26:21	08:30
52	142	Rob Cooke	M	38	M30-34	30	Rochester	26:23	08:31
53	31	Christine Janas	F	15	F35-39	39	Rochester	26:23	08:31
54	46	Sarah McAdam	F	16	F14-17	16	Rochester	26:25	08:31
55	84	Tim Mullen	M	39	M40-44	40	Rochester	26:28	08:32
56	62	Sarah Spain	F	17	F25-29	27	Rochester	26:39	08:36
57	4	Bridget Brown	F	18	F30-34	30	East Rochester	26:40	08:36
58	58	Gabe Sobiewski	M	40	M14-17	15	Kent	26:46	08:38
59	73	Greg Vleck	M	41	M55-59	59	Rochester	26:49	08:39
60	126	Robert Ealy	M	42	M70UP	79	Webster	27:07	08:45
61	118	Steve Mowers	M	43	M40-44	42	Williamson	27:26	08:51
62	20	Bobbie Freitag	F	19	F50-54	54	Pittsford	27:27	08:51
63	38	Mitzie Lewandowski	F	20	F60-69	61	Rochester	27:36	08:54
64	106	Richard Newton	M	44	NOAGE		Webster	27:39	08:55
65	66	Robin Stonebraker	F	21	F40-44	42	Farmington	27:50	08:59
66	6	Donald Burns	M	45	M50-54	50	Rochester	28:09	09:05
67	130	Stephanie Richards	F	22	F35-39	39	Victor	28:10	09:05
68	60	Jacki Sobiewski	F	23	F35-39	38	Kent	28:11	09:06
69	64	Terri Statt	F	24	F40-44	41	Rochester	28:20	09:08
70	18	Diane Evans	F	25	F30-34	34	Rochester	28:23	09:09
71	9	Chuck Conway	M	46	M24-29	28	Spencerport	28:24	09:10
72	114	Brenden Thompson	M	47	M13UNDER	12	Williamson	28:25	09:10
73	140	Karen Huntley-Romanow	F	26	F55-59	57	Rochester	28:27	09:11
74	152	Barb VanKerkhove	F	27	NOAGE			28:36	09:13
75	15	John Dennis	M	48	M50-54	52	Rochester	28:36	09:14
76	115	Patrick Bielecki	M	49	M45-49	48	Buffalo	28:39	09:15
77	107	Bill Stanley	M	50	M70UP	70	Victor	28:50	09:18
78	14	Fran DeNardo	F	28	F50-54	50	Clifton Springs	28:56	09:20
79	21	Bob Freitag	M	51	M55-59	57	Pittsford	29:06	09:23
80	94	Holly Palmeri	F	29	F18-23	19	Rochester	29:18	09:27
81	34	Jay Jones	M	52	M50-54	50	Caledonia	29:25	09:29
82	49	Jennifer Powers	F	30	F35-39	36	Rochester	29:30	09:31
83	24	Jennifer Goldenberg	F	31	F40-44	41	Rochester	29:44	09:36
84	167	Michael DiPaula	M	53	M35-39	35	Webster	30:00	09:41
85	163	Emanuel Marcano	M	54	M30-34	32	Rochester	30:00	09:41
86	56	Sarah Schroeder	F	32	F18-23	21	Caledonia	30:03	09:42
87	91	Ellen Brenner-Boutillier	F	33	F35-39	38	Rochester	30:17	09:46
88	48	Cheryl Paine-OConnor	F	34	F45-49	45	Webster	30:20	09:47
89	43	Michael Mamo	M	55	M40-44	41	Rochester	30:30	09:50
90	77	Norm Greiner	M	56	M60-69	68	Rochester	30:32	09:51
91	22	Shannon Gardner	F	35	F35-39	35	Pittsford	30:33	09:51
92	17	Karen Eichele	F	36	F50-54	51	Scottsville	30:33	09:51
93	78	Marie Owens	F	37	F60-69	68	Henrietta	30:36	09:52
94	27	Liz Gudonis	F	38	F40-44	40	Hilton	31:13	10:04
95	109	Al Smith	M	57	M70UP	70	Rochester	31:33	10:11
96	53	Robyn Roberts	F	39	F30-34	32	Rochester	31:44	10:14
97	75	Daniel Weimer	M	58	No Age	?	Rochester	31:44	10:14
98	157	Margaret Kneuer	F	40	F13UNDER	11	Pittsford	31:50	10:16
99	155	Lisa Kneuer	F	41	F40-44	41	Pittsford	31:50	10:16

100	156	Colleen Vorndran	F	42	F35-39	36	Rochester	31:55	10:18
101	168	Janine Quinlan	F	43	F50-54	53	Sodus Point	32:16	10:24
102	105	Olivia Ondeck	F	44	F14-17	14	Rochester	32:17	10:25
103	93	Craig Papke	M	59	M40-44	41	Rochester	32:28	10:29
104	131	Joan Rosati	F	45	F60-69	69	North Chili	32:39	10:32
105	69	Sandy Toole	M	60	M70UP	70	Rochester	32:59	10:38
106	37	Dick Lewandowski	M	61	M60-69	64	Rochester	33:15	10:43
107	153	Keith Sheehan	M	62	M14-17	15	Rochester	33:26	10:47
108	76	Ahmad Rivazfar	M	63	M50-54	52	Rochester	33:33	10:49
109	39	Cindy Logan	F	46	F40-44	42	Farmington	33:49	10:54
110	45	Leigh Marr	F	47	F35-39	38	Rochester	39:57	12:53
111	72	Kandy Valimont	F	48	F45-49	45	Clifton Springs	40:18	13:00
112	104	Alex Benknight	M	64	M18-23	20	Rochester	40:25	13:02
113	120	Carol Arieno	F	49	F55-59	58	Rochester	40:40	13:07
114	55	Barbara Schreiner	F	50	F55-59	55	Conesus	40:42	13:08
115	86	Rusty Tyson	M	65	M55-59	59	Rochester	41:20	13:20
116	52	Sayeh Rivazfar	F	51	F24-29	28	Webster	41:42	13:27
117	10	Nicole Cookinham	F	52	F30-34	30	Webster	42:14	13:37
118	150	Leilani Colon	F	53	F18-23	23	Rochester	42:41	13:46
119	51	Kim Rasbeck	F	54	F35-39	38	Bergen	43:25	14:00
120	162	Ashley Plantone	F	55	F13UNDER	9	Rochester	43:26	14:01
121	166	Aaron Cain	M	66	M30-34	32	Rochester	43:30	14:02
122	135	Brandon Hoyt	M	67	M24-29	25	Rochester	46:30	15:00
123	136	Minu Rivazfar	F	56	F18-23	20	Rochester	46:34	15:01
124	137	Angel Maldonado	M	68	M24-29	24	Rochester	46:53	15:08
125	87	Jeannette Giagios	F	57	F55-59	58	Rochester	47:05	15:11
126	145	Florinda Cardenas	F	58	NOAGE		Rochester	47:05	15:11
127	171	Madeline Williams	F	59	F45-49	48	Rochester	47:07	15:12
128	23	Wendy Gilmore	F	60	F24-29	28	Rochester	47:08	15:12
129	101	Michele Marinaro	F	61	M40-44	42	Rochester	48:58	15:48
130	100	George Fustor	M	69	NOAGE		Rochester	49:15	15:53
131	102	Kim Piccininni	F	62	F40-44	41	North Chili	49:15	15:53
132	79	Robbin Alexander	F	63	F35-39	35	Hilton	49:26	15:57
133	169	Domenic Alampì	M	70	M30-34	32	Sodus	50:36	16:19
134	173	Dan Grillo	M	71	M40-44	44	Rochester	50:47	16:23
135	177	Andrew Miller	M	72	M18-23	19	Rochester	51:01	16:27
136	174	Pourandohkt Vakili	F	64	NOAGE			51:02	16:28
137	175	Cindy Saedi	F	65	F40-44	40	Rochester	51:02	16:28
138	164	Deborah Rhinehart	F	66	F50-54	54	North Chili	51:51	16:44
139	103	Lateja Morsell	F	67	F40-44	44	Rochester	51:56	16:45
140	50	Jeffrey Price	M	73	M30-34	32	WALWORTH	51:57	16:45
141	143	Jim Fantauzzo	M	74	M40-44	43	Rochester	51:58	16:46
142	144	Jayne Fantauzzo	F	68	F24-29	27	Scottsville	51:58	16:46
143	170	Andrew Chen	M	75	M40-44	42	Rochester	52:23	16:54
144	90	Tiffany Insel	F	69	F30-34	30	Rochester	52:24	16:54
145	89	Brittany Campese	F	70	F24-29	25	Rochester	52:24	16:54
146	88	Linda Campese	F	71	F55-59	55	Hornell	52:25	16:54
147	121	Peggy Karn	F	72	F60-64	64	Rochester	52:39	16:59
148	122	Ida Siegel	F	73	F60-64	61	Rochester	52:39	16:59
149	42	William Malone	M	76	M35-39	38	Penfield	53:41	17:19
150	41	Leia Malone	F	74	F30-34	30	Penfield	53:53	17:23
151	176	Siamak Saedi	M	77	M50-54	50	Rochester	57:57	18:41
152	117	David Halter	M	78	M70UP	73	Rochester	1:01:21	19:47

153	44	Matt Marion	M	79	M35-39	39	Canandaigua	1:06:15	21:22
154	29	Katherine Hall	F	75	F18-23	19	Hall	1:13:56	23:51