

**Rochester Autumn Classic Duathlon - F1**  
**Sunday, Spet. 28th, 2008 in Mendon Ponds Park, Rochester, NY**  
**Produced & Timed by YellowJacket Racing**  
**Total Finisher 81 (Men - 65 - Women - 16)**

Pos	Bib	Fullname	Gender	Class	Age	City	Run1Tm	T1Tm	BikeTm	T2Tm	Run2Tm	T3Tm	Bike2Tm	T4Tm	Run3Tm	TotalTm
<b>Overall Male</b>																
	1	115 Travis Kuhl	M	Overall Male	33	Lowville	10:52	00:19	0:25:05	00:26	11:27	00:23	0:26:21	00:27	11:29	1:26:49
<b>Overall Female</b>																
	1	126 Kristine Mallory	F	Overall Female	43	W. Henrietta	16:01	00:43	0:28:25	00:44	15:50	00:41	0:29:42	00:33	15:31	1:48:10
<b>F20-24</b>																
	1	154 Melissa Polakos	F	F20-24	23	Rochester	16:10	01:07	0:34:51	00:50	16:58	01:01	0:39:32	00:53	17:25	2:08:48
	2	70 Lisa Gerstenberger	F	F20-24	23	Rochester	16:35	01:34	0:34:00	01:01	18:08	01:33	0:37:40	01:10	17:07	2:08:49
<b>F25-29</b>																
	1	36 Carly Costanza	F	F25-29	27	Rochester	16:26	00:36	0:36:49	00:31	17:42	00:45	0:40:07	00:29	17:20	2:10:45
<b>F30-34</b>																
	1	19 Rachel Brooks	F	F30-34	30	Williamsville	16:04	00:57	0:27:51	00:30	16:14	00:41	0:29:13	00:29	16:43	1:48:41
	2	22 Nicole Busschaert	F	F30-34	32	East Rochester	15:11	01:08	0:31:07	00:37	16:18	00:52	0:33:44	00:34	16:45	1:56:15
	3	218 Julie VanDeVoorde	F	F30-34	32	Fairport	16:58	00:32	0:35:42	00:26	17:49	00:29	0:37:06	00:21	17:31	2:06:53
	4	4 Sherri Baker	F	F30-34	33	Fairport	16:36	00:42	0:34:45	01:01	17:59	00:47	0:36:57	00:48	18:52	2:08:28
	5	178 Kathleen Shea	F	F30-34	31	Rochester	21:09	01:33	0:36:50	01:43	23:13	01:16	0:38:49	01:17	23:21	2:29:11
<b>F35-39</b>																
	1	193 Amy Talarico	F	F35-39	39	Rochester	19:17	00:53	0:28:24	00:47	18:46	00:43	0:29:38	00:44	18:05	1:57:17
	2	134 Kym Meyer	F	F35-39	36	Pittsford	19:49	01:12	0:35:41	01:18	22:36	01:21	0:48:50	01:07	24:34	2:36:28
<b>F40-44</b>																
	1	228 Karin Kellman	F	F40-44	41	Penfield	16:06	00:38	0:31:45	00:24	16:54	00:28	0:33:31	00:23	16:40	1:56:49
	2	97 Debbie Iovoli	F	F40-44	44	Victor	16:56	00:51	0:32:38	00:43	17:41	00:41	0:34:34	00:42	17:42	2:02:29
<b>F45-49</b>																
	1	175 Candace Searing	F	F45-49	49	Skaneateles	15:36	01:10	0:29:04	00:58	17:11	01:08	0:30:31	00:55	17:49	1:54:21
	2	102 Diane Jozefski	F	F45-49	45	Rochester	16:02	00:33	0:35:56	00:28	17:11	00:35	0:38:02	00:27	16:45	2:05:58
	3	156 Carolyn Privitera-Gage	F	F45-49	47	West Henrietta	19:03	00:52	0:33:15	01:04	20:39	00:33	0:35:40	00:44	20:22	2:12:12
<b>M19UNDER</b>																
	1	162 Toby Ring	M	M19UNDER	18	Geneseo	13:19	00:46	0:28:26	00:44	13:50	00:55	0:28:50	00:39	14:05	1:41:34
	2	212 Stefan Zavislan	M	M19UNDER	15	Pittsford	14:36	00:54	0:29:41	00:48	15:54	00:58	0:30:25	00:50	16:29	1:50:34
	3	96 Austin Iovoli	M	M19UNDER	15	Victor	14:56	00:37	0:34:52	00:44	15:45	00:41	0:35:52	00:29	17:14	2:01:11
<b>M20-24</b>																
	1	145 Richard Nichols	M	M20-24	23	Apalachin	13:02	00:27	0:28:06	00:30	13:48	00:29	0:29:20	00:24	13:54	1:40:00
	2	24 Ronan Cahill	M	M20-24	22	Rochester	13:03	00:47	0:29:19	00:49	13:44	00:56	0:30:15	00:51	13:15	1:42:57
	3	189 Luke Strauss	M	M20-24	23	Rochester	14:01	01:06	0:29:31	01:16	14:58	01:12	0:30:11	01:08	14:29	1:47:53
	4	158 Sean Rahrle	M	M20-24	21	Baldwinsville	14:11	00:54	0:29:41	00:55	15:25	00:55	0:30:49	00:43	16:29	1:50:02
	5	182 Eugene Smith	M	M20-24	20	Great Valley	14:18	01:07	0:29:15	00:58	15:26	01:12	0:31:25	00:31	16:49	1:51:00
	6	52 John Epidy	M	M20-24	19	Middletown	16:16	00:42	0:30:45	00:47	17:22	00:47	0:31:54	00:43	16:22	1:55:37
	7	56 Adrian Flanders	M	M20-24	21	Rochester	16:51	01:01	0:30:56	00:59	17:24	01:05	0:32:42	00:38	16:00	1:57:34
	8	147 Eric Offermann	M	M20-24	21	Lynbrook	15:17	00:47	0:31:55	00:36	17:15	00:44	0:34:28	00:30	16:22	1:57:54
	9	55 Andrew Flack	M	M20-24	22	Lee Center	16:50	01:02	0:30:54	01:00	17:22	01:09	0:35:36	01:07	22:11	2:07:11

M25-29																
1	23	Chad Byler	M	M25-29	25	Rochester	11:41	00:23	0:27:45	00:21	12:38	00:25	0:27:56	00:17	57:54	1:33:35
2	223	Matt Keefe	M	M25-29	25	Rochester	12:14	00:35	0:27:17	00:36	13:11	00:42	0:28:39	00:40	13:49	1:37:42
3	38	Andy Crawford	M	M25-29	26	Alfred	12:04	00:49	0:29:28	00:37	12:19	00:43	0:30:53	00:34	12:14	1:39:40
4	222	Josh Keefe	M	M25-29	26	Rochester	13:52	00:39	0:28:01	00:28	14:31	00:41	0:29:04	00:37	14:38	1:42:30
5	236	Martin Avila	M	M25-29	27	Canandaigua	14:59	01:07	0:30:37	00:41	17:27	01:01	0:32:29	00:36	17:29	1:56:24
6	79	Brian Grinnell	M	M25-29	28	Hilton	18:02	00:44	0:39:11	00:26	19:44	00:36	0:41:48	00:22	21:11	2:22:04
M30-34																
1	88	Jochen Hoppert	M	M30-34	31	Lima	12:34	00:37	0:27:34	00:42	13:13	00:56	0:27:10	00:33	13:05	1:36:24
2	30	Nate Charvella	M	M30-34	34	Amherst	13:49	00:57	0:31:14	01:06	14:12	01:09	0:33:03	00:47	13:52	1:50:11
3	230	Randall Howard	M	M30-34	34	Rochester	14:14	01:11	0:30:28	00:59	16:25	01:12	0:32:09	00:45	16:37	1:54:00
4	71	John Ghidui	M	M30-34	30	Rochester	16:56	00:57	0:33:04	00:40	17:18	00:48	0:33:42	00:43	16:19	2:00:28
5	220	Darron Mathis	M	M30-34	34	Penfield	12:21	00:28	0:37:25	00:52	17:42	00:44	0:34:35	00:38	17:38	2:02:24
6	122	Steve Lynch	M	M30-34	33	W. Henrietta	17:22	00:43	0:36:01	00:46	18:39	01:06	0:37:53	00:56	17:31	2:10:58
7	214	Brian Zimmerman	M	M30-34	33	Rochester	17:21	00:36	0:34:53	00:44	18:35	00:40	0:37:22	00:40	20:16	2:11:07
M35-39																
1	43	Jeremy Dodds	M	M35-39	39	Skaneateles	12:59	00:45	0:26:18	00:30	13:27	00:38	0:26:32	00:24	14:00	1:35:33
2	33	Martin Coffey	M	M35-39	39	Pittsford	13:20	00:29	0:26:24	00:30	15:31	00:30	0:27:26	00:32	16:27	1:41:09
3	130	Jon McDonough	M	M35-39	37	North Chili	15:07	01:16	0:30:07	01:27	16:35	01:32	0:31:03	01:21	16:41	1:55:09
4	44	Trent Dougherty	M	M35-39	36	Rochester	15:27	01:13	0:28:34	00:44	18:23	01:02	0:31:22	00:41	18:37	1:56:02
5	201	David VanDeVoorde	M	M35-39	36	Fairport	16:08	01:01	0:32:48	01:10	18:23	01:21	0:36:12	01:04	18:45	2:06:52
6	107	Michael Kester	M	M35-39	38	Fayetteville	17:36	01:20	0:33:47	01:17	18:27	01:22	0:35:32	00:56	17:22	2:07:39
M40-44																
1	100	Gordon Jones	M	M40-44	44	Canandaigua	14:26	00:53	0:28:07	00:40	15:30	00:50	0:29:20	00:37	15:25	1:45:49
2	192	Rob Swizzdor	M	M40-44	43	Jamesville	14:45	00:51	0:29:21	00:32	16:01	00:50	0:29:32	00:32	16:09	1:48:33
3	49	Eric Ekholm	M	M40-44	39	Victor	15:50	01:15	0:29:35	01:18	17:24	01:02	0:31:20	01:06	16:30	1:55:20
4	77	James Greenwood	M	M40-44	43	Skaneateles	15:20	01:08	0:30:27	01:12	16:56	00:58	0:31:34	01:14	17:07	1:55:55
5	183	Brett Sobieraski	M	M40-44	42	Kent	15:36	00:51	0:33:15	00:52	16:58	00:51	0:34:29	00:37	16:41	2:00:09
6	58	John Flores	M	M40-44	40	Rochester	18:25	01:03	0:30:05	01:17	18:21	01:31	0:31:19	01:30	18:24	2:01:54
7	66	Steve Gambino	M	M40-44	43	Newark	16:57	01:05	0:31:24	00:43	18:40	00:40	0:33:02	00:40	19:13	2:02:24
8	57	Joaquim Flores	M	M40-44	42	Rochester	18:25	00:50	0:33:06	00:42	21:04	00:42	0:34:01	00:46	20:36	2:10:13
9	92	Jamie Howard	M	M40-44	43	Albany	21:35	01:24	0:42:46	00:55	21:11	01:27	0:44:16	00:46	20:16	2:34:35
M45-49																
1	167	James Roche	M	M45-49	48	Fairport	13:30	00:32	0:28:11	00:30	13:59	00:24	0:29:22	00:30	14:00	1:40:58
2	120	Vince Luongo	M	M45-49	48	Rochester	14:06	00:44	0:28:33	00:34	14:42	00:45	0:29:11	00:36	14:43	1:43:55
3	140	Mike Moreland	M	M45-49	45	Bloomfield	14:07	00:49	0:29:07	00:46	14:36	00:57	0:30:34	00:47	14:47	1:46:30
4	98	Steven Johns	M	M45-49	48	Rochester	14:41	00:29	0:31:32	00:22	15:19	00:32	0:32:38	00:26	15:39	1:51:38
5	196	John Tarduno	M	M45-49	47	Rochester	16:09	01:05	0:28:26	00:44	17:26	00:50	0:30:14	00:35	17:34	1:53:04
6	232	Tom Kleps	M	M45-49	46	Fairport	16:14	01:13	0:29:42	01:04	18:12	01:15	0:31:07	00:50	17:30	1:57:07
7	131	Pat McFalls	M	M45-49	49	Pennellville	17:49	00:55	0:28:14	00:57	19:08	01:00	0:29:36	00:44	18:55	1:57:17
8	99	Mike Johnson	M	M45-49	47	Avon	15:57	01:00	0:32:55	00:50	16:52	01:00	0:33:58	00:44	15:46	1:59:03
9	163	Steven Rivers	M	M45-49	47	Victor	16:02	00:49	0:31:50	00:51	16:30	01:04	0:34:17	00:54	17:20	1:59:37
10	235	Mike Pilsbury	M	M45-49	46	Coratunk	17:28	02:07	0:34:11	01:52	17:58	01:42	0:40:32	01:30	17:51	2:15:10
M50-54																
1	59	Tim Fogal	M	M50-54	52	Pittsford	15:54	01:00	0:29:12	00:51	16:24	00:40	0:30:00	00:46	16:09	1:50:56
2	7	Michael Baxter	M	M50-54	53	Webster	16:38	00:28	0:29:01	00:25	16:40	00:26	0:31:43	00:28	18:19	1:54:09
3	133	Richard Metzger	M	M50-54	50	Webster	16:33	00:44	0:29:30	00:39	17:48	00:47	0:31:09	00:37	17:25	1:55:11
4	61	Steve French	M	M50-54	50	Spencerport	16:46	00:47	0:32:46	00:42	15:59	00:50	0:34:10	00:38	15:37	1:58:17
5	142	Rudy Mueller	M	M50-54	51	Lakewood	16:16	00:31	0:34:22	00:31	16:43	00:36	0:39:42	00:29	17:10	2:06:20
6	124	Kevin Maier	M	M50-54	54	Webster	20:14	02:01	0:31:24	01:37	22:20	01:55	0:34:03	01:39	24:07	2:19:21

	7	119	Joseph Levy	M	M50-54	51	Rochester	19:04	01:30	0:34:30	01:24	21:58	01:52	0:39:50	01:20	25:28	2:26:55
M55-59	1	187	Dennis Stearns	M	M55-59	55	Rochester	16:37	00:39	0:28:47	00:53	17:16	00:43	0:30:32	00:41	17:06	1:53:14
	2	72	Bruce Gianniny	M	M55-59	57	Rochester	17:19	00:57	0:30:04	01:07	19:00	01:17	0:31:52	01:08	18:11	2:00:55
M60-64	1	47	Tom Dutton	M	M60-64	63	Livonia	14:12	00:20	0:27:53	00:19	14:59	00:24	0:28:46	00:16	15:17	1:42:26
	2	160	Robert Rees	M	M60-64	60	Almond	14:17	00:34	0:28:30	00:55	14:39	00:34	0:29:39	00:37	14:53	1:44:38
	3	198	Kenneth Tocha	M	M60-64	61	Cheektonaga	16:15	00:45	0:31:45	00:43	17:21	00:41	0:32:43	00:42	17:21	1:58:17
	4	82	Peter Haggerty	M	M60-64	63	West Henrietta	22:08	01:04	0:35:40	01:09	24:24	01:03	0:36:52	00:51	22:55	2:26:06
M65-69	1	139	John Moore	M	M65-69	66	Buffalo	17:27	01:07	0:34:58	01:02	18:36	01:06	0:35:55	00:52	17:41	2:08:43