

**Mendon Trail Runs - 50K**  
**Saturday November 8, 2009 Mendon Ponds, Mendon, NY**  
**36 Finishers ( 5 Female, 31 Male )**  
**Timed by YellowJacket Racing**

Pos	Bib	Name	Gender	M/F Place	Class	Age	City	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Total	Pace
1	532	Yassine Diboun	M	1	Overall Male	30	Ithaca	0:47:07	0:46:16	0:49:34	0:48:03	0:47:47	3:58:46	07:42
2	502	Mark Andrews	M	2	M30-39	38	Rochester	0:53:25	0:51:42	0:50:54	0:52:31	0:55:11	4:23:44	08:30
3	516	Ed Housel	M	3	M40-49	49	Rochester	0:51:15	0:53:20	0:53:25	0:57:17	1:01:10	4:36:28	08:55
4	527	Jill Perry	F	1	Overall Female	37	Manlius	0:56:49	0:57:57	0:57:24	0:55:50	0:58:07	4:46:08	09:14
5	543	Lvey Amory	F	2	F20-29	27	?	0:56:56	0:57:51	0:57:53	0:58:59	1:03:14	4:54:53	09:31
6	517	Richard Kruse	M	4	M50-59	54	Newark	1:00:23	0:58:08	1:00:04	1:05:40	1:00:23	5:04:38	09:50
7	544	Martin Coffey	M	5	M30-39	39	?	0:52:48	0:56:28	1:00:36	1:07:21	1:10:46	5:07:59	09:56
8	507	Michael Bohl	M	6	M20-29	26	Rochester	0:49:22	0:51:22	0:56:01	1:16:22	1:15:33	5:08:39	09:57
9	535	James Myers	M	7	M40-49	45	Webster	1:00:22	0:59:11	1:01:07	1:07:33	1:13:24	5:21:36	10:22
10	531	Kevin Woodruff	M	8	M50-59	51	Barker	0:56:25	0:58:17	1:03:45	1:13:55	1:21:38	5:34:00	10:46
11	545	Alan Bowman	M	9	M50-59	50	?	0:57:23	1:17:41	1:06:01	1:07:27	1:07:03	5:35:36	10:50
12	519	Chris McDonald	M	10	M40-49	40	Troy	1:18:07	1:04:10	1:03:00	1:07:16	1:10:57	5:43:29	11:05
13	512	Shey Doane	M	11	M40-49	41	East Syracuse	1:08:17	1:09:37	1:07:42	1:13:05	1:10:04	5:48:45	11:15
14	538	Luke Strauss	M	12	M20-29	24	Irondequoit	1:06:54	1:06:20	1:07:03	1:12:14	1:18:40	5:51:10	11:20
15	534	Dave George	M	13	M30-39	35	N. Syracuse	1:05:55	1:09:33	1:08:19	1:14:52	1:13:57	5:52:36	11:22
16	533	Donny Andreas	M	14	M40-49	41	Seneca Falls	1:00:31	1:01:59	1:07:30	1:17:13	1:26:18	5:53:31	11:24
17	537	Chris Washburn	M	15	M40-49	46	Newark	1:18:07	1:04:45	1:08:47	1:17:58	1:18:49	6:08:26	11:53
18	514	Kellie Gregoire	F	3	F40-49	40	Murray	1:08:07	1:10:09	1:15:07	1:21:35	1:18:43	6:13:41	12:03
19	511	Richard Cronise	M	16	M50-59	54	Victor	1:09:56	1:10:33	1:13:46	1:18:36	1:22:03	6:14:53	12:06
20	523	Graham Noble	M	17	M50-59	59	Wells	1:16:07	1:06:10	1:10:03	1:19:54	1:27:19	6:19:34	12:15
21	530	Tony Schiffert	M	18	M30-39	31	Rocheste	1:07:56	1:11:03	1:17:15	1:23:24	1:27:48	6:27:27	12:30
22	536	Andrew Carney	M	19	M40-49	40		1:07:11	1:10:41	1:12:04	1:25:19	1:32:14	6:27:29	12:30
23	528	Kimberly Rapp	F	4	F40-49	44	Macedon	1:09:51	1:13:01	1:17:29	1:23:12	1:24:00	6:27:34	12:30
24	540	Richard Detwiler	M	20	M50-59	59	Webster	1:12:45	1:13:51	1:15:34	1:25:56	1:25:26	6:33:32	12:42
25	541	Pete Donovan	M	21	M40-49	43	?	1:14:47	1:17:53	1:20:57	1:27:45	1:20:21	6:41:43	12:58
26	546	David McManus	M	22	M40-49	44	Rochester	1:07:14	1:10:58	1:30:15	1:30:46	1:32:08	6:51:21	13:16
27	518	Robert Majors	M	23	M30-39	33	Summit	1:03:19	1:11:21	1:22:48	1:44:54	1:39:18	7:01:40	13:36
28	508	Thomas Butler	M	24	M40-49	43	Rochester	1:11:26	1:16:52	1:26:11	1:34:58	1:39:34	7:09:01	13:50
29	547	Karen Fennie	F	5	F40-49	49	Binghamton	1:41:46	1:17:52	1:27:34	1:33:29	1:37:56	7:11:38	13:55
30	539	Joe Cleary	M	25	M60-69	68	Georgetown	1:27:11	1:28:26	1:28:41	1:33:30	1:38:39	7:36:27	14:43
31	542	Daniel Dohovan	M	26	M50-59	54	Lockport	1:14:48	1:21:07	1:44:24	1:51:39	1:47:02	7:58:59	15:27
32	520	Arthur Moore	M	27	M70-79	71	Strongsville	1:26:09	1:29:29	1:35:31	1:44:33	1:44:41	8:00:22	15:30

33	510	Andrew Clark	M	28	M20-29	28	Whitesboro	1:14:46	1:26:38	1:42:48	1:49:32	2:00:02	8:13:47	15:56
34	503	Alexander Bliss	M	29	M20-29	20	Rochester	1:12:15	1:31:01	1:51:46	2:10:28	2:06:24	8:51:55	17:10
35	504	Andrew Bliss	M	30	M14-19	19	Fredericksburg	1:22:07	1:33:32	1:49:35	2:01:13	2:05:43	8:52:10	17:10
36	505	Foster Bliss	M	31	M50-59	52	Fredericksburg	1:21:39	1:31:38	1:51:27	2:01:31	2:05:58	8:52:13	17:10
DNF	529	Michael Robertson	M		M30-39	36	Mechanicville	0:55:54	0:58:15	1:07:11	1:29:03			
DNF	522	Carrie Neveline	F		F30-39	37	Fayetteville	1:03:16	1:03:27	1:08:25	1:23:10			
DNF	509	Tony Ciccone	M		M60-69	60	Locke	1:13:05	1:17:33	1:28:17	1:38:54			
DNF	521	Tom Nesterick	M		M40-49	43		1:45:13	1:02:59	1:12:38				
DNF	506	Brent Blue	M		M30-39	34	San Diego	1:15:47	1:20:06	1:30:56				
DNF	524	Dana Ozimek	F		F20-29	26	Colchester	1:08:11	1:12:54					