

Mendon Trail Runs - 50K
Saturday November 8, 2009 Mendon Ponds, Mendon, NY
36 Finishers (5 Female, 31 Male)
Timed by YellowJacket Racing

Pos	Bib	Name	Gender	Class	Age	City	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Total	Pace
Overall Female													
	1	527 Jill Perry	F	Overall Female	37	Manlius	0:56:49	0:57:57	0:57:24	0:55:50	0:58:07	4:46:08	09:14
Overall Male													
	1	532 Yassine Diboun	M	Overall Male	30	Ithaca	0:47:07	0:46:16	0:49:34	0:48:03	0:47:47	3:58:46	07:42
F20-29													
	1	543 Lvey Amory	F	F20-29	27	?	0:56:56	0:57:51	0:57:53	0:58:59	1:03:14	4:54:53	09:31
F40-49													
	1	514 Kellie Gregoire	F	F40-49	40	Murray	1:08:07	1:10:09	1:15:07	1:21:35	1:18:43	6:13:41	12:03
	2	528 Kimberly Rapp	F	F40-49	44	Macedon	1:09:51	1:13:01	1:17:29	1:23:12	1:24:00	6:27:34	12:30
	3	547 Karen Fennie	F	F40-49	49	Binghamton	1:41:46	1:17:52	1:27:34	1:33:29	1:37:56	7:11:38	13:55
M14-19													
	1	504 Andrew Bliss	M	M14-19	19	Fredericksburg	1:22:07	1:33:32	1:49:35	2:01:13	2:05:43	8:52:10	17:10
M20-29													
	1	507 Michael Bohl	M	M20-29	26	Rochester	0:49:22	0:51:22	0:56:01	1:16:22	1:15:33	5:08:39	09:57
	2	538 Luke Strauss	M	M20-29	24	Irondequoit	1:06:54	1:06:20	1:07:03	1:12:14	1:18:40	5:51:10	11:20
	3	510 Andrew Clark	M	M20-29	28	Whitesboro	1:14:46	1:26:38	1:42:48	1:49:32	2:00:02	8:13:47	15:56
	4	503 Alexander Bliss	M	M20-29	20	Rochester	1:12:15	1:31:01	1:51:46	2:10:28	2:06:24	8:51:55	17:10
M30-39													
	1	502 Mark Andrews	M	M30-39	38	Rochester	0:53:25	0:51:42	0:50:54	0:52:31	0:55:11	4:23:44	08:30
	2	544 Martin Coffey	M	M30-39	39	?	0:52:48	0:56:28	1:00:36	1:07:21	1:10:46	5:07:59	09:56
	3	534 Dave George	M	M30-39	35	N. Syracuse	1:05:55	1:09:33	1:08:19	1:14:52	1:13:57	5:52:36	11:22
	4	530 Tony Schiffert	M	M30-39	31	Rocheste	1:07:56	1:11:03	1:17:15	1:23:24	1:27:48	6:27:27	12:30
	5	518 Robert Majors	M	M30-39	33	Summit	1:03:19	1:11:21	1:22:48	1:44:54	1:39:18	7:01:40	13:36
M40-49													
	1	516 Ed Housel	M	M40-49	49	Rochester	0:51:15	0:53:20	0:53:25	0:57:17	1:01:10	4:36:28	08:55
	2	535 James Myers	M	M40-49	45	Webster	1:00:22	0:59:11	1:01:07	1:07:33	1:13:24	5:21:36	10:22
	3	519 Chris McDonald	M	M40-49	40	Troy	1:18:07	1:04:10	1:03:00	1:07:16	1:10:57	5:43:29	11:05
	4	512 Shey Doane	M	M40-49	41	East Syracuse	1:08:17	1:09:37	1:07:42	1:13:05	1:10:04	5:48:45	11:15
	5	533 Donny Andreas	M	M40-49	41	Seneca Falls	1:00:31	1:01:59	1:07:30	1:17:13	1:26:18	5:53:31	11:24
	6	537 Chris Washburn	M	M40-49	46	Newark	1:18:07	1:04:45	1:08:47	1:17:58	1:18:49	6:08:26	11:53
	7	536 Andrew Carney	M	M40-49	40		1:07:11	1:10:41	1:12:04	1:25:19	1:32:14	6:27:29	12:30
	8	541 Pete Donovan	M	M40-49	43	?	1:14:47	1:17:53	1:20:57	1:27:45	1:20:21	6:41:43	12:58
	9	546 David McManus	M	M40-49	44	Rochester	1:07:14	1:10:58	1:30:15	1:30:46	1:32:08	6:51:21	13:16
	10	508 Thomas Butler	M	M40-49	43	Rochester	1:11:26	1:16:52	1:26:11	1:34:58	1:39:34	7:09:01	13:50
M50-59													
	1	517 Richard Kruse	M	M50-59	54	Newark	1:00:23	0:58:08	1:00:04	1:05:40	1:00:23	5:04:38	09:50
	2	531 Kevin Woodruff	M	M50-59	51	Barker	0:56:25	0:58:17	1:03:45	1:13:55	1:21:38	5:34:00	10:46
	3	545 Alan Bowman	M	M50-59	50	?	0:57:23	1:17:41	1:06:01	1:07:27	1:07:03	5:35:36	10:50
	4	511 Richard Cronise	M	M50-59	54	Victor	1:09:56	1:10:33	1:13:46	1:18:36	1:22:03	6:14:53	12:06
	5	523 Graham Noble	M	M50-59	59	Welland	1:16:07	1:06:10	1:10:03	1:19:54	1:27:19	6:19:34	12:15
	6	540 Richard Detwiler	M	M50-59	59	Webster	1:12:45	1:13:51	1:15:34	1:25:56	1:25:26	6:33:32	12:42
	7	542 Daniel Dohovan	M	M50-59	54	Lockport	1:14:48	1:21:07	1:44:24	1:51:39	1:47:02	7:58:59	15:27
	8	505 Foster Bliss	M	M50-59	52	Fredericksburg	1:21:39	1:31:38	1:51:27	2:01:31	2:05:58	8:52:13	17:10
M60-69													
	1	539 Joe Cleary	M	M60-69	68	Georgetown	1:27:11	1:28:26	1:28:41	1:33:30	1:38:39	7:36:27	14:43
M70-79													
	1	520 Arthur Moore	M	M70-79	71	Strongsville	1:26:09	1:29:29	1:35:31	1:44:33	1:44:41	8:00:22	15:30