

Mendon Trail Runs - 10K
Saturday November 8, 2009 Mendon Ponds, Mendon, NY
91 Finishers (18 Female, 70 Male, 3 Unknown)
Timed by YellowJacket Racing

Pos	Bib	Name	Gender	Class	Age	City	Time	Pace
Overall Female								
	1	729 Maria Mancarella	F	Overall Female	20	Syracuse	0:44:46	07:13
Overall Male								
	1	782 Dennis Moriarty	M	Overall Male	51	Webster	0:43:37	07:02
No Age								
	1	770 770 770					1:14:18	11:59
	2	771 771 771					1:29:11	14:23
F13UNDER								
	1	774 Lisa Gudlin	F	F13UNDER	13	?	1:29:11	14:23
F14-19								
	1	772 Michelle Dietz	F	F14-19	16	?	0:58:42	09:28
F20-29								
	1	719 Emily Iannello	F	F20-29	24	Webster	0:57:09	09:13
	2	787 Caroline Kenyan	F	F20-29	29	?	0:57:13	09:14
	3	794 Kathryn Mancarella	F	F20-29	22	?	1:04:17	10:22
	4	755 Jeannie Chirico	F	F20-29	24	Camillus	1:17:34	12:31
	5	769 Lydia Ripke	F	F20-29	27	Syracuse	1:29:11	14:23
F30-39								
	1	713 Rebecca Duberry	F	F30-39	38	Rochester	0:49:46	08:02
	2	759 Laura Williams	F	F30-39	36	Leroy	1:05:04	10:30
	3	792 Stephanie Pagano	F	F30-39	39	Pittsford	1:08:56	11:07
	4	791 Marla Cilento	F	F30-39	39	?	1:08:58	11:07
	5	735 Nichole Pealo	F	F30-39	38	Rochester	1:33:50	15:08
F40-49								
	1	706 Leslie Carlson	F	F40-49	44	Avon	1:02:33	10:05
	2	793 Lauren Pulli	F	F40-49	42		1:09:19	11:11
	3	785 Stacey VanDenburgh	F	F40-49	45	Palmyra	1:17:30	12:30
F50-59								
	1	747 Martha Southard	F	F50-59	50	East Syracuse	1:14:08	11:57
	2	731 Mary Marron	F	F50-59	50	Syracuse	1:20:00	12:54
M13UNDER								
	1	790 Jack Creatura	M	M13UNDER	11	?	1:01:02	09:51
M14-19								
	1	740 DaShawn Robinson	M	M14-19	17		0:47:00	07:35
	2	752 Robert Watson	M	M14-19	19	Jersey Shore	0:49:36	08:00
	3	763 Billy Galetto	M	M14-19	14	Spencerport	0:50:32	08:09

	4	738	Luke Ripke	M	M14-19	17	Syracuse	0:56:04	09:03
	5	710	Jeremy Dietz	M	M14-19	14	Woodbridge	1:02:06	10:01
	6	728	Joseph Mancarella	M	M14-19	15	Syracuse	1:07:27	10:53
	7	732	Timothy Martinez	M	M14-19	17	Baldwinsville	1:07:30	10:53
	8	756	David Chirico	M	M14-19	19	Camillus	1:09:43	11:15
	9	734	Devon Palmer	M	M14-19	16		1:22:07	13:15
									00:00
M20-29									00:00
	1	723	Jared Kuhl	M	M20-29	21	Buffalo	0:46:53	07:34
	2	739	Matthew Ripke	M	M20-29	24	Syracuse	0:47:38	07:41
	3	707	Adam Cornwell	M	M20-29	23	Bethel	0:51:17	08:16
	4	768	Brian Snepenger	M	M20-29	24	?	0:57:12	09:14
	5	726	Daniel Lockwood	M	M20-29	26	Syracuse	0:57:12	09:14
	6	780	Alastar Moore	M	M20-29	29	San Francisco	0:57:29	09:16
	7	733	Benjamin Oakleaf	M	M20-29	22	Syracuse	0:58:11	09:23
	8	701	Timothy Ashley	M	M20-29	29	Ontario	0:59:50	09:39
	9	744	Chad Skarzynski	M	M20-29	28	Cheektowaga	1:02:13	10:02
M30-39									
	1	784	Joshua Egerton	M	M30-39	32	?	0:47:05	07:36
	2	761	Jason Pane	M	M30-39	36	Oriskany	0:47:19	07:38
	3	631	Hugh Anstett	M	M30-39	34		0:48:07	07:46
	4	722	Imre Knausz	M	M30-39	31	Fairport	0:48:54	07:53
	5	753	Frank Dewitt	M	M30-39	33	Lima	0:53:57	08:42
	6	767	Denny Pooler	M	M30-39	38	Victor	0:55:27	08:57
	7	721	Jay Keyes	M	M30-39	31	Rochester	0:56:37	09:08
	8	754	Shawn Knisely	M	M30-39	37	Hawley	0:56:42	09:09
	9	629	John Ghidiu	M	M30-39	30	?	0:58:27	09:26
	10	762	Michael Cefalo	M	M30-39	32	Rochester	0:59:42	09:38
	11	702	Derek Bakay	M	M30-39	35	Camillus	0:59:46	09:38
	12	765	Daniel Curtis	M	M30-39	37	Cohocton	1:01:03	09:51
	13	709	Gabriel Del Vecchio	M	M30-39	30	Rochester	1:27:43	14:09
M40-49									
	1	795	Dahl Angus	M	M40-49	40	?	0:47:42	07:42
	2	720	Tim Kane	M	M40-49	49	Sherrill	0:49:19	07:57
	3	704	Larry Bernstein	M	M40-49	48	Honeoye Falls	0:49:45	08:01
	4	712	Paul Dittman	M	M40-49	40	Hilton	0:52:17	08:26
	5	718	Larry Hoffman	M	M40-49	40	Ontario	0:53:29	08:38
	6	703	James Beaujon	M	M40-49	44	Canandaigua	0:53:45	08:40
	7	751	John Tarduno	M	M40-49	47	Rochester	0:56:08	09:03
	8	776	Michael Munoy	M	M40-49	45	?	0:56:31	09:07
	9	742	Jeff Schumacker	M	M40-49	48	Rochester	0:57:01	09:12
	10	760	Robert Andrus	M	M40-49	48	Canandaigua	0:57:05	09:12
	11	716	Keith Gregoire	M	M40-49	42	Williamsville	0:57:13	09:14
	12	777	Ed Martin	M	M40-49	45	?	0:57:29	09:16
	13	745	Allen Smith	M	M40-49	42	Buffalo	0:58:40	09:28
	14	783	Patrick Brannon	M	M40-49	44	?	0:59:31	09:36
	15	779	Dale Dimick	M	M40-49	41	?	0:59:45	09:38
	16	788	Dan Judd	M	M40-49	48	?	1:00:40	09:47
	17	757	Andrew Ciaio	M	M40-49	43	?	1:00:52	09:49
	18	789	Lawrence Creatura	M	M40-49	43	?	1:01:02	09:51
	19	766	Tim Peterson	M	M40-49	48	Avoca	1:02:05	10:01
	20	715	Brian Ferris	M	M40-49	49	Brockport	1:05:53	10:38

21	711 Peter Dietz	M	M40-49	46	Woodbridge	1:05:55	10:38
22	705 John Boersma	M	M40-49	48	Pittsford	1:14:14	11:58
23	724 Hugh Lambert	M	M40-49	41	Rochester	2:02:48	19:48

M50-59

1	750 John Sullivan	M	M50-59	59	Sherrill	0:47:59	07:44
2	781 Matt Degma	M	M50-59	54	?	0:53:36	08:39
3	786 Bill Beyerbach	M	M50-59	53	Rochester	0:54:56	08:52
4	758 Steve Anderson	M	M50-59	53	?	0:57:47	09:19
5	778 Chris Barry	M	M50-59	56	?	0:59:54	09:40
6	764 Donald Galetto	M	M50-59	56	Spencerport	1:00:29	09:45
7	775 Kurt Vay	M	M50-59	50	?	1:02:35	10:06
8	736 Gary Preece	M	M50-59	55	Shortsville	1:04:43	10:26
9	737 Allen Ripke	M	M50-59	57	Syrauce	1:06:08	10:40
10	741 Geoffrey Rummel	M	M50-59	50	Pittsford	1:13:38	11:53
11	714 Dan Dupprey	M	M50-59	50	Victor	1:14:38	12:02
12	708 George Cretekos	M	M50-59	50	Farmington	1:14:39	12:02
13	730 Edward Marron	M	M50-59	50	Syracuse	1:20:01	12:54

M60-69

1	749 Walter Standhart	M	M60-69	64	Rochester	1:01:27	09:55
2	773 Bob Carafice	M	M60-69	65	?	1:22:46	13:21