

**Lyme Triathlon (Swim-Bike-Run)**  
**Sunday, August 3rd, 2008 Chaumont, NY**  
**Timed by YellowJacket Racing**

**Total Finishers 101 (Male - 53, Women - 22, Teams - 26, DNF - 1)**

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	SwimTm	T1Tm	BikeTm	T2Tm	RunTm	TotalTm
1	78	Jonathan Good	M		1	Overall Male	29	Watertown	0:11:46	0:01:10	0:44:14	0:00:36	0:24:12	1:21:57
2	9	Andrew Staowicz	M		2	Overall Male	35	Syracuse	0:10:48	0:00:43	0:45:45	0:00:47	0:24:38	1:22:40
3	95	Michael Harris	M		3	Overall Male	47	Chaumont	0:11:54	0:00:51	0:44:09	0:00:39	0:25:33	1:23:06
4	47	Paul Aemisegeo	M		4	M30-39	35	Easton	0:11:46	0:00:29	0:44:43	0:00:34	0:27:10	1:24:42
5	66	James Brady	M		5	M40-49	41	Carthage	0:13:09	0:00:39	0:47:01	0:00:36	0:23:33	1:24:58
6	70	Marc Rusch	M		6	M40-49	44	Redwood	0:12:32	0:00:37	0:44:13	0:00:29	0:27:16	1:25:07
7	103	Jeff Kellogg	M		7	M40-49	45	Adams Center	0:14:24	0:01:06	0:44:05	0:01:02	0:26:04	1:26:41
8	1	Pat Turley	M		8	M40-49	45	Syracuse	0:11:35	0:01:02	0:47:11	0:00:44	0:26:17	1:26:48
9	80	Scott Sears	M		9	M40-49	41	Clay	0:12:09	0:01:11	0:45:58	0:00:40	0:29:14	1:29:13
10	16	Dirk Elliott	M		10	M50-59	52	Marathon	0:13:27	0:00:38	0:47:52	0:00:53	0:26:36	1:29:26
11	57	Robert Harmon	M		11	M20UNDER	17	Milford	0:13:15	0:00:52	0:50:08	0:00:44	0:25:20	1:30:18
12	81	Hugh Anstett	M		12	M30-39	33	Watertown	0:16:26	0:01:46	0:45:59	0:01:22	0:25:12	1:30:45
13	60	Stephen Sabo	M		13	M20UNDER	18	New Philadelphia	0:11:09	0:01:26	0:53:48	0:01:05	0:26:55	1:34:22
14	23	Brandi Boyanski	F		1	Overall Female	30	Syracuse	0:12:43	0:00:37	0:49:42	0:00:47	0:31:17	1:35:06
15	65	Eric Cadwell	M		14	M40-49	40	Watertown	0:17:05	0:01:37	0:49:22	0:00:54	0:26:20	1:35:17
16	105	Jim Finnerty	M		15	M50-59	50	Watertown	0:13:22	0:01:56	0:49:14	0:01:08	0:30:07	1:35:46
17	79	Charlie Rhode	M		16	M20UNDER	19	Watertown	0:16:15	0:01:44	0:48:49	0:01:11	0:27:58	1:35:57
18	46	Alexandra Lambert	F		2	Overall Female	18	Chambersburg	0:12:23	0:00:46	0:53:17	0:00:26	0:29:26	1:36:17
19	32	Jesse Schallek	M		17	M20-29	27	Syracuse	0:15:18	0:01:46	0:50:57	0:00:45	0:28:16	1:37:02
20	41	Page Foehl	Team		11	T40-49	43	Skaneateles	0:19:46	0:00:36	0:44:02	0:00:26	0:32:29	1:37:19
21	71	Scott Randall	M		18	M20-29	23	Henderson	0:15:52	0:01:15	0:51:36	0:00:25	0:28:16	1:37:23
22	45	Tommy Aushman	M		19	M20-29	20	Chambersburg	0:19:38	0:01:53	0:47:51	0:01:22	0:26:48	1:37:32
23	90	Wayne Vanderpool	M		20	M40-49	44	Adams Center	0:11:26	0:00:51	0:53:57	0:00:39	0:31:29	1:38:22
24	24	Maryjo Swizdor	F		3	Overall Female	43	Manlius	0:16:11	0:01:37	0:50:18	0:00:49	0:29:39	1:38:33
25	28	Graig Shapiro	M		21	M20-29	22	Buffalo	0:15:34	0:02:23	0:52:15	0:01:04	0:28:06	1:39:22
26	61	Steven Plante	M		22	M50-59	52	Fayetteville	0:14:28	0:02:18	0:49:12	0:01:09	0:32:24	1:39:30
27	8	Stephen Barr	M		23	M50-59	56	Norwood	0:16:03	0:01:01	0:48:49	0:01:11	0:32:48	1:39:51
28	92	Steven Kieb	M		24	M30-39	38	Manlius	0:14:14	0:01:53	0:54:11	0:01:20	0:28:23	1:40:00
29	76	Kirk Ramus	M		25	M20-29	24	Adams	0:15:52	0:00:47	0:53:49	0:00:43	0:28:54	1:40:06
30	25	Scott Reinhart	M		26	M50-59	51	Jamesville	0:18:37	0:01:24	0:50:34	0:01:20	0:28:29	1:40:24
31	77	Tim Watson	M		27	M40-49	48	N. Syracuse	0:16:00	0:01:45	0:50:43		0:31:57	1:40:25
32	11	Debby Rawli	F		4	F40-49	49	N Syracuse	0:15:29	0:01:17	0:54:07	0:01:23	0:28:54	1:41:10
33	21	Jordon Hoffman	M		28	M20UNDER	14	Watertown	0:15:23	0:03:17	0:52:37	0:01:58	0:28:16	1:41:31
34	67	Kelsey Brady	M		29	M20UNDER	14	Carthage	0:13:06	0:01:31	0:52:22	0:00:37	0:34:02	1:41:39
35	43	Skip Nitardy	M		30	M40-49	45	Old Town	0:12:10	0:02:54	0:52:22	0:01:40	0:33:13	1:42:18
36	4	Betsy Nicol	F		5	F40-49	49	Copenhagen	0:16:27	0:00:57	0:53:23	0:00:33	0:30:58	1:42:19
37	69	Terry Gardner	M		31	M50-59	58	Watertown	0:17:55	0:01:54	0:48:03	0:01:29	0:33:10	1:42:31
38	40	Christopher Winslow	M		32	M30-39	36	Medford	0:13:46	0:01:01	0:52:32	0:00:38	0:36:04	1:44:01
39	64	Michael Laux	M		33	M30-39	36	Brewerton	0:16:29	0:01:44	0:55:18	0:01:12	0:29:30	1:44:13
40	82	Frank Rhode	M		34	M50-59	51	Watertown	0:17:52	0:01:37	0:49:58	0:01:48	0:33:09	1:44:25
41	15	Steve Gambino	M		35	M40-49	43	Newark	0:14:22	0:01:04	0:51:41	0:01:04	0:36:18	1:44:29
42	48	Teresa Brownell	F		6	F40-49	41	Canton	0:17:14	0:01:02	0:55:13	0:00:49	0:30:14	1:44:32
43	29	Todd Rogers	M		36	M30-39	38	Honeoye Falls	0:22:20	0:01:13	0:53:45	0:00:45	0:28:00	1:46:03
44	59	Diana Nemergut	F		7	F30-39	34	Boulder	0:18:32	0:01:27	0:54:09	0:01:09	0:31:52	1:47:11
45	18	Robert Pullease	M		37	M40-49	40	Watertown	0:19:14	0:00:59	0:53:50	0:00:53	0:33:07	1:48:02
46	27	Jim Scordo	M		38	M50-59	50	Watertown	0:19:14	0:00:42	0:55:25	0:00:44	0:32:07	1:48:12
47	49	Jan Cuypers	F		8	F40-49	42	Arlington	0:15:38	0:01:19	0:56:52	0:01:18	0:33:20	1:48:27

48	42 Angela Paternostro	F	9	F30-39	32	Vernon	0:16:19	0:02:08	0:55:17	0:00:58	0:33:54	1:48:37
49	12 John Winslow	M	39	M40-49	40	Lansing	0:14:10	0:01:31	0:51:39	0:01:36	0:39:48	1:48:43
50	85 Stephen Fitzgerald	M	40	M60-69	60	Adams	0:16:35	0:02:30	0:55:16	0:01:21	0:34:53	1:50:35
51	20 Troy Hoffman	M	41	M40-49	45	Watertown	0:18:43	0:02:00	0:55:35	0:01:52	0:35:21	1:53:31
52	50 Chris Stone	M	42	M40-49	43	Norwood	0:17:20	0:02:18	0:55:09	0:01:16	0:37:52	1:53:56
53	88 Dan Button	M	43	M30-39	36	Syracuse	0:14:31	0:00:34	1:09:45	0:00:44	0:29:10	1:54:43
54	94 Jay Beckman	M	44	M30-39	32	W. Stockholm	0:18:22	0:02:07	0:55:29	0:01:28	0:37:53	1:55:20
55	97 Nathan Loomis	M	45	M20UNDER	19	Adams Center	0:16:29	0:02:30	0:56:56	0:01:16	0:38:33	1:55:45
56	83 Thom Collins	M	46	M50-59	56	Chaumont	0:23:05	0:01:49	0:55:26		0:35:36	1:55:57
57	39 Mark Kropinak	M	47	M40-49	41	Deer Park	0:18:28	0:02:12	1:00:20	0:02:21	0:35:23	1:58:43
58	96 Cheryl Pusztai	F	10	F30-39	36	Baldwinsville	0:19:57	0:02:06	0:58:15	0:01:50	0:39:09	2:01:17
59	22 Renee Doat	F	11	F20-29	25	Greene	0:16:00	0:00:56	0:54:00	0:01:06	0:49:41	2:01:43
60	93 Denise ONeil	F	12	F40-49	40	Syracuse	0:18:49	0:03:07	0:59:31	0:01:29	0:39:20	2:02:16
61	56 Sean Horrigan	M	48	M30-39	39	Lutherville	0:19:17	0:02:43	1:09:58	0:00:42	0:31:13	2:03:53
62	68 Rebecca Lewandowski	F	13	F20-29	28	Syracuse	0:18:55	0:01:58	1:09:50	0:00:32	0:33:17	2:04:31
63	10 Dan Berkman	M	49	M50-59	53	Milton	0:21:13	0:03:35	0:57:32	0:02:07	0:41:16	2:05:44
64	102 Jose Vasquez	M	50	M20-29	28	Black River	0:17:21	0:09:24	1:06:05	0:01:04	0:32:11	2:06:05
65	62 James Boston	M	51	M20-29	29	Fort Drum	0:15:07	0:01:26	0:01:11	1:16:09	0:32:11	2:06:05
66	73 Kate Carr	F	14	F20-29	23	Watertown	0:19:28	0:02:04	1:07:31	0:00:57	0:36:44	2:06:43
67	3 Kathy Fernau	F	15	F40-49	40	Ballston Spa	0:18:08	0:00:42	1:05:13	0:00:29	0:43:52	2:08:24
68	31 CJ Jackson	F	16	F40-49	45	Watertown	0:20:59	0:02:55	1:03:41	0:01:41	0:39:10	2:08:26
69	30 Lori Peters	F	17	F30-39	36	Chaumont	0:15:51	0:03:09	1:05:32	0:00:40	0:43:57	2:09:09
70	89 Mariel Spano	F	18	F20-29	26	Pulaski	0:20:44	0:01:38	1:00:03	0:02:24	0:47:11	2:12:01
71	53 Casey Stewart	F	19	F20UNDER	16	Chaumont	0:21:56	0:04:28	1:08:27	0:01:14	0:41:19	2:17:24
72	52 Mark Stewart	M	52	M50-59	52	Swarthmore			No Chip - No Splits			2:17:24
73	17 Shirley Elliott	F	20	F40-49	46	Marathon	0:20:44	0:01:23	1:08:28	0:01:21	0:47:13	2:19:10
74	7 Carole Nuzzo	F	21	F40-49	49	Manlius	0:19:49	0:03:08	1:07:36	0:02:58	0:46:35	2:20:06
75	99 Patrick Sharlow	M	53	M20UNDER	18	Delmar	0:24:36		1:18:45	0:00:56	0:43:28	2:27:45
76	2 Lisa Cousineau	F	22	F40-49	41	Springfield	0:31:54	0:01:20		1:17:33	0:55:29	2:46:15
DNF	98 Tyler Kellogg	M		M20UNDER	19	Adams Center	0:15:05	0:01:36	1:06:08	0:00:45		