

**Lyme Triathlon (Swim-Bike-Run)**  
**Sunday, August 3rd, 2008    Chaumont, NY**  
**Timed by YellowJacket Racing**

**Total Finishers 101 (Male - 53, Women - 22, Teams - 26, DNF - 1)**

Pos	Bib	Fullname	Gender	Age/Team	City	SwimTm	T1Tm	BikeTm	T2Tm	RunTm	TotalTm
Overall Male											
	1	78 Jonathan Good	M	29	Watertown	0:11:46	0:01:10	0:44:14	0:00:36	0:24:12	1:21:57
	2	9 Andrew Staowicz	M	35	Syracuse	0:10:48	0:00:43	0:45:45	0:00:47	0:24:38	1:22:40
	3	95 Michael Harris	M	47	Chaumont	0:11:54	0:00:51	0:44:09	0:00:39	0:25:33	1:23:06
Overall Female											
	1	23 Brandi Boyanski	F	30	Syracuse	0:12:43	0:00:37	0:49:42	0:00:47	0:31:17	1:35:06
	2	46 Alexandra Lambert	F	18	Chambersburg	0:12:23	0:00:46	0:53:17	0:00:26	0:29:26	1:36:17
	3	24 Maryjo Swizdor	F	43	Manlius	0:16:11	0:01:37	0:50:18	0:00:49	0:29:39	1:38:33
F20UNDER											
	1	53 Casey Stewart	F	16	Chaumont	0:21:56	0:04:28	1:08:27	0:01:14	0:41:19	2:17:24
F20-29											
	1	22 Renee Doat	F	25	Greene	0:16:00	0:00:56	0:54:00	0:01:06	0:49:41	2:01:43
	2	68 Rebecca Lewandowski	F	28	Syracuse	0:18:55	0:01:58	1:09:50	0:00:32	0:33:17	2:04:31
	3	73 Kate Carr	F	23	Watertown	0:19:28	0:02:04	1:07:31	0:00:57	0:36:44	2:06:43
	4	89 Mariel Spano	F	26	Pulaski	0:20:44	0:01:38	1:00:03	0:02:24	0:47:11	2:12:01
F30-39											
	1	59 Diana Nemergut	F	34	Boulder	0:18:32	0:01:27	0:54:09	0:01:09	0:31:52	1:47:11
	2	42 Angela Paternostro	F	32	Vernon	0:16:19	0:02:08	0:55:17	0:00:58	0:33:54	1:48:37
	3	96 Cheryl Pusztai	F	36	Baldwinsville	0:19:57	0:02:06	0:58:15	0:01:50	0:39:09	2:01:17
	4	30 Lori Peters	F	36	Chaumont	0:15:51	0:03:09	1:05:32	0:00:40	0:43:57	2:09:09
F40-49											
	1	11 Debby Rawli	F	49	N Syracuse	0:15:29	0:01:17	0:54:07	0:01:23	0:28:54	1:41:10
	2	4 Betsy Nicol	F	49	Copenhagen	0:16:27	0:00:57	0:53:23	0:00:33	0:30:58	1:42:19
	3	48 Teresa Brownell	F	41	Canton	0:17:14	0:01:02	0:55:13	0:00:49	0:30:14	1:44:32
	4	49 Jan Cuypers	F	42	Arlington	0:15:38	0:01:19	0:56:52	0:01:18	0:33:20	1:48:27
	5	93 Denise ONeil	F	40	Syracuse	0:18:49	0:03:07	0:59:31	0:01:29	0:39:20	2:02:16
	6	3 Kathy Fernau	F	40	Ballston Spa	0:18:08	0:00:42	1:05:13	0:00:29	0:43:52	2:08:24
	7	31 CJ Jackson	F	45	Watertown	0:20:59	0:02:55	1:03:41	0:01:41	0:39:10	2:08:26
	8	17 Shirley Elliott	F	46	Marathon	0:20:44	0:01:23	1:08:28	0:01:21	0:47:13	2:19:10
	9	7 Carole Nuzzo	F	49	Manlius	0:19:49	0:03:08	1:07:36	0:02:58	0:46:35	2:20:06
	10	2 Lisa Cousineau	F	41	Springfield	0:31:54	0:01:20		1:17:33	0:55:29	2:46:15
M20UNDER											
	1	57 Robert Harmon	M	17	Milford	0:13:15	0:00:52	0:50:08	0:00:44	0:25:20	1:30:18
	2	60 Stephen Sabo	M	18	New Philadelphia	0:11:09	0:01:26	0:53:48	0:01:05	0:26:55	1:34:22
	3	79 Charlie Rhode	M	19	Watertown	0:16:15	0:01:44	0:48:49	0:01:11	0:27:58	1:35:57
	4	21 Jordon Hoffman	M	14	Watertown	0:15:23	0:03:17	0:52:37	0:01:58	0:28:16	1:41:31

	5	67 Kelsey Brady	M	14	Carthage	0:13:06	0:01:31	0:52:22	0:00:37	0:34:02	1:41:39
	6	97 Nathan Loomis	M	19	Adams Center	0:16:29	0:02:30	0:56:56	0:01:16	0:38:33	1:55:45
	7	99 Patrick Sharlow	M	18	Delmar	0:24:36	1:18:45		0:00:56	0:43:28	2:27:45
DNF		98 Tyler Kellogg	M	19	Adams Center	0:15:05	0:01:36	1:06:08	0:00:45		
M20-29											
	1	32 Jesse Schallek	M	27	Syracuse	0:15:18	0:01:46	0:50:57	0:00:45	0:28:16	1:37:02
	2	71 Scott Randall	M	23	Henderson	0:15:52	0:01:15	0:51:36	0:00:25	0:28:16	1:37:23
	3	45 Tommy Ausherman	M	20	Chambersburg	0:19:38	0:01:53	0:47:51	0:01:22	0:26:48	1:37:32
	4	28 Graig Shapiro	M	22	Buffalo	0:15:34	0:02:23	0:52:15	0:01:04	0:28:06	1:39:22
	5	76 Kirk Ramus	M	24	Adams	0:15:52	0:00:47	0:53:49	0:00:43	0:28:54	1:40:06
	6	102 Jose Vasquez	M	28	Black River	0:17:21	0:09:24	1:06:05	0:01:04	0:32:11	2:06:05
	7	62 James Boston	M	29	Fort Drum	0:15:07	0:01:26	1:16:09	0:01:11	0:32:11	2:06:05
M30-39											
	1	47 Paul Aemisegeo	M	35	Easton	0:11:46	0:00:29	0:44:43	0:00:34	0:27:10	1:24:42
	2	81 Hugh Anstett	M	33	Watertown	0:16:26	0:01:46	0:45:59	0:01:22	0:25:12	1:30:45
	3	92 Steven Kieb	M	38	Manlius	0:14:14	0:01:53	0:54:11	0:01:20	0:28:23	1:40:00
	4	40 Christopher Winslow	M	36	Medford	0:13:46	0:01:01	0:52:32	0:00:38	0:36:04	1:44:01
	5	64 Michael Laux	M	36	Brewerton	0:16:29	0:01:44	0:55:18	0:01:12	0:29:30	1:44:13
	6	29 Todd Rogers	M	38	Honeoye Falls	0:22:20	0:01:13	0:53:45	0:00:45	0:28:00	1:46:03
	7	88 Dan Button	M	36	Syracuse	0:14:31	0:00:34	1:09:45	0:00:44	0:29:10	1:54:43
	8	94 Jay Beckman	M	32	W. Stockholm	0:18:22	0:02:07	0:55:29	0:01:28	0:37:53	1:55:20
	9	56 Sean Horrigan	M	39	Lutherville	0:19:17	0:02:43	1:09:58	0:00:42	0:31:13	2:03:53
M40-49											
	1	66 James Brady	M	41	Carthage	0:13:09	0:00:39	0:47:01	0:00:36	0:23:33	1:24:58
	2	70 Marc Rusch	M	44	Redwood	0:12:32	0:00:37	0:44:13	0:00:29	0:27:16	1:25:07
	3	103 Jeff Kellogg	M	45	Adams Center	0:14:24	0:01:06	0:44:05	0:01:02	0:26:04	1:26:41
	4	1 Pat Turley	M	45	Syracuse	0:11:35	0:01:02	0:47:11	0:00:44	0:26:17	1:26:48
	5	80 Scott Sears	M	41	Clay	0:12:09	0:01:11	0:45:58	0:00:40	0:29:14	1:29:13
	6	65 Eric Cadwell	M	40	Watertown	0:17:05	0:01:37	0:49:22	0:00:54	0:26:20	1:35:17
	7	90 Wayne Vanderpool	M	44	Adams Center	0:11:26	0:00:51	0:53:57	0:00:39	0:31:29	1:38:22
	8	77 Tim Watson	M	48	N. Syracuse	0:16:00	0:01:45	0:50:43		0:31:57	1:40:25
	9	43 Skip Nitardy	M	45	Old Town	0:12:10	0:02:54	0:52:22	0:01:40	0:33:13	1:42:18
	10	15 Steve Gambino	M	43	Newark	0:14:22	0:01:04	0:51:41	0:01:04	0:36:18	1:44:29
	11	18 Robert Pullease	M	40	Watertown	0:19:14	0:00:59	0:53:50	0:00:53	0:33:07	1:48:02
	12	12 John Winslow	M	40	Lansing	0:14:10	0:01:31	0:51:39	0:01:36	0:39:48	1:48:43
	13	20 Troy Hoffman	M	45	Watertown	0:18:43	0:02:00	0:55:35	0:01:52	0:35:21	1:53:31
	14	50 Chris Stone	M	43	Norwood	0:17:20	0:02:18	0:55:09	0:01:16	0:37:52	1:53:56
	15	39 Mark Kropinak	M	41	Deer Park	0:18:28	0:02:12	1:00:20	0:02:21	0:35:23	1:58:43
M50-59											
	1	16 Dirk Elliott	M	52	Marathon	0:13:27	0:00:38	0:47:52	0:00:53	0:26:36	1:29:26
	2	105 Jim Finnerty	M	50	Watertown	0:13:22	0:01:56	0:49:14	0:01:08	0:30:07	1:35:46
	3	61 Steven Plante	M	52	Fayetteville	0:14:28	0:02:18	0:49:12	0:01:09	0:32:24	1:39:30
	4	8 Stephen Barr	M	56	Norwood	0:16:03	0:01:01	0:48:49	0:01:11	0:32:48	1:39:51

5	25	Scott Reinhart	M	51	Jamesville	0:18:37	0:01:24	0:50:34	0:01:20	0:28:29	1:40:24
6	69	Terry Gardner	M	58	Watertown	0:17:55	0:01:54	0:48:03	0:01:29	0:33:10	1:42:31
7	82	Frank Rhode	M	51	Watertown	0:17:52	0:01:37	0:49:58	0:01:48	0:33:09	1:44:25
8	27	Jim Scordo	M	50	Watertown	0:19:14	0:00:42	0:55:25	0:00:44	0:32:07	1:48:12
9	83	Thom Collins	M	56	Chaumont	0:23:05	0:01:49	0:55:26		0:35:36	1:55:57
10	10	Dan Berkman	M	53	Milton	0:21:13	0:03:35	0:57:32	0:02:07	0:41:16	2:05:44
11	52	Mark Stewart	M	52	Swarthmore			No Chip - No Splits			2:17:24

M60-69

1	85	Stephen Fitzgerald	M	60	Adams	0:16:35	0:02:30	0:55:16	0:01:21	0:34:53	1:50:35
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Overall Team

1	34	Burns Hardwick McKinney	Team	Team	Watertown	0:11:07	0:00:36	0:38:27	0:00:22	0:22:31	1:13:03
2	19	Smith Machia LaBarr	Team	Team	Watertown	0:12:11	0:00:31	0:47:52	0:00:19	0:25:07	1:26:00
3	26	Rutledge Gebo Emrich	Team	Team	Watertown	0:12:24	0:00:21	0:49:02	0:00:16	0:26:50	1:28:53

T20-29

1	44	Raby Nitardy	Team	Team	Old Town	0:11:52	0:00:24	0:50:47	0:00:21	0:29:13	1:32:37
2	84	Stevenson Norman Monks	Team	Team	Chaumont	0:14:34	0:00:39	0:54:02	0:00:18	0:27:22	1:36:55

T20UNDER

1	51	Freeman Ketrick Rosenburger	Team	Team	Watertown	0:11:07	0:00:27	0:54:04	0:00:18	0:25:05	1:31:02
2	74	The Female Learn Team	Team	Team	Troy	0:10:54	0:00:23	0:57:34	0:00:22	0:25:36	1:34:49
3	72	Jamieson Fritton	Team	Team	Mannsville	0:15:06	0:00:37	0:55:40	0:00:18	0:24:32	1:36:13
4	37	Goetze Gonzalez Pelkey	Team	Team	Evans Mills	0:16:05	0:00:19	0:55:19	0:00:15	0:28:12	1:40:11
5	104	McKinney Capone	Team	Team	Watertown	0:12:50	0:00:40	1:09:11	0:00:20	0:31:39	1:54:40
6	100	Kellogg Hall Panzetta	Team	Team	Adams Center	0:16:30	0:00:31	1:02:53	0:00:20	0:38:12	1:58:26

T30-39

1	75	Team Learn	Team	Team	Troy	0:13:51	0:00:49	0:50:44	0:00:24	0:29:02	1:34:49
2	91	Team Hollen-Betts	Team	Team	Baldwinsville	0:18:31	0:00:31	0:56:49	0:00:25	0:29:21	1:45:37
3	38	France Lopez Massey	Team	Team	Evans Mills	0:21:33	0:00:26	0:59:21	0:00:17	0:25:12	1:46:49
4	58	Townsend Nemergut	Team	Team	Boulder	0:22:06	0:00:35	0:50:52	0:01:24	0:36:09	1:51:05
5	13	Cornell Team	Team	Team	Sandy Creek	0:14:01	0:00:23	0:58:29	0:00:24	0:40:18	1:53:37
6	87	Poulin Strait	Team	Team	Guilford	0:17:45	0:01:53	0:57:40	0:00:28	0:37:33	1:55:19
7	55	Dobbins Crupi	Team	Team	Chicago	0:20:25	0:00:32	1:08:03	0:00:25	0:34:34	2:03:59

T40-49

1	101	OConnor Tidd	Team	Team	Alexandria Bay	0:10:47	0:00:28	0:56:01	0:00:19	0:24:56	1:32:30
2	41	Page Foehl	Team	43	Skaneateles	0:19:46	0:00:36	0:44:02	0:00:26	0:32:29	1:37:19
3	36	Hopkins Evans Marino	Team	Team	Pittsburgh	0:16:27	0:00:26	0:51:48	0:00:20	0:28:22	1:37:24
4	54	Team Crupi	Team	Team	Juneau	0:19:09	0:00:38	1:09:38	0:00:28	0:34:30	2:04:23
5	86	DeBraun McNeal Ryan	Team	Team	Syracuse	0:16:57	0:00:33	1:10:47	0:00:27	0:39:20	2:08:04

T50-59

1	35	Fancher Goodbody	Team	Team	Portland	0:17:55	0:00:28	0:59:05	0:00:25	0:24:41	1:42:33
2	106	Young Foster	Team	Team	Watertown	0:18:06	0:00:25	1:05:45	0:00:22	0:30:44	1:55:23

3	33	Randall Sargent Dawson	Team	Team	Watertown	0:20:35	0:00:40	1:01:59	0:00:21	0:33:47	1:57:22
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