

**Henderson Harbor Triathlon**  
**Saturday July 12, 2008**                      **Henderson Harbor, NY**  
**142 Finishers (47 Female, 65 Male, 30 Team)**  
**Timed by YellowJacket Racing**

Pos	Bib	Fullname	Gender	Class	Age	Swim	T1	Bike	T2	Run	Time
Overall Female											
	1	65 Christa Winslow	F	Overall Female	45	12:27	00:59	0:44:36	00:47	27:18	1:26:06
	2	142 Beth Hughes	F	Overall Female	41	10:35	01:26	0:47:44	01:04	28:34	1:29:23
	3	50 Heather Heppner	F	Overall Female	26	11:24	01:56	0:53:32	00:49	26:16	1:33:56
Overall Male											
	1	80 Travis Kuhl	M	Overall Male	33	09:32	00:54	0:38:40	00:28	21:30	1:11:03
	2	5 Jeff Dolan	M	Overall Male	21	08:46	00:43	0:40:38	00:31	24:02	1:14:41
	3	27 Dennis Moriarity	M	Overall Male		09:25	00:49	0:40:40	00:35	24:20	1:15:49
Overall Team											
	1	342 Team McKinney		Overall Team	21	09:04	00:25	0:34:36	00:18	22:52	1:07:15
F19UNDER											
	1	151 Kelcey Rusch	F	F19UNDER	16	19:39	02:59	1:06:00	00:42	42:37	2:11:58
F20-24											
	1	56 Eileen McMahon	F	F20-24	20	12:16	02:10	0:58:09	00:35	33:51	1:47:02
	2	72 Briana Warner	F	F20-24	20	16:37	02:09	1:07:04	00:38	33:14	1:59:42
	3	57 Jenna Melwiki	F	F20-24	23	14:44	02:02	1:01:16	02:00	39:56	1:59:59
	4	64 Kerry Smith	F	F20-24	22	14:21	03:40	1:05:33	00:49	38:56	2:03:19
	5	71 Casey Warner	F	F20-24	21	18:37	01:32	1:08:49	00:46	35:15	2:04:59
F25-29											
	1	143 Erin Smith	F	F25-29	25	14:57	03:06	1:00:55	01:13	31:18	1:51:29
	2	53 Tammy Lanning	F	F25-29	25	15:35	02:32	1:04:49	00:42	28:06	1:51:44
	3	47 Renee Doat	F	F25-29	25	14:14	01:31	0:50:52	00:46	44:42	1:52:05
	4	96 Katie Kelmer	F	F25-29	27	17:10	02:21	1:02:15	01:44	40:33	2:04:03
	5	88 Nicole Surace	F	F25-29	26	14:48	02:18	1:11:30	00:58	46:09	2:15:43
F30-34											
	1	55 Emily Maor	F	F30-34	33	16:06	01:10	0:47:04	00:43	32:06	1:37:10
	2	66 Carla York-Zimmerman	F	F30-34	33	15:31	01:27	0:51:51	01:01	36:08	1:45:58
	3	45 Kelly Covert	F	F30-34	34	14:01	02:06	0:53:57	01:25	34:35	1:46:03
	4	63 Michele Sewall	F	F30-34	32	14:28	02:59	0:52:39	01:11	41:36	1:52:53

	5	49 Veronica Haymore	F	F30-34	30	16:02	02:47	0:59:57	01:48	35:43	1:56:16
F35-39											
	1	138 Chris Lowery	F	F35-39	39	12:24	01:22	0:48:27	00:59	30:45	1:33:57
	2	46 Susan Davoli	F	F35-39	38	10:22	01:37	0:48:04	01:08	34:07	1:35:18
	3	48 Kellie Gentile	F	F35-39	37	10:18	01:33	0:51:22	00:46	32:35	1:36:33
	4	58 Tiffany Monaco	F	F35-39	37	11:26	01:27	0:51:55	00:46	33:12	1:38:46
	5	42 Martha Burke	F	F35-39	35	11:30	01:24	0:54:07	00:48	31:49	1:39:39
	6	74 Lauren Knight	F	F35-39	38	16:27	01:25	0:51:44	01:09	37:35	1:48:20
	7	77 Deborah Emery	F	F35-39	36	13:05	02:10	0:55:56	00:33	36:51	1:48:36
	8	68 Maxine Quigg	F	F35-39	37	14:36	01:14	0:54:00	00:46	39:09	1:49:45
	9	153 Julie Hess	F	F35-39	35	15:43	01:51	0:53:04	02:11	40:24	1:53:13
F40-44											
	1	54 Ann Marie Lozito	F	F40-44	41	08:40	01:07	0:49:07	01:00	35:06	1:35:00
	2	139 Kate Wilson	F	F40-44	42	12:13	02:58	0:51:43	01:11	27:31	1:35:35
	3	144 Teresa Brownell	F	F40-44	41	15:20	01:01	0:50:47	01:01	29:58	1:38:07
	4	61 Barbara Ross	F	F40-44	43	11:53	01:21	0:50:38	01:26	34:05	1:39:23
	5	67 Kara Rusch	F	F40-44	40	15:46	01:28	0:50:26	01:02	32:01	1:40:42
	6	52 Mary Jo Kiggins	F	F40-44	44	13:33	03:03	0:53:34	01:47	32:29	1:44:26
	7	60 Nanci Paroubek	F	F40-44	41	14:10	02:03	0:56:39	01:33	42:22	1:56:48
	8	59 Marguerite Moore	F	F40-44	44	18:26	02:35	1:03:52	00:54	34:41	2:00:28
	9	43 Heidi Burlingame	F	F40-44	42	18:15	02:18	0:58:54	01:41	41:32	2:02:39
F45-49											
	1	51 Lisa Hill	F	F45-49	49	14:00	02:27	0:49:33	00:52	28:36	1:35:28
	2	100 Candace Searing	F	F45-49	48	15:16	03:04	0:47:40	01:38	29:00	1:36:39
	3	73 Mary Eckstein	F	F45-49	47	14:28	01:43	0:53:50	00:39	30:11	1:40:50
	4	92 Lorraine Turturro	F	F45-49	47	16:17	01:12	0:50:22	00:38	34:11	1:42:40
	5	62 Penny Ruhm	F	F45-49	47	13:36	02:46	1:04:50	02:09	38:36	2:01:57
	6	41 Renee Bowers	F	F45-49	45	19:07	02:53	1:02:51	01:04	40:39	2:06:34
F50UP											
	1	89 Sharon Morey	F	F50UP	62	14:05	02:08	0:49:25	01:03	33:00	1:39:40
	2	44 Ginny Burton	F	F50UP	57	17:15	02:12	0:55:47	01:07	43:14	1:59:35
	3	149 Anne Selover	F	F50UP	50	16:45	04:11	1:06:29	01:34	42:52	2:11:51
M19UNDER											
	1	98 Charlie Rhode	M	M19UNDER	19	12:56	02:19	0:48:50	02:50	29:00	1:35:55
	2	85 Nathan Traynor	M	M19UNDER	15	12:57	02:51	0:55:23	02:09	24:06	1:37:26
	3	95 Tyler Kellogg	M	M19UNDER	19	12:23	02:26	0:51:13	00:59	35:55	1:42:56
M20-24											

1	87 Shawn Hogan	M	M20-24	24	15:00	01:21	0:44:38	01:06	22:08	1:24:12
2	146 Scott Randall	M	M20-24	23	14:16	02:36	0:48:19	00:38	25:09	1:30:58
3	17 Kevin Morgan	M	M20-24	22	11:44	01:29	0:48:28	00:30	30:29	1:32:40
4	23 Kirk Ramus	M	M20-24	24	13:52	01:55	0:52:23	00:39	28:34	1:37:22

M25-29

1	7 Jeffrey DuBois	M	M25-29	28	12:30	01:35	0:44:46	01:05	25:21	1:25:17
2	81 Joe Maskalis	M	M25-29	27	11:34	02:08	0:50:53	01:31	27:11	1:33:16
3	70 Christopher Aher	M	M25-29	27	12:32	01:16	0:44:59	01:03	33:31	1:33:21
4	25 Carl Regelmann	M	M25-29	28	12:49	01:32	0:51:10	00:55	34:46	1:41:12
5	145 Austin Key	M	M25-29	28	14:55	03:08	0:52:42	01:30	30:16	1:42:31
6	147 Stefan Mationg	M	M25-29	27	13:26	05:12	0:54:49	01:31	31:12	1:46:10
7	152 Bobby Temple	M	M25-29	26	14:37	02:59	1:04:16	00:43	30:06	1:52:41
8	13 Frank Maxwell	M	M25-29	29	16:00	02:43	1:02:24	01:43	38:00	2:00:50

M30-34

1	84 Eric Will	M	M30-34	30	08:43	01:10	0:47:17	01:12	25:17	1:23:40
2	83 Courtney Wilson	M	M30-34	33	11:15	01:41	0:47:44	01:21	30:26	1:32:27
3	12 Christopher Littell	M	M30-34	30	12:38	01:37	0:47:02	00:59	30:26	1:32:41
4	1 Scott Brann	M	M30-34	33	13:04	01:50	0:49:35	00:44	34:14	1:39:27
5	140 Brian Butrico	M	M30-34	30	11:20	01:43	0:49:19	01:34	40:03	1:43:58
6	29 Robert Seeber	M	M30-34	31	15:56	04:41	1:05:58	01:07	33:12	2:00:55

M35-39

1	150 John Becking	M	M35-39	35	09:56	01:20	0:43:58	00:56	25:55	1:22:05
2	38 Eric Eichenlaub	M	M35-39	38	11:07	00:54	0:44:11	00:52	28:15	1:25:20
3	8 Matthew Gentile	M	M35-39	36	13:05	01:20	0:43:45	00:50	27:30	1:26:30
4	39 Christopher Ludden	M	M35-39	39	11:49	01:30	0:44:40	00:57	32:23	1:31:19
5	360 John Slobada	M	M35-39	39	12:23	01:52	0:46:31	00:46	30:12	1:31:44
6	91 Scott Gregory	M	M35-39	36	11:24	01:58	0:48:22	00:57	30:57	1:33:38
7	137 Matt Paquette	M	M35-39	39	14:58	01:51	0:49:57	00:48	31:53	1:39:28
8	30 Steve Tillman	M	M35-39	37	14:48	01:51	0:47:01	01:36	35:52	1:41:08
9	78 Dewayne Bramlett	M	M35-39	35	18:24	01:59	0:51:43	00:55	30:29	1:43:30
10	4 Robert Dixon	M	M35-39	38	16:10	02:14	0:54:54	01:05	36:58	1:51:20

M40-44

1	14 Patrick McQueen	M	M40-44	44	09:08	00:58	0:41:48	00:41	24:52	1:17:27
2	26 John Roadarmel	M	M40-44	40	09:06	00:46	0:41:44	00:47	25:46	1:18:08
3	3 Rick Cote	M	M40-44	44	09:21	00:43	0:42:36	00:32	25:10	1:18:23
4	148 James Brady	M	M40-44	41	10:48	00:58	0:42:56	00:38	23:21	1:18:40
5	86 Peter Doerner	M	M40-44	44	08:49	01:05	0:44:07	00:38	27:20	1:22:00
6	28 Scott Sears	M	M40-44	41	10:24	01:19	0:42:16	01:10	30:01	1:25:10
7	82 Eric Cadwell	M	M40-44	40	15:49	01:42	0:46:35	01:27	26:53	1:32:26

8	141 Robert Hughes	M	M40-44	40	15:35	02:07	0:50:10	01:13	28:14	1:37:18
9	97 Kyle Kilmer	M	M40-44	42	11:49	01:28	0:50:45	01:31	35:52	1:41:25
10	75 Kurt Allen	M	M40-44	42	18:19	02:52	0:48:24	01:06	32:54	1:43:35
11	16 John Moore	M	M40-44	43	11:11	03:31	0:58:11	00:57	35:01	1:48:51
12	21 Robert Pullease	M	M40-44	40	15:10	01:09	0:52:42	01:34	39:25	1:49:59

M45-49

1	76 Michael Harris	M	M45-49	47	10:22	00:53	0:40:42	00:49	24:45	1:17:31
2	33 David Winslow	M	M45-49	47	09:36	01:13	0:43:57	00:59	24:30	1:20:15
3	40 Patrick Turley	M	M45-49	45	09:31	01:28	0:44:27	00:43	27:20	1:23:29
4	99 Richard Searing	M	M45-49	48	12:53	01:43	0:41:41	00:54	26:31	1:23:41
5	31 Michael Valleriano	M	M45-49	48	13:36	00:53	0:42:13	00:31	28:21	1:25:34
6	36 Edward Alberts	M	M45-49	45	17:53	01:28	0:48:47	01:12	34:11	1:43:31
7	35 John Kent	M	M45-49	46	16:37	01:25	0:51:20	00:23	34:40	1:44:25

M50-54

1	69 Timothy Walczyk	M	M50-54	51	10:46	01:36	0:40:17	01:11	26:16	1:20:06
2	37 Michael Baxter	M	M50-54	53	11:46	01:04	0:45:14	00:52	30:04	1:29:00
3	20 Steven Plante	M	M50-54	52	11:35	01:56	0:45:38	01:14	32:31	1:32:54
4	94 Keith Kutil	M	M50-54	51	11:42	01:27	0:48:12	01:01	32:59	1:35:20
5	79 Frank Rhode	M	M50-54	51	14:29	02:23	0:47:19	01:42	32:53	1:38:46
6	90 Scott Reinhert	M	M50-54	51	16:37	02:39	0:49:11	01:38	29:27	1:39:32
7	18 Billy Mugridge	M	M50-54	54	16:00	03:00	0:58:45	02:38	37:05	1:57:28
8	22 Janine Quinlan	F	M50-54	52	19:13	03:06	1:05:33	01:42	43:01	2:12:35

M55UP

1	93 Tim Reardon	M	M55UP	59	09:52	01:03	0:42:59	00:44	26:08	1:20:46
2	6 James Dolan	M	M55UP	56	10:31	01:32	0:46:55	00:39	28:10	1:27:47
3	9 Don Healey	M	M55UP	57	16:00	01:59	0:45:28	01:33	28:57	1:33:57
4	2 Bob Burton	M	M55UP	58	11:50	01:59	0:48:05	00:54	31:46	1:34:35
5	24 Chris Read	M	M55UP	56	14:24	02:53	0:51:26	01:05	29:57	1:39:45

DNF

32	Mike Wall	M	M55UP	60	11:48	02:04	0:42:04			
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TEAM 0-35

1	334 Team Raptor Racing		TEAM 0-35	16	11:17	00:39	0:44:42	00:26	32:17	1:29:21
2	353 Team Stone		TEAM 0-35	34	15:53	02:01	0:52:19	00:32	24:35	1:35:19
3	350 Team Wilson-Sischo		TEAM 0-35	31	11:21	00:25	0:51:20	00:25	33:48	1:37:19
4	346 Team Hicks		TEAM 0-35	18	19:35	00:25	0:51:22	00:22	26:47	1:38:31
5	340 Team Williamson		TEAM 0-35	15	16:04	00:37	0:45:26	00:26	36:41	1:39:13
6	348 Team Gonzalez		TEAM 0-35	18	14:20	00:20	0:53:12	00:18	31:44	1:39:55
7	358 Kids Rule		TEAM 0-35	16	11:27	00:40	1:00:43	00:23	30:31	1:43:43
8	349 Team RCB		TEAM 0-35	18	11:09	00:25	0:58:51	00:27	33:25	1:44:17
9	341 Team Salem		TEAM 0-35	16	14:57	00:39	0:55:11	00:23	34:53	1:46:03

10	339	Team Whomper	TEAM 0-35	24	08:39	00:30	1:11:00	00:22	29:22	1:49:54
11	343	Team ADK	TEAM 0-35	20	15:20	00:41	0:57:20	00:34	38:15	1:52:09
12	344	Team Peterson/Ditch	TEAM 0-35	15	16:05	00:47	0:58:24	00:20	39:31	1:55:07
13	356	Team McKinney	TEAM 0-35	33	14:18	00:28	1:04:30	00:24	38:13	1:57:53
14	347	Team Rial	TEAM 0-35	18	18:38	00:27	0:56:57	00:27	43:17	1:59:46
15	332	Team Morehouse	TEAM 0-35	16	14:45	00:26	1:03:37	00:23	41:59	2:01:11
16	354	Team Haggerty	TEAM 0-35	23	22:41	00:52	1:07:09	00:31	32:02	2:03:15

TEAM 36-49

1	355	Team Sanson	TEAM 36-49	36	22:41	00:27	0:47:19	00:36	24:56	1:35:59
2	338	Team Wheres The Finish	TEAM 36-49	43	13:57	00:43	0:49:43	00:32	31:06	1:36:02
3	330	Team Kent	TEAM 36-49	46	11:16	00:31	0:54:49	00:26	30:11	1:37:13
4	335	Team Scordo	TEAM 36-49	47	14:33	00:34	0:49:00	00:32	34:53	1:39:32
5	328	Team CHJC	TEAM 36-49	23	13:14	00:33	0:53:57	00:40	33:35	1:41:59
6	333	Team Palmiter	TEAM 36-49	39	16:01	00:43	0:50:31	00:41	36:16	1:44:11
7	345	The Smites	TEAM 36-49	46	16:15	00:53	1:02:51	00:23	25:04	1:45:26
8	357	Team McGraw	TEAM 36-49	48	15:39	00:37	0:57:11	00:38	33:34	1:47:40
9	352	Team Stokes	TEAM 36-49	36	14:48	00:30	1:06:46	00:24	40:41	2:03:08

TEAM 50UP

1	329	Team Gardner	TEAM 50UP	58	11:21	00:31	0:42:55	00:26	27:46	1:22:59
2	331	Team Kimball	TEAM 50UP	73	12:14	00:32	0:54:52	00:40	25:49	1:34:06
3	351	Bourbon Slushies	TEAM 50UP	50	13:08	00:24	0:53:46	00:32	31:22	1:39:13
4	336	Team Screaming Turtles	TEAM 50UP	57	20:18	00:39	1:00:54	00:29	41:22	2:03:43