

Freezeroo Race #3 - Don Curran Memorial 5K
Saturday, January 12, 2008 - Durand Eastman Park, Irondequoit, NY
Timed by YellowJacket Racing
Total Finishers 236 (Men - 172, Women - 84)

Pos	Bib	Fullname	Gender	Class	Age	Series	TotalTm	Pace
F19UNDER								
	1	297 Liz Looby	F	F19UNDER	17		19:51	06:24
	2	273 Kristina Martin	F	F19UNDER	15		20:46	06:42
	3	12 Megan Bell	F	F19UNDER	16	S	23:22	07:32
	4	285 Danielle Brown	F	F19UNDER	16		26:02	08:24
	5	298 Lillian Swarts	F	F19UNDER	14		26:46	08:38
	6	284 Nathalie Spockeli	F	F19UNDER	17		26:59	08:42
	7	276 Stephanie Wojnowski	F	F19UNDER	10		27:12	08:47
	8	213 Samantha Strang	F	F19UNDER	17	S	27:53	09:00
	9	281 Genevieve Ruhland	F	F19UNDER	11		29:30	09:31
	10	29 Stephanie Capers	F	F19UNDER	17	S	29:39	09:34
	11	275 Veronica Wojnowski	F	F19UNDER	8		31:39	10:13
F20-24								
	1	257 Katie Passarell	F	F20-24	22		20:24	06:35
	2	256 Katie Urbonas	F	F20-24	23		20:40	06:40
	3	272 Kristen Ryan	F	F20-24	23		24:18	07:50
	4	436 Crystal Farney	F	F20-24	24		27:54	09:00
	5	168 Erica Perry	F	F20-24	23	S	32:18	10:25
F25-29								
	1	136 Jennifer Malik	F	F25-29	28	S	20:10	06:30
	2	74 Laura Feller	F	F25-29	28	S	21:00	06:46
	3	48 Katie Courtney	F	F25-29	26	S	21:03	06:47
	4	195 Leah Samson	F	F25-29	29	S	21:14	06:51
	5	295 Megan Hyland	F	F25-29	29		21:18	06:52
	6	435 Jeanne Whitaker	F	F25-29	25		21:50	07:03
	7	278 Lisa Brassaw	F	F25-29	25		22:20	07:12
	8	296 Katie Girard-Flanagan	F	F25-29	26		25:20	08:10
	9	293 MaryBeth Foote	F	F25-29	27		27:10	08:46
	10	414 Calla Brown	F	F25-29	26		28:04	09:03
	11	416 Helen Wei	F	F25-29	27		28:43	09:16
	12	415 Julie Allen	F	F25-29	26		28:58	09:21
	13	427 Leah Basciani	F	F25-29	28		29:10	09:25
	14	442 Kylee Gates	F	F25-29	26		29:16	09:26
	15	186 Kristy Rose	F	F25-29	27	S	30:14	09:45
	16	187 Mary Rowe	F	F25-29	28	S	30:43	09:55
	17	3 Marie Andadora	F	F25-29	27	S	39:24	12:42
F30-34								
	1	279 Heather Danielson	F	F30-34	32		23:00	07:25
	2	220 Julie Tobolski	F	F30-34	30	S	24:34	07:55
	3	429 Tonya Getman	F	F30-34	30		29:30	09:31
	4	417 Heather Carmickle	F	F30-34	33		29:50	09:38
	5	148 Tami McGraw	F	F30-34	34	S	30:08	09:43
	6	211 Michelle Steverson	F	F30-34	31	S	31:37	10:12
F35-39								
	1	265 Jane Vales	F	F35-39	35		19:58	06:27
	2	157 Audra Naujokas-Knapp	F	F35-39	38	S	20:01	06:27
	3	61 Rebecca A. Duberry	F	F35-39	37	S	21:08	06:49
	4	191 Jennifer Rybak	F	F35-39	37	S	24:51	08:01
	5	283 Liz Fazackerley	F	F35-39	39		25:07	08:06
	6	26 Laura Burke	F	F35-39	39		25:21	08:11
	7	24 Kerri Brown	F	F35-39	39	S	26:02	08:24
	8	156 Krista Muszak	F	F35-39	37	S	28:06	09:04
	9	118 Jennifer Kelly	F	F35-39	36	S	28:39	09:15

10	263	Carol Pospula	F	F35-39	36		28:54	09:19
11	132	Leslie Lusk	F	F35-39	38	S	30:28	09:50
12	189	Christina Ruhland	F	F35-39	39	S	30:35	09:52
13	21	Annette Brenner	F	F35-39	38	S	30:50	09:57
14	258	Anne Johnson	F	F35-39	36		31:54	10:17
15	6	Maura Arendt	F	F35-39	39	S	32:25	10:27

F40-44

1	19	JoAnne Bradt	F	F40-44	43	S	21:47	07:02
2	242	Mary Wojnowski	F	F40-44	40	S	22:52	07:23
3	105	Deb Iovoli	F	F40-44	43	S	23:14	07:30
4	111	Diane Jozefski	F	F40-44	44	S	23:19	07:31
5	86	Lisa Gordon	F	F40-44	44	S	25:13	08:08
6	152	Carleen Meers	F	F40-44	40	S	27:47	08:58
7	169	Lisa Perticone	F	F40-44	40	S	30:32	09:51
8	264	Joanne Pagan	F	F40-44	41		30:34	09:52
9	122	Kate Latas	F	F40-44	40	S	30:59	10:00
10	289	Nancy Elliott	F	F40-44	42		31:24	10:08

F45-49

1	78	Anna Fox	F	F45-49	47	S	20:47	06:42
2	108	Pam Johnson	F	F45-49	45	S	23:32	07:35
3	139	Ann Martin	F	F45-49	49	S	24:10	07:48
4	188	Robin Rudy	F	F45-49	47	S	27:21	08:49
5	425	Donna Kaplan	F	F45-49	45		32:39	10:32
6	299	Laney Johnson	F	F45-49	47		34:53	11:15

F50-54

1	183	(Martha) Marty Roberts	F	F50-54	50	S	23:52	07:42
2	193	Karen Sable	F	F50-54	50	S	25:43	08:18
3	268	Eileen Weinpress	F	F50-54	53		25:53	08:21
4	271	Beth Tarduno	F	F50-54	51		28:41	09:15
5	177	Marilee Pryor	F	F50-54	52	S	31:21	10:07
6	426	Teri Boerner	F	F50-54	52		33:25	10:47
7	434	Libby Jachles	F	F50-54	51		46:27	14:59

F55-59

1	135	Jane Mahoney	F	F55-59	58	S	28:36	09:13
2	422	Donna Roberts	F	F55-59	55		37:37	12:08

F60-64

1	120	Carolyn Kreisen	F	F60-64	64	S	26:35	08:35
2	128	Mitzie Lewandowski	F	F60-64	60	S	28:51	09:18
3	288	Cathy Medina	F	F60-64	61		30:18	09:46

F65-69

1	185	Joan Rosati	F	F65-69	68	S	32:50	10:35
2	31	Joanne Carr	F	F65-69	69	S	35:47	11:33

M19UNDER

1	71	MJ Erb	M	M19UNDER	13	S	19:37	06:20
2	287	Luke Curley	M	M19UNDER	17		20:59	06:46
3	172	Josh Platt	M	M19UNDER	14	S	21:15	06:51
4	254	Allen Beaujon	M	M19UNDER	12		24:02	07:45
5	33	Joey Carr	M	M19UNDER	12	S	24:56	08:03
6	291	Erich Spaker	M	M19UNDER	9		26:06	08:25
7	67	Kyle Edmunds	M	M19UNDER	15	S	26:34	08:34
8	280	Matthew Ruhland	M	M19UNDER	9		31:52	10:17

M20-24

1	11	Joe Bell	M	M20-24	22	S	19:27	06:16
2	286	Philip Nesbitt	M	M20-24	21		19:32	06:18
3	231	Eric Wamsley	M	M20-24	21	S	19:55	06:26
4	123	Adam Laycock	M	M20-24	23	S	19:59	06:27

5	253	Shane Metcalfe	M	M20-24	22	24:10	07:48
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M25-29

1	247	Daniel Verdi-Penamonte	M	M25-29	25	16:47	05:25
2	84	Paul Glor	M	M25-29	29	S 17:29	05:38
3	75	Joe Flanagan	M	M25-29	29	S 18:24	05:56
4	290	Ryan Omelia	M	M25-29	25	19:55	06:25
5	300	Daniel King	M	M25-29	27	20:08	06:30
6	28	Steve Cahoon	M	M25-29	25	S 22:15	07:10
7	248	Joe Dattilo	M	M25-29	29	22:42	07:19
8	274	Michael Ryan	M	M25-29	28	24:44	07:59
9	2	Cory Andalora	M	M25-29	27	S 26:47	08:38
10	251	Brian Matzan	M	M25-29	29	27:53	09:00

M30-34

1	102	Jochen Hoppert	M	M30-34	30	S 18:19	05:55
2	49	Michael Coyle	M	M30-34	32	S 19:05	06:09
3	234	Jon Warriner	M	M30-34	30	S 20:21	06:34
4	170	Steven Philips	M	M30-34	31	S 21:55	07:04
5	294	Paul Welker	M	M30-34	30	23:12	07:29
6	292	Paul Fiorica	M	M30-34	34	23:24	07:33
7	115	Kevin R. Kehoe	M	M30-34	32	S 24:05	07:46
8	418	Jared Muisus	M	M30-34	30	26:14	08:28
9	229	Carlos H. Wallace	M	M30-34	32	S 30:30	09:50
10	282	Gabe DelVecchio	M	M30-34	30	31:07	10:02
11	441	Ryan Kaza	M	M30-34	32	49:51	16:05

M35-39

1	94	John Hair	M	M35-39	38	S 17:58	05:48
2	223	Matt Tytler	M	M35-39	35	S 18:09	05:51
3	432	John Farrell	M	M35-39	39	18:41	06:02
4	194	John Salvador	M	M35-39	37	S 19:06	06:10
5	164	Jeffrey M. Ouriel	M	M35-39	39	S 19:48	06:23
6	56	Matthew Davis	M	M35-39	35	S 19:57	06:26
7	230	Kevin R. Walter	M	M35-39	39	S 21:17	06:52
8	424	Darren Hall	M	M35-39	39	21:31	06:56
9	16	Marc Bigsby	M	M35-39	39	S 22:06	07:08
10	151	Joseph P McMahon	M	M35-39	38	S 22:28	07:15
11	262	Jeremy Hammond	M	M35-39	36	22:31	07:16
12	8	Alejandro Ashe	M	M35-39	37	S 22:53	07:23
13	430	Larry Hoffman	M	M35-39	39	23:23	07:33
14	216	Joe Tally	M	M35-39	36	S 23:50	07:41
15	250	Doug Pereira	M	M35-39	38	25:02	08:04
16	34	Douglas Caswell	M	M35-39	38	S 25:10	08:07
17	440	Chris Hughes	M	M35-39	35	25:40	08:17

M40-44

1	69	Brian Emelson	M	M40-44	42	S 18:33	05:59
2	246	Edward Juiliani	M	M40-44	44	18:38	06:01
3	23	Michael Brown	M	M40-44	43	S 19:06	06:10
4	80	Jim Gagnier	M	M40-44	43	S 19:11	06:11
5	260	Randall McGarvey	M	M40-44	40	19:19	06:14
6	38	Tim Ciancione	M	M40-44	42	S 19:25	06:16
7	233	Matthew Ward	M	M40-44	43	S 19:40	06:21
8	106	Todd Janssen	M	M40-44	40	S 19:41	06:21
9	107	Alex Johnson	M	M40-44	41	S 20:00	06:27
10	163	David Olear	M	M40-44	44	S 20:14	06:32
11	196	David B. Sauter	M	M40-44	40	S 20:18	06:33
12	145	Peter McCandlish	M	M40-44	43	S 20:38	06:39
13	431	Dan Rohnke	M	M40-44	42	20:49	06:43
14	437	Gary Dill	M	M40-44	42	20:50	06:43
15	180	Mike Reinhardt	M	M40-44	44	S 21:34	06:57
16	154	Mike Mullane	M	M40-44	44	S 22:18	07:12
17	255	James Beaujon	M	M40-44	43	22:20	07:12

18	249	Ed Martin	M	M40-44	44	S	22:33	07:16
19	127	Steven Levitsky	M	M40-44	40	S	22:55	07:24
20	126	Anthony A. Leonardis	M	M40-44	41	S	23:19	07:31
21	14	David A. Bernacki	M	M40-44	42	S	24:07	07:47
22	68	Timothy Eilinger	M	M40-44	43	S	24:32	07:55
23	166	Ronald Paeth	M	M40-44	44	S	24:36	07:56
24	60	Dale D. Dimick	M	M40-44	40	S	25:22	08:11
25	206	Douglas Smith	M	M40-44	41	S	25:54	08:21
26	439	Kenneth Johnson	M	M40-44	43		26:01	08:23
27	43	Thomas Collins	M	M40-44	42	S	26:05	08:25
28	30	Jay Capers	M	M40-44	41	S	26:33	08:34
29	277	Gordon Simmons	M	M40-44	42		27:24	08:50
30	252	Steve Daley	M	M40-44	40		27:56	09:00
31	138	Al Marciano	M	M40-44	41	S	28:23	09:09
32	119	Fred Krampe	M	M40-44	43	S	30:14	09:45
33	32	Joe Carr	M	M40-44	44	S	31:20	10:07
34	27	Thomas Butler	M	M40-44	43	S	31:42	10:13
35	203	Shannon Silvus	M	M40-44	40	S	33:09	10:42

M45-49

1	219	Ted Thull	M	M45-49	46	S	18:01	05:49
2	198	Keith Scott	M	M45-49	45	S	18:11	05:52
3	64	Tim Dwyer	M	M45-49	45	S	18:13	05:53
4	134	Mark Madigan	M	M45-49	46	S	18:27	05:57
5	133	Tony Machulskis	M	M45-49	48	S	18:55	06:06
6	73	George Fawcett	M	M45-49	47	S	19:26	06:16
7	62	Randy Dunham	M	M45-49	46	S	19:31	06:18
8	22	Jim Broderick	M	M45-49	46	S	19:34	06:19
9	181	Steve Rivers	M	M45-49	46	S	19:49	06:24
10	147	Brian McElroy	M	M45-49	46	S	19:59	06:27
11	176	Douglas Prindle	M	M45-49	47	S	21:23	06:54
12	13	John Benson	M	M45-49	49	S	21:36	06:58
13	141	Michael May	M	M45-49	48	S	21:43	07:00
14	85	Tim Gordon	M	M45-49	48	S	21:47	07:01
15	142	Anthony A. Mazzo	M	M45-49	47		22:29	07:15
16	210	Marty Sochia	M	M45-49	47	S	23:41	07:38
17	82	Tom Gibson	M	M45-49	45	S	23:59	07:44
18	159	James Norris	M	M45-49	48	S	24:02	07:45
19	45	Robert D. Cope	M	M45-49	47	S	24:14	07:49
20	1	Wilt Alston	M	M45-49	49	S	24:23	07:52
21	217	John A. Tarduno	M	M45-49	46	S	24:54	08:02
22	153	Bob Merberg	M	M45-49	47	S	24:58	08:03
23	112	Paul M. Kato	M	M45-49	48	S	25:30	08:14
24	125	Chris Leonardi	M	M45-49	47		25:59	08:23
25	50	Tom Crilly	M	M45-49	45	S	26:21	08:30
26	95	Dudley Hallstead	M	M45-49	49	S	27:14	08:47
27	270	David Nixon	M	M45-49	47		27:30	08:52
28	227	Julio Vazquez	M	M45-49	49	S	28:14	09:06
29	100	Sean Hendrick	M	M45-49	45	S	29:14	09:26
30	259	Tom Cunningham	M	M45-49	47		31:54	10:17

M50-54

1	5	Charlie Andrews	M	M50-54	50	S	17:36	05:41
2	266	Bob Hamilton	M	M50-54	52		19:35	06:19
3	244	Bob Yax	M	M50-54	53	S	19:53	06:25
4	63	Michael Dunn	M	M50-54	51	S	19:56	06:26
5	178	Frank Quattrone	M	M50-54	52	S	20:23	06:34
6	267	Mike Weinpress	M	M50-54	52		20:30	06:37
7	243	Mark Woodhams	M	M50-54	50	S	20:33	06:38
8	199	Steve Scott	M	M50-54	52	S	20:39	06:40
9	54	Jim Davis	M	M50-54	52	S	21:07	06:49
10	57	Matt Degma	M	M50-54	53	S	21:16	06:52
11	124	Mark Lehman	M	M50-54	53	S	22:11	07:09
12	130	Scott E. Lewis	M	M50-54	53	S	22:47	07:21

13	110	Chester Jozefski	M	M50-54	54	S	22:48	07:21
14	88	Lawrence Guskowski	M	M50-54	51	S	22:55	07:24
15	144	Mark McArdle	M	M50-54	53	S	23:23	07:33
16	52	John Curry	M	M50-54	50	S	23:48	07:41
17	261	John Popielarz	M	M50-54	51		24:49	08:00
18	39	Kevin R. Clary	M	M50-54	50	S	24:58	08:03
19	162	Dale ODell	M	M50-54	53	S	25:44	08:18
20	438	Mark Lincoln	M	M50-54	50		26:25	08:31
21	226	Jeff Van Riper	M	M50-54	51	S	26:53	08:40
22	15	Bill Beyerbach	M	M50-54	52	S	27:15	08:47
23	269	Dennis Culhane	M	M50-54	53		30:00	09:41
24	59	David Dilgard	M	M50-54	53	S	31:29	10:09

M55-59

1	423	Paul Persia	M	M55-59	56		20:11	06:31
2	70	Rick Erb	M	M55-59	59	S	21:39	06:59
3	98	Stephen Hedges	M	M55-59	58	S	22:43	07:20
4	97	Alan Hayter	M	M55-59	56	S	23:11	07:29
5	421	Jerry Roberts	M	M55-59	58		23:32	07:36
6	44	James H. Conklin	M	M55-59	59	S	23:57	07:44
7	224	Gary R. Updyke	M	M55-59	59	S	24:27	07:53
8	53	David Davenport	M	M55-59	56	S	24:35	07:56
9	137	Philip Mann	M	M55-59	56	S	25:07	08:06
10	109	Douglas Jones	M	M55-59	55	S	26:15	08:28
11	65	Bob Dyjak	M	M55-59	55	S	26:28	08:32
12	140	Andy Matzan	M	M55-59	55	S	27:54	09:00
13	419	Gary Muisus	M	M55-59	55		29:45	09:36
14	155	William Murphy	M	M55-59	59	S	40:42	13:08

M60-64

1	121	Thomas Lamme	M	M60-64	60	S	19:58	06:27
2	83	Tony Gingello	M	M60-64	61	S	20:05	06:29
3	245	Tom Dutton	M	M60-64	62		20:09	06:30
4	104	Roger Howe	M	M60-64	60	S	22:17	07:11
5	236	Barry Watkins	M	M60-64	62	S	24:01	07:45
6	92	Peter Haggerty	M	M60-64	63	S	27:12	08:46
7	87	David Gordon	M	M60-64	60	S	27:46	08:57
8	129	Dick Lewandowski	M	M60-64	63	S	31:50	10:16
9	420	Paul Crego Jr	M	M60-64	63		49:11	15:52

M65-69

1	241	Bill White	M	M65-69	65	S	24:42	07:58
2	40	Earl M. Cliffl	M	M65-69	68	S	28:31	09:12
3	428	Larry Warren	M	M65-69	66		28:44	09:16
4	207	Al Smith	M	M65-69	69	S	32:00	10:19
5	221	Sandy Toole	F	F65-69	69	S	40:31	13:04

M70UP

1	72	Ron Fancher	M	M70UP	71	S	24:45	07:59
2	192	Charlie Sabatine	M	M70UP	74	S	26:31	08:33
3	91	Chuck Haendiges	M	M70UP	74	S	28:43	09:16
4	99	Dave Heeks	M	M70UP	70	S	31:04	10:01
5	20	Tom Brannon	M	M70UP	72	S	31:44	10:14