

Watertown Shamrock 5 Mile
Saturday, March 13, 2010 Watertown, NY
Timed by YellowJacket Racing
Total Finishers - 386 (Men- 217, Women - 169)

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	TotalTm	Pace
1	378	TRAVIS KUHL	M		1	Overall Male	35	Lowville	0:26:07	0:05:13
2	112	WILLIAM GELLING	M		2	M25-29	28	Lowville	0:26:08	0:05:14
3	58	MATTHEW CHENEY	M		3	M15-19	17	Beaver Falls	0:28:23	0:05:41
4	130	TYLER HAYES	M		4	M15-19	18	Massena	0:28:37	0:05:43
5	147	LOGAN KEMPNEY	M		5	M15-19	15	Castorland	0:29:00	0:05:48
6	307	JOSHUA WILCOX	M		6	M15-19	18	Watertown	0:29:10	0:05:50
7	36	JAMES BRADY	M		7	M40-44	42	Carthage	0:29:14	0:05:51
8	388	MIGUEL CONTRERAS	M		8	M25-29	25	Fort Drum	0:29:20	0:05:52
9	373	STEVE GAGNIER	M		9	M20-24	21	Carthage	0:29:25	0:05:53
10	254	MARK RYBINSKI	M		10	M50-54	54	Manlius	0:29:31	0:05:54
11	420	MATT WESTERLUND	M		11	M35-39	37	Watertown	0:29:49	0:05:58
12	134	DYLAN HESSE	M		12	M15-19	17		0:30:10	0:06:02
13	62	RYAN CLEMONS	M		13	M15-19	16	Carthage	0:30:14	0:06:03
14	45	ERIC CADWELL	M		14	M40-44	42	Watertown	0:30:52	0:06:10
15	221	JASON PARE	M		15	M35-39	37	Oriskany	0:31:03	0:06:13
16	422	GEORGE DEVITA	M		16	M15-19	19	Evans Mills	0:31:16	0:06:15
17	188	CHRIS MCKINNEY	M		17	M15-19	19	Dexter	0:31:22	0:06:16
18	249	RICK ROYCE	M		18	M50-54	51	Ontario CA	0:31:23	0:06:17
19	402	JUSTIN YOUNG	M		19	M25-29	26	Watertown	0:31:29	0:06:18
20	124	PETER HARDWICK	M		20	M55-59	57	Watertown	0:31:30	0:06:18
21	372	TIMOTHY PAROZ	M		21	M30-34	30	Watertown	0:31:40	0:06:20
22	304	TIM WHEELOCK	M		22	M45-49	48	Boonville	0:31:42	0:06:20
23	86	BRIAN DODGE	M		23	M55-59	56	Fulton	0:31:50	0:06:22
24	399	JOHN FLERN	M		24	M25-29	29	Watertown	0:31:54	0:06:23
25	360	TYLER HEIMAN	M		25	M25-29	29	Watertown	0:31:58	0:06:24
26	8	GREGORY ASHE	M		26	M15-19	17	Watertown	0:32:07	0:06:25
27	412	BRAD BELLEVILLE	M		27	M40-44	40	Theresa	0:32:14	0:06:27
28	207	AARON NETTO	M		28	M30-34	32	Rodman	0:32:35	0:06:31
29	140	LAUREN JAMIESON	F		1	Overall Female	19	Adams	0:32:43	0:06:33
30	98	GEORGE EMRICH	M		29	M35-39	38	Watertown	0:32:58	0:06:36
31	275	FREDRIC SOVIE	M		30	M40-44	42	Watertown	0:32:59	0:06:36
32	419	ERIC HULBERT	M		31	M14UNDER	14	MEXICO	0:33:01	0:06:36
33	335	DAVID GURNEY	M		32	M20-24	20	Fort Drum	0:33:05	0:06:37
34	379	SCOTT RANDALL	M		33	M20-24	24	Watertown	0:33:05	0:06:37
35	63	TYLER CLEMONS	M		34	M14UNDER	13	Carthage	0:33:16	0:06:39
36	300	CHRISTOPHER WATERMAN	M		35	M35-39	35	La Fargeville	0:33:28	0:06:42
37	354	CHRISTOPHER AHER	M		36	M25-29	29	Watertown	0:33:37	0:06:43
38	56	CHRIS CATTELANE	M		37	M35-39	35		0:33:41	0:06:44
39	110	RICK GATES	M		38	M25-29	29	Watertown	0:33:45	0:06:45
40	125	JAMES HART	M		39	M35-39	37	Watertown	0:33:53	0:06:47
41	6	STEVEN ANDERSON	M		40	M30-34	34	Carthage	0:34:07	0:06:49
42	208	ANTHONY NETTO	M		41	M25-29	28	Watertown	0:34:11	0:06:50
43	23	PATRICK BEST	M		42	M45-49	49	Chaumont	0:34:14	0:06:51
44	327	REED ERICKSON	M		43	M35-39	39	Fort Drum	0:34:41	0:06:56
45	82	PATTI DENESHA	F		2	F45-49	45	Gouverneur	0:34:41	0:06:56
46	421	SUSAN MIZGALA	F		3	F35-39	35	DEXTER	0:34:45	0:06:57
47	143	JEREMY KAUFMANN	M		44	M15-19	15	Carthage	0:34:50	0:06:58
48	169	STEVEN LESTER	M		45	M55-59	55	Sackets Harbor	0:34:55	0:06:59
49	392	KENNETH KAMPRICH	M		46	M15-19	19	Watertown	0:35:07	0:07:01
50	203	THOMAS MURPHY	M		47	M15-19	17	Fort Drum	0:35:10	0:07:02
51	381	BETSEY YORK	F		4	F30-34	31	Watertown	0:35:11	0:07:02
52	408	WAYNE MCCONNELL	M		48	M30-34	32	Watertown	0:35:13	0:07:03
53	243	ANDREW ROCKEFELLER	M		49	M15-19	15	Watertown	0:35:18	0:07:04
54	430	GERARDO GUZMAN	M		50	M35-39	38	Fort Drum	0:35:20	0:07:04

55	222 ROBERT PEARSALL	M	51	M20-24	23	Carthage	0:35:24	0:07:05
56	428 JAMES CARROLL	M	52	M30-34	33	Watertown	0:35:26	0:07:05
57	96 DEREK EAMER	M	53	M20-24	22	Watertown	0:35:27	0:07:05
58	5 ZACHARY AMBROSE	M	54	M25-29	25	Watertown	0:35:30	0:07:06
59	424 NATE LUNDQUIST	M	55	M15-19	15	Lowville	0:35:34	0:07:07
60	245 DAVID ROCKEFELLER	M	56	M55-59	57	Watertown	0:35:37	0:07:07
61	397 GARRETT ANDERSON	M	57	M25-29	26	Watertown	0:35:40	0:07:08
62	359 JOHN HABERLAND	M	58	M25-29	29	Watertown	0:35:50	0:07:10
63	42 DANIEL BUCKLEY	M	59	M35-39	38	Glen Park	0:36:08	0:07:14
64	84 RONALD DINGLE	M	60	M40-44	44	Watertown	0:36:13	0:07:15
65	369 CAIT HALL	F	5	F20-24	24	Watertown	0:36:14	0:07:15
66	29 RYAN BLUM	M	61	M20-24	23	Alexandria Bay	0:36:14	0:07:15
67	380 ANTHONY MATTHEWS	M	62	M45-49	46	Watertown	0:36:15	0:07:15
68	144 JOSHUA KAUFMANN	M	63	M25-29	26	Carthage	0:36:16	0:07:15
69	387 DANIEL ACRUMANO	M	64	M25-29	29	Watertown	0:36:20	0:07:16
70	71 STAN COSPER	M	65	M50-54	50	Watertown	0:36:31	0:07:18
71	85 BREANN DODGE	F	6	F25-29	29	Fulton	0:36:38	0:07:20
72	362 CHERYL STEINER	F	7	F40-44	41	Castorland	0:36:45	0:07:21
73	186 JASON MCCULLOUGH	M	66	M30-34	31	Clayton	0:36:45	0:07:21
74	211 BETSY NICOL	F	8	F50-54	50	Copenhagen	0:36:57	0:07:23
75	407 MATTHEW FARNEY	M	67	M25-29	26	POTSDAM	0:37:00	0:07:24
76	200 RICHARD MORRIS	M	68	M50-54	53	Watertown	0:37:01	0:07:24
77	99 BURTON ETHERIDGE	M	69	M55-59	57	Watertown	0:37:06	0:07:25
78	146 JOHN KELLOGG	M	70	M20-24	21	Clayton	0:37:06	0:07:25
79	53 DANA CASEY	F	9	F35-39	38	Sackets Harbor	0:37:09	0:07:26
80	15 ASHLEIGH BARNHART	F	10	F25-29	26	Brockport	0:37:09	0:07:26
81	129 ANDY HAUG	M	71	M50-54	50	Adams Center	0:37:10	0:07:26
82	244 DANIEL ROCKEFELLER	M	72	M15-19	17	Watertown	0:37:11	0:07:26
83	358 SARAH VANEENENAAM	F	11	F15-19	16	Watertown	0:37:14	0:07:27
84	238 KEITH RIDGEWAY	M	73	M55-59	59	Mannsville	0:37:17	0:07:27
85	295 MIKE VANWORMER	M	74	M40-44	41	Watertown	0:37:19	0:07:28
86	131 ERICK HEISE	M	75	M25-29	27	Watertown	0:37:20	0:07:28
87	364 GLYNN HUNTS	M	76	M50-54	50	Watertown	0:37:22	0:07:28
88	64 JASON CLUTTER	M	77	M35-39	35	Adams Center	0:37:24	0:07:29
89	235 OSCAR RAMOS	M	78	M20-24	23	Watertown	0:37:26	0:07:29
90	341 ROGER FIEDLER	M	79	M45-49	48	Fort Drum	0:37:29	0:07:30
91	308 ANNIE WILLIAMS	F	12	F35-39	39	Watertown	0:37:31	0:07:30
92	294 JERRY VANWORMER	M	80	M40-44	41	Mannsville	0:37:31	0:07:30
93	17 SCOTT BAUGHN	M	81	M40-44	41	La Fargeville	0:37:37	0:07:31
94	179 THOMAS MATTHEWS	M	82	M35-39	38	Watertown	0:37:40	0:07:32
95	218 JIMMY PADIN	M	83	M35-39	38	Watertown	0:37:44	0:07:33
96	251 KARA RUSCH	F	13	F40-44	42	Hamilton	0:37:47	0:07:33
97	184 TOM MCCOLLOM	M	84	M30-34	30	Watertown	0:37:51	0:07:34
98	389 JOHN MATTINELY	M	85	M60UP	62	Watertown	0:37:53	0:07:35
99	355 KATIE MCCROM	F	14	F15-19	17	Watertown	0:37:59	0:07:36
100	57 DANIEL CHARLEBOIS	M	86	M30-34	31	Watertown	0:38:02	0:07:36
101	111 BRUCE GAYLORD	M	87	M55-59	58	Boonville	0:38:07	0:07:37
102	374 MARK GICHERMAN	M	88	M35-39	35	Fort Drum	0:38:11	0:07:38
103	167 DEAN LEE	M	89	M35-39	35	Fort Drum	0:38:12	0:07:38
104	136 ROBERT HIRSCHHEY	M	90	M35-39	35	Watertown	0:38:13	0:07:39
105	163 MARK LAVARNWAY	M	91	M40-44	44	Watertown	0:38:17	0:07:39
106	14 JACOB BARNEY	M	92	M25-29	29	Watertown	0:38:17	0:07:39
107	114 PAUL GIBBS	M	93	M55-59	55	Adams Center	0:38:17	0:07:39
108	223 GILBERT PEARSALL JR.	M	94	M50-54	53	Carthage	0:38:28	0:07:42
109	347 JOHN WILSON	M	95	M35-39	39	Watertown	0:38:29	0:07:42
110	128 RICHARD HARVEY	M	96	M25-29	26	Syracuse	0:38:33	0:07:43
111	312 LYDIA YOUNG	F	15	F25-29	26	Carthage	0:38:37	0:07:43
112	297 KEVIN WANKERL	M	97	M40-44	44	Tomah WI	0:38:44	0:07:45
113	31 JOSHUA BOPP	M	98	M30-34	32	Watertown	0:38:46	0:07:45
114	59 TODD CHENEY	M	99	M45-49	48	Beaver Falls	0:38:47	0:07:45

115	363 JAY STEINER	M	100	M40-44	44	Castorland	0:38:47	0:07:45
116	113 ALYSSA GIBBS	F	16	F25-29	25	Adams Center	0:38:48	0:07:46
117	22 JENNIFER BERIE	F	17	F40-44	40	Adams	0:38:51	0:07:46
118	241 MICHAEL ROBERTS	M	101	M25-29	25	Adams	0:38:57	0:07:47
119	239 DON ROBBINS	M	102	M60UP	64	Liverpool	0:38:59	0:07:48
120	292 ROSANNE VANCOPPENOLLE	F	18	F35-39	38	Watertown	0:39:02	0:07:48
121	97 STEPHANIE ELDRIDGE	F	19	F30-34	31	Carthage	0:39:03	0:07:49
122	268 ERIC SHOLDER	M	103	M20-24	24	Watertown	0:39:04	0:07:49
123	160 BRIAN LANTIER	M	104	M35-39	38	Clayton	0:39:05	0:07:49
124	94 KARLEE DUFFER	F	20	F15-19	15	Lowville	0:39:13	0:07:51
125	25 MICHAEL BICE	M	105	M40-44	40	Watertown	0:39:14	0:07:51
126	74 DAVID CRAPSER	M	106	M35-39	35	Watertown	0:39:15	0:07:51
127	80 GWEN DECKER	F	21	F50-54	50	Rodman	0:39:20	0:07:52
128	225 MARK PHILLIPS	M	107	M60UP	62	Sackets Harbor	0:39:21	0:07:52
129	191 DEAN MECKES	M	108	M45-49	48	Clayton	0:39:25	0:07:53
130	40 THOMAS BRUNO	M	109	M35-39	37	Chaumont	0:39:27	0:07:53
131	259 NICKY SECH	F	22	F30-34	34	Calcium	0:39:30	0:07:54
132	266 NICHOLAS SHERWOOD	M	110	M30-34	32	Evans Mills	0:39:31	0:07:54
133	338 JEFFERY LAWNICZAK	M	111	M25-29	25	Watertown	0:39:34	0:07:55
134	119 NATHAN GOUBEUX	M	112	M40-44	42	Fort Drum	0:39:36	0:07:55
135	87 CAROL DODGE	F	23	F50-54	53	Fulton	0:39:37	0:07:55
136	118 JENNIFER GOUBEUX	F	24	F35-39	39	Fort Drum	0:39:39	0:07:56
137	321 MALYNDA RUMBLE	F	25	F25-29	25	Copenhagen	0:39:49	0:07:58
138	172 DANIELLE LUNDY	F	26	F35-39	35	Carthage	0:39:51	0:07:58
139	151 ALBERTO LAJARA	M	113	M20-24	20	Evans Mills	0:39:52	0:07:58
140	411 MICHELLE SAVAGE	F	27	F40-44	40	Lowville	0:39:56	0:07:59
141	418 BENJAMIN HARPER	M	114	M14UNDER	13	OSWEGO	0:40:00	0:08:00
142	68 XAVIER COLLIER	M	115	M15-19	18	Evans Mills	0:40:04	0:08:01
143	75 JEFFERY CROWNOVER	M	116	M35-39	39	Sackets Harbor	0:40:05	0:08:01
144	361 JOHN DALESSANDRO	M	117	M45-49	47	Sackets Harbor	0:40:09	0:08:02
145	65 ASHLEY COBB	F	28	F15-19	16	Lowville	0:40:10	0:08:02
146	61 PAUL CHWALEK	M	118	M55-59	56	Oswego	0:40:11	0:08:02
147	329 HUGO LENTZE	M	119	M40-44	40	Watertown	0:40:18	0:08:04
148	271 GREGOR SMITH	M	120	M30-34	30	Dexter	0:40:19	0:08:04
149	258 JAMES SCORDO	M	121	M50-54	52	Watertown	0:40:21	0:08:04
150	48 TAMMY CALKINS-CONDIFF	F	29	F40-44	40	Carthage	0:40:24	0:08:05
151	352 CHRIS SANCHEZ	M	122	M25-29	28	Watertown	0:40:26	0:08:05
152	100 MICHAEL FLANAGAN	M	123	M60UP	64	Watertown	0:40:28	0:08:06
153	315 DEREK ZIGON	M	124	M15-19	17	Evans Mills	0:40:34	0:08:07
154	3 TAWAYNA ALVAREZ	F	30	F25-29	27	Watertown	0:40:36	0:08:07
155	141 BRIAN JONES	M	125	M35-39	39	Clayton	0:40:39	0:08:08
156	405 NICHOLE TURCK	M	126	M30-34	33	Watertown	0:40:43	0:08:09
157	311 ANDREW YOUNG	M	127	M30-34	33	Sackets Harbor	0:40:43	0:08:09
158	415 STEPHANIE BLANK	F	31	F15-19	19	Carthage	0:40:53	0:08:11
159	1 MARK ABBATE	M	128	M45-49	46	Adams Center	0:40:57	0:08:11
160	384 DENNIS PAWLICKI	M	129	M55-59	57	Watertown	0:40:58	0:08:12
161	216 BRYAN OLSON	M	130	M15-19	18	Clayton	0:41:04	0:08:13
162	138 JULIE HOUGHMASTER	F	32	F40-44	41	Sackets Harbor	0:41:06	0:08:13
163	194 SARA MICHAUD	F	33	F30-34	33	Watertown	0:41:06	0:08:13
164	431 JOE SECH	M	131	M30-34	30	Watertown	0:41:08	0:08:14
165	126 JESSICA HART	F	34	F30-34	33	Watertown	0:41:11	0:08:14
166	429 JACKYE LARKOWICH	F	35	F30-34	30	Watertown	0:41:15	0:08:15
167	349 JIM FINNERTY	M	132	M50-54	51	Watertown	0:41:20	0:08:16
168	351 NICHOLAS KOEPEL	M	133	M15-19	15	Watertown	0:41:24	0:08:17
169	371 CHELSEA PERCY	F	36	F20-24	20	Watertown	0:41:28	0:08:18
170	217 MOLLY OUTWATER	F	37	F35-39	35	Watertown	0:41:31	0:08:18
171	109 SCOTT GARRABRANT	M	134	M45-49	45	Watertown	0:41:36	0:08:19
172	385 JOHN BOSCO	M	135	M45-49	49	Watertown	0:41:37	0:08:19
173	145 ARTHUR KEEN	M	136	M60UP	62	Black River	0:41:42	0:08:20
174	255 JULIE SAWYER	F	38	F40-44	44	Watertown	0:41:43	0:08:21

175	105 EMILY FORD	F	39	F30-34	30	La Fargeville	0:41:44	0:08:21
176	427 LESLIE ROBARE	F	40	F35-39	37	Watertown	0:41:45	0:08:21
177	182 MICHEAL MCARDELL	M	137	M35-39	37	Watertown	0:41:47	0:08:21
178	298 IAN WARD	M	138	M35-39	36	Sackets Harbor	0:41:51	0:08:22
179	396 JOHN JOHNSON	M	139	M35-39	39	Watertown	0:41:52	0:08:22
180	289 TAYLOR TRENCHARD	M	140	M15-19	18	Evans Mills	0:41:53	0:08:23
181	390 JUSTIN NOTTINGHAM	M	141	M25-29	29	Watertown	0:41:58	0:08:24
182	391 DEIRDRE BAKER	F	41	F30-34	34	Watertown	0:41:59	0:08:24
183	204 CHRISTOPHER MURRAY	M	142	M25-29	27	Watertown	0:41:59	0:08:24
184	326 KATIE ROWELL	F	42	F35-39	36	Watertown	0:41:59	0:08:24
185	123 KATIE HARDWICK	F	43	F55-59	57	Watertown	0:42:03	0:08:25
186	382 BILL CHAPIN	M	143	M60UP	66	Watertown	0:42:03	0:08:25
187	270 EDWARD SIEBELS	M	144	M30-34	34	Gouverneur	0:42:08	0:08:26
188	185 ERIN MCCULLOUGH	F	44	F30-34	30	Clayton	0:42:15	0:08:27
189	309 JEFFREY WOOD	M	145	M45-49	47	Watertown	0:42:19	0:08:28
190	314 SLOANE ZEHR	F	45	F15-19	16	Lowville	0:42:20	0:08:28
191	302 KENYON WELLS	M	146	M60UP	60	Sackets Harbor	0:42:20	0:08:28
192	150 AMANDA KNOLLMAN	F	46	F15-19	16	Castorland	0:42:23	0:08:29
193	398 KARYN REINHART	F	47	F30-34	33	Watertown	0:42:24	0:08:29
194	263 ROGER SHAMBO	M	147	M50-54	52	Lowville	0:42:25	0:08:29
195	79 DONALD DEAR	M	148	M55-59	55	Watertown	0:42:25	0:08:29
196	152 CHRISTOPHER LALONE	M	149	M40-44	44	Mannsville	0:42:29	0:08:30
197	154 TODD LALONE	M	150	M40-44	43	Adams	0:42:29	0:08:30
198	368 CHRIS HILOL	M	151	M25-29	28	Watertown	0:42:31	0:08:30
199	72 DIANE COVELL	F	48	F50-54	54	Watertown	0:42:31	0:08:30
200	367 JENNIFER MUNROCK	F	49	F20-24	23	Watertown	0:42:31	0:08:30
201	303 SAMANTHA WHEELOCK	F	50	F15-19	17	Boonville	0:42:36	0:08:31
202	383 ANDREW GONZALEZ	M	152	M25-29	26	Fort Drum	0:42:38	0:08:32
203	345 CARFORD JOHNSON	M	153	M35-39	39	Watertown	0:42:41	0:08:32
204	148 ROBERT KENNEDY	M	154	M20-24	24	Fort Drum	0:42:46	0:08:33
205	49 DIANNA CAMERON	F	51	F25-29	27	Watertown	0:42:47	0:08:33
206	305 MATTHEW WHITE	M	155	M35-39	37	Lacona	0:42:49	0:08:34
207	165 TIMOTHY LEBAR	M	156	M25-29	25		0:42:49	0:08:34
208	2 CHRISTINE ALTERI	F	52	F40-44	42	Watertown	0:42:52	0:08:34
209	32 STEVEN BOTSFORD	M	157	M50-54	51	Watertown	0:42:58	0:08:35
210	44 JASON BURTO	M	158	M25-29	26	Brockport	0:43:08	0:08:38
211	286 ERIC SWARTZ	M	159	M40-44	43	Watertown	0:43:08	0:08:38
212	117 SHERRY GILBERT	F	53	F50-54	53	Watertown	0:43:10	0:08:38
213	226 ALISON PIENTA	F	54	F25-29	25	Evans Mills	0:43:11	0:08:38
214	156 FRANCES LANG	F	55	F25-29	28	Black River	0:43:11	0:08:38
215	337 LISA REED	F	56	F20-24	22	Watertown	0:43:15	0:08:39
216	406 MICHAEL GANNON	M	160	M30-34	32	Watertown	0:43:17	0:08:39
217	325 ADAM FLORKOWSKI	M	161	M30-34	34	Carthage	0:43:18	0:08:40
218	196 ALEX MIX	M	162	M20-24	23	Carthage	0:43:19	0:08:40
219	149 MARY KIMBRELL	F	57	F45-49	46	Croghan	0:43:22	0:08:40
220	280 ELIZABETH STEVENS	F	58	F30-34	34	Carthage	0:43:23	0:08:41
221	233 ANTHONY PROVOST	M	163	M20-24	20	Evans Mills	0:43:23	0:08:41
222	350 AMY SEWARD-BAILEY	F	59	F35-39	36	Watertown	0:43:26	0:08:41
223	237 JOSHUA REEVES	M	164	M20-24	20	Evans Mills	0:43:43	0:08:45
224	168 JESSE LENNOX	M	165	M25-29	28	Watertown	0:43:49	0:08:46
225	273 JERRY SMITH	M	166	M60UP	62	Altmar	0:43:55	0:08:47
226	227 PETER PIKE	M	167	M50-54	53	Watertown	0:43:59	0:08:48
227	189 SARA MCNITT	F	60	F35-39	35	Belleville	0:43:59	0:08:48
228	73 JOY COVEY	F	61	F45-49	47	Mannsville	0:43:59	0:08:48
229	70 WAYNE COOKE	M	168	M60UP	63	Sackets Harbor	0:44:02	0:08:48
230	43 SOPHIA BULHAM	F	62	F35-39	35	Carthage	0:44:05	0:08:49
231	39 COURTNEY BRUNET	F	63	F35-39	35	Sackets Harbor	0:44:08	0:08:50
232	336 ANGELA MCINTOSH	F	64	F20-24	22	Fort Drum	0:44:15	0:08:51
233	425 ALEX HUFANA	M	169	M30-34	30	Fort Drum	0:44:16	0:08:51
234	103 KYLE FLOYD	M	170	M25-29	28	Watertown	0:44:17	0:08:51

235	195 JAMES MITCHELL	M	171	M40-44	41	Watertown	0:44:20	0:08:52
236	178 BRITNEY MATTHEWS	F	65	F15-19	17	Watertown	0:44:21	0:08:52
237	224 CHRISTINA PFEFFER	F	66	F40-44	40	Evans Mills	0:44:21	0:08:52
238	320 MARY CARPENTER	F	67	F40-44	44	Watertown	0:44:29	0:08:54
239	333 MIA PACILLI	F	68	F25-29	27	Watertown	0:44:30	0:08:54
240	265 PAUL SHEPARD	M	172	M25-29	28	Black River	0:44:30	0:08:54
241	375 CARLY FENNER	F	69	F25-29	27	Carthage	0:44:36	0:08:55
242	331 LISA REIFSCHNEIDER	F	70	F20-24	21	MONROVIA	0:44:38	0:08:56
243	301 JASMINE WATKINS	F	71	F50-54	50		0:44:40	0:08:56
244	299 KRISTIN WARD	F	72	F30-34	34	Ellisburg	0:44:43	0:08:57
245	332 JAMES JEFFERSON	M	173	M20-24	23	Fort Drum	0:44:48	0:08:58
246	173 HEATHER MACKINNON	F	73	F35-39	39	Gouverneur	0:44:52	0:08:58
247	158 BRETT LANGSTON	M	174	M30-34	30	Evans Mills	0:44:57	0:08:59
248	267 STEPHANIE SHERWOOD	F	74	F30-34	33	Evans Mills	0:45:00	0:09:00
249	212 DENNIS NORTZ	M	175	M50-54	54	Watertown	0:45:01	0:09:00
250	370 MIKE MILLER	M	176	M35-39	38	Watertown	0:45:24	0:09:05
251	313 RYAN ZEHR	M	177	M15-19	19	Carthage	0:45:26	0:09:05
252	272 JAY SMITH	M	178	M25-29	28	Carthage	0:45:32	0:09:06
253	76 DAWN DAMON	F	75	F40-44	43	Watertown	0:45:32	0:09:06
254	340 ASHLEY BROWN	F	76	F25-29	27	Watertown	0:45:36	0:09:07
255	328 JANICE ERICKSON	F	77	F40-44	42	Fort Drum	0:45:36	0:09:07
256	323 TAYLOR UPTON	M	179	M15-19	17	Watertown	0:45:37	0:09:07
257	242 DUSTIN ROBINSON	M	180	M15-19	18	Evans Mills	0:45:38	0:09:08
258	346 BRIDGETTE GATES	F	78	F35-39	35	Watertown	0:45:40	0:09:08
259	324 BAILEY UPTON	M	181	M14UNDER	13	Watertown	0:45:41	0:09:08
260	170 SHARON LEWIS	M	182	M40-44	41	Black River	0:45:43	0:09:09
261	413 REBECCA BRINK	F	79	F30-34	31	Watertown	0:45:44	0:09:09
262	330 BRIAN BILLINGSLEY	M	183	M25-29	26	Watertown	0:45:45	0:09:09
263	133 SEAN HENNESSY	M	184	M25-29	29	La Fargeville	0:45:45	0:09:09
264	252 JENNIFER RUTLEDGE	F	80	F30-34	31	Watertown	0:45:55	0:09:11
265	201 CHRISTOPHER MORSE	M	185	M40-44	42	Watertown	0:45:59	0:09:12
266	176 EMBER MARQUIS	F	81	F40-44	40	Watertown	0:46:07	0:09:13
267	199 MICHELLE MORGAN	F	82	F35-39	35	Fort Drum	0:46:10	0:09:14
268	166 CHRISTINE LEE	F	83	F50-54	54	Ogden	0:46:17	0:09:15
269	377 CHARLES BERKMON	M	186	M40-44	41	Watertown	0:46:26	0:09:17
270	121 JANE HAFNER	F	84	F45-49	48	Adams	0:46:33	0:09:19
271	7 STEVE ANDREWS	M	187	M40-44	44	Watertown	0:46:33	0:09:19
272	213 RICHARD OCONNOR	M	188	M40-44	40	Watertown	0:46:45	0:09:21
273	365 RANDY SITTERLY	M	189	M45-49	45	Watertown	0:46:48	0:09:22
274	414 POLLY BLANK	F	85	F45-49	47	Carthage	0:46:49	0:09:22
275	205 MEGHAN NELS	F	86	F25-29	29	Watertown	0:46:52	0:09:22
276	206 TRAVIS NELS	M	190	M25-29	29	Watertown	0:46:52	0:09:22
277	400 WILLIAM COPPOLA	M	191	M35-39	36	Watertown	0:46:53	0:09:23
278	181 EMILY MAYER	F	87	F30-34	31	Lowville	0:47:04	0:09:25
279	180 BECKY MAXSON	F	88	F30-34	33	Ithaca	0:47:04	0:09:25
280	120 MALORY GREEN	F	89	F20-24	22	Watertown	0:47:12	0:09:26
281	122 JOHN HAMM	M	192	M55-59	57	Star Lake	0:47:14	0:09:27
282	78 RYAN DEAN	M	193	M15-19	19	Evans Mills	0:47:16	0:09:27
283	246 DOLLY RODRIGUEZ	F	90	F35-39	38	Watertown	0:47:16	0:09:27
284	293 JENNY VANWORMER	F	91	F15-19	15	Mannsville	0:47:19	0:09:28
285	220 MARY PAIGE	F	92	F25-29	27	Dexter	0:47:19	0:09:28
286	104 SHERYL FOAN	F	93	F40-44	40	Copenhagen	0:47:19	0:09:28
287	278 LINDSEY STANFORD	F	94	F20-24	24	Lowville	0:47:25	0:09:29
288	50 MICHELE CAPONE	F	95	F35-39	37	Watertown	0:47:33	0:09:31
289	410 SARAH DIXON	F	96	F25-29	26	Evans Mills	0:47:41	0:09:32
290	171 NICOLE LINDERMAN	F	97	F35-39	35	Watertown	0:47:47	0:09:33
291	230 CATHRYN PORTER	F	98	F50-54	52	Adams Center	0:47:51	0:09:34
292	54 KRISTINA CASEY	F	99	F15-19	15	Sackets Harbor	0:47:52	0:09:34
293	250 MAUREEN RUMBLE	F	100	F55-59	56	Carthage	0:47:52	0:09:34
294	357 SCOTT WOHLFORD	M	194	M25-29	27	Watertown	0:47:58	0:09:36

295	356 BRITTANY WOHLFORD	F	101	F25-29	25	Watertown	0:47:58	0:09:36
296	77 MICHAEL DAVOLOS	M	195	M15-19	18	Evans Mills	0:48:06	0:09:37
297	115 MIRANDA GILBERT	F	102	F14UNDER	13	Watertown	0:48:07	0:09:37
298	177 MICHAEL MARTINEZ	M	196	M55-59	59	Gouverneur	0:48:12	0:09:38
299	284 THOMAS STORINO	M	197	M55-59	57	Watertown	0:48:15	0:09:39
300	60 GIBBS CHRISTOPHER	M	198	M20-24	21	Evans Mills	0:48:19	0:09:40
301	426 CHRISTIAN SISACK	M	199	M40-44	42	Syracuse	0:48:20	0:09:40
302	52 HEATHER CARR	F	103	F30-34	34	Carthage	0:48:28	0:09:42
303	193 JASON MELBY	M	200	M30-34	34	Carthage	0:48:28	0:09:42
304	344 TAMAKA JOHNSON	F	104	F30-34	34	Watertown	0:48:29	0:09:42
305	51 BRIAN CARR	M	201	M35-39	35	Carthage	0:48:29	0:09:42
306	236 RACHEL RECORE	F	105	F30-34	32	Watertown	0:48:39	0:09:44
307	16 LAUREL BARTHOLOMEW	F	106	F30-34	34	Hailesboro	0:48:42	0:09:44
308	403 PETE BRANAGAN	M	202	M40-44	42	Lowville	0:49:09	0:09:50
309	423 KATIE DENNY	F	107	F20-24	23	Watertown	0:49:20	0:09:52
310	296 REBECCA WAITE	F	108	F20-24	24	Lorraine	0:49:20	0:09:52
311	240 RACE ROBERT	M	203	M15-19	19	Evans Mills	0:49:22	0:09:52
312	37 JAMAR BREEDEN	M	204	M14UNDER	9	Watertown	0:49:28	0:09:54
313	174 DAVE MALES	M	205	M50-54	52	Watertown	0:49:37	0:09:55
314	234 HILLARY PUCKETT	F	109	F20-24	23	Adams	0:49:45	0:09:57
315	102 TANNA FLEMING	F	110	F35-39	38	Black River	0:49:52	0:09:58
316	401 RANISA YOUNG	F	111	F30-34	34	Watertown	0:49:54	0:09:59
317	395 KRISTEN TRUJILLO	F	112	F45-49	45	Carthage	0:50:04	0:10:01
318	386 BETH SIEBELS	F	113	F30-34	32	Watertown	0:50:08	0:10:02
319	18 BONNIE BEEHM	F	114	F40-44	41	Watertown	0:50:10	0:10:02
320	142 MANDY KAROD	F	115	F45-49	46	Watertown	0:50:17	0:10:03
321	106 GINNY FRATTALI	F	116	F45-49	47	Watertown	0:50:19	0:10:04
322	283 SUE STORINO	F	117	F55-59	55	Watertown	0:50:20	0:10:04
323	366 RENEE WATERBURY	F	118	F45-49	49	Watertown	0:50:20	0:10:04
324	83 AMANDA DEROUCHIE	F	119	F30-34	30	Dexter	0:50:32	0:10:06
325	287 DELIA SWORDS	F	120	F30-34	30	Watertown	0:50:47	0:10:09
326	116 NICOLE GILBERT	F	121	F14UNDER	12	Watertown	0:51:27	0:10:17
327	190 BRIANNE MECKES	F	122	F20-24	21	Clayton	0:51:33	0:10:19
328	339 ALICIA LAWNICZAK	F	123	F25-29	25	Watertown	0:51:34	0:10:19
329	291 LATICIA URF	F	124	F35-39	37	Watertown	0:51:49	0:10:22
330	34 LISA BOWHALL	F	125	F45-49	49	Watertown	0:52:04	0:10:25
331	219 JUSTIN PAIGE	M	206	M30-34	31	Dexter	0:52:05	0:10:25
332	139 MATTHEW HUMPHREY	M	207	M30-34	34	Evans Mills	0:52:30	0:10:30
333	33 CHRISTOPHER BOULIO	M	208	M45-49	46	Adams Center	0:52:36	0:10:31
334	92 PAMELA DOTY	F	126	F50-54	54	Gouverneur	0:52:41	0:10:32
335	231 TRACIE PRASHAW	F	127	F40-44	44	Gouverneur	0:52:47	0:10:33
336	247 RONDA ROMEO	F	128	F40-44	44	Watertown	0:53:04	0:10:37
337	262 VALERIE SESTIR	F	129	F55-59	58	Gouverneur	0:53:10	0:10:38
338	90 JENNIFER DOLDO	F	130	F30-34	33	Watertown	0:53:13	0:10:39
339	343 MEGAN LAJOIE	F	131	F15-19	16	Carthage	0:53:31	0:10:42
340	290 BOBBIE TRUDEAU	F	132	F35-39	35	Carthage	0:53:39	0:10:44
341	187 VICTORIA MCCULLOUGH	F	133	F25-29	25	Theresa	0:53:39	0:10:44
342	209 JILLIAN NETTO	F	134	F25-29	27	Watertown	0:54:14	0:10:51
343	319 JASON KIERNAN	M	209	M25-29	28	Watertown	0:54:16	0:10:51
344	318 THERESA KIERNAN	F	135	F25-29	26	Watertown	0:54:16	0:10:51
345	132 ALYSSA HENNESSY	F	136	F25-29	29	La Fargeville	0:54:23	0:10:53
346	26 KRISTINA BILLINGSLEY	F	137	F25-29	26	Watertown	0:54:23	0:10:53
347	24 BARBARA BETRUS	F	138	F55-59	59	Star Lake	0:54:51	0:10:58
348	279 JOHN STANO	M	210	M55-59	55	Dexter	0:55:02	0:11:00
349	20 CARL BERG	M	211	M35-39	39	Watertown	0:55:10	0:11:02
350	21 JUSTIN BERG	M	212	M14UNDER	12	Watertown	0:55:10	0:11:02
351	13 DEBORAH BARNEY	F	139	F55-59	56	Watertown	0:55:23	0:11:05
352	28 KATHY BLACK	F	140	F50-54	50	La Fargeville	0:55:25	0:11:05
353	353 AUDREY SARGENT	F	141	F45-49	47	Watertown	0:55:26	0:11:05
354	348 JIM MILLS	M	213	M35-39	39	Watertown	0:56:18	0:11:16

355	376 CLAIRE RADFORD	F	142	F20-24	22	CICERO	0:56:20	0:11:16
356	91 STACY DOLDO	F	143	F30-34	33	Watertown	0:56:33	0:11:19
357	159 JILL LANPHEAR	F	144	F30-34	34	Watertown	0:56:33	0:11:19
358	288 COURTNEY TEFFT	F	145	F15-19	19	Dexter	0:56:54	0:11:23
359	281 VICKY STOKER	F	146	F30-34	33	Lacona	0:57:06	0:11:25
360	89 RICHARD DOELL	M	214	M55-59	58	Calcium	0:57:12	0:11:26
361	127 KRISTINE HARTLAUB	F	147	F40-44	41	Antwerp	0:57:19	0:11:28
362	404 RENEE BENDA	F	148	F25-29	28	Watertown	0:57:48	0:11:34
363	38 LINDSEY BREEDEN	F	149	F25-29	29	Watertown	0:58:06	0:11:37
364	88 JEAN DOELL	F	150	F60UP	60	Calcium	0:58:26	0:11:41
365	416 KRYSTAL FORBES	F	151	F20-24	21	Watertown	0:58:38	0:11:44
366	69 ROBIN COOK	F	152	F45-49	48	Watertown	0:58:38	0:11:44
367	417 MEREDITH HURLEY	F	153	F20-24	22	Watertown	0:58:43	0:11:45
368	4 KIMBERLY AMARAL	F	154	F35-39	35	Watertown	0:59:06	0:11:49
369	67 TABITHA COLEMAN	F	155	F35-39	36	Sackets Harbor	1:00:37	0:12:07
370	274 JOANN SMITH	F	156	F60UP	61	Lorraine	1:01:15	0:12:15
371	155 NICOLE LAMICA	F	157	F30-34	32	Dexter	1:01:29	0:12:18
372	11 SHANDA BANDI	F	158	F25-29	28	Adams Center	1:01:31	0:12:18
373	285 JENNIFER SURETTE	F	159	F30-34	30	Adams	1:01:33	0:12:19
374	393 ETHAN FIORENTINO	M	215	M14UNDER	8	Watertown	1:01:52	0:12:22
375	394 MIKE FIORENTINO	M	216	M35-39	39	Watertown	1:01:52	0:12:22
376	19 RAEGAN BELLES	F	160	F30-34	32	Fort Drum	1:02:52	0:12:34
377	175 MICHELLE MANN	F	161	F40-44	40	Hammond	1:03:26	0:12:41
378	409 VALERIE BOYLE	F	162	F50-54	53	Watertown	1:04:51	0:12:58
379	342 BRITTANY GILLIGAN	F	163	F14UNDER	14	Watertown	1:04:58	0:13:00
380	55 JENNIFER CASTLE	F	164	F40-44	40	Belleville	1:05:04	0:13:01
381	157 JOSEPH LANG	M	217	M25-29	27	Black River	1:05:18	0:13:04
382	47 DEE CALDWELL	F	165	F45-49	48	Watertown	1:07:02	0:13:24
383	269 ELIZABETH SHULTZ	F	166	F35-39	39	Watertown	1:07:27	0:13:29
384	41 CHRISTINE BUCKLEY	F	167	F30-34	33	Sackets Harbor	1:08:20	0:13:40
385	81 JULIA DECOURSEY	F	168	F14UNDER	13	Sackets Harbor	1:14:07	0:14:49
386	192 ELLYN MELBY	F	169	F30-34	31	Carthage	1:14:52	0:14:58
DQ	10 JASMEET AUJLA	F		F14UNDER	13	Watertown	0:27:42	
DQ	9 HARBREET AUJLA	F		F15-19	15	Watertown	0:27:42	