

Watertown Shamrock 5 Mile
Saturday, March 13, 2010 Watertown, NY
Timed by YellowJacket Racing
Total Finishers - 386 (Men- 217, Women - 169)

Pos	Bib	Fullname	Gender	Class	Age	City	TotalTm
F14UNDER							
1	115	MIRANDA GILBERT	F	F14UNDER	13	Watertown	0:48:07
2	116	NICOLE GILBERT	F	F14UNDER	12	Watertown	0:51:27
3	342	BRITTANY GILLIGAN	F	F14UNDER	14	Watertown	1:04:58
4	81	JULIA DECOURSEY	F	F14UNDER	13	Sackets Harbor	1:14:07
F15-19							
1	358	SARAH VANEENENAAM	F	F15-19	16	Watertown	0:37:14
2	355	KATIE MCCROM	F	F15-19	17	Watertown	0:37:59
3	94	KARLEE DUFFER	F	F15-19	15	Lowville	0:39:13
4	65	ASHLEY COBB	F	F15-19	16	Lowville	0:40:10
5	415	STEPHANIE BLANK	F	F15-19	19	Carthage	0:40:53
6	314	SLOANE ZEHR	F	F15-19	16	Lowville	0:42:20
7	150	AMANDA KNOLLMAN	F	F15-19	16	Castorland	0:42:23
8	303	SAMANTHA WHEELOCK	F	F15-19	17	Boonville	0:42:36
9	178	BRITNEY MATTHEWS	F	F15-19	17	Watertown	0:44:21
10	293	JENNY VANWORMER	F	F15-19	15	Mannsville	0:47:19
11	54	KRISTINA CASEY	F	F15-19	15	Sackets Harbor	0:47:52
12	343	MEGAN LAJOIE	F	F15-19	16	Carthage	0:53:31
13	288	COURTNEY TEFFT	F	F15-19	19	Dexter	0:56:54
F20-24							
1	369	CAIT HALL	F	F20-24	24	Watertown	0:36:14
2	371	CHELSEA PERCY	F	F20-24	20	Watertown	0:41:28
3	367	JENNIFER MUNROCK	F	F20-24	23	Watertown	0:42:31
4	337	LISA REED	F	F20-24	22	Watertown	0:43:15
5	336	ANGELA MCINTOSH	F	F20-24	22	Fort Drum	0:44:15
6	331	LISA REIFSCHNEIDER	F	F20-24	21	MONROVIA	0:44:38
7	120	MALORY GREEN	F	F20-24	22	Watertown	0:47:12
8	278	LINDSEY STANFORD	F	F20-24	24	Lowville	0:47:25
9	423	KATIE DENNY	F	F20-24	23	Watertown	0:49:20
10	296	REBECCA WAITE	F	F20-24	24	Lorraine	0:49:20
11	234	HILLARY PUCKETT	F	F20-24	23	Adams	0:49:45
12	190	BRIANNE MECKES	F	F20-24	21	Clayton	0:51:33
13	376	CLAIRE RADFORD	F	F20-24	22	CICERO	0:56:20
14	416	KRYSTAL FORBES	F	F20-24	21	Watertown	0:58:38
15	417	MEREDITH HURLEY	F	F20-24	22	Watertown	0:58:43
F25-29							
1	85	BREANN DODGE	F	F25-29	29	Fulton	0:36:38
2	15	ASHLEIGH BARNHART	F	F25-29	26	Brockport	0:37:09
3	312	LYDIA YOUNG	F	F25-29	26	Carthage	0:38:37
4	113	ALYSSA GIBBS	F	F25-29	25	Adams Center	0:38:48
5	321	MALYNDA RUMBLE	F	F25-29	25	Copenhagen	0:39:49
6	3	TAWAYNA ALVAREZ	F	F25-29	27	Watertown	0:40:36
7	49	DIANNA CAMERON	F	F25-29	27	Watertown	0:42:47
8	226	ALISON PIENTA	F	F25-29	25	Evans Mills	0:43:11
9	156	FRANCES LANG	F	F25-29	28	Black River	0:43:11
10	333	MIA PACILLI	F	F25-29	27	Watertown	0:44:30
11	375	CARLY FENNER	F	F25-29	27	Carthage	0:44:36
12	340	ASHLEY BROWN	F	F25-29	27	Watertown	0:45:36

13	205	MEGHAN NELS	F	F25-29	29	Watertown	0:46:52
14	220	MARY PAIGE	F	F25-29	27	Dexter	0:47:19
15	410	SARAH DIXON	F	F25-29	26	Evans Mills	0:47:41
16	356	BRITTANY WOHLFORD	F	F25-29	25	Watertown	0:47:58
17	339	ALICIA LAWNICZAK	F	F25-29	25	Watertown	0:51:34
18	187	VICTORIA MCCULLOUGH	F	F25-29	25	Theresa	0:53:39
19	209	JILLIAN NETTO	F	F25-29	27	Watertown	0:54:14
20	318	THERESA KIERNAN	F	F25-29	26	Watertown	0:54:16
21	132	ALYSSA HENNESSY	F	F25-29	29	La Fargeville	0:54:23
22	26	KRISTINA BILLINGSLEY	F	F25-29	26	Watertown	0:54:23
23	404	RENEE BENDA	F	F25-29	28	Watertown	0:57:48
24	38	LINDSEY BREEDEN	F	F25-29	29	Watertown	0:58:06
25	11	SHANDA BANDI	F	F25-29	28	Adams Center	1:01:31

F30-34

1	381	BETSEY YORK	F	F30-34	31	Watertown	0:35:11
2	97	STEPHANIE ELDRIDGE	F	F30-34	31	Carthage	0:39:03
3	259	NICKY SECH	F	F30-34	34	Calcium	0:39:30
4	194	SARA MICHAUD	F	F30-34	33	Watertown	0:41:06
5	126	JESSICA HART	F	F30-34	33	Watertown	0:41:11
6	429	JACKYE LARKOWICH	F	F30-34	30	Watertown	0:41:15
7	105	EMILY FORD	F	F30-34	30	La Fargeville	0:41:44
8	391	DEIRDRE BAKER	F	F30-34	34	Watertown	0:41:59
9	185	ERIN MCCULLOUGH	F	F30-34	30	Clayton	0:42:15
10	398	KARYN REINHART	F	F30-34	33	Watertown	0:42:24
11	280	ELIZABETH STEVENS	F	F30-34	34	Carthage	0:43:23
12	299	KRISTIN WARD	F	F30-34	34	Ellisburg	0:44:43
13	267	STEPHANIE SHERWOOD	F	F30-34	33	Evans Mills	0:45:00
14	413	REBECCA BRINK	F	F30-34	31	Watertown	0:45:44
15	252	JENNIFER RUTLEDGE	F	F30-34	31	Watertown	0:45:55
16	181	EMILY MAYER	F	F30-34	31	Lowville	0:47:04
17	180	BECKY MAXSON	F	F30-34	33	Ithaca	0:47:04
18	52	HEATHER CARR	F	F30-34	34	Carthage	0:48:28
19	344	TAMAKA JOHNSON	F	F30-34	34	Watertown	0:48:29
20	236	RACHEL RECORE	F	F30-34	32	Watertown	0:48:39
21	16	LAUREL BARTHOLOMEW	F	F30-34	34	Hailesboro	0:48:42
22	401	RANISA YOUNG	F	F30-34	34	Watertown	0:49:54
23	386	BETH SIEBELS	F	F30-34	32	Watertown	0:50:08
24	83	AMANDA DEROUCHIE	F	F30-34	30	Dexter	0:50:32
25	287	DELIA SWORDS	F	F30-34	30	Watertown	0:50:47
26	90	JENNIFER DOLDO	F	F30-34	33	Watertown	0:53:13
27	91	STACY DOLDO	F	F30-34	33	Watertown	0:56:33
28	159	JILL LANPHEAR	F	F30-34	34	Watertown	0:56:33
29	281	VICKY STOKER	F	F30-34	33	Lacona	0:57:06
30	155	NICOLE LAMICA	F	F30-34	32	Dexter	1:01:29
31	285	JENNIFER SURETTE	F	F30-34	30	Adams	1:01:33
32	19	RAEGAN BELLES	F	F30-34	32	Fort Drum	1:02:52
33	41	CHRISTINE BUCKLEY	F	F30-34	33	Sackets Harbor	1:08:20
34	192	ELLYN MELBY	F	F30-34	31	Carthage	1:14:52

F35-39

1	421	SUSAN MIZGALA	F	F35-39	35	DEXTER	0:34:45
2	53	DANA CASEY	F	F35-39	38	Sackets Harbor	0:37:09
3	308	ANNIE WILLIAMS	F	F35-39	39	Watertown	0:37:31
4	292	ROSANNE VANCOPPENOLLE	F	F35-39	38	Watertown	0:39:02
5	118	JENNIFER GOUBEAUX	F	F35-39	39	Fort Drum	0:39:39
6	172	DANIELLE LUNDY	F	F35-39	35	Carthage	0:39:51
7	217	MOLLY OUTWATER	F	F35-39	35	Watertown	0:41:31

8	427	LESLIE ROBARE	F	F35-39	37	Watertown	0:41:45
9	326	KATIE ROWELL	F	F35-39	36	Watertown	0:41:59
10	350	AMY SEWARD-BAILEY	F	F35-39	36	Watertown	0:43:26
11	189	SARA MCNITT	F	F35-39	35	Belleville	0:43:59
12	43	SOPHIA BULHAM	F	F35-39	35	Carthage	0:44:05
13	39	COURTNEY BRUNET	F	F35-39	35	Sackets Harbor	0:44:08
14	173	HEATHER MACKINNON	F	F35-39	39	Gouverneur	0:44:52
15	346	BRIDGETTE GATES	F	F35-39	35	Watertown	0:45:40
16	199	MICHELLE MORGAN	F	F35-39	35	Fort Drum	0:46:10
17	246	DOLLY RODRIGUEZ	F	F35-39	38	Watertown	0:47:16
18	50	MICHELE CAPONE	F	F35-39	37	Watertown	0:47:33
19	171	NICOLE LINDERMAN	F	F35-39	35	Watertown	0:47:47
20	102	TANNA FLEMING	F	F35-39	38	Black River	0:49:52
21	291	LATICIA URF	F	F35-39	37	Watertown	0:51:49
22	290	BOBBIE TRUDEAU	F	F35-39	35	Carthage	0:53:39
23	4	KIMBERLY AMARAL	F	F35-39	35	Watertown	0:59:06
24	67	TABITHA COLEMAN	F	F35-39	36	Sackets Harbor	1:00:37
25	269	ELIZABETH SHULTZ	F	F35-39	39	Watertown	1:07:27

F40-44

1	362	CHERYL STEINER	F	F40-44	41	Castorland	0:36:45
2	251	KARA RUSCH	F	F40-44	42	Hamilton	0:37:47
3	22	JENNIFER BERIE	F	F40-44	40	Adams	0:38:51
4	411	MICHELLE SAVAGE	F	F40-44	40	Lowville	0:39:56
5	48	TAMMY CALKINS-CONDIFF	F	F40-44	40	Carthage	0:40:24
6	138	JULIE HOUGHMASTER	F	F40-44	41	Sackets Harbor	0:41:06
7	255	JULIE SAWYER	F	F40-44	44	Watertown	0:41:43
8	2	CHRISTINE ALTERI	F	F40-44	42	Watertown	0:42:52
9	224	CHRISTINA PFEFFER	F	F40-44	40	Evans Mills	0:44:21
10	320	MARY CARPENTER	F	F40-44	44	Watertown	0:44:29
11	76	DAWN DAMON	F	F40-44	43	Watertown	0:45:32
12	328	JANICE ERICKSON	F	F40-44	42	Fort Drum	0:45:36
13	176	EMBER MARQUIS	F	F40-44	40	Watertown	0:46:07
14	104	SHERYL FOAN	F	F40-44	40	Copenhagen	0:47:19
15	18	BONNIE BEEHM	F	F40-44	41	Watertown	0:50:10
16	231	TRACIE PRASHAW	F	F40-44	44	Gouverneur	0:52:47
17	247	RONDA ROMEO	F	F40-44	44	Watertown	0:53:04
18	127	KRISTINE HARTLAUB	F	F40-44	41	Antwerp	0:57:19
19	175	MICHELLE MANN	F	F40-44	40	Hammond	1:03:26
20	55	JENNIFER CASTLE	F	F40-44	40	Belleville	1:05:04

F45-49

1	82	PATTI DENESHA	F	F45-49	45	Gouverneur	0:34:41
2	149	MARY KIMBRELL	F	F45-49	46	Croghan	0:43:22
3	73	JOY COVEY	F	F45-49	47	Mannsville	0:43:59
4	121	JANE HAFNER	F	F45-49	48	Adams	0:46:33
5	414	POLLY BLANK	F	F45-49	47	Carthage	0:46:49
6	395	KRISTEN TRUJILLO	F	F45-49	45	Carthage	0:50:04
7	142	MANDY KAROD	F	F45-49	46	Watertown	0:50:17
8	106	GINNY FRATTALI	F	F45-49	47	Watertown	0:50:19
9	366	RENEE WATERBURY	F	F45-49	49	Watertown	0:50:20
10	34	LISA BOWHALL	F	F45-49	49	Watertown	0:52:04
11	353	AUDREY SARGENT	F	F45-49	47	Watertown	0:55:26
12	69	ROBIN COOK	F	F45-49	48	Watertown	0:58:38
13	47	DEE CALDWELL	F	F45-49	48	Watertown	1:07:02

F50-54

1	211	BETSY NICOL	F	F50-54	50	Copenhagen	0:36:57
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2	80 GWEN DECKER	F	F50-54	50	Rodman	0:39:20
3	87 CAROL DODGE	F	F50-54	53	Fulton	0:39:37
4	72 DIANE COVELL	F	F50-54	54	Watertown	0:42:31
5	117 SHERRY GILBERT	F	F50-54	53	Watertown	0:43:10
6	301 JASMINE WATKINS	F	F50-54	50		0:44:40
7	166 CHRISTINE LEE	F	F50-54	54	Ogden	0:46:17
8	230 CATHRYN PORTER	F	F50-54	52	Adams Center	0:47:51
9	92 PAMELA DOTY	F	F50-54	54	Gouverneur	0:52:41
10	28 KATHY BLACK	F	F50-54	50	La Fargeville	0:55:25
11	409 VALERIE BOYLE	F	F50-54	53	Watertown	1:04:51

F55-59

1	123 KATIE HARDWICK	F	F55-59	57	Watertown	0:42:03
2	250 MAUREEN RUMBLE	F	F55-59	56	Carthage	0:47:52
3	283 SUE STORINO	F	F55-59	55	Watertown	0:50:20
4	262 VALERIE SESTIR	F	F55-59	58	Gouverneur	0:53:10
5	24 BARBARA BETRUS	F	F55-59	59	Star Lake	0:54:51
6	13 DEBORAH BARNEY	F	F55-59	56	Watertown	0:55:23

F60UP

1	88 JEAN DOELL	F	F60UP	60	Calcium	0:58:26
2	274 JOANN SMITH	F	F60UP	61	Lorraine	1:01:15

M14UNDER

1	419 ERIC HULBERT	M	M14UNDER	14	MEXICO	0:33:01
2	63 TYLER CLEMONS	M	M14UNDER	13	Carthage	0:33:16
3	418 BENJAMIN HARPER	M	M14UNDER	13	OSWEGO	0:40:00
4	324 BAILEY UPTON	M	M14UNDER	13	Watertown	0:45:41
5	37 JAMAR BREEDEN	M	M14UNDER	9	Watertown	0:49:28
6	21 JUSTIN BERG	M	M14UNDER	12	Watertown	0:55:10
7	393 ETHAN FIORENTINO	M	M14UNDER	8	Watertown	1:01:52

M15-19

1	58 MATTHEW CHENEY	M	M15-19	17	Beaver Falls	0:28:23
2	130 TYLER HAYES	M	M15-19	18	Massena	0:28:37
3	147 LOGAN KEMPNEY	M	M15-19	15	Castorland	0:29:00
4	307 JOSHUA WILCOX	M	M15-19	18	Watertown	0:29:10
5	134 DYLAN HESSE	M	M15-19	17		0:30:10
6	62 RYAN CLEMONS	M	M15-19	16	Carthage	0:30:14
7	422 GEORGE DEVITA	M	M15-19	19	Evans Mills	0:31:16
8	188 CHRIS MCKINNEY	M	M15-19	19	Dexter	0:31:22
9	8 GREGORY ASHE	M	M15-19	17	Watertown	0:32:07
10	143 JEREMY KAUFMANN	M	M15-19	15	Carthage	0:34:50
11	392 KENNETH KAMPRICH	M	M15-19	19	Watertown	0:35:07
12	203 THOMAS MURPHY	M	M15-19	17	Fort Drum	0:35:10
13	243 ANDREW ROCKEFELLER	M	M15-19	15	Watertown	0:35:18
	424 NATE LUNDQUIST	M	M15-19	15	Lowville	0:35:34:000
14	244 DANIEL ROCKEFELLER	M	M15-19	17	Watertown	0:37:11
15	68 XAVIER COLLIER	M	M15-19	18	Evans Mills	0:40:04
16	315 DEREK ZIGON	M	M15-19	17	Evans Mills	0:40:34
17	216 BRYAN OLSON	M	M15-19	18	Clayton	0:41:04
18	351 NICHOLAS KOEPSSELL	M	M15-19	15	Watertown	0:41:24
19	289 TAYLOR TRENCHARD	M	M15-19	18	Evans Mills	0:41:53
20	313 RYAN ZEHR	M	M15-19	19	Carthage	0:45:26
21	323 TAYLOR UPTON	M	M15-19	17	Watertown	0:45:37
22	242 DUSTIN ROBINSON	M	M15-19	18	Evans Mills	0:45:38
23	78 RYAN DEAN	M	M15-19	19	Evans Mills	0:47:16
24	77 MICHAEL DAVOLOS	M	M15-19	18	Evans Mills	0:48:06

25	240	RACE ROBERT	M	M15-19	19	Evans Mills	0:49:22
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M20-24

1	373	STEVE GAGNIER	M	M20-24	21	Carthage	0:29:25
2	335	DAVID GURNEY	M	M20-24	20	Fort Drum	0:33:05
3	379	SCOTT RANDALL	M	M20-24	24	Watertown	0:33:05
4	222	ROBERT PEARSALL	M	M20-24	23	Carthage	0:35:24
5	96	DEREK EAMER	M	M20-24	22	Watertown	0:35:27
6	29	RYAN BLUM	M	M20-24	23	Alexandria Bay	0:36:14
7	146	JOHN KELLOGG	M	M20-24	21	Clayton	0:37:06
8	235	OSCAR RAMOS	M	M20-24	23	Watertown	0:37:26
9	268	ERIC SHOLDER	M	M20-24	24	Watertown	0:39:04
10	151	ALBERTO LAJARA	M	M20-24	20	Evans Mills	0:39:52
11	148	ROBERT KENNEDY	M	M20-24	24	Fort Drum	0:42:46
12	196	ALEX MIX	M	M20-24	23	Carthage	0:43:19
13	233	ANTHONY PROVOST	M	M20-24	20	Evans Mills	0:43:23
14	237	JOSHUA REEVES	M	M20-24	20	Evans Mills	0:43:43
15	332	JAMES JEFFERSON	M	M20-24	23	Fort Drum	0:44:48
16	60	GIBBS CHRISTOPHER	M	M20-24	21	Evans Mills	0:48:19

M25-29

1	112	WILLIAM GELLING	M	M25-29	28	Lowville	0:26:08
2	388	MIGUEL CONTRERAS	M	M25-29	25	Fort Drum	0:29:20
3	402	JUSTIN YOUNG	M	M25-29	26	Watertown	0:31:29
4	399	JOHN FLERN	M	M25-29	29	Watertown	0:31:54
5	360	TYLER HEIMAN	M	M25-29	29	Watertown	0:31:58
6	354	CHRISTOPHER AHER	M	M25-29	29	Watertown	0:33:37
7	110	RICK GATES	M	M25-29	29	Watertown	0:33:45
8	208	ANTHONY NETTO	M	M25-29	28	Watertown	0:34:11
9	5	ZACHARY AMBROSE	M	M25-29	25	Watertown	0:35:30
10	397	GARRETT ANDERSON	M	M25-29	26	Watertown	0:35:40
11	359	JOHN HABERLAND	M	M25-29	29	Watertown	0:35:50
12	144	JOSHUA KAUFMANN	M	M25-29	26	Carthage	0:36:16
13	387	DANIEL ACRUMANO	M	M25-29	29	Watertown	0:36:20
14	407	MATTHEW FARNEY	M	M25-29	26	POTSDAM	0:37:00
15	131	ERICK HEISE	M	M25-29	27	Watertown	0:37:20
16	14	JACOB BARNEY	M	M25-29	29	Watertown	0:38:17
17	128	RICHARD HARVEY	M	M25-29	26	Syracuse	0:38:33
18	241	MICHAEL ROBERTS	M	M25-29	25	Adams	0:38:57
19	338	JEFFERY LAWNICZAK	M	M25-29	25	Watertown	0:39:34
20	352	CHRIS SANCHEZ	M	M25-29	28	Watertown	0:40:26
21	390	JUSTIN NOTTINGHAM	M	M25-29	29	Watertown	0:41:58
22	204	CHRISTOPHER MURRAY	M	M25-29	27	Watertown	0:41:59
23	368	CHRIS HILOL	M	M25-29	28	Watertown	0:42:31
24	383	ANDREW GONZALEZ	M	M25-29	26	Fort Drum	0:42:38
25	165	TIMOTHY LEBAR	M	M25-29	25		0:42:49
26	44	JASON BURTO	M	M25-29	26	Brockport	0:43:08
27	168	JESSE LENNOX	M	M25-29	28	Watertown	0:43:49
28	103	KYLE FLOYD	M	M25-29	28	Watertown	0:44:17
29	265	PAUL SHEPARD	M	M25-29	28	Black River	0:44:30
30	272	JAY SMITH	M	M25-29	28	Carthage	0:45:32
31	330	BRIAN BILLINGSLEY	M	M25-29	26	Watertown	0:45:45
32	133	SEAN HENNESSY	M	M25-29	29	La Fargeville	0:45:45
33	206	TRAVIS NELS	M	M25-29	29	Watertown	0:46:52
34	357	SCOTT WOHLFORD	M	M25-29	27	Watertown	0:47:58
35	319	JASON KIERNAN	M	M25-29	28	Watertown	0:54:16
36	157	JOSEPH LANG	M	M25-29	27	Black River	1:05:18

M30-34

1	372	TIMOTHY PAROZ	M	M30-34	30	Watertown	0:31:40
2	207	AARON NETTO	M	M30-34	32	Rodman	0:32:35
3	6	STEVEN ANDERSON	M	M30-34	34	Carthage	0:34:07
4	408	WAYNE MCCONNELL	M	M30-34	32	Watertown	0:35:13
5	428	JAMES CARROLL	M	M30-34	33	Watertown	0:35:26
6	186	JASON MCCULLOUGH	M	M30-34	31	Clayton	0:36:45
7	184	TOM MCCOLLOM	M	M30-34	30	Watertown	0:37:51
8	57	DANIEL CHARLEBOIS	M	M30-34	31	Watertown	0:38:02
9	31	JOSHUA BOPP	M	M30-34	32	Watertown	0:38:46
10	266	NICHOLAS SHERWOOD	M	M30-34	32	Evans Mills	0:39:31
11	271	GREGOR SMITH	M	M30-34	30	Dexter	0:40:19
12	405	NICHOLE TURCK	M	M30-34	33	Watertown	0:40:43
13	311	ANDREW YOUNG	M	M30-34	33	Sackets Harbor	0:40:43
14	431	JOE SECH	M	M30-34	30	Watertown	0:41:08
15	270	EDWARD SIEBELS	M	M30-34	34	Gouverneur	0:42:08
16	406	MICHAEL GANNON	M	M30-34	32	Watertown	0:43:17
17	325	ADAM FLORKOWSKI	M	M30-34	34	Carthage	0:43:18
18	425	ALEX HUFANA	M	M30-34	30	Fort Drum	0:44:16
19	158	BRETT LANGSTON	M	M30-34	30	Evans Mills	0:44:57
20	193	JASON MELBY	M	M30-34	34	Carthage	0:48:28
21	219	JUSTIN PAIGE	M	M30-34	31	Dexter	0:52:05
22	139	MATTHEW HUMPHREY	M	M30-34	34	Evans Mills	0:52:30

M35-39

1	420	MATT WESTERLUND	M	M35-39	37	Watertown	0:29:49
2	221	JASON PARE	M	M35-39	37	Oriskany	0:31:03
3	98	GEORGE EMRICH	M	M35-39	38	Watertown	0:32:58
4	300	CHRISTOPHER WATERMAN	M	M35-39	35	La Fargeville	0:33:28
5	56	CHRIS CATTELANE	M	M35-39	35		0:33:41
6	125	JAMES HART	M	M35-39	37	Watertown	0:33:53
7	327	REED ERICKSON	M	M35-39	39	Fort Drum	0:34:41
8	430	GERARDO GUZMAN	M	M35-39	38	Fort Drum	0:35:20
9	42	DANIEL BUCKLEY	M	M35-39	38	Glen Park	0:36:08
10	64	JASON CLUTTER	M	M35-39	35	Adams Center	0:37:24
11	179	THOMAS MATTHEWS	M	M35-39	38	Watertown	0:37:40
12	218	JIMMY PADIN	M	M35-39	38	Watertown	0:37:44
13	374	MARK GICHERMAN	M	M35-39	35	Fort Drum	0:38:11
14	167	DEAN LEE	M	M35-39	35	Fort Drum	0:38:12
15	136	ROBERT HIRSCHHEY	M	M35-39	35	Watertown	0:38:13
16	347	JOHN WILSON	M	M35-39	39	Watertown	0:38:29
17	160	BRIAN LANTIER	M	M35-39	38	Clayton	0:39:05
18	74	DAVID CRAPSER	M	M35-39	35	Watertown	0:39:15
19	40	THOMAS BRUNO	M	M35-39	37	Chaumont	0:39:27
20	75	JEFFERY CROWNOVER	M	M35-39	39	Sackets Harbor	0:40:05
21	141	BRIAN JONES	M	M35-39	39	Clayton	0:40:39
22	182	MICHEAL MCARDELL	M	M35-39	37	Watertown	0:41:47
23	298	IAN WARD	M	M35-39	36	Sackets Harbor	0:41:51
24	396	JOHN JOHNSON	M	M35-39	39	Watertown	0:41:52
25	345	CARFORD JOHNSON	M	M35-39	39	Watertown	0:42:41
26	305	MATTHEW WHITE	M	M35-39	37	Lacona	0:42:49
27	370	MIKE MILLER	M	M35-39	38	Watertown	0:45:24
28	400	WILLIAM COPPOLA	M	M35-39	36	Watertown	0:46:53
29	51	BRIAN CARR	M	M35-39	35	Carthage	0:48:29
30	20	CARL BERG	M	M35-39	39	Watertown	0:55:10
31	348	JIM MILLS	M	M35-39	39	Watertown	0:56:18
32	394	MIKE FIORENTINO	M	M35-39	39	Watertown	1:01:52

M40-44

1	36	JAMES BRADY	M	M40-44	42	Carthage	0:29:14
2	45	ERIC CADWELL	M	M40-44	42	Watertown	0:30:52
3	412	BRAD BELLEVILLE	M	M40-44	40	Theresa	0:32:14
4	275	FREDRIC SOVIE	M	M40-44	42	Watertown	0:32:59
5	84	RONALD DINGLE	M	M40-44	44	Watertown	0:36:13
6	295	MIKE VANWORMER	M	M40-44	41	Watertown	0:37:19
7	294	JERRY VANWORMER	M	M40-44	41	Mannsville	0:37:31
8	17	SCOTT BAUGHN	M	M40-44	41	La Fargeville	0:37:37
9	163	MARK LAVARNWAY	M	M40-44	44	Watertown	0:38:17
10	297	KEVIN WANKERL	M	M40-44	44	Tomah WI	0:38:44
11	363	JAY STEINER	M	M40-44	44	Castorland	0:38:47
12	25	MICHAEL BICE	M	M40-44	40	Watertown	0:39:14
13	119	NATHAN GOUBEAUX	M	M40-44	42	Fort Drum	0:39:36
14	329	HUGO LENTZE	M	M40-44	40	Watertown	0:40:18
15	152	CHRISTOPHER LALONE	M	M40-44	44	Mannsville	0:42:29
16	154	TODD LALONE	M	M40-44	43	Adams	0:42:29
17	286	ERIC SWARTZ	M	M40-44	43	Watertown	0:43:08
18	195	JAMES MITCHELL	M	M40-44	41	Watertown	0:44:20
19	170	SHARON LEWIS	M	M40-44	41	Black River	0:45:43
20	201	CHRISTOPHER MORSE	M	M40-44	42	Watertown	0:45:59
21	377	CHARLES BERKMON	M	M40-44	41	Watertown	0:46:26
22	7	STEVE ANDREWS	M	M40-44	44	Watertown	0:46:33
23	213	RICHARD OCONNOR	M	M40-44	40	Watertown	0:46:45
24	426	CHRISTIAN SISACK	M	M40-44	42	Syracuse	0:48:20
25	403	PETE BRANAGAN	M	M40-44	42	Lowville	0:49:09

M45-49

1	304	TIM WHEELock	M	M45-49	48	Boonville	0:31:42
2	23	PATRICK BEST	M	M45-49	49	Chaumont	0:34:14
3	380	ANTHONY MATTHEWS	M	M45-49	46	Watertown	0:36:15
4	341	ROGER FIEDLER	M	M45-49	48	Fort Drum	0:37:29
5	59	TODD CHENEY	M	M45-49	48	Beaver Falls	0:38:47
6	191	DEAN MECKES	M	M45-49	48	Clayton	0:39:25
7	361	JOHN DALESSANDRO	M	M45-49	47	Sackets Harbor	0:40:09
8	1	MARK ABBATE	M	M45-49	46	Adams Center	0:40:57
9	109	SCOTT GARRABRANT	M	M45-49	45	Watertown	0:41:36
10	385	JOHN BOSCO	M	M45-49	49	Watertown	0:41:37
11	309	JEFFREY WOOD	M	M45-49	47	Watertown	0:42:19
12	365	RANDY SITTERLY	M	M45-49	45	Watertown	0:46:48
13	33	CHRISTOPER BOULIO	M	M45-49	46	Adams Center	0:52:36

M50-54

1	254	MARK RYBINSKI	M	M50-54	54	Manlius	0:29:31
2	249	RICK ROYCE	M	M50-54	51	Ontario CA	0:31:23
3	71	STAN COSPER	M	M50-54	50	Watertown	0:36:31
4	200	RICHARD MORRIS	M	M50-54	53	Watertown	0:37:01
5	129	ANDY HAUG	M	M50-54	50	Adams Center	0:37:10
6	364	GLYNN HONTS	M	M50-54	50	Watertown	0:37:22
7	223	GILBERT PEARSALL JR.	M	M50-54	53	Carthage	0:38:28
8	258	JAMES SCORDO	M	M50-54	52	Watertown	0:40:21
9	349	JIM FINNERTY	M	M50-54	51	Watertown	0:41:20
10	263	ROGER SHAMBO	M	M50-54	52	Lowville	0:42:25
11	32	STEVEN BOTSFORD	M	M50-54	51	Watertown	0:42:58
12	227	PETER PIKE	M	M50-54	53	Watertown	0:43:59
13	212	DENNIS NORTZ	M	M50-54	54	Watertown	0:45:01
14	174	DAVE MALES	M	M50-54	52	Watertown	0:49:37

M55-59

1	124 PETER HARDWICK	M	M55-59	57	Watertown	0:31:30
2	86 BRIAN DODGE	M	M55-59	56	Fulton	0:31:50
3	169 STEVEN LESTER	M	M55-59	55	Sackets Harbor	0:34:55
4	245 DAVID ROCKEFELLER	M	M55-59	57	Watertown	0:35:37
5	99 BURTON ETHERIDGE	M	M55-59	57	Watertown	0:37:06
6	238 KEITH RIDGEWAY	M	M55-59	59	Mannsville	0:37:17
7	111 BRUCE GAYLORD	M	M55-59	58	Boonville	0:38:07
8	114 PAUL GIBBS	M	M55-59	55	Adams Center	0:38:17
9	61 PAUL CHWALEK	M	M55-59	56	Oswego	0:40:11
10	384 DENNIS PAWLICKI	M	M55-59	57	Watertown	0:40:58
11	79 DONALD DEAR	M	M55-59	55	Watertown	0:42:25
12	122 JOHN HAMM	M	M55-59	57	Star Lake	0:47:14
13	177 MICHAEL MARTINEZ	M	M55-59	59	Gouverneur	0:48:12
14	284 THOMAS STORINO	M	M55-59	57	Watertown	0:48:15
15	279 JOHN STANO	M	M55-59	55	Dexter	0:55:02
16	89 RICHARD DOELL	M	M55-59	58	Calcium	0:57:12

M60UP

1	389 JOHN MATTINELY	M	M60UP	62	Watertown	0:37:53
2	239 DON ROBBINS	M	M60UP	64	Liverpool	0:38:59
3	225 MARK PHILLIPS	M	M60UP	62	Sackets Harbor	0:39:21
4	100 MICHAEL FLANAGAN	M	M60UP	64	Watertown	0:40:28
5	145 ARTHUR KEEN	M	M60UP	62	Black River	0:41:42
6	382 BILL CHAPIN	M	M60UP	66	Watertown	0:42:03
7	302 KENYON WELLS	M	M60UP	60	Sackets Harbor	0:42:20
8	273 JERRY SMITH	M	M60UP	62	Altmar	0:43:55
9	70 WAYNE COOKE	M	M60UP	63	Sackets Harbor	0:44:02

Overall Female

1	140 LAUREN JAMIESON	F	Overall Female	19	Adams	0:32:43
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Overall Male

1	378 TRAVIS KUHL	M	Overall Male	35	Lowville	0:26:07
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M15-19

F14UNDER

DQ	10 JASMEET AUJLA	F	F14UNDER	13	Watertown	0:27:42
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F15-19

DQ	9 HARBREET AUJLA	F	F15-19	15	Watertown	0:27:42
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