

Watertown YMCA Shamrock Run - 5 Mile
 Saturday March 14, 2009 Watertown, NY
 297 Finishers (157 Male, 139 Female, 1 Unknown)
 Timed by YellowJacket Racing

Pos	Bib	Name	Gender	M/F Place	Class	Age	City	Time	Pace
1	126	TRAVIS KUHL	M		1 OVERALL MALE		34 CROGHAN	0:28:23	05:41
2	336	MICHAEL BEHNKENDORF	M		2 M30-34		32 CARTHAGE	0:29:42	05:56
3	301	WILLIAM GELLING	M		3 M25-29		27 LOWVILLE	0:29:59	06:00
4	324	SHAWN HOGAN	M		4 M20-24		24 WATERTOWN	0:30:01	06:00
5	136	NICHOLAS LYNCH	M		5 M15-19		18 WATERTOWN	0:30:01	06:00
6	213	MARK RYBINSKI	M		6 M50-54		53 MANLIUS	0:30:13	06:03
7	204	CHRISTOPHER ROSENBERGER	M		7 M15-19		17 WATERTOWN	0:30:34	06:07
8	48	MATTHEW CHENEY	M		8 M15-19		16 BEAVER FALLS	0:30:37	06:07
9	308	GARY RADFORD	M		9 M50-54		52 CICERO	0:30:42	06:08
10	118	LOGAN KEMPNEY	M		10 M12-14		14 CASTORLAND	0:30:46	06:09
11	71	STEVEN DOE	M		11 M40-44		43 ADAMS	0:31:26	06:17
12	304	STEVE FRITTON	M		12 M15-19		17 MANNSVILLE	0:32:07	06:25
13	37	BRITTANY BURNS	F		1 OVERALL FEMALE		20 WATERTOWN	0:32:16	06:27
14	323	SCOTT RANDALL	M		13 M20-24		23 HENDERSON	0:32:37	06:31
15	325	MICHAEL OCONNOR	M		14 M35-39		39 ALEX BAY	0:32:42	06:32
16	68	BRIAN DODGE	M		15 M55-59		55 FULTON	0:33:06	06:37
17	138	CLAUDETTE MAINVILLE	F		2 F40-44		41 EVANS MILLS	0:33:29	06:42
18	305	GABRIEL SLYCD	M		16 M15-19		17 BEAVER FALLS	0:33:34	06:43
19	187	CRISTIAN RAMOS	M		17 M15-19		18	0:33:44	06:45
20	173	JASON PARE	M		18 M35-39		36 ORINSKY	0:33:53	06:47
21	117	JEFF KELLOGG	M		19 M45-49		46 ADAMS CENTER	0:34:18	06:52
22	83	REBECCA FOULGER	F		3 F25-29		26 ADAMS	0:34:23	06:53
23	343	JUSTIN YOUNG	M		20 M25-29		25 GOUVERNEUR	0:34:43	06:57
24	56	GRACE COUCH	F		4 F15-19		16 WATERTOWN	0:34:44	06:57
25	54	RYAN CLEMONS	M		21 M15-19		15 CARTHAGE	0:34:49	06:58
26	321	TOM ALLARD	M		22 M35-39		37 BLACK RIVER	0:34:50	06:58
27	161	ANTHONY NETTO	M		23 M25-29		27 WATERTOWN	0:35:00	07:00
28	189	JOHN REED	M		24 M35-39		39 LOWVILLE	0:35:05	07:01
29	100	PETER HARDWICK	M		25 M55-59		56 WATERTOWN	0:35:17	07:03
30	260	TRICIA YOUNG	F		5 F30-34		30 SACKETS HARBOR	0:35:22	07:04
31	256	ERIN WILEY	F		6 F25-29		28 ADAMS CENTER	0:35:28	07:06
32	160	BRIAN MURRAY	M		26 M40-44		40 HENDERSON	0:35:28	07:06
33	243	BRIAN SWEET	M		27 M20-24		21 WATERTOWN	0:35:31	07:06
34	234	FRED SOVIE	M		28 M60UP		71 WATERTOWN	0:35:35	07:07
35	121	THOMAS KING	M		29 M45-49		47 PULASKI	0:35:43	07:09
36	228	GARY SIMMONS	M		30 M30-34		30 WATERTOWN	0:35:46	07:09
37	255	JOSH WILCOX	M		31 M15-19		17 WATERTOWN	0:36:39	07:20
38	271	AUSTIN FULLER	M		32 M15-19		15 GOUVERNER	0:36:52	07:22
39	170	PARTHA PANWALA	M		33 M15-19		18 WATERTOWN	0:37:12	07:26
40	151	CHRIS MCKINNEY	M		34 M15-19		18 DEXTER	0:37:12	07:26
41	119	ERIC KENDREW	M		35 M35-39		37 WATERTOWN	0:37:14	07:27
42	330	GEORGE EMRICH	M		36 M35-39		37 WATERTOWN	0:37:30	07:30
43	197	BECCA ROBBINS	F		7 F25-29		27 LIVERPOOL	0:37:32	07:30
44	200	DAVID ROCKEFELLER	M		37 M55-59		56 WATERTOWN	0:37:33	07:31
45	263	DARRIN COLE	M		38 M30-34		33 LOWVILLE	0:37:39	07:32
46	183	DUSTIN PROCKISH	M		39 M25-29		28 BLACK RIVER	0:37:54	07:35
47	212	MARJORIE RUSH	F		8 F30-34		31 LOWVILLE	0:37:56	07:35
48	113	LAUREN JAMIESON	F		9 F15-19		18 ADAMS	0:37:58	07:36
49	314	STEVEN DRENNAN	M		40 M50-54		50 BACK RIVER	0:38:02	07:36
50	163	ALEXIS NUFFER	F		10 F20-24		20 CROGHAN	0:38:04	07:37
51	165	MCKAYLA NUFFER	F		11 F15-19		18 CROGHAN	0:38:05	07:37
52	15	PATRICK BEST	M		41 M45-49		48 CHAUMONT	0:38:08	07:38
53	201	DANIEL ROCKEFELLER	M		42 M15-19		16 WATERTOWN	0:38:11	07:38
54	238	JOHN PAUL STEPIEN	F		12 F15-19		19	0:38:17	07:39
55	312	CARLY VANTASSEL	F		13 F15-19		16 ADAMS CENTER	0:38:19	07:40

56	132	STEVEN LESTER	M	43	M50-54	54	SACKETS HARBOR	0:38:23	07:41
57	258	JENNIFER WILLIAMS	F	14	F25-29	29	ADAMS CENTER	0:38:26	07:41
58	262	JOHN COBB	M	44	M15-19	17	ADAMS	0:38:31	07:42
59	169	WILLIAM ONEILL	M	45	M25-29	26	WATERTOWN	0:38:38	07:44
60	70	CAROL DODGE	F	15	F50-54	52	FULTON	0:38:41	07:44
61	223	JOSEPH SECH	M	46	M25-29	29	CALCIUM	0:38:47	07:45
62	8	JACOB BARNEY	M	47	M25-29	28	WATERTOWN	0:38:53	07:47
63	194	KEITH RIDGEWAY	M	48	M55-59	58	MANNVILLE	0:38:54	07:47
64	328	MATTHEW ROBBINS	M	49	M30-34	30	LIVERPOOL	0:38:56	07:47
65	29	DAWN BROWN	F	16	F40-44	40	LOWVILLE	0:39:06	07:49
66	341	JOSHUA KAUFMANN	M	50	M25-29	25	CARTHAGE	0:39:06	07:49
67	237	JAY STEINER	M	51	M40-44	43	CASTORLAND	0:39:08	07:50
68	10	ASHLEIGH BARNHART	F	17	F25-29	25	BROCKPORT	0:39:10	07:50
69	248	JOHN TURNER	M	52	M20-24	24	SACKETS HARBOR	0:39:14	07:51
70	265	CAROL DODGE	F	18	F50-54	52	FULTON	0:39:16	07:51
71	26	TODD BOWMAN	M	53	M45-49	46	ELMIRA HEIGHTS	0:39:17	07:51
72	108	JOHN HERMANSON	M	54	M30-34	33	SACKETS HARBOR	0:39:23	07:53
73	162	BETSY NICOL	F	19	F45-49	49	COPENHAGEN	0:39:24	07:53
74	123	EDWARD KNAPP	M	55	M50-54	52	WATERTOWN	0:39:34	07:55
75	89	PAUL GIBBS	M	56	M50-54	54	ADAMS CENTER	0:39:35	07:55
76	93	LEO GOSSELIN	M	57	M40-44	42	RODMAN	0:39:40	07:56
77	50	PAUL CHWALEK	M	58	M55-59	55	OSWEGO	0:39:48	07:58
78	140	STEPHANIE MANN	F	20	F25-29	28	WATERTOWN	0:39:48	07:58
79	66	CHRISTOPHER DEPHTEREOS	M	59	M25-29	25	WATERTOWN	0:39:53	07:59
80	346	KENNETH LAWRENCE	M	60	M30-34	30	ADAMS	0:39:53	07:59
81	31	THOMAS BRUNO	M	61	M35-39	36	CHAUMONT	0:39:54	07:59
82	106	ERICK HEISE	M	62	M25-29	26	WATERTOWN	0:40:01	08:00
83	4	JONATHAN ADAMS	M	63	M30-34	31	WATERTOWN	0:40:01	08:00
84	253	JOE WETTERHAHN	M	64	M45-49	48	ADAMS	0:40:07	08:01
85	32	REGINA BUCKINGHAM	F	21	F35-39	38	CROGHAN	0:40:07	08:01
86	64	PATTI DENESHA	F	22	F40-44	44	GOUVERNEUR	0:40:16	08:03
87	278	MARK LAVARNWAY	M	65	M40-44	43	WATERTOWN	0:40:18	08:04
88	214	KEELY SAMMON	F	23	F12-14	14	LOWVILLE	0:40:19	08:04
89	233	JORDON SOUKUP	M	66	M15-19	17	CARTHAGE	0:40:22	08:04
90	69	BREANN DODGE	F	24	F25-29	28	FULTON	0:40:25	08:05
91	327	EDWARD MALINOSKI	M	67	M40-44	42		0:40:29	08:06
92	94	THOMAS GRABAN	M	68	M20-24	21	WATERTOWN	0:40:37	08:07
93	28	KIT BROWN	M	69	M40-44	44	CALCIUM	0:40:40	08:08
94	77	MATTHEW FARNEY	M	70	M25-29	25	WATERTOWN	0:40:46	08:09
95	302	MATTHEW KINNE	M	71	M30-34	32	WATERTOWN	0:40:47	08:09
96	73	KARLEE DUFFER	F	25	F12-14	14	LOWVILLE	0:40:47	08:09
97	105	RALPH HEATON	M	72	M35-39	38	WATERTOWN	0:40:47	08:09
98	315	BRANDON ALSTON	M	73	M25-29	29	WATERTOWN	0:40:47	08:09
99	318	PAUL WILLIAMS	M	74	M30-34	33	SACKETS HARBOR	0:40:55	08:11
100	275	ALYSSA DAVIS	F	26	F20-24	24	WATERTOWN	0:41:00	08:12
101	36	MIKE BURNS	M	75	M50-54	52	WATERTOWN	0:41:05	08:13
102	231	GREGOR SMITH	M	76	M25-29	29	DEXTER	0:41:16	08:15
103	109	ROBERT HIRSCHHEY	M	77	M30-34	34	WATERTOWN	0:41:17	08:15
104	313	JOHN VANTASSEL	M	78	M20-24	20	ADAMS CENTER	0:41:18	08:16
105	198	MICHAEL ROBERTS	M	79	M20-24	24	ADAMS	0:41:21	08:16
106	196	DON ROBBINS	M	80	M60UP	63	LIVERPOOL	0:41:25	08:17
107	20	MARTINA BLAZEWICZ	F	27	F25-29	28	WATERTOWN	0:41:28	08:18
108	144	MARK MAXON	M	81	M15-19	19		0:41:29	08:18
109	128	BRIAN LANTIER	M	82	M35-39	37	CLAYTON	0:41:36	08:19
110	59	CHRISSEY CROWELL	F	28	F15-19	17	LOWVILLE	0:41:39	08:20
111	1	TYLER ABBASS	M	83	M15-19	18	CARTHAGE	0:41:47	08:21
112	35	SEAN BUNNY	M	84	M25-29	27	SACKETS HARBOR	0:41:50	08:22
113	137	CHRISTINE LYTLLE	F	29	F30-34	31	LIVERPOOL	0:41:56	08:23
114	192	FRANK RHODE	M	85	M50-54	51	WATERTOWN	0:42:07	08:25
115	150	KEITH MCKINLEY	M	86	M35-39	39	WATERTOWN	0:42:13	08:27
116	115	JEREMY KAUFMANN	M	87	M12-14	14	CARTHAGE	0:42:17	08:27

117	171	MARISSA PAQUIN	F	30	F25-29	29	0:42:20	08:28	
118	172	PETER PAQUIN	M	88	M30-34	32	0:42:20	08:28	
119	157	RICHARD MORRIS	M	89	M50-54	52	WATERTOWN	0:42:21	08:28
120	25	SAMUEL BOURCY	M	90	M15-19	17	DEXTER	0:42:22	08:28
121	166	DENNIS OBRIEN	M	91	M35-39	38	DEXTER	0:42:24	08:29
122	120	AUBREY KETRTRICK	F	31	F15-19	17	WATERTOWN	0:42:31	08:30
123	303	ADAM ZAIBST	M	92	M25-29	27	WATERTOWN	0:42:31	08:30
124	17	MICHAEL BICE	M	93	M35-39	39	WATERTOWN	0:42:33	08:31
125	110	JARED HOGAN	M	94	M25-29	29	DEXTER	0:42:34	08:31
126	222	JAMES SCORDO	M	95	M50-54	51	WATERTOWN	0:42:35	08:31
127	210	KARA RUSCH	F	32	F40-44	41	HAMILTON	0:42:36	08:31
128	273	TROY PIVETROSHE	M	96	M35-39	35	SACKETS HARBOR	0:42:37	08:31
129	7	ERIC ASHLEY	M	97	M30-34	32	WATERTOWN	0:42:42	08:32
130	159	THOMAS MURPHY	M	98	M15-19	16	FORTDRUM	0:42:43	08:33
131	239	JOHN STIRLING	M	99	M60UP	66	WATERTOWN	0:42:46	08:33
132	47	TODD CHENEY	M	100	M45-49	47	BEAVER FALLS	0:42:53	08:35
133	215	MATHEW SANFORD	M	101	M30-34	30	DEXTER	0:42:56	08:35
134	252	BRIAN WATSON	M	102	M40-44	42	WATERTOWN	0:42:56	08:35
135	257	ANNIE WILLAIMS	F	33	F35-39	38	WATERTOWN	0:43:09	08:38
136	240	REBECCA STONE	F	34	F35-39	38		0:43:09	08:38
137	41	TAMMY CALKINS-CONDIFF	F	35	F35-39	39	CARTHAGE	0:43:10	08:38
138	75	STEPHANIE ELDRIDGE	F	36	F30-34	30	CARTHAGE	0:43:11	08:38
139	38	JASON BURTO	M	103	M25-29	25	BROCKPORT	0:43:12	08:38
140	141	CHRIS MANN	M	104	M35-39	36	WATERTOWN	0:43:18	08:40
141	45	JAMIE CHARLEBOIS	F	37	F35-39	35	WATERTOWN	0:43:18	08:40
142	22	CHRISTIAN BOOTH	M	105	M15-19	18	CARTHAGE	0:43:25	08:41
143	62	DONALD DEAR	M	106	M50-54	54	WATERTOWN	0:43:25	08:41
144	127	CHRISTOPHER LALONE	M	107	M40-44	43	MANNVILLE	0:43:29	08:42
145	57	DIANE COVELL	F	38	F50-54	53	WATERTOWN	0:43:34	08:43
146	67	MICHAEL DESORMEAU	M	108	M20-24	20		0:43:38	08:44
147	18	JULIE BIONDOLILLO	F	39	F35-39	36	PENNELVILLE	0:43:43	08:45
148	51	JAMES CLARK	M	109	M45-49	48	WATERTOWN	0:43:50	08:46
149	337	ROBERT KNIERMEN	M	110	M55-59	57	CHESTER	0:43:51	08:46
150	124	MARCUS KNAPP	M	111	M35-39	35	WATERTOWN	0:43:52	08:46
151	220	SARAH SCHMIEDEKNECHT	F	40	F25-29	25	WATERTOWN	0:43:54	08:47
152	219	KYLE SCHMIEDEKNECHT	M	112	M20-24	24	WATERTOWN	0:43:54	08:47
153	65	NICOLE DENESHA	F	41	F25-29	25	HARRISVILLE	0:43:55	08:47
154	13	JENNIFER BERIE	F	42	F35-39	39	ADAMS	0:43:56	08:47
155	276	JENNIFER BANAZET	F	43	F35-39	38	WATERTOWN	0:44:25	08:53
156	235	RONALD SPENCER	M	113	M50-54	50	CENTRAL SQUARE	0:44:32	08:54
157	307	GERALD SCHNEEBERGER	M	114	M50-54	51	WATERTOWN	0:44:34	08:55
158	103	JESSICA HART	F	44	F30-34	32	WATERTOWN	0:44:39	08:56
159	345	CHRISTINA LAWRENCE	F	45	F30-34	30	ADAMS	0:44:44	08:57
160	168	SHANNON ODELL	F	46	F30-34	33	BLACK RIVER	0:44:49	08:58
161	58	IRR CROSS	M	115	M40-44	41	Black RIVER	0:44:49	08:58
162	91	SARAH GOODENBERY	F	47	F30-34	30	RODMAN	0:44:56	08:59
163	272	KATRINA FULLER	F	48	F35-39	35	GOUVERNEUR	0:44:57	08:59
164	174	PATIENCE PEBBLES	F	49	F25-29	29	WATERTOWN	0:45:00	09:00
165	319	JEFF CORDES	M	116	M30-34	32	SYRACUSE	0:45:02	09:00
166	3	MARK ABBATE	M	117	M45-49	45	ADAMS CENTER	0:45:03	09:01
167	249	MIKE TWIGG	M	118	M40-44	40	WEST LAKE	0:45:16	09:03
168	74	TAYLOR DZIEKAN	F	50	F15-19	17	CROGHAN	0:45:18	09:04
169	347	347						0:45:23	09:05
170	86	CHRISTOPHER GARCIA	M	119	M15-19	18	EVANS MILLS	0:45:26	09:05
171	195	LESLIE ROBARE	F	51	F35-39	36	WATERTOWN	0:45:28	09:06
172	49	EMILY CHRISMAN	F	52	F25-29	28	ADAMS	0:45:28	09:06
173	261	RYAN ZEHR	M	120	M15-19	18	CARTHAGE	0:45:30	09:06
174	155	BRIAN MOORE	M	121	M30-34	32	DEXTER	0:45:31	09:06
175	90	SHERRY GILBERT	F	53	F50-54	52	WATERTOWN	0:45:33	09:07
176	116	ARTHUR KEEN	M	122	M60UP	61	BLACK RIVER	0:45:36	09:07
177	332	PAUL LYNDAKER	M	123	M35-39	38	ALEX BAY	0:45:37	09:07

178	320	GINA SAVATORE	F	54	F25-29	25	SYRACUSE	0:45:43	09:09
179	30	COURTNEY BRUNET	F	55	F30-34	34	SACKETS HARBOR	0:45:47	09:09
180	72	JENNIFER DOLDO	F	56	F30-34	31	WATERTOWN	0:45:52	09:10
181	145	SHERRY MCCARTHY	F	57	F30-34	30	CLAYTON	0:45:52	09:10
182	148	ERIN MCCLUSKY	F	58	F12-14	14	WATERTOWN	0:45:52	09:10
183	55	WAYNE COOKE	M	124	M60UP	62	SACKETS HARBOR	0:46:14	09:15
184	211	MATTHEW RUSCIO	M	125	M25-29	27	ADAMS CENTER	0:46:16	09:15
185	97	JOHN HAMM	M	126	M55-59	56	STAR LAKE	0:46:20	09:16
186	217	GRACE SAUTER	F	59	F45-49	48	WEST CARTHAGE	0:46:23	09:17
187	19	STEPHANIE BLANK	F	60	F15-19	18	CARTHAGE	0:46:24	09:17
188	24	STEVEN BOTSFORD	M	127	M50-54	50	SACKETS HARBOR	0:46:28	09:18
189	101	KEITH HARLEY	M	128	M15-19	18	CARTHAGE	0:46:36	09:19
190	153	PAUL MENDEZ	M	129	M40-44	44	CHAUMONT	0:46:46	09:21
191	152	JOE MCLAUGHLIN	M	130	M50-54	54	EVANS MILLS	0:46:49	09:22
192	135	HOLLIE LYNCH	F	61	F30-34	32	REDWOOD	0:46:57	09:23
193	111	LISA INGERSON	F	62	F35-39	36	CLAYTON	0:46:58	09:24
194	267	CHARLES BERKMAN	M	131	M40-44	40		0:47:04	09:25
195	230	CHARLES SMITH	M	132	M55-59	59	CLAYTON	0:47:13	09:27
196	180	PATRICK POMINVILLE	M	133	M11UNDER	11	LOWVILLE	0:47:23	09:29
197	80	CAROLINE FLEMING	F	63	F35-39	38	CHAUMONT	0:47:36	09:31
198	2	JORDON ABBASS	M	134	M12-14	14	CARTHAGE	0:47:38	09:32
199	179	SAM POMINVILLE	M	135	M45-49	48	LOWVILLE	0:47:42	09:32
200	326	ESTELLE HOUG	F	64	F20-24	23	BLACK RIVER	0:48:00	09:36
201	88	RICK GATES	M	136	M25-29	28	WATERTOWN	0:48:18	09:40
202	268	JANET QUINN	F	65	F50-54	52	SACKETS HARBOR	0:48:36	09:43
203	60	RONALD CURRIGAN	M	137	M25-29	28	BROWNVILLE	0:48:37	09:43
204	39	SANDIE BUTLER	F	66	F35-39	38	WATERTOWN	0:48:40	09:44
205	266	LISA ROGERS	F	67	F25-29	25	CARTHAGE	0:48:41	09:44
206	82	MARY FOSTER	F	68	F40-44	43	WATERTOWN	0:48:47	09:45
207	339	JUSTIN CORMIER	M	138	M30-34	30	CHAUMONT	0:49:00	09:48
208	229	RANDY SITTERLY	M	139	M40-44	44	WATERTOWN	0:49:12	09:50
209	129	JOE LAZZARO	M	140	M30-34	30	SYRACUSE	0:49:19	09:52
210	122	BEATE KINZEL	F	69	F40-44	41	THERESA	0:49:23	09:53
211	316	DENNIS NORTZ	M	141	M50-54	53	WATERTOWN	0:49:25	09:53
212	335	JASMINE WATKINS	F	70	F45-49	49	WATERTOWN	0:49:27	09:53
213	322	MAX COOLEY	M	142	M25-29	25	WATERTOWN	0:49:32	09:54
214	130	MONICA LEMOINE	F	71	F25-29	26	WATERTOWN	0:49:32	09:54
215	81	SHERYL FOAN	F	72	F35-39	39	COPENHAGEN	0:49:32	09:54
216	218	KENNETH SCHIMPF	M	143	M12-14	12	WATERTOWN	0:49:36	09:55
217	274	WILLIAM COPPOLA	M	144	M35-39	35	THERESA	0:49:41	09:56
218	42	MICHELE CAPONE	F	73	F35-39	36	WATERTOWN	0:49:50	09:58
219	79	JESSICA FISCHER	F	74	F25-29	28	WATERTOWN	0:49:50	09:58
220	149	FARA MCKINLEY	F	75	F35-39	36	WATERTOWN	0:49:54	09:59
221	205	DANIELLE ROUX	F	76	F20-24	23	SYRACUSE	0:49:54	09:59
222	158	ELIZABETH MORSE	F	77	F20-24	23	SACKETS HARBOR	0:50:08	10:02
223	34	MARY BULL	F	78	F45-49	49	WATERTOWN	0:50:10	10:02
224	277	DONALD ROBINSON	M	145	M55-59	58	WATERTOWN	0:50:13	10:03
225	331	JENNIFER THOM	F	79	F25-29	28	CARTHAGE	0:50:14	10:03
226	43	DAVID CEAN	M	146	M40-44	43	WATERTOWN	0:50:22	10:04
227	216	JOSEPH SANZONE	M	147	M50-54	53	WATERTOWN	0:50:39	10:08
228	232	JOHN SODERQUIST	M	148	M45-49	49	WATERTOWN	0:50:48	10:10
229	208	MARY RUMBLE	F	80	F45-49	49	COPENHAGEN	0:50:51	10:10
230	242	THOMAS STORINO	M	149	M55-59	56	WATERTOWN	0:50:59	10:12
231	190	SHANNON REYNOLDS	F	81	F30-34	33	WATERTOWN	0:51:00	10:12
232	191	JEREMY REYNOLDS	M	150	M30-34	33	WATERTOWN	0:51:00	10:12
233	279	KRISTIN HARNENGER	F	82	F25-29	26	WATERTOWN	0:51:09	10:14
234	309	SARA MICHAUD	F	83	F30-34	32	WATERTOWN	0:51:24	10:17
235	310	BRIAN MITCHELL	M	151	M35-39	39	WATERTOWN	0:51:24	10:17
236	84	GINNY FRATTALI	F	84	F45-49	46	WATERTOWN	0:51:28	10:18
237	96	JANE HAFNER	F	85	F45-49	47	ADAMS	0:51:33	10:19
238	99	NANCY HARDWICK	F	86	F55-59	56	WATERTOWN	0:51:35	10:19

239	53	MARGARET MARY CLEMENT	F	87	F40-44	42	WATERTOWN	0:51:37	10:19
240	12	RENEE BENDA	F	88	F25-29	27	SKANEATELES	0:51:43	10:21
241	184	CHRISTINE PURVIS	F	89	F30-34	33	ADAMS	0:51:48	10:22
242	226	CATHY SHELMDINE	F	90		?	LORRAINE	0:51:49	10:22
243	199	STEVE ROBINSON	M	152	M45-49	49	ADAMS	0:51:50	10:22
244	178	PETER PIKE	M	153	M50-54	52	WATERTOWN	0:52:12	10:26
245	241	SUE STORINO	F	91	F50-54	54	WATERTOWN	0:52:15	10:27
246	207	MAUREEN RUMBLE	F	92	F55-59	55	CARTHAGE	0:52:16	10:27
247	176	LORI PETERS	F	93	F35-39	37	CHAUMOUNT	0:52:21	10:28
248	133	NICOLE LINDERMAN	F	94	F30-34	34	WATERTOWN	0:53:02	10:36
249	112	ROBYN INGRAM	F	95	F35-39	39	WATERTOWN	0:53:11	10:38
250	311	ELIZABETH STEVENS	F	96	F30-34	33	CARTHAGE	0:53:14	10:39
251	306	SHANOLA BANDI	F	97	F25-29	27	ADAMS CENTER	0:53:44	10:45
252	225	ELLEN SHEEN	F	98	F35-39	35	CALCIUM	0:53:50	10:46
253	23	JOSHUA BOPP	M	154	M30-34	31	SCHENECTADY	0:53:59	10:48
254	107	JESSI HENTZ	F	99	F20-24	21	GOUVERNEUR	0:54:24	10:53
255	102	MARGARET HARRYMAN	F	100	F50-54	52	WATERTOWN	0:54:31	10:54
256	87	BRIDGETTE GATES	F	101	F30-34	34	WATERTOWN	0:54:35	10:55
257	182	TRACIE PRASHAW	F	102	F40-44	43	GOUVERNEUR	0:54:46	10:57
258	92	PATRICIA GORMAN	F	103	F55-59	56	WATERTOWN	0:55:05	11:01
259	317	NICHOLE WILLIAMS	F	104	F30-34	30	SACKETS HARBOR	0:55:47	11:09
260	246	MARY TINGLEY	F	105	F40-44	40	CASTORLAND	0:55:47	11:09
261	251	RENEE WARREN	F	106	F40-44	42	FORT DRUM	0:55:47	11:09
262	11	REBECCA BATES	F	107	F35-39	35	WATERTOWN	0:55:50	11:10
263	5	NATHELE ANDERSON	F	108	F40-44	41	DEXTER	0:55:50	11:10
264	27	JOSETTE BRODHEAD	F	109	F40-44	40	WATERTOWN	0:55:51	11:10
265	236	LINDSEY STANFORD	F	110	F20-24	23	LOWVILLE	0:56:05	11:13
266	338	DINA PHELPS	F	111	F25-29	27	CHESTER	0:56:25	11:17
267	227	SUSAN SHENE	F	112	F50-54	51	FINE	0:56:25	11:17
268	104	KRISTINE HARTLAUB	F	113	F40-44	40	ANTWERP	0:56:28	11:18
269	16	BARBARA BETRUS	F	114	F55-59	58	STAR LAKE	0:57:18	11:28
270	269	JENNIFER GARDNER	F	115	F30-34	33	GOUVERNEUR	0:57:28	11:30
271	342	JANET MELILLO	F	116	F35-39	35	GOUVERNEUR	0:57:38	11:32
272	46	CORTNEY CHARLTON	F	117	F25-29	28	GOUVERNEUR	0:57:39	11:32
273	254	CHRISTA WHITFIELD	F	118	F25-29	26	CARTHAGE	0:58:10	11:38
274	344	RANISA YOUNG	F	119	F30-34	33	GOUVERNEUR	0:58:45	11:45
275	131	DIANE LEONARD	F	120	F25-29	28	CLAYTON	0:58:48	11:46
276	44	RACHEL CHAMP	F	121	F35-39	37	BEAVER FALLS	0:59:34	11:55
277	9	DEBORAH BARNEY	F	122	F55-59	55	WATERTOWN	1:01:01	12:12
278	134	PIA LUEDECKE	F	123	F30-34	32	GLEN PARK	1:01:45	12:21
279	6	STEVE ANDREWS	M	155	M40-44	43	WATERTOWN	1:01:46	12:21
280	185	TRAVIS PURVIS	M	156	M30-34	33	ADAMS	1:02:39	12:32
281	61	REBECCA DALRYMPLE	F	124	F35-39	38	ADAMS	1:02:47	12:33
282	52	HEATHER CLEMENT	F	125	F35-39	36	WATERTOWN	1:03:21	12:40
283	348	MICHELLE SMITHERS	F	126	F30-34	33	WATERTOWN	1:04:45	12:57
284	333	KRISTY GALLAHUE	F	127	F40-44	43	FORT DRUM	1:04:45	12:57
285	334	KRISTA SUNDERMAN	F	128	F25-29	27	WATERTOWN	1:04:45	12:57
286	33	CHRISTINE BUCKLEY	F	129	F30-34	32	SACKETS HARBOR	1:04:48	12:58
287	340	LESLIE GILL	F	130	F30-34	32	FELTS MILLS	1:06:27	13:17
288	95	ASHLEY GRIFFIN	F	131	F20-24	20	BOWIE	1:07:18	13:28
289	98	KRISTI HANSON	F	132	F25-29	29	COPENHAGEN	1:07:19	13:28
290	264	DIANA DOTSON	F	133	F11UNDER	11	SACKETS HARBOR	1:10:05	14:01
291	40	DEE CALDWELL	F	134	F45-49	47	WATERTOWN	1:13:02	14:36
292	224	ALLYN SHANKS	M	157	M25-29	25	WATERTOWN	1:16:32	15:18
293	14	MELISSA BERRIEN	F	135	F35-39	35	WATERTOWN	1:16:38	15:20
294	181	WENDY POUND	F	136	F40-44	41	WATERTOWN	1:17:06	15:25
295	139	NANCY MANCE	F	137	F55-59	56	WATERTOWN	1:17:07	15:25
296	193	TAYLOR RICK	F	138	F12-14	12	WATERTOWN	1:17:07	15:25
297	146	TEASHA MCCARTHY	F	139	F25-29	28	WATERTOWN	1:17:22	15:28