

Fleet Feet Sports SummerFest 5K
Saturday, September 4th 2010 Mendon Ponds Park, NY
Produced by YellowJacket Racing

Total Finishers - 215 (Male - 88, Female - 127)

Pos	Bib	Fullname	Gender	Class	Age	City	TotalTm
Overall Male							
	1	617 Scott Bagley	M	Overall Male	13	Rochester	19:06
Overall Female							
	1	485 Megan Hyland	F	Overall Female	31	Cleveland Heights	20:26
F12Under							
	1	569 Veronica Wojnowski	F	F12Under	11	Rochester	22:49
	2	568 Suzanna Wojnowski	F	F12Under	9	Rochester	24:37
	3	618 Ilia Bagley	F	F12Under	11	Rochester	28:18
	4	583 Dana Szczublewski	F	F12Under	8	Honeoye Falls	29:04
	5	538 Elizabeth Ruhland	F	F12Under	10	N Chili	29:57
	6	558 Phoebe Uman	F	F12Under	10	Pittsford	33:26
	7	630 Michele Graney	F	F12Under	9	Spencerport	35:56
F13-18							
	1	567 Stephanie Wojnowski	F	F13-18	13	Rochester	21:39
	2	515 Casey Mulroy	F	F13-18	14	Pittsford	22:48
	3	539 Genevieve Ruhland	F	F13-18	13	N Chili	23:07
	4	605 Erin OConnor	F	F13-18	17	Stafford	27:46
	5	407 Grace Bernunzio	F	F13-18	13	Rochester	31:39
	6	509 Taryn Meli	F	F13-18	14	Rochester	36:53
	7	613 Karissa Kuhl	F	F13-18	15	Penfield	38:09
F19-24							
	1	604 Jena Miller	F	F19-24	24	Rochester	24:19
	2	593 Annie Hidley	F	F19-24	20	Penfield	24:54
	3	595 Sherri Maine	F	F19-24	20	Bandits Bluff	25:33
	4	612 Sara Wroblewski	F	F19-24	19		26:14
	5	408 Rose Bernunzio	F	F19-24	21	Rochester	27:50
	6	482 Anna Hope	F	F19-24	23	Rochester	28:53
	7	452 Lindsey Fronk	F	F19-24	20	Honeoye Falls	36:14
	8	469 Amanda Harris	F	F19-24	22	Rochester	36:59
	9	422 Trisha Cieslinski	F	F19-24	19	North Chili	37:53
F25-29							
	1	589 Lisa Perks	F	F25-29	29	Fairport	25:02
	2	527 Rebekah Polvino	F	F25-29	25	Newark	25:02
	3	500 Jill Long	F	F25-29	27	Rochester	26:18
	4	468 Sarah Hann	F	F25-29	27	Rochester	26:53
	5	430 Heather Curran	F	F25-29	25	Canandaigua	27:22
	6	576 Sara Newman	F	F25-29	25	Farmington	29:38
	7	564 Emily Weiss	F	F25-29	29	Rochester	30:54
	8	478 Christine Hesje	F	F25-29	28	Rochester	30:55
	9	557 Sarah Traub	F	F25-29	28	Rochester	31:18
	10	418 Shelley Cardegna	F	F25-29	25	Somerville	31:41

11	416	Christy Cardegna	F	F25-29	25	Rochester	31:41
12	514	Sheila Morris	F	F25-29	25	Canandaigua	32:00
13	501	Jessica Lord	F	F25-29	28	Victor	33:47
14	506	Ninette Marsocci	F	F25-29	29	Rochester	34:14
15	431	Melissa Curran	F	F25-29	27	Rochester	35:36
16	546	Tanya Scala	F	F25-29	28	Rochester	36:02
17	453	Renee Gerardi	F	F25-29	25	Rochester	37:42
18	461	Christina Gruschow	F	F25-29	25	Henrietta	39:15
19	439	Robyn Elliott	F	F25-29	27	Rochester	45:20
20	432	Julie Damdar	F	F25-29	27	Rochester	45:20

F30-34

1	503	Ryseana Lynch	F	F30-34	32	Fairport	24:47
2	429	Nicolle Courtemanche	F	F30-34	34	Avon	25:47
3	415	Nicole Burke	F	F30-34	31	Canandaigua	28:43
4	433	Jessica Demitry	F	F30-34	34	Webster	29:10
5	488	Megin Insalaco	F	F30-34	33	Rochester	31:06
6	548	Jenny Schonfeld	F	F30-34	30	Rochester	31:26
7	406	Heather Belanger	F	F30-34	34	Rochester	36:25
8	401	Sara Abrams	F	F30-34	33	Rochester	36:26
9	566	Kim Winter	F	F30-34	32	Rochester	37:07
10	443	Danielle Evirgen	F	F30-34	33	Honeoya Falls	37:32
11	492	Tracy Kelley	F	F30-34	34	Rochester	37:57
12	486	Rebecca Hyland	F	F30-34	34	Rochester	42:13
13	528	Lisa M. Porter	F	F30-34	34	Rochester	42:48
14	525	Kelly Petro	F	F30-34	33	Rochester	43:59
15	520	Sharon OCampo	F	F30-34	33	Newark	47:26
16	419	Melissa Carnevale	F	F30-34	34	Rochester	47:40

F35-39

1	518	Sarah Newsome	F	F35-39	35	Palmyra	21:48
2	580	Kera Vanham	F	F35-39	36	Rochester	25:34
3	611	Jennifer Arena	F	F35-39	38	Honeoye Falls	26:18
4	476	Amy Herbst	F	F35-39	36	Webster	29:09
5	402	Grace Arrowsmith	F	F35-39	35	West Henrietta	30:54
6	523	Deb Patton	F	F35-39	37	Hilton	31:58
7	542	Karen Ryan	F	F35-39	39	Rochester	33:25
8	493	Carley Kunzer	F	F35-39	36	Webster	33:32
9	519	Bridget Norman	F	F35-39	38	Rochester	34:00
10	490	Amy Jerum	F	F35-39	39	Rochester	36:51
11	565	Ann Winter	F	F35-39	36	Rochester	37:07
12	615	Lisa Marie White	F	F35-39	37	Penfield	38:09
13	434	Amy Dickason	F	F35-39	39	Rochester	38:15
14	480	Michelle Hill	F	F35-39	36	Webster	38:38
15	549	Karen Schutt	F	F35-39	35	Rochester	42:06
16	504	Guisseppina Marseglia	F	F35-39	39	Spencerport	43:10

F40-44

1	632	Jeanine Lupisella	F	F40-44	44	Henrietta	26:36
2	424	Cassandra Coffey	F	F40-44	40	Pittsford	27:59
3	467	Michele Hamilton	F	F40-44	41	Rochester	29:36

4	607	Evic Lewis	F	F40-44	42	Walworth	29:46
5	522	Bonnie Pagano	F	F40-44	40	Webster	32:50
6	477	Sharon Herrmann	F	F40-44	42	Honeoye Falls	33:16
7	425	Tammy Cohen	F	F40-44	43	Rochester	34:54
8	592	Ann Marie DiFante	F	F40-44	42	Rochester	35:47
9	426	Kelly Coiro	F	F40-44	41	Rochester	35:56
10	603	Suzanne Graney	F	F40-44	41	Spencerport	35:57
11	554	Melisa Tanger-Brown	F	F40-44	43	W Henrietta	36:02
12	590	Kristen Jentons	F	F40-44	43	Rochester	36:05
13	502	Dara Lubin	F	F40-44	43	Pittsford	36:13
14	555	Sarah Topham	F	F40-44	42	Pittsford	37:05
15	448	Kim Fisher	F	F40-44	43	Rochester	38:31
16	550	Amy Southcott	F	F40-44	40	Rochester	38:49
17	572	Rose M Nichols	F	F40-44	44	Rochester	39:36
18	614	Barb Boutillier	F	F40-44	43	Rochester	40:36

F45-49

1	411	Nancy Braiman	F	F45-49	45	Rochester	29:12
2	450	Jeri Frederiksen	F	F45-49	45	East Amherst	29:35
3	586	Grethcen DiFante	F	F45-49	46	Batavia	31:14
4	512	Lori Morgan	F	F45-49	48	Farmington	33:04
5	560	Maureen Unterborn	F	F45-49	49	Webster	33:33
6	598	Mary Olfano	F	F45-49	48	Pittsford	33:54
7	440	Heather Engel	F	F45-49	46	Honeoye Falls	34:21
8	517	Sherry Nau	F	F45-49	48	Churchville	35:14
9	581	Kim Szczublewski	F	F45-49	46	Honeoye Falls	35:28
10	541	Ruth Russell	F	F45-49	46	Rochester	36:11
11	535	Lisa Resnick Brown	F	F45-49	45	Rochester	36:25
12	449	Mary Frances LaBarre	F	F45-49	47	Webster	37:34
13	533	Brenda Reding	F	F45-49	48	Rochester	38:09
14	494	Anna LaForce	F	F45-49	46	Rochester	38:21
15	487	Barb Infarinato	F	F45-49	49	Rochester	40:33
16	495	Carol Langella	F	F45-49	45	Webster	41:44
17	530	Mary Prinzing	F	F45-49	46	Rochester	42:58

F50-54

1	620	Patty Yarmel	F	F50-54	52	Penfield	28:26
2	547	Julie Schnepf	F	F50-54	51	Rochester	29:18
3	470	Susan Harris	F	F50-54	53	Rochester	38:07
4	551	Mickey Stollberger	F	F50-54	51	Penfield	39:29
5	412	Beverly J. Brown	F	F50-54	53	Rochester	41:17
6	498	Mary-Joy Lipari	F	F50-54	51	Fairport	41:47
7	445	Barbara Farrell	F	F50-54	53	Honeoye Falls	44:15
8	451	Donna M. Fronk	F	F50-54	53	Honeoye Falls	44:42
9	436	Diane Dinkins-Lourette	F	F50-54	54	Rochester	47:33

F55-59

1	505	Judy Marsocci	F	F55-59	57	Rochester	34:14
2	601	Karen Bochette	F	F55-59	56	Pittsford	36:18
3	459	Cynthia Gray	F	F55-59	56	Rochester	40:52
4	454	Kathleen Gilman	F	F55-59	55	Rochester	43:05

F60-64

1	465 Ginny Gullo	F	F60-64	64	Fairport	33:25
2	409 Ellen Boettrich	F	F60-64	60	Hilton	41:12
3	471 Scarlett Hart	F	F60-64	60	Rochester	44:39

M12Under

1	619 Adam Wilkowski	M	M12Under	10	Victor	21:15
2	536 Dillon Riggs	M	M12Under	12	Rochester	22:50
3	608 Leo Ratcliffe	M	M12Under	12	Macedon	22:57
4	606 Tyler Bushnell	M	M12Under	11	Honeoye Falls	23:00
5	540 Matthew Ruhland	M	M12Under	12	N Chili	24:33
6	584 Zach Szczublewski	M	M12Under	11	Honeoye Falls	26:25
7	510 Evan Millspaugh	M	M12Under	10	Victor	26:27
8	481 Ryan Hill	M	M12Under	10	Webster	26:36
9	441 Jack Engel	M	M12Under	11	Honeoye Falls	27:22
10	591 Cameron Coffey	M	M12Under	8	Pittsford	27:36
11	553 Liam Stout	M	M12Under	9	Honeoye Falls	29:27
12	457 Grant Gould	M	M12Under	12	Rochester	35:35
13	597 Zack Southcott	M	M12Under	11	Rochester	38:38
14	625 Kyle Willoughsy	M	M12Under	12	Honeoye Falls	41:35

M13-18

1	472 David Hartman	M	M13-18	15	Kennebunk	21:32
2	609 Jack Gillooly	M	M13-18	13	Rochester	23:02
3	624 Charles Santora	M	M13-18	14	Penn Yan	23:52
4	458 Jared Gould	M	M13-18	16	Rochester	34:48

M19-24

1	410 Tyler Borden	M	M19-24	22	Rochester	19:46
2	594 Timothy Hogan	M	M19-24	21	Limerick, Ireland	22:26
3	438 Brian Douongrathy	M	M19-24	23	Rochester	26:31
4	460 Justin Greene	M	M19-24	24	Canandaigua	31:24

M25-29

1	497 Richard Libardi	M	M25-29	29	Avon	21:56
2	499 CJ Lloyd	M	M25-29	27	Lima	22:14
3	574 Michael Weise	M	M25-29	28	Geneva	22:41
4	403 Jeffrey Bair	M	M25-29	29	West Henrietta	28:07
5	575 Darrell Carey	M	M25-29	25	Farmington	28:08
6	524 Nick Pennise	M	M25-29	27	Rochester	28:09
7	556 Christopher Traub	M	M25-29	28	Rochester	29:28

M30-34

1	442 Brandon Erwin	M	M30-34	31	Rochester	19:14
2	428 Barny Courtemanche	M	M30-34	32	Avon	20:48
3	489 Nate Jenny	M	M30-34	34	Macedon	20:56
4	474 Kevin Heberle	M	M30-34	33	Rochester	21:01
5	573 J.J. Newman	M	M30-34	32	Pittsford	24:38
6	526 Richard Pirson	M	M30-34	34	Rochester	25:04
7	456 Greg Glaser	M	M30-34	32	Walworth	26:17

8	621 Nick Joeseeph	M	M30-34	30	Waltham	28:39
9	414 Mike Burke	M	M30-34	31	Canandaigua	28:44
10	507 Craig Maurer	M	M30-34	33	Rochester	36:26

M35-39

1	628 Doug Thompson	M	M35-39	39	Avon	22:43
2	623 Brian Santora	M	M35-39	38	Penn Yan	22:48
3	610 Jason Arena	M	M35-39	37	Honeoye Falls	25:30
4	479 Matt Hill	M	M35-39	35	Webster	26:39
5	532 Seth Pullen	M	M35-39	36	Wayne	27:02
6	420 Jason Carreira	M	M35-39	36	Rochester	27:26
7	633 Brian Delgudico	M	M35-39	38	North Chili	33:34
8	423 Greg Clark	M	M35-39	35	Rochester	34:41
9	496 Jerry Lawson	M	M35-39	36	Rochester	37:13
10	427 Matt Corridoni	M	M35-39	38	Pittsford	38:56

M40-44

1	596 Christopher Kantz	M	M40-44	41	Fairport	19:24
2	579 Mike Hall	M	M40-44	40	Rochester	23:16
3	404 Mark Baker	M	M40-44	41	Rochester	23:23
4	562 David Walbaum	M	M40-44	41	Rochester	23:57
5	413 Christopher Brown	M	M40-44	44	W Henrietta	24:27
6	534 Kristian Reninger	M	M40-44	42	Rochester	25:55
7	511 John Millspaugh	M	M40-44	42	Victor	26:27
8	582 Steve Szczublewski	M	M40-44	44	Honeoye Falls	26:44
9	516 Chris Mulroy	M	M40-44	44	Pittsford	29:29
10	544 Michael Sander	M	M40-44	43	Pittsford	33:27
11	563 Mark Webster	M	M40-44	44	Rochester	33:28
12	627 Chris Mansfield	M	M40-44	44	Rochester	36:07
13	521 David Osgood	M	M40-44	40	Rochester	36:25
14	435 Andrew Dickason	M	M40-44	41	Rochester	38:15

M45-49

1	405 Edmund Banghart	M	M45-49	49	Pittsford	21:34
2	629 Ken Kiminlasek	M	M45-49	49	Avon	21:55
3	631 John Martens	M	M45-49	49	Fairport	23:42
4	622 Wes Rosengrant	M	M45-49	49	Churchville	24:35
5	599 William Borrelli	M	M45-49	45	Rochester	25:34
6	545 Andy Sansone	M	M45-49	47	Webster	28:00
7	552 Pete Stollberger	M	M45-49	49	Penfield	30:51
8	571 Sean B Hendrick	M	M45-49	48	Rochester	31:43
9	421 Bob Case	M	M45-49	48	Farmington	35:11

M50-54

1	473 Tom Hawkins	M	M50-54	52	Williamson	24:17
2	561 Gary Valerio	M	M50-54	53	Spencerport	24:27
3	626 Richard Yarmel	M	M50-54	52	Penfield	29:40
4	559 Lee Unterborn	M	M50-54	52	Webster	33:34

M55-59

1	447 Paul R. Fischette	M	M55-59	57	Rochester	24:36
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2	483 Byron P. Howe	M	M55-59	55	Avon	24:50
3	417 Peter Cardegna	M	M55-59	56	Fairport	29:22
4	444 John Fahy	M	M55-59	56	Ontario	33:59
5	462 Mike Guenther	M	M55-59	57	Honeoye Falls	34:45
6	600 Michael Guernsey	M	M55-59	58	Pittsford	36:18

M60-64

1	543 Mark Sager	M	M60-64	60	Kattskill Bay	21:20
2	616 Chuck Bello	M	M60-64	62	Penfield	24:57
3	491 Mike Keating	M	M60-64	61	Rochester	28:27

M70UP

1	508 Gerrold McCammon	M	M70UP	70	Sioux Falls	31:38
2	602 Don Ducharme	M	M70UP	76	Webster	35:25