

Spring Forward 15K Age Group Results
Sunday, April 1st, 2007 at Mendon Ponds Park
Timed by YellowJacket Racing
328 Total (126 Women, 202 Men)

Position	Bib	Fullname	Gender	Class	Age	City	Chip Time	Gun Time	Pace
Overall Male									
1	9	Mark Andrews	M	Overall Male	36	Rochester	0:48:08	0:48:10	0:05:10
2	351	Steve Strellick	M	Overall Male	24	Rochester	0:53:10	0:53:12	0:05:42
3	317	Dan Verdi	M	Overall Male	24	Rochester	0:53:18	0:53:19	0:05:43
Overall Female									
1	231	Jennifer Rea	F	Overall Female	41	Ontario	1:02:39	1:02:42	0:06:44
2	72	Beth DeCiantis	F	Overall Female	44	Rochester	1:03:25	1:03:28	0:06:49
3	322	Michelle Weiler	F	Overall Female	39	Pittsford	1:03:48	1:03:52	0:06:51
F15-19									
1	359	Kate Callahan	F	F15-19	18	Willimantic	1:08:40	1:08:49	0:07:23
F20-24									
1	266	Sarah Stanistreet	F	F20-24	22	Amherst	1:11:14	1:11:25	0:07:40
2	197	Abby McQueeney Penamonte	F	F20-24	24	Rochester	1:16:09	1:16:23	0:08:12
3	7	Katherine Anderson	F	F20-24	22	Rochester	1:21:04	1:21:22	0:08:44
4	20	Kelly Beers	F	F20-24	21	New York	1:23:50	1:23:58	0:09:01
5	277	Van Tran	F	F20-24	22	Rochester	1:29:24	1:29:43	0:09:38
6	288	Mary Vosburgh	F	F20-24	23	Pittsford	1:32:54	1:33:04	0:09:59
7	237	Lauren Rosenberg	F	F20-24	24	Rochester	1:35:41	1:35:57	0:10:18
8	218	Erica Perry	F	F20-24	23	Hamlin	1:38:11	1:38:21	0:10:33
9	310	Bronwyn Wyatt	F	F20-24	22	Rochester	1:42:24	1:42:39	0:11:01
10	283	Kathryn Voelker	F	F20-24	23	Rochester	1:42:25	1:42:39	0:11:01
F25-29									
1	245	Katie Schmitt	F	F25-29	26	Lancaster	1:06:17	1:06:21	0:07:07
2	98	Laura Feller	F	F25-29	27	Rochester	1:06:58	1:07:02	0:07:11
3	180	Jennifer Malik	F	F25-29	28	Rochester	1:07:20	1:07:24	0:07:14
4	137	Megan Hyland	F	F25-29	28	Rochester	1:09:52	1:09:56	0:07:30
5	295	Samantha Webster	F	F25-29	29	Rochester	1:14:56	1:15:04	0:08:03
6	260	Jackie Skinner	F	F25-29	25	Rochester	1:16:12	1:16:22	0:08:12
7	154	Susan Kindel	F	F25-29	29	Rochester	1:16:36	1:16:55	0:08:15
8	110	Suzy Gilgrist	F	F25-29	27	Penfield	1:16:51	1:17:06	0:08:16
9	263	Monica Spring	F	F25-29	26	Rochester	1:17:24	1:17:30	0:08:19
10	76	Rebecca Dinan	F	F25-29	27	Rochester	1:19:06	1:19:15	0:08:30
11	138	Beth Jackson	F	F25-29	26	Rochester	1:21:51	1:22:05	0:08:48
12	99	Anne Fender	F	F25-29	26	Pittsford	1:22:48	1:23:07	0:08:55
13	186	Lindy McClelland	F	F25-29	25	Rochester	1:22:53	1:23:12	0:08:56
14	42	Lisa Cannon	F	F25-29	26	Rochester	1:23:02	1:23:22	0:08:57
15	64	Kelly D'Angelo	F	F25-29	28	Fairport	1:24:58	1:25:13	0:09:09
16	313	Andrea Zaffino	F	F25-29	28	Rochester	1:25:30	1:25:37	0:09:11
17	224	Christy Polito	F	F25-29	27	Webster	1:26:19	1:26:25	0:09:16
18	70	Maria DeRosa	F	F25-29	29	Spencerport	1:27:11	1:27:18	0:09:22
19	69	Rachael Dellapietra	F	F25-29	27	Webster	1:27:24	1:27:40	0:09:24
20	253	Dana Sharp	F	F25-29	28	Fairport	1:27:41	1:27:55	0:09:26
21	257	Jana Siu	F	F25-29	25	Rochester	1:36:07	1:36:23	0:10:20
22	115	Jennifer Graney	F	F25-29	29	Webster	1:36:11	1:36:28	0:10:21
F30-34									
1	90	Mary Eggers	F	F30-34	33	Henrietta	1:15:41	1:15:52	0:08:08
2	185	Sarah McCarthy	F	F30-34	32	Canandaigua	1:17:54	1:18:04	0:08:23
3	6	Wendy Amidon	F	F30-34	33	Clifton Springs	1:20:04	1:20:16	0:08:37
4	244	Katie Schlierf	F	F30-34	34	Rochester	1:20:07	1:20:20	0:08:37
5	139	Carolyn Jackson	F	F30-34	34	Rochester	1:21:26	1:21:32	0:08:45
6	103	Jennifer Fosegan	F	F30-34	34	Fairport	1:22:48	1:23:05	0:08:55
7	96	Krista Etters	F	F30-34	32	Walworth	1:23:47	1:24:03	0:09:01
8	325	Marian Arcelay	F	F30-34	30	Walworth	1:24:54	1:25:06	0:09:08
9	314	Erika Zimmet	F	F30-34	34	Rochester	1:27:37	1:27:55	0:09:26

10	84	Leanne Ducharme	F	F30-34	31	Naples	1:29:00	1:29:16	0:09:35
11	333	Gabrielle Charles	F	F30-34	30	Rochester	1:42:31	1:42:49	0:11:02
12	259	Lisa Siwa	F	F30-34	33	Lancaster	1:44:46	1:44:59	0:11:16
13	114	Heather Graney	F	F30-34	34	Pittsford	1:45:57	1:46:12	0:11:24
F35-39									
1	39	Eileen Buck	F	F35-39	37	Rochester	1:09:02	1:09:12	0:07:25
2	335	Suzanne Guiod	F	F35-39	38	Rochester	1:15:33	1:15:42	0:08:07
3	328	Laura Church	M	F35-39	37	Rochester	1:15:36	1:15:44	0:08:07
4	286	Amy Voorhees	F	F35-39	37	Dryden	1:15:52	1:16:04	0:08:10
5	18	Lorraine Beach-Horner	F	F35-39	39	Webster	1:17:52	1:18:01	0:08:22
6	104	Erika Foster	F	F35-39	35	West Henrietta	1:17:51	1:18:03	0:08:22
7	81	Jackie Dowdeswell	F	F35-39	39	Pittsford	1:19:02	1:19:14	0:08:30
8	206	Johanna Nieboer	F	F35-39	37	Rochester	1:20:17	1:20:30	0:08:38
9	100	Rebecca Ferraro	F	F35-39	39	Webster	1:21:26	1:21:32	0:08:45
10	152	Heidi Kestenblatt	F	F35-39	36	Pittsford	1:22:35	1:22:51	0:08:53
11	48	Patricia Childs	F	F35-39	35	Farmington	1:23:41	1:23:56	0:09:00
12	305	Zoe Wilmot	F	F35-39	37	Rochester	1:23:50	1:24:08	0:09:02
13	177	Colette Madison	F	F35-39	38	Pittsford	1:24:04	1:24:13	0:09:02
14	323	Anne Mowrer	F	F35-39	36	Rochester	1:25:56	1:26:14	0:09:15
15	33	Marsha Booth	F	F35-39	38	Brockport	1:26:14	1:26:26	0:09:16
16	32	Kitima Boonvisudhi	F	F35-39	38	Victor	1:27:25	1:27:38	0:09:24
17	38	Nathalie M. Bruneau	F	F35-39	38	Fairport	1:29:27	1:29:34	0:09:37
18	14	Margaret Baleno	F	F35-39	35	Rochester	1:29:44	1:29:59	0:09:39
19	303	Michelle Wilcox	F	F35-39	38	Brockport	1:29:50	1:30:03	0:09:40
20	341	Angela Kreisman	F	F35-39	37	Pittsford	1:31:04	1:31:21	0:09:48
21	5	Judith Alderman	F	F35-39	36	Rochester	1:31:18	1:31:34	0:09:49
22	233	Michelle Rivera	F	F35-39	38	Webster	1:31:45	1:32:02	0:09:52
23	161	Tammy Lamagra	F	F35-39	39	Webster	1:32:20	1:32:37	0:09:56
24	149	Jennifer Kelly	F	F35-39	35	Rochester	1:38:23	1:38:41	0:10:35
25	221	Nanci Pipo	F	F35-39	38	East Aurora	1:41:39	1:41:52	0:10:56
26	36	Annette Brenner	F	F35-39	37	Honeoye Falls	1:49:41	1:49:50	0:11:47
27	26	Bonnie Blatner	F	F35-39	35	Tonawanda	2:01:36	2:01:50	0:13:04
F40-44									
1	316	Robin Lorenzo	F	F40-44	42	Rochester	1:10:20	1:10:24	0:07:33
2	321	Teresa Sukiennicki	F	F40-44	41	Rochester	1:16:04	1:16:09	0:08:10
3	311	Amber Wyman	F	F40-44	43	Farmington	1:16:47	1:17:01	0:08:16
4	281	Julia Varble	F	F40-44	44	Henrietta	1:17:17	1:17:31	0:08:19
5	93	Marcia Enck	F	F40-44	42	Pittsford	1:17:37	1:17:42	0:08:20
6	56	Patty Cooke	F	F40-44	40	Rochester	1:17:36	1:17:42	0:08:20
7	12	Roxanne Baker	F	F40-44	43	Rochester	1:17:42	1:17:54	0:08:21
8	22	Laura Benotti	F	F40-44	41	Pittsford	1:18:16	1:18:26	0:08:25
9	141	Pam Johnson	F	F40-44	44	Canandaigua	1:20:17	1:20:28	0:08:38
10	95	Anne Esposito	F	F40-44	40	Rochester	1:20:25	1:20:34	0:08:39
11	112	Lisa Gordon	F	F40-44	43	Brockport	1:21:13	1:21:20	0:08:44
12	256	DeAnna Simmons	F	F40-44	43	Rochester	1:22:16	1:22:21	0:08:50
13	268	Amy Steed	F	F40-44	42	Fairport	1:23:51	1:24:01	0:09:01
14	330	Kimberly Gaylord	F	F40-44	41	Avon	1:28:16	1:28:27	0:09:29
15	55	Kim Condon	F	F40-44	42	Victor	1:29:00	1:29:16	0:09:35
16	80	Heather Dougherty	F	F40-44	41	Rochester	1:30:15	1:30:26	0:09:42
17	41	Lisa Camillaci	F	F40-44	44	Hilton	1:40:23	1:40:35	0:10:47
18	291	Patti Wangelin	F	F40-44	40	Holland	1:49:36	1:49:50	0:11:47
19	199	Ruth Michael	F	F40-44	43	Sodus	2:13:06	2:13:28	0:14:19
F45-49									
1	106	Anna Fox	F	F45-49	46	Palmyra	1:08:08	1:08:17	0:07:20
2	226	Catherine S. Pratt	F	F45-49	45	Fredonia	1:13:16	1:13:26	0:07:53
3	136	Molly Huff	F	F45-49	46	Fairport	1:14:43	1:14:52	0:08:02
4	116	Juana Guskowski	F	F45-49	49	Rochester	1:16:30	1:16:41	0:08:14
5	320	Patricia McKee	F	F45-49	49	Rush	1:18:14	1:18:28	0:08:25
6	275	Margaret Terry	F	F45-49	48	Hornell	1:21:37	1:21:43	0:08:46
7	187	Jan McCullough	F	F45-49	47	Spencerport	1:21:58	1:22:12	0:08:49
8	269	Linda Steenburgh-Palmer	F	F45-49	46	Fairport	1:26:27	1:26:39	0:09:18
9	272	Joanne Swetman	F	F45-49	49	Honeoye Falls	1:26:36	1:26:50	0:09:19

	10	232	Kathy Reardon	F	F45-49	45	Honeoye Falls	1:28:34	1:28:44	0:09:31
	11	343	Lisa Redding	F	F45-49	45	Lima	1:29:34	1:29:48	0:09:38
	12	228	Carolyn Privitera	F	F45-49	46	West Henrietta	1:32:44	1:33:00	0:09:59
	13	270	Kathy Stewart	F	F45-49	45	Rochester	1:36:41	1:36:52	0:10:24
	14	121	Kathleen Hall	F	F45-49	48	Victor	1:36:59	1:37:18	0:10:26
	15	132	Crystal Holm	F	F45-49	46	Rochester	1:40:25	1:40:44	0:10:48
	16	205	Juliann Nelson	F	F45-49	48	Victor	1:45:08	1:45:26	0:11:19
F50-54										
	1	82	Linda E. Drinkwater	F	F50-54	50	Fairport	1:09:37	1:09:45	0:07:29
	2	118	Cheryl Guth	F	F50-54	53	Rochester	1:14:03	1:14:16	0:07:58
	3	235	Martha Roberts	F	F50-54	50	Penn Yan	1:16:05	1:16:19	0:08:11
	4	157	Karen Kryder	F	F50-54	50	Rochester	1:17:08	1:17:19	0:08:18
	5	299	Jacqueline A. Wellott	F	F50-54	50	Rochester	1:18:53	1:19:03	0:08:29
	6	332	Denise Everitt	F	F50-54	54	Marion	1:19:06	1:19:18	0:08:31
	7	247	Annie Schuster	F	F50-54	51	Collins	1:20:58	1:21:08	0:08:42
	8	296	Eileen Weinpress	F	F50-54	52	Spencerport	1:23:30	1:23:43	0:08:59
	9	19	Judy Beers	F	F50-54	54	Honeoye Falls	1:23:50	1:23:58	0:09:01
	10	196	Maryanne McQueeney	F	F50-54	51	Mendon	1:26:04	1:26:18	0:09:16
	11	276	Pat Tolchin	F	F50-54	50	Rochester	1:36:59	1:37:18	0:10:26
F55-59										
	1	220	Colleen Piccone	F	F55-59	55	Pittsford	1:17:52	1:18:01	0:08:22
	2	130	Jeanne Herrick	F	F55-59	55	Rochester	1:19:31	1:19:41	0:08:33
	3	192	Lynda McGuire	F	F55-59	59	Scottsville	1:21:11	1:21:21	0:08:44
	4	178	Jane Mahoney	F	F55-59	57	Rochester	1:32:21	1:32:36	0:09:56
	5	49	Dawn Chock	F	F55-59	56	Rochester	1:38:39	1:38:57	0:10:37
M19UNDER										
	1	238	Evan Rossi	M	M19UNDER	16	Webster	1:02:03	1:02:10	0:06:40
	2	338	Zak Borden	M	M19UNDER	16	Rochester	1:02:07	1:02:13	0:06:40
	3	363	Zachery Nelson	M	M19UNDER	16	Victor	1:02:15	1:02:18	0:06:41
	4	150	Michael Kerper	M	M19UNDER	16	Pittsford	1:11:55	1:12:04	0:07:44
M20-24										
	1	227	Gregory Preis	M	M20-24	22	New York	0:55:34	0:55:40	0:05:58
	2	11	Jeremiah Bailey	M	M20-24	20	Lyons	0:56:01	0:56:03	0:06:01
	3	89	Travis Earley	M	M20-24	24	Rochester	0:57:47	0:57:50	0:06:12
	4	274	David Tannascoli	M	M20-24	24	Webster	0:59:38	0:59:40	0:06:24
	5	53	Michael Cocquyt	M	M20-24	20	Hilton	1:01:41	1:01:45	0:06:38
	6	264	Ryan St. George	M	M20-24	20	Penfield	1:02:17	1:02:20	0:06:41
	7	211	Ryan ODell	M	M20-24	22	Rochester	1:02:37	1:02:39	0:06:43
	8	346	Andrew C. Burke	M	M20-24	22	Ontario	1:06:14	1:06:17	0:07:07
	9	358	Andrew Kees	M	M20-24	20		1:10:05	1:10:14	0:07:32
	10	216	Chris Patterson	M	M20-24	21	Henrietta	1:11:29	1:11:37	0:07:41
	11	222	Charley Plummer	M	M20-24	23	Rochester	1:12:23	1:12:26	0:07:46
	12	350	Jason Northrup	M	M20-24	23	Rochester	1:13:24	1:13:27	0:07:53
	13	175	Zach Maben	M	M20-24	20	Ithaca	1:21:59	1:22:14	0:08:49
	14	4	Brian Adriance	M	M20-24	21	Rochester	1:22:50	1:23:04	0:08:55
M25-29										
	1	215	David Parrish	M	M25-29	27	West Henrietta	0:59:59	1:00:02	0:06:26
	2	207	John Nolan	M	M25-29	25	Rochester	1:01:45	1:01:48	0:06:38
	3	349	Jon Warriner	M	M25-29	29	Farmington	1:06:57	1:07:14	0:07:13
	4	105	Michael Foster	M	M25-29	29	West Henrietta	1:08:07	1:08:18	0:07:20
	5	101	Andrew Fleming	M	M25-29	29	Scottsville	1:14:06	1:14:14	0:07:58
	6	344	Josh Keefe	M	M25-29	25	Rochester	1:14:52	1:15:02	0:08:03
	7	54	Chris Colangelo	M	M25-29	27	Penfield	1:21:24	1:21:40	0:08:46
	8	284	Justin Voldman	M	M25-29	26	Fairport	1:21:51	1:22:05	0:08:48
	9	67	Andrew DeHaas	M	M25-29	27	Rochester	1:23:53	1:24:09	0:09:02
	10	240	Greg Rowe	M	M25-29	28	Rochester	1:23:58	1:24:15	0:09:02
	11	334	Patrick Ripton	M	M25-29	25	Rochester	1:25:02	1:25:20	0:09:09
	12	34	Michael Bray	M	M25-29	25	Rochester	1:26:42	1:26:58	0:09:20
	13	312	Eric Yunker	M	M25-29	29	Spencerport	1:27:12	1:27:19	0:09:22

M30-34									
1	225	Alan Powers	M	M30-34	30	Rochester	0:59:21	0:59:24	0:06:22
2	58	Michael Coyle	M	M30-34	32	Rochester	0:59:56	0:59:59	0:06:26
3	254	Colby Shores	M	M30-34	31	Rochester	1:03:17	1:03:20	0:06:48
4	143	Matt Jones	M	M30-34	30	Webster	1:05:30	1:05:35	0:07:02
5	203	James Morse	M	M30-34	30	Spencerport	1:10:13	1:10:18	0:07:33
6	63	Dennis Danella	M	M30-34	32	W Henrietta	1:10:13	1:10:26	0:07:33
7	125	William Harris	M	M30-34	34	Henrietta	1:10:19	1:10:31	0:07:34
8	17	John J. Barsic	M	M30-34	30	Rochester	1:11:32	1:11:46	0:07:42
9	146	Greg Kacprzyński	M	M30-34	33	E. Rochester	1:11:43	1:11:54	0:07:43
10	315	David Zimpfer	M	M30-34	32	Rochester	1:12:11	1:12:14	0:07:45
11	340	Matt Asquino	M	M30-34	30	Honeoye	1:12:20	1:12:32	0:07:47
12	365	Gregg Griebel	M	M30-34	34	Pittsford	1:16:52	1:17:02	0:08:16
13	300	Joe Werner	M	M30-34	30	Rochester	1:24:39	1:24:52	0:09:06
14	248	Joe Scippo	M	M30-34	33	Rochester	1:29:30	1:29:49	0:09:38
15	326	Rolando Rivera	M	M30-34	32	Walworth	1:31:05	1:31:18	0:09:48
M35-39									
1	342	David G. Redding	M	M35-39	39	Honeoye Falls	0:58:52	0:58:55	0:06:19
2	348	Kurt Spaker	M	M35-39	35	Spencerport	0:59:47	0:59:50	0:06:25
3	308	Andy Wooding	M	M35-39	36	North Chili	1:01:29	1:01:34	0:06:36
4	282	Thomas Velletri	M	M35-39	36	Brockport	1:02:32	1:02:34	0:06:43
5	61	Paul Cupo	M	M35-39	36	Pittsford	1:02:52	1:02:56	0:06:45
6	10	Dahl Angus	M	M35-39	38	Rochester	1:03:40	1:03:45	0:06:50
7	77	Scott DiSabato	M	M35-39	38	Victor	1:06:39	1:06:44	0:07:10
8	158	Matt Kubinski	M	M35-39	38	Victor	1:06:54	1:06:59	0:07:11
9	162	Brian Lane	M	M35-39	35	Rochester	1:07:07	1:07:10	0:07:12
10	85	Jerry Dumont	M	M35-39	37	Pittsford	1:07:16	1:07:20	0:07:13
11	73	Karl Dilcher	M	M35-39	38	Brockport	1:07:33	1:07:42	0:07:16
12	190	Jon McDonough	M	M35-39	36	North Chili	1:07:41	1:07:53	0:07:17
13	241	Chris Ruback	M	M35-39	38	Geneseo	1:08:08	1:08:15	0:07:19
14	46	Kevin Chartrand	M	M35-39	39	Victor	1:10:04	1:10:16	0:07:32
15	212	Bob OShaugnessy	M	M35-39	37	Webster	1:10:38	1:10:51	0:07:36
16	355	Andrew Katzenbach	M	M35-39	35	Pittsford	1:10:54	1:10:58	0:07:37
17	357	Tim Knapp	M	M35-39	36	Rochester	1:11:19	1:11:34	0:07:41
18	92	Alan Embrey	M	M35-39	35	Webster	1:11:34	1:11:44	0:07:42
19	261	Aaron Slack	M	M35-39	35	Rochester	1:12:28	1:12:36	0:07:47
20	163	Mark Larson	M	M35-39	37	Rochester	1:15:24	1:15:32	0:08:06
21	362	Paul L. Schaefer	M	M35-39	36	Conesus	1:15:46	1:15:51	0:08:08
22	124	Jeremy Hammond	M	M35-39	36	Macedon	1:15:39	1:15:52	0:08:08
23	119	Mike Haines	M	M35-39	39	Victor	1:15:46	1:15:57	0:08:09
24	287	Peter Voorhees	M	M35-39	36	Dryden	1:15:53	1:16:04	0:08:10
25	193	Joseph McMahon	M	M35-39	37	Rochester	1:17:41	1:17:48	0:08:21
26	353	Tom Reho	M	M35-39	39	Canandaigua	1:17:50	1:18:02	0:08:22
27	273	Joe Tally	M	M35-39	36	Fairport	1:17:49	1:18:05	0:08:23
28	302	Glenn Widor	M	M35-39	39	Webster	1:18:03	1:18:19	0:08:24
29	133	Andrew Hoteling	M	M35-39	37	Walworth	1:18:06	1:18:21	0:08:24
30	31	John Bonn	M	M35-39	39	Rochester	1:18:44	1:18:53	0:08:28
31	75	Dale D. Dimick	M	M35-39	39	Webster	1:18:46	1:18:55	0:08:28
32	217	Douglas Pereira	M	M35-39	37	Canandaigua	1:19:00	1:19:09	0:08:30
33	131	Larry Hoffman	M	M35-39	38	Ontario	1:20:47	1:20:56	0:08:41
34	169	David Levitsky	M	M35-39	37	Rochester	1:20:54	1:21:03	0:08:42
35	166	Sean Leahy	M	M35-39	36	Pittsford	1:21:52	1:22:00	0:08:48
36	78	Robert Donatella	M	M35-39	36	Rochester	1:22:10	1:22:26	0:08:51
37	214	David Parfitt	M	M35-39	38	Rochester	1:24:20	1:24:33	0:09:04
38	364	Joao Flores	M	M35-39	39	Rochester	1:27:35	1:27:49	0:09:25
39	45	Doug Caswell	M	M35-39	37	Penfield	1:34:16	1:34:29	0:10:08
M40-44									
1	142	Carl Johnston	M	M40-44	41	Ontario	0:56:25	0:56:26	0:06:03
2	347	Keith Scott	M	M40-44	44	Leroy	1:01:14	1:01:17	0:06:34
3	23	Mark Benotti	M	M40-44	43	Pittsford	1:04:58	1:05:04	0:06:59
4	360	Marc Consler	M	M40-44	44	Rochester	1:07:41	1:07:48	0:07:16
5	59	Wayne Crandall	M	M40-44	44	West Henrietta	1:08:43	1:08:47	0:07:23
6	290	Rob Walsh	M	M40-44	40	Ionia	1:08:41	1:08:53	0:07:23

7	239	Mike Rossi	M	M40-44	43	Webster	1:09:07	1:09:14	0:07:26
8	243	Edward Saxby	M	M40-44	41	Bloomfield	1:09:25	1:09:37	0:07:28
9	47	Jeff Chester	M	M40-44	41	Rochester	1:10:26	1:10:34	0:07:34
10	172	Jeff Lillie	M	M40-44	42	Mendon	1:11:37	1:11:42	0:07:42
11	219	Tim Peters	M	M40-44	42	Spencerport	1:12:08	1:12:13	0:07:45
12	126	Scott Hauser	M	M40-44	43	Rochester	1:13:30	1:13:41	0:07:54
13	209	John R. OConnor	M	M40-44	41	West Henrietta	1:13:46	1:13:52	0:07:56
14	304	Steven Wilcox	M	M40-44	41	Brockport	1:14:12	1:14:26	0:07:59
15	195	Kevin McPherson	M	M40-44	42	Pittsford	1:16:07	1:16:14	0:08:11
16	336	Tim Hill	M	M40-44	44	Rochester	1:16:29	1:16:38	0:08:13
17	208	John Norris	M	M40-44	44	Rochester	1:16:58	1:17:06	0:08:16
18	174	Bill Lofquist	M	M40-44	43	Geneseo	1:16:56	1:17:11	0:08:17
19	15	Kevin Bambury	M	M40-44	44	Fairport	1:17:17	1:17:24	0:08:18
20	50	Andrew Ciaio	M	M40-44	41	Victor	1:18:20	1:18:31	0:08:25
21	182	Ed Martin	M	M40-44	43	Victor	1:19:03	1:19:13	0:08:30
22	170	Steven Levitsky	M	M40-44	40	Rochester	1:20:37	1:20:45	0:08:40
23	65	Edward Daubert	M	M40-44	40	Spencerport	1:20:44	1:20:59	0:08:41
24	2	Scott Adair	M	M40-44	40	W Henrietta	1:21:50	1:22:09	0:08:49
25	102	Joaquim Flores	M	M40-44	41	Rochester	1:27:57	1:28:11	0:09:28
26	213	Ron Paeth	M	M40-44	43	Kendall	1:34:16	1:34:29	0:10:08
M45-49									
1	88	Tim Dwyer	M	M45-49	47	Penfield	0:57:49	0:57:51	0:06:12
2	156	Glenn Kofahl	M	M45-49	46	Farmington	0:57:59	0:58:02	0:06:14
3	176	Mark Madigan	M	M45-49	46	Rochester	0:59:07	0:59:10	0:06:21
4	236	James Roche	M	M45-49	46	Fairport	1:00:21	1:00:24	0:06:29
5	62	Tom Curran Jr	M	M45-49	46	Fayetteville	1:04:29	1:04:32	0:06:55
6	234	Steve Rivers	M	M45-49	45	Victor	1:05:26	1:05:30	0:07:02
7	337	Garret Traver	M	M45-49	46	Webster	1:06:07	1:06:14	0:07:06
8	97	George Fawcett	M	M45-49	46	Rochester	1:06:19	1:06:25	0:07:08
9	108	Daniel Giblin	M	M45-49	45	Rochester	1:06:31	1:06:34	0:07:08
10	352	Alan Vasbinder	M	M45-49	49	Rochester	1:07:59	1:08:07	0:07:18
11	307	Mark Woodhams	M	M45-49	49	East Rochester	1:08:54	1:08:59	0:07:24
12	113	Tim Gordon	M	M45-49	47	Brockport	1:08:59	1:09:06	0:07:25
13	30	Michael Bobseine	M	M45-49	49	Fredonia	1:10:29	1:10:38	0:07:35
14	356	Jay Ferrimani	M	M45-49	48	Fairport	1:11:07	1:11:14	0:07:39
15	181	Christopher Marks	M	M45-49	45	Rush	1:11:04	1:11:16	0:07:39
16	200	Mark Monachino	M	M45-49	47	Macedon	1:11:57	1:12:06	0:07:44
17	189	David McDevitt	M	M45-49	46	Mendon	1:12:13	1:12:17	0:07:45
18	60	John Creary	M	M45-49	46	Pittsford	1:12:46	1:12:56	0:07:50
19	191	John McGowan	M	M45-49	47	Fairport	1:14:26	1:14:32	0:08:00
20	71	Douglas DeWeaver	M	M45-49	49	Newark	1:14:29	1:14:36	0:08:00
21	16	Paul Barrows	M	M45-49	45	Honeoye Falls	1:16:19	1:16:31	0:08:13
22	293	Christopher Washburn	M	M45-49	45	Newark	1:17:33	1:17:39	0:08:20
23	324	Richard Metzger	M	M45-49	48	Webster	1:17:31	1:17:39	0:08:20
24	123	Shawn Halquist	M	M45-49	46	Brockport	1:18:08	1:18:25	0:08:25
25	52	Kevin Clary	M	M45-49	49	Pavilion	1:20:32	1:20:51	0:08:40
26	246	William Schoff	M	M45-49	48	Pittsford	1:21:52	1:22:00	0:08:48
27	306	Stephen Wilson	M	M45-49	48	Fairport	1:23:11	1:23:19	0:08:56
28	271	Richard D. Swanson	M	M45-49	48	West Henrietta	1:23:18	1:23:24	0:08:57
29	361	Wit Alston	M	M45-49	48	Rochester	1:23:26	1:23:41	0:08:59
30	109	Tom Gibson	M	M45-49	45	Canandaigua	1:23:52	1:24:01	0:09:01
31	319	Olaf Gudmundsson	M	M45-49	49	Rochester	1:25:32	1:25:51	0:09:13
32	24	Michael Berry	M	M45-49	47	Rochester	1:25:52	1:26:09	0:09:15
33	21	Rick Bennett	M	M45-49	46	Webster	1:26:59	1:27:07	0:09:21
34	194	Thomas McNanley	M	M45-49	45	Victor	1:25:16	1:29:58	0:09:39
35	155	Charles King	M	M45-49	48	Spencerport	1:33:39	1:33:58	0:10:05
36	309	Steve Woodley	M	M45-49	46	Ontario	1:35:22	1:35:45	0:10:16
37	278	Chuck Traub	M	M45-49	47	Rochester	1:36:40	1:36:58	0:10:24
38	327	Ken Michael	M	M45-49	49	Sodus	2:13:06	2:13:28	0:14:19
M50-54									
1	202	Dennis Moriarty	M	M50-54	50	Webster	1:00:52	1:00:52	0:06:32
2	173	Ron Lillis	M	M50-54	53	Rochester	1:02:07	1:02:10	0:06:40
3	354	Fred Kobler	M	M50-54	54	Holland	1:03:15	1:03:19	0:06:48

4	229	Frank Quattrone	M	M50-54	51	Webster	1:06:00	1:06:05	0:07:05
5	297	Michael Weinpress	M	M50-54	51	Spencerport	1:08:26	1:08:34	0:07:21
6	331	High Mason	M	M50-54	53	Marion	1:09:27	1:09:31	0:07:28
7	86	Michael Dunn	M	M50-54	50	Rochester	1:10:23	1:10:28	0:07:34
8	279	Rob Tyler	M	M50-54	50	Pittsford	1:10:29	1:10:35	0:07:34
9	188	Mike McCullough	M	M50-54	50	Spencerport	1:10:32	1:10:35	0:07:34
10	267	Dennis Stearns	M	M50-54	53	Rochester	1:13:14	1:13:23	0:07:52
11	117	Lawrence Guskowski	M	M50-54	50	Rochester	1:14:53	1:15:03	0:08:03
12	252	Peter Selig	M	M50-54	50	Brockport	1:16:22	1:16:39	0:08:13
13	223	Bill Polito	M	M50-54	53	Webster	1:21:33	1:21:39	0:08:46
14	184	Mark McArdle	M	M50-54	52	Rochester	1:22:36	1:22:47	0:08:53
15	28	Craig Bloom	M	M50-54	52	Holland	1:23:12	1:23:17	0:08:56
16	250	Brian Sears	M	M50-54	52	Rochester	1:23:28	1:23:43	0:08:59
17	8	Steve Anderson	M	M50-54	52	Rochester	1:24:06	1:24:14	0:09:02
18	151	Robert Kerper	M	M50-54	51	Pittsford	1:24:31	1:24:40	0:09:05
19	145	Chester Jozefski	M	M50-54	53	Rochester	1:25:15	1:25:33	0:09:11
20	29	Doug Bloom	M	M50-54	54	Albion	1:27:21	1:27:39	0:09:24
21	164	Bruce Lavner	M	M50-54	53	Rochester	1:29:40	1:29:50	0:09:38
22	25	Bill Beyerbach	M	M50-54	51	Rochester	1:30:45	1:30:54	0:09:45
23	147	Dan Katz	M	M50-54	52	Fairport	1:37:35	1:37:41	0:10:29
24	159	Richard Kurchyne	M	M50-54	53	Rochester	1:42:40	1:42:57	0:11:03
M55-59									
1	94	Rick Erb	M	M55-59	59	Rushville	1:13:25	1:13:35	0:07:54
2	128	Stephen Hedges	M	M55-59	58	Rochester	1:16:26	1:16:36	0:08:13
3	148	Lou Katz	M	M55-59	55	Spencerport	1:16:48	1:16:59	0:08:16
4	280	Gary Updyke	M	M55-59	58	Pittsford	1:18:25	1:18:42	0:08:27
5	66	David Davenport	M	M55-59	56	Rochester	1:19:43	1:19:56	0:08:35
6	37	David Brongo	M	M55-59	55	Geneseo	1:22:52	1:23:09	0:08:55
7	160	Mark Ladenheim	M	M55-59	55	Penfield	1:26:30	1:26:38	0:09:18
8	339	Ron Newman	M	M55-59	55	Pittsford	1:27:17	1:27:32	0:09:23
9	144	R. Christian Jones	M	M55-59	56	Rochester	1:28:07	1:28:19	0:09:29
10	249	Mike Scotney	M	M55-59	58	Rochester	1:32:24	1:32:40	0:09:56
M60-64									
1	87	Tom Dutton	M	M60-64	61	Livonia	1:06:35	1:06:39	0:07:09
2	111	Jim Glinsky	M	M60-64	60	Pittsford	1:08:35	1:08:40	0:07:22
3	168	Peter Leonard	M	M60-64	63	Spencerport	1:13:13	1:13:24	0:07:52
4	210	Roger Odell	M	M60-64	62	Hilton	1:15:01	1:15:14	0:08:04
5	294	Barry Watkins	M	M60-64	62	Rochester	1:15:44	1:15:52	0:08:08
6	255	Sid Bolton	M	M60-64	64	Albion	1:27:08	1:27:23	0:09:23
7	285	Bob Volk	M	M60-64	62	Port Gibson	1:31:36	1:31:47	0:09:51
8	68	George F. DeHaas	M	M60-64	60	Manlius	1:35:53	1:36:08	0:10:19
9	43	Robert Carafice	M	M60-64	63	Rochester	1:40:26	1:40:44	0:10:48
10	129	James Hendy	M	M60-64	63	Webster	1:41:39	1:41:46	0:10:55
11	298	David Weiss	M	M60-64	63	Rochester	1:43:15	1:43:35	0:11:07
M65-69									
1	301	Bill White	M	M65-69	65	Hilton	1:19:46	1:19:56	0:08:35
2	262	Al Smith	M	M65-69	69	Rochester	1:40:24	1:40:36	0:10:48
M70UP									
1	79	John Doody	M	M70UP	72	Shortsville	1:28:20	1:28:33	0:09:30
2	91	Marvin Eisenstein	M	M70UP	78	Rochester	1:58:22	1:58:35	0:12:43