

Fleet Feet Sports Spring Forward Distance Run 15K Presented by Mizuno**Sunday April 5, 2009****Stewart Lodge, Mendon Ponds Park, Mendon, NY****378 Finishers(250 Male, 127 Female, 1 Unknown)****Tiimed and Produced by YellowJacket Racing**

Pos	Bib	Name	Gender	M/F	Place	Class	Age	City	Time	Pace
1	133	Neal Holtschulte	M		1	Overall Male	25	Rochester	49:14	05:17
2	376	Dave Bradshaw	M		2	Overall Male	30	Macedon	50:10	05:23
3	395	Ryan Pauling	M		3	Overall Male	32	Rochester	50:47	05:27
4	366	Chad Byler	M		4	M25-29	25	Rochester	51:10	05:30
5	98	Marcus Gage	M		5	M35-39	37	W. Henrietta	52:38	05:39
6	334	Brian Caldwell	M		6	M25-29	29	Rochester	55:24	05:57
7	82	Tim Dwyer	M		7	M45-49	49	Rochester	56:08	06:02
8	144	Carl Johnston	M		8	M40-44	43	Ontario	56:14	06:02
9	279	John Van Kerkhove	M		9	M45-49	47	Rochester	56:18	06:03
10	83	Travis Earley	M		10	M25-29	26	Rochester	56:33	06:04
11	274	Matt Tytler	M		11	M35-39	37	Irondequoit	56:52	06:06
12	206	Mike Nier	M		12	M40-44	44	Rochester	57:03	06:07
13	251	Ron Saxton	M		13	M45-49	48	Spencerport	57:56	06:13
14	386	Phil Nesbitt	M		14	M20-24	22	Churchville	58:13	06:15
15	148	Matt Keefe	M		15	M25-29	26	Rochester	58:37	06:18
16	38	Trisha Byler	F		1	Overall Female	24	Rochester	59:14	06:22
17	400	Darren Mathis	M		16	M30-34	34	Penfied	59:26	06:23
18	310	Keith Scott	M		17	M45-49	46	LeRoy	59:28	06:23
19	75	Jennie Donofrio	F		2	Overall Female	24	Irondequoit	59:42	06:25
20	326	Scott Knapp	M		18	M40-44	40	Rochester	59:55	06:26
21	239	James Roche	M		19	M45-49	48	Fariport	1:00:09	06:27
22	29	Karen Blodgett	F		3	Overall Female	32	Fairport	1:00:31	06:30
23	257	Colby Shores	M		20	M30-34	33	Irondequoit	1:00:52	06:32
24	181	Brian Matthews	M		21	M25-29	28	Rochester	1:01:01	06:33
25	176	Tony Machulskis	M		22	M45-49	49	Rochester	1:01:12	06:34
26	55	Michael Coyle	M		23	M30-34	34	Irondequoit	1:01:21	06:35
27	401	Art Sherry	M		24	M25-29	26	Victor	1:01:29	06:36
28	396	Luke Perry	M		25	M19UNDER	18	Rochester	1:01:32	06:36
29	229	Jennifer Rea	F		4	F40-44	43	Rush	1:01:36	06:37
30	234	Charles Richter	M		26	M50-54	50	Honeoye Falls	1:01:36	06:37
31	360	Glenn Kofahl	M		27	M45-49	48	Farmington	1:01:42	06:37
32	328	Alan Hatch	M		28	M30-34	33	Pittsford	1:01:51	06:38
33	381	Jeff Coons	M		29	M45-49	45	Rochester	1:01:58	06:39
34	351	Mike Brown	M		30	M40-44	44	Pittsford	1:02:30	06:43
35	162	Eric Lees	M		31	M35-39	38	Webster	1:03:13	06:47
36	48	Martin Coffey	M		32	M35-39	39	Pittsford	1:03:37	06:50
37	365	Mark Howland	M		33	M40-44	41	Rochester	1:03:44	06:51
38	107	Tony Gingello	M		34	M60-64	62	Rochester	1:03:48	06:51
39	80	Rebecca Duberry	F		5	F35-39	38	Rochester	1:03:49	06:51
40	298	Dana Woody	F		6	F35-39	39	Webster	1:04:16	06:54
41	52	Jim Cornell	M		35	M40-44	42	Rochester	1:04:24	06:55
42	261	George Smith	M		36	M45-49	46	Rochester	1:04:30	06:55
43	104	Dan Giblin	M		37	M45-49	47	Rochester	1:04:36	06:56
44	100	John Geraci	M		38	M40-44	44	Honeoye Falls	1:04:39	06:56
45	195	Leslie Mentel	M		39	M50-54	51	Rochester	1:04:42	06:57
46	356	Michael Alessio	M		40	M45-49	47	Seneca Falls	1:04:43	06:57
47	380	Tom Lamme	M		41	M60-64	61	Penfield	1:04:46	06:57
48	81	Michael Dunn	M		42	M50-54	52	Rochester	1:04:47	06:57

49	65	Beth DeCiantis	F	7	F45-49	46	Rochester	1:04:54	06:58
50	196	Patrick Milligan	M	43	M40-44	44	Rochester	1:04:57	06:58
51	147	Josh Keefe	M	44	M25-29	27	Rochester	1:05:01	06:59
52	309	Mark Barry	M	45	M55-59	56	Rochester	1:05:08	07:00
53	145	Matt Jones	M	46	M30-34	32	Webster	1:05:09	07:00
54	371	Robert Watson	M	47	M19UNDER	19	Rochester	1:05:18	07:01
55	115	Jeff Green	M	48	M19UNDER	17	Rochester	1:05:21	07:01
56	160	Peter Lautenslager	M	49	M45-49	48	Victor	1:05:23	07:01
57	91	Laura Feller	F	8	F25-29	29	Rochester	1:05:28	07:02
58	370	Josh Kramer	M	50	M19UNDER	18	Rochester	1:05:41	07:03
59	290	Kevin Westrich	M	51	M35-39	36	Fairport	1:05:50	07:04
60	159	Mark Larson	M	52	M35-39	39	Rochester	1:05:52	07:04
61	377	Fred Kobler	M	53	M55-59	56	Holland	1:05:54	07:04
62	362	Dave Hughes	M	54	M40-44	41	Pittsford	1:06:04	07:06
63	40	Josie Cancilla-Spadafora	F	9	F35-39	37	Rochester	1:06:10	07:06
64	331	Gary Dill	M	55	M40-44	43	Rochester	1:06:16	07:07
65	56	Brett Crandall	M	56	M25-29	29	Rochester	1:06:18	07:07
66	420	Boots	M	57	M35-39	39	Rochester	1:06:21	07:07
67	375	Josh Thomson	M	58	M20-24	20	Rochester	1:06:21	07:07
68	253	Jean-Paul Scott	M	59	M35-39	39	Rochester	1:06:23	07:08
69	88	Josh Esterley	M	60	M19UNDER	19	Rochester	1:06:25	07:08
70	373	Brandon Niescier	M	61	M19UNDER	18	Lancaster	1:06:31	07:08
71	222	Jon Petrucelli	M	62	M25-29	28	Rochester	1:06:34	07:09
72	207	John Nolan	M	63	M25-29	27	Rochester	1:06:49	07:10
73	345	David Coyne	M	64	M55-59	57	Avon	1:06:52	07:11
74	71	Christina deVries	F	10	F25-29	28	Rochester	1:06:53	07:11
75	178	Elizabeth Madore	F	11	F25-29	28	Rochester	1:06:53	07:11
76	260	Eugene Smith	M	65	M20-24	20	Great Valley	1:07:16	07:13
77	364	Andy Frank	M	66	M25-29	25	Hilton	1:07:32	07:15
78	244	Greg Rowe	M	67	M30-34	30	Rochester	1:07:34	07:15
79	132	John Holt	M	68	M25-29	26	Rochester	1:07:35	07:15
80	93	Jason Fitzgerald	M	69	M35-39	37	Livonia	1:07:37	07:16
81	90	George Fawcett	M	70	M45-49	48	Rochester	1:07:43	07:16
82	317	Michael Burns	M	71	M45-49	48	Syracuse	1:07:49	07:17
83	342	Mike Reinhardt	M	72	M45-49	45	Webster	1:08:09	07:19
84	32	James Brennan	M	73	M35-39	39	Pittsford	1:08:10	07:19
85	180	Sean Mathis	M	74	M35-39	36	Fairport	1:08:10	07:19
86	34	Benjamin Brown	M	75	M30-34	31	Winter Park	1:08:13	07:19
87	241	Todd Rogers	M	76	M35-39	38	Honeoye Falls	1:08:27	07:21
88	259	Daniel Smith	M	77	M35-39	36	LeRoy	1:08:32	07:21
89	227	Frank Quattrone	M	78	M50-54	53	Webster	1:08:34	07:22
90	285	Dan Ward	M	79	M30-34	32	Rochester	1:08:38	07:22
91	332	Ken Koppenhaver	M	80	M40-44	40	Fairport	1:08:39	07:22
92	355	Tom Dutton	M	81	M60-64	63	Livonia	1:08:44	07:23
93	406	Alan Vasbinder	M	82	M50-54	51	Spencerport	1:08:45	07:23
94	294	Joseph Williams	M	83	M35-39	35	Rochester	1:08:49	07:23
95	142	Tom Jerris	M	84	M50-54	51	Livonia	1:08:55	07:24
96	384	Ken Goold	M	85	F35-39	38	Lima	1:08:56	07:24
97	66	Matt Degma	M	86	M50-54	54	Rochester	1:09:01	07:25
98	236	Steven Rivers	M	87	M45-49	47	Victor	1:09:02	07:25
99	37	Nicole Busschaert	F	12	F30-34	32	East Rochester	1:09:15	07:26
100	288	Mike Weinpress	M	88	M50-54	53	Spencerport	1:09:18	07:26
101	199	James Morse	M	89	M30-34	32	Rochester	1:09:21	07:27
102	402	James Rajotte	M	90	M25-29	28	Rochester	1:09:22	07:27
103	168	Steven Levitsky	M	91	M40-44	42	Rochester	1:09:24	07:27

104	268	Lawrence Taylor	M	92	M50-54	52	Fairport	1:09:26	07:27
105	300	Jim Yeager	M	93	M40-44	42	Rochester	1:09:29	07:28
106	121	Mark Heberger	M	94	M50-54	54	Rochester	1:09:30	07:28
107	374	Adam Cornwell	M	95	M20-24	23	Rochester	1:09:32	07:28
108	308	John Creary	M	96	M45-49	48	Pittsford	1:09:40	07:29
109	36	John Bugajski	M	97	M25-29	28	Rochester	1:09:42	07:29
110	188	Jon McDonough	M	98	M35-39	38	North Chili	1:09:58	07:31
111	47	Bill Clauss	M	99	M55-59	57	Williamson	1:10:10	07:32
112	218	Paul Persia	M	100	M55-59	57	Batavia	1:10:18	07:33
113	202	Tom Mulligan	M	101	M55-59	58	Naples	1:10:19	07:33
114	170	Bill Lofquist	M	102	M45-49	45	Geneseo	1:10:20	07:33
115	95	Anna Fox	F	13	F45-49	48	Palmyra	1:10:21	07:33
116	383	Mary Hankin	F	14	F20-24	23	Canandaigua	1:10:26	07:34
117	394	Jeff Chester	M	103	M40-44	43	Rochester	1:10:31	07:34
118	263	Michael Sternick	M	104	M25-29	25	Rochester	1:10:38	07:35
119	179	Brendan Mathis	M	105	M30-34	32	Fairport	1:10:45	07:36
120	313	Rachel Wolfe	F	15	F35-39	38	Webster	1:10:49	07:36
121	57	Wayne Crandall	M	106	M45-49	46	W. Henrietta	1:10:57	07:37
122	363	Holly Savage	F	16	F20-24	22	Farmington	1:11:04	07:38
123	89	Asa Farnhum	M	107	M25-29	28	Rochester	1:11:05	07:38
124	197	Mark Monachino	M	108	M45-49	49	Macedon	1:11:06	07:38
125	27	Bill Beyerbach	M	109	M50-54	53	Rochester	1:11:07	07:38
126	79	Raymond Dry	M	110	M30-34	34	Rochester	1:11:08	07:38
127	312	Greg Rosser	M	111	M50-54	52	Fairport	1:11:11	07:39
128	390	Jim Broderlir	M	112	M45-49	47	Canandaigua	1:11:23	07:40
129	337	Darlene Saeva	F	17	F50-54	50	Rochester	1:11:30	07:41
130	403	Matthew Ward	M	113	M45-49	45	Canadaigua	1:11:36	07:41
131	233	Kevin Reilly	M	114	M35-39	37	Geneseo	1:11:41	07:42
132	70	Christine Deutsch	F	18	F30-34	34	Rochester	1:11:45	07:42
133	297	Mary Wojnowski	F	19	F40-44	41	Rochester	1:12:03	07:44
134	156	Holly Kuzmiak	F	20	F25-29	26	Rochester	1:12:05	07:44
135	212	Theresa Palmieri	F	21	F45-49	45	Buffalo	1:12:10	07:45
136	163	Mark Lehman	M	115	M50-54	54	Honeoye Falls	1:12:31	07:47
137	187	Michael McCullough	M	116	M50-54	52	Spencerport	1:12:35	07:48
138	106	Matt Gillette	M	117	M40-44	40	Hemlock	1:12:37	07:48
139	246	Kristen Ryan	F	22	F20-24	24	Rochester	1:12:38	07:48
140	192	Kevin McPherson	M	118	M40-44	44	Pittsford	1:12:47	07:49
141	26	Douglas DeWeaver	M	119	M50-54	51	Rochester	1:12:49	07:49
142	343	Rick Erb	M	120	M60-64	61	Rushville	1:12:55	07:50
143	35	Christopher Brown	M	121	M40-44	42	W Henrietta	1:12:56	07:50
144	203	John Muoio	M	122	M30-34	31	Rochester	1:13:10	07:51
145	146	Jim Joseph	M	123	M45-49	46	Rochester	1:13:16	07:52
146	407	Ryan Gerise	M	124	M20-24	22	Penfield	1:13:21	07:52
147	198	Mitch Moore	M	125	M50-54	54	Rochester	1:13:22	07:53
148	189	John McGowan	M	126	M45-49	49	Fairport	1:13:24	07:53
149	240	Jorge Rodriguez	M	127	M20-24	24	Webster	1:13:28	07:53
150	292	John Wilcox	M	128	M45-49	49	W. Henrietta	1:13:31	07:54
151	99	Bob Gates	M	129	M45-49	48	Hamlin	1:13:41	07:55
152	87	Alan Embrey	M	130	M35-39	37	Webster	1:13:42	07:55
153	53	Carly Costanza	F	23	F25-29	28	Rochester	1:13:54	07:56
154	296	Jeffrey Wisniewski	M	131	M20-24	24	Webster	1:14:00	07:57
155	408	Marie White	F	24	F45-49	48	Henrietta	1:14:09	07:58
156	387	Jay Ferrimani	M	132	M50-54	50	Fairport	1:14:19	07:59
157	237	Jerry Roberts	M	133	M55-59	59	Rochester	1:14:24	07:59
158	341	Scott Hauser	M	134	M45-49	45	Rochester	1:14:26	07:59

159	357	Alan Hayter	M	135	M55-59	57	Victor	1:14:28	08:00
160	118	Cheryl Guth	F	25	F55-59	55	Rochester	1:14:31	08:00
161	182	Andy Matzan	M	136	M55-59	57	Rochester	1:14:33	08:00
162	353	Sean Rahrle	M	137	M20-24	22	Rochester	1:14:38	08:01
163	11	Ellen Bailey	F	26	F40-44	42	Fairport	1:14:46	08:02
164	117	Carmen Gumina	M	138	M40-44	44	Webster	1:14:51	08:02
165	397	Jennifer Fosegan	F	27	F35-39	36	Fairport	1:14:57	08:03
166	220	Tim Peters	M	139	M40-44	44	Spencerport	1:15:07	08:04
167	127	Patrick Herron	M	140	M50-54	51	LeRoy	1:15:11	08:04
168	59	Bill Crowe	M	141	M55-59	59	Rochester	1:15:12	08:04
169	264	Eric Stewart	M	142	M30-34	34	Holley	1:15:14	08:05
170	250	Katie Saxton	F	28	F19UNDER	15	Spencerport	1:15:14	08:05
171	346	Tim Dietrich	M	143	M25-29	29	Henrietta	1:15:23	08:06
172	316	Jack Rosati	M	144	M45-49	45	Rochester	1:15:30	08:06
173	322	Dylan Heuer	M	145	M19UNDER	19	Des Moines	1:15:34	08:07
174	151	Susan Kindel	F	29	F30-34	31	Rochester	1:15:45	08:08
175	305	John Yunker	M	146	M55-59	56	Wayland	1:15:47	08:08
176	17	Dominic Barraclough	M	147	M40-44	42	Rochester	1:15:52	08:09
177	105	Tom Gibson	M	148	M45-49	47	Canandaigua	1:15:59	08:09
178	409	Jon Barlehen	M	149	M40-44	40	Albion	1:16:02	08:10
179	410	Roler Bulton	?		?	39		1:16:02	08:10
180	25	Paul Benz	M	150	M40-44	40	Webster	1:16:05	08:10
181	124	Sean Hendrick	M	151	M45-49	46	Rochester	1:16:07	08:10
182	269	Colleen Tomasso	F	30	F20-24	24	Buffalo	1:16:10	08:11
183	143	Doug Johnson Jr	M	152	M25-29	29	Rochester	1:16:11	08:11
184	323	Jeremy Hammond	M	153	M35-39	38	Macedon	1:16:26	08:12
185	213	David Parks	M	154	M25-29	28	Rochester	1:16:33	08:13
186	232	Jean Regan	F	31	F50-54	51	Cazenovia	1:16:40	08:14
187	301	Jidong Zhang	M	155	M30-34	32	Pittsford	1:16:45	08:14
188	129	Robert Hitchcock	M	156	M40-44	43	Fairport	1:16:47	08:15
189	389	Andrea Zaffino	F	32	F30-34	30	Rochester	1:16:54	08:15
190	289	Paul Welker	M	157	M30-34	32	Hornell	1:16:54	08:15
191	102	John Ghidiu	M	158	M30-34	30	Rochester	1:16:59	08:16
192	5	Diane Ahlman	F	33	F45-49	47	Rochester	1:16:59	08:16
193	282	Julia Varble	F	34	F45-49	46	Henrietta	1:17:00	08:16
194	336	Bill Keister	M	159	M40-44	42	Henrietta	1:17:00	08:16
195	318	Matthew Hurley	M	160	M20-24	20	Fairport	1:17:03	08:16
196	108	Brian Glass	M	161	M25-29	29	Rochester	1:17:07	08:17
197	73	Dale Dimick	M	162	M40-44	41	Webster	1:17:15	08:18
198	191	Joseph McMahon	M	163	M35-39	39	Rochester	1:17:27	08:19
199	277	Gregor Vahramian	M	164	M35-39	37	Toronto	1:17:30	08:19
200	275	Gary Updyke	M	165	M60-64	60	Pittsford	1:17:30	08:19
201	6	Corey Andalora	M	166	M25-29	28	West Henrietta	1:17:35	08:20
202	392	John Ryan	M	167	M45-49	46	Victor	1:17:43	08:21
203	158	Joanna Laker	F	35	F25-29	25	Pittsford	1:17:45	08:21
204	194	Kim Melchert	F	36	F20-24	21	Rochester	1:17:47	08:21
205	293	Dina Williams	F	37	F35-39	39	Victor	1:17:52	08:22
206	262	Michele Spampinato	F	38	F35-39	38	Victor	1:17:53	08:22
207	155	Karen Kryder	F	39	F50-54	52	Rochester	1:18:04	08:23
208	64	Kirsten Davis	F	40	F30-34	34	Rochester	1:18:06	08:23
209	130	Larry Hoffman	M	168	M40-44	40	Ontario	1:18:10	08:23
210	238	Marty Roberts	F	41	F50-54	52	Penn Yan	1:18:13	08:24
211	120	William Harris	M	169	M35-39	36	Henrietta	1:18:30	08:26
212	367	Alice Nichols	F	42	F40-44	43	Fairport	1:18:32	08:26
213	113	Brian Grant	M	170	M40-44	42	Rochester	1:18:35	08:26

214	122	Stephen Hedges	M	171	M60-64	60	Rochester	1:18:36	08:26
215	46	Andrew Ciaio	M	172	M40-44	43	Victor	1:18:39	08:27
216	224	Tiffany Polino	F	43	F35-39	35	Fairport	1:18:45	08:27
217	41	Daniel Carmen	M	173	M35-39	38	North Chili	1:18:52	08:28
218	2	Wendy Abbott	F	44	F35-39	35	Rochester	1:18:54	08:28
219	247	Mike Ryan	M	174	M25-29	29	Rochester	1:18:57	08:29
220	101	Bill Gertzog	M	175	M55-59	58	Rochester	1:19:00	08:29
221	324	Dan Goodridge	M	176	M40-44	42	Macedon	1:19:02	08:29
222	169	Mark Lincoln	M	177	M50-54	51	Pittsford	1:19:03	08:29
223	186	Jan McCullough	F	45	F45-49	49	Spencerport	1:19:04	08:29
224	302	Larry Zingg	M	178	M40-44	43	West Seneca	1:19:05	08:29
225	92	Brian Filozof	M	179	M50-54	51	Conesus	1:19:15	08:31
226	200	Brian Mosher	M	180	M25-29	29	Pittsford	1:19:18	08:31
227	270	Marybeth Tonkery	F	46	F35-39	36	Livonia	1:19:23	08:31
228	286	Barry Watkins	M	181	M60-64	64	Rochester	1:19:29	08:32
229	228	T. J. Radtke	M	182	M35-39	38	Reston	1:19:30	08:32
230	175	Bonnie Mace	F	47	F40-44	41	Rochester	1:19:35	08:33
231	215	Rae Pellegrino	F	48	F25-29	26	Fairport	1:19:42	08:33
232	359	Bill McGuire	M	183	M60-64	60	Scottsville	1:19:52	08:34
233	190	Lynda McGuire	F	49	F60-64	61	Scottsville	1:19:52	08:34
234	388	Dan Sepka	M	184	M25-29	26	Rochester	1:19:55	08:35
235	18	John Barsic	M	185	M30-34	32	Rochester	1:19:57	08:35
236	9	Jessica Askin	F	50	F30-34	30	Geneva	1:20:05	08:36
237	267	John Tarduno	M	186	M45-49	48	Rochester	1:20:08	08:36
238	78	Mark Dougherty	M	187	M40-44	40	Pittsford	1:20:19	08:37
239	185	Peter McCandlish	M	188	M40-44	44	Rochester	1:20:23	08:38
240	291	Glenn Widor	M	189	M40-44	41	Webster	1:20:27	08:38
241	62	Heather Danielson	F	51	F30-34	34	Rochester	1:20:34	08:39
242	230	Kathy Reardon	F	52	F45-49	47	Honeoye Falls	1:20:35	08:39
243	283	Mary Vosburgh	F	53	F25-29	25	Rochester	1:20:37	08:39
244	209	Emily OShea	F	54	F30-34	30	Hilton	1:20:37	08:39
245	139	Louis Iovoli	M	190	M40-44	43	Victor	1:20:43	08:40
246	404	Gregory Napierala	M	191	M30-34	34	Rochester	1:20:47	08:40
247	149	Jennifer Kerr	F	55	F30-34	30	Rochester	1:20:55	08:41
248	225	Carolyn Privitera-Gage	F	56	F45-49	48	W. Henrietta	1:21:00	08:42
249	382	Sharo Maddock	F	57	F30-34	30	Henrietta	1:21:06	08:42
250	13	Rod Bailey	M	192	M65-69	66	Rochester	1:21:09	08:43
251	67	Andrew DeHaas	M	193	M25-29	29	Rochester	1:21:13	08:43
252	304	Valerie Zombek	F	58	F30-34	34	Webster	1:21:16	08:43
253	393	Matthew Lace	M	194	M19UNDER	13	Webster	1:21:18	08:44
254	299	Michelle Wright	F	59	F25-29	25	Rochester	1:21:26	08:45
255	43	Lauren Caselli	F	60	?	?	Brooklyn	1:21:29	08:45
256	140	Charlotte Jaanimagi	F	61	F55-59	56	Pittsford	1:21:34	08:45
257	379	Jeffery Fink	M	195	M45-49	48	Pittsford	1:21:35	08:45
258	177	MaryAnne MacIntosh	F	62	F50-54	50	Manlius	1:21:38	08:46
259	284	Mary Warchocki	F	63	F50-54	52	Rochester	1:21:54	08:48
260	295	Mary Winters	F	64	F30-34	31	Webster	1:21:55	08:48
261	273	Michael Tuller	M	196	M30-34	34	Fairport	1:22:02	08:48
262	141	Debbie Jerris	F	65	F45-49	46	Livonia	1:22:04	08:49
263	15	Kevin Bambury	M	197	M45-49	46	Fairport	1:22:05	08:49
264	266	Stefani Szalay-Domm	F	66	F40-44	43	Rochester	1:22:09	08:49
265	368	Jeannine Rossi	F	67	F20-24	24	Clifton Springs	1:22:12	08:49
266	352	Kerri Brown	F	68	F40-44	40	Pittsford	1:22:15	08:50
267	174	Anne Lytwynec	F	69	F55-59	55	Farmington	1:22:25	08:51
268	39	Dan Campbell	M	198	M35-39	38	Penfield	1:22:48	08:53

269	372	Brendan Wofert	M	199	M19UNDER	19	Rochester	1:22:49	08:53
270	385	Joaquim Flores	M	200	M40-44	43	Rochester	1:22:54	08:54
271	22	Judy Beers	F	70	F55-59	56	Honeoye Falls	1:23:12	08:56
272	69	Rachael Della Pietra	F	71	F30-34	30	Webster	1:23:13	08:56
273	280	David VanDeVoorde	M	201	M35-39	36	Fairport	1:23:18	08:57
274	242	David Ross	M	202	M55-59	57	Rochester	1:23:23	08:57
275	361	Annie Schuster	F	72	F50-54	53	Collins	1:23:26	08:57
276	319	Shaun Welch	M	203	M35-39	37	Ontario	1:23:56	09:01
277	329	Mark Allen	M	204	M35-39	38	Webster	1:23:56	09:01
278	399	Heidi Nelson	F	73	F50-54	50	Pittsford	1:24:09	09:02
279	226	Nicole Pulcino	F	74	F25-29	28	Rochester	1:24:18	09:03
280	84	Carol Eisenman	F	75	F50-54	51	Rochester	1:24:55	09:07
281	287	Eileen Weinpress	F	76	F50-54	54	Spencerport	1:25:06	09:08
282	51	Jeff Coppini	M	205	M25-29	29	Rochester	1:25:21	09:10
283	24	Leah Bennett	F	77	F20-24	23	Buffalo	1:25:27	09:10
284	28	Kimberlee Blik	F	78	F40-44	44	Webster	1:25:46	09:12
285	161	Erin Lawless	F	79	F30-34	30	Buffalo	1:25:48	09:13
286	217	Tom Perry	M	206	M60-64	63	Fairport	1:25:53	09:13
287	164	Christopher Leonardi	M	207	M45-49	48	Rochester	1:26:00	09:14
288	8	Timothy Ashley	M	208	M30-34	30	Ontario	1:26:03	09:14
289	378	Laura Kassel	F	80	F25-29	27	Rochester	1:26:13	09:15
290	335	Diane Prystajko	F	81	F40-44	44	Spencerport	1:26:25	09:17
291	208	James Norris	M	209	M45-49	49	Fairport	1:26:38	09:18
292	173	Steve Lynch	M	210	M30-34	34	W Henrietta	1:26:42	09:18
293	347	Doug Caswell	M	211	M35-39	39	Penfield	1:27:24	09:23
294	210	Ron Paeth	M	212	M45-49	45	Kendall	1:27:24	09:23
295	45	Jennifer Chen	F	82	F30-34	30	Rochester	1:27:25	09:23
296	211	Patricia Palmeri-Phelan	F	83	F40-44	40	North Chili	1:27:28	09:23
297	58	Charles Crary	M	213	M60-64	61	Syracuse	1:27:35	09:24
298	391	Heather Enos	F	84	F20-24	24	Canandaigua	1:27:42	09:25
299	265	Frederick Strathmann	M	214	M25-29	29	Rochester	1:27:48	09:25
300	221	Alan Petrosky	M	215	M30-34	30	Rochester	1:27:54	09:26
301	12	Kevin Bailey	M	216	M35-39	35	Spencerport	1:27:58	09:27
302	172	Daniel Isenhardt	M	217	M45-49	48	Rochester	1:28:03	09:27
303	103	Julie Giambrone	F	85	F50-54	52	Spencerport	1:28:06	09:27
304	134	Michael Horn	M	218	M50-54	52	Pittsford	1:28:08	09:28
305	110	Mark Golebiewski	M	219	M45-49	45	Rochester	1:28:14	09:28
306	243	Michele Rowcliffe	F	86	F35-39	38	Farmington	1:28:29	09:30
307	131	Cheryl Hokula	F	87	F30-34	31	Webster	1:28:32	09:30
308	248	Charlie Sabatine	M	220	M70UP	75	Victor	1:28:57	09:33
309	354	Bob Lonsberry	M	221	M45-49	49	Mt Morris	1:28:58	09:33
310	126	Kathy Henrie	F	88	F55-59	55	Rochester	1:29:00	09:33
311	249	Allison Sams	F	89	F20-24	22	Rochester	1:29:11	09:34
312	231	Laura Rebell Gross	F	90	F35-39	36	Rochester	1:29:51	09:39
313	20	Nancy Beach	F	91	F40-44	43	Conesus	1:29:57	09:39
314	405	Tim Vail	M	222	M40-44	44	East Aurora	1:30:27	09:43
315	167	Kimberly Levitsky	F	92	F35-39	38	Rochester	1:30:33	09:43
316	31	Stephen Bragg	M	223	M45-49	46	Gevena	1:30:51	09:45
317	94	Mark Fitzgerald	M	224	M50-54	50	Rochester	1:31:17	09:48
318	398	Erica Mason	F	93	F25-29	27	Rochester	1:31:42	09:51
319	235	Michelle Rioux	F	94	F30-34	32	Rochester	1:31:42	09:51
320	74	Rick Doe	M	225	M40-44	44	Canandaigua	1:31:42	09:51
321	49	Robert Commisso	M	226	M40-44	43	Pittsford	1:32:14	09:54
322	112	David Gordon	M	227	M60-64	61	Pittsford	1:32:25	09:55
323	281	Elaine VanOverbake	F	95	F50-54	52	Fairport	1:32:31	09:56

324	119	Kathleen Hall	F	96	F50-54	50	Victor	1:32:48	09:58
325	330	Kimberly Gaylord	F	97	F40-44	43	Avon	1:33:33	10:03
326	314	Tim Rosati	M	228	M45-49	49	Rochester	1:33:50	10:04
327	327	Janelle Bosco	F	98	F25-29	28	Rochester	1:33:51	10:05
328	325	Al Marciano	M	229	M40-44	43	Spencerport	1:34:17	10:07
329	165	Sarah Lephart	F	99	F30-34	31	Rochester	1:34:40	10:10
330	150	Sibatu Khahaifa	M	230	M60-64	63	Buffalo	1:34:40	10:10
331	14	Pamela Baker-Hopkins	F	100	F40-44	44	Geneseo	1:34:46	10:10
332	272	Chuck Traub	M	231	M45-49	49	Rochester	1:35:17	10:14
333	183	Jennifer Maxa	F	101	F30-34	33	Fairport	1:35:19	10:14
334	97	John Fulkerson	M	232	M50-54	52	Rochester	1:35:33	10:15
335	76	Shannon Dotts	F	102	F35-39	35	Rochester	1:36:19	10:20
336	125	James Hendy	M	233	M65-69	65	Webster	1:36:42	10:23
337	358	Kristen Sharp	F	103	F25-29	28	Gananda	1:36:59	10:25
338	123	Dave Heeks	M	234	M70UP	71	Irondequoit	1:37:48	10:30
339	303	Daniel Zombek	M	235	M40-44	44	Webster	1:38:02	10:31
340	68	George Dehaas	M	236	M60-64	62	Manlius	1:38:25	10:34
341	3	Courtney Abeln	F	104	F30-34	33	Rochester	1:38:30	10:34
342	77	Heather Dougherty	F	105	F40-44	43	Rochester	1:38:36	10:35
343	111	Molly Golebiewski	F	106	F40-44	44	Rochester	1:38:53	10:37
344	136	Karen Huntley-Romanow	F	107	F55-59	58	Rochester	1:38:54	10:37
345	350	Beth Ormsby	F	108	F40-44	43	Penfield	1:39:06	10:38
346	339	Alexander Bliss	M	237	M20-24	21	Rochester	1:39:24	10:40
347	338	Foster Bliss	M	238	M50-54	53	Fredricksburg	1:39:25	10:40
348	128	Mary Ellen Hill	F	109	F50-54	50	Rochester	1:39:45	10:42
349	21	William Beck	M	239	M50-54	53	Rochester	1:39:45	10:42
350	96	Michelle French	F	110	F30-34	30	Rochester	1:39:46	10:43
351	311	Richard Post	M	240	M30-34	34	Spencerport	1:40:28	10:47
352	369	Leslie Lusk	F	111	F35-39	39	Rochester	1:41:04	10:51
353	333	Cory Tylenda	M	241	M30-34	32	Rochester	1:42:17	10:59
354	4	Heidi Aguiar	F	112	F30-34	31	Hamlin	1:42:41	11:01
355	135	Jamie Howard	M	242	M40-44	43	Albany	1:43:38	11:08
356	10	Nicole Askin	F	113	F35-39	37	Geneva	1:44:06	11:11
357	321	Erika Asquito	F	114	F30-34	30	Honeoye	1:44:07	11:11
358	171	Cindy Logan	F	115	F40-44	42	Farmington	1:44:08	11:11
359	19	Nicole Bayly Henshaw	F	116	F35-39	35	Scottsville	1:44:53	11:16
360	307	Norm Greiner	M	243	M65-69	68	Rochester	1:45:09	11:17
361	205	Juliann Nelson	F	117	F50-54	50	Victor	1:45:25	11:19
362	109	Donna Gocher	F	118	F40-44	42	Churchville	1:46:02	11:23
363	166	William Lerkins	M	244	M45-49	48	Rochester	1:46:19	11:25
364	340	Kate Rouse	F	119	F25-29	26	Rochester	1:47:41	11:34
365	153	Fred Krampe	M	245	M40-44	44	Hilton	1:47:57	11:35
366	219	Lisa Perticone	F	120	F40-44	41	Rochester	1:48:10	11:37
367	245	Christina Ruhland	F	121	F40-44	40	North Chili	1:48:37	11:40
368	7	Maura Arendt	F	122	F40-44	41	Rochester	1:48:52	11:41
369	256	Maria Shivell	F	123	F30-34	31	Churchville	1:49:10	11:43
370	276	Armen Vahramian	M	246	M35-39	35	Rochester	1:50:32	11:52
371	348	Lauren Frank	F	124	F45-49	46	Ontario	1:52:54	12:07
372	72	David Dilgard	M	247	M50-54	54	Penfield	1:53:26	12:11
373	315	Joan Rosati	F	125	F65-69	68	N. Chili	1:54:11	12:15
374	255	Deirdre Shaughnessy	F	126	F35-39	39	Reston	1:54:55	12:20
375	42	Joanne Carr	F	127	F70UP	70	Churchville	1:59:44	12:51
376	271	Sandy Toole	M	248	M70UP	71	Rochester	1:59:49	12:52
377	85	Marvin Eisenstein	M	249	M70UP	80	Rochester	2:07:26	13:41

378 204 William Murphy M 250 M60-64 60 Rochester 2:20:58 15:08