

Spring Forward Distance Run 2.5 Mile Fun Run
Sunday April 3, 2011 - Mendon Ponds Park, NY
104 Finishers (88 Female, 16 Male)
Timed and Produced by YellowJacket Racing

Pos	Bib	Fullname	Gender	Age	Class	M/F Place	City	TotalTm
1	551	Scott Haag	M	20	M20-24	1	Rochester	0:16:49
2	656	Sarah Newsome	F	36	F35-39	1	Palmyra	0:16:59
3	713	Meghan DioGuardi	F	14	F19UNDER	2	Hornell	0:17:02
4	685	Stephanie Wojnowski	F	13	F19UNDER	3	Rochester	0:17:42
5	705	Karyn Lewis	F	25	F25-29	4	Rochester	0:18:10
6	716	Mike Myztchuk	M	15	M19UNDER	2	Ontario	0:18:21
7	641	Bailey Kennedy	M	14	M19UNDER	3	Le Roy	0:18:56
8	687	Veronica Wojnowski	F	11	F19UNDER	5	Rochester	0:19:18
9	602	Bonnie Binggeli	F	16	F19UNDER	6	Walworth	0:19:25
10	670	Matthew Ruhland	M	13	M19UNDER	4	North Chili	0:19:28
11	711	Lisa Perks	F	30	F30-34	7	Fairport	0:19:33
12	669	Geneviere Ruhland	F	14	F19UNDER	8	North Chili	0:19:39
13	679	Rachel Terry	F	15	F19UNDER	9	Walworth	0:19:50
14	699	Matthew Lindke	M	15	M19UNDER	5	Webster	0:20:10
15	717	Levent Kozaci	M	38	M35-39	6	Avon	0:20:11
16	686	Suzanna Wojnowski	F	9	F19UNDER	10	Rochester	0:20:24
17	658	Marlene Paeth	F	48	F45-49	11	Kendall	0:20:52
18	655	Timothy Myers	M	25	M25-29	7	Rochester	0:21:42
19	714	Cassandra Coffey	F	41	F40-44	12	Pittsford	0:21:54
20	624	Danny Flinchum	M	24	M20-24	8	Rochester	0:22:00
21	642	Teagan Kennedy	F	12	F19UNDER	13	Le Roy	0:22:16
22	627	Brendan Gallagher	M	15	M19UNDER	9	Ionia	0:22:24
23	704	Lindsay Counts	F	25	F25-29	14	Rochester	0:23:00
24	688	Erica Wolfe	F	27	F25-29	15	Rochester	0:23:06
25	610	Shelley Coats	F	34	F30-34	16	Rochester	0:23:11
26	693	Matt Doe	M	14	M19UNDER	10	Fairport	0:23:16
27	657	Heather Ostrander	F	37	F35-39	17	Macedon	0:23:19
28	638	Lindsey Jackson	F	26	F25-29	18	Rochester	0:23:20
29	614	Katie Coles	F	31	F30-34	19	Penfield	0:23:25
30	690	Wennie Tao	F	37	F35-39	20	Pittsford	0:24:25
31	636	Megan Haubner	F	35	F35-39	21	Avon	0:24:31
32	681	Darci Theiste	F	27	F25-29	22	Avon	0:24:32
33	665	Sandra Rosengrant	F	49	F45-49	23	Churchville	0:24:33
34	640	Angela Kennedy	F	38	F35-39	24	Le Roy	0:24:34
35	662	Lindsay Robinson	F	20	F20-24	25	Springwater	0:24:38
36	664	Jeff Rose	M	56	M55-59	12	Honeoye Falls	0:24:40
37	635	Lisa Hann	F	33	F30-34	26	Avon	0:24:41
38	702	Jessica McLaughlin	F	15	F19UNDER	27	Fairport	0:24:50
39	633	Annette Grape	F	49	F45-49	28	Rochester	0:25:02
40	668	Elizabeth Ruhland	F	10	F19UNDER	29	North Chili	0:25:28
41	684	Mark Webster	M	44	M40-44	13	Rochester	0:25:30

42	615	Anthony Concessi	M	30	M30-34	14	Rochester	0:25:45
43	696	Leah Hill	F	23	F20-24	30	Mt. Morris	0:26:05
44	695	Caitlin Schmidt	F	22	F20-24	31	Mt. Morris	0:26:18
45	604	Ann Brower	F	40	F40-44	32	Webster	0:26:42
46	634	Patrick Guilfoyle	M	33	M30-34	15	Rochester	0:27:14
47	611	Kelly Coiro	F	42	F40-44	33	Rochester	0:27:18
48	701	Tori McLaughlin	F	12	F19UNDER	34	Fairport	0:27:20
49	650	Maria McCulloch	F	41	F40-44	35	Rochester	0:27:23
50	673	Tracey Simonelli	F	44	F40-44	36	North Chili	0:27:25
51	608	Kelly Carr	F	25	F25-29	37	Rochester	0:27:31
52	671	Dede Rupley	F	58	F55-59	38	Rochester	0:27:49
53	683	Sara Walter	F	30	F30-34	39	Rochester	0:28:24
54	609	Amy Clark	F	27	F25-29	40	Canandaigua	0:28:24
55	601	Natallia Adriance	F	26	F25-29	41	Reading	0:28:25
56	631	Sarah Goff	F	39	F35-39	42	Rochester	0:28:38
57	703	Anne Steider	F	43	F40-44	43	W. Henrietta	0:28:42
58	630	Sarah Glantz	F	24	F20-24	44	Rochester	0:28:43
59	612	Amiee Colangelo-Story	F	28	F25-29	45	Rochester	0:28:52
60	689	Monica Guilian	F	46	F45-49	46	Lakeville	0:28:53
61	660	Amy Preston	F	28	F25-29	47	Rochester	0:28:57
62	710	Kevin Spinosa	M	47	M45-49	16	Rochester	0:29:17
63	709	Mary Jo Spinosa	F	47	F45-49	48	Rochester	0:29:19
64	712	Liz Peterty	F	35	F35-39	49	Rochester	0:29:31
65	667	Mary Ruberti	F	42	F40-44	50	Rochester	0:29:34
66	706	Barb Boutillier	F	43	F40-44	51	Rochester	0:29:36
67	643	Holly Kinsey	F	33	F30-34	52	Rochester	0:29:41
68	715	Kristen Squire	F	24	F20-24	53	Rochester	0:29:43
69	653	Mary Moglia-Cannon	F	51	F50-54	54	Honeoye Falls	0:29:46
70	632	Rebecca Graf	F	37	F35-39	55	Fairport	0:29:49
71	620	Barbara Disalvo	F	45	F45-49	56	Rochester	0:30:04
72	694	Christine Fortune	F	52	F50-54	57	Mt. Morris	0:30:09
73	652	Tuyen Mey	F	36	F35-39	58	Pittsford	0:30:09
74	682	Cassandra Valensa	F	40	F40-44	59	Webster	0:30:09
75	605	Beverly Brown	F	54	F50-54	60	Rochester	0:30:13
76	644	Rosa Koester	F	26	F25-29	61	Walworth	0:30:15
77	672	Karen Ryan	F	39	F35-39	62	Rochester	0:30:30
78	639	Kerri Kanada	F	39	F35-39	63	Penfield	0:30:36
79	691	Shonna Woodmancy	F	33	F30-34	64	Fairport	0:30:36
80	607	Kathryn Camping	F	32	F30-34	65	North Chili	0:30:47
81	707	Saliena Mey	F	16	F19UNDER	66	Pittsford	0:31:14
82	649	Judy Marsocci	F	58	F55-59	67	Rochester	0:31:22
83	618	Karla Cushman	F	25	F25-29	68	Rochester	0:31:22
84	629	Kerrie Gianvecchio	F	33	F30-34	69	Rochester	0:31:22
85	676	Beth Spingar	F	46	F45-49	70	Webster	0:31:34
86	616	Tonia Cordaro	F	37	F35-39	71	Rochester	0:31:43
87	646	Philip LaPietra	M	35	M35-39	17	Rochester	0:31:43
88	708	Amy Fitzsimmons	F	27	F25-29	72	Rochester	0:32:04

89	698	April Adams	F	30	F30-34	73	Donkeyville	0:32:07
90	647	Channon Loiacano	F	30	F30-34	74	Webster	0:32:23
91	677	Laura Stam	F	39	F35-39	75	Rochester	0:32:24
92	606	Donna Cairns	F	48	F45-49	76	Ontario	0:32:53
93	623	Kimberly Fisher	F	44	F40-44	77	Rochester	0:33:14
94	637	Barb Infarinato	F	50	F50-54	78	Rochester	0:33:44
95	628	Maureen Gallagher	F	57	F55-59	79	Ionia	0:34:31
96	692	Kathy Gilman	F	55	F55-59	80	Rochester	0:35:07
97	626	Cheryl Freer	F	60	F60-64	81	Fairport	0:35:07
98	651	Heather Melnick	F	45	F45-49	82	Macedon	0:35:29
99	659	Elizabeth Peters	F	52	F50-54	83	Spencerport	0:35:46
100	680	Son Thach	F	24	F20-24	84	Rochester	0:36:54
101	617	Kathleen Crowe	F	45	F45-49	85	Pittsford	0:37:57
102	661	Krista Prinzi	F	39	F35-39	86	Avon	0:39:16
103	666	Heather Roth	F	38	F35-39	87	Rochester	0:40:33
104	697	Christine Ligas	F	53	F50-54	88	Rochester	0:43:00