

Rochester Spring Classic Duathlon - SuperSprint
Saturday, May 21, 2011 Mendon Ponds Park, Mendon, NY
Timed & Produced by YellowJacket Racing
Total Finishers - 85 (Men - 45, Women - 40)

Pos	Bib	Firstname	Lastname	Gender	M/F Place	Class	Age	City	Run1Tm	T1Tm	BikeTm	T2Tm	Run2Tm	TotalTm
1	199	George	Newsome	M	1	Overall Male	38	Palmyra	12:51	00:28	0:27:45	00:29	06:45	0:48:18
2	48	Graham	Frazer	M	2	M40-44	42	Dansville	14:28	00:31	0:27:06	00:30	07:31	0:50:06
3	70	Jason	Knarr	M	3	M35-39	35	Webster	12:18	01:17	0:30:42	01:03	06:42	0:52:03
4	96	Timothy	Mondello	M	4	M35-39	36	Williamsville	14:32	00:44	0:29:28	00:35	07:26	0:52:45
5	159	John	Galbraith	M	5	M45-49	45	Pittsford	15:27	00:38	0:28:34	00:31	08:02	0:53:12
6	56	Todd	Hawkins	M	6	M30-34	33	Bloomfield	14:10	00:44	0:30:21	00:41	07:26	0:53:22
7	147	Jim	Yeager	M	7	M45-49	45	Rochester	13:53	00:47	0:30:57	00:39	07:08	0:53:24
8	103	Sarah	Newsome	F	1	Overall Female	37	Palmyra	15:02	00:50	0:29:35	00:48	07:28	0:53:43
9	120	Edward	Saxby	M	8	M45-49	46	Bloomfield	14:14	00:51	0:30:53	00:50	08:00	0:54:49
10	127	Justin	Smith	M	9	M35-39	39	Pittsford	16:24	00:54	0:32:02	00:58	04:43	0:55:01
11	181	Dan	Deckman	M	10	M30-34	34	Rochester	14:24	01:00	0:32:49	00:38	07:09	0:56:01
12	111	Lauren	Pulli	F	2	F45-49	45	Rochester	15:23	00:43	0:31:26	00:36	08:00	0:56:08
13	101	Ron	Nelson	M	11	M55-59	55	Oswego	15:25	00:51	0:31:52	00:48	08:44	0:57:40
14	114	Aaron	Richardson	M	12	M35-39	36	Rochester	15:39	00:58	0:32:09	00:50	08:09	0:57:46
15	146	Daniel	Yawman	M	13	M40-44	40	Rochester	15:29	00:45	0:33:02	00:38	08:17	0:58:11
16	165	John	Deiure	M	14	M30-34	33	Rochester	15:18	01:11	0:33:14	00:33	08:21	0:58:37
17	164	Alyssa	Likly	F	3	F19UNDER	17	Pittsford	16:18	00:55	0:31:57	00:54	08:40	0:58:45
18	28	Terrence	Cusker	M	15	M40-44	40	Rochester	15:46	00:57	0:33:12	00:30	08:37	0:59:02
19	188	Keith	Moss	M	16	M50-54	52	Rochester	14:57	01:12	0:34:09	01:15	08:10	0:59:42
20	41	George	Fawcett	M	17	M50-54	51	Rochester	15:17	01:09	0:34:18	01:18	07:57	0:59:59
21	154	Linda	Brisbane	F	4	F45-49	48	Pittsford	16:10	01:05	0:33:42	00:53	08:27	1:00:18
22	110	Charlie	Pulire	M	18	M30-34	34	Pittsford	15:22	00:57	0:34:43	01:01	08:16	1:00:20
23	9	JoAnne	Bradt	F	5	F45-49	47	Scottsville	15:49	01:03	0:34:34	00:49	08:23	1:00:38
24	4	Glen	Austin	M	19	M50-54	50	Bloomfield	16:14	01:19	0:33:50	00:54	08:42	1:00:59
25	94	Andrew	Moles	M	20	M35-39	40	Canandaigua	16:47	01:22	0:33:34	00:53	08:36	1:01:12
26	195	Jay	Keyes	M	21	M35-39	35	Rochester	16:17	00:51	0:34:33	01:31	08:45	1:01:57
27	21	Charlie	Clark	M	22	M40-44	44	Honeoye Falls	17:18	00:44	0:32:53	01:14	10:05	1:02:14
28	32	Donald	Dennie	M	23	M40-44	40	Palmyra	17:41	00:58	0:32:40	01:12	09:46	1:02:16
29	141	Andy	White	M	24	M20-24	24	East Rochester	16:35	00:45	0:35:48	00:43	08:51	1:02:43
30	170	Marla	Cilento	F	6	F40-44	42	Fishers	16:53	01:18	0:35:06	00:49	08:43	1:02:49
31	108	Rebecca	Patros	F	7	F30-34	32	Canandaigua	16:21	01:01	0:36:30	00:44	08:13	1:02:49
32	55	Tracy	Hardes	F	8	F35-39	37	Rochester	16:57	00:55	0:35:46	00:49	08:33	1:03:00
33	194	Joe	Howlett	M	25	M30-34	34	Farmington	15:25	01:17	0:37:29	01:01	08:38	1:03:51
34	13	Amy	Burbano	F	9	F35-39	39	Brockport	17:41	01:14	0:35:15	00:50	09:16	1:04:16
35	42	Meredith	Feary	F	10	F25-29	25	Rochester	15:33	01:02	0:39:23	00:50	07:59	1:04:48

36	45	Danny	Flinchum	M	26	M20-24	25	Rochester	18:48	01:01	0:34:22	01:06	11:10	1:06:26
37	68	Jeff	Katz	M	27	M40-44	46	Pittsford	17:15	00:57	0:36:23	01:22	11:05	1:07:02
38	118	Wes	Rosengrant	M	28	M50-54	51	Churchville	17:31	01:31	0:35:39	01:17	11:04	1:07:02
39	73	Nicole	Kuhl	F	11	F30-34	33	Lowville	17:09	01:12	0:38:54	01:18	08:39	1:07:12
40	86	Mark	McIntyre	M	29	M35-39	36	hilton	17:11	01:16	0:38:11	01:09	10:03	1:07:50
41	25	Scott	Cottier	M	30	M40-44	40	Rochester	19:30	02:21	0:34:33	01:22	10:09	1:07:54
42	39	Staci	Everetts	F	12	F35-39	37	Rochester	20:11	00:59	0:35:56	00:49	10:02	1:07:57
43	139	Jeffrey	Weber	M	31	M55-59	56	Rochester	20:26	00:46	0:35:58	00:41	10:55	1:08:45
44	2	Joan	Adamo	F	13	F35-39	37	Webster	17:38	00:33	0:40:52	00:29	09:16	1:08:47
45	77	Ellen	Lloyd	F	14	F30-34	33	Palmyra	18:07	01:01	0:39:19	00:45	09:43	1:08:55
46	137	Trish	Vantucci	F	15	F45-49	46	Hilton	19:33	01:23	0:35:40	01:13	11:11	1:09:01
47	58	Kim	Henshaw	F	16	F45-49	48	Hilton	19:05	01:43	0:37:10	01:15	10:02	1:09:14
48	162	Megan	Lebeau	F	17	F50-54	53	Spencerport	17:53	00:47	0:40:20	00:36	10:02	1:09:38
49	78	Joe	Lodice	M	32	M55-59	55	Penfield	20:20	01:38	0:38:24	02:02	07:46	1:10:10
50	26	Matthew	Cowell	M	33	M35-39	37	Rochester	19:06	01:32	0:37:36	01:20	10:51	1:10:24
51	169	Alison	DAngelo	F	18	F20-24	23	Camillus	18:06	00:35	0:42:50	00:26	08:58	1:10:56
52	171	Christina	Berghash	F	19	F40-44	40	Scottsville	19:11	01:05	0:38:41	01:06	11:00	1:11:03
53	117	Sandra	Rosengrant	F	20	F50-54	50	Churchville	21:33	00:53	0:36:09	01:02	11:31	1:11:09
54	62	Charlotte	Jaanimagi	F	21	F55-59	59	Pittsford	19:39	00:53	0:39:53	00:40	10:49	1:11:55
55	75	Nathalie	Larochelle	F	22	F40-44	41	Williamson	21:20	01:03	0:37:00	01:01	11:36	1:12:00
56	180	Christina	McLyman	F	23	F40-44	44	Rochester	18:50	00:51	0:41:13	00:52	10:14	1:12:00
57	191	Amy	Agostini	F	24	F35-39	35	Spencerport	18:51	01:00	0:40:50	01:02	11:09	1:12:53
58	95	Jennifer	Moles	F	25	F35-39	37	Canandaigua	20:05	00:52	0:40:02	01:10	11:16	1:13:25
59	63	Kiersten	Joesten	F	26	F20-24	24	Rochester	20:18	01:08	0:41:46	00:37	10:06	1:13:56
60	152	Kathleen	Shea	F	27	F30-34	36	Pittsford	19:28	01:33	0:41:24	01:22	10:12	1:13:59
61	98	Dick	Morgan	M	34	M65-69	69	Tioga	25:24	00:29	0:34:42	00:42	12:58	1:14:16
62	6	Deb	Benson	F	28	F35-39	37	Penfield	21:21	01:30	0:38:43	01:17	11:34	1:14:25
63	132	Bob	Tassone	M	35	M40-44	43	Pittsford	20:20	02:24	0:39:20	01:57	11:20	1:15:20
64	92	Becky	Michel	F	29	F35-39	38	Ontario	22:06	00:54	0:40:03	00:55	11:54	1:15:51
65	123	Julie	Seymour	F	30	F40-44	41	Rochester	23:28	00:52	0:38:36	00:35	12:24	1:15:56
66	10	Stephen	Bragg	M	36	M45-49	49	geneva	19:46	00:35	0:45:05	00:37	10:06	1:16:09
67	71	Carolyn	Kriesen	F	31	F65-69	68	Webster	20:55	00:54	0:41:55	00:37	12:00	1:16:20
68	49	Mike	Friedler	M	37	M50-54	50	Ontario	21:16	01:25	0:40:23	01:19	12:11	1:16:34
69	88	William	McKay	M	38	M40-44	40	Rochester	20:31	02:26	0:40:03	01:26	12:10	1:16:37
70	27	Julie	Cusker	F	32	F40-44	42	Rochester	22:14	01:53	0:40:07	01:02	11:52	1:17:08
71	192	Orlando	Torres	M	39	M35-39	35	Henrietta	19:23	01:21	0:45:00	00:54	11:07	1:17:45
72	89	Derek	McKeon	M	40	M45-49	48	Rochester	19:06	00:59	0:48:38	00:51	09:56	1:19:30
73	163	Kelly	Likly	F	33	F50-54	50	Pittsford	25:13	01:21	0:39:16	01:16	12:28	1:19:33
74	83	Rachel	Mattern	F	34	F35-39	38	Rochester	22:05	01:26	0:43:58	01:09	11:10	1:19:47
75	12	Megan	Broomfield	F	35	F35-39	39	Fairport	22:07	00:54	0:45:02	00:40	11:51	1:20:33

76	125	Kimberly	Shimomura	F	36	F35-39	36	Rochester	23:12	01:14	0:43:30	01:12	12:24	1:21:31
77	130	Lynn	Sullivan	F	37	F45-49	49	E. Rochester	23:03	01:30	0:44:34	00:48	13:16	1:23:12
78	43	Sara	Finley	F	38	F30-34	30	Rochester	23:07	01:05	0:45:51	01:09	13:44	1:24:57
79	15	Donna	Burke	F	39	F40-44	43	Henrietta	23:09	02:05	0:45:18	01:39	13:04	1:25:15
80	3	Catherine	Ahern	F	40	F50-54	50	rochester	23:01	02:11	0:45:18	01:38	13:06	1:25:15
81	119	Karen	Ryan	F	41	F40-44	40	Rochester	26:42	01:38	0:42:47	01:08	14:06	1:26:22
82	168	Deborah	Raymond	F	42	F45-49	49	Rochester	20:41	01:18	0:55:39	00:42	14:47	1:33:07
83	115	Christie	Ricker	F	43	F50-54	54	Spencerport	24:26	02:50	0:51:07	00:59	13:46	1:33:08
84	177	Jill	Bates	F	44	F55-59	57	E Rochester	23:34	01:28	0:55:04	01:43	12:40	1:34:29
85	107	Mary	Patchett	F	45	F60-64	61	Macedon	27:11	02:34	0:58:46	01:40	14:57	1:45:08