

Phelps Sauerkraut 20K
August 7th, 2010 - Phelps, NY
231 Total Finishers (163 Male, 68 Female)
Timed by YellowJacket Racing

Pos	Bib	Fullname	Gender	Class	Age	City	StartTm	1st 10K	2nd 10K	NetTm	GunTm
Overall Open Male											
1	205	Dave L Bradshaw	M	Overall Open Male	31	Macedon	00:01	0:34:37	0:34:38	1:09:15	1:09:15
Overall Masters Male											
1	42	Henri Kursten	M	Overall Masters Male	46	Lockport	00:01	0:38:51	0:38:38	1:17:29	1:17:30
Overall Open Female											
1	196	Christina M Keck	F	Overall Open Female	29	Allison Park, PA	00:01	0:41:31	0:40:38	1:22:09	1:22:10
Overall Masters Female											
1	19	Beth DeCiantis	F	Overall Masters Female	48	Rochester	00:02	0:43:42	0:42:27	1:26:08	1:26:10
F19UNDER											
1	178	Cassie M Goodman	F	F19UNDER	17	Phelps	00:05	0:45:31	0:45:21	1:30:52	1:30:56
2	213	Alexis Rae McUmber	F	F19UNDER	16	Lyons	00:06	1:10:20	1:12:28	2:22:48	2:22:55
3	210	April N Vanderlinde	F	F19UNDER	16	Lyons	00:06	1:10:20	1:12:28	2:22:48	2:22:55
F20-24											
1	113	Holly Savage	F	F20-24	24	Farmington	00:05	0:44:35	0:46:06	1:30:41	1:30:46
2	227	Marissa Gray	F	F20-24	22	Hoboken, NJ	00:04	0:48:30	0:49:04	1:37:33	1:37:38
3	183	Laura E Anderson	F	F20-24	22	Conesus	00:08	0:49:28	0:48:05	1:37:33	1:37:41
4	138	Brooke Hill	F	F20-24	20	East Syracuse	00:05	0:48:34	0:52:07	1:40:40	1:40:45
5	102	Theresa M Hendrick	F	F20-24	22	Rochester	00:05	0:56:41	0:56:42	1:53:23	1:53:29
F25-29											
1	212	Katie S Passarell	F	F25-29	25	Rochester	00:02	0:44:35	0:44:42	1:29:16	1:29:18
2	48	Debbie Liana	F	F25-29	25	West Henrietta	00:06	0:47:56	0:48:20	1:36:16	1:36:22
3	127	Jeannene Rossi	F	F25-29	25	Fairport	00:12	0:50:49	0:53:02	1:43:51	1:44:04
4	107	Christine Thompson	F	F25-29	25	Farmington	00:13	0:52:48	0:53:30	1:46:18	1:46:31
5	35	Christine Hochmuth	F	F25-29	28	Rochester	00:11	0:57:49	0:56:52	1:54:41	1:54:52
6	55	Kelly Pearson	F	F25-29	29	Pittsford	00:06	1:03:15	1:01:17	2:04:32	2:04:38
7	228	Carrie Trubia	F	F25-29	28	Livonia	00:13	1:11:38	1:22:25	2:34:03	2:34:16
F30-34											
1	201	Jen Malik	F	F30-34	31	Rochester	00:02	0:43:10	0:44:02	1:27:12	1:27:14

2	141	Laura B Feller	F	F30-34	31	Rochester	00:02	0:45:24	0:44:47	1:30:11	1:30:13
3	156	Alison R Baker	F	F30-34	31	Victor	00:05	0:51:35	0:52:59	1:44:34	1:44:39
4	61	Angela Pullen	F	F30-34	34	Waterloo	00:07	0:58:28	0:58:39	1:57:06	1:57:14
5	26	Monica Everdyke	F	F30-34	30	Clay	00:05	0:58:03	1:03:54	2:01:56	2:02:02
6	14	Kristen Brown	F	F30-34	34	Rochester	00:13	1:00:12	1:04:49	2:05:01	2:05:15
7	136	Christine E Stevens	F	F30-34	32	Newark	00:12	1:05:29	1:05:12	2:10:41	2:10:54
8	223	Sarah White	F	F30-34	34	Rochester	00:14	1:04:30	1:06:30	2:11:00	2:11:14
9	199	Margaux Judge	F	F30-34	34	Syracuse	00:14	1:04:37	1:11:32	2:16:09	2:16:24
10	64	Laura Rendano	F	F30-34	34	Geneva	00:14	1:10:35	1:13:26	2:24:01	2:24:15

F35-39

1	239	Christina M Chavez	F	M35-39	38	Canandaigua	00:16	0:54:47	0:54:07	1:48:54	1:49:09
2	216	Jennifer L Fosegan	F	F35-39	37	Fairport	00:12	0:54:08	0:56:26	1:50:34	1:50:46
3	20	Erin DeGroff	F	F35-39	39	Warsaw	00:04	0:54:56	0:56:55	1:51:52	1:51:55
4	34	Amy Hibbard	F	F35-39	36	Geneva	00:11	0:56:41	0:57:30	1:54:11	1:54:22
5	204	Gina M Morrison	F	F35-39	39	Webster	00:08	0:57:54	0:56:29	1:54:24	1:54:31
6	192	Nicole M Green	F	F35-39	36	Lancaster	00:07	0:56:40	1:00:37	1:57:18	1:57:25
7	229	Roberta J Greco	F	F35-39	35	Canandaigua	00:08	0:57:32	1:01:40	1:59:12	1:59:20
8	100	Amy C Emens	F	F35-39	36	Rochester	00:11	0:58:45	1:00:34	1:59:19	1:59:31
9	63	Tamara Owen	F	F35-39	38	Clifton Springs	00:15	0:59:47	0:59:54	1:59:40	1:59:55
10	111	Jennifer Klehr	F	F35-39	35	Webster	00:13	1:01:59	1:06:30	2:08:29	2:08:43
11	43	Laurie Lane	F	F35-39	36	Rochester	00:09	1:06:04	1:10:19	2:16:23	2:16:32
12	37	Patricia Indelicato	F	F35-39	39	Auburn	00:14	1:05:50	1:11:51	2:17:41	2:17:55
13	78	Melanie Snay	F	F35-39	39	Delanson	00:08	1:09:29	1:17:25	2:26:55	2:27:03
14	152	Janine R DeBolt	F	F35-39	36	Geneva	00:14	1:07:00	1:22:26	2:29:26	2:29:40

F40-44

1	126	Anne Esposito	F	F40-44	43	Rochester	00:13	0:55:02	0:54:43	1:49:45	1:49:59
2	67	Kristine Rodriguez	F	F40-44	40	Fairport	00:12	0:56:40	0:59:02	1:55:42	1:55:54
3	46	Julie Leonard	F	F40-44	42	Canandaigua	00:08	0:57:32	0:59:43	1:57:15	1:57:23
4	23	Tammy DeWolf	F	F40-44	40	Phelps	00:08	0:57:32	0:59:44	1:57:16	1:57:24
5	110	Kyra Mancine	F	F40-44	43	W. Henrietta	00:03	1:01:07	1:01:30	2:02:37	2:02:40
6	80	Sharmene Syversen	F	F40-44	40	Brockport	00:06	1:00:04	1:04:56	2:05:00	2:05:06
7	72	Dana Rusnak	F	F40-44	41	Rochester	00:06	1:05:38	1:06:14	2:11:52	2:11:58
8	44	Molly LaPrade	F	F40-44	41	Seneca Falls	00:16	1:07:49	1:12:13	2:20:02	2:20:18

F45-49

1	108	Anna Fox	F	F45-49	49	Palmyra	00:03	0:44:23	0:45:09	1:29:32	1:29:35
2	6	Patricia Albert	F	F45-49	46	Phelps	00:02	0:47:14	0:46:13	1:33:27	1:33:29
3	29	Diane Frost	F	F45-49	46	Newfane	00:03	0:46:37	0:46:50	1:33:27	1:33:30
4	151	Carol Bischoff	F	F45-49	46	Macedon	00:04	0:47:19	0:48:50	1:36:09	1:36:12
5	146	Pam C Johnson	F	F45-49	48	Canandaigua	00:06	0:54:59	0:51:14	1:46:12	1:46:19
6	49	Donna Loeb	F	F45-49	49	Geneva	00:10	0:56:41	0:57:30	1:54:12	1:54:22

7	188 Pam Nudd	F	F45-49	49 Greece	00:02	0:58:29	0:59:09	1:57:39	1:57:41
8	184 Terri VanBrooker	F	F45-49	48 Canandaigua	00:09	1:04:40	1:08:18	2:12:58	2:13:06
9	119 Lori Morgan	F	F45-49	48 Farmington	00:19	1:11:30	1:20:59	2:32:28	2:32:47

F50-54

1	137 Lisa Hill	F	F50-54	51 East Syracuse	00:05	0:48:14	0:51:10	1:39:24	1:39:29
2	94 Darlene Saeva	F	F50-54	51 Rochester	00:02	0:49:32	0:50:53	1:40:26	1:40:28
3	65 Martha Robert	F	F50-54	53 Penn Yan	00:04	0:53:30	0:54:11	1:47:41	1:47:45
4	179 Rebbeca A Andrus	F	F50-54	50 Canandaigua	00:09	0:54:39	0:53:56	1:48:36	1:48:44
5	194 Susan Delvin	F	F50-54	50 Orchard Park	00:07	0:55:30	0:55:54	1:51:24	1:51:31
6	76 Susan M Sheffer	F	F50-54	54 Geneva	00:11	0:59:20	0:58:14	1:57:33	1:57:44
7	169 Chris A Pashley	F	F50-54	53 Geneva	00:11	1:05:51	1:06:45	2:12:35	2:12:46

F55-59

1	148 Therese Christo	F	F55-59	56 Hilton	00:05	0:48:31	0:47:39	1:36:10	1:36:15
2	53 Valerie Myntti	F	F55-59	59 Rochester	00:07	1:02:05	1:01:52	2:03:57	2:04:03
3	25 Patricia Edwards-Hobbs	F	F55-59	59 Clifton Springs	00:10	1:15:32	1:27:17	2:42:50	2:42:59

M19UNDER

1	211 Brandon A Cowles	M	M19UNDER	17 Newark	00:01	0:36:27	0:37:09	1:13:36	1:13:37
2	215 Ethan M Dinon	M	M19UNDER	18 Geneva	00:01	0:37:06	0:37:50	1:14:56	1:14:57
3	12 Zachary Borden	M	M19UNDER	19 Rochester	00:01	0:38:32	0:40:56	1:19:27	1:19:28
4	133 Travis M Gregorio	M	M19UNDER	18 Clifton Springs	00:05	0:44:03	0:43:56	1:27:59	1:28:04
5	219 Jeremy D Hassett	M	M19UNDER	16 Newark	00:05	0:45:31	0:42:58	1:28:29	1:28:35
6	232 Mark R Fuhry	M	M19UNDER	19 Ovid	00:03	0:44:31	0:47:03	1:31:34	1:31:38
7	185 Brad D. Murray	M	M19UNDER	18 Nefane	00:03	0:46:28	0:45:52	1:32:19	1:32:23
8	122 Dustin Stiles	M	M19UNDER	18 Clyde	00:02	0:46:15	0:56:39	1:42:54	1:42:56
9	31 Matt Haintz	M	M19UNDER	19 Phelps	00:09	0:54:14	0:56:52	1:51:07	1:51:16
10	33 Garrett Heusler	M	M19UNDER	18 Phelps	00:09	0:54:15	1:01:38	1:55:53	1:56:02
11	132 Anthony J DiMarisno III	M	M19UNDER	15 Clifton Springs	00:09	0:55:14	1:03:35	1:58:49	1:58:58
12	222 Benjamin D Baker	M	M19UNDER	16 Phelps	00:12	1:16:30	1:28:05	2:44:35	2:44:47

M20-24

1	200 Michael C Kurvach	M	M20-24	20 Victor	00:01	0:36:13	0:35:19	1:11:32	1:11:32
2	174 Aaron Hoven	M	M20-24	20 Clifton Springs	00:02	0:39:08	0:37:35	1:16:43	1:16:45
3	85 Anthony Wind	M	M20-24	22 Rochester	00:03	0:39:07	0:37:41	1:16:48	1:16:51
4	233 Brian D. Macpherson	M	M20-24	22 Rochester	00:02	0:39:48	0:40:45	1:20:33	1:20:35
5	225 Patrick L Hilyer	M	M20-24	20 Lyons	00:02	0:43:00	0:48:01	1:31:02	1:31:03
6	197 Victor Kucheror	M	M20-24	22 Rochester	00:05	0:46:08	0:46:40	1:32:49	1:32:53
7	175 Morgen Hoven	M	M20-24	22 Clifton Springs	00:05	0:54:18	0:50:26	1:44:44	1:44:49
8	206 Noah M Austin	M	M20-24	22 Canandaigua	00:09	0:53:07	1:05:22	1:58:29	1:58:38
9	217 Kyle S Nemecek	M	M20-24	22 Canandaigua	00:09	0:53:07	1:05:22	1:58:29	1:58:38
10	207 Andy Corino	M	M20-24	22 Rushville	00:09	0:57:41	1:16:08	2:13:49	2:13:59

11	159 Daniel T Bourgeois	M	M20-24	24		00:06	1:04:38	1:32:29	2:37:07	2:37:13
M25-29										
1	96 Josh Fox	M	M25-29	25	Shortsville	00:01	0:39:04	0:41:57	1:21:00	1:21:02
2	191 Adam Insalaco	M	M25-29	29	Irondequout	00:01	0:42:04	0:42:52	1:24:55	1:24:56
3	182 Charley Plummer	M	M25-29	26	Rochester	00:01	0:42:04	0:43:20	1:25:25	1:25:26
4	112 Andy Frank	M	M25-29	26	Rochester	00:06	0:42:40	0:43:17	1:25:57	1:26:03
5	198 Jason T Hilberer	M	M25-29	29	Geneva	00:01	0:48:14	0:52:09	1:40:23	1:40:24
6	129 Daniel A Sanford	M	M25-29	26	Bloomfield	00:11	0:52:16	0:49:29	1:41:45	1:41:56
7	135 Mathew R Mullard	M	M25-29	25	Clifton Springs	00:04	0:57:12	0:54:28	1:51:41	1:51:45
8	120 CJ Llyod	M	M25-29	26	Lima	00:16	1:00:00	0:57:15	1:57:15	1:57:32
9	124 Christopher J Douglass	M	M25-29	29	Rochester	00:09	0:57:33	1:01:08	1:58:41	1:58:50
10	168 Zachary J Johnson	M	M25-29	25	Palmyra	00:06	0:54:55	1:03:59	1:58:54	1:59:00
11	117 Jeffrey Kowalski	M	M25-29	25	Clifton Springs	00:15	1:00:31	0:58:17	1:58:48	1:59:03
12	164 Brandon A Taylor	M	M25-29	25	Phelps	00:06	1:04:39	1:32:29	2:37:08	2:37:14
M30-34										
1	103 Michael E Leshner	M	M30-34	33	Fairport	00:01	0:38:43	0:39:08	1:17:51	1:17:51
2	190 David Presby	M	M30-34	33	Fairport	00:02	0:42:02	0:43:08	1:25:10	1:25:12
3	180 Gregory T Baker	M	M30-34	33	Geneva	00:23	0:46:28	0:47:26	1:33:54	1:34:17
4	79 Robert Stroup	M	M30-34	34	Honeoye Falls	00:03	0:50:21	0:50:14	1:40:35	1:40:38
5	238 Alvin B Aldrich	M	M30-34	34	Geneva	00:11	0:53:14	0:50:08	1:43:22	1:43:32
6	149 Alexis D Haynes	M	M30-34	31	Newark	00:09	0:56:42	0:55:09	1:51:51	1:52:00
7	16 Michael Burns	M	M30-34	33	Rochester	00:11	0:55:58	0:57:18	1:53:16	1:53:27
8	121 Ryan Snyder	M	M30-34	32	Fairport	00:10	0:57:06	1:01:45	1:58:51	1:59:00
9	116 Edward Krenzer	M	M30-34	34	Phelps	00:13	1:01:21	1:11:17	2:12:38	2:12:51
10	237 Alex Tong	M	M30-34	32		00:15	1:06:02	1:10:08	2:16:10	2:16:24
M35-39										
1	181 Thomas M Regan	M	M35-39	36	Marlborough, CT	00:01	0:38:54	0:37:57	1:16:51	1:16:52
2	157 John Salvador	M	M35-39	39	Penfield	00:03	0:43:09	0:43:37	1:26:46	1:26:49
3	218 Joe Williams	M	M35-39	37	Rochester	00:02	0:42:59	0:43:58	1:26:57	1:26:59
4	150 Michael P Teixeira	M	M35-39	39	Rochester	00:03	0:44:30	0:45:00	1:29:30	1:29:33
5	90 Nozaki Yoahihieo	M	M35-39	35	Rochester	00:04	0:45:29	0:45:55	1:31:23	1:31:27
6	68 Michael Roman	M	M35-39	37	Pittsford	00:08	0:47:41	0:47:34	1:35:15	1:35:23
7	56 Ted Pembroke	M	M35-39	37	Phelps	00:03	0:48:21	0:47:45	1:36:06	1:36:10
8	203 Bruce E Hedlund	M	M35-39	37	Webster	00:07	0:48:52	0:47:59	1:36:50	1:36:58
9	106 Dennis J Breneman	M	M35-39	35	Rochester	00:04	0:48:20	0:53:39	1:41:59	1:42:02
10	143 Daniel L Jarecke	M	M35-39	37	Canandaigua	00:11	0:53:14	0:50:10	1:43:23	1:43:34
11	171 Rich Angell	M	M35-39	36	Rochester	00:13	0:52:24	0:52:34	1:44:58	1:45:11
12	231 Charles L Waterman	M	M35-39	35	Rochester	00:12	0:56:12	0:54:59	1:51:10	1:51:22
13	209 Jason Conklin	M	M35-39	35	Henrietta	00:11	0:55:59	0:57:36	1:53:35	1:53:46
14	130 Jamie D McCarrick	M	M35-39	37	Liverpool	00:04	0:56:12	1:00:56	1:57:07	1:57:12

15	57 Jason Peterson	M	M35-39	36 Rochester	00:08	0:59:46	1:06:54	2:06:40	2:06:48
16	125 David M Farrands	M	M35-39	37 Rochester	00:13	1:05:29	1:05:13	2:10:42	2:10:54

M40-44

1	54 Gregory Nowakowski	M	M40-44	42 Rochester	00:01	0:40:57	0:41:03	1:22:00	1:22:01
2	128 Chris Boshnack	M	M40-44	44 Rochester	00:03	0:42:48	0:41:55	1:24:43	1:24:46
3	163 Tim M Ciancione	M	M40-44	44 Rochester	00:03	0:43:38	0:43:45	1:27:23	1:27:26
4	165 Mike Berardi	M	M40-44	41 Wellsville	00:05	0:44:30	0:45:14	1:29:44	1:29:49
5	47 Steven Levitsky	M	M40-44	43 Rochester	00:04	0:45:30	0:46:25	1:31:55	1:31:59
6	84 Andre Vitale	M	M40-44	41 Rochester	00:10	0:47:03	0:48:28	1:35:32	1:35:42
7	187 Sean Bennett	M	M40-44	41 Canandaigua	00:04	0:49:42	0:49:12	1:38:54	1:38:57
8	50 Mark Lortscher	M	M40-44	41 Fairport	00:08	0:53:43	0:48:47	1:42:31	1:42:39
9	221 Scott DeGroff	M	M40-44	40 Warsaw	00:04	0:54:15	0:56:26	1:50:41	1:50:45
10	226 Timothy Seiler	M	M40-44	42 St. Louis, MO	00:05	0:53:27	0:58:33	1:52:00	1:52:04
11	97 Brien Lang	M	M40-44	43 Cranston	00:12	0:53:22	1:00:18	1:53:40	1:53:52
12	230 Ed Daubert	M	M40-44	43 Spencerport	00:07	1:00:24	0:59:43	2:00:07	2:00:14
13	104 James F Ellwanger	M	M40-44	43 Rochester	00:02	0:59:12	1:05:50	2:05:02	2:05:04
14	24 Roman Divezur	M	M40-44	44 Rochester	00:12	1:05:52	1:06:22	2:12:14	2:12:26

M45-49

1	82 Ted Thull	M	M45-49	49 Macedon	00:01	0:38:58	0:39:21	1:18:19	1:18:20
2	109 Mike Nier	M	M45-49	45 Rochester	00:01	0:39:00	0:40:12	1:19:12	1:19:13
3	193 Herman K Pohl	M	M45-49	47 Buffalo	00:02	0:41:10	0:41:09	1:22:19	1:22:20
4	186 Brian D. Murray	M	M45-49	47 Newfane	00:01	0:41:01	0:42:43	1:23:44	1:23:45
5	45 Peter Lautenslager	M	M45-49	49 Victor	00:01	0:43:53	0:42:47	1:26:40	1:26:41
6	234 Mathew C Ward	M	M45-49	46 Canandaigua	00:07	0:44:31	0:43:28	1:28:00	1:28:07
7	17 Steve Chaffee	M	M45-49	46 Scio	00:04	0:44:53	0:43:44	1:28:37	1:28:41
8	92 Douglas J Prindle	M	M45-49	49 Fairport	00:01	0:43:59	0:45:30	1:29:29	1:29:31
9	123 Sean S Carnahan	M	M45-49	46 Rochester	00:03	0:45:33	0:45:27	1:31:01	1:31:03
10	89 Benjamin Yagoda	M	M45-49	48 Rochester	00:04	0:46:07	0:46:01	1:32:08	1:32:12
11	158 John T Ryan	M	M45-49	47 Victor	00:09	0:48:25	0:49:03	1:37:27	1:37:36
12	139 Thomas P Hanson	M	M45-49	46 San Antonio, TX	00:02	0:48:51	0:51:35	1:40:25	1:40:27
13	75 Thomas Schweizer	M	M45-49	49 Clifton Springs	00:05	0:50:05	0:50:41	1:40:46	1:40:51
14	18 Andrew Ciaio	M	M45-49	45 Victor	00:07	0:52:01	0:50:05	1:42:06	1:42:13
15	155 Jim L Fultz	M	M45-49	46 Dundee	00:08	0:49:15	0:54:14	1:43:29	1:43:37
16	195 Chris Washburn	M	M45-49	48 Newark	00:04	0:51:30	0:53:10	1:44:39	1:44:43
17	144 Tom Gibson	M	M45-49	48 Canandaigua	00:06	0:53:38	0:52:15	1:45:53	1:45:59
18	71 John Rotoli	M	M45-49	48 Fairport	00:08	0:53:55	0:54:14	1:48:09	1:48:17
19	176 Robert C. Hine III	M	M45-49	46 Bloomfield	00:13	0:54:13	0:54:34	1:48:47	1:48:59
20	101 Sean B Hendrick	M	M45-49	48 Rochester	00:06	0:56:41	0:56:42	1:53:23	1:53:29
21	51 Ed Martin	M	M45-49	46 Victor	00:12	0:56:56	0:56:48	1:53:44	1:53:55
22	88 Steve Woodley	M	M45-49	49 Ontario	00:17	1:01:22	1:02:38	2:04:00	2:04:18
23	173 Bob Romero	M	M45-49	47 Victor	00:13	1:01:15	1:03:37	2:04:51	2:05:04

24	202 Rick J Doe	M	M45-49	46 Perinton	00:11	1:02:17	1:12:55	2:15:11	2:15:22
25	118 Robert Case	M	M45-49	48 Farmington	00:17	1:23:10	1:23:16	2:46:25	2:46:43

M50-54

1	131 Tony Machulskis	M	M50-54	50 Rochester	00:01	0:40:52	0:40:45	1:21:37	1:21:39
2	189 Henry R Peck	M	M50-54	53 Lutherville	00:04	0:43:30	0:42:08	1:25:38	1:25:42
3	11 Stehen Blanchard	M	M50-54	50 Geneva	00:06	0:42:53	0:44:13	1:27:05	1:27:12
4	36 John Hultz	M	M50-54	51 Pittsford	00:06	0:45:20	0:44:47	1:30:07	1:30:13
5	70 Gregory Rosser	M	M50-54	53 Fairport	00:01	0:44:53	0:45:39	1:30:33	1:30:34
6	30 Robert Haas	M	M50-54	50 Red Creek	00:03	0:46:23	0:46:27	1:32:50	1:32:53
7	160 Dick Moriarty	M	M50-54	53 Churchville	00:08	0:45:31	0:47:15	1:32:46	1:32:54
8	87 Mark Woodhams	M	M50-54	53 East Rochester	00:03	0:47:39	0:45:57	1:33:36	1:33:39
9	28 George Fawcett	M	M50-54	50 Rochester	00:03	0:45:28	0:48:32	1:34:00	1:34:03
10	134 Tom J Jerris	M	M50-54	52 Livonia	00:06	0:46:02	0:48:42	1:34:45	1:34:50
11	81 Lawrence Taylor	M	M50-54	53 Fairport	00:04	0:47:12	0:47:43	1:34:55	1:34:59
12	7 Wilton D. Alston	M	M50-54	51 Rochester	00:05	0:48:31	0:46:35	1:35:07	1:35:11
13	170 Chuck DePoint	M	M50-54	54 Palmyra	00:03	0:48:15	0:47:57	1:36:12	1:36:15
14	98 John Benson	M	M50-54	51 Rochester	00:09	0:48:18	0:49:18	1:37:36	1:37:45
15	22 Douglas DeWeaver	M	M50-54	52 Rochester	00:06	0:49:34	0:49:32	1:39:06	1:39:12
16	52 Don Mertz	M	M50-54	50 Hampton	00:04	0:50:53	0:49:39	1:40:32	1:40:36
17	115 Michael Viterise	M	M50-54	52 Rochester	00:02	0:49:55	0:51:16	1:41:11	1:41:13
18	236 Leo Pacanowski	M	M50-54	50	00:06	0:51:37	0:52:14	1:43:52	1:43:57
19	93 John B McGowan	M	M50-54	50 Fairport	00:06	0:53:35	0:52:01	1:45:36	1:45:42
20	38 Todd Jackson	M	M50-54	52 Walworth	00:12	0:55:09	0:52:05	1:47:14	1:47:26
21	32 Shawn Halquist	M	M50-54	50 Brockport	00:10	0:54:58	0:54:47	1:49:45	1:49:55
22	214 Mark Cutcliffe	M	M50-54	51 Pavilion	00:07	0:53:35	0:57:44	1:51:19	1:51:26
23	41 James Kennedy	M	M50-54	54 Geneva	00:09	0:53:24	0:58:23	1:51:46	1:51:56
24	40 Michael Keefer	M	M50-54	54 Rochester	00:07	0:56:23	0:58:15	1:54:38	1:54:45
25	167 Keio Rowe	M	M50-54	51 Newark	00:13	0:57:57	0:57:35	1:55:32	1:55:45
26	73 Michael Rusnak	M	M50-54	54 Rochester	00:06	1:01:35	0:57:33	1:59:09	1:59:14
27	114 Alan Knauf	M	M50-54	54 Rochester	00:09	1:00:50	1:04:08	2:04:58	2:05:07

M55-59

1	74 Mark Rybinski	M	M55-59	55 Manlius	00:01	0:42:17	0:39:11	1:21:29	1:21:30
2	60 Wally Powers	M	M55-59	59 Spencer	00:03	0:46:51	0:46:41	1:33:32	1:33:35
3	161 Paul Fiduccia	M	M55-59	55 Walworth	00:04	0:47:19	0:48:51	1:36:10	1:36:13
4	91 John Yunker	M	M55-59	57 Wayland	00:03	0:48:49	0:48:16	1:37:06	1:37:08
5	154 Bill Clauss	M	M55-59	59 Williamson	00:10	0:49:37	0:49:02	1:38:39	1:38:49
6	224 Michael F Cavanaugh	M	M55-59	55 Webster	00:10	0:49:57	0:49:44	1:39:42	1:39:51
7	140 Jim Kerr	M	M55-59	56 Canandaigua	00:07	0:52:03	0:50:39	1:42:42	1:42:49
8	9 Bill Beyerbach	M	M55-59	55 Rochester	00:05	0:51:08	0:53:13	1:44:22	1:44:27
9	147 Greg Christo	M	M55-59	56 Hilton	00:10	0:53:00	0:52:07	1:45:07	1:45:17
10	69 David Ross	M	M55-59	58 Rochester	00:12	0:54:10	0:53:41	1:47:50	1:48:02

11	39 Jack Kasperski	M	M55-59	59 Fairport	00:06	0:54:31	0:54:28	1:48:59	1:49:05
12	99 Craig Litt	M	M55-59	56 Ontario	00:08	0:54:35	0:54:37	1:49:12	1:49:20
13	166 Steve Leo	M	M55-59	55 Lyons	00:10	0:55:38	0:54:11	1:49:49	1:49:59
14	105 David A Brongo	M	M55-59	58 Geneseo	00:12	0:57:24	0:56:12	1:53:36	1:53:48
15	58 Don Phillips	M	M55-59	56 Phelps	00:15	0:58:45	0:56:19	1:55:03	1:55:18
16	77 Michael Shortley	M	M55-59	56 Fairport	00:06	0:57:11	0:59:21	1:56:32	1:56:38
17	10 Graham Biddle	M	M55-59	55 Ontario	00:07	0:58:57	1:03:20	2:02:17	2:02:24
18	172 Mark Herry	M	M55-59	56 Clifton Springs	00:17	1:06:09	1:08:16	2:14:25	2:14:42
19	59 John Phillips	M	M55-59	58 Newark	00:23	1:04:28	1:11:33	2:16:02	2:16:24
20	2 David Dilgard	M	M55-59	55 Penfield	00:00	1:17:54	1:15:50	2:33:44	2:33:44
M60-64									
1	162 Thomas J Lamme	M	M60-64	63 Penfield			1:26:38	1:26:38	1:26:38
2	177 Tom F Mulligan	M	M60-64	60 Naples	00:07	0:49:19	0:49:18	1:38:37	1:38:44
3	83 John Turner	M	M60-64	60 Baldwinsville	00:06	0:49:35	0:49:57	1:39:32	1:39:38
4	145 Rich L Erb	M	M60-64	62 Rushville	00:07	0:54:58	0:51:14	1:46:12	1:46:19
5	220 Dave Weiss	M	M60-64	61 Corning	00:08	0:53:02	0:53:41	1:46:43	1:46:52
6	208 Bill C McGuire	M	M60-64	61 Scottsville	00:11	0:54:54	0:53:52	1:48:46	1:48:57
7	142 Edwin Blance	M	M60-64	62 Canandaigua	00:11	0:59:58	0:58:41	1:58:39	1:58:50
8	27 Thomas Fagan	M	M60-64	61 Liverpool	00:07	1:18:13	1:31:23	2:49:36	2:49:43
9	5 William Murphy	M	M60-64	61 Rochester	00:00	1:25:43	1:31:57	2:57:39	2:57:39
M65-69									
1	153 Jo Bunkenburg	M	M65-69	68 Victor	00:12	0:55:07	0:51:52	1:46:59	1:47:11
2	86 Peter Winkler	M	M65-69	65 Manlius	00:11	0:56:31	0:59:02	1:55:34	1:55:45
M70-74									
1	13 Bruce Boyle	M	M70-74	70 Richardson	00:10	0:56:16	0:54:31	1:50:47	1:50:57
M80OVER									
1	3 Marvin Eisenstein	M	M80OVER	81 Rochester	00:00	1:29:03	1:36:15	3:05:18	3:05:18
No Age									
1	235 Todd J Everson	M	No Age	Clifton Springs	00:15	1:00:32	0:59:43	2:00:14	2:00:29