

Skate of the Union Half Marathon
Sunday, September 11th, 2011 - Chantilly, VA
Timed by YellowJacket Racing
34 Total Finishers (10 Female, 14 Male)

Pos	Bib	Fullname	Class	Lap1Tm	Lap2Tm	Lap3Tm	Lap4Tm	Lap5Tm	Lap6Tm	Lap7Tm
F Adv Grand Veteran 55+										
	1	232 Julie Watson	F Adv Grand Veteran 55+	0:04:03.391	0:03:49.413	0:03:53.289	0:03:55.099	0:03:49.744	0:03:58.489	0:03:57.548
	2	228 Carol Patch	F Adv Grand Veteran 55+	0:04:05.319	0:04:37.614	0:04:53.405	0:05:05.681	0:05:05.927	0:05:08.386	0:05:19.582
	3	212 Pam Parmer	F Adv Grand Veteran 55+	0:05:53.602	0:05:15.051	0:05:29.119	0:06:03.405	0:05:52.360	0:06:23.088	0:06:32.502
F Adv Master 35+										
	1	201 Renee Coffman	F Adv Master 35+	0:04:03.900	0:03:49.183	0:03:52.634	0:03:54.874	0:03:49.016	0:03:58.984	0:04:04.702
	2	221 Alex Magdalena Wolosz	F Adv Master 35+	0:04:04.959	0:03:49.652	0:03:52.590	0:03:55.176	0:03:49.050	0:03:58.412	0:04:03.295
F Adv Senior 17+										
	1	204 sofija Cuk	F Adv Senior 17+	0:03:53.042	0:04:07.838	0:04:39.305	0:04:22.979	0:04:21.938	0:04:26.902	0:04:20.629
	2	208 Elana Horowitz	F Adv Senior 17+	0:04:10.284	0:04:39.563	0:04:43.311	0:04:44.246	0:04:30.352	0:04:24.701	0:04:33.614
	3	236 Sabina Skulska	F Adv Senior 17+	0:04:12.245	0:04:40.438	0:04:55.747	0:05:12.797	0:05:02.402	0:05:06.411	0:05:28.100
F Adv Veteran 45+										
	1	224 Debbie Lumbar	F Adv Veteran 45+	0:04:03.722	0:03:49.919	0:03:52.619	0:03:52.886	0:03:51.584	0:03:58.421	0:04:00.390
	2	226 Jane Wadsworth	F Adv Veteran 45+	0:04:07.995	0:04:10.154	0:04:28.573	0:04:33.301	0:04:40.065	0:04:38.949	0:04:38.730
M Adv Freshman 10-12										
	1	223 Matthew Stoecker	M Adv Freshman 10-12	0:03:29.987	0:03:58.061	0:04:02.417	0:04:12.736	0:03:48.784	0:03:58.083	0:03:56.819
M Adv Grand Veteran 55+										
	1	227 Howard Bernett	M Adv Grand Veteran 55+	0:04:04.030	0:03:49.733	0:03:52.651	0:03:52.877	0:03:50.641	0:03:57.367	0:04:06.667
	2	207 Ralph Saxman	M Adv Grand Veteran 55+	0:04:05.214	0:03:49.689	0:03:52.520	0:03:53.540	0:03:49.253	0:03:58.240	0:04:09.425
	3	214 James Koo	M Adv Grand Veteran 55+	0:03:53.059	0:04:04.492	0:04:39.094	0:04:37.864	0:04:45.714	0:04:42.955	0:04:59.980
	4	202 Robert Cates	M Adv Grand Veteran 55+	0:04:03.557	0:03:49.938	0:04:36.063	0:04:34.090	0:04:56.228	0:04:40.757	0:05:01.782
	5	213 Ron Stevenson	M Adv Grand Veteran 55+	0:05:00.055	0:04:58.637	0:05:08.924	0:05:18.436	0:05:26.728	0:05:22.761	0:05:27.680

M Adv Junior 13-16

1	209	Cameron Hupp	M Adv Junior 13-16	0:03:39.894	0:03:58.176	0:03:54.570	0:04:10.857	0:03:48.649	0:03:58.126	0:03:56.869
2	210	Daniel Ostrow	M Adv Junior 13-16	0:04:08.713	0:04:44.998	0:05:20.159	0:05:35.272	0:05:51.384	0:05:53.672	0:05:58.699

M Adv Master 35+

1	229	Keith Schreffler	M Adv Master 35+	0:03:52.606	0:03:59.734	0:03:53.267	0:03:54.774	0:03:51.379	0:03:58.615	0:04:01.903
2	230	Rodney Henderson	M Adv Master 35+	0:03:52.821	0:04:03.964	0:03:51.647	0:04:49.935	0:04:46.515	0:04:45.946	0:04:54.128
3	225	Paul DeCecco	M Adv Master 35+	0:05:05.133	0:05:04.585	0:05:06.723	0:05:13.882	0:05:22.039	0:05:23.275	0:05:26.170
4	219	Paul Shiles	M Adv Master 35+	0:05:19.036	0:05:45.927	0:05:32.972	0:06:02.688	0:05:52.847	0:06:23.166	0:06:34.190

M Adv Senior 17+

1	238	Tim Sessler	M Adv Senior 17+	0:03:32.277	0:03:50.914	0:04:07.088	0:04:11.380	0:03:49.500	0:03:58.463	0:03:57.655
2	222	Chris Myers	M Adv Senior 17+	0:04:06.206	0:04:11.067	0:04:30.863	0:04:41.202	0:04:38.871	0:04:36.878	0:04:38.552
3	216	Eyab Halabi	M Adv Senior 17+	0:03:53.276	0:04:07.297	0:04:39.854	0:04:38.796	0:04:40.248	0:04:39.198	0:04:44.526

M Adv Veteran 45+

1	217	Eddo Postma	M Adv Veteran 45+	0:03:24.771	0:03:39.276	0:03:48.403	0:03:59.721	0:04:03.850	0:04:03.112	0:03:56.384
2	231	Jeff Fassa	M Adv Veteran 45+	0:04:03.186	0:03:49.504	0:03:54.338	0:03:54.386	0:03:50.412	0:03:58.797	0:04:02.952
3	211	Marc Ostrow	M Adv Veteran 45+	0:04:04.788	0:03:49.572	0:03:52.560	0:03:53.762	0:03:49.090	0:03:57.318	0:04:06.668
4	234	Larry Williamson	M Adv Veteran 45+	0:04:03.070	0:03:49.861	0:03:52.510	0:03:57.366	0:03:50.123	0:04:15.419	0:04:48.746
5	220	John Starke	M Adv Veteran 45+	0:04:06.370	0:03:49.580	0:04:40.382	0:04:26.666	0:04:25.130	0:05:11.614	0:05:02.872

M Pro Grand Veteran 55+

1	235	Stephen Gunther	M Pro Grand Veteran 55+	0:03:52.524	0:04:02.689	0:03:52.532	0:03:54.634	0:03:50.028	0:03:58.543	0:04:32.869
---	-----	-----------------	-------------------------	-------------	-------------	-------------	-------------	-------------	-------------	-------------

M Pro Master 35+

1	218	Marc Fly	M Pro Master 35+	0:03:23.687	0:03:39.982	0:03:57.634	0:04:09.169	0:04:09.624	0:04:02.255	0:04:07.068
---	-----	----------	------------------	-------------	-------------	-------------	-------------	-------------	-------------	-------------

M Pro Senior 17+

1	237	Kent Guulicks	M Pro Senior 17+	0:03:17.784	0:03:03.587	0:03:06.441	0:03:06.087	0:03:26.880	0:03:09.479	0:03:06.820
---	-----	---------------	------------------	-------------	-------------	-------------	-------------	-------------	-------------	-------------

M Rec Master 35+

1	233	Emmanuel Sagoe	M Rec Master 35+	0:05:52.814	0:06:02.616	0:06:29.582	0:07:02.393	0:07:14.058	0:07:51.553	0:08:02.998
---	-----	----------------	------------------	-------------	-------------	-------------	-------------	-------------	-------------	-------------

F Adv Veteran 45+

DNF 203 Veronica Cates

F Adv Veteran 45+

0:05:44.546 0:05:33.016 0:05:54.470 0:06:10.122 0:06:16.192 0:06:39.984 0:06:33.766

DNF 206 Carla Gregor

F Adv Veteran 45+

0:05:58.080 0:05:48.897 0:06:06.148 0:06:15.181 0:06:30.840 0:06:32.934 0:06:37.017

Skate of the Union Half Marathon
Sunday, September 11th, 2011 - Chantilly, VA
Timed by YellowJacket Racing
34 Total Finishers (10 Female, 14 Male)

Pos	Bib	Fullname	Class	Lap8Tm	Lap9Tm	Lap10Tm	Lap11Tm	Lap12Tm	TotalTm
F Adv Grand Veteran 55+									
1	232	Julie Watson	F Adv Grand Veteran 55+	0:04:07.781	0:04:03.228	0:04:02.877	0:04:03.261	0:03:57.652	0:47:41.772
2	228	Carol Patch	F Adv Grand Veteran 55+	0:05:21.568	0:04:54.198	0:05:03.543	0:05:06.294	0:05:15.362	0:59:56.879
3	212	Pam Parmer	F Adv Grand Veteran 55+	0:06:44.486	0:06:35.546	0:06:36.157	0:06:39.894	0:05:42.283	1:13:47.493
F Adv Master 35+									
1	201	Renee Coffman	F Adv Master 35+	0:04:01.132	0:04:03.314	0:04:03.005	0:04:02.895	0:03:54.527	0:47:38.166
2	221	Alex Magdalena Wolosz	F Adv Master 35+	0:04:01.884	0:04:03.252	0:04:01.925	0:04:03.809	0:03:55.857	0:47:39.861
F Adv Senior 17+									
1	204	sofija Cuk	F Adv Senior 17+	0:04:31.284	0:04:50.922	0:04:31.131	0:04:31.658	0:04:09.707	0:52:47.335
2	208	Elana Horowitz	F Adv Senior 17+	0:04:33.094	0:04:42.821	0:04:42.167	0:04:49.745	0:04:42.656	0:55:16.554
3	236	Sabina Skulska	F Adv Senior 17+	0:05:01.522	0:04:52.196	0:05:03.225	0:05:20.308	0:05:18.999	1:00:14.390
F Adv Veteran 45+									
1	224	Debbie Lumbar	F Adv Veteran 45+	0:04:05.674	0:04:03.162	0:04:02.644	0:04:03.617	0:03:54.735	0:47:39.373
2	226	Jane Wadsworth	F Adv Veteran 45+	0:04:21.124	0:04:03.318	0:04:26.263	0:04:32.058	0:04:30.212	0:53:10.742
M Adv Freshman 10-12									
1	223	Matthew Stoecker	M Adv Freshman 10-12	0:04:07.862	0:04:04.177	0:04:02.334	0:03:56.103	0:03:54.980	0:47:32.343
M Adv Grand Veteran 55+									
1	227	Howard Bernett	M Adv Grand Veteran 55+	0:04:00.345	0:04:03.322	0:04:02.893	0:04:03.012	0:03:59.930	0:47:43.468
2	207	Ralph Saxman	M Adv Grand Veteran 55+	0:04:52.209	0:04:48.570	0:04:39.694	0:04:44.122	0:04:29.582	0:51:12.058
3	214	James Koo	M Adv Grand Veteran 55+	0:04:45.136	0:05:02.206	0:04:40.501	0:04:40.663	0:04:41.824	0:55:33.488
4	202	Robert Cates	M Adv Grand Veteran 55+	0:04:45.561	0:05:02.946	0:04:44.950	0:05:21.616	0:05:10.304	0:56:47.792
5	213	Ron Stevenson	M Adv Grand Veteran 55+	0:05:47.758	0:05:59.348	0:06:15.790	0:06:22.931	0:05:52.736	1:07:01.784

M Adv Junior 13-16

1	209	Cameron Hupp	M Adv Junior 13-16	0:04:06.842	0:04:05.179	0:04:02.277	0:03:55.097	0:03:54.039	0:47:30.575
2	210	Daniel Ostrow	M Adv Junior 13-16	0:06:03.168	0:06:16.588	0:06:20.574	0:06:16.187	0:10:37.018	1:13:06.432

M Adv Master 35+

1	229	Keith Schreffler	M Adv Master 35+	0:04:01.520	0:04:04.703	0:04:02.639	0:04:02.678	0:03:54.618	0:47:38.436
2	230	Rodney Henderson	M Adv Master 35+	0:05:08.875	0:05:16.724	0:04:42.711	0:04:45.603	0:04:58.519	0:55:57.388
3	225	Paul DeCecco	M Adv Master 35+	0:05:30.243	0:05:25.586	0:05:38.180	0:05:39.570	0:05:18.128	1:04:13.514
4	219	Paul Shiles	M Adv Master 35+	0:06:41.463	0:06:32.460	0:06:40.604	0:06:39.715	0:04:55.407	1:13:00.475

M Adv Senior 17+

1	238	Tim Sessler	M Adv Senior 17+	0:03:51.926	0:04:08.271	0:04:05.981	0:04:00.626	0:03:49.330	0:47:23.411
2	222	Chris Myers	M Adv Senior 17+	0:04:30.054	0:04:49.059	0:04:54.355	0:04:51.810	0:04:33.010	0:55:01.927
3	216	Eyab Halabi	M Adv Senior 17+	0:05:05.235	0:05:03.470	0:04:41.064	0:04:41.853	0:04:40.430	0:55:35.247

M Adv Veteran 45+

1	217	Eddo Postma	M Adv Veteran 45+	0:03:41.910	0:04:06.377	0:04:18.478	0:04:07.568	0:04:19.151	0:47:29.001
2	231	Jeff Fassa	M Adv Veteran 45+	0:04:00.028	0:04:05.121	0:04:02.941	0:04:01.639	0:03:59.312	0:47:42.616
3	211	Marc Ostrow	M Adv Veteran 45+	0:04:00.246	0:04:03.366	0:04:03.005	0:04:03.808	0:03:58.686	0:47:42.869
4	234	Larry Williamson	M Adv Veteran 45+	0:05:03.904	0:06:03.537	0:06:04.070	0:04:55.870	0:05:13.130	0:55:57.606
5	220	John Starke	M Adv Veteran 45+	0:05:21.071	0:05:47.785	0:05:29.875	0:05:38.185	0:04:56.415	0:58:55.945

M Pro Grand Veteran 55+

1	235	Stephen Gunther	M Pro Grand Veteran 55+	0:04:50.524	0:04:57.468	0:04:59.390	0:04:47.240	0:04:57.591	0:52:36.032
---	-----	-----------------	-------------------------	-------------	-------------	-------------	-------------	-------------	-------------

M Pro Master 35+

1	218	Marc Fly	M Pro Master 35+	0:04:18.998	0:04:24.275	0:04:34.140	0:04:35.882	0:04:44.528	0:50:07.242
---	-----	----------	------------------	-------------	-------------	-------------	-------------	-------------	-------------

M Pro Senior 17+

1	237	Kent Guulicks	M Pro Senior 17+	0:03:27.201	0:03:26.622	0:03:27.832	0:03:28.001	0:03:16.134	0:39:22.868
---	-----	---------------	------------------	-------------	-------------	-------------	-------------	-------------	-------------

M Rec Master 35+

1	233	Emmanuel Sagoe	M Rec Master 35+	0:08:04.601	0:07:36.852	0:07:53.841	0:07:37.794	0:28:15.640	1:48:04.742
---	-----	----------------	------------------	-------------	-------------	-------------	-------------	-------------	-------------

F Adv Veteran 45+

DNF 203 Veronica Cates

DNF 206 Carla Gregor

F Adv Veteran 45+

F Adv Veteran 45+

0:06:45.092 0:06:51.843 0:06:42.998 0:07:00.780