

Race on the Ridge 5K
Sunday, November 6, 2011 Greece, NY
Timed by YellowJacket Racing
Total Finishers - 163 (Female - 81, Male - 82)

Pos	Bib	Fullname	Gender	Class	Ages	Race	TotalTm
Overall Male	1	272 Mark Andrews	M	Overall Male	41	Rochester	0:15:22
Overall Female	1	294 Rebecca Duberry	F	Overall Female	41	Rochester	0:20:07
Masters Male	1	351 Mike Nier	M	Masters Male	46	Rochester	0:17:01
Masters Female	1	361 Diane Prystajko	F	Masters Female	47	Spencerport	0:22:36
Senior Male	1	295 Tom Dutton	M	Senior Male	65	Livonia	0:20:20
Senior Female	1	318 Karen Huntley-Romanow	F	Senior Female	60	Rochester	0:26:47
Veterans Male	1	414 David Oleary	M	Veterans Male	51	Rochester	0:18:53
Veterans Female	1	330 Karen Kryder	F	Veterans Female	55	Rochester	0:24:46
F10-14	1	326 Alyssa Kalen	F	F10-14	13	Brockport	0:25:34
	2	427 Brooke Stickles	F	F10-14	12	Greece	0:27:28
	3	450 Maura Palmer	F	F10-14	11	Hilton	0:33:07
	4	398 Kayleigh Hight	F	F10-14	11	Middlesex	0:49:14
F15-19	1	332 Erica Leicht	F	F15-19	18	Greece	0:23:53
F20-24	1	341 Renee Martin	F	F20-24	24	Rochester	0:28:34
F25-29	1	367 Elizabeth Sharpe	F	F25-29	27	Rochester	0:25:58
	2	378 Lindon Wilcox	F	F25-29	27	Rochester	0:27:13
	3	288 Courtney D'Angelo	F	F25-29	29	Fredonia	0:30:09
	4	377 Amy VerHulst	F	F25-29	26	Rochester	0:32:40
	5	401 Vanessa Reinhard	F	F25-29	26	Lima	0:49:14
F30-34	1	408 Jennifer Darlak	F	F30-34	33	Rochester	0:23:07
	2	435 Anni Rogers	F	F30-34	32	Rochester	0:29:19
	3	454 Megan Insalaco	F	F30-34	34	Rochester	0:35:55
	4	453 Jenny Mural	F	F30-34	31	Rochester	0:36:22
	5	292 Andrea Dougherty	F	F30-34	33	Rochester	0:38:31
	6	371 Christina Stickney	F	F30-34	30	Rochester	0:41:46

7	286 Margaret Coleman	F	F30-34	31	Rochester	0:45:03
8	405 Carrie Wiechmann	F	F30-34	30	Rochester	0:50:11

F35-39

1	406 Alli Schill	F	F35-39	36	Rochester	0:22:57
2	299 Anna Fitch	F	F35-39	39	Spencerport	0:26:25
3	343 Michelle Maynard	F	F35-39	37	Rochester	0:26:59
4	339 Michelle Malin	F	F35-39	35	Kendall	0:27:06
5	457 Joanne Laudis	F	F35-39	36	Rochester	0:28:22
6	303 Annie Garlock	F	F35-39	35	Rochester	0:28:57
7	390 Susan Litto	F	F35-39	39	Brockport	0:30:08
8	304 Shannon Glassman	F	F35-39	36	Rochester	0:31:25
9	311 Jo Marie Harter	F	F35-39	37	Rochester	0:31:36
10	357 Tina Pellegrin	F	F35-39	37	Rochester	0:38:13
11	393 Michelle Matyjczuk	F	F35-39	37	Rochester	0:49:14

F40-44

1	359 Kristen Prognio	F	F40-44	41	Brockport	0:24:24
2	365 Lori Saunders	F	F40-44	44	Rochester	0:26:01
3	442 Lisa Nowakowski	F	F40-44	40	Rochester	0:26:24
4	389 Elizabeth Illingworth	F	F40-44	42	Churchville	0:27:11
5	356 Erin Papke	F	F40-44	44	Rochester	0:28:19
6	305 Jennifer Goldenberg	F	F40-44	44	Rochester	0:28:25
7	422 Michelle Prinzi	F	F40-44	44	Rochester	0:28:25
8	386 Ellen Brenner - Boutillier	F	F40-44	41	Rochester	0:32:31
9	388 Stefenie King	F	F40-44	42	Rochester	0:34:09
10	328 Teresa Kinnari	F	F40-44	44	Hilton	0:34:10
11	289 Sheila Davis	F	F40-44	43	Greece	0:34:51
12	431 Christine Tascione	F	F40-44	43	Rochester	0:35:44
13	429 Colleen Christopher	F	F40-44	40	Spencerport	0:38:06
14	282 Jill Clark	F	F40-44	44	Kalispell	0:38:08
15	319 Cynthia Ikewood	F	F40-44	42	Fairport	0:38:10
16	439 Renee Burke	F	F40-44	42	Spencerport	0:41:47
17	392 Angel Saraniero	F	F40-44	40	Rochester	0:49:14

F45-49

1	344 Anne McAdam	F	F45-49	49	Rochester	0:25:25
2	358 Suzanne Pollard	F	F45-49	47	Rochester	0:26:27
3	298 Barbara Fisher	F	F45-49	49	Rochester	0:30:54
4	455 Deborah Raymond	F	F45-49	49	Rochester	0:31:08
5	446 Robin Monaghan	F	F45-49	49	Rochester	0:33:01
6	384 Cheryl Budinski	F	F45-49	49	Rochester	0:34:25
7	448 Donna Kaplan	F	F45-49	49	Rochester	0:35:15
8	354 Marion Palumbo	F	F45-49	49	Greece	0:35:52
9	323 Christine Jackson	F	F45-49	49	Rochester	0:43:24
10	312 Debbie Haskins	F	F45-49	45	Rochester	0:49:12
11	403 Janet Williams	F	F45-49	49	Pittsford	0:50:23

F50-54

1	350 Carole Nier	F	F50-54	50	Rochester	0:28:18
2	372 Barbara Sturnick	F	F50-54	54	Rochester	0:28:50
3	425 Susan Konko	F	F50-54	52	Spencerport	0:30:07
4	424 Brenda Herman	F	F50-54	50	Hilton	0:30:31
5	302 Susan Frederick	F	F50-54	53	Rochester	0:31:18
6	383 Catherine Lee	F	F50-54	50	Pittsford	0:31:42

	7	284 Clara Colaruotolo	F	F50-54	50	Rochester	0:41:14
	8	353 Mary O'Neill	F	F50-54	53	Hilton	0:52:24
F55-59							
	1	380 Deborah Williams	F	F55-59	59	Rochester	0:31:41
	2	290 Deborah DeMott	F	F55-59	57	Spencerport	0:33:20
	3	347 Beth Metzger	F	F55-59	56	Hilton	0:34:27
	4	278 Janice Butler	F	F55-59	58	Spencerport	0:37:45
	5	373 Theresa Swiatek	F	F55-59	58	Rochester	0:41:45
	6	362 Carol Quinn	F	F55-59	55	Rochester	0:48:41
	7	411 Joanne Lovall	F	F55-59	55	Rochester	0:52:31
F60-64							
	1	334 Ann Llewellyn	F	F60-64	63	Penfield	0:41:54
F65-69							
	1	336 Mary Lux	F	F65-69	67	Rochester	0:52:23
	2	321 Sharon Iota	F	F65-69	65	Rochester	0:52:24
F70-79							
	1	314 Lois Hotchkiss	F	F70-79	71	Spencerport	0:32:06
M9-14							
	1	360 Spencer Prognos	M	M9-14	12	Brockport	0:25:48
M10-14							
	1	440 Alex Butler	M	M10-14	11	Greece	0:25:35
M15-19							
	1	434 Alex Ngabo	M	M15-19	18	Greece	0:17:00
	2	273 Alex Baldwin	M	M15-19	17	Rochester	0:18:02
	3	433 Dakotah Smith	M	M15-19	17	Rushford	0:18:25
	4	397 Thomas Barbaccia	M	M15-19	16	Pittsford	0:19:55
	5	396 Jason Kuperberg	M	M15-19	15	Pittsford	0:20:52
M20-24							
	1	419 Bill Juda	M	M20-24	22	Rochester	0:15:43
	2	345 Jason McElwain	M	M20-24	23	Greece	0:18:28
	3	437 Zachary Borden	M	M20-24	21	Rochester	0:18:42
	4	331 Dan Leicht	M	M20-24	23	Greece	0:22:20
	5	385 Nathan Basch	M	M20-24	24	Rochester	0:24:36
M25-29							
	1	342 Chris Masci	M	M25-29	27	Fairport	0:17:42
	2	291 Richard Dirmyer	M	M25-29	26	Rochester	0:19:19
	3	308 Robert Hannan	M	M25-29	29	Rochester	0:21:10
	4	449 Jordan Butler	M	M25-29	27	Spencerport	0:23:20
	5	382 Anthony Jagla	M	M25-29	29	Rochester	0:38:11
M30-34							
	1	376 Rhett VanScoter	M	M30-34	33	Rochester	0:25:13
	2	420 Cory Berardi	M	M30-34	32	Brockport	0:27:50
	3	276 Wilson Burgos	M	M30-34	34	Rochester	0:28:10
	4	285 Kenneth Coleman	M	M30-34	32	Rochester	0:41:21
	5	404 Ryan Moar	M	M30-34	34	Rochester	0:50:11

M35-39

1	338 Todd Malanowski	M	M35-39	38	Rochester	0:19:27
2	426 Mark McIntyre	M	M35-39	36	Hilton	0:23:18
3	275 Brian Blomowicz	M	M35-39	35	Rochester	0:27:06
4	293 Sean Dougherty	M	M35-39	36	Rochester	0:30:51
5	443 John Palmers	M	M35-39	35	Spencerport	0:33:58
6	430 Steven Dailey	M	M35-39	38	Greece	0:35:45
7	279 Matthew Chapman	M	M35-39	35	Rochester	0:37:09
8	400 Michael Reinhard	M	M35-39	39	Lima	0:49:14

M35--39

1	310 Michael Harshany	M	M35--39	35	Thorndale	0:20:01
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M40-44

1	452 Kevin Lewis	M	M40-44	40	Rochester	0:21:52
2	280 Sebastian Chirido	M	M40-44	44	Rochester	0:24:31
3	441 Todd Butler	M	M40-44	41	Greece	0:28:44
4	451 Pat Palmer	M	M40-44	41	Hilton	0:33:07
5	355 Craig Papke	M	M40-44	44	Rochester	0:33:11
6	340 David Mancuso	M	M40-44	41	Spencerport	0:34:10

M45-49

1	418 Edward Juiliani	M	M45-49	48	Henrietta	0:18:32
2	346 Kenneth Merkel	M	M45-49	46	Hilton	0:19:11
3	348 Patrick Milligan	M	M45-49	47	Rochester	0:19:56
4	327 Mark Kalen	M	M45-49	47	Brockport	0:22:27
5	402 John Barbaccia	M	M45-49	49	Pittsford	0:24:00
6	447 Todd Baxter	M	M45-49	46	Spencerport	0:24:21
7	444 Brent Sharpe	M	M45-49	45	Rochester	0:24:48
8	381 Michael Woodbury	M	M45-49	49	Walworth	0:26:07
9	412 Chris Levey	M	M45-49	46	East Rochester	0:26:27
10	428 Keith Sanger	M	M45-49	48	Penfield	0:27:54
11	421 Steven Mowers	M	M45-49	46	Williamson	0:28:17
12	413 Russ Lorie	M	M45-49	48	Rochester	0:29:06
13	432 Steven Smith	M	M45-49	47	Houghton	0:33:21

M50-54

1	417 Patrick Bielecki	M	M50-54	51	Lockport	0:23:28
2	456 Richard Laudis	M	M50-54	51	Rochester	0:23:51
3	333 Ron Leicht	M	M50-54	52	Greece	0:24:02
4	366 Stephen Servati	M	M50-54	53	Hilton	0:26:11
5	379 Tim Wilcox	M	M50-54	51	Kent	0:27:14
6	287 John Curry	M	M50-54	54	Brockport	0:27:20
7	349 David Nacca	M	M50-54	50	Rochester	0:27:42
8	329 Michael Kozlowski	M	M50-54	50	Penfield	0:28:29
9	438 Jim Borden	M	M50-54	51	Rochester	0:30:14
10	423 Russ Herman	M	M50-54	50	Hilton	0:30:32
11	352 James Norris	M	M50-54	51	Rochester	0:31:19
12	300 Tim Flaherty	M	M50-54	51	Rochester	0:31:20

M55-59

1	283 Kevin Clinefelter	M	M55-59	55	Rochester	0:21:00
2	368 Robert Slebodnik	M	M55-59	55	Pittsford	0:24:06
3	274 Daniel Barletta	M	M55-59	56	Rochester	0:28:35

4	416 Thomas Bidwell	M	M55-59	58	Bergen	0:29:36
5	445 Roderick Spratling	M	M55-59	57	Webster	0:30:18
6	337 Paul Magliocco	M	M55-59	55	Rochester	0:30:51
7	436 Albert Mellutis	M	M55-59	59	Rochester	0:48:45
8	410 Charles Lovall	M	M55-59	56	Rochester	0:52:30

M60-64

1	315 Roger Howe	M	M60-64	63	Rochester	0:23:43
2	364 Bruce Rychwanski	M	M60-64	62	Rochester	0:24:52
3	322 David Isabella	M	M60-64	64	Hilton	0:25:20
4	306 David Gordon	M	M60-64	64	Pittsford	0:28:58
5	320 John Iota	M	M60-64	61	Rochester	0:52:29

M70-79

1	370 Jim Stanton	M	M70-79	72	Fairport	0:41:30
2	307 Donald Grace	M	M70-79	74	Rochester	0:48:41

M80+

1	296 Robert Ealy	M	M80+	82	Webster	0:28:08
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