

Race With Grace 10K
Thursday November 22, 2007 First Bible Baptist Church
704 Finishers (431 Males, 273 Females)
Timed by YellowJacket Racing

Pos	Bib	Name	Age	Class	City	Time	Pace
Overall Female	119	Jennie Donofrio	23	Overall Female	Rochester	0:38:46	06:15
Overall Male	646	Jeremie Slick	27	Overall Male	Brockport	0:33:04	05:20
Overall Masters Female	641	Patricia Pirnie	43	Overall Masters Female	Hilton	0:45:06	07:16
Overall Masters Male	599	Mike Nier	42	Overall Masters Male	Rochester	0:36:27	05:52
Overall Veteran Female	70	Therese Christo	53	Overall Veteran Female	Hilton	0:46:43	07:31
Overall Veteran Male	628	James Robinson	54	Overall Veteran Male	Rochester	0:37:23	06:01
Overall Senior Female	752	Margaret Ballard	60	Overall Senior Female	Bardstown	0:59:17	09:33
Overall Senior Male	356	David Monk	60	Overall Senior Male	Rochester	0:44:14	07:07
Overall Filly	121	Michelle Dromgold	19P	F15-19	Rochester	1:02:11	10:01
Overall Clydesdale	69	Jeff Chester	42C	M40-44	Rochester	0:43:33	07:01
F0-9	1 321	Aleah Martone	7	F0-9	Spencerport	1:06:12	10:40
F10-14	1 693	Jessi Kimmerly	12	F10-14	Holley	0:54:31	08:47
	2 161	Naomi Fillion	11	F10-14	Rochester	0:56:16	09:04
	3 602	Stephanie Pafka	14	F10-14	Rochester	1:01:42	09:56
	4 657	Grace Niebber	11	F10-14	Churchville	1:04:03	10:19
	5 606	Kathryn Erbeling	13	F10-14	Rochester	1:05:30	10:33
	6 234	Abbey Hoteling	12	F10-14	Walworth	1:05:55	10:37
	7 673	Madison Brindle	12	F10-14	Brockport	1:05:56	10:37
	8 185	Maureen Gioia	14	F10-14	Rochester	1:09:30	11:11
	9 629	Leah Lacure	14	F10-14	Rochester	1:09:30	11:11
	10 723	Lindsay Morris	13	F10-14	Glastonbury	1:09:59	11:16
	11 790	Gabrielle Cheeseman	11	F10-14	Rochester	1:28:29	14:15
F15-19	1 276	Irene Koplinka-Loehr	19	F15-19	Ithaca	0:41:11	06:38
	2 16	Jessica Bennett	19	F15-19	Rochester	0:41:50	06:44
	3 154	Julianne Feola	19	F15-19	Rochester	0:44:50	07:13
	4 41	Shannon Bradley	19	F15-19	Rochester	0:45:18	07:18
	5 736	karlie Haungs	16	F15-19	Rochester	0:46:51	07:33
	6 567	Kendra Zaffuto	17	F15-19	Rochester	0:47:28	07:39
	7 411	Kristen Prabucki	18	F15-19	Lockport	0:49:29	07:58
	8 671	Hillary Cox	16	F15-19	Fairport	0:50:56	08:12
	9 531	Laura Varble	17	F15-19	Henrietta	0:52:24	08:26
	10 529	Jamie Varble	17	F15-19	Henrietta	0:52:24	08:26
	11 708	Kate Adair	18	F15-19	Scottsville	0:52:52	08:31
	12 615	Melissa Borne	19	F15-19	Rochester	0:53:24	08:36
	13 675	Kelly Bartell	17	F15-19	Rochester	0:53:44	08:39
	14 566	Kaitie Zaffuto	15	F15-19	Rochester	0:53:50	08:40
	15 207	Danielle Hall	19	F15-19	Spencerport	0:54:51	08:50
	16 414	Caitlin Purdy	16	F15-19	Rochester	0:55:15	08:54
	17 171	Chelsea Flynn	19	F15-19	Spencerport	0:55:34	08:57
	18 738	Leah Fedrizzi	18	F15-19	Pittsford	0:57:36	09:17
	19 121	Michelle Dromgold	19P	F15-19	Rochester	1:02:11	10:01
	20 305	Katherine Loman	17	F15-19	Rochester	1:03:02	10:09
	21 763	Linidsay Gall	17	F15-19	Rochester	1:03:03	10:09
	22 304	Christine Loman	17	F15-19	Rochester	1:05:28	10:33

23	728	Miranda Golish	17	F15-19	Rochester	1:05:28	10:33
24	774	Sara Tagliaferri	17	F15-19	Penfield	1:06:50	10:46
25	772	Ben Emily	17	F15-19	Penfield	1:06:51	10:46
26	246	Olivia Jalowiec	16	F15-19	Spencerport	1:20:12	12:55
27	449	Stephanie SanFilipo	16	F15-19	Spencerport	1:28:23	14:14
28	499	Heather Storti	18	F15-19	Rochester	1:37:38	15:43

F20-24

1	240	Laura Iafrati	20	F20-24	Hilton	0:39:31	06:22
2	315	Francesca Magri	23	F20-24	Rochester	0:41:34	06:42
3	510	Rachel Sweet	22	F20-24	Rochester	0:42:16	06:48
4	557	Colleen Wurzer	24	F20-24	Rochester	0:42:42	06:53
5	705	Katie Passarelli	22	F20-24	Avon	0:44:47	07:13
6	37	Kristen Bowhers	20	F20-24	Rochester	0:44:50	07:13
7	711	Katie Urbonas	23	F20-24	Mount Morris	0:45:22	07:18
8	123	Peggi Dudley	21	F20-24	Oneonta	0:46:15	07:27
9	696	Carrie Hoestermann	23	F20-24	Spencerport	0:46:19	07:27
10	785	Samantha Hown	20	F20-24	Curchville	0:46:56	07:33
11	257	Jennifer Katz	21	F20-24	Spencerport	0:48:16	07:46
12	579	Stacie Swartz	20	F20-24	Rochester	0:48:22	07:47
13	28	Jacqueline Borcyk	20	F20-24	Rochester	0:48:58	07:53
14	131	Stacy Edwards	23	F20-24	Hilton	0:49:42	08:00
15	244	Kelly Jakubowski	22	F20-24	Churchville	0:50:40	08:09
16	517	Colleen Tomasso	23	F20-24	Rochester	0:52:17	08:25
17	613	Peter Abee	20	F20-24	Rochester	0:53:05	08:33
18	439	Kristen Ryan	23	F20-24	Rochester	0:54:52	08:50
19	250	Katherine Johnson	21	F20-24	Cohocton	0:55:26	08:56
20	796	Elizabeth Zane	23	F20-24	Rochester	0:56:06	09:02
21	801	Christine Symonds	23	F20-24	Roch	0:57:21	09:14
22	700	Laura Rekkerth	20	F20-24	Scottsville	0:58:28	09:25
23	725	Brandilyn Juszczak	24	F20-24	Webster	0:59:10	09:32
24	175	Emily Fox	20	F20-24	Rochester	0:59:24	09:34
25	444	Sarabeth Sandel	21	F20-24	Grove City	1:00:32	09:45
26	448	Regina SanFilipo	24	F20-24	Spencerport	1:00:50	09:48
27	271	Shawna Kirby	20	F20-24	Albion	1:02:36	10:05
28	141	Kristen Erbelding	21	F20-24	Rochester	1:05:32	10:33
29	284	Leigh Launhardt	23	F20-24	Rochester	1:05:36	10:34
30	390	Michele Palma	21	F20-24	Rochester	1:05:52	10:36
31	370	Vanessa Negron	20	F20-24	Victor	1:08:48	11:05
32	403	Grace Penamonte	21	F20-24	Mendon	1:12:35	11:41
33	601	Anne Schultz	22	F20-24	Pittsford	1:13:17	11:48
34	771	Christine Tagliaferri	23	F20-24	Penfield	1:20:29	12:58
35	740	Molly Green	21	F20-24	Lexington	1:21:40	13:09
36	580	Sarah Ford	20	F20-24	Aurora	1:22:28	13:17
37	582	April Ford	23	F20-24	Aurora	1:37:22	15:41
38	581	Katie Sherer	23	F20-24	Rochester	1:37:23	15:41

F25-29

1	46	Melissa Brinkman	29	F25-29	Cohoes	0:44:53	07:14
2	396	Allison Parker	26	F25-29	Fairport	0:44:59	07:15
3	408	Stephanie Peters	27	F25-29	Rochester	0:47:12	07:36
4	401	Abby Penamonte	25	F25-29	Mendon	0:49:13	07:55
5	168	Katie Flanagan	26	F25-29	Holley	0:49:53	08:02
6	692	Jackie Daniel	29	F25-29	East Rochester	0:50:14	08:05
7	269	Suzanne Kinsky	29	F25-29	Baltimore	0:50:31	08:08
8	122	Michelle Dudley	26	F25-29	Baltimore	0:51:34	08:18
9	36	Elizabeth Bouk	26	F25-29	Princeton	0:51:53	08:21
10	433	Christina Ross	27	F25-29	Macedon	0:51:54	08:21
11	214	Meghan Harrison	28	F25-29	Rochester	0:52:44	08:29
12	797	Kelli Hursh	29	F25-29	Rochester	0:54:00	08:42
13	663	Sara Tasber	25	F25-29	Stratford	0:54:10	08:43
14	436	Rachel Ross	26	F25-29	New York	0:54:11	08:43
15	104	Rachael DellaPietra	28	F25-29	Webster	0:55:06	08:52
16	120	Alice Drew	28	F25-29	Rochester	0:56:26	09:05
17	112	Nicole Depferd	28	F25-29	Mashpee	0:56:29	09:06
18	332	Kelly McNelis	25	F25-29	Rochester	0:56:53	09:10
19	417	Cindy Quinn	25	F25-29	Rochester	0:57:05	09:12
20	575	Jessica Payne	29	F25-29	Rochester	0:58:27	09:25
21	376	Maureen Nolan	28	F25-29	Hoboken	0:58:45	09:28
22	248	Megan Jasinski	26	F25-29	Lyndhurst	0:59:43	09:37
23	811	Erin Clausen	26	F25-29	Scottsville	1:00:45	09:47
24	279	Kori LaDonna-Hyson	28	F25-29	Fairport	1:01:04	09:50
25	115	Daniela DeRosa	27	F25-29	Rochester	1:04:09	10:20
26	681	Erin Degraff	27P	F25-29	Covington	1:04:51	10:26
27	761	Michelle Pilaroscia	29	F25-29	Rochester	1:06:54	10:46
28	783	Chintana Phetzmann	25	F25-29	Buffalo	1:07:15	10:50
29	515	Estelle Tickle	25	F25-29	Rochester	1:07:15	10:50

30	620	Kate Juba	26P	F25-29	St. Petersburg	1:08:13	10:59
31	427	Sheri Rockwell	27	F25-29	Titusville	1:09:15	11:09
32	218	Erika Haygood	25	F25-29	Buffalo	1:10:14	11:19
33	780	Jennifer Dixon	29	F25-29	Rochester	1:12:13	11:38
34	404	Jennifer Penamonte	27	F25-29	Mendon	1:12:35	11:41
35	489	Loretta Smith	28P	F25-29	Rochester	1:12:51	11:44
36	768	Andrea Alberg	25	F25-29	New Orleans	1:20:28	12:58
37	734	Karen Eastman	26	F25-29	Rochester	1:50:24	17:47

F30-34

1	555	Carolyn Wrobel	30	F30-34	Rochester	0:43:31	07:00
2	737	Pam Ayers	31	F30-34	Rochester	0:48:56	07:53
3	655	Diane Jones	33	F30-34	Wattsburg	0:48:59	07:53
4	589	Katherine Wojciechowski	31	F30-34	W. Henrietta	0:51:14	08:15
5	764	Carrie Andrews	31	F30-34	Rochester	0:51:56	08:22
6	6	Christine Aguglia	34	F30-34	Hilton	0:52:04	08:23
7	354	Colleen Mitrano	32	F30-34	Rochester	0:52:31	08:27
8	14	Elizabeth Baroody-Solomon	33	F30-34	Rochester	0:52:33	08:28
9	443	Kelly Sandeen	30	F30-34	Rochester	0:53:12	08:34
10	502	Melissa Strellick	30	F30-34	Rochester	0:53:21	08:36
11	556	Jennifer Wrobel	34	F30-34	Rochester	0:53:27	08:36
12	803	Sarah Barry	30	F30-34	Canandaigua	0:53:30	08:37
13	665	Kathleen Cameron	31	F30-34	Scottsville	0:54:11	08:44
14	364	Lynn Mullen	34	F30-34	Rochester	0:54:34	08:47
15	642	Bethany Suppo	32	F30-34	Spencerport	0:55:33	08:57
16	1	Wendy Abbott	34	F30-34	Rochester	0:56:52	09:09
17	155	Maeve Feola	33	F30-34	Rochester	0:57:37	09:17
18	266	BethRae King	34	F30-34	Rochester	1:00:09	09:41
19	210	Kathy Hardisky	32	F30-34	Rochester	1:00:24	09:44
20	107	Andrea Demarest	33	F30-34	Rochester	1:00:53	09:48
21	578	Shannon Gardner	34	F30-34	Rochester	1:01:27	09:54
22	769	Anne Grabowski	32	F30-34	Rochester	1:04:19	10:21
23	116	Maria DeRosa	30	F30-34	Spencerport	1:04:35	10:24
24	322	Kendra Martone	34	F30-34	Spencerport	1:06:12	10:40
25	320	Brigitte Martineau	33	F30-34	Rochester	1:07:02	10:48

F35-39

1	369	Sarah Nazarian-Elliott	36	F35-39	Fairport	0:40:51	06:35
2	718	Jennifer Fosegan	35	F35-39	Fairport	0:47:13	07:36
3	199	Samantha Greiner	39	F35-39	East Rochester	0:48:40	07:50
4	744	Marissa Gordon	38	F35-39	Fairport	0:49:59	08:03
5	25	Lisa Book	37	F35-39	Brockport	0:50:04	08:04
6	463	Katie Schlierf	35	F35-39	Rochester	0:50:42	08:10
7	656	Johanna Niebber	38	F35-39	Churchville	0:50:52	08:11
8	349	Kimberly Miller	38	F35-39	Rochester	0:52:38	08:29
9	303	Kim Lockhart	35	F35-39	Rochester	0:53:21	08:36
10	68	Christina Chavez	36	F35-39	Canandaigua	0:53:51	08:40
11	820	Juliann Soule	37	F35-39	Honeoye Falls	0:54:51	08:50
12	406	Kristine Penrose	38	F35-39	Rochester	0:54:58	08:51
13	247	Christine Janas	38	F35-39	Rochester	0:55:53	09:00
14	52	Christine Burley-Kelly	38	F35-39	Hilton	0:56:25	09:05
15	308	Jill Lopez	39	F35-39	Rochester	0:56:39	09:07
16	819	Julie Mulcock	39	F35-39		0:57:21	09:14
17	27	Marsha Booth	38	F35-39	Brockport	0:57:55	09:20
18	549	Michelle Wilcox	38	F35-39	Brockport	0:57:55	09:20
19	733	Charon Sattler	38	F35-39	Rochester	0:58:16	09:23
20	759	Andrea Could	37	F35-39	Penfield	0:58:29	09:25
21	714	Lisa Brown	39	F35-39	Rochester	0:59:00	09:30
22	781	Elizabeth O'Brien	39	F35-39	Rochester	1:00:42	09:47
23	197	Suzanne Graney	38	F35-39	Spencerport	1:00:49	09:48
24	278	Kelly Kuhl	39	F35-39	Rochester	1:01:03	09:50
25	713	Brenda Tremblay	39	F35-39	Brockport	1:01:24	09:53
26	296	Kimberly Levitsky	37P	F35-39	Rochester	1:03:07	10:10
27	261	Jennifer Kelly	36	F35-39	Rochester	1:03:24	10:12
28	808	Victoria Thomas	38	F35-39	Hilton	1:04:08	10:20
29	60	Carolyn Carl	35	F35-39	Fairport	1:04:21	10:22
30	621	Jennifer Spiker	36	F35-39	Ithaca	1:04:52	10:27
31	593	Wendy Charron	38	F35-39	Spencerport	1:05:52	10:36
32	814	Brenda Baker	37	F35-39	Rochester	1:07:02	10:48
33	15	Jennifer Beideck	36	F35-39	Brockport	1:07:04	10:48
34	475	Lori Seischab	37P	F35-39	Cullowhee	1:07:44	10:54
35	777	Judi Gaines	39P	F35-39	Albion	1:12:44	11:43
36	159	Sharon Field	35	F35-39	Rochester	1:13:40	11:52
37	597	Joellen Lauderdale	37	F35-39	Hilton	1:19:05	12:44
38	385	Mary Olp	37	F35-39	Dallas	1:25:34	13:47
39	572	Dawn Seabolt	37P	F35-39	Hilton	1:35:48	15:26

F40-44

1	157 Rebecca Ferraro	40	F40-44	Webster	0:49:28	07:58
2	638 Jeanette Nazarian	40	F40-44	Catonsville	0:49:44	08:01
3	422 Karen Ritter	40	F40-44	Webster	0:50:32	08:08
4	193 Lisa Gordon	44	F40-44	Brockport	0:52:22	08:26
5	799 Carolyn JAckson	40	F40-44	Rochester	0:53:18	08:35
6	577 Lisa Mauger	40	F40-44	Fairport	0:54:19	08:45
7	821 Elena Knapp	42	F40-44	Webster	0:54:44	08:49
8	520 Joan Torres	41	F40-44	Rochester	0:55:26	08:56
9	432 Judy Rosenthal	41	F40-44	Rochester	0:55:27	08:56
10	523 Lisa Tschiderer	43	F40-44	Pittsford	0:56:49	09:09
11	493 Emelda Sponn	42	F40-44	Rochester	0:57:56	09:20
12	150 Wanda Farrell	44	F40-44	Brockport	0:58:08	09:22
13	291 Patricia Lemon	44	F40-44	Brockport	0:58:48	09:28
14	456 Kelly Schifffhauer	40	F40-44	Rochester	0:58:58	09:30
15	241 Valerie Iman	43	F40-44	Rochester	0:59:46	09:37
16	704 Nancy Passarelli	43	F40-44	Avon	1:00:46	09:47
17	324 Karen Martz	42	F40-44	Rochester	1:00:52	09:48
18	283 Amy LaRussa	44	F40-44	Rochester	1:04:22	10:22
19	612 MaryEllen Hoecker	44	F40-44	Rochester	1:15:19	12:08
20	822 Barbara Kiefer	41	F40-44	Waterport	1:19:20	12:47
21	453 Liesl Scheidt	40	F40-44	Rochester	1:20:00	12:53
22	137 Nancy Elliott	42	F40-44	Rochester	1:22:40	13:19
23	118 Joanne DiPasquale	43	F40-44	Rochester	1:25:12	13:43
24	791 Kimberly Cheeseman	44	F40-44	Rochester	1:29:12	14:22
25	788 Tami Brown	41	F40-44	Rochester	1:29:12	14:22

F45-49

1	530 Julia Varble	45	F45-49	Henrietta	0:47:16	07:37
2	328 Jan McCullough	48	F45-49	Spencerport	0:51:59	08:22
3	40 Mary Kay Bradley	46	F45-49	Rochester	0:52:05	08:23
4	106 Cherie Delmerico	45	F45-49	Henrietta	0:52:07	08:23
5	614 Barbara Leary	46	F45-49	Rochester	0:52:48	08:30
6	494 Beth Stapleton	47	F45-49	Rochester	0:52:50	08:30
7	151 Debbie Fasciano	47	F45-49	Rochester	0:54:22	08:45
8	287 Meg LeBeau	48	F45-49	Spencerport	0:55:07	08:52
9	74 Susan Cipura	46	F45-49	Rochester	0:55:26	08:56
10	380 Pam Nudd	46	F45-49	Brockport	0:56:48	09:09
11	133 Christine Eichelberger	47	F45-49	Pittsford	0:56:50	09:09
12	418 Joanne Race	45	F45-49	Rochester	0:57:37	09:17
13	125 Diane Dunleavy	48	F45-49	Cleveland	0:58:53	09:29
14	346 Sara Meyers	47	F45-49	Brockport	1:00:26	09:44
15	745 Donna McPherson	47	F45-49	Rush	1:00:37	09:46
16	467 Barbarba Schroeder	49	F45-49	Churchville	1:01:08	09:51
17	372 Juliann Nelson	49	F45-49	Victor	1:02:40	10:05
18	270 Julie Kirby	47	F45-49	Albion	1:03:14	10:11
19	78 Lorraine Cleary	47	F45-49	Rochester	1:03:33	10:14
20	816 Elizabeth Conheany	47	F45-49	Roch	1:04:22	10:22
21	760 Kathleen Hurley	46	F45-49	Rochester	1:05:10	10:30
22	458 Carol Schindler	45	F45-49	Hurley	1:05:47	10:36
23	351 Sigrun Miller	46	F45-49	Spencerport	1:07:05	10:48
24	373 Lynne Nelson	48P	F45-49	Schuylkill Haven	1:07:20	10:50
25	254 Donna Kaplan	45	F45-49	Brockport	1:08:46	11:04
26	75 Debbie Ciulla	48	F45-49	Rochester	1:09:25	11:11
27	183 Lisa Gilbert	45	F45-49	Fairport	1:09:31	11:12
28	778 Kay Ecker	46	F45-49	Albion	1:12:33	11:41
29	53 Amy Butler	48	F45-49	Rochester	1:23:24	13:26

F50-54

1	268 Laurie Kinsella	53	F50-54	Rochester	0:48:37	07:50
2	441 Nancy Salatino	50	F50-54	Rochester	0:52:10	08:24
3	753 Patricia McKee	50	F50-54	Rush	0:53:01	08:32
4	334 Maryanne McQueeney	52	F50-54	Mendon	0:55:41	08:58
5	186 Cheryl Giraulo	50	F50-54	Lakeville	0:56:41	09:08
6	756 Denise Bothwick	54	F50-54	Williamson	0:57:43	09:18
7	20 Linda Blossom	51	F50-54	Hilton	1:01:13	09:51
8	134 Karen Eichele	51	F50-54	Scottsville	1:01:27	09:54
9	260 Sally Katz	52	F50-54	Pittsford	1:01:39	09:56
10	145 Elaine Fallesen	51	F50-54	Hilton	1:02:11	10:01
11	508 Barbara Sturnick	50	F50-54	Rochester	1:02:12	10:01
12	23 Teri Boerner	52	F50-54	Spencerport	1:10:20	11:20
13	431 Pamela Rosen	52	F50-54	Rochester	1:11:10	11:28
14	63 Myriam Cedeno	50	F50-54	Hilton	1:13:53	11:54
15	455 Sarah Schiffler	50	F50-54	Rochester	1:14:35	12:01
16	662 Joan Tasber	51	F50-54	Henrietta	1:15:08	12:06
17	103 Kathleen DeJoy	51	F50-54	Rochester	1:18:56	12:43
18	741 Marjorie Green	51	F50-54	Lexington	1:21:40	13:09

	19	543 Lu Ann Weinstein	53	F50-54	Rochester	1:22:43	13:19
	20	249 Karen Johnson	51	F50-54	Cohocton	1:25:20	13:44
	21	447 Michelle SanFilipo	50	F50-54	Spencerport	1:35:14	15:20
F55-59							
	1	545 Barbara Werzinger	59	F55-59	Webster	0:52:14	08:25
	2	454 Barbara Schickler	55	F55-59	Bellingham	0:52:42	08:29
	3	413 Anne Procopio	55	F55-59	Rochester	0:55:24	08:55
	4	762 Paula Sanford	56	F55-59	Holley	0:59:47	09:38
	5	787 Deborah Williams	55	F55-59	Rochester	1:01:17	09:52
	6	93 Janet Courtright	59	F55-59	Rochester	1:20:15	12:55
F60-64							
	1	298 Mitzie Lewandowski	60	F60-64	Rochester	0:59:34	09:36
	2	512 Donna Taylor	61	F60-64	Fairport	1:03:38	10:15
	3	113 Nancy Deprez	61	F60-64	Hilton	1:19:07	12:44
F65-69							
	1	651 Joan Rosati	68	F65-69	North Chili	1:11:36	11:32
	2	282 Betty Langevin	67	F65-69	Cohoes	1:13:49	11:53
M0-9							
	1	461 Spencer Schindler	9	M0-9	Hurley	1:05:43	10:35
	2	594 Nicholas Charron	9	M0-9	Spencerport	1:07:31	10:52
	3	654 Jack Wieboer	9	M0-9	Churchville	1:08:19	11:00
	4	596 Joseph Lauderdale	8	M0-9	Hilton	1:19:05	12:44
	5	720 Colton Hawkes	9	M0-9	Rochester	1:19:37	12:49
M10-14							
	1	139 MJ John Erb	13	M10-14	Farmington	0:42:54	06:54
	2	784 Gabe Ciminelli	14	M10-14	Penfield	0:44:13	07:07
	3	174 Brandon Forster	14	M10-14	Rochester	0:46:14	07:27
	4	217 Jeffrey Hayden	14	M10-14	Rochester	0:48:53	07:52
	5	560 William Yancey	13	M10-14	Pittsford	0:52:06	08:23
	6	428 Daniel Rodenhouse	12	M10-14	Macedon	0:55:39	08:58
	7	309 Sam Lopez	12	M10-14	Rochester	0:56:28	09:06
	8	129 Taylor Dutton	13	M10-14	Rochester	0:59:31	09:35
	9	719 Brady Hawkes	13	M10-14	Rochester	1:00:51	09:48
	10	729 Zach Haas	11	M10-14	Rochester	1:18:27	12:38
	11	595 Todd Hignons	10	M10-14	Hilton	1:19:03	12:44
	12	571 Ryder Seaboldm	10	M10-14	Hilton	1:36:02	15:28
M15-19							
	1	253 William Juda	18	M15-19	Rochester	0:33:42	05:26
	2	640 Mark Streb	18	M15-19	Brockport	0:33:57	05:28
	3	474 Derek Seber	18	M15-19	Pittsford	0:35:26	05:42
	4	679 Andrew Doub	19	M15-19	Michigantown	0:37:15	06:00
	5	746 Cyril Dunham	16	M15-19	Spencerport	0:37:52	06:06
	6	818 Jeremy Cook	18	M15-19	Rochester	0:37:56	06:07
	7	812 Daniel Wilcox	19	M15-19	Roch	0:38:44	06:14
	8	31 Zachary Borden	17	M15-19	Rochester	0:38:44	06:14
	9	659 Joshua Coon	16	M15-19	Brockport	0:39:07	06:18
	10	152 Alexander Federation	18	M15-19	Rochester	0:39:35	06:22
	11	658 Matthew Cain	17	M15-19	Brockport	0:40:06	06:27
	12	375 Zachary Nelson	17	M15-19	Victor	0:40:27	06:31
	13	648 Michael Tripp	15	M15-19	Rochester	0:40:34	06:32
	14	652 Michael Fox	18	M15-19	Rochester	0:40:45	06:34
	15	77 Colin Clark	18	M15-19	Rochester	0:41:54	06:45
	16	71 John Cieply	17	M15-19	Fairport	0:42:02	06:46
	17	668 Christopher Sponn	18	M15-19	Rochester	0:42:31	06:51
	18	205 Josh Hair	15	M15-19	W. Henrietta	0:43:14	06:58
	19	87 Kraig Connor	18	M15-19	Rochester	0:43:15	06:58
	20	650 Peter Francia	17	M15-19	Rochester	0:43:21	06:59
	21	732 Ian Ward	16	M15-19	Rochester	0:43:58	07:05
	22	361 Patrick Mueller	16	M15-19	Henrietta	0:44:13	07:07
	23	616 Tyler Steinhilber	16	M15-19	Rochester	0:44:23	07:09
	24	95 Timothy Craig	19	M15-19	Rochester	0:44:24	07:09
	25	703 Brian Passarelli	15	M15-19	Avon	0:44:25	07:09
	26	460 Ryan Schindler	15	M15-19	Hurley	0:46:44	07:31
	27	491 Paul Snell	18	M15-19	Kendall	0:46:56	07:34
	28	290 David Lemon	19	M15-19	Brockport	0:47:10	07:36
	29	11 Bradley Barkowski	18	M15-19	Rochester	0:47:22	07:38
	30	421 Jonathan Ritter	15	M15-19	Webster	0:47:38	07:40
	31	140 Jonathan Erbeling	16	M15-19	Rochester	0:47:45	07:41
	32	585 Matthew Wilsey	17	M15-19	Greece	0:48:30	07:49
	33	350 Samuel Miller	17	M15-19	Rochester	0:48:31	07:49
	34	782 Vince Schiano	16	M15-19	Rochester	0:48:48	07:51

35	34	Joshua Borowiec	19	M15-19	Livonia	0:49:09	07:55
36	661	Tim Nelson	19	M15-19	Samuylull	0:50:02	08:03
37	192	Stephen Goewey	19	M15-19	Rochester	0:51:12	08:15
38	58	Charlie Carbone	15	M15-19	Rochester	0:51:12	08:15
39	623	Jake Kettell	15	M15-19	Rochester	0:51:20	08:16
40	342	Kevin Mesolella	17	M15-19	Rochester	0:51:31	08:18
41	149	Peter Farrell	19	M15-19	Rochester	0:51:52	08:21
42	792	Kevin Stewart	15	M15-19	Rochester	0:52:36	08:28
43	698	Andrew Baker	15	M15-19	Spencerport	0:52:39	08:29
44	30	Tyler Borden	19	M15-19	Rochester	0:53:28	08:37
45	770	Alexandro Dell'Aiera	17	M15-19	Rochester	0:53:29	08:37
46	146	Edward Farrell	16	M15-19	Rochester	0:53:31	08:37
47	562	Matthew Young	19	M15-19	Rochester	0:54:24	08:46
48	743	Robert McGowan	19	M15-19	Brockport	0:55:19	08:54
49	306	Dylan Lombard	15	M15-19	Rochester	0:55:35	08:57
50	632	Eddie Bower	16	M15-19	Holley	0:58:50	09:28
51	634	Tom Eberlin	18	M15-19	Holley	1:00:51	09:48
52	583	Dennis OMeara	17	M15-19	Rochester	1:02:09	10:01
53	584	Nicholas Scarfone	17	M15-19	Rochester	1:02:15	10:01
54	478	Ethan Sherer	19	M15-19	Rochester	1:02:20	10:02
55	608	Stephen Collister	16	M15-19	Rochester	1:03:16	10:11
56	495	Kevin Stapleton	16	M15-19	Rochester	1:04:20	10:22
57	664	Chris Tasber	15	M15-19	Henrietta	1:04:26	10:22
58	635	Connor Hughson	15	M15-19	Holley	1:13:03	11:46
59	158	David Fesyuk	16C	M15-19	Rochester	1:20:12	12:55

M20-24

1	528	Andrew Varble	21	M20-24	Henrietta	0:33:55	05:28
2	44	Tom Brekke	20	M20-24	Rochester	0:35:22	05:42
3	156	Max Ferguson	21	M20-24	Henrietta	0:35:46	05:46
4	486	Brian Smith	23	M20-24	E. Rochester	0:36:20	05:51
5	83	Michael Cocquyt	21	M20-24	Hilton	0:39:09	06:18
6	450	Michael Sanger	24	M20-24	Budd Lake	0:40:38	06:33
7	9	Michael Andrews	20	M20-24	Rochester	0:42:05	06:47
8	607	Kian Merchant-Borna	22	M20-24	Boston	0:42:47	06:53
9	706	Charley Plummer	24	M20-24	Rochester	0:43:39	07:02
10	340	Matt Merritt	20	M20-24	Spencerport	0:44:05	07:06
11	505	Steve Strellick	24	M20-24	Rochester	0:44:20	07:08
12	232	David Hornak	20	M20-24	Charlotte	0:44:32	07:10
13	339	Kory Merritt	22	M20-24	Spencerport	0:44:41	07:12
14	177	Andy Frank	23	M20-24	Hilton	0:46:44	07:32
15	198	Edward Greenberg	24	M20-24	Rochester	0:47:06	07:35
16	482	Ashley Simms	21	M20-24	Albany	0:47:21	07:37
17	688	Adam Laycock	23	M20-24	Rochester	0:47:54	07:43
18	22	Patrick Boerner	20	M20-24	Spencerport	0:48:04	07:44
19	280	Kevin Laley	23	M20-24	Churchville	0:50:01	08:03
20	751	chris Purdy	22	M20-24	Rochester	0:50:25	08:07
21	798	Ethan Willistein	24	M20-24	Scottsville	0:50:37	08:09
22	767	Matt Macfarlane	22	M20-24	Calcium	0:51:16	08:15
23	789	Greg Farrell	24	M20-24	Rochester	0:53:10	08:34
24	92	Thomas Cottorone	22	M20-24	Hilton	0:53:49	08:40
25	127	Daniel Dutton	20	M20-24		0:53:51	08:40
26	148	Nicholas Farrell	22	M20-24	Rochester	0:53:56	08:41
27	33	Jonathan Borowiec	23	M20-24	Pittsburgh	0:54:09	08:43
28	682	Matthew Leahy	24	M20-24	Rochester	0:54:14	08:44
29	513	David Theisen	20	M20-24	Rochester	0:55:09	08:53
30	516	Stephen Tickle	24	M20-24	Rochester	0:56:13	09:03
31	399	Brian Peer	24	M20-24	Buffalo	0:58:17	09:23
32	221	Shane Healey	24	M20-24	Hamlin	1:02:23	10:03
33	815	Trevor Brugger	23	M20-24	Hilton	1:07:02	10:48
34	685	Michael Visca	21	M20-24	Rochester	1:11:48	11:34

M25-29

1	402	Dan Penamonte	25	M25-29	Mendon	0:35:15	05:41
2	631	Paul Glor	29	M25-29	Rochester	0:36:41	05:54
3	167	Joseph Flanagan	29	M25-29	Holley	0:37:56	06:06
4	609	Matthew Downs	25	M25-29	Clinton	0:39:16	06:19
5	731	Nate Ward	25	M25-29	Rochester	0:39:49	06:25
6	521	Dan Tranter	29	M25-29	Rochester	0:41:26	06:40
7	387	Ryan OMelia	25	M25-29	Rochester	0:42:28	06:50
8	712	Daniel King	27	M25-29	Rochester	0:43:11	06:57
9	757	Josh Keefe	26	M25-29	Rochester	0:44:07	07:06
10	108	Jeremy Demarest	28	M25-29	Rochester	0:45:53	07:23
11	669	Jason Dugan	29	M25-29	Catonsville	0:46:27	07:29
12	12	Charles Barkowski	25	M25-29	Rochester	0:47:13	07:36
13	592	Timothy Minter	25	M25-29	Rochester	0:48:38	07:50
14	574	Jeff Coppini	28C	M25-29	Rochester	0:49:26	07:58

15	302 Zachary Lill	26	M25-29	Rochester	0:50:27	08:07
16	758 Ben Keefe	26	M25-29	Providence	0:50:34	08:09
17	184 Adam Gillis	28	M25-29	Ithaca	0:51:08	08:14
18	143 Robert Ernst	25	M25-29	Rochester	0:51:45	08:20
19	724 Jeremy Sieminski	25	M25-29	Webster	0:52:18	08:25
20	219 Matthew Healey	28	M25-29	Spencerport	0:52:28	08:27
21	220 Ryan Healey	27	M25-29	Rochester	0:52:28	08:27
22	795 Matthew Mack	28	M25-29	Rochester	0:53:11	08:34
23	101 Angus Davis	25	M25-29	Rochester	0:53:35	08:38
24	314 Alphonso Magri	27	M25-29	Syracuse	0:55:14	08:54
25	684 Joseph Maeri	25	M25-29	Rochester	0:55:17	08:54
26	440 Michael Ryan	28	M25-29	Rochester	0:56:01	09:01
27	91 Michael Cottorone	25	M25-29	Hilton	1:01:30	09:54
28	563 Eric Yunker	29	M25-29	Spencerport	1:04:17	10:21
29	500 Mike Storti	27	M25-29	Rochester	1:20:52	13:01

M30-34

1	313 Sean MacKinnon	34	M30-34	Fairport	0:38:01	06:07
2	573 Jochen Hoppert	30	M30-34	Lima	0:39:34	06:22
3	701 Gabriel Slaone	33	M30-34	Pittsford	0:41:18	06:39
4	504 Robert Strelick	30	M30-34	Rochester	0:44:20	07:08
5	21 Chad Boehly	33	M30-34	Churchville	0:44:22	07:09
6	398 Kevin Pawlak	34	M30-34	Fairport	0:45:14	07:17
7	691 Keith Cona	33	M30-34	East Rochester	0:45:49	07:23
8	237 Joseph Howlett	30	M30-34	Rochester	0:45:59	07:24
9	643 Andrew Suppo	32	M30-34	Spencerport	0:46:14	07:27
10	678 Tom Schiffert	30	M30-34	Rochester	0:48:02	07:44
11	569 Gustavo Zajia	34	M30-34	Rochester	0:49:19	07:57
12	360 James Morse	31	M30-34	Rochester	0:49:53	08:02
13	666 Ryan Cameron	34	M30-34	Scottsville	0:51:08	08:14
14	653 Peter Hunt	32C	M30-34	Holley	0:51:45	08:20
15	748 Raymind Dry	33	M30-34	Rochester	0:51:53	08:21
16	717 Ryan Fosegan	34	M30-34	Fairport	0:51:55	08:22
17	353 Chuck Mitrano	34	M30-34	Rochester	0:52:09	08:24
18	755 Ian Marshall	34	M30-34	Rochester	0:55:19	08:55
19	810 Manuel Pacheco	30	M30-34	Rochester	0:55:49	08:59
20	424 John Rizzo	31	M30-34	Rochester	0:56:09	09:03
21	310 Barry Lowe	32	M30-34	Brooklyn	0:57:03	09:11
22	680 Keith Degraff	30C	M30-34	Covington	1:00:06	09:41
23	540 Jason Weidert	30	M30-34	Atlanta	1:00:25	09:44
24	794 Kevin Deyalk	32	M30-34	Rochester	1:01:08	09:51
25	809 Robert Drew	30	M30-34	Rochester	1:22:16	13:15
26	804 Jake Morgan	32	M30-34	Mumford	1:22:16	13:15

M35-39

1	721 Ron Hhughes	37	M35-39	Walworth	0:38:12	06:09
2	554 Andy Wooding	36	M35-39	N. Chili	0:38:22	06:11
3	204 John Hair	38	M35-39	W. Henrietta	0:39:23	06:21
4	153 Michael Feldstein	36	M35-39	Rochester	0:39:51	06:25
5	388 Jeffrey Ouriel	39	M35-39	Rochester	0:39:53	06:25
6	442 Jonn Salvador	37	M35-39	Penfield	0:40:15	06:29
7	405 David Penrose	38	M35-39	Rochester	0:41:45	06:43
8	400 Jim Peer	37	M35-39	Rochester	0:45:28	07:19
9	645 Joseph McMahon	38	M35-39	Rochester	0:46:22	07:28
10	497 William Steinmetz	39C	M35-39	Rochester	0:46:29	07:29
11	568 Gabriel Zajia	39	M35-39	Spencerport	0:46:39	07:31
12	228 Matt Hill	36	M35-39	Webster	0:46:54	07:33
13	707 Roger Bolton	37	M35-39	Albion	0:47:53	07:43
14	10 Michael Baker	37	M35-39	Rochester	0:48:18	07:47
15	49 Korey Brown	37	M35-39	Pittsford	0:48:56	07:53
16	647 Jeffrey Brooks	39	M35-39	Caledonia	0:49:39	08:00
17	124 Scott Dueker	36	M35-39	Rochester	0:50:04	08:04
18	208 Mike Hall	37	M35-39	Rochester	0:50:18	08:06
19	452 Matthew Scheg	36	M35-39	Hilton	0:50:21	08:07
20	590 Joel Wojciechowski	38C	M35-39	W. Henrietta	0:51:11	08:14
21	285 Dean Lauria	37	M35-39	Rochester	0:52:44	08:30
22	464 Nick Schlierf	36	M35-39	Rochester	0:53:29	08:37
23	325 Ken Mason	39	M35-39	Webster	0:53:37	08:38
24	323 Michael Martone	36	M35-39	Spencerport	0:56:28	09:05
25	163 Andrew Fink	36	M35-39	New York	0:56:30	09:06
26	111 Michael Depferd	35	M35-39	Mashpee	0:56:31	09:06
27	776 James Viscoonte	37	M35-39	Rochester	0:56:50	09:09
28	164 Matthew Fink	36	M35-39	Rochester	0:57:16	09:13
29	105 Robert Delligatti	37	M35-39	Lemoyne	0:57:27	09:15
30	231 Andrew Hoelperl	35	M35-39	Hilton	0:57:34	09:16
31	267 Harry King III	36	M35-39	Rochester	0:59:29	09:35
32	84 David Coene	37	M35-39	Ontario	0:59:39	09:36

33	86	Christopher Congdon	35	M35-39	Walworth	1:03:30	10:13
34	343	Dean Meyers	37	M35-39	Webster	1:03:36	10:15
35	807	Richard Schwan	37	M35-39	Hilton	1:04:08	10:20
36	59	Brian Carl	36	M35-39	Fairport	1:04:21	10:22
37	235	Andrew Hoteling	38	M35-39	Walworth	1:05:57	10:37
38	522	Timothy Trott	38C	M35-39	Rochester	1:05:57	10:37
39	80	Craig Coburn	35	M35-39	Sanatoga	1:06:13	10:40
40	295	David Levitsky	38	M35-39	Rochester	1:07:02	10:48
41	481	Shannon Silvus	39	M35-39	Penfield	1:07:02	10:48
42	96	Steve Cronmiller	36C	M35-39	Rochester	1:07:44	10:54
43	426	Micah Rockwell	35	M35-39	Titusville	1:08:33	11:02
44	617	Christopher Burley	37	M35-39	Rochester	1:08:53	11:05
45	5	Vinay Aggarwal	35C	M35-39	Brockport	1:14:34	12:00
46	730	Scott Berry	36	M35-39	Spencerport	1:18:31	12:39
47	773	Mark Tagliaferri	35	M35-39	Penfield	1:20:29	12:58
48	386	William Olp	38C	M35-39	Dallas	1:25:35	13:47

M40-44

1	726	Theo Schnauffer	43	M40-44	Rochester	0:38:29	06:12
2	18	Jim Blaakman	42	M40-44	Pittsford	0:39:46	06:24
3	61	Sean Carnahan	43	M40-44	Rochester	0:41:32	06:41
4	238	David Hughes	40	M40-44	Pittsford	0:41:56	06:45
5	587	Roy Corcoran	44	M40-44	Brockport	0:41:57	06:45
6	695	Mike Roemer	42	M40-44	Rochester	0:42:05	06:47
7	686	Chris Boschnack	42	M40-44	Rochester	0:42:45	06:53
8	69	Jeff Chester	42C	M40-44	Rochester	0:43:33	07:01
9	702	Nate Van Duzer	40	M40-44	Dover	0:44:53	07:14
10	114	Steven Derks	44	M40-44	W. Henrietta	0:46:43	07:31
11	297	Steven Levitsky	40	M40-44	Rochester	0:47:27	07:38
12	318	Mark Manioci	42	M40-44	Rochester	0:47:50	07:42
13	457	Stephen Schifffhauer	40	M40-44	Rochester	0:47:57	07:43
14	409	Tim Peters	43	M40-44	Spencerport	0:48:05	07:45
15	188	Tommy Givens	43	M40-44	Rochester	0:48:15	07:46
16	420	John Reagan	43	M40-44	Spencerport	0:50:04	08:04
17	216	Daniel Hayden	40	M40-44	Victor	0:50:07	08:04
18	561	James Yeager	41	M40-44	Rochester	0:51:04	08:13
19	548	Ken White	41	M40-44	Victor	0:51:07	08:14
20	429	Michael Rodenhouse	42	M40-44	Macedon	0:51:14	08:15
21	709	Scott Adair	41	M40-44	Scottsville	0:51:25	08:17
22	223	Mark Hedberg	43	M40-44	Rochester	0:51:33	08:18
23	437	Jim Ruud	43	M40-44	Delmar	0:52:15	08:25
24	559	Michael Yancey	41	M40-44	Pittsford	0:53:07	08:33
25	490	Dennis Smyth	41	M40-44	Pittsford	0:53:12	08:34
26	800	Joseph Hayden	43	M40-44	Spencerport	0:53:30	08:37
27	793	Tim Reynolds	44	M40-44	Rochester	0:54:26	08:46
28	637	Doug Nazarian	41	M40-44	Catonsville	0:54:33	08:47
29	160	Claude Fillion	42	M40-44	Rochester	0:56:17	09:04
30	565	Phillip Zabst	41	M40-44	Gas City	0:56:38	09:07
31	487	Douglas Smith	41	M40-44	Rochester	0:56:50	09:09
32	687	Edward Daubert	40	M40-44	Spencerport	0:57:09	09:12
33	690	Michael Eldred	43	M40-44	Albion	0:57:15	09:13
34	676	Coley Webb	40	M40-44	Leroy	0:57:35	09:16
35	550	Steven Wilcox	42	M40-44	Brockport	0:57:55	09:20
36	182	Karl Gielenfeldt	40	M40-44	Rochester	0:58:06	09:21
37	754	James Carlucci	42	M40-44	Rochester	0:58:08	09:22
38	715	Ted Trybus	42	M40-44	Rochester	0:59:00	09:30
39	170	David Fluellen	44C	M40-44	Fairport	1:01:32	09:55
40	128	Daniel Dutton	43	M40-44	Rochester	1:01:48	09:57
41	312	Russ Lyons	41	M40-44	Rochester	1:02:57	10:08
42	292	Patrick Lenney	41	M40-44	Rochester	1:06:12	10:40
43	330	Larry McKee	42	M40-44	Rochester	1:19:11	12:45
44	54	Thomas Butler	42C	M40-44	Rochester	1:22:16	13:15
45	624	Dave Kettell	42	M40-44	Rochester	1:28:42	14:17

M45-49

1	477	Kevin Sheehan	45	M45-49	Hamlin	0:39:41	06:23
2	423	Steven Rivers	46	M45-49	Victor	0:41:08	06:37
3	462	Steve Schindler	48	M45-49	Hurley	0:41:09	06:38
4	689	Daniel Giblin	45	M45-49	Irondequoit	0:41:29	06:41
5	747	Randy Dunham	45	M45-49	Spencerport	0:43:38	07:02
6	558	Benjamin Yagoda	45	M45-49	Rochester	0:44:19	07:08
7	735	Joe Haungs	46	M45-49	Rochesrer	0:45:46	07:22
8	194	Tim Gordon	48	M45-49	Brockport	0:46:20	07:28
9	483	William Skuse	49	M45-49	Pittsford	0:46:23	07:28
10	252	Jim Joseph	45	M45-49	Rochester	0:46:46	07:32
11	412	Ronald Prabucki	45	M45-49	Lockport	0:47:21	07:37
12	459	Kevin Schindler	47	M45-49	Ashburn	0:47:55	07:43

13	255	Mark Kastner	47	M45-49	Pittsford	0:48:00	07:44
14	89	Joseph Coppeta	45	M45-49	N. Greece	0:48:06	07:45
15	445	William Sandow	46	M45-49	W. Henrietta	0:48:56	07:53
16	65	Mark Champion	46	M45-49	Henrietta	0:49:21	07:57
17	35	Rick Borrelli	49	M45-49	Rochester	0:49:31	07:58
18	507	Steve Sturm	45	M45-49	Hilton	0:49:37	07:59
19	209	Shawn Halquist	47	M45-49	Brockport	0:49:40	08:00
20	142	Mark Erbeling	48	M45-49	Rochester	0:49:57	08:03
21	384	David OLeary	47	M45-49	Rochester	0:50:12	08:05
22	806	Marty Sochia	47	M45-49	Spencerport	0:50:24	08:07
23	817	Dan Judd	47	M45-49	Rochester	0:50:26	08:07
24	644	Gary Wicks	45	M45-49	Spencerport	0:50:29	08:08
25	805	Wilton Alston	48	M45-49	Rochester	0:50:35	08:09
26	415	Colin Purdy	46	M45-49	Rochester	0:51:56	08:22
27	501	Chuck Strang	49	M45-49	Scottsville	0:52:00	08:22
28	619	Robert Gates	46	M45-49	Hamlin	0:52:06	08:23
29	88	Robert Cope	47	M45-49	Livonia	0:52:09	08:24
30	222	Paul Hebert	49	M45-49	Hilton	0:52:11	08:24
31	316	Dan Mangan	47	M45-49	Rochester	0:52:56	08:31
32	697	Mark Baker	49	M45-49	Spencerport	0:53:49	08:40
33	667	Joel Branciforte	48	M45-49	Byron	0:53:50	08:40
34	363	Robert Mulcock	47	M45-49	Canandaigua	0:54:23	08:45
35	694	Kirk Kimmerly	47	M45-49	Holley	0:54:23	08:45
36	172	Dennis Flynn	49	M45-49	Fairport	0:54:26	08:46
37	533	Randy Vercauteren	45C	M45-49	Pittsford	0:54:44	08:49
38	514	Michael Theisen	46	M45-49	Rochester	0:55:09	08:53
39	518	Michael Tomasso	47	M45-49	Rochester	0:55:31	08:56
40	100	Roger Dahl	47	M45-49	Hilton	0:56:08	09:02
41	564	Robert Yurek	48C	M45-49	Geneva	0:56:48	09:09
42	625	Tom Roth	49	M45-49	Spencerport	0:57:11	09:12
43	173	John Flynn	47	M45-49	Spencerport	0:57:17	09:13
44	98	Rick Crumb	49	M45-49	Spencerport	0:57:22	09:14
45	670	Martin Cox	48	M45-49	Fairport	0:58:41	09:27
46	289	Brian Lemon	48	M45-49	Brockport	0:58:41	09:27
47	532	Julio Vazquez	48	M45-49	Rochester	0:59:02	09:30
48	29	Richard Borcyk	46	M45-49	Rochester	0:59:06	09:31
49	347	Sheldon Meyers	47	M45-49	Brockport	0:59:21	09:33
50	378	James Norris	47	M45-49	Rochester	0:59:58	09:39
51	739	David Fedrizzi	47	M45-49	Pittsford	1:00:26	09:44
52	603	Daniel Leo	45	M45-49	Rochester	1:04:46	10:26
53	39	Jim Bradley	49	M45-49	Rochester	1:04:49	10:26
54	672	Todd Brindle	45	M45-49	Brockport	1:06:02	10:38
55	55	Mark Camarata	45	M45-49	Rochester	1:06:11	10:39
56	371	Donald Nelson	47C	M45-49	Schuylkill Haven	1:07:19	10:50
57	187	John Girvin	49	M45-49	Holley	1:08:50	11:05
58	627	Chuck Bergeman	47C	M45-49	Spencerport	1:08:53	11:05
59	722	Michael Morris	47	M45-49	Glastonbury	1:09:59	11:16
60	604	Robert Dalton	46	M45-49	Rochester	1:11:22	11:29
61	473	John Seaford	49	M45-49	Rochester	1:11:22	11:29

M50-54

1	8	Charlie Andrews	50	M50-54	Rochester	0:37:36	06:03
2	674	Tim McMullen	54	M50-54	Churchville	0:39:27	06:21
3	277	Michael Koplinka-Loehr	50	M50-54	Ithaca	0:40:57	06:36
4	126	Michael Dunn	51	M50-54	Rochester	0:43:03	06:56
5	358	Dick Moriarty	51	M50-54	Churchville	0:43:18	06:58
6	307	Louis Lombardo	50	M50-54	Rochester	0:43:30	07:00
7	226	Alan Heyer	51	M50-54	Clinton	0:43:52	07:04
8	329	Michael McCullough	51	M50-54	Spencerport	0:44:08	07:06
9	552	Mark Woodhams	50	M50-54	E. Rochester	0:44:43	07:12
10	542	Michael Weinpress	52	M50-54	Spencerport	0:44:51	07:13
11	233	Michael Hornak	54	M50-54	Rochester	0:44:55	07:14
12	498	John Stoffel	50	M50-54	Rochester	0:45:31	07:20
13	341	Rick Merritt	54	M50-54	Spencerport	0:46:40	07:31
14	300	Scott Lewis	53	M50-54	N. Chili	0:47:30	07:39
15	73	Stan Cipura	51	M50-54	Rochester	0:48:09	07:45
16	275	Gary Kochanek	53	M50-54	Rochester	0:48:33	07:49
17	377	Jeffrey Noone	50	M50-54	Dunn Loring	0:48:56	07:53
18	750	Rick Lemuke	53	M50-54	Hilton	0:49:14	07:56
19	600	Daniel Demarest	53	M50-54	Rochester	0:49:20	07:57
20	551	Stephen Wilson	50	M50-54	Rochester	0:50:00	08:03
21	480	Daniel Sillick	51	M50-54	Hilton	0:50:03	08:04
22	416	Trevor Purdy	54C	M50-54	Rochester	0:50:25	08:07
23	38	Randy Boyce	51	M50-54	Oakfield	0:50:39	08:09
24	43	Ron Breed	50	M50-54	Hilton	0:50:49	08:11
25	286	Bruce Lavner	53	M50-54	Rochester	0:51:13	08:15
26	32	David Borowiec	51	M50-54	Livonia	0:51:55	08:22

27	272 Alan Knauf	51	M50-54	Rochester	0:52:00	08:22
28	766 Michael Bracci	50	M50-54	Rochester	0:53:34	08:38
29	677 Peter Bartell	51	M50-54	Rochester	0:53:45	08:39
30	496 Sally Stearns	53	M50-54	Oxford	0:53:47	08:40
31	813 Walter Dell	50	M50-54	Rochester	0:54:52	08:50
32	19 Joe Blakely	50	M50-54	Spencerport	0:54:53	08:50
33	344 Jim Meyers	51	M50-54	Fairport	0:55:00	08:51
34	639 Kenneth Streb	51	M50-54	Brockport	0:55:59	09:01
35	72 Rick Cieply	52	M50-54	Fairport	0:56:11	09:03
36	598 David Linn	50	M50-54	Rochester	0:56:27	09:05
37	147 Gregory Farrell	51	M50-54	Rochester	0:56:42	09:08
38	710 Ronald Graham	50C	M50-54	Rochester	0:57:07	09:12
39	258 Kenneth Katz	52	M50-54	Pittsford	0:57:37	09:17
40	419 Douglas Ralph	52	M50-54	Rochester	0:58:08	09:22
41	196 Thomas Grace	54	M50-54	Rochester	0:58:26	09:25
42	591 David Storie	54	M50-54	Rochester	0:58:56	09:29
43	311 Mitchell Lurye	50	M50-54	Rochester	0:59:22	09:34
44	539 Douglas Watts	50	M50-54	Rochester	1:00:04	09:40
45	64 Al Cellura	51	M50-54	Rochester	1:00:18	09:43
46	479 Peter Sherer	52	M50-54	Rochester	1:02:20	10:02
47	265 Jeffrey Kerr	50	M50-54	Rochester	1:02:30	10:04
48	191 Daniel Glowinsky	51	M50-54	Rochester	1:02:41	10:06
49	99 Dennis Culhane	53	M50-54	Rochester	1:02:44	10:06
50	541 Rudy Weidert	54	M50-54	Rochester	1:04:00	10:18
51	630 James Lacure	50	M50-54	Rochester	1:06:53	10:46
52	76 Gary Ciulla	52C	M50-54	Rochester	1:09:25	11:11
53	85 Peter Como	54	M50-54	Rochester	1:09:31	11:12
54	62 George Cedeno	51	M50-54	Hilton	1:13:53	11:54
55	130 Michael Dwaileebe	53	M50-54	Rochester	1:16:36	12:20
56	446 Fred SanFilipo	51	M50-54	Spencerport	1:35:14	15:20

M55-59

1	407 Ric Perry	58	M55-59	Rochester	0:40:48	06:34
2	259 Louis Katz	55	M55-59	Spencerport	0:46:57	07:34
3	425 Jerry Roberts	57	M55-59	Rochester	0:46:57	07:34
4	236 Roger Howe	59	M55-59	Rochester	0:47:12	07:36
5	51 Glen Burkhart	57	M55-59	Fairport	0:47:39	07:40
6	381 Eric Ober	55	M55-59	Rochester	0:49:23	07:57
7	716 Donald Schuster	55	M55-59	Rochester	0:51:27	08:17
8	526 Gary Updyke	59	M55-59	Pittsford	0:52:36	08:28
9	626 Donald Galetto	55	M55-59	Spencerport	0:52:46	08:30
10	683 Edward Leahy	55C	M55-59	Rochester	0:52:59	08:32
11	94 Richard Courtright	59	M55-59	Rochester	0:53:27	08:36
12	434 David Ross	56	M55-59	Rochester	0:54:11	08:43
13	394 Anthony Palumbo	55	M55-59	Rochester	0:54:19	08:45
14	48 David Brongo	56	M55-59	Geneseo	0:54:34	08:47
15	534 Gregory Vleck	58	M55-59	Rochester	0:55:05	08:52
16	749 Holden Miller	56	M55-59	Bergen	0:55:20	08:55
17	586 Bob Djak	55	M55-59	Rochester	0:56:44	09:08
18	484 John Slivick	58	M55-59	Rochester	0:57:21	09:14
19	352 Daniel Mills	55	M55-59	Ramsey	0:58:06	09:21
20	649 Douglas Jones	55	M55-59	Pittsford	1:00:26	09:44
21	326 Andy Matzan	55	M55-59	Rochester	1:00:26	09:44
22	7 Joseph Aloisio	56	M55-59	Atlanta	1:01:58	09:59
23	374 Philip Nelson	56	M55-59	Victor	1:02:37	10:05
24	13 Lawrence Barone	55	M55-59	Rochester	1:03:04	10:09
25	45 Kevin Brinkman	58	M55-59	Spencerport	1:03:19	10:12
26	605 Gary Tycha	58	M55-59	Rochester	1:05:42	10:35
27	206 Joseph Hajeci	58	M55-59	Rochester	1:08:07	10:58
28	802 Donald Salanone	56	M55-59	Roch	1:22:01	13:12
29	90 Al Cotton	56	M55-59	Pittsford	1:22:52	13:21
30	389 Mark Palma	58	M55-59	Rochester	1:32:54	14:58

M60-64

1	546 Ernie Werzinger	60	M60-64	Webster	0:45:56	07:24
2	189 Jim Gliinsky	61	M60-64	Pittsford	0:49:16	07:56
3	775 Jens Ingemann Jensen	60	M60-64	Rochester	0:50:58	08:12
4	779 Greg Brooks	60	M60-64	Rochester	0:51:00	08:13
5	538 Barry Watkins	62	M60-64	Rochester	0:51:59	08:22
6	195 George Grace	61	M60-64	Spencerport	0:57:38	09:17
7	97 Irwin Crosby	63	M60-64	South Byron	0:59:19	09:33
8	162 Allan Fink	62	M60-64	Rochester	1:00:39	09:46
9	203 Peter Haggerty	62	M60-64	W. Henrietta	1:04:20	10:22
10	82 Tom Coburn	64	M60-64	Spencerport	1:06:13	10:40
11	699 Robert Carafice	64	M60-64	Rochester	1:07:11	10:49
12	299 Richard Lewandowski	63	M60-64	Rochester	1:10:21	11:20
13	264 Don Kenyon	61	M60-64	Hilton	1:12:09	11:37

14	430	Gary Romig	60	M60-64	Hilton	1:12:54	11:44
15	176	Gene Francione	60	M60-64	Rochester	1:14:12	11:57
16	742	Thomas Green	60	M60-64	Lexington	1:21:40	13:09
17	301	Dan Lill	61C	M60-64	Rochester	1:28:32	14:15

M65-69

1	547	Bill White	65	M65-69	Hilton	0:52:48	08:30
2	24	Sid Bolton	65	M65-69	Albion	0:53:51	08:40
3	79	Earl Cliffl	68	M65-69	Livonia	1:00:38	09:46
4	503	Paul Strelick	65	M65-69	Rochester	1:02:24	10:03
5	485	Al Smith	69	M65-69	Rochester	1:05:01	10:28
6	519	Sandy Toole	69	M65-69	Rochester	1:28:12	14:12

M70-74

1	281	Armand Langevin	70	M70-74	Cohoes	1:01:46	09:57
2	224	Dave Heeks	70	M70-74	Rochester	1:03:50	10:17

M75-79

1	251	James Jones	79	M75-79	Fort Wayne	2:32:58	24:38
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