

**Rochester Spring Classic Duathlon - SuperSprint**  
**Saturday, May 22nd, 2010 Mendon Ponds Park, Mendon, NY**  
**Produced/Timed by YellowJacket Racing**

**Total Finishers - 103 (Male - 53, Female - 50)**

Pos	Bib	Fullname	Gender	M/F	Place	Class	Age	City	Run1Tm	T1Tm	Bike1Tm	T2Tm	Run2Tm	TotalTm
1	224	George Newsome	M		1	Overall Male	36	Palmyra	13:35	00:53	0:26:52	00:40	07:03	0:49:03
2	64	Graham Frazer	M		2	M40-44	41	Dansville	14:29	00:42	0:26:23	00:34	07:34	0:49:44
3	123	Nicholas Mueller	M		3	M20-24	22	Lakewood	14:14	00:38	0:28:40	00:34	07:17	0:51:22
4	220	Bob Hamilton	M		4	M55-59	55	Lyons	13:43	00:22	0:29:39	00:24	07:35	0:51:43
5	221	Stephanie Gardner	F		1	Overall Female	38	Dryden	14:37	00:44	0:29:33	00:38	07:39	0:53:11
6	125	Wayne Mulhair	M		5	M40-44	42	Rochester	14:58	00:57	0:28:27	00:27	08:34	0:53:23
7	126	Ron Nelson	M		6	M50-54	54	Oswego	15:16	00:52	0:27:53	00:50	08:50	0:53:41
8	183	Jim Yeager	M		7	M40-44	44	Rochester	14:46	00:56	0:29:44	00:46	08:08	0:54:20
9	13	Marc Bigsby	M		8	M40-44	42	Rochester	15:24	00:45	0:29:56	00:37	08:15	0:54:57
10	55	Peter G Evans	M		9	M50-54	52	Webster	14:54	01:13	0:29:36	01:09	08:07	0:55:00
11	81	Karl Jaanimagi	M		10	M30-34	30	Henrietta	13:59	00:34	0:32:21	00:28	07:45	0:55:06
12	70	Bryan Hammer	M		11	M25-29	29	Rochester	15:32	00:55	0:30:27	00:44	08:08	0:55:46
13	66	John Gorton	M		12	M40-44	40	Webster	15:09	00:58	0:30:30	01:02	08:36	0:56:15
14	141	Lauren Pulli	F		2	F40-44	44	Rochester	16:11	00:42	0:30:39	00:45	08:27	0:56:43
15	181	Erik Yaekel	M		13	M35-39	38	Pittsford	14:56	00:34	0:33:04	00:26	07:54	0:56:53
16	189	Paul Thompson	M		14	M35-39	39	Byron	14:56	01:07	0:32:04	01:01	08:34	0:57:43
17	225	Sarah Newsome	F		3	F35-39	36	Palmyra	16:27	00:46	0:30:56	00:37	09:02	0:57:46
18	182	Daniel Yawman	M		15	M35-39	39	Rochester	16:03	01:00	0:31:18	01:21	08:08	0:57:50
19	176	Andy White	M		16	M20-24	22	East Rochester	16:00	00:34	0:32:49	00:23	08:38	0:58:23
20	89	Gabrielle J Keister	F		4	F35-39	37	Leroy	15:31	01:03	0:32:34	00:51	08:36	0:58:34
21	118	Andrew Moles	M		17	M35-39	39	Canandaigua	16:10	01:31	0:32:23	00:47	08:54	0:59:46
22	3	Glen Austin	M		18	M45-49	49	Bloomfield	15:29	00:41	0:34:22	00:29	08:49	0:59:50
23	20	Josh Brodnicki	M		19	M19UNDER	14	Spencerport	14:26	01:37	0:34:48	00:47	08:25	1:00:03
24	192	Christopher Davis	M		20	M35-39	38	Pittsford	15:08	01:17	0:32:57	01:25	09:19	1:00:07
25	54	Brandon Erwin	M		21	M30-34	32	Rochester	15:26	01:24	0:35:23	00:28	07:28	1:00:08
26	175	Dan Whitcomb	M		22	M40-44	41	Walworth	16:42	00:48	0:30:43	00:44	11:17	1:00:15
27	153	Jeff Schumacher	M		23	M50-54	50	Rochester	16:49	00:55	0:32:59	00:37	09:01	1:00:22
28	128	Brett Newman	M		24	M20-24	22	Ontario	16:09	00:50	0:33:43	00:44	09:21	1:00:46
29	74	Timothy Hawco	M		25	M20-24	22	Newark Valley	16:10	00:48	0:33:45	00:44	09:21	1:00:46
30	65	John Ghidiu	M		26	M30-34	32	Rochester	16:46	00:28	0:34:08	00:25	09:17	1:01:03
31	98	Alyssa Likly	F		5	F19UNDER	16	Pittsford	17:07	00:43	0:31:45	01:04	10:44	1:01:22
32	217	Joe Howlett	M		27	M30-34	33	Farmington	15:39	01:07	0:35:27	00:42	08:53	1:01:48
33	102	Kelly Ludovici	F		6	F20-24	23	Rochester	16:51	00:33	0:35:12	00:35	08:50	1:02:00
34	190	Linda Brisbane	F		7	F45-49	47	Pittsford	16:56	01:43	0:33:14	01:14	08:56	1:02:02
35	124	Rudy Mueller	M		28	M50-54	53	Lakewood	17:04	00:44	0:35:23	00:24	08:30	1:02:05

36	35 Tricia Cicero	F	8	F35-39	39 Fairport	18:02	00:41	0:33:49	00:44	09:00	1:02:16
37	80 Jennie C Indivero	F	9	F25-29	27 Rochester	17:16	00:44	0:34:49	00:39	08:55	1:02:23
38	83 Matthew Johnson	M	29	M25-29	29 Rochester	19:09	01:03	0:33:56	00:56	09:42	1:04:47
39	208 Julie Barnes	F	10	F45-49	47 Honeoye Falls	18:53	01:21	0:32:56	01:25	10:13	1:04:48
40	37 Mike Colletta	M	30	M45-49	48 Spencerport	18:47	01:20	0:32:54	01:02	10:47	1:04:50
41	101 Donna R. Loeb	F	11	F50-54	50 Geneva	18:32	01:24	0:34:56	01:10	09:12	1:05:13
42	88 Jeffrey Katz	M	31	M45-49	45 Pittsford	17:12	00:48	0:35:19	00:53	11:08	1:05:20
43	6 Ted Baum	M	32	M45-49	47 Rochester	18:18	01:23	0:34:08	01:13	10:22	1:05:24
44	146 Stephen Ricketts	M	33	M35-39	36 Pittsford	19:25	01:18	0:32:57	00:58	10:48	1:05:27
45	11 Carla Berry	F	12	F25-29	28 Rochester	18:20	00:47	0:35:09	00:55	10:17	1:05:27
46	226 Amy Burbano	F	13	F35-39	38 Brockport	17:59	01:28	0:36:10	00:58	09:48	1:06:22
47	48 Marty Wallace Douglas	M	34	M55-59	56 Lima	16:55	01:07	0:36:25	01:10	10:50	1:06:28
48	160 Kristin M Smith	F	14	F25-29	27 Rochester	19:02	01:36	0:35:31	01:01	09:19	1:06:28
49	137 Scott Paeth	M	35	M20-24	21 Kendall	18:15	02:12	0:33:05	02:27	10:49	1:06:47
50	191 Jim Rappleye	M	36	M40-44	40 Spencerport	18:01	01:34	0:34:45	01:57	10:32	1:06:50
51	134 Sean O'Neill	M	37	M35-39	36 Rochester	17:14	01:33	0:36:40	01:09	10:28	1:07:03
52	132 Michelle O'Connor	F	15	F40-44	42 Rochester	19:32	01:12	0:36:22	00:45	09:46	1:07:37
53	206 Jack Riley	M	38	M19UNDER	14 Pittsford	18:46	00:47	0:39:12	00:59	08:27	1:08:11
54	29 Frank Carbone	M	39	M40-44	43 Rochester	19:26	00:50	0:36:29	01:06	10:21	1:08:12
55	199 Ana C Franco	F	16	F25-29	28 Webster	19:54	00:45	0:37:06	00:37	09:55	1:08:17
56	79 Jeremy Hunter	M	40	M40-44	40 West Henrietta	17:57	00:44	0:38:26	01:00	11:35	1:09:43
57	111 Christina Mclyman	F	17	F40-44	43 Rochester	18:24	01:18	0:39:48	00:48	09:27	1:09:44
58	227 David Christa	M	41	M55-59	55 Victor	18:10	00:43	0:39:46	00:53	10:22	1:09:55
59	177 Sarah White	F	18	F35-39	39 Webster	20:28	00:29	0:37:57	00:26	10:36	1:09:56
60	12 Jean-Louis Bigourdan	M	42	M50-54	55 Springwater	19:06	01:31	0:36:55	01:31	11:12	1:10:15
61	113 William Mehring	M	43	M30-34	32 Honeoye Falls	17:40	01:57	0:40:36	00:47	09:26	1:10:25
62	152 Kelly Schroeder	F	19	F25-29	29 Rochester	18:32	00:45	0:40:21	00:41	10:07	1:10:26
63	205 Christina Riley	F	20	F40-44	43 Pittsford	21:17	00:39	0:37:28	00:32	10:51	1:10:46
64	213 Kathryn Kaplan	F	21	F30-34	30 Geneva	19:24	00:59	0:39:02	00:36	10:48	1:10:50
65	148 Sandra Rosengrant	F	22	F45-49	49 Churchville	21:28	01:08	0:35:31	01:07	11:50	1:11:06
66	161 Gretchen Stahlman	F	23	F50-54	51 Fairport	21:02	01:22	0:37:05	01:01	11:00	1:11:29
67	222 Julianne Mullane	F	24	F35-39	38 Fairport	20:54	01:32	0:35:23	02:44	11:27	1:11:59
68	178 Tracy Wilt	F	25	F30-34	33 Rochester	21:04	01:26	0:37:02	01:02	11:29	1:12:03
69	156 Kathleen Shea	F	26	F30-34	33 Rochester	19:17	01:33	0:38:52	01:39	11:06	1:12:27
70	173 Jeffrey Weber	M	44	M55-59	55 Rochester	22:01	00:59	0:37:03	01:06	12:13	1:13:22
71	96 Tracey L Leipold	F	27	F40-44	41 Rochester	19:45	01:37	0:39:53	00:51	11:25	1:13:31
72	194 Barbara Love	F	28	F40-44	42 Rochester	19:52	01:20	0:39:22	01:15	11:44	1:13:33
73	16 Tonia Borrosch	F	29	F40-44	40 Honeoye Falls	21:30	01:34	0:38:07	01:19	11:02	1:13:33
74	93 Carolyn M Kriesen	F	30	F65-69	67 Webster	21:28	00:46	0:39:46	00:32	11:49	1:14:21
75	195 Kelly Meeker	F	31	F25-29	27 Fairport	20:27	01:25	0:41:13	01:08	10:34	1:14:47

76	95	Nathalie Larochelle	F	32	F40-44	40	Williamson	21:40	01:36	0:38:41	01:05	11:45	1:14:48
77	112	Sean McPartland	M	45	M35-39	36	Canandaigua	20:25	01:13	0:41:03	00:54	11:14	1:14:50
78	82	Marc Johnson	M	46	M20-24	22	East Rochester	18:58	01:11	0:43:05	01:09	10:37	1:15:00
79	25	Larry Byron	M	47	M50-54	51	Hamlin	21:31	01:00	0:35:55	01:28	15:08	1:15:02
80	73	Kathryn Harrison	F	33	F40-44	44	Pittsford	21:04	01:15	0:40:57	01:12	11:03	1:15:31
81	4	Mitchell Austin	M	48	M19UNDER	16	Bloomfield	18:52	00:57	0:43:30	01:01	11:48	1:16:08
82	207	Greg Borrosch	M	49	M40-44	43	Honeoye Falls	21:20	01:43	0:41:07	01:29	11:01	1:16:40
83	100	Ellen Lloyd	F	34	F30-34	32	Palmyra	21:29	01:05	0:41:33	01:17	11:16	1:16:41
84	109	Connie McIntosh	F	35	F45-49	48	Baldwinsville	21:32	01:09	0:40:28	01:06	12:43	1:16:59
85	139	Kathleen Pleninger	F	36	F45-49	49	Palmyra	21:38	01:50	0:41:21	01:39	11:13	1:17:41
86	119	Jennifer Moles	F	37	F35-39	36	Canandaigua	21:42	01:25	0:42:02	00:53	11:53	1:17:54
87	193	Karen Ryan	F	38	F35-39	39	Rochester	24:37	01:13	0:38:36	01:19	12:40	1:18:25
88	45	Ellen Dockum	F	39	F45-49	45	Fairport	22:29	00:49	0:42:55	00:54	11:31	1:18:38
89	85	Timothy Johnson	M	50	M19UNDER	14	Pittsford	18:44	01:08	0:49:10	00:47	09:10	1:18:58
90	99	Kelly Likly	F	40	F45-49	49	Pittsford	26:12	01:37	0:37:02	01:16	13:21	1:19:28
91	121	Daniel James Moran	M	51	M50-54	50	Rochester	20:17	01:42	0:45:57	01:14	12:00	1:21:09
92	9	Debra L Benson	F	41	F35-39	36	Penfield	22:04	02:14	0:41:38	02:46	12:39	1:21:22
93	10	Paul Benson	M	52	M40-44	40	Penfield	22:07	02:15	0:41:32	02:51	12:51	1:21:35
94	56	Pamela R. Faber	F	42	F45-49	46	Honeoye	24:46	01:59	0:40:15	02:11	14:33	1:23:43
95	110	Danielle McKarn	F	43	F35-39	36	Rochester	21:26	01:10	0:47:40	00:55	12:56	1:24:07
96	24	Tracy Burkovich	F	44	F40-44	43	Rochester	24:02	01:39	0:44:42	01:01	13:44	1:25:06
97	46	Thomas Dockum	M	53	M40-44	43	Fairport	23:24	01:13	0:49:11	00:50	13:42	1:28:20
98	120	Barbara Ann Moran	F	45	F50-54	50	Rochester	24:57	01:14	0:48:15	01:15	14:24	1:30:05
99	201	Jill Bates	F	46	F55-59	56	East Rochester	24:44	01:06	0:51:02	00:59	12:50	1:30:42
100	155	Julie F Seymour	F	47	F40-44	40	Rochester	24:22	01:25	0:55:19	01:54	12:52	1:35:52
101	42	Julie C Cusker	F	48	F40-44	41	Rochester	24:24	01:19	0:56:29	00:50	14:45	1:37:47
102	60	Shari Foos	F	49	F45-49	46	Rochester	31:58	01:33	0:48:31	01:35	18:55	1:42:33
103	14	Nina C Blackwell	F	50	F35-39	36	Rochester	24:39	02:20	0:55:02	00:56	21:42	1:44:39