

Rochester Spring Classic Duathlon - SuperSprint
Saturday, May 22nd, 2010 Mendon Ponds Park, Mendon, NY
Produced/Timed by YellowJacket Racing

Total Finishers - 103 (Male - 53, Female - 50)

Pos	Bib	Fullname	Gender	Class	Age	City	Run1Tm	T1Tm	Bike1Tm	T2Tm	Run2Tm	TotalTm
Overall Male												
	1	224 George Newsome	M	Overall Male	36	Palmyra	13:35	00:53	0:26:52	00:40	07:03	0:49:03
Overall Female												
	1	221 Stephanie Gardner	F	Overall Female	38	Dryden	14:37	00:44	0:29:33	00:38	07:39	0:53:11
F19UNDER												
	1	98 Alyssa Likly	F	F19UNDER	16	Pittsford	17:07	00:43	0:31:45	01:04	10:44	1:01:22
F20-24												
	1	102 Kelly Ludovici	F	F20-24	23	Rochester	16:51	00:33	0:35:12	00:35	08:50	1:02:00
F25-29												
	1	80 Jennie C Indivero	F	F25-29	27	Rochester	17:16	00:44	0:34:49	00:39	08:55	1:02:23
	2	11 Carla Berry	F	F25-29	28	Rochester	18:20	00:47	0:35:09	00:55	10:17	1:05:27
	3	160 Kristin M Smith	F	F25-29	27	Rochester	19:02	01:36	0:35:31	01:01	09:19	1:06:28
	4	199 Ana C Franco	F	F25-29	28	Webster	19:54	00:45	0:37:06	00:37	09:55	1:08:17
	5	152 Kelly Schroeder	F	F25-29	29	Rochester	18:32	00:45	0:40:21	00:41	10:07	1:10:26
	6	195 Kelly Meeker	F	F25-29	27	Fairport	20:27	01:25	0:41:13	01:08	10:34	1:14:47
F30-34												
	1	213 Kathryn Kaplan	F	F30-34	30	Geneva	19:24	00:59	0:39:02	00:36	10:48	1:10:50
	2	178 Tracy Wilt	F	F30-34	33	Rochester	21:04	01:26	0:37:02	01:02	11:29	1:12:03
	3	156 Kathleen Shea	F	F30-34	33	Rochester	19:17	01:33	0:38:52	01:39	11:06	1:12:27
	4	100 Ellen Lloyd	F	F30-34	32	Palmyra	21:29	01:05	0:41:33	01:17	11:16	1:16:41
F35-39												
	1	225 Sarah Newsome	F	F35-39	36	Palmyra	16:27	00:46	0:30:56	00:37	09:02	0:57:46
	2	89 Gabrielle J Keister	F	F35-39	37	Leroy	15:31	01:03	0:32:34	00:51	08:36	0:58:34
	3	35 Tricia Cicero	F	F35-39	39	Fairport	18:02	00:41	0:33:49	00:44	09:00	1:02:16
	4	226 Amy Burbano	F	F35-39	38	Brockport	17:59	01:28	0:36:10	00:58	09:48	1:06:22
	5	177 Sarah White	F	F35-39	39	Webster	20:28	00:29	0:37:57	00:26	10:36	1:09:56
	6	222 Julianne Mullane	F	F35-39	38	Fairport	20:54	01:32	0:35:23	02:44	11:27	1:11:59
	7	119 Jennifer Moles	F	F35-39	36	Canandaigua	21:42	01:25	0:42:02	00:53	11:53	1:17:54
	8	193 Karen Ryan	F	F35-39	39	Rochester	24:37	01:13	0:38:36	01:19	12:40	1:18:25

9	9 Debra L Benson	F	F35-39	36	Penfield	22:04	02:14	0:41:38	02:46	12:39	1:21:22
10	110 Danielle McKarn	F	F35-39	36	Rochester	21:26	01:10	0:47:40	00:55	12:56	1:24:07
11	14 Nina C Blackwell	F	F35-39	36	Rochester	24:39	02:20	0:55:02	00:56	21:42	1:44:39

F40-44

1	141 Lauren Pulli	F	F40-44	44	Rochester	16:11	00:42	0:30:39	00:45	08:27	0:56:43
2	132 Michelle OConnor	F	F40-44	42	Rochester	19:32	01:12	0:36:22	00:45	09:46	1:07:37
3	111 Christina Mclyman	F	F40-44	43	Rochester	18:24	01:18	0:39:48	00:48	09:27	1:09:44
4	205 Christina Riley	F	F40-44	43	Pittsford	21:17	00:39	0:37:28	00:32	10:51	1:10:46
5	96 Tracey L Leipold	F	F40-44	41	Rochester	19:45	01:37	0:39:53	00:51	11:25	1:13:31
6	194 Barbara Love	F	F40-44	42	Rochester	19:52	01:20	0:39:22	01:15	11:44	1:13:33
7	16 Tonia Borrosch	F	F40-44	40	Honeoye Falls	21:30	01:34	0:38:07	01:19	11:02	1:13:33
8	95 Nathalie Larochelle	F	F40-44	40	Williamson	21:40	01:36	0:38:41	01:05	11:45	1:14:48
9	73 Kathryn Harrison	F	F40-44	44	Pittsford	21:04	01:15	0:40:57	01:12	11:03	1:15:31
10	24 Tracy Burkovich	F	F40-44	43	Rochester	24:02	01:39	0:44:42	01:01	13:44	1:25:06
11	155 Julie F Seymour	F	F40-44	40	Rochester	24:22	01:25	0:55:19	01:54	12:52	1:35:52
12	42 Julie C Cusker	F	F40-44	41	Rochester	24:24	01:19	0:56:29	00:50	14:45	1:37:47

F45-49

1	190 Linda Brisbane	F	F45-49	47	Pittsford	16:56	01:43	0:33:14	01:14	08:56	1:02:02
2	208 Julie Barnes	F	F45-49	47	Honeoye Falls	18:53	01:21	0:32:56	01:25	10:13	1:04:48
3	148 Sandra Rosengrant	F	F45-49	49	Churchville	21:28	01:08	0:35:31	01:07	11:50	1:11:06
4	109 Connie McIntosh	F	F45-49	48	Baldwinsville	21:32	01:09	0:40:28	01:06	12:43	1:16:59
5	139 Kathleen Pleninger	F	F45-49	49	Palmyra	21:38	01:50	0:41:21	01:39	11:13	1:17:41
6	45 Ellen Dockum	F	F45-49	45	Fairport	22:29	00:49	0:42:55	00:54	11:31	1:18:38
7	99 Kelly Likly	F	F45-49	49	Pittsford	26:12	01:37	0:37:02	01:16	13:21	1:19:28
8	56 Pamela R. Faber	F	F45-49	46	Honeoye	24:46	01:59	0:40:15	02:11	14:33	1:23:43
9	60 Shari Foos	F	F45-49	46	Rochester	31:58	01:33	0:48:31	01:35	18:55	1:42:33

F50-54

1	101 Donna R. Loeb	F	F50-54	50	Geneva	18:32	01:24	0:34:56	01:10	09:12	1:05:13
2	161 Gretchen Stahlman	F	F50-54	51	Fairport	21:02	01:22	0:37:05	01:01	11:00	1:11:29
3	120 Barbara Ann Moran	F	F50-54	50	Rochester	24:57	01:14	0:48:15	01:15	14:24	1:30:05

F55-59

1	201 Jill Bates	F	F55-59	56	East Rochester	24:44	01:06	0:51:02	00:59	12:50	1:30:42
---	----------------	---	--------	----	----------------	-------	-------	---------	-------	-------	---------

F65-69

1	93 Carolyn M Kriesen	F	F65-69	67	Webster	21:28	00:46	0:39:46	00:32	11:49	1:14:21
---	----------------------	---	--------	----	---------	-------	-------	---------	-------	-------	---------

M19UNDER

1	20	Josh Brodnicki	M	M19UNDER	14	Spencerport	14:26	01:37	0:34:48	00:47	08:25	1:00:03
2	206	Jack Riley	M	M19UNDER	14	Pittsford	18:46	00:47	0:39:12	00:59	08:27	1:08:11
3	4	Mitchell Austin	M	M19UNDER	16	Bloomfield	18:52	00:57	0:43:30	01:01	11:48	1:16:08
4	85	Timothy Johnson	M	M19UNDER	14	Pittsford	18:44	01:08	0:49:10	00:47	09:10	1:18:58

M20-24

1	123	Nicholas Mueller	M	M20-24	22	Lakewood	14:14	00:38	0:28:40	00:34	07:17	0:51:22
2	176	Andy White	M	M20-24	22	East Rochester	16:00	00:34	0:32:49	00:23	08:38	0:58:23
3	128	Brett Newman	M	M20-24	22	Ontario	16:09	00:50	0:33:43	00:44	09:21	1:00:46
4	74	Timothy Hawco	M	M20-24	22	Newark Valley	16:10	00:48	0:33:45	00:44	09:21	1:00:46
5	137	Scott Paeth	M	M20-24	21	Kendall	18:15	02:12	0:33:05	02:27	10:49	1:06:47
6	82	Marc Johnson	M	M20-24	22	East Rochester	18:58	01:11	0:43:05	01:09	10:37	1:15:00

M25-29

1	70	Bryan Hammer	M	M25-29	29	Rochester	15:32	00:55	0:30:27	00:44	08:08	0:55:46
2	83	Matthew Johnson	M	M25-29	29	Rochester	19:09	01:03	0:33:56	00:56	09:42	1:04:47

M30-34

1	81	Karl Jaanimagi	M	M30-34	30	Henrietta	13:59	00:34	0:32:21	00:28	07:45	0:55:06
2	54	Brandon Erwin	M	M30-34	32	Rochester	15:26	01:24	0:35:23	00:28	07:28	1:00:08
3	65	John Ghidiu	M	M30-34	32	Rochester	16:46	00:28	0:34:08	00:25	09:17	1:01:03
4	217	Joe Howlett	M	M30-34	33	Farmington	15:39	01:07	0:35:27	00:42	08:53	1:01:48
5	113	William Mehring	M	M30-34	32	Honeoye Falls	17:40	01:57	0:40:36	00:47	09:26	1:10:25

M35-39

1	181	Erik Yaekel	M	M35-39	38	Pittsford	14:56	00:34	0:33:04	00:26	07:54	0:56:53
2	189	Paul Thompson	M	M35-39	39	Byron	14:56	01:07	0:32:04	01:01	08:34	0:57:43
3	182	Daniel Yawman	M	M35-39	39	Rochester	16:03	01:00	0:31:18	01:21	08:08	0:57:50
4	118	Andrew Moles	M	M35-39	39	Canandaigua	16:10	01:31	0:32:23	00:47	08:54	0:59:46
5	192	Christopher Davis	M	M35-39	38	Pittsford	15:08	01:17	0:32:57	01:25	09:19	1:00:07
6	146	Stephen Ricketts	M	M35-39	36	Pittsford	19:25	01:18	0:32:57	00:58	10:48	1:05:27
7	134	Sean O'Neill	M	M35-39	36	Rochester	17:14	01:33	0:36:40	01:09	10:28	1:07:03
8	112	Sean McPartland	M	M35-39	36	Canandaigua	20:25	01:13	0:41:03	00:54	11:14	1:14:50

M40-44

1	64	Graham Frazer	M	M40-44	41	Dansville	14:29	00:42	0:26:23	00:34	07:34	0:49:44
2	125	Wayne Mulhair	M	M40-44	42	Rochester	14:58	00:57	0:28:27	00:27	08:34	0:53:23
3	183	Jim Yeager	M	M40-44	44	Rochester	14:46	00:56	0:29:44	00:46	08:08	0:54:20
4	13	Marc Bigsby	M	M40-44	42	Rochester	15:24	00:45	0:29:56	00:37	08:15	0:54:57

5	66 John Gorton	M	M40-44	40 Webster	15:09	00:58	0:30:30	01:02	08:36	0:56:15
6	175 Dan Whitcomb	M	M40-44	41 Walworth	16:42	00:48	0:30:43	00:44	11:17	1:00:15
7	191 Jim Rappleye	M	M40-44	40 Spencerport	18:01	01:34	0:34:45	01:57	10:32	1:06:50
8	29 Frank Carbone	M	M40-44	43 Rochester	19:26	00:50	0:36:29	01:06	10:21	1:08:12
9	79 Jeremy Hunter	M	M40-44	40 West Henrietta	17:57	00:44	0:38:26	01:00	11:35	1:09:43
10	207 Greg Borrosch	M	M40-44	43 Honeoye Falls	21:20	01:43	0:41:07	01:29	11:01	1:16:40
11	10 Paul Benson	M	M40-44	40 Penfield	22:07	02:15	0:41:32	02:51	12:51	1:21:35
12	46 Thomas Dockum	M	M40-44	43 Fairport	23:24	01:13	0:49:11	00:50	13:42	1:28:20

M45-49

1	3 Glen Austin	M	M45-49	49 Bloomfield	15:29	00:41	0:34:22	00:29	08:49	0:59:50
2	37 Mike Colletta	M	M45-49	48 Spencerport	18:47	01:20	0:32:54	01:02	10:47	1:04:50
3	88 Jeffrey Katz	M	M45-49	45 Pittsford	17:12	00:48	0:35:19	00:53	11:08	1:05:20
4	6 Ted Baum	M	M45-49	47 Rochester	18:18	01:23	0:34:08	01:13	10:22	1:05:24

M50-54

1	126 Ron Nelson	M	M50-54	54 Oswego	15:16	00:52	0:27:53	00:50	08:50	0:53:41
2	55 Peter G Evans	M	M50-54	52 Webster	14:54	01:13	0:29:36	01:09	08:07	0:55:00
3	153 Jeff Schumacher	M	M50-54	50 Rochester	16:49	00:55	0:32:59	00:37	09:01	1:00:22
4	124 Rudy Mueller	M	M50-54	53 Lakewood	17:04	00:44	0:35:23	00:24	08:30	1:02:05
5	12 Jean-Louis Bigourdan	M	M50-54	55 Springwater	19:06	01:31	0:36:55	01:31	11:12	1:10:15
6	25 Larry Byron	M	M50-54	51 Hamlin	21:31	01:00	0:35:55	01:28	15:08	1:15:02
7	121 Daniel James Moran	M	M50-54	50 Rochester	20:17	01:42	0:45:57	01:14	12:00	1:21:09

M55-59

1	220 Bob Hamilton	M	M55-59	55 Lyons	13:43	00:22	0:29:39	00:24	07:35	0:51:43
2	48 Marty Wallace Douglas	M	M55-59	56 Lima	16:55	01:07	0:36:25	01:10	10:50	1:06:28
3	227 David Christa	M	M55-59	55 Victor	18:10	00:43	0:39:46	00:53	10:22	1:09:55
4	173 Jeffrey Weber	M	M55-59	55 Rochester	22:01	00:59	0:37:03	01:06	12:13	1:13:22