

**Rochester Spring Classic Duathlon - Formula 1**  
**Saturday, May 22nd, 2010 Mendon Ponds Park, Mendon, NY**  
**Produced/Timed by YellowJacket Racing**  
**Total Finishers - 99 (Male - 67, Female - 27, Teams - 5)**

Pos	Bib	Fullname	Gender	M/F/T	Place	Class	Age	City	Run1Tm	T1Tm	Bike1Tm	T2Tm	Run2Tm	T3Tm	Bike2Tm	T4Tm	Run3Tm	TotalTm
1	94	Travis Kuhl	M		1	Overall Male	35	Lowville	10:55	00:19	0:25:15	00:27	06:00	00:22	0:25:19	00:26	12:45	1:21:49
2	209	Marcus Gage	M		2	M35-39	39	W. Henrietta	12:07	00:34	0:27:23	00:52	06:19	00:48	0:27:35	00:46	12:24	1:28:48
3	210	Jochen Hoppert	M		3	M30-34	33	Scottsville	12:52	00:39	0:27:36	00:31	06:33	00:42	0:27:22	00:27	12:38	1:29:20
4	147	James Roche	M		4	M50-54	50	Fairport	13:39	00:23	0:27:17	00:26	06:55	00:19	0:27:59	00:25	14:01	1:31:25
5	36	Martin Joseph Coffey	M		5	M40-44	41	Pittsford	13:50	00:25	0:26:22	00:29	07:39	00:35	0:27:41	00:27	15:44	1:33:13
6	198	Ryan Bloom	M		6	M20-24	21	Rochester	10:55	00:21	0:30:14	00:20	06:04	00:32	0:32:09	00:20	12:59	1:33:53
7	87	Gordon Jones	M		7	M45-49	46	Canandaigua	13:41	00:40	0:27:39	00:31	07:34	00:43	0:28:43	00:34	15:16	1:35:22
8	75	Kathleen Hayden	F		1	Overall Female	45	Rochester	13:49	00:43	0:27:59	00:33	07:24	00:41	0:29:10	00:34	14:51	1:35:44
9	143	Sean The Jalepeno Rahrle	M		8	M20-24	23	Rochester	13:42	00:49	0:27:28	00:35	07:39	00:45	0:28:37	00:34	15:46	1:35:56
10	76	Gavin Hess	M		9	M19UNDER	17	Pittsford	15:06	00:29	0:27:39	00:32	07:29	00:33	0:28:36	00:37	15:47	1:36:47
11	30	Sean Carnahan	M		10	M45-49	46	Rochester	14:19	00:36	0:27:22	00:48	08:01	00:39	0:28:21	00:47	16:42	1:37:34
12	53	Alan Embrey	M		11	M35-39	39	Webster	13:25	00:44	0:29:09	00:32	07:13	00:43	0:30:52	00:35	14:39	1:37:52
13	184	Lucas Zamoyski	M		12	M20-24	22	Rochester	14:00	00:53	0:28:48	00:51	07:33	00:49	0:29:38	00:47	15:08	1:38:28
14	174	James Welch	M		13	M50-54	54	Elba	14:11	00:29	0:29:07	00:32	07:41	00:31	0:30:18	00:24	15:43	1:38:55
15	144	Jennifer Rea	F		2	F40-44	44	Rush	14:32	00:49	0:28:32	00:56	07:47	00:50	0:29:27	01:00	15:13	1:39:06
16	15	Danielle Boneberg	F		3	F30-34	35	Webster	14:26	00:41	0:30:01	00:37	07:33	00:39	0:29:59	00:27	15:23	1:39:45
17	122	James Morse	M		14	M30-34	34	Rochester	13:52	00:42	0:29:54	00:43	07:25	00:47	0:31:12	00:40	14:36	1:39:51
18	41	Joe Crispino	M		15	M45-49	47	Fairport	16:08	01:10	0:26:35	00:42	08:28	00:56	0:28:03	00:43	17:09	1:39:55
19	50	Tom Dutton	M		16	M65-69	65	Livonia	15:05	00:22	0:28:18	00:22	08:17	00:22	0:30:08	00:21	16:47	1:40:03
20	142	Frank Quattrone	M		17	M55-59	55	Webster	15:01	00:26	0:29:24	00:22	08:15	00:21	0:29:55	00:23	16:09	1:40:15
21	39	Ronald Crandall Jr.	M		18	M40-44	42	Rochester	13:32	00:48	0:30:00	00:35	08:14	00:46	0:30:42	00:27	15:29	1:40:33
22	151	Buzz Schild	M		19	M60-64	63	Pittsford	15:34	00:28	0:28:36	00:31	08:27	00:33	0:29:34	00:25	16:34	1:40:43
23	19	James Brennan	M		20	M40-44	41	Pittsford	14:34	00:27	0:29:53	00:27	08:01	00:36	0:30:44	00:22	15:43	1:40:48
24	196	Mike Norton	M		21	M35-39	39	Pittsford	15:52	00:45	0:28:01	00:35	08:36	00:39	0:28:56	00:31	17:05	1:40:59
25	21	Rachel Brooks	F		4	F30-34	33	N Tonawanda	16:10	00:37	0:27:56	00:35	08:38	00:37	0:29:21	00:32	16:52	1:41:18
26	90	Scott R Keister	M		22	M40-44	40	Leroy	15:00	00:42	0:29:11	00:47	08:06	00:48	0:31:00	00:41	16:07	1:42:22
27	188	Hansen Guiod Team	Team		1	Team	41	Rochester	17:53	00:28	0:26:55	00:25	08:53	00:29	0:28:16	00:23	18:48	1:42:30
28	104	Kristine Mallory	F		5	F45-49	45	W. Henrietta	15:35	00:40	0:29:47	00:36	07:57	00:41	0:31:26	00:32	16:05	1:43:19
29	223	Amy Talarico	F		6	F40-44	40	Rochester	17:01	00:53	0:28:09	00:50	08:46	00:46	0:29:07	00:44	17:18	1:43:34
30	145	Brian Reh	M		23	M35-39	37	Victor	16:27	00:37	0:28:51	00:43	08:54	00:41	0:30:00	00:38	17:20	1:44:10
31	180	Samuel Yacuzzo	M		24	M30-34	34	Naples	14:42	00:48	0:29:58	00:51	08:12	01:10	0:31:57	00:45	15:54	1:44:17
32	72	Alexa Harding	F		7	F25-29	26	Rochester	16:00	00:43	0:29:08	00:38	08:32	00:43	0:31:32	00:36	16:32	1:44:24
33	38	Shelly S Connors	F		8	F35-39	37	Auburn	14:31	01:05	0:31:07	00:34	07:23	00:53	0:33:31	00:39	14:50	1:44:32
34	214	Jameson Nicolazzo	M		25	M30-34	31	Rochester	14:41	00:57	0:29:33	00:58	08:20	00:51	0:31:57	00:47	16:37	1:44:41
35	57	George Fawcett	M		26	M50-54	50	Rochester	14:33	01:00	0:31:12	00:56	07:57	01:18	0:31:59	00:50	15:22	1:45:07
36	106	Marty Martina	M		27	M45-49	49	Pittsford	15:27	01:10	0:29:42	01:01	08:13	01:20	0:31:07	01:09	16:14	1:45:22
37	2	Corey Andalaria	M		28	M30-34	30	West Henrietta	14:52	00:26	0:31:03	00:27	08:32	00:27	0:33:07	00:33	16:23	1:45:49
38	162	Dennis Stearns	M		29	M55-59	57	Rochester	16:32	00:43	0:30:04	00:51	08:27	00:38	0:31:44	00:43	16:27	1:46:09
39	59	Joaquim Flores	M		30	M40-44	44	Rochester	16:33	00:32	0:29:59	00:41	09:13	00:34	0:31:28	00:43	16:56	1:46:41
40	69	Keith Hadley	M		31	M50-54	51	Rochester	14:28	00:42	0:32:09	00:28	07:58	00:45	0:34:05	00:29	16:02	1:47:07
41	22	Mark Thomas Bruno	M		32	M30-34	30	Rochester	15:25	00:36	0:29:12	00:34	08:43	00:37	0:32:41	00:34	19:00	1:47:24
42	202	Chester Josefski	M		33	M55-59	57	Rochester	17:14	00:30	0:30:09	00:22	08:56	00:23	0:31:33	00:26	18:11	1:47:44
43	63	Peter Franz	M		34	M20-24	23	Rochester	15:26	00:55	0:30:37	01:02	08:14	01:19	0:32:34	01:10	16:30	1:47:48
44	86	Doug Johnson Jr.	M		35	M30-34	30	Rochester	15:15	00:26	0:31:48	00:30	08:12	00:27	0:33:36	00:24	17:22	1:47:59
45	68	Rory Gumina	M		36	M50-54	52	Rochester	15:53	00:48	0:30:26	00:47	08:45	00:46	0:32:44	00:48	17:13	1:48:10

46	116	Richard Metzger	M	37	M50-54	52	Webster	16:50	00:40	0:29:44	00:42	09:03	00:45	0:31:22	00:41	18:46	1:48:34
47	127	Alexander Guy Neri	M	38	M19UNDER	18	Webster	13:28	01:48	0:31:39	02:10	07:30	02:14	0:33:27	02:16	14:54	1:49:25
48	200	Elizabeth Bianchi	F	9	F40-44	44	W. Chesterfield	16:50	00:57	0:30:31	00:38	00:06	09:41	0:32:10	00:14	18:21	1:49:29
49	34	Barry Cherney	M	39	M40-44	44	Rochester	17:53	00:29	0:29:21	00:28	09:56	00:31	0:31:57	00:30	19:34	1:50:38
50	164	John Tarduno	M	40	M45-49	49	Rochester	17:19	01:04	0:29:27	00:42	09:23	00:50	0:31:19	00:51	20:15	1:51:10
51	215	Jeffrey Schneider	M	41	M50-54	52	Avon	16:09	00:59	0:30:07	01:15	09:12	01:16	0:33:18	01:06	19:07	1:52:30
52	133	Timothy OConnor	M	42	M45-49	45	Rochester	15:43	01:37	0:31:48	01:19	08:47	01:20	0:33:50	01:12	17:00	1:52:37
53	33	Timothy Check	M	43	M30-34	33	Rochester	16:55	01:02	0:30:40	00:54	09:41	01:19	0:32:32	00:56	18:44	1:52:44
54	78	Aaron Hunt	M	44	M35-39	37	Rochester	16:31	01:01	0:32:37	01:01	09:05	01:04	0:33:56	00:54	17:21	1:53:31
55	107	Marc McArdle	M	45	M55-59	56	Rochester	17:29	00:49	0:31:24	00:51	09:27	01:07	0:33:13	00:56	18:29	1:53:44
56	67	Johanna Elizabeth Gullo	F	10	F35-39	35	Canandaigua	17:12	01:03	0:32:08	01:01	08:57	01:19	0:34:15	00:50	17:46	1:54:31
57	216	Joao Flores	M	46	M40-44	43	Rochester	17:13	00:56	0:31:06	01:03	09:47	01:11	0:32:25	01:08	19:56	1:54:45
58	136	Run Paeth	M	47	M45-49	47	Kendall	17:03	01:30	0:31:43	00:57	09:35	01:08	0:33:37	01:03	18:22	1:54:57
59	51	Barb Egenhofer	F	11	F45-49	46	Rochester	16:03	01:02	0:33:32	00:57	08:48	01:09	0:35:45	00:59	17:20	1:55:35
60	23	Christine Burkey-Kelly	F	12	F40-44	41	Hilton	17:40	01:06	0:31:58	01:28	09:16	01:10	0:34:14	01:00	17:58	1:55:50
61	114	Robert Meinhold	M	48	M45-49	48	Grand Island	16:51	01:09	0:32:52	01:11	09:26	01:29	0:33:51	01:10	17:55	1:55:53
62	167	Julie VanDeVoorde	F	13	F30-34	34	Fairport	17:03	00:34	0:33:33	00:44	09:32	00:38	0:35:33	00:30	18:11	1:56:19
63	103	Vincent Luongi	M	49	M50-54	50	Rochester	15:21	00:44	0:31:19	01:00	10:35	01:11	0:36:56	00:59	18:14	1:56:19
64	150	Daniel Schermerhorn	M	50	M35-39	35	Hilton	15:25	01:30	0:32:50	01:03	08:58	01:17	0:34:50	01:08	19:22	1:56:23
65	17	JoAnne Bradt	F	14	F45-49	46	Scottsville	16:02	01:02	0:34:25	00:47	08:28	01:04	0:37:10	00:49	16:59	1:56:46
66	170	Athena Visel	F	15	F25-29	29	Rochester	18:13	01:04	0:31:14	01:04	09:55	01:14	0:33:13	01:12	19:50	1:57:00
67	61	Jennifer Fosegan	F	16	F35-39	38	Fairport	16:52	00:38	0:33:41	00:43	09:33	00:54	0:36:25	00:29	19:03	1:58:18
68	115	Alida Merrill	F	17	F50-54	52	Rochester	16:06	00:55	0:35:26	01:18	08:39	01:16	0:36:36	01:24	16:42	1:58:22
69	197	Scott Young	M	51	M50-54	50	Honeoye Falls	18:03	01:10	0:32:29	01:26	10:13	01:22	0:34:01	01:05	20:10	1:59:59
70	71	Solveig Joy Hanson	F	18	F30-34	32	Middlesex	20:09	01:23	0:32:29	01:24	09:44	01:31	0:33:36	01:18	18:43	2:00:17
71	32	Doug Caswell	M	52	M40-44	41	Penfield	17:47	01:02	0:33:44	00:42	09:49	01:04	0:36:27	00:37	19:44	2:00:57
72	187	Bird Team	Team	2	Team	40	Pittsford	16:14	01:34	0:32:58	01:56	09:00	02:05	0:36:20	02:08	18:51	2:01:08
73	204	Phil Spellane	M	53	M55-59	55	Rochester	17:11	01:07	0:34:08	01:41	09:25	01:29	0:36:02	01:58	18:54	2:01:53
74	129	Daniel Newman	M	54	M20-24	22	West Henrietta	16:13	01:27	0:32:37	01:17	10:36	01:24	0:35:04	01:03	22:39	2:02:20
75	211	Get Electric	Team	3	Team	31	Rochester	21:06	00:28	0:31:04	00:35	10:51	00:35	0:34:07	00:45	22:49	2:02:21
76	218	Ryan Fosegan	M	55	M35-39	37	Fairport	17:37	00:47	0:33:54	00:55	09:56	00:54	0:36:55	00:55	21:38	2:03:32
77	159	Lee Skipper	M	56	M50-54	50	Pittsford	16:49	00:37	0:36:35	00:40	09:15	01:00	0:39:36	00:55	18:10	2:03:37
78	97	Julie Leonard	F	19	F40-44	42	Canandaigua	18:02	01:15	0:35:56	00:55	09:16	01:01	0:38:51	00:58	18:22	2:04:35
79	91	Michael Kelly	M	57	M45-49	45	Wayland	17:13	01:42	0:34:01	01:07	09:23	01:25	0:38:34	01:33	20:33	2:05:31
80	166	David VanDeVoorde	M	58	M35-39	38	Fairport	17:51	01:28	0:33:19	01:08	11:10	01:27	0:36:40	00:56	22:04	2:06:02
81	179	Richard Withrow	M	59	M65-69	69	Spencerport	18:28	01:16	0:34:42	01:03	10:27	01:06	0:36:58	01:06	20:56	2:06:04
82	40	Thomas Crilly	M	60	M45-49	48	Rochester	18:22	00:35	0:35:53	00:36	10:22	00:41	0:37:10	00:36	22:20	2:06:36
83	135	Marlene Paeth	F	20	F45-49	47	Kendall	17:25	00:59	0:37:19	00:39	09:33	01:01	0:39:37	00:44	19:27	2:06:45
84	43	Virginia Ruth Desens	F	21	F35-39	37	Williamson	18:26	01:36	0:36:17	01:19	10:01	01:06	0:37:47	00:59	20:48	2:08:19
85	58	Matthew Fleig	M	61	M40-44	44	Rochester	17:58	00:56	0:35:18	00:45	10:19	01:12	0:38:50	00:38	22:26	2:08:21
86	31	John Charles Casper	M	62	M45-49	48	Victor	17:05	01:54	0:35:14	02:07	10:15	01:35	0:39:49	01:14	21:20	2:10:34
87	212	Kevin Maier	M	63	M55-59	56	Webster	21:45	01:34	0:32:29	01:17	12:52	01:31	0:35:19	01:45	26:53	2:15:26
88	219	Alan Marciano	M	64	M40-44	44	Spencerport	21:38	02:31	0:35:24	01:37	11:28	02:01	0:37:59	01:30	21:27	2:15:35
89	47	Heather Dougherty	F	22	F40-44	44	Rochester	20:00	00:48	0:38:22	00:39	11:26	01:17	0:40:01	00:37	22:27	2:15:37
90	28	Todd Caracci	M	65	M45-49	45	Rochester	19:24	01:11	0:37:51	01:07	10:59	02:03	0:40:41	00:49	21:41	2:15:46
91	158	Julie Skipper	F	23	F50-54	50	Pittsford	19:36	00:48	0:39:17	00:45	10:49	00:47	0:42:48	00:48	20:26	2:16:04
92	154	Joan Evelyn Sewert	F	24	F60-64	61	Marion	20:25	01:26	0:38:05	01:13	11:01	01:11	0:39:13	01:07	22:28	2:16:09
93	18	Stephen Bragg	M	66	M45-49	48	Geneva	19:47	00:40	0:42:33	00:34	10:41	00:44	0:43:46	00:35	21:56	2:21:16
94	185	Berl Team	Team	4	Team	38	Rochester	19:09	00:33	0:42:16	00:30	09:49	00:41	0:48:08	00:33	20:57	2:22:37
95	26	Sylvia Cadena	F	25	F35-39	36	Rochester	19:55	01:15	0:42:13	01:25	09:57	01:17	0:46:58	00:34	20:07	2:23:40
96	44	Tamarah Jo DeWolf	F	26	F45-49	48	Phelps	19:00	01:19	0:38:28	01:07	10:49	01:13	0:51:06	01:07	22:12	2:26:22
97	77	Jamie M Howard	M	67	M45-49	45	Albany	22:21	00:55	0:42:32	00:48	12:22	00:50	0:42:52	00:38	23:22	2:26:39

98	186 Cook Nelson Team	Team	5	Team	46 Rochester	20:26	00:47	0:42:05	00:30	10:36	00:39	0:50:25	00:32	22:09	2:28:09
99	168 Katie VanDusen	F	27	F35-39	37 Scottsville	20:19	01:39	0:50:59	01:59	10:37	01:56	0:39:39	01:39	22:05	2:30:51
DNF	5 Marty Avila	M		M25-29	29 Springwater	14:41	00:55	0:29:43	00:49	08:57					0:55:05
DNF	203 Kathleen Spellane	F		F45-49	46 Rochester	16:58	01:14	0:32:30	01:17	08:51					1:00:50
DNF	149 Mary Kate Scanlon	F		F25-29	25 Ithaca	20:01	01:14	0:44:35	01:01	10:22					1:17:14
DNF	27 Kathleen Cameron	F		F30-34	34 Scottsville	19:43	01:22	0:52:05	01:19	11:28					1:25:55
DNF	169 Carey Vick	M		M55-59	56 Webster	16:17	00:54	0:36:57	01:32	00:26			00:20		
DNF	92 Jay Keyes	M		M30-34	34 Rochester	15:50	00:50	0:31:30	00:52	09:05					
DNF	84 Suzanne Johnson	F		F40-44	41 Pittsford	19:18	00:59	0:43:25	01:03	10:40					
DNF	7 Michael Baxter	M		M55-59	55 Webster	16:18	00:38								