

**Pound the Ground for Vets 5K**  
**Saturday, October 22, 2011 Mendon Ponds Park**  
**Timed by YellowJacket Racing**

**Total Finishers - 103 (Female - 55, Male - 48)**

Pos	Bib	Fullname	Gender	M/F	Place	Class	Ages	City	TotalTm
1	115	David OLeary	M		1	Overall Male	51	Rochester	0:18:46
2	224	David Presby	M		2	M25-34	34	Fairport	0:20:56
3	203	Elizabeth Jones	F		1	Overall Female	21	Brockport	0:21:17
4	154	Michael Swain	M		3	M25-34	30	Lakeville	0:21:51
5	134	Brian Rowe	M		4	M25-34	26	West Henrietta	0:21:52
6	217	Joe Cosci Jr	M		5	M35-44	34	Rochester	0:22:16
7	198	Rick Stacy	M		6	M45-54	53	Bergen	0:22:42
8	223	Aimee DeYoung	F		2	F35-44	38	Salgertown	0:23:14
9	106	Casey Mulroy	F		3	F15-24	15	Pittsford	0:24:01
10	91	Erin Mahoney	F		4	F25-34	27	Pittsford	0:25:18
11	80	Aaron Kroh	M		7	M25-34	29	Rochester	0:25:18
12	200	Warren Stoutz	M		8	M45-54	49	Rochester	0:25:20
13	229	Michael Jachles	M		9	M25-34	27	Rochester	0:25:21
14	122	Wendy Pettrone	F		5	F35-44	44	Webster	0:25:43
15	114	Rob ODell	M		10	M15-24	22	Fairport	0:26:26
16	98	Jim McDonou	M		11	M45-54	52	Rochester	0:27:08
17	207	Robert Beutner	M		12	M35-44	36	Lima	0:27:19
18	166	Michael Woodbury	M		13	M45-54	49	Aalworth	0:27:38
19	136	Carrie Salamone	F		6	F25-34	25	West Henrietta	0:27:47
20	43	Alyssa Farina	F		7	F15-24	21	Rochester	0:28:03
21	201	Jeremy Hammond	M		14	M35-44	40	Macedon	0:28:07
22	202	Eric Schickler	M		15	M35-44	39	Walworth	0:28:07
23	165	Ron Whitlock	M		16	M55Over	67	Pittsford	0:28:15
24	119	Karen Passaretti	F		8	F45-54	51	West Henrietta	0:28:24
25	53	Lena Giancursio	F		9	F15-24	24	Victor	0:28:25
26	218	Brittany Baldassare	F		10	F15-24	22	Honeoye Falls	0:28:34
27	127	Sue Recktenwald	F		11	F35-44	39	Cohocton	0:28:49
28	12	Mark Bernard	M		17	M35-44	38	Arkport	0:28:52
29	213	Ryan McKenna	M		18	M35-44	39		0:28:53
30	5	Tom Arnone	M		19	M45-54	51	Hilton	0:28:53
31	109	Michael Murphy	M		20	M35-44	37	Rochester	0:29:10
32	85	Andrea Leri	F		12	F25-34	31	Rochester	0:29:10
33	113	Robert Nowatchik	M		21	M35-44	35	Niskayuna	0:29:21
34	17	Christopher Brucker	M		22	M25-34	27	Brockport	0:29:23
35	245	James Lutz	M		23	M35-44	40	Holley	0:29:36
36	63	Bill Hanifin	M		24	M45-54	53	Fairport	0:29:39
37	64	Sara Hanifin	F		13	F45-54	46	Fairport	0:29:39
38	216	Brian Knott	M		25	M35-44	38	Rochester	0:29:40
39	233	Mary Mitchell	F		14	F45-54	51	Rochester	0:29:45
40	121	Cameron Pettrone	M		26	M14Under	13	Webster	0:29:59
41	31	Denise Dillman	F		15	F35-44	38	Victor	0:30:01
42	148	Jennifer Smith	F		16	F35-44	38	Charlottesville	0:30:01

43	226	Mike Naueoth	M	27	M25-34	27	Brockport	0:30:11
44	161	Molly Volk	F	17	F45-54	50	Canandaigua	0:30:31
45	145	Michael Sisson	M	28	M45-54	52	Rochester	0:30:39
46	29	Kelly Day	F	18	F15-24	22	Rochester	0:31:00
47	110	Matthew Nauerth	M	29	M15-24	24	Rochester	0:31:03
48	135	Corrine Ruble	F	19	F35-44	44	Rochester	0:31:21
49	170	Michele Parsons	F	20	F35-44	38	Rochester	0:31:26
50	153	Kelly Swain	F	21	F25-34	30	Lakeville	0:31:54
51	238	Dan Healy	M	30	M35-44	35	Farmington	0:31:54
52	79	Beth Kravetz	F	22	F35-44	36	Victor	0:31:54
53	163	Michael Waller	M	31	M35-44	39	Rochester	0:31:57
54	230	Kristi Mullins	F	23	F25-34	32	Geneseo	0:32:54
55	83	Catherine Lee	F	24	F45-54	50	Pittsford	0:33:12
56	239	Lisa Bisley	F	25	F25-34	26	Williamson	0:33:13
57	129	Christy Reynolds	F	26	F25-34	26	Ovid	0:33:47
58	103	Kaitlyn Miller	F	27	F15-24	24	Trumansburg	0:33:47
59	30	Susan Deisinger	F	28	F15-24	24	Brockport	0:33:54
60	93	Patrick Matla	M	32	M25-34	25	Brockport	0:34:23
61	107	Christopher Mulroy	M	33	M45-54	45	Pittsford	0:34:29
62	210	Donald Howe	M	34	M15-24	23	Brockport	0:34:54
63	123	Danny Pignato	M	35	M15-24	16	Rochester	0:35:02
64	133	Joel Roemer	M	36	M15-24	16	Rochester	0:35:02
65	237	Eli Kenney	M	37	M15-24	16		0:35:04
66	194	Thomas BiVachino	M	38	M35-44	38	Cleveland	0:35:21
67	49	Sharon Forbes	F	29	F55Over	57	Ontario	0:35:25
68	41	Renee Elwood	F	30	F25-34	30	West Henrietta	0:36:02
69	61	Sarah Hamm	F	31	F25-34	31	Rochester	0:36:22
70	73	Rebecca Just	F	32	F25-34	33	Gaithersburg	0:36:29
71	142	Kimberly Shimomura	F	33	F35-44	36	Rochester	0:36:32
72	146	Marcie Skelton	F	34	F35-44	38	Rochester	0:36:34
73	14	Megan Brenner	F	35	F15-24	23	Buffalo	0:36:58
74	13	Chelsea Boyd	F	36	F15-24	22	Buffalo	0:36:58
75	104	Heidi Montondo	F	37	F35-44	41	Williamson	0:37:25
76	105	Timothy Montondo	M	39	M35-44	43	Williamson	0:37:35
77	235	John Lo	M	40	M35-44	37		0:38:16
78	236	Sarah Costas-Lo	F	38	F35-44	37		0:38:16
79	192	Lisa Brady	F	39	F35-44	39	Groveland	0:38:34
80	240	Paul Gobel	M	41	M15-24	20	Fairport	0:39:14
81	244	Ernest Blaszezyk	M	42	M35-44	37	Rochester	0:40:42
82	227	Joe Giancursio	M	43	M25-34	27	Rochester	0:40:50
83	214	John Tennant	M	44	M55Over	62	Cincinnati	0:45:24
84	124	Linda Pilling	F	40	F55Over	62	Sugar Grove	0:48:25
85	54	Lin Glaser	F	41	F55Over	69	Rochester	0:48:49
86	65	Joan Harrington	F	42	F55Over	59	Rochester	0:48:49
87	71	Onyedika Ilonze	M	45	M25-34	29	Rochester	0:51:02
88	139	Kathy Schwingel	F	43	F45-54	52	Rochester	0:52:57
89	144	Marylisa Sisson	F	44	F45-54	52	Rochester	0:52:57

90	241	Brandon Cross	M	46	M25-34	26	Rochester	0:52:59
91	242	Ryan Mooney	M	47	M15-24	22	Rochester	0:52:59
92	189	Elizabeth Clottin	F	45	F45-54	48	Fairport	0:55:00
93	150	Julie Spencer	F	46	F45-54	47	North Chili	0:58:11
94	155	Chris Tarnowski	F	47	F45-54	45	Rochester	0:58:17
95	102	Michele Michaels	F	48	F45-54	48	Rochester	0:58:18
96	151	Kendall Spencer	F	49	F15-24	18	North Chili	0:59:13
97	77	Marybeth Knowles	F	50	F45-54	54	Rochester	0:59:13
98	75	Mary Keiffer	F	51	F55Over	65	Rochester	0:59:21
99	74	Don Keiffer	M	48	M55Over	65	Rochester	0:59:21
100	246	Jennifer Hansen	F	52	F25-34	28	Rochester	1:07:35
101	247	Cori Mooney	F	53	F15-24	22	Webster	1:07:36
102	42	Susan Eschrich	F	54	F45-54	45	Rochester	1:09:36
103	111	Rebecca Nohe	F	55	F55Over	68	Farmington	1:09:36