

Pound the Ground for Vets 5K
Saturday, October 22, 2011 Mendon Ponds Park
Timed by YellowJacket Racing
Total Finishers - 103 (Female - 55, Male - 48)

Pos	Bib	Fullname	Gender	Class	Ages	City	TotalTm
Overall Male							
	1	115 David OLeary	M	Overall Male	51	Rochester	0:18:46
Overall Female							
	1	203 Elizabeth Jones	F	Overall Female	21	Brockport	0:21:17
F15-24							
	1	106 Casey Mulroy	F	F15-24	15	Pittsford	0:24:01
	2	43 Alyssa Farina	F	F15-24	21	Rochester	0:28:03
	3	53 Lena Giancursio	F	F15-24	24	Victor	0:28:25
	4	218 Brittany Baldassare	F	F15-24	22	Honeoye Falls	0:28:34
	5	29 Kelly Day	F	F15-24	22	Rochester	0:31:00
	6	103 Kaitlyn Miller	F	F15-24	24	Trumansburg	0:33:47
	7	30 Susan Deisinger	F	F15-24	24	Brockport	0:33:54
	8	14 Megan Brenner	F	F15-24	23	Buffalo	0:36:58
	9	13 Chelsea Boyd	F	F15-24	22	Buffalo	0:36:58
	10	151 Kendall Spencer	F	F15-24	18	North Chili	0:59:13
	11	247 Cori Mooney	F	F15-24	22	Webster	1:07:36
F25-34							
	1	91 Erin Mahoney	F	F25-34	27	Pittsford	0:25:18
	2	136 Carrie Salamone	F	F25-34	25	West Henrietta	0:27:47
	3	85 Andrea Leri	F	F25-34	31	Rochester	0:29:10
	4	153 Kelly Swain	F	F25-34	30	Lakeville	0:31:54
	5	230 Kristi Mullins	F	F25-34	32	Geneseo	0:32:54
	6	239 Lisa Bisley	F	F25-34	26	Williamson	0:33:13
	7	129 Christy Reynolds	F	F25-34	26	Ovid	0:33:47
	8	41 Renee Elwood	F	F25-34	30	West Henrietta	0:36:02
	9	61 Sarah Hamm	F	F25-34	31	Rochester	0:36:22
	10	73 Rebecca Just	F	F25-34	33	Gaithersburg	0:36:29
	11	246 Jennifer Hansen	F	F25-34	28	Rochester	1:07:35
F35-44							
	1	223 Aimee DeYoung	F	F35-44	38	Salgertown	0:23:14
	2	122 Wendy Pettrone	F	F35-44	44	Webster	0:25:43
	3	127 Sue Recktenwald	F	F35-44	39	Cohocton	0:28:49
	4	31 Denise Dillman	F	F35-44	38	Victor	0:30:01
	5	148 Jennifer Smith	F	F35-44	38	Charlottesville	0:30:01
	6	135 Corrine Ruble	F	F35-44	44	Rochester	0:31:21
	7	170 Michele Parsons	F	F35-44	38	Rochester	0:31:26
	8	79 Beth Kravetz	F	F35-44	36	Victor	0:31:54
	9	142 Kimberly Shimomura	F	F35-44	36	Rochester	0:36:32

10	146	Marcie Skelton	F	F35-44	38	Rochester	0:36:34
11	104	Heidi Montondo	F	F35-44	41	Williamson	0:37:25
12	236	Sarah Costas-Lo	F	F35-44	37		0:38:16
13	192	Lisa Brady	F	F35-44	39	Groveland	0:38:34

F45-54

1	119	Karen Passaretti	F	F45-54	51	West Henrietta	0:28:24
2	64	Sara Hanifin	F	F45-54	46	Fairport	0:29:39
3	233	Mary Mitchell	F	F45-54	51	Rochester	0:29:45
4	161	Molly Volk	F	F45-54	50	Canandaigua	0:30:31
5	83	Catherine Lee	F	F45-54	50	Pittsford	0:33:12
6	139	Kathy Schwingel	F	F45-54	52	Rochester	0:52:57
7	144	Marylisa Sisson	F	F45-54	52	Rochester	0:52:57
8	189	Elizabeth Clottin	F	F45-54	48	Fairport	0:55:00
9	150	Julie Spencer	F	F45-54	47	North Chili	0:58:11
10	155	Chris Tarnowski	F	F45-54	45	Rochester	0:58:17
11	102	Michele Michaels	F	F45-54	48	Rochester	0:58:18
12	77	Marybeth Knowles	F	F45-54	54	Rochester	0:59:13
13	42	Susan Eschrich	F	F45-54	45	Rochester	1:09:36

F55Over

1	49	Sharon Forbes	F	F55Over	57	Ontario	0:35:25
2	124	Linda Pilling	F	F55Over	62	Sugar Grove	0:48:25
3	54	Lin Glaser	F	F55Over	69	Rochester	0:48:49
4	65	Joan Harrington	F	F55Over	59	Rochester	0:48:49
5	75	Mary Keiffer	F	F55Over	65	Rochester	0:59:21
6	111	Rebecca Nohe	F	F55Over	68	Farmington	1:09:36

M14Under

1	121	Cameron Pettrone	M	M14Under	13	Webster	0:29:59
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M15-24

1	114	Rob ODell	M	M15-24	22	Fairport	0:26:26
2	110	Matthew Nauerth	M	M15-24	24	Rochester	0:31:03
3	210	Donald Howe	M	M15-24	23	Brockport	0:34:54
4	123	Danny Pignato	M	M15-24	16	Rochester	0:35:02
5	133	Joel Roemer	M	M15-24	16	Rochester	0:35:02
6	237	Eli Kenney	M	M15-24	16		0:35:04
7	240	Paul Gobel	M	M15-24	20	Fairport	0:39:14
8	242	Ryan Mooney	M	M15-24	22	Rochester	0:52:59

M25-34

1	224	David Presby	M	M25-34	34	Fairport	0:20:56
2	154	Michael Swain	M	M25-34	30	Lakeville	0:21:51
3	134	Brian Rowe	M	M25-34	26	West Henrietta	0:21:52
4	80	Aaron Kroh	M	M25-34	29	Rochester	0:25:18
5	229	Michael Jachles	M	M25-34	27	Rochester	0:25:21

6	17	Christopher Brucker	M	M25-34	27	Brockport	0:29:23
7	226	Mike Naueoth	M	M25-34	27	Brockport	0:30:11
8	93	Patrick Matla	M	M25-34	25	Brockport	0:34:23
9	227	Joe Giancursio	M	M25-34	27	Rochester	0:40:50
10	71	Onyedika Ilonze	M	M25-34	29	Rochester	0:51:02
11	241	Brandon Cross	M	M25-34	26	Rochester	0:52:59

M35-44

1	217	Joe Cosci Jr	M	M35-44	34	Rochester	0:22:16
2	207	Robert Beutner	M	M35-44	36	Lima	0:27:19
3	201	Jeremy Hammond	M	M35-44	40	Macedon	0:28:07
4	202	Eric Schickler	M	M35-44	39	Walworth	0:28:07
5	12	Mark Bernard	M	M35-44	38	Arkport	0:28:52
6	213	Ryan McKenna	M	M35-44	39		0:28:53
7	109	Michael Murphy	M	M35-44	37	Rochester	0:29:10
8	113	Robert Nowatchik	M	M35-44	35	Niskayuna	0:29:21
9	245	James Lutz	M	M35-44	40	Holley	0:29:36
10	216	Brian Knott	M	M35-44	38	Rochester	0:29:40
11	238	Dan Healy	M	M35-44	35	Farmington	0:31:54
12	163	Michael Waller	M	M35-44	39	Rochester	0:31:57
13	194	Thomas BiVachino	M	M35-44	38	Cleveland	0:35:21
14	105	Timothy Montondo	M	M35-44	43	Williamson	0:37:35
15	235	John Lo	M	M35-44	37		0:38:16
16	244	Ernest Blaszyk	M	M35-44	37	Rochester	0:40:42

M45-54

1	198	Rick Stacy	M	M45-54	53	Bergen	0:22:42
2	200	Warren Stoutz	M	M45-54	49	Rochester	0:25:20
3	98	Jim McDonou	M	M45-54	52	Rochester	0:27:08
4	166	Michael Woodbury	M	M45-54	49	Aalworth	0:27:38
5	5	Tom Arnone	M	M45-54	51	Hilton	0:28:53
6	63	Bill Hanifin	M	M45-54	53	Fairport	0:29:39
7	145	Michael Sisson	M	M45-54	52	Rochester	0:30:39
8	107	Christopher Mulroy	M	M45-54	45	Pittsford	0:34:29

M55Over

1	165	Ron Whitlock	M	M55Over	67	Pittsford	0:28:15
2	214	John Tennant	M	M55Over	62	Cincinnati	0:45:24
3	74	Don Keiffer	M	M55Over	65	Rochester	0:59:21