

NW YMCA Run for Your Life 5K
Sunday August 23, 2009 **Camp Northpoint, Hilton, NY**
124 Finishers(56 Female, 67 Male, 1 Unknown)
Timed by YellowJacket Racing

Pos	Bib	Name	Gender	Class	Age	City	Time	Pace
Overall Female								
1	22	Rebecca Duberry	F	Overall Female	39	Rochester	19:45	06:22
Overall Male								
1	52	Joe Vankerhove	M	Overall Male	40	Rochester	17:44	05:43
F18UNDER								
1	37	Courtney Lafferty	F	F18UNDER	14	Rochester	22:48	07:21
2	12	Sarah Butler	F	F18UNDER	13	Rochester	23:48	07:41
3	8	Abby Bergeman	F	F18UNDER	14	Rochester	25:38	08:16
4	124	Savannah Contestable	F	F18UNDER	12	Rochster	25:40	08:17
5	104	Lindsey Federation	F	F18UNDER	17	Rochester	26:03	08:24
6	87	Molly Bunting	F	F18UNDER	15	Rochester	28:09	09:05
7	15	Zoe Camillaci	F	F18UNDER	12	Hilton	28:56	09:20
8	14	Sophia Camillaci	F	F18UNDER	9	Hilton	29:58	09:40
9	123	Michela Contestabile	F	F18UNDER	11		37:17	12:02
F19-29								
1	82	Alexa Harding	F	F19-29	25	Rochester	22:02	07:07
2	83	Deborah Liana	F	F19-29	24	W Henrietta	23:15	07:30
3	72	Theresa Hendrick	F	F19-29	21	Rochester	23:54	07:43
4	108	Deanna Stawnychy	F	F19-29	24	Rochester	28:21	09:09
5	127	Hannah VicknerHough	F	F19-29	27	Rochester	28:42	09:15
6	64	Meg Miner	F	F19-29	29	Hilton	28:55	09:20
7	5	Lindsay Armbruster	F	F19-29	21	Rochester	31:26	10:08
8	66	Katie Niebuhr	F	F19-29	21		31:26	10:08
9	117	Jennifer Kirk	F	F19-29	27		50:16	16:13
F30-39								
1	133	Nina Machucca-Dall	F	F30-39	38	Rochester	22:41	07:19
2	86	Kristine Rodriguez	F	F30-39	39	Fairport	24:40	07:57
3	67	Joanne Laudisi	F	F30-39	34		25:02	08:05
4	111	Kelly Wegman	F	F30-39	30	Hilton	26:03	08:24
5	18	Heather Cleary	F	F30-39	33	Rochester	26:39	08:36
6	129	Christina deLaRosa	F	F30-39	30	Washington DC	28:21	09:09
7	57	Julie Werven	F	F30-39	37	W. Henrietta	29:00	09:21
8	59	Jennifer Willis	F	F30-39	32	Rochester	29:35	09:33
9	13	Lisa Camillaci	F	F30-39	35	Hilton	29:58	09:40
10	26	Renee Emanuele	F	F30-39	34	Rochester	32:57	10:38
11	44	Renee Roberts	F	F30-39	32	Rochester	33:18	10:44
12	58	Carrie Wies	F	F30-39	32	Bergen	35:19	11:23
13	50	Karen Tucker	F	F30-39	39	Rochester	35:24	11:25
14	74	Amy Fromm	F	F30-39	37	N Chili	36:44	11:51

F40-49

1	70	Kristine Penrose	F	F40-49	40	Rochester	22:30	07:16
2	125	Connie Contestable	F	F40-49	41	Rochester	25:57	08:22
3	49	Lisa Tschiderer	F	F40-49	44	Pittsford	26:05	08:25
4	53	Kelly Vankehove	F	F40-49	40	Rochester	27:59	09:01
5	21	Bo Cook	F	F40-49	43	Rochester	28:27	09:11
6	51	Julie Updike	F	F40-49	47	Rochester	28:52	09:19
7	3	Patricia Anthony	F	F40-49	49	Rochester	32:05	10:21
8	98	Marcy Tobin	F	F40-49	47	Rochester	32:59	10:38
9	24	Nancy Ellittott	F	F40-49	44	Rochester	33:31	10:49
10	75	Brenda Ferris	F	F40-49	42	N Chili	34:54	11:15
11	2	Chissy Andrews	F	F40-49	41	Spencerport	39:50	12:51
12	16	Lisa Christoffel	F	F40-49	41	Rochester	40:23	13:02

F50-59

1	93	Sharon Moore	F	F50-59	55	Rochester	22:49	07:22
2	101	Charlotte Jaanimagi	F	F50-59	57	Pittsford	26:07	08:25
3	31	Bobbie Freitag	F	F50-59	55	Pittsford	27:57	09:01
4	17	Pam Clark	F	F50-59	52	Rochester	38:58	12:34
5	41	Christine Maurice	F	F50-59	55	Rochester	46:48	15:06
6	114	Diane Russell	F	F50-59	52	Rochester	50:17	16:13

F60-69

1	34	Connie Hibbard	F	F60-69	64	Hilton	24:25	07:52
2	79	Kathy Fogler	F	F60-69	62	Exeter	31:45	10:15
3	91	Linda Marciano	F	F60-69	61		45:51	14:47

F70+

1	36	Mary Larocque	F	F70+	70	Rochester	49:22	15:55
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M18UNDER

1	102	Tyler Gilmore	M	M18UNDER	18	Rochester	18:55	06:06
2	110	Billy Galetto	M	M18UNDER	14	Spencerport	20:30	06:37
3	62	Robert III Wright	M	M18UNDER	13	Hilton	20:37	06:39
4	97	Scott Bagley	M	M18UNDER	12	Rochester	21:42	07:00
5	33	Nick Greene	M	M18UNDER	15	Rochester	22:00	07:06
6	107	Bryan Bisnett	M	M18UNDER	16		22:01	07:06
7	99	Matthew VanAuker	M	M18UNDER	17	Rochester	23:56	07:43
8	10	Joshua Buri	M	M18UNDER	12	Rochester	24:23	07:52
9	121	Kyle Saporito	M	M18UNDER	16		24:45	07:59
10	85	Dan Seriani	M	M18UNDER	18	Rochester	24:57	08:03
11	25	Thomas Ellittott	M	M18UNDER	16	Rochester	30:24	09:48
12	88	Tyler Richardson	M	M18UNDER	16		30:49	09:56
13	54	Jack Vivinetto	M	M18UNDER	12	Rochester	31:03	10:01
14	46	Mark Romig	M	M18UNDER	15	Hilton	31:06	10:02

M19-29

1	29	Andy Frank	M	M19-29	25	Hilton	18:44	06:03
2	4	Kyle Antilla	M	M19-29	26	Rochester	21:08	06:49
3	115	David Russell	M	M19-29	25	Rochester	22:10	07:09
4	128	David Hough	M	M19-29	27	Rochester	22:59	07:25

M30-39

1	60	Scott Willis	M	M30-39	34	Rochester	22:35	07:17
2	11	Mark Buri	M	M30-39	38	Rochester	23:12	07:29
3	103	Michael Hardesty	M	M30-39	30	Rochester	23:35	07:36
4	119	Cory Bernardi	M	M30-39	30	Brockport	24:01	07:45
5	112	Jay Wegman	M	M30-39	31		28:23	09:09
6	132	Matt Schimmer	M	M30-39	31		28:58	09:21
7	6	Peter Bauman	M	M30-39	39	Rochester	30:00	09:41
8	19	Kyle Cleary	M	M30-39	33	Rochester	30:27	09:49
9	45	Brad Robinson	M	M30-39	39	Rochester	31:48	10:15
10	27	Mark Ewannow	M	M30-39	39	Rochester	39:49	12:51

M40-49

1	71	Kevin Sheehan	M	M40-49	47	Victor	18:20	05:55
2	78	Edward Juliani	M	M40-49	46	Henrietta	18:38	06:01
3	105	Joe Haungs	M	M40-49	47	Hilton	19:16	06:13
4	42	Patrick Milligan	M	M40-49	45	Rochester	19:19	06:14
5	9	Chris Boshnack	M	M40-49	43	Rochester	19:31	06:18
6	69	David Penrose	M	M40-49	40		19:32	06:18
7	56	Jim Werven	M	M40-49	43	W. Henrietta	19:33	06:18
8	100	Alan Borrelli	M	M40-49	40	Fairport	19:34	06:19
9	122	Jeff Chester	M	M40-49	44	Rochester	20:46	06:42
10	61	Robert Wright	M	M40-49	43	Hilton	22:48	07:21
11	39	Ron Leicht	M	M40-49	49	Rochester	23:13	07:29
12	106	David Bisnett	M	M40-49	49		23:21	07:32
13	73	Sean Hendrick	M	M40-49	47	Rochester	23:54	07:43
14	68	Richard Laudisi	M	M40-49	49		24:12	07:48
15	43	James Norris	M	M40-49	49	Rochester	29:47	09:37
16	55	Joe Vivinetto	M	M40-49	46	Rochester	31:03	10:01

M50-59

1	94	Mitch Moore	M	M50-59	55	Rochester	21:27	06:55
2	96	Jay Terrimani	M	M50-59	50	Fairport	22:08	07:09
3	120	Stan Cipura	M	M50-59	53	Rochester	22:27	07:15
4	113	Mike Russell	M	M50-59	52	Rochester	23:27	07:34
5	84	Tom Hawkins	M	M50-59	51	Williamson	24:49	08:00
6	7	Frank Bellavia	M	M50-59	54	Atlanta	25:17	08:09
7	109	Donald Galetto	M	M50-59	57	Spencerport	26:51	08:40
8	28	Michael Fragassi	M	M50-59	51	Rochester	30:27	09:49
9	32	Robert Freitag	M	M50-59	58	Pittsford	34:20	11:04

M60-69

1	95	Keith Yates	M	M60-69	62	Pittsford	21:55	07:04
2	63	Walter Standhart	M	M60-69	64	Rochester	23:06	07:27
3	47	Bruce Rychwalski	M	M60-69	60	Rochester	25:23	08:11
4	80	John Fogler	M	M60-69	64	Exeter	25:54	08:21
5	90	Ken Marciano	M	M60-69	63		33:24	10:46
6	40	Dick Lewandowski	M	M60-69	64	Rochester	35:58	11:36
7	81	Norm Grenier	M	M60-69	69	Rochester	36:04	11:38

M70+

1	23	Robert Ealy	M	M70+	80	Webster	27:50	08:59
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2	48	Al Smith	M	M70+	71	Rochester	29:53	09:38
3	65	Chucq Laverne	M	M70+	70		46:08	14:53