

Mendon Trail Run 5K, 10K, 20K
Saturday November 10, 2007 Mendon Ponds, Mendon, NY
187 Finishers (132 Males, 55 Females)
Timed By YellowJacket Racing

Pos	Bib	Fullname	Gender	Class	Race	City	Lap 1	Total
10K Results								
1	327	Ben Feidner	M	Overall Male 10K	10K	Farmington	39:59	39:59
2	234	Jordan Hill	M	10M14-19	10K	Spencerport	40:53	40:53
3	301	Mark Johnson	M	10M40-49	10K	Webster	42:45	42:45
4	219	Brandon DiPasquale	M	10M14-19	10K	Conesus	42:58	42:58
5	347	Joe Flanagan	M	10M20-29	10K	Holley	43:41	43:41
6	329	Nathan Kauffman	M	10M20-29	10K		45:00	45:00
7	322	John Hair	M	10M30-39	10K		45:50	45:50
8	212	Ben Cleeton	M	10M14-19	10K	Geneseo	45:53	45:53
9	205	Lawrence Bernstein	M	10M40-49	10K	Honeoye Falls	47:52	47:52
10	353	Tyler Magnan	M	10M20-29	10K	Victor	48:01	48:01
11	248	Jared Kuhl	M	10M20-29	10K	Syracuse	48:07	48:07
12	278	Dashawn Robinson	M	10M14-19	10K	Buffalo	48:56	48:56
13	207	David Blake	M	10M50-59	10K	Stafford	49:40	49:40
14	348	Kim Douglas	F	Overall Female 10K	10K	Honeoye Falls	49:52	49:52
15	331	Rick Dean	M	10M20-29	10K	Marion	50:04	50:04
16	351	Patricia Pirnie	F	10F40-49	10K		50:10	50:10
17	276	Jeff Rembold	M	10M30-39	10K	Webster	50:16	50:16
18	216	Joshua Crocker	M	10M20-29	10K	Marion	50:18	50:18
19	340	R Matthew Gee	M	10M20-29	10K		50:29	50:29
20	451	Rob Smura	M	10M30-39	20K		50:30	50:30
21	349	Jay Ferriman	M	10M40-49	10K	Fairport	50:32	50:32
22	328	Carl Grimm	M	10M60-69	10K		51:55	51:55
23	344	Mark Woodhams	M	10M50-59	10K		51:58	51:58
24	237	Robert Holmes	M	10M30-39	10K	Fairport	52:13	52:13
25	274	Sean Rahrle	M	10M20-29	10K	Rochester	52:44	52:44
26	330	Timothy Bantle	M	10M50-59	10K	Walworth	52:53	52:53
27	332	Michael Biron	M	10M40-49	10K	Fairport	53:01	53:01
28	204	James Beaujon	M	10M40-49	10K	Canandaigua	53:02	53:02
29	241	Nate Jenny	M	10M30-39	10K	Macedon	53:10	53:10
30	355	Matt Degma	M	10M50-59	10K		53:15	53:15
31	354	Laura Church	F	10F30-39	10K	Rochester	53:16	53:16
32	257	Ed Martin	M	10M40-49	10K	Victor	53:25	53:25
33	264	Thomas Parenti	M	10M30-39	10K	Sarver	53:47	53:47
34	236	Kameron Holmes	F	10F30-39	10K	Fairport	54:09	54:09
35	224	Corey Frantz	M	10M30-39	10K	Rochester	54:28	54:28
36	334	Joe Coppeta	M	10M40-49	10K	Greece	54:59	54:59
37	316	Stephanie Peters	F	10F20-29	10K	Rochester	55:02	55:02
38	300	Mary Wojnowski	F	10F40-49	10K	Rochester	55:18	55:18
39	335	John Wilcox	M	10M40-49	10K	W. Henrietta	55:35	55:35
40	324	Harry DeLahunta	M	10M40-49	10K	Pittsford	55:55	55:55
41	221	Jackie Dowdeswell	F	10F40-49	10K	Pittsford	55:59	55:59
42	342	Sarah McCarthy	F	10F30-39	10K		56:31	56:31
43	346	Michelle Marino	F	10F50-59	10K		56:59	56:59
44	268	Steve Phillips	M	10M30-39	10K	Avon	57:03	57:03
45	220	Raymond DiPasquale	M	10M40-49	10K	Conesus	57:07	57:07
46	245	Dan Judd	M	10M40-49	10K	Rochester	57:10	57:10
47	356	Larry Hoffman	M	10M30-39	10K	Ontario	57:21	57:21
48	298	Sarah Wilcox	F	10F14-19	10K	Rochester	57:40	57:40
49	256	Scott Manley	M	10M20-29	10K	Whitesboro	58:13	58:13
50	323	Andrew Ciao	M	10M40-49	10K	Victor	58:17	58:17
51	227	Chuck Giordano	M	10M40-49	10K	Hilton	58:23	58:23
52	326	Bob Baldino	M	10M40-49	10K	Spencerport	58:43	58:43
53	209	James Bongard	M	10M40-49	10K	Webster	58:51	58:51
54	286	Kevin Sullivan	M	10M40-49	10K	Rush	59:04	59:04
55	222	Annette Esposito	F	10F40-49	10K	Rochester	59:14	59:14
56	230	Lawrence Guskowski	M	10M50-59	10K	Rochester	59:15	59:15
57	337	Mike Hall	M	10M30-39	10K	Rochester	1:00:25	1:00:25
58	336	Steven Rowe	M	10M40-49	10K		1:00:25	1:00:25
59	218	Susan Cushman	F	10F30-39	10K	Honeoye Falls	1:00:30	1:00:30
60	313	Stacy Edwards	F	10F20-29	10K	Hilton	1:01:29	1:01:29
61	308	John Tarduno	M	10M40-49	10K	Rochester	1:01:49	1:01:49
62	338	Ty Hookway	M	10M40-49	10K		1:02:25	1:02:25
63	339	MaryEllen McGraw	F	10F40-49	10K	Pittsford	1:02:25	1:02:25
64	289	Michael Torpey	M	10M30-39	10K	Honeoye Falls	1:03:22	1:03:22
65	357	George DedeRich	M	10M14-19	10K		1:03:29	1:03:29

66	352 Mike Allen	M	10M40-49	10K	Rochester	1:04:00		1:04:00
67	452 David Prest	M	10M30-39	20K	Holley	1:05:11		1:05:11
68	254 Joel Mancarella	M	10M14-19	10K	Syracuse	1:06:02		1:06:02
69	343 Rich Kapp	M	10M30-39	10K	Webster	1:06:05		1:06:05
70	333 Bob Timkey	M	10M30-39	10K	Lockport	1:06:31		1:06:31
71	318 Cathy Senecal-Rice	F	10F50-59	10K		1:06:36		1:06:36
72	281 Jonathan Schwandt	M	10M30-39	10K	Macedon	1:06:42		1:06:42
73	231 Dudley Hallstead	M	10M40-49	10K	Canandaigua	1:06:43		1:06:43
74	272 Carolyn Privitera Gage	F	10F40-49	10K	Henrietta	1:06:45		1:06:45
75	259 Kelly McNelis	F	10F20-29	10K	Rochester	1:06:53		1:06:53
76	345 Jeff VanRiper	M	10M50-59	10K	Farmington	1:07:21		1:07:21
77	252 Robin Lyle	F	10F30-39	10K	Honeoye Falls	1:08:18		1:08:18
78	350 John Bradley	M	10M30-39	10K	Fairport	1:09:03		1:09:03
79	246 Len Kataskas	M	10M50-59	10K	Clifton Springs	1:09:56		1:09:56
80	240 Julian Huyushi	M	10M14-19	10K	Buffalo	1:10:13		1:10:13
81	325 Gary Preece	M	10M50-59	10K	Shortsville	1:10:26		1:10:26
82	282 Martha Southard	F	10F40-49	10K	East Syracuse	1:10:45		1:10:45
83	292 Brian VandeMortel	M	10M40-49	10K	Webster	1:10:53		1:10:53
84	250 Mark Lehman	M	10M50-59	10K	Honeoye Falls	1:11:29		1:11:29
85	302 Cyndi Wcislo	F	10F50-59	10K	Buffalo	1:11:29		1:11:29
86	263 Michele Pane	F	10F40-49	10K	Seneca Falls	1:11:52		1:11:52
87	299 Rahul Witshi	M	10M30-39	10K	Webster	1:12:39		1:12:39
88	258 Tami McGraw	F	10F30-39	10K	Brockport	1:14:29		1:14:29
89	288 Alex Tong	M	10M30-39	10K	Rochester	1:14:53		1:14:53
90	225 Mike Friedler	M	10M40-49	10K	Ontario	1:14:55		1:14:55
91	273 Marilee Pryor	F	10F50-59	10K	Scottsville	1:16:28		1:16:28
92	397 Patti Hahn	F	10F50-59	10K		1:22:57		1:22:57
93	341 Bill Woodhams	M	10M20-29	10K	Rochester	1:28:05		1:28:05
94	321 Adeline Saliba	F	10F30-39	10K	Medford	1:35:54		1:35:54
95	229 Maria Gudlin	F	10F40-49	10K	Jamesville	1:39:02		1:39:02
96	262 Devon Palmer	M	10M14-19	10K	Buffalo	1:54:49		1:54:49
97	243 Xavier Jones	M	10M14-19	10K	Buffalo	1:54:49		1:54:49
98	213 Micheal Collier	M	10M14-19	10K	Buffalo	2:05:45		2:05:45
99	290 Aerig Turman	M	10M14-19	10K	Buffalo	2:05:46		2:05:46
100	295 Brianna Vazquez	F	10F14-19	10K	Buffalo	2:11:00		2:11:00
101	201 Heather Ryan	F	10F14-19	10K	Buffalo	2:11:03		2:11:03
102	277 Michael Richardson	M	10M14-19	10K	Buffalo	2:25:08		2:25:08

20K Results

Pos	Bib	Fullname	Gender	Class	Race	City	Lap 1	Lap 2	Total
1	437	Carl Johnston	M	Overall Male 20K	20K	Ontario	41:44	43:09	1:24:52
2	396	Alan Powers	M	20M30-39	20K	Rochester	41:48	44:32	1:26:21
3	235	Joseph Holler	M	20M20-29	20K	Jamestown	43:29	46:25	1:29:54
4	293	Dennis VanKerkhove	M	20M40-49	20K	Rochester	44:37	46:14	1:30:51
5	458	Andrew Olson	M	20M20-29	20K	Syracuse	45:41	46:55	1:32:36
6	383	Matthew Doyle	M	20M30-39	20K	Rochester	44:27	48:57	1:33:24
7	384	Christa Meyer	F	Overall Female 20K	20K	Fairport	46:30	48:40	1:35:10
8	463	Larry Creatura	M	20M40-49	20K		48:03	50:13	1:38:15
9	373	Rick Schopinski	M	20M40-49	20K	Victor	47:55	52:31	1:40:26
10	312	Christian Jones	M	20M30-39	20K	Hilton	49:14	51:18	1:40:32
11	314	Scott McNitt	M	20M40-49	20K		49:14	51:18	1:40:33
12	242	David Jones	M	20M40-49	20K	Interlaken	48:59	52:09	1:41:08
13	311	Steven Snyder	M	20M30-39	20K	Hamlin	46:31	55:01	1:41:33
14	202	Rich Angell	M	20M30-39	20K	Rochester	50:42	52:06	1:42:49
15	456	Frank Quattrone	M	20M50-59	20K	Webster	49:55	53:30	1:43:26
16	379	Hector Bauza	M	20M60-69	20K	Fredonia	51:20	55:04	1:46:24
17	399	Shannon Manzo	F	20F30-39	20K	Rochester	52:15	55:38	1:47:53
18	380	Egils Robs	M	20M30-39	20K	East Rochester	52:21	56:18	1:48:40
19	382	Jon McDonough	M	20M30-39	20K	North Chili	52:04	57:11	1:49:15
20	462	Josh Keefe	M	20M20-29	20K	Rochester	51:46	57:30	1:49:16
21	376	Mike Mundy	M	20M40-49	20K		52:13	57:04	1:49:16
22	395	Buzz Schild	M	20M60-69	20K	Rochester	52:12	57:31	1:49:43
23	291	Rob Tyler	M	20M50-59	20K	Pittsford	53:05	57:21	1:50:27
24	386	Danielle Snyder	F	20F20-29	20K	Pittsford	56:05	55:47	1:51:52
25	307	Jim Glinsky	M	20M60-69	20K		56:06	56:41	1:52:47
26	378	Kathy Schwenk	F	20F40-49	20K	Corfu	55:47	57:35	1:53:22
27	215	Michael Collins	M	20M30-39	20K	Rochester	53:51	1:02:03	1:55:54
28	459	Jim Kerr	M	20M50-59	20K	Canandaigua	56:29	59:36	1:56:06
29	306	Nancy Heilemann	F	20F40-49	20K	Clemson	58:11	1:00:37	1:58:48
30	233	Patrick Herron	M	20M50-59	20K	LeRoy	57:54	1:01:53	1:59:47
31	244	Chester Jozefski	M	20M50-59	20K	Rochester	58:41	1:03:08	2:01:48
32	377	John McKenna	M	20M40-49	20K		56:15	1:06:56	2:03:11

33	374	Gregory Hyatt	M	20M50-59	20K	Amherst	1:03:16	1:01:15	2:04:31
34	210	Christina Chavez	F	20F30-39	20K	Canandaigua	1:03:04	1:04:21	2:07:25
35	275	Lisa Ray	F	20F40-49	20K	Fairport	1:01:33	1:05:59	2:07:31
36	279	Darlene Saeva	F	20F40-49	20K	Rochester	1:06:28	1:04:36	2:11:04
37	454	Daniel Sillick	M	20M50-59	20K	Hiton	1:03:41	1:10:08	2:13:49
38	303	Julie Bell	F	20F30-39	20K	Pittsford	1:05:00	1:12:59	2:17:59
39	385	Nancy VanKerkhove	F	20F40-49	20K	Rochester	1:06:46	1:13:40	2:20:25
40	310	Jen Newman	F	20F30-39	20K	Pittsford	1:08:09	1:12:42	2:20:52
41	285	Teresa Sukiennicki	F	20F40-49	20K	Rochester	1:05:06	1:18:06	2:23:12
42	319	Anne Schwartz	F	20F50-59	20K	Webster	1:09:47	1:14:35	2:24:22
43	208	Kimberlee Blik	F	20F40-49	20K	Webster	1:07:51	1:18:24	2:26:16
44	372	Dave Fergusson	M	20M50-59	20K		1:06:07	1:21:34	2:27:40
45	280	Fouad Saliba	M	20M60-69	20K	Westmount	1:13:25	1:17:10	2:30:36
46	217	Alison Currie	F	20F50-59	20K	Rochester	1:11:26	1:19:31	2:30:57
47	315	Kelly Nash	F	20F30-39	20K	Rochester	1:10:48	1:22:11	2:32:58
48	317	Maria Durkin	F	20F40-49	20K	Pittsford	1:10:48	1:22:11	2:32:59
49	453	Gaylee Saliba	F	20F20-29	20K	Medford	1:17:21	1:32:11	2:49:32

5K Results

Pos	Bib	Fullname	Gender	Class	Race	City	Lap 1	Total
1	226	Marcus Gage	M	Overall Male 5K	5K	Henrietta	23:29	23:29
2	398	Tom Regan	M	5M30-39	5K	Victor	23:53	23:53
3	468	Eric Bigenwald	M	5M14UNDER	5K		25:29	25:29
4	271	Joshua Platt	M	5M14-19	5K	Kent	28:22	28:22
5	393	Ross Pirnie	M	5M14UNDER	5K		28:26	28:26
6	203	Allen Beaujon	M	5M14UNDER	5K	Canandaigua	29:10	29:10
7	214	Chris Collins	M	5M40-49	5K	Newark	30:27	30:27
8	375	Aria McKusick	F	Overall Female 5K	5K	Mendon	30:56	30:56
9	267	Scott Phillips	M	5M20-29	5K	Rochester	30:58	30:58
10	469	Jacob Bigenwald	M	5M14UNDER	5K		31:07	31:07
11	461	Chris Bigenwald	M	5M40-49	5K		31:08	31:08
12	390	Enrich Spaker	M	5M14UNDER	5K	Spencerport	31:33	31:33
13	465	Kate Creatura	F	5F40-49	5K		32:27	32:27
14	394	Evan Pirnie	M	5M14UNDER	5K	Hilton	34:35	34:35
15	391	Sebold Torno	M	5M30-39	5K		34:51	34:51
16	265	Douglas Pereira	M	5M30-39	5K	Canandaigua	35:18	35:18
17	464	Jack Creatura	M	5M14UNDER	5K		35:30	35:30
18	381	Margaux Judge	F	5F30-39	5K	Fayetteville	35:49	35:49
19	247	Renee Kirk	M	5M30-39	5K	Bloomfield	36:08	36:08
20	239	Paul Hutkowski	M	5M30-39	5K	Pittsford	36:12	36:12
21	269	Tim Phillips	M	5M20-29	5K	Newark	37:30	37:30
22	388	Martha McKenna	F	5F30-39	5K		38:06	38:06
23	387	Shari Kinel	F	5F40-49	5K		38:06	38:06
24	392	Barryn Caresto	M	5M50-59	5K	Livonia	38:09	38:09
25	297	Jeff Weber	M	5M50-59	5K	Rochester	38:54	38:54
26	251	Jason Lyle	M	5M30-39	5K	Honeoye Falls	39:25	39:25
27	294	Athena Visel	F	5F20-29	5K	Roc	39:29	39:29
28	455	Sean Metz	M	5M20-29	5K		40:34	40:34
29	283	Jeremy Stein	M	5M30-39	5K	Honeoye Falls	40:56	40:56
30	284	Tara Stein	F	5F20-29	5K	Honeoye Falls	40:56	40:56
31	304	Rob Hayes	M	5M30-39	5K	Avon	41:23	41:23
32	270	Traci Phillips	F	5F30-39	5K	Avon	42:57	42:57
33	457	Tim Mulhall	M	5M40-49	5K		44:55	44:55
34	389	Ahren Spaker	M	5M14UNDER	5K	Spencerport	48:37	48:37
35	466	Jack Fickett	M	5M14UNDER	5K		52:29	52:29
36	467	Hannah Fickett	F	5F14UNDER	5K		54:02	54:02