

Mendon Trail Run 5K, 10K, 20K
Saturday November 10, 2007 Mendon Ponds, Mendon, NY
187 Finishers (132 Males, 55 Females)
Timed By YellowJacket Racing

Pos	Bib	Fullname	Gender	Race	City	Lap 1	Lap 2	Total
10K Results								
Overall Female 10K								
	1	348 Kim Douglas	F	10K	Honeoye Falls	49:52		49:52
Overall Male 10K								
	1	327 Ben Feidner	M	10K	Farmington	39:59		39:59
F14-19								
	1	298 Sarah Wilcox	F	10K	Rochester	57:40		57:40
	2	295 Brianna Vazquez	F	10K	Buffalo	2:11:00		2:11:00
	3	201 Heather Ryan	F	10K	Buffalo	2:11:03		2:11:03
F20-29								
	1	316 Stephanie Peters	F	10K	Rochester	55:02		55:02
	2	313 Stacy Edwards	F	10K	Hilton	1:01:29		1:01:29
	3	259 Kelly McNelis	F	10K	Rochester	1:06:53		1:06:53
F30-39								
	1	354 Laura Church	F	10K	Rochester	53:16		53:16
	2	236 Kameron Holmes	F	10K	Fairport	54:09		54:09
	3	342 Sarah McCarthy	F	10K		56:31		56:31
	4	218 Susan Cushman	F	10K	Honeoye Falls	1:00:30		1:00:30
	5	252 Robin Lyle	F	10K	Honeoye Falls	1:08:18		1:08:18
	6	258 Tami McGraw	F	10K	Brockport	1:14:29		1:14:29
	7	321 Adeline Saliba	F	10K	Medford	1:35:54		1:35:54
F40-49								
	1	351 Patricia Pirnie	F	10K		50:10		50:10
	2	300 Mary Wojnowski	F	10K	Rochester	55:18		55:18
	3	221 Jackie Dowdeswell	F	10K	Pittsford	55:59		55:59
	4	222 Annette Esposito	F	10K	Rochester	59:14		59:14
	5	339 MaryEllen McGraw	F	10K	Pittsford	1:02:25		1:02:25
	6	272 Carolyn Privitera Gage	F	10K	Henrietta	1:06:45		1:06:45
	7	282 Martha Southard	F	10K	East Syracuse	1:10:45		1:10:45
	8	263 Michele Pane	F	10K	Seneca Falls	1:11:52		1:11:52
	9	229 Maria Gudlin	F	10K	Jamesville	1:39:02		1:39:02
F50-59								
	1	346 Michelle Marino	F	10K		56:59		56:59
	2	318 Cathy Senecal-Rice	F	10K		1:06:36		1:06:36
	3	302 Cyndi Wcislo	F	10K	Buffalo	1:11:29		1:11:29
	4	273 Marilee Pryor	F	10K	Scottsville	1:16:28		1:16:28
	5	397 Patti Hahn	F	10K		1:22:57		1:22:57
M14-19								
	1	234 Jordan Hill	M	10K	Spencerport	40:53		40:53
	2	219 Brandon DiPasquale	M	10K	Conesus	42:58		42:58
	3	212 Ben Cleeton	M	10K	Geneseo	45:53		45:53
	4	278 Dashawn Robinson	M	10K	Buffalo	48:56		48:56
	5	357 George DedeRich	M	10K		1:03:29		1:03:29
	6	254 Joel Mancarella	M	10K	Syracuse	1:06:02		1:06:02
	7	240 Julian Huyushi	M	10K	Buffalo	1:10:13		1:10:13
	8	262 Devon Palmer	M	10K	Buffalo	1:54:49		1:54:49
	9	243 Xavier Jones	M	10K	Buffalo	1:54:49		1:54:49
	10	213 Micheal Collier	M	10K	Buffalo	2:05:45		2:05:45
	11	290 Aerig Turman	M	10K	Buffalo	2:05:46		2:05:46
	12	277 Michael Richardson	M	10K	Buffalo	2:25:08		2:25:08
M20-29								
	1	347 Joe Flanagan	M	10K	Holley	43:41		43:41
	2	329 Nathan Kauffman	M	10K		45:00		45:00
	3	353 Tyler Magnan	M	10K	Victor	48:01		48:01
	4	248 Jared Kuhl	M	10K	Syracuse	48:07		48:07
	5	331 Rick Dean	M	10K	Marion	50:04		50:04
	6	216 Joshua Crocker	M	10K	Marion	50:18		50:18
	7	340 R Matthew Gee	M	10K		50:29		50:29
	8	274 Sean Rahrle	M	10K	Rochester	52:44		52:44
	9	256 Scott Manley	M	10K	Whitesboro	58:13		58:13

	10	341	Bill Woodhams	M	10K	Rochester	1:28:05	1:28:05
M30-39								
		1	322 John Hair	M	10K		45:50	45:50
		2	276 Jeff Rembold	M	10K	Webster	50:16	50:16
		3	451 Rob Smura	M	10K		50:30	50:30
		4	237 Robert Holmes	M	10K	Fairport	52:13	52:13
		5	241 Nate Jenny	M	10K	Macedon	53:10	53:10
		6	264 Thomas Parenti	M	10K	Sarver	53:47	53:47
		7	224 Corey Frantz	M	10K	Rochester	54:28	54:28
		8	268 Steve Phillips	M	10K	Avon	57:03	57:03
		9	356 Larry Hoffman	M	10K	Ontario	57:21	57:21
	10	337	Mike Hall	M	10K	Rochester	1:00:25	1:00:25
	11	289	Michael Torpey	M	10K	Honeoye Falls	1:03:22	1:03:22
	12	452	David Prest	M	10K	Holley	1:05:11	1:05:11
	13	343	Rich Kapp	M	10K	Webster	1:06:05	1:06:05
	14	333	Bob Timkey	M	10K	Lockport	1:06:31	1:06:31
	15	281	Jonathan Schwandt	M	10K	Macedon	1:06:42	1:06:42
	16	350	John Bradley	M	10K	Fairport	1:09:03	1:09:03
	17	299	Rahul Witschi	M	10K	Webster	1:12:39	1:12:39
	18	288	Alex Tong	M	10K	Rochester	1:14:53	1:14:53
M40-49								
		1	301 Mark Johnson	M	10K	Webster	42:45	42:45
		2	205 Lawrence Bernstein	M	10K	Honeoye Falls	47:52	47:52
		3	349 Jay Ferriman	M	10K	Fairport	50:32	50:32
		4	332 Michael Biron	M	10K	Fairport	53:01	53:01
		5	204 James Beaujon	M	10K	Canandaigua	53:02	53:02
		6	257 Ed Martin	M	10K	Victor	53:25	53:25
		7	334 Joe Coppeta	M	10K	Greece	54:59	54:59
		8	335 John Wilcox	M	10K	W. Henrietta	55:35	55:35
		9	324 Harry DeLahunta	M	10K	Pittsford	55:55	55:55
	10	220	Raymond DiPasquale	M	10K	Conesus	57:07	57:07
	11	245	Dan Judd	M	10K	Rochester	57:10	57:10
	12	323	Andrew Ciao	M	10K	Victor	58:17	58:17
	13	227	Chuck Giordano	M	10K	Hilton	58:23	58:23
	14	326	Bob Baldino	M	10K	Spencerport	58:43	58:43
	15	209	James Bongard	M	10K	Webster	58:51	58:51
	16	286	Kevin Sullivan	M	10K	Rush	59:04	59:04
	17	336	Steven Rowe	M	10K		1:00:25	1:00:25
	18	308	John Tarduno	M	10K	Rochester	1:01:49	1:01:49
	19	338	Ty Hookway	M	10K		1:02:25	1:02:25
	20	352	Mike Allen	M	10K	Rochester	1:04:00	1:04:00
	21	231	Dudley Hallstead	M	10K	Canandaigua	1:06:43	1:06:43
	22	292	Brian VandeMortel	M	10K	Webster	1:10:53	1:10:53
	23	225	Mike Friedler	M	10K	Ontario	1:14:55	1:14:55
M50-59								
		1	207 David Blake	M	10K	Stafford	49:40	49:40
		2	344 Mark Woodhams	M	10K		51:58	51:58
		3	330 Timothy Bantle	M	10K	Walworth	52:53	52:53
		4	355 Matt Degma	M	10K		53:15	53:15
		5	230 Lawrence Guskowski	M	10K	Rochester	59:15	59:15
		6	345 Jeff VanRiper	M	10K	Farmington	1:07:21	1:07:21
		7	246 Len Kataskas	M	10K	Clifton Springs	1:09:56	1:09:56
		8	325 Gary Preece	M	10K	Shortsville	1:10:26	1:10:26
		9	250 Mark Lehman	M	10K	Honeoye Falls	1:11:29	1:11:29
M60-69								
		1	328 Carl Grimm	M	10K		0:51:55	0:51:55

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20K Results								
Overall Female 20K								
1	384	Christa Meyer	F	20K	Fairport	46:30	48:40	1:35:10
Overall Male 20K								
1	437	Carl Johnston	M	20K	Ontario	41:44	43:09	1:24:52
F20-29								
1	386	Danielle Snyder	F	20K	Pittsford	56:05	55:47	1:51:52
2	453	Gaylee Saliba	F	20K	Medford	1:17:21	1:32:11	2:49:32
F30-39								
1	399	Shannon Manzo	F	20K	Rochester	52:15	55:38	1:47:53
2	210	Christina Chavez	F	20K	Canandaigua	1:03:04	1:04:21	2:07:25
3	303	Julie Bell	F	20K	Pittsford	1:05:00	1:12:59	2:17:59
4	310	Jen Newman	F	20K	Pittsford	1:08:09	1:12:42	2:20:52
5	315	Kelly Nash	F	20K	Rochester	1:10:48	1:22:11	2:32:58
F40-49								
1	378	Kathy Schwenk	F	20K	Corfu	55:47	57:35	1:53:22
2	306	Nancy Heilemann	F	20K	Clemson	58:11	1:00:37	1:58:48
3	275	Lisa Ray	F	20K	Fairport	1:01:33	1:05:59	2:07:31
4	279	Darlene Saeva	F	20K	Rochester	1:06:28	1:04:36	2:11:04
5	385	Nancy VanKerkhove	F	20K	Rochester	1:06:46	1:13:40	2:20:25
6	285	Teresa Sukiennicki	F	20K	Rochester	1:05:06	1:18:06	2:23:12
7	208	Kimberlee Blied	F	20K	Webster	1:07:51	1:18:24	2:26:16
8	317	Maria Durkin	F	20K	Pittsford	1:10:48	1:22:11	2:32:59
F50-59								
1	319	Anne Schwartz	F	20K	Webster	1:09:47	1:14:35	2:24:22
2	217	Alison Currie	F	20K	Rochester	1:11:26	1:19:31	2:30:57
M20-29								
1	235	Joseph Holler	M	20K	Jamestown	43:29	46:25	1:29:54
2	458	Andrew Olson	M	20K	Syracuse	45:41	46:55	1:32:36
3	462	Josh Keefe	M	20K	Rochester	51:46	57:30	1:49:16
M30-39								
1	396	Alan Powers	M	20K	Rochester	41:48	44:32	1:26:21
2	383	Matthew Doyle	M	20K	Rochester	44:27	48:57	1:33:24
3	312	Christian Jones	M	20K	Hilton	49:14	51:18	1:40:32
4	311	Steven Snyder	M	20K	Hamlin	46:31	55:01	1:41:33
5	202	Rich Angell	M	20K	Rochester	50:42	52:06	1:42:49
6	380	Egils Robs	M	20K	East Rochester	52:21	56:18	1:48:40
7	382	Jon McDonough	M	20K	North Chili	52:04	57:11	1:49:15
8	215	Michael Collins	M	20K	Rochester	53:51	1:02:03	1:55:54
M40-49								
1	293	Dennis VanKerkhove	M	20K	Rochester	44:37	46:14	1:30:51
2	463	Larry Creatura	M	20K		48:03	50:13	1:38:15
3	373	Rick Schopinski	M	20K	Victor	47:55	52:31	1:40:26
4	314	Scott McNitt	M	20K		49:14	51:18	1:40:33
5	242	David Jones	M	20K	Interlaken	48:59	52:09	1:41:08
6	376	Mike Mundy	M	20K		52:13	57:04	1:49:16
7	377	John McKenna	M	20K		56:15	1:06:56	2:03:11
M50-59								
1	456	Frank Quattrone	M	20K	Webster	49:55	53:30	1:43:26
2	291	Rob Tyler	M	20K	Pittsford	53:05	57:21	1:50:27
3	459	Jim Kerr	M	20K	Canandaigua	56:29	59:36	1:56:06
4	233	Patrick Herron	M	20K	LeRoy	57:54	1:01:53	1:59:47
5	244	Chester Jozefski	M	20K	Rochester	58:41	1:03:08	2:01:48
6	374	Gregory Hyatt	M	20K	Amherst	1:03:16	1:01:15	2:04:31
7	454	Daniel Sillick	M	20K	Hiton	1:03:41	1:10:08	2:13:49
8	372	Dave Fergusson	M	20K		1:06:07	1:21:34	2:27:40
M60-69								
1	379	Hector Bauza	M	20K	Fredonia	51:20	55:04	1:46:24
2	395	Buzz Schild	M	20K	Rochester	52:12	57:31	1:49:43
3	307	Jim Glinsky	M	20K		56:06	56:41	1:52:47
4	280	Fouad Saliba	M	20K	Westmount	1:13:25	1:17:10	2:30:36

Pos	Bib	Fullname	Gender	Race	City	Lap 1	Lap 2	Total
5K Results								
Overall Female 5K								
	1	375 Aria McKusick	F	5K	Mendon	30:56		30:56
Overall Male 5K								
	1	226 Marcus Gage	M	5K	Henrietta	23:29		23:29
F14UNDER								
	1	467 Hannah Fickett	F	5K		54:02		54:02
F20-29								
	1	294 Athena Visel	F	5K	Roc	39:29		39:29
	2	284 Tara Stein	F	5K	Honeoye Falls	40:56		40:56
F30-39								
	1	381 Margaux Judge	F	5K	Fayetteville	35:49		35:49
	2	388 Martha McKenna	F	5K		38:06		38:06
	3	270 Traci Phillips	F	5K	Avon	42:57		42:57
F40-49								
	1	465 Kate Creatura	F	5K		32:27		32:27
	2	387 Shari Kinel	F	5K		38:06		38:06
M14UNDER								
	1	468 Eric Bigenwald	M	5K		25:29		25:29
	2	393 Ross Pirnie	M	5K		28:26		28:26
	3	203 Allen Beaujon	M	5K	Canandaigua	29:10		29:10
	4	469 Jacob Bigenwald	M	5K		31:07		31:07
	5	390 Enrich Spaker	M	5K	Spencerport	31:33		31:33
	6	394 Evan Pirnie	M	5K	Hilton	34:35		34:35
	7	464 Jack Creatura	M	5K		35:30		35:30
	8	389 Ahren Spaker	M	5K	Spencerport	48:37		48:37
	9	466 Jack Fickett	M	5K		52:29		52:29
M14-19								
	1	271 Joshua Platt	M	5K	Kent	28:22		28:22
M20-29								
	1	267 Scott Phillips	M	5K	Rochester	30:58		30:58
	2	269 Tim Phillips	M	5K	Newark	37:30		37:30
	3	455 Sean Metz	M	5K		40:34		40:34
M30-39								
	1	398 Tom Regan	M	5K	Victor	23:53		23:53
	2	391 Sebold Torno	M	5K		34:51		34:51
	3	265 Douglas Pereira	M	5K	Canandaigua	35:18		35:18
	4	247 Renee Kirk	M	5K	Bloomfield	36:08		36:08
	5	239 Paul Hutkowski	M	5K	Pittsford	36:12		36:12
	6	251 Jason Lyle	M	5K	Honeoye Falls	39:25		39:25
	7	283 Jeremy Stein	M	5K	Honeoye Falls	40:56		40:56
	8	304 Rob Hayes	M	5K	Avon	41:23		41:23
M40-49								
	1	214 Chris Collins	M	5K	Newark	30:27		30:27
	2	461 Chris Bigenwald	M	5K		31:08		31:08
	3	457 Tim Mulhall	M	5K		44:55		44:55
M50-59								
	1	392 Barryn Caresto	M	5K	Livonia	38:09		38:09
	2	297 Jeff Weber	M	5K	Rochester	38:54		38:54