

**Lake Effect Snowshoe Festival - Long Course (~12 miles)**  
**Sunday January 24, 2010**                      **Webster Park, Webster, NY**  
**22 Finishers( 6 Female, 16 Male )**  
**Produced and Timed by YellowJacket Racing**

Pos	Bib	Name	Gender	Class	Age	City	Race	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Total
Overall Female															
1	58	Holly Kuzmiak-Ngiam	F	Overall Female	27	Rochester	Long	16:47	16:04	16:11	16:07	16:20	16:26	15:43	1:53:38
Overall Male															
1	81	Alan Powers	M	Overall Male	33		Long	13:55	13:42	13:29	13:31	13:34	13:20	12:54	1:34:24
F20-29															
1	71	Heather Wolfe	F	F20-29	23	Palmyra	Long	19:19	18:44	18:41	18:14	18:13	18:11	17:14	2:08:36
2	66	Kelly Stevenson	F	F20-29	28	Rochester	Long	20:55	20:37	20:49	22:24	22:53	22:50	22:45	2:33:13
F30-39															
1	60	Heather Danielson	F	F30-39	34	Rochester	Long	17:57	17:27	17:28	17:03	17:04	17:05	16:19	2:00:24
2	5	Tracy Bryce	F	F30-39	35	Rochester	Long	19:11	17:44	18:07	18:05	18:23	19:03	18:17	2:08:50
F40-49															
1	56	Annette Brenner	F	F40-49	40	Honeoye Falls	Long	22:12	22:24	23:24	23:19	24:05	23:49	26:17	2:45:30
M20-29															
1	75	Andrew Baxter	M	M20-29	23	Webster	Long	14:21	14:15	13:56	13:47	14:51	13:49	14:08	1:39:07
2	77	Andy Frank	M	M20-29	26	Rochester	Long/4M	16:08	15:29	15:15	15:42	16:22	16:29	15:46	1:51:11
3	72	Bill Hammond	M	M20-29	28	Macedon	Long	19:15	18:43	18:44	18:01	17:49	16:30	16:16	2:05:18
M40-49															
1	27	Jim McLaughlin	M	M40-49	40	Fairport	Long	14:28	14:40	14:48	15:19	15:55	15:59	16:08	1:47:16
2	45	John Tarduno	M	M40-49	49	Rochester	Long	16:09	16:16	16:29	16:59	16:56	17:07	17:29	1:57:26
3	37	Steve Rivers	M	M40-49	48	Victor	Long	16:53	16:52	17:39	17:42	17:31	17:18	16:04	1:59:59
4	64	Gary Dill	M	M40-49	44	Rochester	Long	17:56	17:28	17:29	17:03	17:04	17:05	16:19	2:00:23
5	41	John Stanford	M	M40-49	49	Rochester	Long	17:32	18:48	18:40	18:44	18:47	18:53	18:12	2:09:36
6	59	Sean Hendrick	M	M40-49	47	Rochester	Long	19:11	18:10	18:27	18:50	19:33	20:01	20:17	2:14:29
7	7	Thomas Crilly	M	M40-49	47	Rochester	Long	19:44	20:04	19:48	20:15	20:02	20:40	22:30	2:23:04
M50-59															
1	65	Mark Monachino	M	M50-59	50	Macedon	Long	16:31	15:54	15:27	16:30	15:55	15:53	15:27	1:51:36
2	42	Dennis Stearns	M	M50-59	56	Rochester	Long	16:40	16:03	16:18	16:57	16:53	16:37	16:36	1:56:03
3	68	Bill Beyerbach	M	M50-59	54	Rochester	Long	19:15	17:58	18:05	19:00	18:45	19:33	20:08	2:12:44
4	61	James Norris	M	M50-59	50	Fairport	Long	20:58	20:38	20:46	21:15	21:53	22:13	21:42	2:29:25
5	20	Bruce Lavner	M	M50-59	56	Rochester	Long	22:07	22:32	22:59	23:26	22:54	22:03	26:42	2:42:43