

Delta Lake Triathlon
Sunday, August 22nd, 2010
Total Finishers (68 Male, 49 Female, 19 Male Teams, 11 Female Teams)
Timed by YellowJacket Racing

| Pos | Bib | Fullname | Gender | Class | Age | City | SwimTm | T1Tm | BikeTm | T2Tm | RunLap1Tm | RunLap2Tm | RunLap3Tm | RunTm | TotalTm |
|----------------|-----|-------------------------------|--------|----------------|-----|----------------|---------|------|---------|------|-----------|-----------|-----------|-------|---------|
| Overall Male | | | | | | | | | | | | | | | |
| 1 | 145 | Michael Sikorski | M | Overall Male | 29 | New York | 0:27:22 | 0:59 | 1:03:06 | 0:48 | 12:31 | 12:38 | 12:19 | 37:27 | 2:09:42 |
| 2 | 68 | Curt Eggers | M | Overall Male | 54 | Henrietta | 0:26:07 | 0:39 | 1:00:38 | 0:34 | 14:07 | 13:56 | 14:06 | 42:09 | 2:10:08 |
| 3 | 88 | Randy Hadzor | M | Overall Male | 24 | Lafayette | 0:33:34 | 1:04 | 0:58:53 | 0:33 | 12:57 | 12:20 | 11:47 | 37:04 | 2:11:08 |
| Overall Female | | | | | | | | | | | | | | | |
| 1 | 69 | Mary Eggers | F | Overall Female | 36 | Henrietta | 0:25:47 | 0:36 | 1:06:10 | 0:41 | 15:52 | 16:03 | 16:15 | 48:10 | 2:21:25 |
| 2 | 164 | Colleen Zogby | F | Overall Female | 44 | Manlius | 0:29:09 | 1:19 | 1:08:51 | 1:00 | 14:53 | 14:43 | 14:18 | 43:54 | 2:24:14 |
| 3 | 150 | Maryjo Swizdor | F | Overall Female | 45 | Jamesville | 0:33:41 | 1:37 | 1:07:08 | 1:02 | 15:34 | 15:38 | 15:28 | 46:40 | 2:30:08 |
| F18-29 | | | | | | | | | | | | | | | |
| 1 | 153 | Michelle Valessey | F | F18-29 | 27 | Philadelphia | 0:35:49 | 2:00 | 1:18:15 | 2:24 | 16:47 | 17:06 | 17:35 | 51:28 | 2:49:56 |
| 2 | 83 | Cara Goldberg | F | F18-29 | 27 | Syracuse | 0:39:50 | 2:04 | 1:20:29 | 0:42 | 16:46 | 17:09 | 17:21 | 51:16 | 2:54:21 |
| 3 | 156 | Aileen Viel | F | F18-29 | 29 | Whitesboro | 0:35:31 | 2:34 | 1:21:17 | 1:11 | 17:54 | 19:04 | 19:48 | 56:46 | 2:57:20 |
| 4 | 90 | Martha Hampshire | F | F18-29 | 23 | Ava | 0:40:55 | 1:53 | 1:28:33 | 0:40 | 21:47 | 21:25 | 22:19 | 05:30 | 3:17:31 |
| F30-34 | | | | | | | | | | | | | | | |
| 1 | 93 | Amanda Hatfield | F | F30-34 | 31 | Oneida | 0:32:48 | 1:19 | 1:13:24 | 0:51 | 14:36 | 14:28 | 14:36 | 43:39 | 2:32:00 |
| 2 | 117 | Kristin Mullaly | F | F30-34 | 29 | Liverpool | 0:33:08 | 0:57 | 1:10:11 | 0:39 | 18:30 | 19:00 | 19:18 | 56:47 | 2:41:41 |
| 3 | 47 | Lisa Broadhead | F | F30-34 | 32 | Lorton | 0:28:52 | 0:32 | 1:13:46 | 2:25 | 18:44 | 19:27 | 19:54 | 58:05 | 2:43:40 |
| 4 | 115 | Kristen Marie Mucitelli-Heath | F | F30-34 | 34 | North Syracuse | 0:40:05 | 1:39 | 1:13:24 | 1:32 | 16:33 | 17:13 | 17:07 | 50:53 | 2:47:33 |
| 5 | 162 | Joanna Young | F | F30-34 | 32 | Fulton | 0:39:00 | 1:45 | 1:19:48 | 1:46 | 19:10 | 19:45 | 20:03 | 58:58 | 3:01:16 |
| 6 | 92 | Krista Marie Harwick | F | F30-34 | 30 | Mohawk | 0:52:52 | 2:48 | 1:26:14 | 0:52 | 16:27 | 17:13 | 17:34 | 51:14 | 3:14:01 |
| 7 | 79 | Sarah Galbreath | F | F30-34 | 33 | Ithaca | 0:41:55 | 4:27 | 1:33:31 | 1:11 | 20:18 | 20:32 | 20:18 | 01:07 | 3:22:11 |
| F35-39 | | | | | | | | | | | | | | | |
| 1 | 119 | Carrie Ann Nevelndine | F | F35-39 | 39 | Fayetteville | 0:34:59 | 1:16 | 1:15:25 | 0:44 | 15:45 | 15:55 | 15:42 | 47:21 | 2:39:45 |
| 2 | 56 | Tricia Cicero | F | F35-39 | 39 | Fairport | 0:32:13 | 1:20 | 1:16:22 | 1:03 | 17:51 | 17:54 | 17:37 | 53:22 | 2:44:20 |
| 3 | 97 | Anna Hlywa | F | F35-39 | 37 | Auburn | 0:37:41 | 1:12 | 1:11:34 | 1:00 | 18:31 | 18:50 | 18:37 | 55:59 | 2:47:25 |
| 4 | 121 | Kelly Ann Nugent | F | F35-39 | 35 | Clinton | 0:36:32 | 2:53 | 1:22:49 | 1:33 | 15:12 | 15:20 | 15:14 | 45:46 | 2:49:33 |
| 5 | 132 | Lisa Pumilio | F | F35-39 | 37 | Ilion | 0:40:28 | 1:33 | 1:14:51 | 1:35 | 17:11 | 17:26 | 18:06 | 52:44 | 2:51:12 |
| 6 | 133 | Kathleen Rainbow | F | F35-39 | 39 | Onieda | 0:29:14 | 2:19 | 1:18:51 | 2:01 | 19:34 | 21:41 | 23:38 | 04:52 | 2:57:17 |
| 7 | 141 | Angela Marie Schachte | F | F35-39 | 35 | Rome | 0:37:55 | 2:08 | 1:22:04 | 1:22 | 18:31 | 17:52 | 17:34 | 53:57 | 2:57:26 |
| 8 | 167 | Erica Furbeck | F | F35-39 | 33 | | 0:32:36 | 1:59 | 1:20:38 | 1:19 | 23:05 | 24:59 | 25:02 | 13:06 | 3:09:38 |
| 9 | 64 | Maria Del Amo-Lombardo | F | F35-39 | 37 | Liverpool | 0:38:38 | 1:12 | 1:19:38 | 1:07 | 23:38 | 24:47 | 23:54 | 12:19 | 3:12:54 |
| 10 | 138 | Alyson Ryan | F | F35-39 | 35 | Rome | 0:41:20 | 5:42 | 1:34:02 | 2:18 | 17:51 | 18:26 | 18:43 | 55:00 | 3:18:23 |
| 11 | 37 | Jessica Armstrong | F | F35-39 | 35 | Camden | 0:52:41 | 3:31 | 1:29:02 | 2:37 | 19:39 | 20:32 | 21:15 | 01:26 | 3:29:18 |
| F40-44 | | | | | | | | | | | | | | | |
| 1 | 158 | Stacy Chase Wanamaker | F | F40-44 | 42 | Fayetteville | 0:35:30 | 2:46 | 1:16:08 | 1:39 | 14:15 | 13:58 | 14:31 | 42:44 | 2:38:48 |
| 2 | 144 | Margaret Sheen | F | F40-44 | 41 | Syracuse | 0:36:09 | 1:28 | 1:12:48 | 1:42 | 16:33 | 16:59 | 17:26 | 50:58 | 2:43:05 |
| 3 | 110 | Carolyn Mathis | F | F40-44 | 41 | Penfield | 0:34:55 | 1:30 | 1:19:34 | 0:38 | 16:26 | 18:16 | 18:25 | 53:07 | 2:49:45 |
| 4 | 91 | Catherine Harter | F | F40-44 | 40 | Holland Patent | 0:32:04 | 2:06 | 1:20:00 | 1:49 | 18:27 | 18:20 | 18:06 | 54:53 | 2:50:53 |
| 5 | 84 | Andrea Goodfreand-Brown | F | F40-44 | 40 | Manlius | 0:37:53 | 1:25 | 1:15:30 | 1:19 | 18:14 | 19:36 | 20:49 | 58:39 | 2:54:46 |
| 6 | 170 | Kim Kluge-Spencer | F | F40-44 | 41 | | 0:37:58 | 1:48 | 1:19:32 | 1:54 | 17:59 | 18:32 | 18:12 | 54:43 | 2:55:55 |
| 7 | 44 | Julie Biviano | F | F40-44 | 43 | Cazenovia | 0:42:52 | 1:32 | 1:20:15 | 0:31 | 18:37 | 18:09 | 17:47 | 54:33 | 2:59:43 |
| 8 | 104 | Julie Leonard | F | F40-44 | 42 | Canandaigua | 0:40:08 | 1:56 | 1:22:34 | 1:00 | 19:09 | 19:19 | 19:01 | 57:30 | 3:03:08 |
| 9 | 32 | Kathleen Alfano | F | F40-44 | 42 | Webster | 0:37:59 | 2:17 | 1:22:48 | 1:52 | 19:36 | 20:32 | 20:28 | 00:35 | 3:05:31 |
| 10 | 33 | Kris Allen | F | F40-44 | 44 | Blossvale | 0:42:40 | 2:05 | 1:25:54 | 1:36 | 19:29 | 19:28 | 20:37 | 59:34 | 3:11:48 |

| | | | | | | | | | | | | | | |
|--------|-------------------------------|---|--------|----|--------------------|---------|------|---------|------|-------|-------|-------|-------|---------|
| 11 | 155 Bonnie Venton | F | F40-44 | 43 | Fairport | 0:49:05 | 3:10 | 1:32:43 | 1:56 | 25:05 | 26:43 | 27:31 | 19:19 | 3:46:13 |
| 12 | 126 Laura Palmer | F | F40-44 | 42 | Holland Patent | 0:56:06 | 4:57 | 1:37:51 | 2:40 | 22:56 | 25:20 | 26:54 | 15:10 | 3:56:44 |
| F45-49 | | | | | | | | | | | | | | |
| 1 | 157 Lorie Ann Voight | F | F45-49 | 45 | Syracuse | 0:31:30 | 0:58 | 1:11:52 | 0:49 | 16:22 | 16:26 | 15:59 | 48:47 | 2:33:56 |
| 2 | 43 Laura Benotti | F | F45-49 | 45 | Pittsford | 0:31:39 | 1:31 | 1:10:57 | 1:05 | 16:32 | 16:58 | 17:41 | 51:11 | 2:36:23 |
| 3 | 67 Lynn Douglas | F | F45-49 | 48 | Camillus | 0:32:23 | 2:11 | 1:13:06 | 1:09 | 16:40 | 16:55 | 16:45 | 50:20 | 2:39:10 |
| 4 | 107 Andrea Maier | F | F45-49 | 47 | Manlius | 0:37:41 | 3:12 | 1:21:43 | 1:15 | 21:02 | 22:39 | 22:54 | 06:36 | 3:10:27 |
| 5 | 95 Mary Healt | F | F45-49 | 49 | Forestport | 0:46:44 | 1:32 | 1:34:40 | 2:27 | 26:55 | 26:06 | 26:00 | 19:01 | 3:44:23 |
| 6 | 36 Deborah Armstrong | F | F45-49 | 47 | Central Square | 0:35:21 | 3:56 | 1:33:54 | 3:25 | 27:50 | 29:36 | 30:29 | 27:55 | 3:44:32 |
| 7 | 149 Lynn Sullivan | F | F45-49 | 48 | E. Rochester | 1:00:37 | 3:13 | 1:46:46 | 1:09 | 27:28 | 26:20 | 27:55 | 21:43 | 4:13:29 |
| F50-59 | | | | | | | | | | | | | | |
| 1 | 58 Eileen Clinton | F | F50-59 | 52 | Syracuse | 0:37:50 | 1:33 | 1:18:13 | 1:01 | 17:33 | 17:59 | 18:29 | 54:01 | 2:52:38 |
| 2 | 128 Margaret Perkins | F | F50-59 | 55 | Tully | 0:42:58 | 2:09 | 1:19:16 | 1:11 | 18:09 | 18:32 | 18:52 | 55:33 | 3:01:07 |
| 3 | 39 Anne Austin | F | F50-59 | 51 | Syracuse | 0:34:56 | 2:57 | 1:20:12 | 2:50 | 22:14 | 20:14 | 19:41 | 02:09 | 3:03:04 |
| 4 | 125 Janet Ohlsen | F | F50-59 | 53 | Erieville | 0:33:57 | 1:59 | 1:31:29 | 1:40 | 20:20 | 20:54 | 20:59 | 02:13 | 3:11:18 |
| 5 | 62 Londina Cruz | F | F50-59 | 51 | Poughkeepsie | 0:50:19 | 3:35 | 1:30:19 | 2:41 | 23:40 | 26:27 | 27:17 | 17:24 | 3:44:18 |
| M18-29 | | | | | | | | | | | | | | |
| 1 | 118 Zev Myerowitz | M | M18-29 | 26 | Seneca Falls | 0:28:34 | 1:08 | 1:03:55 | 1:02 | 15:04 | 15:34 | 15:26 | 46:04 | 2:20:44 |
| 2 | 103 Luke Laczak | M | M18-29 | 25 | Harpursville | 0:30:24 | 1:20 | 1:09:11 | 0:50 | 14:08 | 14:22 | 14:29 | 42:59 | 2:24:43 |
| 3 | 59 Nick Cognetto | M | M18-29 | 18 | New Hartford | 0:30:17 | 1:11 | 1:07:13 | 1:27 | 15:07 | 15:36 | 15:29 | 46:12 | 2:26:19 |
| 4 | 113 Nathaniel Molinari | M | M18-29 | 27 | Syracuse | 0:37:42 | 0:55 | 1:02:51 | 0:36 | 15:11 | 15:44 | 14:46 | 45:41 | 2:27:46 |
| 5 | 42 Kelsey Barra | M | M18-29 | 20 | Newport | 0:33:54 | 2:22 | 1:08:48 | 1:25 | 13:45 | 14:13 | 13:44 | 41:42 | 2:28:12 |
| 6 | 120 Steve Noble | M | M18-29 | 20 | Tully | 0:32:08 | 3:11 | 1:22:09 | 0:38 | 17:34 | 17:38 | 17:21 | 52:33 | 2:50:39 |
| 7 | 74 Sean Douglas Ervin | M | M18-29 | 18 | Rome | 0:36:47 | 2:07 | 1:17:23 | 2:22 | 17:05 | 16:26 | 20:07 | 53:39 | 2:52:18 |
| 8 | 130 John W. Potasiewicz | M | M18-29 | 18 | Cold Brook | 0:42:45 | 2:55 | 1:15:34 | 1:54 | 17:22 | 16:05 | 15:42 | 49:10 | 2:52:18 |
| 9 | 38 Robert Forrest Ash | M | M18-29 | 18 | Utica | 0:42:45 | 2:02 | 1:22:31 | 0:52 | 16:04 | 15:42 | 14:57 | 46:42 | 2:54:52 |
| 10 | 140 Frank Austin Scalzo | M | M18-29 | 27 | Rotterdam Junction | 0:35:00 | 3:23 | 1:22:03 | 3:28 | 22:07 | 21:57 | 21:58 | 06:02 | 3:09:55 |
| 11 | 168 Matt Crowell | M | M18-29 | 29 | | 0:39:58 | 2:17 | 1:37:35 | 1:46 | 16:37 | 17:09 | 17:12 | 50:57 | 3:12:32 |
| 12 | 146 Russell E Stevener Jr | M | M18-29 | 26 | Marcy | 0:41:28 | 4:34 | 1:37:37 | 1:38 | 17:46 | 19:01 | 19:25 | 56:12 | 3:21:29 |
| 13 | 161 Phil Yoss | M | M18-29 | 18 | New Hartford | 0:33:20 | 4:54 | 1:24:07 | 4:01 | 22:45 | 25:07 | 28:58 | 16:50 | 3:23:11 |
| M30-39 | | | | | | | | | | | | | | |
| 1 | 148 Larry Stroh | M | M30-39 | 34 | Jamesville | 0:25:12 | 0:56 | 1:04:08 | 0:40 | 14:19 | 13:56 | 14:01 | 42:17 | 2:13:13 |
| 2 | 136 Matthew Ruddy | M | M30-39 | 38 | Jamesville | 0:28:21 | 1:16 | 1:01:38 | 0:55 | 14:33 | 14:02 | 13:28 | 42:03 | 2:14:13 |
| 3 | 55 Rob Chimento | M | M30-39 | 32 | Baldwinsville | 0:27:38 | 0:53 | 1:02:43 | 0:35 | 14:09 | 14:41 | 14:53 | 43:43 | 2:15:32 |
| 4 | 172 Andrew Thomas | M | M30-39 | 29 | | 0:30:04 | 1:22 | 1:03:38 | 0:48 | 14:01 | 14:01 | 13:43 | 41:45 | 2:17:36 |
| 5 | 152 Brian Tobin | M | M30-39 | 39 | Cortland | 0:23:55 | 1:23 | 1:08:04 | 0:58 | 15:58 | 15:10 | 14:47 | 45:55 | 2:20:15 |
| 6 | 94 Joe Hatfield | M | M30-39 | 33 | Oneida | 0:29:14 | 1:11 | 1:08:51 | 0:42 | 13:26 | 13:45 | 14:32 | 41:42 | 2:21:39 |
| 7 | 52 Jamie Campbell | M | M30-39 | 35 | Syracuse | 0:37:40 | 1:38 | 0:59:04 | 0:56 | 14:47 | 14:24 | 14:21 | 43:32 | 2:22:49 |
| 8 | 166 James Burke | M | M30-39 | 39 | | 0:32:49 | 0:42 | 1:08:02 | 0:50 | 14:10 | 13:42 | 13:57 | 41:49 | 2:24:12 |
| 9 | 173 Justin DeAmicis | M | M30-39 | 39 | | 0:40:15 | 2:18 | 1:03:38 | 0:44 | 14:16 | 14:48 | 14:47 | 43:52 | 2:30:46 |
| 10 | 86 Corey Graves | M | M30-39 | 30 | Sherrill | 0:35:43 | 2:46 | 1:08:47 | 1:32 | 15:01 | 15:13 | 15:33 | 45:47 | 2:34:34 |
| 11 | 129 Aaron Pernat | M | M30-39 | 35 | Philadelphia | 0:32:54 | 1:39 | 1:04:23 | 0:57 | 18:45 | 17:59 | 18:04 | 54:48 | 2:34:41 |
| 12 | 50 Brian Burghdurf | M | M30-39 | 33 | New Hartford | 0:32:18 | 1:43 | 1:15:12 | 1:10 | 14:56 | 15:32 | 15:19 | 45:46 | 2:36:10 |
| 13 | 75 Aaron Falkenmeyer | M | M30-39 | 34 | Sherrill | 0:35:23 | 2:29 | 1:12:47 | 1:43 | 15:09 | 15:16 | 15:48 | 46:13 | 2:38:35 |
| 14 | 99 Thomas Joslin | M | M30-39 | 31 | Yorkville | 0:37:22 | 3:46 | 1:17:15 | 1:00 | 14:15 | 14:12 | 14:25 | 42:51 | 2:42:14 |
| 15 | 105 Jason Livingston | M | M30-39 | 31 | Rome | 0:42:26 | 4:06 | 1:22:55 | 0:46 | 15:46 | 17:10 | 18:15 | 51:11 | 3:01:25 |
| 16 | 154 Joseph Allen Vanderzanden | M | M30-39 | 35 | Westland | 0:38:25 | 3:03 | 1:30:09 | 1:33 | 17:21 | 17:53 | 17:37 | 52:51 | 3:06:01 |
| 17 | 31 Tim Abraham | M | M30-39 | 39 | Clinton | 0:40:07 | 6:41 | 1:17:09 | 3:30 | 19:20 | 20:10 | 21:16 | 00:46 | 3:08:13 |
| 18 | 57 Steve Clark | M | M30-39 | 35 | Walworth | 0:40:31 | 3:40 | 1:28:04 | 1:38 | 19:03 | 20:32 | 22:07 | 01:43 | 3:15:35 |
| 19 | 41 Jason Anthony Baldomir | M | M30-39 | 37 | Plattsburgh | 0:39:06 | 2:53 | 1:18:20 | 2:31 | 29:44 | 30:24 | 30:22 | 30:30 | 3:33:20 |
| M40-44 | | | | | | | | | | | | | | |
| 1 | 80 Joseph P. Gale | M | M40-44 | 44 | Clinton | 0:32:07 | 2:01 | 1:05:08 | 1:17 | 13:40 | 14:06 | 14:13 | 41:59 | 2:22:33 |

| | | | | | | | | | | | | | |
|---------|--------------------------------------|-------|---------|------------------|---------|------|---------|------|-------|-------|-------|-------|---------|
| 2 | 137 Mark Rushton | M | M40-44 | 39 Rome | 0:35:13 | 1:27 | 1:05:40 | 0:45 | 15:15 | 14:57 | 14:41 | 44:53 | 2:27:58 |
| 3 | 174 Scott Schaffer | M | M40-44 | 43 | 0:35:22 | 1:40 | 1:04:08 | 1:03 | 16:20 | 15:19 | 15:16 | 46:56 | 2:29:08 |
| 4 | 51 George Burke | M | M40-44 | 44 | 0:32:24 | 1:31 | 1:13:37 | 1:11 | 14:23 | 14:29 | 14:31 | 43:22 | 2:32:05 |
| 5 | 60 Norman Cognetto | M | M40-44 | 44 New Hartford | 0:34:28 | 1:32 | 1:04:52 | 2:21 | 16:02 | 16:29 | 16:32 | 49:03 | 2:32:15 |
| 6 | 81 Jamie Gartenberg | M | M40-44 | 42 Ithaca | 0:40:16 | 2:00 | 1:05:25 | 1:18 | 16:30 | 16:04 | 15:43 | 48:17 | 2:37:17 |
| 7 | 101 Jonathan Kelly | M | M40-44 | 40 Scarsdale | 0:34:53 | 2:02 | 1:09:01 | 1:07 | 16:25 | 16:45 | 17:22 | 50:32 | 2:37:36 |
| 8 | 34 Kurt Allen | M | M40-44 | 44 Blossvale | 0:34:22 | 1:25 | 1:07:37 | 1:36 | 19:08 | 19:52 | 19:15 | 58:15 | 2:43:14 |
| 9 | 70 Mike Elleman | M | M40-44 | 41 New Hartford | 0:42:46 | 2:11 | 1:18:54 | 2:09 | 13:47 | 13:27 | 13:12 | 40:26 | 2:46:26 |
| 10 | 98 Steven Hugo | M | M40-44 | 40 Ithaca | 0:39:08 | 4:09 | 1:24:21 | 2:13 | 19:25 | 20:54 | 23:39 | 03:58 | 3:13:49 |
| M45-49 | | | | | | | | | | | | | |
| 1 | 124 Onno Oerlemans | M | M45-49 | 48 Clinton | 0:26:56 | 1:52 | 1:02:30 | 0:40 | 14:51 | 14:29 | 14:50 | 44:09 | 2:16:07 |
| 2 | 139 Sam Sampere | M | M45-49 | 45 East Syracuse | 0:34:42 | 1:46 | 1:04:46 | 1:26 | 16:00 | 15:16 | 15:53 | 47:09 | 2:29:50 |
| 3 | 63 Mark Daley | M | M45-49 | 49 West Winfield | 0:43:00 | 1:41 | 1:05:57 | 1:22 | 13:23 | 13:19 | 12:51 | 39:32 | 2:31:32 |
| 4 | 66 Timothy DiGiulio | M | M45-49 | 49 Syracuse | 0:35:01 | 1:19 | 1:06:40 | 1:20 | 16:14 | 16:27 | 16:07 | 48:49 | 2:33:09 |
| 5 | 100 Daniel Keefe | M | M45-49 | 49 Cincinnati | 0:38:33 | 2:30 | 1:10:19 | 1:53 | 15:59 | 16:05 | 15:51 | 47:54 | 2:41:10 |
| 6 | 71 Chris Ellis | M | M45-49 | 48 Marcy | 0:38:12 | 3:48 | 1:09:21 | 2:50 | 17:14 | 16:11 | 16:00 | 49:25 | 2:43:35 |
| 7 | 142 Vincent Schmidt | M | M45-49 | 46 Syracuse | 0:29:45 | 3:00 | 1:19:27 | 0:47 | 17:04 | 17:30 | 17:35 | 52:09 | 2:45:07 |
| 8 | 143 Joseph J. Shayka | M | M45-49 | 46 Syracuse | 0:45:07 | 2:24 | 1:20:15 | 2:02 | 15:41 | 15:58 | 15:46 | 47:25 | 2:57:13 |
| 9 | 131 James B Potocki | M | M45-49 | 46 Fayetteville | 0:24:22 | 4:28 | 1:20:20 | 2:30 | 21:05 | 22:05 | 22:40 | 05:50 | 2:57:30 |
| 10 | 135 Brian Roemer | M | M45-49 | 48 Utica | 0:47:28 | 2:17 | 1:19:19 | 3:11 | 17:58 | 17:41 | 16:57 | 52:36 | 3:04:52 |
| 11 | 77 Eric Crofton Franz | M | M45-49 | 49 Cazenovia | 0:35:48 | 3:37 | 1:27:55 | 1:40 | 19:06 | 19:16 | 19:34 | 57:57 | 3:06:57 |
| M50-59 | | | | | | | | | | | | | |
| 1 | 169 William Garry | M | M50-59 | 50 | 0:23:31 | 0:53 | 1:03:34 | 0:38 | 14:23 | 14:13 | 14:14 | 42:50 | 2:11:27 |
| 2 | 54 Mark Celeki | M | M50-59 | 50 Barneveld | 0:25:19 | 1:14 | 1:10:27 | 0:46 | 16:09 | 16:09 | 16:37 | 48:55 | 2:26:42 |
| 3 | 108 Kevin Maier | M | M50-59 | 54 Manlius | 0:29:06 | 1:06 | 1:07:32 | 1:02 | 15:53 | 16:01 | 16:07 | 48:00 | 2:26:47 |
| 4 | 171 John Hartnett | M | M50-59 | 50 | 0:34:32 | 2:00 | 1:05:24 | 1:26 | 17:28 | 16:08 | 14:34 | 48:09 | 2:31:31 |
| 5 | 72 Paul J. Engineri | M | M50-59 | 59 Interlaken | 0:27:18 | 2:01 | 1:09:32 | 1:27 | 19:34 | 18:08 | 17:45 | 55:28 | 2:35:46 |
| 6 | 159 Bill Wiley | M | M50-59 | 54 Sherrill | 0:32:15 | 3:12 | 1:14:07 | 2:34 | 17:04 | 17:39 | 18:21 | 53:04 | 2:45:13 |
| 7 | 82 Michael Gasparek | M | M50-59 | 51 Jordan | 0:41:18 | 3:58 | 1:14:49 | 1:47 | 20:02 | 21:05 | 20:02 | 01:09 | 3:03:01 |
| 8 | 127 Jeff Perkins | M | M50-59 | 53 Tully | 0:46:01 | 3:38 | 1:18:24 | 3:52 | 18:00 | 17:52 | 17:45 | 53:38 | 3:05:33 |
| 9 | 165 Timothy Williams | M | M50-59 | 52 | 0:42:47 | 2:45 | 1:21:02 | 2:07 | 19:34 | 20:40 | 21:32 | 01:46 | 3:10:26 |
| M60OVER | | | | | | | | | | | | | |
| 1 | 87 Terry Habecker | M | M60OVER | 62 Ithaca | 0:30:22 | 0:57 | 1:05:48 | 0:43 | 16:57 | 16:44 | 16:33 | 50:15 | 2:28:05 |
| 2 | 89 Robert James Hadzor | M | M60OVER | 60 Lafayette | 0:36:32 | 2:18 | 1:11:52 | 1:28 | 16:35 | 16:41 | 16:30 | 49:46 | 2:41:58 |
| 3 | 147 Mike Stevens | M | M60OVER | 60 Rome | 0:37:52 | 4:15 | 1:39:49 | 4:36 | 20:01 | 20:35 | 21:00 | 01:36 | 3:28:08 |
| TeamF | | | | | | | | | | | | | |
| 1 | 26 Team Wilde/Familo/Foederer | TeamF | TeamF | | 0:32:33 | 0:27 | 1:05:56 | 0:34 | 14:25 | 14:47 | 15:00 | 44:11 | 2:23:41 |
| 2 | 7 Team Draper/Roberts/Draper | TeamF | TeamF | | 0:32:16 | 1:14 | 1:14:19 | 0:24 | 14:03 | 14:41 | 14:43 | 43:27 | 2:31:40 |
| 3 | 13 Team Kapes/Williams/Kapes | TeamF | TeamF | | 0:33:41 | 0:26 | 1:11:25 | 0:26 | 17:24 | 17:59 | 18:12 | 53:35 | 2:39:33 |
| 4 | 4 Team Bourgeois/Stabb/Healt | TeamF | TeamF | | 0:33:06 | 0:45 | 1:18:35 | 0:27 | 15:42 | 15:49 | 15:43 | 47:15 | 2:40:08 |
| 5 | 9 Team Finn-Sanzone/Jackson/Daniello | TeamF | TeamF | | 0:35:43 | 0:34 | 1:06:37 | 0:28 | 19:54 | 21:11 | 21:11 | 02:16 | 2:45:39 |
| 6 | 15 Team LaPorte/Calogero/Boucher | TeamF | TeamF | | 0:40:07 | 0:35 | 1:26:52 | 0:20 | 13:49 | 14:17 | 14:25 | 42:31 | 2:50:25 |
| 7 | 6 Team Connors/Raux/Ryan | TeamF | TeamF | | 0:36:53 | 0:32 | 1:20:38 | 0:22 | 17:59 | 17:49 | 17:25 | 53:13 | 2:51:38 |
| 8 | 21 Team Sharp/Sherwood/Campagna | TeamF | TeamF | | 0:32:50 | 0:34 | 1:23:35 | 0:26 | 20:16 | 20:37 | 21:04 | 01:58 | 2:59:24 |
| 9 | 24 Team Walsh/Keesler/Walsh | TeamF | TeamF | | 0:34:33 | 0:42 | 1:27:40 | 0:36 | 18:09 | 22:11 | 22:50 | 03:11 | 3:06:42 |
| 10 | 20 Team Rushton/McPherson/Bernabe | TeamF | TeamF | | 0:42:43 | 0:42 | 1:33:11 | 0:26 | 19:17 | 19:54 | 19:07 | 58:18 | 3:15:20 |
| 11 | 22 Team Smith/Fadness/Vanduran | TeamF | TeamF | | 0:48:29 | 0:32 | 1:41:46 | 0:27 | 17:13 | 17:18 | 17:01 | 51:32 | 3:22:46 |
| TeamM | | | | | | | | | | | | | |
| 1 | 175 Team Evans/Early/Stevens | TeamM | TeamM | | 0:23:27 | 0:23 | 1:12:53 | 0:30 | 11:41 | 11:54 | 11:51 | 35:26 | 2:12:38 |
| 2 | 8 Team Finkle/Howe/Ray | TeamM | TeamM | | 0:26:01 | 0:24 | 1:05:38 | 0:34 | 13:31 | 13:59 | 13:42 | 41:12 | 2:13:49 |
| 3 | 30 Team Celecki/Karaz/Karaz | TeamM | TeamM | | 0:29:59 | 0:29 | 0:56:48 | 2:22 | 15:39 | 15:21 | 15:15 | 46:15 | 2:15:54 |
| 4 | 29 Team Burnett/Damiano/Bump | TeamM | TeamM | | 0:32:03 | 0:32 | 1:01:16 | 0:25 | 15:12 | 15:11 | 14:50 | 45:13 | 2:19:29 |

| | | | | | | | | | | | | | |
|----|----|------------------------------------|-------|-------|---------|------|---------|-------|-------|-------|-------|-------|---------|
| 5 | 2 | Team Aceti/Fitzgerald/Langlois | TeamM | TeamM | 0:32:08 | 0:33 | 1:09:11 | 0:36 | 14:46 | 14:11 | 14:09 | 43:06 | 2:25:36 |
| 6 | 18 | Team Recco/Recco/Mattacola | TeamM | TeamM | 0:28:09 | 0:22 | 1:10:47 | 0:19 | 15:37 | 15:21 | 15:57 | 46:55 | 2:26:32 |
| 7 | 25 | Team Warren/Pasons/Weaver | TeamM | TeamM | 0:33:11 | 0:31 | 1:09:51 | 0:21 | 14:09 | 14:24 | 14:17 | 42:50 | 2:26:44 |
| 8 | 3 | Team Baker/Baker/Baker | TeamM | TeamM | 0:38:11 | 0:27 | 1:07:08 | 1:11 | 14:33 | 14:31 | 14:25 | 43:29 | 2:30:26 |
| 9 | 5 | Team Colianni/Colianni/Burr | TeamM | TeamM | 0:32:23 | 1:42 | 1:10:46 | 0:28 | 17:12 | 17:23 | 17:14 | 51:49 | 2:37:08 |
| 10 | 10 | Team Galbraith/Allen/Orilio | TeamM | TeamM | 0:29:13 | 0:23 | 1:21:16 | 0:24 | 14:58 | 15:33 | 15:24 | 45:54 | 2:37:12 |
| 11 | 17 | Team Mondrick/Avant/Mondrick | TeamM | TeamM | 0:38:09 | | 1:10:09 | 0:30 | 15:34 | 16:27 | 16:23 | 48:24 | 2:37:12 |
| 12 | 28 | Team Crompt/Ayoub/Willcox | TeamM | TeamM | 0:31:03 | 0:35 | 1:17:50 | 0:25 | 16:19 | 16:29 | 16:02 | 48:50 | 2:38:44 |
| 13 | 27 | Team Donovan/Donovan/Donovan | TeamM | TeamM | 0:23:45 | 0:29 | 1:16:54 | 0:29 | 18:54 | 20:05 | 20:05 | 59:03 | 2:40:40 |
| 14 | 11 | Team Gibson/Dieteman/Fellows | TeamM | TeamM | 0:33:40 | 0:43 | 1:17:01 | 0:20 | 14:54 | 17:02 | 17:03 | 49:00 | 2:40:44 |
| 15 | 23 | Team Tibbitts/Elsenbeck/VanDuren | TeamM | TeamM | 0:42:19 | 0:32 | 1:10:35 | 0:26 | 16:01 | 17:09 | 17:03 | 50:12 | 2:44:05 |
| 16 | 16 | Team McAuliffe/McAuliffe/McAuliffe | TeamM | TeamM | 0:33:25 | 0:27 | 1:23:54 | 0:27 | 16:56 | 16:40 | 16:11 | 49:48 | 2:48:01 |
| 17 | 12 | Team Jekel/Mazza/Stankivitz | TeamM | TeamM | 0:39:58 | 0:46 | 1:23:30 | 0:36 | 14:08 | 15:01 | 15:30 | 44:39 | 2:49:29 |
| 18 | 14 | Team Kyler/DeBraccio/Brych | TeamM | TeamM | 0:34:18 | 0:34 | 1:16:56 | 10:28 | 17:14 | 17:19 | 17:25 | 51:58 | 2:54:13 |
| 19 | 19 | Team Rowe/Pfranger/Jensen | TeamM | TeamM | 0:52:25 | 0:25 | 1:03:48 | 0:22 | 19:21 | 22:06 | 22:35 | 04:03 | 3:01:04 |