

**Green Lakes Endurance Run - 50k**  
**Sunday, August 29th, 2010 - Green Lakes State Park, Fayetteville, NY**  
**103 Total Finishers (71 Male, 32 Female)**  
**Timed by YellowJacket Racing**

Pos	Bib	Fullname	Gender	Age	Class	City	State	Lap1Tm	Lap2Tm	Lap3Tm	Lap4Tm	TotalTm
F-Grandmaster												
1	135	Nancy Kleinrock	F	50	F-Grandmaster	Trumansburg	NY	1:05:19.501	1:04:17.947	1:07:29.887	1:15:50.037	4:32:57.372
2	131	Patty Wilson	F	50	F-Grandmaster	Downingtown	PA	1:42:48.957	1:49:28.120	1:57:59.936	2:10:44.057	7:41:01.070
3	132	Mary Kay Doran	F	52	F-Grandmaster	King William	VA	1:46:33.302	1:51:07.354	1:55:01.851	2:20:36.774	7:53:19.281
4	134	Debbie Wood	F	50	F-Grandmaster	Syracuse	NY	1:45:32.789	1:47:46.084	2:06:17.612	2:15:49.878	7:55:26.363
F-Master												
1	118	Susan Kinnecome	F	46	F-Master	Bethesda	MD	1:10:47.634	1:12:28.633	1:18:01.961	1:28:20.510	5:09:38.738
2	127	Diane Hanson	F	45	F-Master	Fonda	NY	1:11:23.675	1:15:19.308	1:22:48.931	1:25:30.935	5:15:02.849
3	122	Lorrie Tily	F	49	F-Master	Locke	NY	1:10:16.135	1:14:39.524	1:23:54.593	1:44:14.694	5:33:04.946
4	125	Donna Ornosky	F	48	F-Master	Birdsboro	PA	1:23:51.706	1:25:59.889	1:28:36.155	1:34:59.075	5:53:26.825
5	117	Marian Zobler	F	47	F-Master	Bethesda	MD	1:25:31.066	1:31:01.985	1:38:26.225	1:38:10.562	6:13:09.838
6	121	Brenda Morris	F	43	F-Master	Worcester	MA	1:20:05.755	1:33:25.889	1:40:10.643	1:45:32.903	6:19:15.190
7	126	Lisa Jacques	F	45	F-Master	East Syracuse	NY	1:30:00.261	1:37:26.269	1:44:24.356	2:26:55.556	7:18:46.442
8	128	Teresa Sukiennicki	F	44	F-Master	Rochester	NY	1:34:14.987	1:50:13.922	1:57:39.882	1:58:05.807	7:20:14.598
9	119	Mary Ann Pierce	F	47	F-Master	LaFayette	NY	1:26:01.917	1:42:16.085	2:14:04.980	2:18:38.018	7:41:01.000
10	124	Susan Flannagan	F	41	F-Master	Los Angeles	CA	1:37:09.698	1:50:32.371	2:13:53.900	2:31:05.922	8:12:41.891
11	123	Kelly Flannagan	F	41	F-Master	Los Angeles	CA	1:37:12.114	1:50:37.792	2:13:49.257	2:31:03.304	8:12:42.467
12	120	Joanne Boustead	F	45	F-Master	Toronto	ON	1:48:21.235	2:17:21.538	2:35:35.146	2:40:13.811	9:21:31.730
F-Open												
1	115	Amy Lane	F	31	F-Open	Westfield	MA	1:01:05.387	1:02:27.542	1:07:21.747	1:09:35.413	4:20:30.089
2	112	Jimena Barrera	F	36	F-Open	New York	NY	1:05:17.783	1:03:57.626	1:05:46.233	1:05:45.669	4:20:47.311
3	129	Shannon McHale	F	40	F-Open	Marietta	NY	0:58:23.303	1:01:57.027	1:05:55.308	1:14:41.261	4:20:56.899
4	108	Natalie Kremer	F	29	F-Open	Rochester	NY	1:02:20.589	1:04:09.885	1:08:59.776	1:16:28.642	4:31:58.892
5	111	Stephanie Webster	F	27	F-Open	Cambridge	MA	1:17:30.314	1:15:06.637	1:15:29.135	1:16:47.698	5:04:53.784
6	105	Jade Mills	F	31	F-Open	Freeville	NY	1:13:42.638	1:14:03.978	1:16:46.801	1:21:58.391	5:06:31.808
7	103	Frances Davis	F	32	F-Open	Danbury	CT	1:09:58.233	1:14:51.669	1:21:29.600	1:24:01.274	5:10:20.776
8	104	Katie Biese	F	26	F-Open	Appleton	WI	1:25:44.406	1:28:07.184	1:19:15.753	1:14:50.038	5:27:57.381
9	114	Ashley Gosnell	F	27	F-Open	Somerville	MA	1:13:04.210	1:19:54.219	1:26:47.499	1:42:53.609	5:42:39.537
10	106	Julie Randall	F	33	F-Open	Liverpool	NY	1:17:27.775	1:18:08.484	1:38:23.925	1:34:10.402	5:48:10.586
11	102	Susanna Westpfal	F	34	F-Open	Fayetteville	NY	1:25:00.124	1:29:44.214	1:43:03.924	1:45:35.091	6:23:23.353
12	101	Michelle Miller	F	30	F-Open	Freehold	NJ	1:26:10.210	1:27:40.019	1:40:07.599	1:50:30.311	6:24:28.139
13	113	Margaret Stulb	F	24	F-Open	Syracuse	NY	1:25:40.484	1:26:05.382	1:41:17.428	1:53:55.489	6:26:58.783
14	107	Kathleen Spignardo	F	37	F-Open	Fayetteville	NY	1:26:43.034	1:28:01.762	1:54:27.569	1:52:22.010	6:41:34.375
15	116	Christine Stevens	F	32	F-Open	Newark	NY	1:31:01.177	1:33:46.373	1:51:59.351	2:04:52.277	7:01:39.178
16	110	Dani Arigo	F	27	F-Open	Syracuse	NY	1:33:07.537	1:54:16.153	2:11:17.224	2:15:40.506	7:54:21.420
M-Grandmaster												
1	208	Ed Housel	M	51	M-Grandmaster	Rochester	NY	0:57:24.959	0:57:54.267	1:01:11.735	1:04:12.463	4:00:43.424

2	211 David Miller	M	50	M-Grandmaster	Manlius	NY	1:03:58.001	1:03:51.483	1:03:50.427	1:12:13.960	4:23:53.871
3	205 Mack Duett	M	54	M-Grandmaster	Manlius	NY	1:03:08.963	1:04:45.667	1:11:35.436	1:19:18.820	4:38:48.886
4	206 Paul Doody	M	50	M-Grandmaster	Baldwinsville	NY	1:09:58.499	1:09:06.318	1:14:24.217	1:22:45.227	4:56:14.261
5	216 Dale Ottosen	M	53	M-Grandmaster	Auburn	NY	1:14:47.979	1:10:04.440	1:14:01.885	1:22:50.772	5:01:45.076
6	214 Brian Lauzon	M	50	M-Grandmaster	Peterborough	ON	1:07:22.324	1:13:01.667	1:16:24.036	1:27:24.085	5:04:12.112
7	204 Wilfred Brown	M	57	M-Grandmaster	Baltimore	MD	1:12:42.799	1:13:15.221	1:19:12.965	1:27:48.162	5:12:59.147
8	203 Michael Broderick	M	53	M-Grandmaster	Gaithersburg	MD	1:20:41.861	1:21:25.737	1:26:17.102	1:36:02.230	5:44:26.930
9	207 Rick Klein	M	57	M-Grandmaster	Oswego	NY	1:26:25.483	1:24:40.177	1:28:01.295	1:51:27.901	6:10:34.856
10	209 Mark Sheremeta	M	54	M-Grandmaster	Manlius	NY	1:23:24.444	1:26:13.643	1:33:08.281	2:07:04.320	6:29:50.688
11	213 Donny Keller	M	52	M-Grandmaster	Penn	PA	1:31:04.261	1:35:58.890	1:40:57.199	1:50:29.723	6:38:30.073
12	212 Thomas Abrams	M	55	M-Grandmaster	Newtown	CT	1:37:11.495	1:46:25.154	2:07:45.632	2:14:28.640	7:45:50.921
13	210 John Doran	M	52	M-Grandmaster	King William	VA	1:40:57.037	1:56:40.911	1:52:00.754	2:23:40.535	7:53:19.237

M-Master

1	196 Frank Middleton	M	40	M-Master	Fayetteville	NY	1:00:57.320	1:01:42.380	1:05:48.497	1:21:20.448	4:29:48.645
2	201 James Balmer	M	40	M-Master	Yardley	PA	1:02:57.319	1:03:03.201	1:07:49.006	1:16:33.910	4:30:23.436
3	192 Kenneth Dawley	M	44	M-Master	South Wales	NY	1:06:01.612	1:04:51.968	1:10:57.826	1:17:53.182	4:39:44.588
4	181 Brian Kim	M	49	M-Master	Bethesda	MD	1:05:12.998	1:05:19.437	1:10:10.598	1:20:52.029	4:41:35.062
5	199 Steven Crossot	M	44	M-Master	Philadelphia	PA	1:02:57.277	1:05:23.706	1:17:50.869	1:25:10.567	4:51:22.419
6	198 Gene Jochen	M	48	M-Master	Peterborough	ON	1:04:33.336	1:11:21.451	1:19:32.740	1:19:41.012	4:55:08.539
7	200 Roberto Angotti	M	43	M-Master	Syracuse	NY	1:16:18.886	1:19:29.713	1:18:23.339	1:21:17.747	5:15:29.685
8	187 John Stanford	M	49	M-Master	Rochester	NY	1:16:18.267	1:21:10.240	1:28:25.481	1:36:27.301	5:42:21.289
9	197 Christopher Washburn	M	48	M-Master	Newark	NY	1:19:20.703	1:21:31.447	1:29:33.527	1:32:35.537	5:43:01.214
10	202 Barrett Doane	M	43	M-Master	Fayetteville	Ny	1:19:42.417	1:20:39.403	1:32:08.118	1:44:40.510	5:57:10.448
11	191 Michael Stone	M	44	M-Master	Rodman	NY	1:17:24.889	1:18:26.278	1:29:27.934	1:54:29.806	5:59:48.907
12	184 Leonard Lee	M	44	M-Master	Silver Spring	MD	1:25:30.951	1:31:02.041	1:38:26.255	1:38:33.552	6:13:32.799
13	189 Dennis Stadelman	M	49	M-Master	Cicero	NY	1:23:14.318	1:28:52.478	1:37:41.609	1:50:28.711	6:20:17.116
14	194 Mark Raymond	M	47	M-Master	Schenectady	NY	1:21:33.087	1:35:18.222	1:38:24.764	2:03:25.486	6:38:41.559
15	188 Douglas L Browning Jr	M	48	M-Master	Tribes Hill	NY	1:20:49.891	1:41:47.111	2:15:50.225	2:29:40.726	7:48:07.953
16	193 Thomas Butler	M	45	M-Master	Rochester	NY	1:40:51.456	1:53:34.479	2:08:22.193	2:09:18.359	7:52:06.487

M-Open

1	177 Brian Rusiecki	M	31	M-Open	Westfield	MA	0:52:04.111	0:53:03.524	0:54:39.864	0:55:42.771	3:35:30.270
2	166 Steven Jackson	M	22	M-Open	Victor	NY	0:55:51.118	0:53:22.708	0:56:42.156	0:55:00.733	3:40:56.715
3	195 Jeff Nelson	M	45	M-Open	Titusville	PA	0:51:57.892	0:54:15.161	0:57:22.294	1:02:23.618	3:45:58.965
4	136 Justin Weiler	M	31	M-Open	Whitesboro	NY	0:57:20.260	0:56:45.717	0:56:59.307	0:59:17.283	3:50:22.567
5	167 Jesus Dominguez	M	27	M-Open	Astoria N.Y.	NY	0:52:11.675	0:54:42.275	1:00:27.826	1:06:01.823	3:53:23.599
6	150 Jeremy Marble	M	35	M-Open	San Diego	CA	1:00:00.871	1:01:36.228	1:05:15.795	1:10:47.582	4:17:40.476
7	172 Christopher Moore	M	38	M-Open	Hamilton	NY	1:00:17.381	1:02:22.463	1:06:09.348	1:09:49.401	4:18:38.593
8	169 Scot Jacobs	M	35	M-Open	Freeville	NY	0:57:54.025	1:00:24.693	1:06:52.774	1:15:28.061	4:20:39.553
9	178 Chris Taft	M	30	M-Open	Easthampton	MA	1:01:00.959	1:03:55.527	1:09:04.194	1:15:00.457	4:29:01.137
10	159 Scott Myers	M	37	M-Open	Burlington	ON	1:06:35.415	1:05:04.507	1:10:58.894	1:07:47.405	4:30:26.221
11	180 Joel Cisne	M	28	M-Open	Ithaca	NY	1:04:32.060	1:05:07.366	1:10:28.799	1:12:05.387	4:32:13.612
12	163 Robert Kapfer	M	30	M-Open	Deerfield	NY	1:15:18.436	1:12:31.394	1:12:26.357	1:07:42.235	4:47:58.422
13	158 Darren Quigley	M	33	M-Open	East Syracuse	NY	1:05:20.759	1:05:49.546	1:15:59.542	1:22:30.986	4:49:40.833
14	171 Kevin Nasman	M	35	M-Open	Fayetteville	NY	1:08:21.446	1:10:58.955	1:13:11.274	1:18:14.385	4:50:46.060
15	148 Rob Palmer	M	34	M-Open	Silver Spring	MD	1:06:58.856	1:08:00.610	1:11:06.842	1:24:45.630	4:50:51.938
16	176 Mark Schilling	M	31	M-Open	Utica	NY	1:05:43.933	1:06:09.808	1:20:35.169	1:36:37.888	5:09:06.798

17	144 Peter Keirn	M	26	M-Open	Syracuse	NY	1:06:26.933	1:13:01.322	1:25:15.147	1:27:12.366	5:11:55.768
18	147 Jeremy Murphy	M	34	M-Open	Rome	NY	1:11:23.644	1:14:47.795	1:20:00.556	1:28:41.827	5:14:53.822
19	151 Matthew Risley	M	36	M-Open	Kirkville	NY	1:16:19.376	1:19:29.197	1:19:26.287	1:26:42.617	5:21:57.477
20	146 Mikhail Shubaly	M	33	M-Open	Brooklyn	NY	1:08:26.404	1:15:36.811	1:33:04.129	1:27:58.727	5:25:06.071
21	143 Nick Woolheater	M	30	M-Open	Gaithersburg	MD	1:16:53.098	1:16:23.151	1:18:50.430	1:35:12.805	5:27:19.484
22	153 Richard Kurtzer	M	27	M-Open	Franklin Lakes	NJ	1:16:20.071	1:16:52.982	1:23:19.790	1:33:38.550	5:30:11.393
23	161 Fabiano Rodrigues	M	31	M-Open	Fort Wayne	IN	1:13:13.146	1:17:09.507	1:25:19.139	1:37:55.901	5:33:37.693
24	165 Kazuhiro Fujita	M	31	M-Open	Ithaca	NY	1:11:22.228	1:18:18.156	1:31:12.646	1:32:51.585	5:33:44.615
25	145 Chris Iversen	M	23	M-Open	Anchorage	AK	1:19:03.433	1:21:18.045	1:25:32.417	1:32:10.458	5:38:04.353
26	170 Bob Stokes	M	28	M-Open	Syracuse	NY	1:18:50.001	1:25:12.654	1:31:11.653	1:41:56.261	5:57:10.569
27	164 Seigo Ogasawara	M	34	M-Open	Ithaca	NY	1:03:54.574	1:05:44.209	1:22:28.360	2:33:16.573	6:05:23.716
28	139 Vincent Charbonneau	M	39	M-Open	Burlington	ON	1:19:26.822	1:24:45.224	1:36:34.479	1:44:58.900	6:05:45.425
29	162 Anthony Netto	M	29	M-Open	Watertown	NY	1:14:59.176	1:19:53.791	1:36:39.090	1:55:41.655	6:07:13.712
30	173 Seth Ambruso	M	30	M-Open	Brookfield	CT	1:25:39.388	1:27:13.871	1:46:00.930	1:37:58.392	6:16:52.581
31	138 Benjamin Clardy	M	39	M-Open	Dewitt	NY	1:17:23.939	1:23:16.082	1:48:38.555	1:56:36.215	6:25:54.791
32	155 Christopher Wortmann	M	26	M-Open	Stamford	CT	1:10:37.279	1:33:46.668	2:00:01.528	2:01:16.950	6:45:42.425
33	179 David Farrands	M	37	M-Open	Rochester	NY	1:31:01.099	1:33:46.435	1:51:59.161	2:04:52.539	7:01:39.234
34	160 Ryan Pelkey	M	27	M-Open	Liverpool	NY	1:25:03.207	1:29:24.744	2:00:08.690	2:07:54.860	7:02:31.501
35	174 Jerome Scaturro	M	36	M-Open	Lincoln Park	NJ	1:43:11.252	1:50:05.020	2:01:32.666	2:37:53.716	8:12:42.654

M-Senior Grandmaster

1	220 Patrick Riccardi	M	60	M-Senior Grandmaster	Syracuse	NY	1:17:58.377	1:18:50.737	1:22:18.426	1:27:26.885	5:26:34.425
2	222 Marc Quilty	M	61	M-Senior Grandmaster	Syracuse	NY	1:18:25.488	1:26:15.977	1:40:44.640	1:50:47.445	6:16:13.550
3	219 Dave Weiss	M	61	M-Senior Grandmaster	Corning	NY	1:22:55.860	1:26:56.632	1:39:13.302	1:53:41.127	6:22:46.921
4	221 Bob Sommerville	M	62	M-Senior Grandmaster	Westminster	MD	1:39:25.440	1:40:14.554	1:42:48.037	1:45:40.205	6:48:08.236
5	224 Greg Taylor	M	63	M-Senior Grandmaster	Delmar	NY	1:39:56.801	1:47:57.362	2:00:42.646	2:10:46.766	7:39:23.575
6	225 Louis Scott	M	60	M-Senior Grandmaster	Preble	NY	1:48:04.560	1:47:47.541	1:59:33.607	2:36:29.280	8:11:54.988
7	223 James Miner	M	61	M-Senior Grandmaster	Dryden	NY	4:48:43.896	1:34:41.955	1:38:52.144	1:49:05.382	9:51:23.377