

**Freezero #3**  
**Saturday, January 15th, 2011 - Camp Eastman**  
**239 Total Finishers (165 Male, 74 Female)**  
**Timed by YellowJacket Racing**

Pos	Bib	Fullname	Gender	Class	Age	Race	Series	TotalTm
F19Under								
1	270	Elizabeth Ruhland	F	F19Under	10	N. Chili		34:56
F20-24								
1	271	Laura Anderson	F	F20-24	23	Conesus		22:17
2	194	Anne Shigley	F	F20-24	23	Rochester	Series	28:10
3	285	Ashley Wellbiok	F	F20-24	24	Syracuse		29:57
4	57	Cheyenne DeMarco	F	F20-24	20	nunda	Series	31:03
F25-29								
1	247	Jennie Hansen	F	F25-29	26	Rochester	Series	19:22
2	127	Debbie Liana	F	F25-29	26	W. Henrietta	Series	22:06
3	124	Naomi Lee	F	F25-29	27	Rochester	Series	26:48
4	192	Kelly Schroeder	F	F25-29	29	Rochester	Series	27:52
5	27	Kristen Butler	F	F25-29	25	Rochester		28:52
6	183	Katherine Rouse	F	F25-29	28	Rochester	Series	29:23
7	1	Katie Achter	F	F25-29	26	Greece	Series	29:30
F30-34								
1	75	Laura Feller	F	F30-34	31	Rochester	Series	22:30
2	119	Aida Kuhlkin	F	F30-34	33	Hamlin	Series	22:33
3	9	Pam Ayers	F	F30-34	34	Rochester	Series	22:55
4	211	Tracy Vanderlip	F	F30-34	30	Rochester	Series	23:31
5	283	Katie Vento	F	F30-34	30	Rochester		25:06
6	145	Emma Milks	F	F30-34	31	hamlin	Series	25:27
7	56	Rachael Della Pietra	F	F30-34	31	Rochester	Series	28:05
8	2	Amy Agostini	F	F30-34	34	Spencerport	Series	28:49
9	209	Kathee Tyo	F	F30-34	33	Rochester	Series	29:01
10	120	Christine LaHaye	F	F30-34	31	Rochester	Series	29:37
11	185	Mary Rowe	F	F30-34	31	Rochester	Series	34:49
F35-39								
1	53	Heather Danielson	F	F35-39	35	Rochester	Series	22:43
2	61	Christine Deutsch	F	F35-39	36	Rochester	Series	23:13
3	29	Esther Caballero-Manrique	F	F35-39	35	Rochester	Series	25:33
4	148	Julianne Mullane	F	F35-39	38	Fairport	Series	30:24
5	141	Margaret McCann	F	F35-39	39	Farmington		31:08
6	287	Ann Lynn	F	F35-39	37	Victor		31:18
7	267	Courtney Abeln	F	F35-39	35	Rochester		32:39

8	254	Melissa Napolitano	F	F35-39	38	Rochester		33:50
9	82	Kelly Gannon	F	F35-39	37	Penfield	Series	33:58
10	79	Amy Fromm	F	F35-39	38	North Chili	Series	35:00
11	261	Michelle Scialdone	F	F35-39	37	Rochester		35:22
12	274	Kim Welch	F	F35-39	37	Victor		40:25
13	272	Nicole Jones	F	F35-39	35	Victor	Series	43:27
F40-44								
1	85	Dana Gianniny	F	F40-44	41	Rochester	Series	21:17
2	67	Rebecca Duberry	F	F40-44	40	Rochester	Series	21:44
3	223	Mary Wojnowski	F	F40-44	43	Rochester	Series	23:48
4	103	Karol Hitchcock	F	F40-44	44	Fairport	Series	27:21
5	143	Christina McLyman	F	F40-44	43	Rochester	Series	27:33
6	176	Michelle Rivera	F	F40-44	42	San Francisco	Series	31:06
7	163	Patricia Palmieri-Phelan	F	F40-44	42	North Chili	Series	31:09
8	205	Sharmene Syversen	F	F40-44	40	Brockport	Series	31:20
9	259	Melissa Scialdone	F	F40-44	40	Rochester		31:33
10	242	Jennifer Skoog-Harvey	F	F40-44	40	Brockport		31:45
11	277	Julie Cusker	F	F40-44	41	Rochester		33:08
12	186	Christina Ruhland	F	F40-44	42	North Chili	Series	34:23
13	8	Maura Arendt	F	F40-44	42	Rochester	Series	37:39
F45-49								
1	171	Diane Prystajko	F	F45-49	46	Spencerport	Series	24:22
2	22	JoAnne Bradt	F	F45-49	46	Scottsville	Series	24:23
3	162	Theresa Palmieri	F	F45-49	47	Buffalo	Series	24:31
4	164	Michelle Parker	F	F45-49	46	Rochester	Series	25:39
5	160	Marlene Paeth	F	F45-49	47	Kendall	Series	25:46
6	89	Karen Godshall	F	F45-49	46	Spencerport	Series	26:50
7	107	Debbie Jerris	F	F45-49	47	Livonia	Series	26:53
8	97	Betsy Harvey	F	F45-49	46	Canandaigua	Series	27:21
9	51	Ann Cunningham	F	F45-49	48	Rochester	Series	27:46
10	260	Donna Derks	F	F45-49	46	W. Henrietta		28:46
11	174	Deborah Raymond	F	F45-49	48	Rochester		29:26
F50-54								
1	138	Ann Martin	F	F50-54	52	Victor	Series	24:24
2	219	Marie White	F	F50-54	50	Henrietta	Series	24:39
3	177	Marty Roberts	F	F50-54	53	Penn Yan	Series	26:11
4	118	Karen Kryder	F	F50-54	54	Rochester	Series	26:23
5	71	Carol Eisenman	F	F50-54	53	Rochester	Series	26:45
6	191	Sarah Schiffeler	F	F50-54	53	Pittsford	Series	32:23
7	4	Nancy Allinger	F	F50-54	51	Heonoye Falls		33:39
F60-64								
1	199	Carolyn Smith Hanna	F	F60-64	60	Pittsford	Series	25:48
2	142	Lynda McGuire	F	F60-64	62	Scottsville	Series	28:24

3	19	Jeannie Blance	F	F60-64	60	Canandaigua	Series	29:44
4	245	Susan Kieren	F	F60-64	62	Rochester		36:14
5	226	Nicholette Zimmerman	F	F60-64	60	Canandaigua	Series	37:36
F65-69								
1	117	Carolyn Kriesen	F	F65-69	67	Webster	Series	29:21
F70-74								
1	32	Joanne Carr	F	F70-74	72	Churchville	Series	40:00
M19Under								
1	214	Ray Wagner	M	M19Under	16	Rochester	Series	21:16
2	105	Ben Ivie	M	M19Under	16	Scottsville	Series	24:22
3	281	Dylan Hitchcock	M	M19Under	15	Fairport		26:31
4	250	Hunter Mills	M	M19Under	13			30:02
5	255	David Butler	M	M19Under	18	Rochester		34:14
M20-24								
1	229	David Zuckerman	M	M20-24	20	Rochester		18:29
2	288	Anthony Williams	M	M20-24	23	Rochester		21:08
3	262	Stephen Noble	M	M20-24	20	Rochester		25:42
4	248	Scott Paeth	M	M20-24	21	Kendall		26:04
5	256	Nicholas Bonin	M	M20-24	20	Bergen		27:10
M25-29								
1	178	Matthew Roberts	M	M25-29	26	Scottsville	Series	18:10
2	167	Charley Plummer	M	M25-29	27	Rochester	Series	20:10
3	244	David Hansen	M	M25-29	27	Irondequoit		20:31
4	64	Rich Dirmyer	M	M25-29	25	Rochester	Series	21:40
5	286	Ian Schickling	M	M25-29	27	Rochester		22:21
6	46	Adam Cornwell	M	M25-29	25	Rochester	Series	22:23
7	268	Geoffrey Steinbacher	M	M25-29	29	Rochester		22:34
8	169	Justin Pretko	M	M25-29	25	Bergen	Series	27:44
M30-34								
1	237	Matt Oberst	M	M30-34	30	Farmington		17:51
2	215	Dan Ward	M	M30-34	33	Rochester	Series	19:55
3	128	Jason Liddle	M	M30-34	33	Webster	Series	22:10
4	36	James Chase	M	M30-34	30	Rochester	Series	23:45
5	3	Dominic Agostini	M	M30-34	32	Spencerport	Series	25:13
6	282	Michael Cefalo	M	M30-34	34	Rochester		27:01
7	16	Cory Berardi	M	M30-34	32	Brockport	Series	28:00
8	26	Michael Burns	M	M30-34	33	Rochester	Series	28:19
M35-39								
1	96	Josh Harter	M	M35-39	35	Avon	Series	17:38
2	47	Michael Coyle	M	M35-39	35	Irondequoit	Series	19:08

3	195 Colby Shores	M	M35-39	35 Rochester	Series	19:50
4	133 Todd Malanowski	M	M35-39	38 Rochester	Series	20:44
5	221 Joe Williams	M	M35-39	37 Rochester	Series	20:51
6	206 Joseph Tally	M	M35-39	39 Fairport	Series	22:50
7	21 William Boula	M	M35-39	37 Hilton	Series	23:10
8	157 Brad OBrocta	M	M35-39	39 Churchville	Series	23:58
9	276 Terry Cusker	M	M35-39	39 Rochester		24:05
10	200 Scott Standhart	M	M35-39	38 Chrchville	Series	26:14
11	42 James Collins	M	M35-39	35 Penfield	Series	27:59
12	110 Richard Kapp	M	M35-39	39 Webster	Series	28:59
13	279 Kristen Brennan	M	M35-39	38 Rochester		33:44
14	24 Peter Brennan	M	M35-39	38 Rochester		33:44

#### M40-44

1	189 John Salvador	M	M40-44	40 Penfield	Series	20:37
2	225 Jim Yeager	M	M40-44	44 Rochester	Series	20:39
3	23 James Brennan	M	M40-44	41 Pittsford	Series	21:11
4	235 Michel Bermudez	M	M40-44	40 Webster		21:48
5	251 Karl Dilciter	M	M40-44	42 Brockport		22:38
6	102 Chad Herendeen	M	M40-44	42 Canandaigua	Series	22:41
7	220 James Whorton, Jr	M	M40-44	43 Rochester	Series	23:14
8	158 Patrick OMara II	M	M40-44	40 Churchville	Series	25:01
9	77 Joaquim Flores	M	M40-44	44 Rochester	Series	25:03
10	121 Nick Lanthier	M	M40-44	42 Rochester		25:25
11	131 Mark Lortscher	M	M40-44	41 Fairport	Series	25:44
12	73 John Falletti	M	M40-44	42 Rochester	Series	25:59
13	81 Tom Frosini	M	M40-44	41 ROCHESTER		25:59
14	151 John Natale	M	M40-44	43 Fairport	Series	26:48
15	263 Coley Webb	M	M40-44	43 LeRoy		27:55
16	265 Peter Sichak	M	M40-44	40 Spencerport	Series	29:12
17	34 Doug Caswell	M	M40-44	41 Penfield	Series	29:33
18	37 Barry Cherney	M	M40-44	44 Rochester	Series	29:50
19	273 John Welch	M	M40-44	40 Victor		40:18

#### M45-49

1	113 Matt Kellman	M	M45-49	46 Penfield	Series	18:49
2	86 Dan Giblin	M	M45-49	48 Rochester	Series	19:19
3	278 Kevin Sheehan	M	M45-49	49 Victor		19:28
4	208 Ted Thull	M	M45-49	49 Macedon	Series	19:37
5	146 Patrick Milligan	M	M45-49	46 Rochester	Series	20:44
6	38 Tim Ciancione	M	M45-49	45 Rochester	Series	20:47
7	112 Dan Keating	M	M45-49	48 Hilton	Series	21:15
8	175 Mike Reinhardt	M	M45-49	47 Webster	Series	21:20
9	60 Steven Derks	M	M45-49	47 W. Henrietta	Series	21:46
10	275 Jack Rosah	M	M45-49	47 Rochester		22:04
11	83 Bob Gates	M	M45-49	49 Hamlin	Series	22:13
12	179 Alan Roome	M	M45-49	47 Lakeville	Series	22:15

13	269	Peter Doerner	M	M45-49	47	Webster		22:40
14	257	Lou Iovoli	M	M45-49	45	Victor		23:41
15	231	Tom Gibson	M	M45-49	48	Canandaigua		24:42
16	161	Ron Paeth	M	M45-49	47	Kendall	Series	25:29
17	182	John Rotoli	M	M45-49	48	Fairport	Series	25:55
18	101	Sean Hendrick	M	M45-49	48	Rochester	Series	26:39
19	217	Joe Wesley	M	M45-49	48	Rochester		26:51
20	239	Andrew Cigio	M	M45-49	45	Victor		27:21
21	70	Timothy Eilinger	M	M45-49	46	Mendon	Series	27:32
22	43	Tom Collins	M	M45-49	45	Pittsford	Series	28:29
23	78	Dan Fox	M	M45-49	49	Brockport	Series	28:35
24	28	Thomas Butler	M	M45-49	46	Rochester	Series	28:59
25	241	Patrick McLyman	M	M45-49	45	Rochester		29:30
26	76	Patrick S. Flanigan	M	M45-49	46	Rochester	Series	31:28

#### M50-54

1	7	Chaunce Andrews	M	M50-54	53	Rochester	Series	18:07
2	69	Tim Dwyer	M	M50-54	51	Rochester	Series	18:43
3	240	David Goins	M	M50-54	53	Dansville		20:04
4	108	Tom Jerris	M	M50-54	52	Livonia	Series	21:53
5	62	Doug DeWeaver	M	M50-54	53	Rochester	Series	22:24
6	170	Douglas Prindle	M	M50-54	50	Fairport	Series	22:27
7	68	Michael Dunn	M	M50-54	54	Rochester	Series	23:02
8	74	George Fawcett	M	M50-54	50	Rochester	Series	23:21
9	224	Mark Woodhams	M	M50-54	53	East Rochester	Series	24:16
10	184	Kenneth Rowe	M	M50-54	52	Newark	Series	24:40
11	129	Doug Lindke	M	M50-54	53	webster	Series	24:43
12	212	Michael Viterise	M	M50-54	53	Rochester	Series	24:56
13	122	Michael Larche	M	M50-54	52	Victor	Series	24:59
14	98	Tom Hawkins	M	M50-54	52	Williamson	Series	25:55
15	166	Ron Piazza	M	M50-54	51	LeRoy	Series	26:39
16	155	James Norris	M	M50-54	51	Fairport	Series	26:49
17	123	Mark Lavner	M	M50-54	54	Fairport	Series	27:00
18	233	Jim Kaiser	M	M50-54	52	Webster		27:13
19	253	Paul Hebert	M	M50-54	52	Hilton		27:27
20	39	Eddy Clark	M	M50-54	52	Victor	Series	27:40
21	222	Patrick Wilson	M	M50-54	54	Bergen	Series	27:48
22	94	Dudley Hallstead	M	M50-54	51	Canandaigua	Series	28:34
23	246	Mark Stelman	M	M50-54	50	Macedon		28:37
24	243	Rick Crumb	M	M50-54	53	Spencerport		29:06
25	5	Wilt Alston	M	M50-54	52	Rochester	Series	30:13
26	230	Thomas Robb	M	M50-54	52	Rochester		31:14
27	130	Scott Lord	M	M50-54	53	Geneva	Series	31:45
28	249	Mark Mills	M	M50-54	52	Conesus		32:01
29	156	Michael Obrecht	M	M50-54	52	Rochester	Series	32:03
30	266	Chuck Traub	M	M50-54	51	Rochester		32:38
31	238	Bruce Alexander	M	M50-54	52	Webster		32:43

32	258 Mark Atwell	M	M50-54	52 Rochester		33:01
33	13 Duane Basch	M	M50-54	51 Honeoye Falls		33:15
34	72 Scott M. Erdeli	M	M50-54	52 Palmyra		40:55

#### M55-59

1	168 Rod Potter	M	M55-59	55 Rochester	Series	21:58
2	172 Frank Quattrone	M	M55-59	55 Webster	Series	22:01
3	213 John Wagner	M	M55-59	56 Rochester	Series	22:58
4	55 Matt Degma	M	M55-59	56 Rochester	Series	23:09
5	115 Jim Kerr	M	M55-59	56 Canandaigua	Series	24:03
6	54 David Davenport	M	M55-59	59 Rochester	Series	24:09
7	84 Bruce Gianniny	M	M55-59	59 Rochester	Series	24:15
8	140 Mark McArdle	M	M55-59	56 Rochester	Series	24:28
9	106 Richard Ivie	M	M55-59	56 Scottsville	Series	24:49
10	14 Michael Baxter	M	M55-59	55 Webster	Series	25:01
11	228 John Zonitch	M	M55-59	57 Albion	Series	27:16
12	284 Dave Christa	M	M55-59	55 Victor		28:09
13	252 Douglas Ralph	M	M55-59	55 Rochester		28:16
14	109 Doug Jones	M	M55-59	58 Pittsford	Series	29:39
15	153 Philip Nelson	M	M55-59	59 Victor	Series	29:48
16	111 Dan Katz	M	M55-59	56 Pittsford	Series	30:06
17	58 Joe Demarco	M	M55-59	56 nunda	Series	31:03
18	203 Doug Stuff	M	M55-59	57 Rochester		31:22
19	11 Daniel Barletta	M	M55-59	55 Rochester		32:50
20	234 Donald Galetto	M	M55-59	58 Spencerport		34:02
21	63 David Dilgard	M	M55-59	56 Penfield	Series	37:37

#### M60-64

1	87 Tony Gingello	M	M60-64	63 Rochester	Series	22:33
2	99 Stephen Hedges	M	M60-64	61 Rochester	Series	25:54
3	104 Roger Howe	M	M60-64	63 Rochester	Series	25:54
4	210 Gary Updyke	M	M60-64	62 Pittsford	Series	26:24
5	18 Ed Blance	M	M60-64	62 Canandaigua	Series	27:53
6	149 Tim Mulvaney	M	M60-64	60 W. Henrietta	Series	29:21
7	227 Robert Zimmerman	M	M60-64	63 Canandaigua	Series	30:08
8	90 David Gordon	M	M60-64	63 Pittsford	Series	31:39
9	50 Robert Crumrine	M	M60-64	61 Fairport	Series	36:14
10	150 William Murphy	M	M60-64	62 Rochester	Series	40:18
11	180 Ted Rosen	M	M60-64	63 Rochester		53:06

#### M65-69

1	201 Walter Standhart	M	M65-69	66 Rochester	Series	26:49
2	165 Tom Perry	M	M65-69	65 Fairport	Series	27:42
3	218 Bill White	M	M65-69	68 Hilton	Series	28:24
4	264 James Hendy	M	M65-69	67 Webster		28:40
5	236 Bob Volk	M	M65-69	67 Alfred Station		33:40
6	125 Dick Lewandowski	M	M65-69	66 Rochester	Series	39:12

M70-74

1	159 Bob Otto	M	M70-74	71 Rochester	Series	26:28
2	40 Earl M. Cliffel	M	M70-74	71 Livonia	Series	32:35
3	100 Dave Heeks	M	M70-74	73 Rochester	Series	33:52
4	198 Al Smith	M	M70-74	72 Rochester	Series	34:02
5	280 Sandy Toole	M	M70-74	72		40:54

M75-79

1	187 Charles Sabatine	M	M75-79	77 Victor	Series	30:23
2	93 Charles Haendiges	M	M75-79	77 Arcade	Series	34:13
3	232 James Duffy	M	M75-79	78 Rochester		50:35