

**Freezeroo # 5 Age Group Results**  
**Saturday, February, 12th 2011 - Greece, NY**  
**227 Total Finishers (150 Male, 77 Female)**  
**Timed by YellowJacket Racing**

Pos	Bib	Fullname	Gender	Class	Age	City	Series	TotalTm
F19Under								
1	163	Rachel Nelson	F	F19Under	17	Pittsford		1:07:35
2	119	Lexie Klimasewski	F	F19Under	15	Fairport	Series	1:09:41
F20-24								
1	217	Vanessa Taylor	F	F20-24	24	Spencerport		0:57:40
2	150	Michelle Milkovich	F	F20-24	22	Geneseo		1:10:35
3	135	Lauren Lorow	F	F20-24	21	Webster		1:10:36
4	263	Dustina Holt	F	F20-24	24	Rochester		1:17:37
5	55	Cheyenne DeMarco	F	F20-24	20	nunda	Series	1:27:54
6	204	Anne Shigley	F	F20-24	23	Rochester	Series	1:39:15
F25-29								
1	96	Jennie Hansen	F	F25-29	26	Rochester	Series	0:51:41
2	131	Debbie Liana	F	F25-29	26	W. Henrietta	Series	0:57:16
3	280	Megan Hammersmith	F	F25-29	29	Rochester		1:02:58
4	287	Erica Stepanek	F	F25-29	29	Brockport		1:10:43
5	203	Emily Shearing	F	F25-29	25	Rochester		1:17:29
6	127	Naomi Lee	F	F25-29	27	Rochester	Series	1:18:30
7	193	Katherine Rouse	F	F25-29	28	Rochester	Series	1:22:02
8	85	Abby Gimino	F	F25-29	28	Rochester		1:24:46
9	202	Kelly Schroeder	F	F25-29	29	Rochester	Series	1:26:21
F30-34								
1	140	Jen Malik	F	F30-34	31	Rochester	Series	0:55:29
2	72	Laura Feller	F	F30-34	31	Rochester	Series	0:55:40
3	122	Aida Kuhlkin	F	F30-34	33	Hamlin	Series	0:59:36
4	9	Pam Ayers	F	F30-34	34	Rochester	Series	1:00:51
5	151	Emma Milks	F	F30-34	31	hamlin	Series	1:12:04
6	54	Rachael Della Pietra	F	F30-34	31	Rochester	Series	1:12:35
7	123	Christine LaHaye	F	F30-34	31	Rochester	Series	1:16:19
8	27	Cheryl Cady	F	F30-34	34	Rochester		1:18:06
9	78	Victoria Freile	F	F30-34	34	Penfield		1:22:31
10	270	Megin Insalaco	F	F30-34	33	Rochester		1:32:24
F35-39								
1	51	Heather Danielson	F	F35-39	35	Rochester	Series	0:57:38
2	59	Christine Deutsch	F	F35-39	36	Rochester	Series	1:01:00
3	251	Denise Carroll	F	F35-39	35	Rochester		1:11:48

4	258 Tami McGraw	F	F35-39	37 Hamlin		1:17:55
5	246 Sharon Field	F	F35-39	38 Rochester		1:19:02
6	291 Courtney Abeln	F	F35-39	35 Rochester		1:26:21
7	296 Karen Linder	F	F35-39	37 Scottsville		1:29:52
8	146 Heather McElduff	F	F35-39	37 Penfield		1:32:51

#### F40-44

1	281 Jennifer Rea	F	F40-44	44 Rush		0:55:48
2	65 Rebecca Duberry	F	F40-44	40 Rochester	Series	0:56:16
3	236 Mary Wojnowski	F	F40-44	43 Rochester	Series	1:02:31
4	148 Christina McLyman	F	F40-44	43 Rochester	Series	1:11:49
5	6 Diane Alsup	F	F40-44	44 Palmyra	Series	1:12:06
6	293 Amy Talarico	F	F40-44	41 Rochester		1:14:07
7	282 Lisa Gardner	F	F40-44	40 Rochester		1:14:15
8	215 Sharmene Syversen	F	F40-44	40 Brockport	Series	1:17:54
9	242 Tracy Borak	F	F40-44	42 Webster		1:19:43
10	165 Mari Niver-Gennarino	F	F40-44	40 Rochester		1:22:02
11	174 Patricia Palmieri-Phelan	F	F40-44	42 North Chili	Series	1:22:38
12	187 Michelle Rivera	F	F40-44	42 San Francisco	Series	1:25:53
13	196 Christina Ruhland	F	F40-44	42 North Chili	Series	1:29:24
14	8 Maura Arendt	F	F40-44	42 Rochester	Series	1:37:24

#### F45-49

1	173 Theresa Palmieri	F	F45-49	47 Buffalo	Series	1:02:25
2	21 JoAnne Bradt	F	F45-49	46 Scottsville	Series	1:03:25
3	182 Diane Prystajko	F	F45-49	46 Spencerport	Series	1:04:28
4	277 Christine Klein	F	F45-49	46 Mumford		1:07:32
5	109 Debbie Jerris	F	F45-49	47 Livonia	Series	1:09:41
6	284 Kathy Reardon	F	F45-49	49 Honeoye Falls		1:11:06
7	98 Betsy Harvey	F	F45-49	46 Canandaigua	Series	1:11:12
8	171 Marlene Paeth	F	F45-49	47 Kendall	Series	1:12:34
9	49 Ann Cunningham	F	F45-49	48 Rochester	Series	1:12:55
10	185 Deborah Raymond	F	F45-49	48 Rochester		1:18:23
11	28 Lisa Camillaci	F	F45-49	47 Hilton	Series	1:27:13
12	268 Monica Guilian	F	F45-49	47 Lakeville		1:32:33

#### F50-54

1	232 Marie White	F	F50-54	50 Henrietta	Series	1:06:49
2	121 Karen Kryder	F	F50-54	54 Rochester	Series	1:08:09
3	188 Marty Roberts	F	F50-54	53 Penn Yan	Series	1:08:59
4	160 Heidi Nelson	F	F50-54	52 Pittsford		1:15:45
5	272 Sandi Stern	F	F50-54	51 Pittsford		1:15:58
6	161 Juliann Nelson	F	F50-54	52 Victor	Series	1:26:30
7	266 Patti Hahn	F	F50-54	54 Rochester		1:27:13
8	4 Nancy Allinger	F	F50-54	51 Honeoye Falls		1:29:12
9	295 Lorraine Cleary	F	F50-54	50		1:32:25

## F55-59

1	278	Therese Christo	F	F55-59	57	Hilton		1:03:15
2	64	Susan Drexel	F	F55-59	57	Livonia	Series	1:36:06

## F60-64

1	147	Lynda McGuire	F	F60-64	62	Scottsville	Series	1:12:32
2	18	Jeannie Blance	F	F60-64	60	Canandaigua	Series	1:18:03
3	130	Mitzie Lewandowski	F	F60-64	63	Rochester	Series	1:20:51

## F65-69

1	120	Carolyn Kriesen	F	F65-69	67	Webster	Series	1:22:39
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## F70-74

1	30	JoAnne Carr	F	F70-74	77	Churchville	Series	1:41:00
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## M19Under

1	106	Ben Ivie	M	M19Under	16	Scottsville	Series	1:03:14
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## M20-24

1	164	Philip Nesbitt	M	M20-24	24	Churchville	Series	0:48:13
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## M25-29

1	244	John Clements	M	M25-29	27	Rochester		0:49:45
2	178	Charley Plummer	M	M25-29	27	Rochester	Series	0:55:10
3	62	Rich Dirmyer	M	M25-29	25	Rochester	Series	0:55:59
4	44	Adam Cornwell	M	M25-29	25	Rochester	Series	0:58:12
5	229	Derek Warren	M	M25-29	29	hilton		1:12:51

## M30-34

1	257	Brent Bartlett	M	M30-34	30	Rochester		0:49:21
2	259	Jason Knarr	M	M30-34	34	Webster		0:49:48
3	226	Dan Ward	M	M30-34	33	Rochester	Series	0:52:01
4	243	Jake Clements	M	M30-34	31	Avon		0:55:41
5	132	Jason Liddle	M	M30-34	33	Webster	Series	0:55:56
6	274	Dan Ostrander	M	M30-34	34	Fairport		0:57:14
7	139	Jeffrey Malik	M	M30-34	31	Rochester	Series	1:03:25
8	144	Brian Matzan	M	M30-34	32	Hilton	Series	1:05:46
9	285	John Muolo	M	M30-34	33	Rochester		1:10:47
10	24	Michael Burns	M	M30-34	33	Rochester	Series	1:12:44
11	34	James Chase	M	M30-34	30	Rochester	Series	1:13:21

## M35-39

1	97	Josh Harter	M	M35-39	35	Avon	Series	0:47:26
2	45	Michael Coyle	M	M35-39	35	Irondequoit	Series	0:50:53
3	205	Colby Shores	M	M35-39	35	Rochester	Series	0:51:34
4	269	Jay Laitenberger	M	M35-39	37	Rochester		0:54:40
5	234	Joe Williams	M	M35-39	37	Rochester	Series	0:55:24

6	275 Rob Mischler	M	M35-39	35 Fairport		0:56:57
7	31 David Carson	M	M35-39	35 Hilton	Series	0:58:14
8	138 Todd Malanowski	M	M35-39	38 Rochester	Series	1:00:36
9	20 William Boula	M	M35-39	37 Hilton	Series	1:03:01
10	76 Peter Fosler	M	M35-39	38 Honeoye Falls		1:03:24
11	216 Joseph Tally	M	M35-39	39 Fairport	Series	1:05:01
12	168 Brad OBrocta	M	M35-39	39 Churchville	Series	1:07:57
13	253 Raymond Dry	M	M35-39	36 Rochester		1:11:49



15	211 Scott Standhart	M	M35-39	38	Chrchville	Series	1:14:08
16	294 Aaron Keller	M	M35-39	35	Rochester		1:14:12

M40-44

1	286 Gregory Nowalewski	M	M40-44	43	Rochester		0:52:18
2	273 John Brindamour	M	M40-44	44	Rochester		0:53:31
3	199 John Salvador	M	M40-44	40	Penfield	Series	0:54:09
4	238 Jim Yeager	M	M40-44	44	Rochester	Series	0:54:49
5	200 David Sauter	M	M40-44	43	Penfield	Series	0:55:46
6	248 Michel Bermudez	M	M40-44	40	Webster		0:55:47
7	39 Martin Coffey	M	M40-44	41	Pittsford	Series	0:56:23
8	128 Steven Levitsky	M	M40-44	43	Rochester		0:57:03
9	271 David Natarelli	M	M40-44	43	Victor		0:58:00
10	10 Jon Barleben	M	M40-44	42	Albion	Series	1:01:24
11	233 James Whorton, Jr	M	M40-44	43	Rochester	Series	1:02:39
12	136 Mark Lortscher	M	M40-44	41	Fairport	Series	1:07:56
13	124 Nick Lanthier	M	M40-44	42	Pittsford		1:08:32
14	74 Joaquim Flores	M	M40-44	44	Rochester	Series	1:08:40
15	276 Roger Bolton	M	M40-44	40	Albion		1:09:28
16	70 John Falletti	M	M40-44	42	Rochester	Series	1:10:49
17	207 Peter J. Sichak III	M	M40-44	40	Spencerport	Series	1:11:44



19	142	Alan Marciano	M	M40-44	44	Spencerport	Series	1:15:02
20	35	Barry Cherney	M	M40-44	44	Rochester	Series	1:15:51

M45-49

1	116	Matt Kellman	M	M45-49	46	Penfield	Series	0:48:52
2	256	Edward Juliani	M	M45-49	47	Henrietta		0:51:08
3	84	Dan Giblin	M	M45-49	48	Rochester	Series	0:51:21
4	219	Ted Thull	M	M45-49	49	Macedon	Series	0:51:48
5	186	Mike Reinhardt	M	M45-49	47	Webster	Series	0:53:48
6	36	Tim Ciancione	M	M45-49	45	Rochester	Series	0:55:01
7	152	Patrick Milligan	M	M45-49	46	Rochester	Series	0:55:16
8	250	Matthew Ward	M	M45-49	46	Canandaigua		0:55:50
9	115	Dan Keating	M	M45-49	48	Hilton	Series	0:56:29
10	108	Joseph Jaffe	M	M45-49	46	Rochester		0:56:49
11	254	Jack Rosati	M	M45-49	46	Rochester		0:57:21
12	58	Steven Derks	M	M45-49	47	W. Henrietta	Series	0:59:19
13	190	Alan Roome	M	M45-49	47	Lakeville	Series	1:00:08
14	292	Gary Dill	M	M45-49	45	Rochester		1:00:44
15	290	Joe Haungs	M	M45-49	49	Rochester		1:00:45
16	172	Ron Paeth	M	M45-49	47	Kendall	Series	1:01:52
17	255	Lou Iovoli	M	M45-49	45	Victor		1:03:27
18	87	Phil Gleason	M	M45-49	47	Geneva	Series	1:04:34
19	155	Joe Muczynski	M	M45-49	47	Rochester		1:06:16
20	247	Tom Gibson	M	M45-49	49	Canandaigua		1:08:11
21	192	John Rotoli	M	M45-49	48	Fairport	Series	1:08:25
22	249	Andrew Ciaio	M	M45-49	45	Victor		1:08:32
23	230	Joe Wesley	M	M45-49	48	Rochester		1:09:38
24	289	Jeff Chester	M	M45-49	45	Rochester		1:10:26
25	41	Tom Collins	M	M45-49	45	Pittsford	Series	1:16:21
26	91	John Guzman	M	M45-49	46	East Rochester		1:17:12



28	102	Sean Hendrick	M	M45-49	48	Rochester	Series	1:29:00
29	73	Patrick S. Flanigan	M	M45-49	46	Rochester	Series	1:33:01

M50-54

1	67	Tim Dwyer	M	M50-54	51	Rochester	Series	0:48:17
2	7	Chaunce Andrews	M	M50-54	53	Rochester	Series	0:48:27
3	110	Tom Jerris	M	M50-54	52	Livonia	Series	0:55:57
4	71	George Fawcett	M	M50-54	50	Rochester	Series	0:57:34
5	262	Guy Robson	M	M50-54	51	Fairport		0:58:23
6	14	John Benson	M	M50-54	52	Rochester	Series	1:00:23
7	92	Keith Hadley	M	M50-54	51	Rochester	Series	1:00:44
8	60	Doug DeWeaver	M	M50-54	53	Rochester	Series	1:01:36
9	237	Mark Woodhams	M	M50-54	53	East Rochester	Series	1:02:21
10	125	Michael Larche	M	M50-54	52	Victor	Series	1:02:55
11	66	Michael Dunn	M	M50-54	54	Rochester	Series	1:03:17
12	223	Michael Viterise	M	M50-54	53	Rochester	Series	1:04:06
13	95	Shawn Halquist	M	M50-54	50	Brockport	Series	1:05:12
14	260	Jim Kaiser	M	M50-54	52	Webster		1:05:23
15	194	Kenneth Rowe	M	M50-54	52	Newark	Series	1:06:39
16	191	Wes Rosengrant	M	M50-54	50	Churchville	Series	1:09:29
17	23	Novis Brewster	M	M50-54	51	Rochester	Series	1:09:46
18	94	Dudley Hallstead	M	M50-54	51	Canandaigua	Series	1:11:05
19	99	Tom Hawkins	M	M50-54	52	Williamson	Series	1:11:20
20	252	Paul Hebert	M	M50-54	52	Hilton		1:12:02
21	126	Mark Lavner	M	M50-54	54	Fairport	Series	1:12:48
22	37	Eddy Clark	M	M50-54	52	Victor	Series	1:14:51
23	5	Wilt Alston	M	M50-54	52	Rochester	Series	1:15:40
24	235	Patrick Wilson	M	M50-54	54	Bergen	Series	1:16:15
25	177	Ron Piazza	M	M50-54	51	LeRoy	Series	1:17:40



27	167	Michael Obrecht	M	M50-54	52	Rochester	Series	1:25:37
28	12	Duane Basch	M	M50-54	51	Honeoye Falls		1:30:16

M55-59

1	179	Rod Potter	M	M55-59	55	Rochester	Series	0:58:05
2	264	Mike Weinpress	M	M55-59	55	Spencerport		1:00:18
3	52	David Davenport	M	M55-59	59	Rochester	Series	1:00:56
4	46	David Coyne	M	M55-59	59	Avon	Series	1:02:30
5	107	Richard Ivie	M	M55-59	56	Scottsville	Series	1:05:05
6	118	Jim Kerr	M	M55-59	56	Canandaigua	Series	1:05:15
7	11	Christopher Barry	M	M55-59	58	Newark	Series	1:06:49
8	145	Mark McArdle	M	M55-59	56	Rochester	Series	1:10:03
9	261	Bruce Corsette	M	M55-59	57	Rochester		1:10:55
10	153	John Minter	M	M55-59	55	Rochester		1:12:01
11	228	Alan Warren	M	M55-59	57	Fulton		1:12:50
12	288	Dave Christa	M	M55-59	55	Victor		1:14:34
13	267	Douglas Ralph	M	M55-59	55	Rochester		1:15:30
14	245	Bob Dyjak	M	M55-59	58	Rochester		1:17:25
15	16	Bill Beyerbach	M	M55-59	55	Rochester	Series	1:18:07
16	283	Dennis Culhane	M	M55-59	56	Rochester		1:19:52
17	241	John Zonitch	M	M55-59	57	Albion	Series	1:20:28



19	56	Joe Demarco	M	M55-59	56	nunda	Series	1:27:54
20	61	David Dilgard	M	M55-59	56	Penfield	Series	1:42:31

M60-64

1	221	Gary Updyke	M	M60-64	62	Pittsford	Series	1:05:55
2	100	Stephen Hedges	M	M60-64	61	Rochester	Series	1:09:02
3	105	Roger Howe	M	M60-64	63	Rochester	Series	1:09:37
4	63	David Drexel	M	M60-64	60	Livonia	Series	1:12:48
5	279	Ron Rodemerk	M	M60-64	63	Rochester		1:13:35
6	89	David Gordon	M	M60-64	63	Pittsford	Series	1:19:37



8	48 Robert Crumrine	M	M60-64	61 Fairport	Series	1:29:16
9	158 William Murphy	M	M60-64	62 Rochester	Series	1:58:54

M65-69

1	212 Walter Standhart	M	M65-69	66 Rochester	Series	1:14:08
2	231 Bill White	M	M65-69	68 Hilton	Series	1:14:36



4	19	Sid Bolton	M	M65-69	68	Albion	Series	1:27:46
5	29	Bob Carafice	M	M65-69	67	Rochester	Series	1:27:50

M70-74

1	170	Bob Otto	M	M70-74	71	Rochester	Series	1:09:00
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3	38 Earl M. Cliffler	M	M70-74	71 Livonia	Series	1:27:11
4	209 Al Smith	M	M70-74	72 Rochester	Series	1:28:31

M75-79

1	197 Charles Sabatine	M	M75-79	77 Victor	Series	1:16:45
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