

Fleet Feet Sports Dirt Cheap Stage 3 - 11 Mile - The Epic Stage
Sunday, November 14, 2010 Mendon Ponds Park, Mendon, NY
Timed & Produced by YellowJacket Racing
Total Finishers - 115 (Male - 79, Female - 26)

Pos	Bib	Fullname	Gender	Class	Age	City	Event	TotalTm
Stage 3 Winner								
	1	153 Philip Nesbitt	M	M20-24	24	Churchville	Series	1:17:46
Stage 3 Winner								
	1	147 Robin Merrill Lorenzo	F	F45-49	46	Rochester	Series	1:31:03
F20-24								
	1	106 Katherine Cooley	F	F20-24	24	Fairport	Series	1:56:41
	2	186 Diana Zuniga	F	F20-24	23	Rochester	Series	2:11:13
F25-29								
	1	220 Katie Urbonas	F	F25-29	26	Mt Morris	Series	1:43:11
	2	152 Kirsten Nagel	F	F25-29	27	Rochester	Series	1:45:31
	3	149 Sabina A Lynskey	F	F25-29	28	Holyoke	Series	1:52:16
	4	97 Leah Bennett	F	F25-29	25	Estes Park	Series	2:05:10
	5	171 Kelly Schroeder	F	F25-29	29	Rochester	Series	2:05:57
	6	136 Jennie C Indivero	F	F25-29	26	Rochester	Series	2:06:23
	7	146 Carly Marie LeBlanc	F	F25-29	26	Rochester	Series	2:29:56
	8	117 Sara Finley	F	F25-29	29	Rochester	Series	2:30:30
F30-34								
	1	223 Andrea Navarre	F	F30-34	33	Canandaigua	Series	1:34:39
	2	180 Kathee Tyo	F	F30-34	33	Rochester	Series	2:27:57
F35-39								
	1	118 Emily Flagg	F	F35-39	36	Rochester	Series	1:47:17
	2	190 Traci Walker	F	F35-39	39	Rush	Series	1:53:25
	3	175 Heather Spiegel	F	F35-39	36	Webster	Series	2:17:45
	4	173 Jady Simmons	F	F35-39	39	Rochester	Series	2:25:48
	5	91 Courtney Abeln	F	F35-39	35	Rochester	Series	2:33:00
F40-44								
	1	116 Anne Esposito	F	F40-44	43	Rochester	Series	1:48:41
	2	99 Sharon Brennan	F	F40-44	40	Pittsford	Series	1:52:32
	3	90 Tammy M Abbe	F	F40-44	43	Rochester	Series	1:58:29
	4	174 Michele Spampinato	F	F40-44	40	Victor	S3	2:03:34
	5	231 Dina Williams	F	F40-44	41	Victor	S3	2:03:34
	6	192 Kerri Brown	F	F40-44	42	Pittsford	Series	2:04:32
	7	103 Laura Church	F	F40-44	41	Rochester	Series	2:05:14
	8	225 Lauren Eastwood	F	F40-44	41	Plattsburgh	S3	2:22:59
	9	159 Patricia Palmieri-Phelan	F	F40-44	42	N. Chili	Series	2:24:47
	10	176 Wendy A Stephany	F	F40-44	42	Lima	Series	2:41:35
	11	169 Coleen Schofield	F	F40-44	42	Rochester	S3	2:41:54

F45-49

1	110 Beth DeCiantis	F	F45-49	48	Rochester	Series	1:32:18
2	181 Julie Varble	F	F45-49	48	Henrietta	Stage3	1:40:52
3	158 Theresa Palmieri	F	F45-49	47	Buffalo	Series	1:47:35
4	222 Alicia Elliott	F	F45-49	47	Canandaigua	Series	1:51:47
5	165 Kathy Reardon	F	F45-49	49	Honeoye Falls	Series	1:56:14
6	179 Holly Turner	F	F45-49	48	Rochester	Series	2:13:24

F55-59

1	137 Charlotte Jaanimagi	F	F55-59	58	Pittsford	Series	2:07:46
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M15-19

1	119 Billy Galetto	M	M15-19	16	Spencerport	Series	1:30:23
2	157 Aaron Paige	M	M15-19	15	Rochester	Series	1:34:11
3	126 Alex Hall	M	M15-19	15	Caledonia	Series	1:36:08

M20-24

1	197 Nick Lowe	M	M20-24	22	Rochester	Series	1:18:52
2	195 Brendan Hurley	M	M20-24	22	Erin	Series	1:33:47
3	96 Andrew Baxter	M	M20-24	24	Webster	Series	1:34:21
4	168 Gregory Schamerhorn	M	M20-24	23	Amherst	Series	1:53:30

M25-29

1	138 Erik Jaanimagi	M	M25-29	25	Estes Park	Series	1:26:47
2	160 Chris Patterson	M	M25-29	25	Webster	Series	1:31:39
3	108 Ryan Cummings	M	M25-29	27	Rochester	Series	1:36:12
4	101 Brandon Calitree	M	M25-29	27	Buffalo	Series	1:44:19
5	92 Richard Adams	M	M25-29	27	Rochester	Series	1:44:54
6	109 Eric Day	M	M25-29	28	Pittsford	Series	1:46:01
7	127 Bryan Hammer	M	M25-29	29	Rochester	Series	2:05:06

M30-34

1	162 Alan Powers	M	M30-34	34	Rochester	Series	1:19:05
2	151 Daniel Paul Millikin	M	M30-34	30	Rochester	Series	1:20:21
3	139 Karl Jaanimagi	M	M30-34	30	Henrietta	Series	1:36:17
4	234 Andy Fleming	M	M30-34	33	Scottsville	S3	1:37:11
5	115 Brandon Erwin	M	M30-34	31	Rochester	Series	1:38:33
6	156 Dan Ostrander	M	M30-34	34	Fairport	Series	1:38:39
7	200 Jared VanKouwenberg	M	M30-34	33	Webster	Series	1:41:23
8	228 Michael Collins	M	M30-34	34	N. Chili	S3	1:44:00
9	199 Andrew Brown	M	M30-34	32	Rochester	Series	1:46:56
10	105 Adam Cohon	M	M30-34	30	Rochester	Series	1:47:09
11	142 David Justice	M	M30-34	32	Rochester	Series	1:56:57
12	172 Sean Michael Shea	M	M30-34	30	Groton	Series	2:50:38

M35-39

1	128 Alan Hatch	M	M35-39	35	Pittsford	Series	1:28:10
2	155 Yoshihiro Nozaki	M	M35-39	36	Rochester	Series	1:33:01
3	193 Rob Mischler	M	M35-39	35	Fairport	Series	1:34:40
4	233 Jon McDonough	M	M35-39	39	N. Chili	S3	1:41:31
5	121 Robert A Jr Ganey	M	M35-39	39	Rochester	Series	1:42:58
6	145 Kevin Kehoe	M	M35-39	35	Rochester	Series	1:52:39
7	170 John Schroeder	M	M35-39	39	Rochester	Series	1:52:47
8	232 Ron Carlson	M	M35-39	39	Rochester	S3	1:56:55
9	161 Richard Jr Post	M	M35-39	35	Spencerport	Series	2:12:55
10	124 Nicholas Gresens	M	M35-39	35	Rochester	Series	2:18:39
11	143 Rich Kapp	M	M35-39	39	Webster	Series	2:27:39

M40-44

1	98 James Brennan	M	M40-44	40	Pittsford	Series	1:36:31
2	184 Bill Weber	M	M40-44	44	Fairport	S3	1:38:30
3	113 John Dixon	M	M40-44	40	New York	S3	1:44:21
4	196 Joaquim Flores	M	M40-44	44	Rochester	Series	1:49:26

M45-49

1	140 Gordon Jones	M	M45-49	46	Canandaigua	Series	1:33:18
2	166 Steve Rivers	M	M45-49	49	Victor	Series	1:39:22
3	198 Ed Sullivan	M	M45-49	45	Canandaigua	Series	1:40:03
4	167 Ken Schaible	M	M45-49	46	Rochester	Series	1:44:31
5	104 Andrew Ciaio	M	M45-49	45	Victor	Series	1:49:06
6	94 Kevin Bambury	M	M45-49	48	Fairport	Series	1:49:47
7	229 Andrew Baltensperger	M	M45-49	45	Stanley	S3	1:52:18
8	131 Sean Hendrick	M	M45-49	48	Rochester	Series	1:53:14
9	177 John Tarduno	M	M45-49	49	Rochester	Series	1:54:06
10	129 John Hawkes	M	M45-49	46	Fairport	Series	1:56:52
11	150 Michael Meynadasy	M	M45-49	49	Webster	Series	1:59:11
12	107 Thomas Crilly	M	M45-49	48	Rochester	Series	2:02:12
13	191 Michael Brown	M	M45-49	46	Pittsford	Series	2:04:33
14	100 Thomas Butler	M	M45-49	45	Rochester	Series	2:08:19
15	183 Gary Vengelen	M	M45-49	49	Fairport	Series	2:18:50
16	135 Jamie Howard	M	M45-49	45	Albany	Series	2:37:32

M50-54

1	134 Ed Housel	M	M50-54	51	Rochester	Series	1:26:36
2	123 David R Goins	M	M50-54	53	Dansville	S3	1:28:27
3	148 Vincent Luongo	M	M50-54	50	Rochester	Series	1:32:11
4	224 Larry Bernstein	M	M50-54	50	Honeoye Falls	S3	1:40:25
5	185 John Wilcox	M	M50-54	50	Henrietta	Series	1:40:50
6	230 Michael Viterise	M	M50-54	53	Rochester	S3	1:42:04
7	133 Patrick Herron	M	M50-54	53	LeRoy	Series	1:46:50
8	221 John Stanford	M	M50-54	50	Rochester	Series	1:49:13
9	182 Kurt S Vay	M	M50-54	52	Rochester	Series	1:52:18
10	112 Douglas DeWeaver	M	M50-54	53	Rochester	Series	1:52:54

11	189 Dan Kress	M	M50-54	52	Churchville	Series	1:56:35
12	227 Daniel Sillick	M	M50-54	54	Hilton	S3	2:10:15
13	226 Dan Maccracke	M	M50-54	53	Ithaca	S3	2:11:22
14	130 Tom Hawkins	M	M50-54	52	Williamson	Series	2:12:30
15	154 James Norris	M	M50-54	51	Fairport	Series	2:22:41
16	102 Carl Camille	M	M50-54	51	Spencerport	Series	2:35:44

M55-59

1	111 Matt Degma	M	M55-59	56	Rochester	Series	1:44:23
2	141 Chester A Jozefski	M	M55-59	57	Rochester	Series	2:01:30
3	188 John Melville	M	M55-59	56	Honeoye Falls	Series	2:07:47
4	187 Bill Beyerbach	M	M55-59	55	Rochester	Series	2:09:26
5	120 Donald Galetto	M	M55-59	58	Spencerport	Series	2:14:51