

Fleet Feet Sports Dirt Cheap Stage Race 1 - 3 Mile Time Trial
Saturday, September 13, 2010 Mendon Ponds Park, Mendon, NY
Timed & Produced by YellowJacket Racing
Total Finishers - 109 (Men - 73, Women - 36)

Pos	Bib	Fullname	Gender	Class	Ages	City	Event	TotalTm
Stage 1 Male Lead								
	1	193 Nick Lowe	M	M20-24	22	Rochester	Series	21:23
Stage 1 Female Lead								
	1	145 Robin Merrill Lorenzo	F	F45-49	46	Rochester	Series	26:19
F20-24								
	1	104 Katherine Cooley	F	F20-24	24	Fairport	Series	31:34
	2	181 Diana Zuniga	F	F20-24	23	Rochester	Series	34:47
	3	218 Diana Knyazeva	F	F20-24	23	Rochester	Stage1	36:46
	4	144 Jennica Liberatore	F	F20-24	24	Rochester	Stage1	49:14
F25-29								
	1	151 Kirsten Nagel	F	F25-29	27	Rochester	Series	27:12
	2	147 Sabina A Lynskey	F	F25-29	28	Holyoke	Series	29:41
	3	196 Katie Urbonas	F	F25-29	26	Mt Morris	Series	29:53
	4	168 Kelly Schroeder	F	F25-29	29	Rochester	Series	33:14
	5	133 Jennie C Indivero	F	F25-29	26	Rochester	Series	34:02
	6	95 Leah Bennett	F	F25-29	25	Estes Park	Series	35:49
	7	219 Anzhela Knyazeva	F	F25-29	25	Rochester	Stage1	36:43
	8	114 Sara Finley	F	F25-29	29	Rochester	Series	39:22
	9	150 Kathryn Muratore	F	F25-29	27	Rochester	Stage1	40:07
	10	143 Carly Marie LeBlanc	F	F25-29	26	Rochester	Series	41:02
F30-34								
	1	200 Andrea Navarre	F	F30-34	33	Canandaigua	Series	28:10
	2	176 Kathee Tyo	F	F30-34	33	Rochester	Series	37:52
F35-39								
	1	115 Emily Flagg	F	F35-39	36	Rochester	Series	28:06
	2	185 Traci Walker	F	F35-39	39	Rush	Series	32:34
	3	171 Heather Spiegel	F	F35-39	36	Webster	Series	36:14
	4	170 Jady Simmons	F	F35-39	39	Rochester	Series	38:00
	5	89 Courtney Abeln	F	F35-39	35	Rochester	Series	39:15
F40-44								
	1	97 Sharon Brennan	F	F40-44	40	Pittsford	Series	31:32
	2	101 Laura Church	F	F40-44	41	Rochester	Series	31:35
	3	113 Anne Esposito	F	F40-44	43	Rochester	Series	31:55
	4	88 Tammy M Abbe	F	F40-44	43	Rochester	Series	33:57
	5	187 Kerri Brown	F	F40-44	42	Pittsford	Series	34:17
	6	158 Patricia Palmieri-Phelan	F	F40-44	42	N. Chili	Series	39:01
	7	172 Wendy A Stephany	F	F40-44	42	Lima	Series	39:04
F45-49								
	1	108 Beth DeCiantis	F	F45-49	48	Rochester	Series	27:10

2	199	Alicia Elliott	F	F45-49	47	Canandaigua	Series	30:08
3	157	Theresa Palmieri	F	F45-49	47	Buffalo	Series	31:19
4	163	Kathy Reardon	F	F45-49	49	Honeoye Falls	Series	32:26
5	175	Holly Turner	F	F45-49	48	Rochester	Series	34:04

F55-59

1	134	Charlotte Jaanimagi	F	F55-59	58	Pittsford	Series	33:29
2	129	Kathy Henrie	F	F55-59	57	Rochester	Series	57:36

M15-19

1	156	Aaron Paige	M	M15-19	15	Rochester	Series	22:18
2	122	Alex Hall	M	M15-19	15	Caledonia	Series	23:33
3	116	Billy Galetto	M	M15-19	16	Spencerport	Series	24:25
4	123	Ian Hall	M	M15-19	15	Caledonia	Stage1	26:47

M20-24

1	152	Philip Nesbitt	M	M20-24	24	Churchville	Series	22:14
2	94	Andrew Baxter	M	M20-24	24	Webster	Series	24:18
3	190	Brendan Hurley	M	M20-24	22	Erin	Series	27:06
4	166	Gregory Schamerhorn	M	M20-24	23	Amherst	Series	28:54
5	162	Sesquile Ramon	M	M20-24	24	Rochester	Series	32:17

M25-29

1	135	Erik Jaanimagi	M	M25-29	25	Estes Park	Series	23:40
2	159	Chris Patterson	M	M25-29	25	Webster	Series	24:55
3	99	Brandon Calitree	M	M25-29	27	Buffalo	Series	25:21
4	106	Ryan Cummings	M	M25-29	27	Rochester	Series	26:32
5	107	Eric Day	M	M25-29	28	Pittsford	Series	28:16
6	91	Richard Adams	M	M25-29	27	Rochester	Series	29:01
7	124	Bryan Hammer	M	M25-29	29	Rochester	Series	31:01

M30-34

1	149	Daniel Paul Millikin	M	M30-34	30	Rochester	Series	22:42
2	161	Alan Powers	M	M30-34	34	Rochester	Series	22:46
3	136	Karl Jaanimagi	M	M30-34	30	Henrietta	Series	24:58
4	112	Brandon Erwin	M	M30-34	31	Rochester	Series	25:36
5	155	Dan Ostrander	M	M30-34	34	Fairport	Series	27:06
6	195	Jared VanKouwenberg	M	M30-34	33	Webster	Series	27:43
7	103	Adam Cohon	M	M30-34	30	Rochester	Series	28:36
8	197	Andrew Brown	M	M30-34	32	Rochester	Series	28:39
9	189	Joe Kontur	M	M30-34	30	Webster	Series	29:34
10	139	David Justice	M	M30-34	32	Rochester	Series	31:48
11	169	Sean Michael Shea	M	M30-34	30	Groton	Series	42:31

M35-39

1	125	Alan Hatch	M	M35-39	35	Pittsford	Series	24:50
2	188	Rob Mischler	M	M35-39	35	Fairport	Series	25:49
3	154	Yoshihiro Nozaki	M	M35-39	36	Rochester	Series	26:03
4	118	Robert A Jr Ganey	M	M35-39	39	Rochester	Series	29:12
5	142	Kevin Kehoe	M	M35-39	35	Rochester	Series	30:37
6	167	John Schroeder	M	M35-39	39	Rochester	Series	31:37

7	160	Richard Jr Post	M	M35-39	35	Spencerport	Series	34:32
8	120	Nicholas Gresens	M	M35-39	35	Rochester	Series	35:53
9	140	Rich Kapp	M	M35-39	39	Webster	Series	38:22

M40-44

1	96	James Brennan	M	M40-44	40	Pittsford	Series	26:47
2	192	Joaquim Flores	M	M40-44	44	Rochester	Series	31:37

M45-49

1	186	Michael Brown	M	M45-49	46	Pittsford	Series	24:46
2	137	Gordon Jones	M	M45-49	46	Canandaigua	Series	25:10
3	194	Ed Sullivan	M	M45-49	45	Canandaigua	Series	26:40
4	164	Steve Rivers	M	M45-49	49	Victor	Series	26:59
5	165	Ken Schaible	M	M45-49	46	Rochester	Series	27:38
6	148	Michael Meynadasy	M	M45-49	49	Webster	Series	28:41
7	126	John Hawkes	M	M45-49	46	Fairport	Series	29:30
8	92	Kevin Bambury	M	M45-49	48	Fairport	Series	29:33
9	173	John Tarduno	M	M45-49	49	Rochester	Series	31:35
10	128	Sean Hendrick	M	M45-49	48	Rochester	Series	31:43
11	102	Andrew Ciaio	M	M45-49	45	Victor	Series	31:47
12	105	Thomas Crilly	M	M45-49	48	Rochester	Series	33:43
13	179	Gary Vengelen	M	M45-49	49	Fairport	Series	37:08
14	98	Thomas Butler	M	M45-49	45	Rochester	Series	37:27
15	132	Jamie Howard	M	M45-49	45	Albany	Series	44:29

M50-54

1	146	Vincent Luongo	M	M50-54	50	Rochester	Series	24:42
2	131	Ed Housel	M	M50-54	51	Rochester	Series	25:46
3	180	John Wilcox	M	M50-54	50	Henrietta	Series	27:34
4	130	Patrick Herron	M	M50-54	53	LeRoy	Series	27:51
5	110	Douglas DeWeaver	M	M50-54	53	Rochester	Series	29:52
6	198	John Stanford	M	M50-54	50	Rochester	Series	30:31
7	184	Dan Kress	M	M50-54	52	Churchville	Series	31:12
8	178	Kurt S Vay	M	M50-54	52	Rochester	Series	31:13
9	191	Paul Smith	M	M50-54	52	Avon	Stage1	31:50
10	127	Tom Hawkins	M	M50-54	52	Williamson	Series	34:41
11	153	James Norris	M	M50-54	51	Fairport	Series	36:37
12	174	Chuck Traub	M	M50-54	51	Rochester	Series	37:29
13	100	Carl Camille	M	M50-54	51	Spencerport	Series	38:44

M55-59

1	109	Matt Degma	M	M55-59	56	Rochester	Series	29:44
2	138	Chester A Jozefski	M	M55-59	57	Rochester	Series	31:52
3	182	Bill Beyerbach	M	M55-59	55	Rochester	Series	31:56
4	183	John Melville	M	M55-59	56	Honeoye Falls	Series	33:33
5	121	Mike Guarino	M	M55-59	56	Penfield	Series	35:38
6	117	Donald Galetto	M	M55-59	58	Spencerport	Series	36:33