

Fleet Feet Sports Dirt Cheap Stage Race 1 - 3 Mile Time Trial
Saturday, November 12, 2011 Pond Rd., Mendon Ponds Park
Produced & Timed by YellowJacket Racing
Total Finishers - 146 (Male - 93, Women - 53)

Pos	Bib	Fullname	Gender	Class	Ages	Race	TotalTm
Overall Male							
	1	69 Dan Millikin	M	Overall Male	31	Rochester	0:21:30
Overall Female							
	1	132 Robin Lorenzo	F	Overall Female	47	Rochester	0:26:32
F20-29							
	1	62 Debbie Liana	F	F20-29	27	Rochester	0:26:34
	2	59 Holly Kuzmiak-Ngiam	F	F20-29	29	Rochester	0:26:53
	3	93 Holly Savage	F	F20-29	25	Farmington	0:27:53
	4	129 Kirsten Nagel	F	F20-29	28	Rochester	0:28:06
	5	145 Daniellle Acosta	F	F20-29	26	Rochester	0:31:28
	6	56 Diana Knyazeva	F	F20-29	24	Rochester	0:31:29
	7	143 Daniellle Furman	F	F20-29	23	Coudersport	0:31:38
	8	103 Maria Tarduno	F	F20-29	20	Rochester	0:31:48
	9	92 Julie Sahler	F	F20-29	26	Rochester	0:32:29
	10	68 Kaitlin Meyers	F	F20-29	21	Brockport	0:32:44
	11	118 Stephanie Kiesow	F	F20-29	22	Victor	0:32:53
	12	51 Jennie Indivero	F	F20-29	27	Rochester	0:33:23
	13	16 Alex Boehrer	F	F20-29	20	Ithaca	0:34:12
	14	31 Sheila Eagan	F	F20-29	27	Rochester	0:36:05
	15	65 Stacy Maier	F	F20-29	28	Rochester	0:40:15
	16	85 Catherine Richard	F	F20-29	21	Oswego	0:40:25
	17	150 Darci Theiste	F	F20-29	28	Avon	0:42:13
	18	61 Carly Leblanc	F	F20-29	27	Rochester	0:43:20
	19	63 Jennica Liberatore	F	F20-29	25	Rochester	0:43:24
F30-39							
	1	24 Heather Danielson	F	F30-39	36	Rochester	0:29:19
	2	112 Julie Wilkens	F	F30-39	37	Pittsford	0:30:54
	3	137 Wendy Dwyer Albano	F	F30-39	36	Pittsford	0:31:34
	4	58 Janel Kratky	F	F30-39	37	Victor	0:34:12
	5	77 Heather Ostrander	F	F30-39	37	Macedon	0:34:58
	6	130 Kelly Schroeder	F	F30-39	30	Rochester	0:36:51
	7	10 Krista Aukeman-Englert	F	F30-39	37	Rochester	0:40:23
	8	108 Rebecca Vanderhoff	F	F30-39	32	Rochester	0:40:43
	9	149 Lisa Hann	F	F30-39	34	Avon	0:42:17
	10	9 Tina Pellegrin	F	F30-39	37	Rochester	0:58:50
F40-49							
	1	25 Beth DeCiantis	F	F40-49	49	Rochester	0:29:05
	2	109 Julia Varble	F	F40-49	49	Henrietta	0:29:36
	3	123 Anne Esposito	F	F40-49	44	Rochester	0:31:35

4	60	Sheila Lattuca	F	F40-49	45	Webster	0:32:38
5	17	Sharon Brennan	F	F40-49	41	Pittsford	0:33:06
6	4	Diane Ahlman	F	F40-49	49	Rochester	0:33:06
7	104	Holly Turner	F	F40-49	49	Rochester	0:33:12
8	2	Tammy Abbe	F	F40-49	44	Rochester	0:33:26
9	78	Theresa Palmieri	F	F40-49	48	Buffalo	0:34:25
10	101	Wendy Stephany	F	F40-49	43	Lima	0:36:05
11	28	Kim DiPasquale	F	F40-49	46	Conesus	0:37:23
12	80	Debbie Piotrowski	F	F40-49	44	W Henrietta	0:37:36
13	116	Bambi Jasmin	F	F40-49	40	Webster	0:40:03
14	79	Patricia Palmieri-Phelan	F	F40-49	43	N Chili	0:40:20
15	126	Kimberly Rapp	F	F40-49	47	Macedon	0:40:43
16	97	Jady Simmons	F	F40-49	40	Rochester	0:42:20

F50-59

1	84	Kathy Reardon	F	F50-59	50	Honeoye Falls	0:33:20
2	52	Charlotte Jaanimagi	F	F50-59	59	Pittsford	0:35:01
3	88	Mary Rivers	F	F50-59	50	Victor	0:35:30
4	7	Nancy Allinger	F	F50-59	52	Honeoye Falls	0:38:39

F60-69

1	117	Carolyn Smith-Hanna	F	F60-69	61	Pittsford	0:31:00
2	96	Joan Sewert	F	F60-69	62	Marion	0:37:46

M19Under

1	138	Manuel Stoeckl	M	M19Under	14	Penfield	0:23:22
2	155	Mitch Moran	M	M19Under	16	Rochester	0:25:20
3	134	Josh Zugnoni	M	M19Under	13	Henrietta	0:25:24
4	12	Cody Bartholomew	M	M19Under	17	Cheektowaga	0:25:34
5	148	Alexander Crandell	M	M19Under	17	Penfield	0:25:55
6	64	Tony Arnold	M	M19Under	9	Rochester	0:34:00

M20-29

1	140	Philip Nesbitt	M	M20-29	25	Churchville	0:23:10
2	91	Christopher Sahler	M	M20-29	29	New York	0:23:44
3	86	Michael Richenberg	M	M20-29	22	Elba	0:24:32
4	139	Andy Frank	M	M20-29	27	Rochester	0:25:19
5	111	Jesse Werzinger	M	M20-29	25	Canandaigua	0:26:00
6	142	Jon Podeszek	M	M20-29	23	Rochester	0:26:29
7	39	Jeff Green	M	M20-29	20	Rochester	0:26:39
8	146	David McLaughlin	M	M20-29	25	Rochester	0:26:46
9	151	Peter Thompson	M	M20-29	20	Verona	0:26:55
10	136	Donald Palmer	M	M20-29	25	Williamson	0:26:58
11	21	Adam Cornwell	M	M20-29	26	Rochester	0:27:10
12	23	Robert Crooks	M	M20-29	26	Syracuse	0:27:27
13	76	Liam OBoyle	M	M20-29	27	Rochester	0:27:32
14	133	Ian Schickling	M	M20-29	28	Rochester	0:27:39
15	94	Gregory Schamerhorn	M	M20-29	24	Tonawanda	0:27:42

16	113	Ruoxi Yang	M	M20-29	27	Rochester	0:28:11
17	83	Tim Raggets	M	M20-29	24	Rochester	0:28:38
18	32	Richard Eberle	M	M20-29	22	Lyndonville	0:28:49
19	14	Gregory Beauchamp	M	M20-29	21	Lockwood	0:28:57
20	35	Andrew Follett	M	M20-29	26	Rochester	0:29:14
21	3	Richard Adams	M	M20-29	28	Rochester	0:30:05
22	45	Apostolos Hatzigiannidis	M	M20-29	28	Rochester	0:41:02

M30-39

1	74	Yoshihiro Nozaki	M	M30-39	37	Rochester	0:24:41
2	44	Alan Hatch	M	M30-39	36	Pittsford	0:24:52
3	120	Joe Bettendorf	M	M30-39	32	Rochester	0:25:31
4	53	Karl Jaanimagi	M	M30-39	31	Henrietta	0:25:52
5	107	Jared Van Kouwenberg	M	M30-39	34	Webster	0:26:11
6	115	David Zimpfer	M	M30-39	37	Rochester	0:26:52
7	34	John Feenaughty	M	M30-39	31	Hornell	0:27:03
8	99	Ryan Snyder	M	M30-39	33	Fairport	0:28:04
9	11	Ryan Bartholomew	M	M30-39	39	Cheektowaga	0:28:42
10	72	John Muoio	M	M30-39	34	Rochester	0:28:47
11	154	Pat Moran	M	M30-39	39	Rochester	0:28:52
12	114	Nicholas Young	M	M30-39	36	Lancaster	0:29:03
13	57	Joe Konur	M	M30-39	31	Victor	0:29:58
14	38	John Ghidui	M	M30-39	33	Rochester	0:30:10
15	30	Eric Eagan	M	M30-39	30	Rochester	0:30:10
16	42	Bryan Hammer	M	M30-39	30	Rochester	0:33:06
17	81	Richard Post	M	M30-39	36	Spencerport	0:33:20
18	87	William Risch	M	M30-39	32	Rochester	0:33:51
19	5	Grant Aidner	M	M30-39	30	New York	0:41:15
20	106	Michael Valone	M	M30-39	30	Rochester	0:43:48
21	71	Shad Moyer	M	M30-39	38	Fairport	0:46:41
22	152	Linda Scholtmilln	F	M30-39	38	Rochester	0:58:29

M40-49

1	98	George Smith	M	M40-49	49	Rochester	0:26:06
2	135	Bill Weber	M	M40-49	45	Fairport	0:28:43
3	41	Darren Gutberlet	M	M40-49	44	Ontario	0:29:01
4	20	Andrew Ciaio	M	M40-49	46	Victor	0:30:15
5	46	John Hawkes	M	M40-49	47	Fairport	0:30:23
6	121	Joe Tally	M	M40-49	40	Fairport	0:30:59
7	141	Mike Pilsbury	M	M40-49	49	Caratunk	0:31:45
8	127	Patrick Vomdran	M	M40-49	43	Rochester	0:32:02
9	144	John Gustafson	M	M40-49	43	West Henrietta	0:32:05
10	147	Patrick Brennan	M	M40-49	47	Honeoye Falls	0:32:15
11	18	Thomas Butler	M	M40-49	46	Rochester	0:32:32
12	48	Sean Hendrick	M	M40-49	49	Rochester	0:33:40
13	153	Rick Doe	M	M40-49	47	Fairport	0:37:00
14	29	Ray DiPasquale	M	M40-49	45	Conesus	0:37:13
15	22	Thomas Crilly	M	M40-49	49	Rochester	0:37:26

16	50	Jamie Howard	M	M40-49	46	Albany	0:43:14
17	131	John Schroeder	M	M40-49	40	Rochester	0:43:18
18	125	Christopher Ellis	M	M40-49	49	Macedon	0:49:19

M50-59

1	75	Bob Nugent	M	M50-59	51	Binghamton	0:24:20
2	90	James Roche	M	M50-59	51	Rochester	0:25:24
3	49	Ed Houser	M	M50-59	52	Rochester	0:25:42
4	100	Dennis Stearns	M	M50-59	58	Rochester	0:28:40
5	26	Matt Degma	M	M50-59	57	Rochester	0:28:57
6	105	Russ Turner	M	M50-59	51	Rochester	0:29:21
8	89	Steve Rivers	M	M50-59	50	Victor	0:29:23
9	128	Bob Gates	M	M50-59	50	Hamlin	0:29:35
10	70	Mark Monachino	M	M50-59	52	Macedon	0:29:46
11	119	Patrick Herron	M	M50-59	54	LeRoy	0:30:27
12	27	Doug DeWeaver	M	M50-59	53	Rochester	0:30:34
13	19	Dave Christa	M	M50-59	55	Victor	0:31:40
14	66	Mark Mcardle	M	M50-59	57	Rochester	0:31:43
15	124	Michael Meynadasy	M	M50-59	50	Webster	0:32:08
16	54	Chester Jozefski	M	M50-59	58	Rochester	0:32:29
17	122	Robert Kiesow	M	M50-59	51	Victor	0:32:33
18	6	Philip Alesio	M	M50-59	51	Rochester	0:32:55
19	102	John Tarduno	M	M50-59	50	Rochester	0:33:14
20	110	Kurt Vay	M	M50-59	53	Avon	0:33:36
21	47	Tom Hawkins	M	M50-59	53	Williamson	0:35:37
22	73	James Norris	M	M50-59	52	Fairport	0:36:49
23	37	Donald Galetto	M	M50-59	59	Spencerport	0:37:31
24	13	Duane Basch	M	M50-59	52	Honeoye Falls	0:44:18

M60-69

1	36	Tom Dutton	M	M60-69	65	Livonia	0:27:03
2	82	Larry Preston	M	M60-69	60	Lima	0:30:27

DQ AG

DQ	43	Jesse Harper	M	M30-39	32	Arkport	0:24:36
DQ	8	James Arrow	M	M50-59	52	Webster	0:29:22