

American Zofingen - Short Course
Sunday, October 11, 2009 New Paltz, NY
Timed by YellowJacket Racing

Total Finishers - 67 (Male - 50, Female - 17)

Pos	Bib	Fullname	Gender	Class	Age	City	Run1Tm	T1Tm	BikeTm	T2Tm	Run2Lap1Tm	Run2Lap2Tm	TotalTm
1	113	David Roche	M	Overall Male	21	Millington	30:57	00:42	1:29:58	00:32	00:17	0:36:39	2:39:05
2	95	Sebastian Siegismund	M	M35-39	37	Herrenberg	34:37	00:23	1:26:08	00:22	00:35	0:37:43	2:39:49
3	106	John Flanagan	M	M30-34	30	Cohasset	33:56	00:59	1:30:19	00:39	00:17	0:39:18	2:45:26
4	157	Brian Trainor	M	M19UNDER	18	West Point	31:58	01:00	1:36:17	01:02	00:17	0:35:42	2:46:16
5	2	Philip Vondra	M	M40-44	41	New Paltz	35:37	00:36	1:33:16	00:28	00:18	0:39:34	2:49:50
6	24	David Wright	M	M20-24	24	Tillson	37:05	01:07	1:33:11	01:04	00:17	0:41:15	2:53:59
7	151	Todd Cassan	M	M45-49	46	New York	37:10	00:55	1:29:49	00:56	00:18	0:45:10	2:54:17
8	108	John Heppolette	M	M40-44	41	New Paltz	36:19	00:53	1:31:42	00:41	00:18	0:46:21	2:56:15
9	141	Adam Leemans	M	M19UNDER	19	West Point	35:19	00:50	1:39:39	00:58	00:18	0:39:54	2:56:59
10	138	Alex Habecker	M	M19UNDER	18	West Point	35:26	00:50	1:36:13	00:35	00:20	0:47:07	3:00:31
11	15	Christopher McCloskey	M	M25-29	28	Albany	34:03	01:00	1:44:29	00:50	00:17	0:40:55	3:01:34
12	137	Adam Bishop	M	M20-24	21	West Point	35:35	01:19	1:41:58	02:14	00:16	0:42:59	3:04:22
13	128	Nathaniel DeBoever	M	M19UNDER	17	West Hurley	37:18	00:24	1:48:49	00:29	00:17	0:40:05	3:07:22
14	122	Eric Waldron	M	M30-34	32	New Paltz	39:02	01:41	1:41:51	01:11	00:15	0:43:59	3:07:58
15	44	Chris Gleason	M	M35-39	38	Clifton Park	38:16	01:37	1:42:36	00:36	00:18	0:44:54	3:08:16
16	93	Mendy Taylor	F	Overall Female	32	High Falls	38:57	01:16	1:48:11	01:52	00:18	0:37:47	3:08:21
17	149	Julie Deery	F	F40-44	44	Bala Cynwyd	40:26	00:50	1:41:40	00:37	00:18	0:46:56	3:10:48
18	31	John Olsen	M	M30-34	30	Rochester	39:24	01:38	1:45:54	00:59	00:19	0:43:07	3:11:21
19	104	Mike Murphy	M	M35-39	39	Beacon	39:26	02:20	1:46:15	01:39	00:18	0:41:37	3:11:35
20	131	Andrew Binnie	M	M35-39	35	Rhinebeck	41:33	00:43	1:42:46	00:45	00:19	0:46:19	3:12:26
21	116	Erica Ruge	F	F35-39	37	Rhinebeck	40:39	00:43	1:45:33	00:42	00:19	0:45:09	3:13:05
22	134	Katie Ward	F	F35-39	36	Brooklyn	44:56	00:52	1:38:28	00:57	00:21	0:50:43	3:16:18
23	4	Stephen Katz	M	M40-44	42	Woodcliff Lake	41:16	02:23	1:39:55	01:19	00:18	0:52:17	3:17:27
24	110	Lawrence Buckley	M	M35-39	39	Arlington	39:03	00:53	1:45:12	00:54	00:26	0:51:53	3:18:21
25	139	Sarah Haight	F	F19UNDER	18	West Point	39:25	00:59	1:52:52	00:59	00:19	0:44:27	3:19:00
26	84	Dennis Yonkin	M	M45-49	46	Millville	39:27	01:11	1:49:42	00:44	00:18	0:49:20	3:20:43
27	88	Peter Sorge	M	M25-29	29	Gladstone	41:24	01:22	1:53:54	01:00	00:17	0:43:03	3:21:00
28	5	Peter Laura	M	M25-29	28	Harrison	41:59	01:59	1:45:27	01:20	00:18	0:50:36	3:21:38
29	59	Chris Hirschmann	M	M25-29	28	Morristown	41:37	02:31	1:46:20	01:35	00:17	0:49:51	3:22:11
30	61	Charles Pegg	M	M35-39	39	Woodstock	38:11	00:47	1:45:07	01:04	00:23	0:57:51	3:23:24
31	112	Michael Roche	M	M55-59	57	Millington	42:49	01:10	1:48:42	01:00	00:19	0:49:32	3:23:33
32	96	Tina Kaske	F	F35-39	35	Herrenberg	42:56	00:42	1:51:39	00:43	00:18	0:47:20	3:23:39
33	140	Mackenzie Vaughn	F	F19UNDER	19	West Point	39:18	00:47	2:02:22	00:40	44:37		3:27:44
34	85	Dan Bellino	M	M25-29	28	Bronx	41:19	01:24	1:49:37	01:23	00:20	0:54:52	3:28:55
35	143	Kevin Feeney	M	M35-39	39	Washingtonville	43:12	01:31	1:51:21	01:22	00:19	0:51:22	3:29:08
36	114	Jarrod Thompson	M	M30-34	30	Palmer	39:45	01:19	1:50:36	01:28	00:16	0:56:50	3:30:15
37	74	Mike Jessop	M	M40-44	42	Gardiner	38:22	01:20	2:00:51	01:09	00:18	0:53:13	3:35:14
38	82	Paul Trapani	M	M55-59	58	Walkkill	47:27	01:11	1:52:43	01:06	00:22	0:53:40	3:36:29
39	92	Robert Bowne	M	M35-39	35	New York	41:21	02:04	1:57:36	02:11	00:19	0:53:12	3:36:43
40	146	Eduard Trampolsky	M	M35-39	37	New York	43:57	01:27	1:56:46	01:03	00:21	0:53:27	3:37:01
41	102	Kevin Smith	M	M50-54	53	Smithtown	42:59	02:05	1:58:41	02:29	00:20	0:53:24	3:39:58
42	204	Charlie Redmond	M	M60-64	60	Demarest	46:32	01:03	1:56:36	01:22	00:23	0:54:35	3:40:31
43	25	Kira Theesfeld	F	F30-34	33	Westfield	44:14	02:37	2:00:49	01:57	00:20	0:51:10	3:41:07
44	159	J Scott Burton	M	M35-39	39	Bronx	52:15	03:53	1:53:17	01:37	00:21	0:56:14	3:47:38

45	89 Matt Marino	M	M30-34	30 Quincy	43:22	01:24	2:01:49	03:09	00:21	1:01:06	3:51:12
46	65 Chris Greco	M	M30-34	33 Accord	51:04	01:59	2:04:29	01:47	00:18	0:53:35	3:53:12
47	201 Patrick Sheridan	M	M45-49	49 Lowell	51:52	01:22	1:59:59	02:00	00:50	0:57:28	3:53:30
48	52 Anthony Schroder	M	M50-54	51 Middletown	48:59	01:57	2:05:00	01:20	00:21	0:56:42	3:54:19
49	58 Michael Puccio	M	M25-29	29 Nutley	48:49	04:04	1:59:04	02:07	00:21	1:00:29	3:54:53
50	111 Michele Buckley	F	F40-44	42 Arlington	48:58	01:08	2:06:30	01:11	00:21	0:57:49	3:55:56
51	35 Don Gavin	M	M55-59	59 Kings Park	46:19	01:21	1:59:36	01:55	00:20	1:08:56	3:58:27
52	160 Bill Shashaty	M	M40-44	40 Stone Ridge	49:42	01:24	1:57:30	01:49	00:24	1:07:44	3:58:32
53	155 David Marcus	M	M50-54	50 Woodcliff Lake	55:56	03:49	2:03:17	03:06	00:22	0:58:39	4:05:08
54	56 Joe Paz	M	M50-54	50 New Hope	54:27	01:21	1:56:12	01:01	00:23	1:14:32	4:07:56
55	64 Mia Choi	F	F40-44	40 Accord	49:37	01:45	2:14:15	01:41	00:21	1:01:52	4:09:31
56	86 Jeff Phillips	M	M45-49	47 Brooklyn	51:51	02:54	2:08:34	02:19	00:23	1:03:35	4:09:36
57	27 Rob Maresca	M	M35-39	39 Bryn Mawr	57:49	02:33	2:12:05	01:42	00:20	0:55:34	4:10:02
58	3 Mark Hughes	M	M55-59	57 Lackawaxen	48:50	01:55	2:17:11	01:29	00:21	1:01:55	4:11:42
59	129 Susan Sheeley	F	F50-54	50 Grahamsville	49:04	02:04	2:27:14	02:08	00:21	1:01:41	4:22:33
60	23 William Thompson	M	M45-49	49 Poughkeepsie	50:56	01:32	2:28:05	02:27	00:21	1:03:21	4:26:42
61	153 Rebecca Hansen	F	F45-49	48 Saugerties	51:07	01:19	2:29:53	00:40	00:22	1:03:37	4:26:59
62	18 Lynette Ngo	F	F35-39	36 Brookline	02:28	02:00	2:06:57	01:43	00:22	1:16:12	4:29:41
63	39 Claire Heid	F	F20-24	21 West Point	54:40	00:32	2:45:57	00:36	00:18	0:58:51	4:40:54
64	36 Ellie Gavin	F	F60-64	61 Kings Park	57:58	02:02	2:25:34	02:03	00:25	1:16:43	4:44:46
65	117 Lisa Pumilio	F	F35-39	36 Ilion	54:46	01:19	2:26:19	02:01	00:23	1:20:05	4:44:52
66	163 Mark Spine	M	M45-49	49 Liberty	56:26	03:59	2:37:03	03:26	00:24	1:08:07	4:49:24
67	130 Deanna Poley	F	F25-29	29 Grahamsville	54:15	02:27	2:58:49	06:16	00:27	1:11:03	5:13:18
DNF	22 George Maslovsky	M	M30-34	34 New York	48:45	02:34	1:36:27				
DNF	148 Kevin Maresca	M	M35-39	38 Tewksbury	57:52						